

BATHING
PLACES

BROADSHEET

CLIMATIC
HEALTH
RESORTS





REFERENCE TO COLOURS

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- Alkali saline Waters
- Acidulated and Bitter Waters
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- Sulphurous Waters
- Ferruginous Waters
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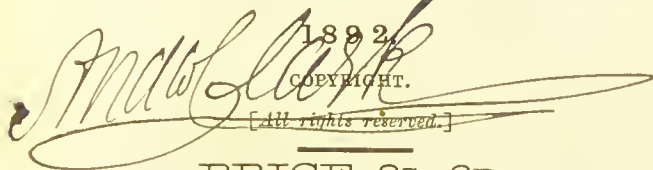
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ADVICE TO BATHERS.

IN selecting a bathing-place, not only should the chemical composition of the waters be taken into account, but also the climate, altitude, resources of the station, habits of the patient, and his moral proclivities.

The family medical adviser should select the station most suitable for his patient, should furnish him with an introduction to the resident doctor, and should indicate the proper moment for departure. The warm months, which suit some persons, are not equally advantageous to others. Englishmen, owing to the high temperatures prevailing in July and August, often prefer to make their visits to watering-places in May and September. There are, however, many patients,—for instance, the lymphatic, the scrofulous and the rheumatic,—who require the direct heat of the sun quite as much as the thermal action of the waters. Such persons will, of course, prefer the warmest season for the mineral waters. Our ancestors would appear to have made some systematic preparations before going to the baths. *Non venite mai al bagno se non siete purgato!* We are a little too indifferent now, perhaps, to such preliminaries. We content ourselves generally with complementary treatment. The Germans, on the other hand, employ both. They have the preparatory treatment (Vorkur), and the after treatment (Nachkur), and deem the one not less important than the other.

To regain health, it is not sufficient merely to take a course of waters; it is also necessary to observe certain hygienic precautions. As regards treatment, there are perhaps no fixed rules. The indications must vary according to each individual case, for where one requires tonic, another may require alterative treatment.

Medical men are naturally the best qualified to decide what is good in each individual case. Whether, for example, an animal or a vegetable diet is in any given instance the more suitable of the two.

For some patients Bordeaux, for others a lighter wine is most suitable; the table water will also vary, from Carlsbad to Apollinaris, Pongues Oriol, Condillac, Vals or Royat, Vichy or Bourbonne, as the case may be.

Many invalids find in exercise, and, if necessary, in massage and gymnastics, a complementary hygienic treatment. The want of exercise engenders disease, and is one of the most potent factors in the production of gout, gravel, obesity, anæmia, dyspepsia, and many other affections. Digestion is aided almost as much by the legs as by the stomach. It is by proper exercise that the appetite is sharpened, the digestion strengthened, nervous energy developed, and sleep induced.

Concerning wearing apparel, it may be remarked that, as a rule, mineral-water stations are situated in mountainous countries, where the temperature and hygrometric conditions of the atmosphere are subject to change every hour. For a patient who has experienced the depurative action of the waters, and has thereby been rendered more liable to take cold, a light woollen overcoat, worn as required, is always advisable.

The stimulating effects of the thermal treatment, the life led, the exercise taken, the obligation of early rising, all conduce to make sleep even more imperatively necessary than under ordinary circumstances.

It is not assuredly by leading in watering-places the same life which a man has led elsewhere—not, for example, by turning night into day—that he can expect to regain strength and nervous energy. Early rising and early retiring to rest must be the rule for all who wish to benefit by the waters.

Amusement is not absolutely necessary to the good effects of the mineral-water cure, nor is it true that it is its principal element. Bordell is said to have treated horses successfully with mineral waters, and as “amusement” or “imagination” are unknown to such animals the most incredulous must allow that mineral waters have a curative power, due to their own specific principles. On

the other hand, it is not less true, as Zimmermann remarks, that "Certain diseases can only be relieved by medicines acting on the mind, and, therefore, amusement and recreation play an important rôle in hydro-mineral medication." Persons, therefore, interested in the success of any particular spring, should bear this fact in mind, and remember that as there are patients to whom quietude, tranquility, the contemplation of nature, promenades on hills, in meadows, and so forth, may suffice, so there are others, with less bucolic tastes, who may prefer a good orchestra to the song of birds, and to whom the varied amusements of society, enjoyed in just measure, are alike useful and profitable.

The selection of an hotel is also an important matter. If an invalid is thrown among those whose conversation and habits are agreeable, and whose tastes and feelings are in harmony with his own, his sojourn will become a pleasant one. He may be induced to prolong it, and may separate with regret from his new acquaintances. How often has a friendship formed at a watering-place exercised a happy influence over the whole of after life!

HINTS TO VISITORS AT WATERING-PLACES.

DRINKING THE WATER.—It used at one time to be the custom to drink mineral waters by the gallon. Of late years, however, this practice has more or less declined, and it is now the rule to administer waters in graduated doses of one glass, half-a-glass, quarter-of-a-glass, or even, as at Eaux-bonnes, by the table-spoonful. The quantity should be diminished or increased in accordance with the indications of the disease, and the degree of tolerance shown by the patient. The waters are generally taken best in the morning, and their absorption is often promoted by a short walk. To go directly from the spring to the bath, or to drink the waters while in the bath itself, frequently disagrees, causing a sensation of weight in the stomach, or even nausea. Strictly speaking, all mineral waters might be taken internally. In practice, however, the hypothermal are reserved exclusively for external use.

INHALATION.—The object of inhalation is to cause certain medicinal substances to enter the lungs directly. These substances may be in the form of gases, vapours or spray. It has long been known that the pulmonary mucous membrane can be acted on by substances inhaled. It was this knowledge which led GALEN to send his patients to the sulphurous air of Sicily, and LAEMER to hang seaweed round the walls of the rooms occupied by sufferers from consumption. Pulmonary absorption often takes place with great rapidity, as is shown by the fact that merely passing through a malarial swamp will often induce an attack of fever. There is a double advantage in inhalation; it brings the medicament in direct contact with the affected part, and also

relieves the stomach, already perhaps over-stimulated by excessive and long-continued dosing with drugs.

BATHS.—In the present state of our knowledge it is scarcely possible to say how mineral baths exactly act. It is reasonable to attribute their action to absorption through the skin. This however is denied by some physiologists. M. DURRIEN, for instance, maintains that the weight of the body is unchanged after a bath of moderate temperature, but that it gains or loses weight in proportion as the bath is under or over a mean temperature. SCONTETTEN maintains that a mineral water bath acts less by the mineral principles contained in it than by the electricity liberated. He suggests a study of the magnetic needle as a means of judging of the efficacy of a spring. A bath of from 50 to 76° F. is considered tepid, from 76 to 92° F. warm, from 92 to 112° F. hot. A mean between the two latter is the temperature of the reservoirs in the thermal establishments. It is of course impossible to give any one temperature which shall be applicable to all cases. Some individuals will be affected by a temperature of 76° more than others will by one of 82°. When, however, the temperature of the bath is unsuited to a particular case less benefit is derived from the waters. A patient should therefore note accurately the thermometer before entering his bath, and not, as is so often done, rely on his own tactile sensibility, or on that of his attendant. As a rule, to which, however, there are exceptions, the stay in the bath should not exceed one hour; nor should it be continued after the temperature begins to fall to lukewarm, for a bath should either be hot or cold. If a warm bath be continued too long it is apt to produce determination of blood to the skin; if a cold bath be so continued, it is apt to produce a revulsion of blood towards the internal organs.

SHOWER BATHS AND DOUCHES.—The douche bath has only been prescribed systematically of recent years. Its chief advantages are that it can be used so as to impart a shock or stimulus, that it requires less time, and that it can be administered at what are comparatively extreme temperatures. The douche consists essentially of a jet of water, which as it were encloses the whole or

any given portion of the body. Its effects can be modified by altering the temperature, direction, power, or form of the *jet d'eau*.

MASSAGE, or "Kneading," is a method of treatment which has prevailed in the East from time immemorial. It is now common enough in most balneal establishments in Europe. Long abandoned to quacks and empirics, who owed to it much of their success in treating joint affections, it has at length taken its place as a recognised method of treatment. Massage consists essentially of a series of acts of pressure and traction alternately on the skin, muscles and sinews. This manipulation can be combined, as desired, with the douche, the sweating bath, the simple bath (wet massage), or without water at all (dry massage). From a physiological point of view it may be said that the douche and massage act by augmenting the quantity of blood passing through a tissue or organ in a given time. The process of organic exchange thereby becomes more active, and nutrition is stimulated.

GYMNASTICS form a useful addition to hydrotherapeutics. The gymnastics here spoken of have of course nothing to do with professional gymnastics, but are simply and solely medical exercises. Their object is to restore the body to its normal form by suitable and continuous motion, and to compel feeble or undeveloped organs to undertake their fair share of physiological work. To this system of treatment the illustrious DELPECH gave the name of "orthomorphism."

MINERAL WATERS FROM A THERAPEUTIC POINT OF VIEW.—The term "mineral waters" is applied to those waters which hold in solution a variety of mineral substances at various temperatures. Some writers have denied the therapeutical efficacy of mineral waters, basing their opinions on the minute quantities of mineral matter held in solution. In many cases however the waters act with so much energy that no scepticism as to their power is possible. Thus at Eaux-bonnes a season rarely passes without some sufferer inducing hæmoptysis by an indiscreet use of the waters. At Ax, Dr. GARRIGON has known death to occur from the injudicious and excessive use of the Vignerie spring. The *Carlsbad* waters, if taken by persons of a plethoric and sanguine habit of body, may occasion dangerous symptoms. Many of these mineral

waters are of a much more complex character than the older chemists, with their less perfect methods of analysis, supposed. Quite recently Dr. THENARD has discovered arsenic in the waters of Mont-Dore, while in other springs the existence of rare elements, such as rubidium, can now be demonstrated. The human body indeed, as every physiologist knows, is itself sufficiently rich in minerals. Iron, lithium, manganese, lead and copper are found in it, besides phosphorus, sulphur, silica, chlorine, fluorine, potassium, sodium, calcium and magnesia in more or less intimate union with the common substances of all organic life, viz., oxygen, hydrogen, carbon and nitrogen—a sufficiently long list it will be allowed.

Modern pathology teaches that many diseased conditions of the body depend on deficiency or undue excess of mineral constituents. Thus a deficiency of iron shows itself in the blood by chlorosis and anæmia, both conditions being soon removed when iron is supplied. Goitre, it has been suggested, depends on the absence of iodine in drinking water, just as stone in the bladder is often induced by drinking excessively hard water. Osteomalachia, or softening of the bones, as also rickets, depend primarily on a deficiency of the salts of lime. Hence, to restore these absent principles would seem at once the most efficacious and common-sense plan of treatment. This is exactly what mineral waters do, but they do it much more surely and quickly than any mixtures compounded artificially in the chemist's laboratory. The similarity existing between the constituents of the human body and of certain mineral waters did not escape the illustrious SYDENHAM, who remarked that chalybeate waters will sometimes restore patients to health more rapidly and thoroughly than the most lauded pharmaceutical preparations. Similarly, Dr. BAZIN, Professor of Dermatology at the Hospital St. Louis, Paris, holds that natural sulphurous waters are much more powerful therapeutically than any which can be produced by art. The mere fact that mineral waters have so long held their own in medicine, and are to-day more used than ever, is a strong argument in favour of their value. When rightly used they constitute a complex, but a very real remedy, the more valuable because prepared by Nature herself. One proof is as good

as a thousand. The physiological effects of only 0.25 gram. of iron in spa water will show themselves quicker and more pleasantly than many times the amount of the same metal in an artificial compound. The reason is that from some cause or another natural iron water is more quickly absorbed and assimilated. It has been suggested that the presence of other minerals and chemical compounds render it more digestible. Whatever the reason may be the fact is indisputable, as many have learned from personal trial.

Medical experience goes to show that almost every affection which subsequently becomes chronic might at one period of its history have been relieved. All, at a certain stage are susceptible of relief by a suitable course of waters. There exists scarcely a diathesis, or "state of constitution," which may not be modified and improved by these natural remedies. Especially is this true of those faulty states to which the name "syphilitic," "scrofulous or strumous," "herpetic," and "gouty" have been given. A judicious and early use of mineral waters will often check the first manifestations of these unhealthy conditions, which, in the majority of cases, are hereditary rather than acquired. The action of mineral waters is well-nigh as varied and subtle as their composition. The great majority, however, of all medicinal waters act essentially as tonics and alteratives. Hence the fact that a certain unhealthy condition of body may often be modified or changed by springs apparently widely different in composition. The important fact to bear in mind is that mineral waters exercise an influence above and beyond that which their merely chemical composition would seem to indicate. This is well-known to medical men in all the scientific centres of Europe. Hence it is that TROUSSEAU, BOUCHARDAT send patients with stomachic complaints to Pougues, BAZIN sufferers from psoriasis to Royat, HARDY herpetics to St. Gervais, that GUENEAU DE MUSSY sends chest cases to Mont-Dore, that RICORD and CALVO send syphilitics to Aix-les-Bains, that Sir HENRY THOMPSON of London sends calculous cases to Marienbad, Pullna, and Vals, that GARROD sends gouty and rheumatic sufferers to Aix-les-Bains, and CAVELOT of Naples lymphatic and strumous patients to Ischia.

CLASSIFICATION OF MINERAL WATERS.—It is by no means easy to classify mineral waters. Indeed, a simply arranged but scientific catalogue of the various springs of Europe is still a desideratum, for balneology has not as yet found its Linnæus or Jussien. Chemists are scarcely agreed as to what should form the basis of classification, whether it should be the mineral elements themselves, or the acids with which they are united in the form of various salts. The chief mineral salt present may be taken roughly as characteristic of a particular spring, and as imparting to it certain distinctive characters. It should, however, be borne in mind that the element of quantity is not always identical with that of quality, and that often chemical analysis is a most uncertain guide to therapeutic value.

The following classification may be adopted in the absence of a better, viz. :—

1. Indifferent, thermal, or cold.
2. Alkaline waters.
3. Alkali-saline waters.
4. Acidulated (bitter) waters.
5. Saline waters.
 - (a.) simple saline.
 - (b.) sea water.
 - (c.) iodo-bromide.
6. Sulphurous waters.
7. Ferruginous waters.
8. Lime and earthy waters.

However defective this classification may be, it has the great advantage of indicating the mineral constituents of most importance from a therapeutic point of view. Thus, speaking in general terms, it may be said that lung and skin affections are benefited chiefly by sulphurous waters, the uric acid diathesis by the soda bicarbonate, the scrofulous by the alkaline, anæmia and chlorosis by the chalybeate, syphilis in its various manifestations by the bromiodides, and herpes by the arsenical.

MILK AND BUTTERMILK CURE.—The milks used for the former are those of the cow, goat, sheep, donkey, and mare. Of these five, that of the donkey contains most water and least organic matter, *i.e.*, nearly 9 %; next comes goat's milk, with $13\frac{1}{2}$ % cow's, with 14 %; sheep's, with 16 %; and mare's, with nearly

17 %. Sheep's milk is, therefore that most generally used. Mare's milk is employed only in Russia, Hungary, and at a very few places in Germany. Sheep's milk is the most nutritive, but at the same time the most difficult of digestion.

Cascin is contained in the various milks in the following proportions:—Cow's, 5 %; sheep's, $4\frac{3}{4}$ %; goat's, $4\frac{1}{2}$ %; donkey's 2 %; and mare's, $1\frac{1}{2}$ %.

Milk as a nutritive element has been used from time immemorial. With regard to their respective nutritive values, the various milks are classified as follows:—

- (1) *Cow's*.
- (2) *Goat's*.—Rich in albumen, and especially valuable in intestinal catarrh.
- (3) *Sheep's*.—Very rich, and a valuable remedy in cases of reduced alimentation.
- (4) *Donkey's*.—Relatively the poorest in nutritive constituents, but still one of the most important on account of its ready digestibility and mild purgative action. It is especially valuable in chronic chest complaints, with frequent acute exacerbations and pyrexia, and where there is no intestinal catarrh.
- (5) *Mare's milk*; though as yet but little employed as a curative agent, is actually the richest of all the five. It is very poor in protein, but is the richest in butter, as also in milk sugar, and salts. Its chemical composition suggests that in chronic tuberculosis of the respiratory organs it might prove to be a very valuable therapeutic agent.

The special treatment advisable in each case differs considerably, and can best be decided by the medical practitioner. Some physicians forbid other nourishment whilst patients are undergoing the milk cure; others admit a very small quantity, while others again continue the usual diet. Some mix the milk with water, others with coffee, and others prescribe it after the cream has been removed. The milk cure has given good results in dropsy, in difficult respiration depending on emphysema and catarrh, in chronic diarrhoea, in liver affections, in dyspepsia, in diabetes, in morbus Brightii, in diseases of the heart, in articular rheumatism, and in nervous and other affections.

BUTTERMILK CURE.—The ordinary residue of the milk after churning is sometimes used as a cure, and has given good results in cases of plethora abdominalis, chronic constipation, chronic heart disease, and especially in ulcers of the stomach.

WHEY AND KOUMISS CURE.—Whey is milk deprived of its casein. It has a pale green colour, is transparent, has a sweetish taste, and a flavour of goat's milk. It contains in 100 parts :—

			Sheep's.	Cow's.	Goat's.
Water	91·960	93·264	93·380
Albumen	2·130	1·080	1·140
Milksugar	5·070	5·100	4·530
Fat	0·252	0·116	0·372
Salt and other substances			0·588	0·416	0·578

The whey cure is generally prescribed in cases of scrofula, incipient tuberculosis, rheumatism, and hereditary gout, plethora abdominalis, chronic phthisis, pneumonia, and bronchitis, laryngitis, abdominal disorders, liver and kidney affections.

The cure is usually carried out in mountainous and woody places, as the air, climate, &c., work in conjunction with the whey. The daily quantities prescribed vary according to individual habits, and range between $\frac{1}{4}$ to 1 litre a day. The latter amount, however, can be supported by very few, and is rarely given. The taste of whey is sub-acid and not unpleasant. Medical authorities are still undecided as to whether it is the whey, or the mountain air, or the emanations of the forest, which has so often done good in many of the above complaints.

Koumiss is fermented mare's milk and is held in high favour as a remedy against consumption with the nomad tribes of the Russian and Siberian Steppes. There are but few establishments in Germany, Austria or Switzerland, which include Koumiss in the list of their therapeutic agents. Taken in large quantities Koumiss allays the desire for solid food. Invalids can live for weeks, or even months, without any other nourishment but Koumiss itself.

The mode of preparation is too long to describe, besides which, it varies in almost every station. Koumiss creates a feeling of comfortable warmth in the stomach. Its taste is agreeable. When newly made it has a purgative, but when old an astringent

action. As already remarked it is a valuable remedy in phthisis, chronic bronchial and intestinal catarrh, and diarrhœa, anæmia, chlorosis and serofula. In Germany, as also in Switzerland, Koumiss is prepared from cow's, donkey's and goat's milk, but the results are not the same as those obtained with mare's milk. The Koumiss cure to do any good must be thorough. Taken in small doses it has no effect. Generally one bottle a day is used at first, and this quantity is augmented to five bottles later on. Very little solid food is taken, and that only in the evening when the treatment of the day has been finished. The temperature of the Koumiss should not be higher than 90° F. Nervous invalids and those who have an aversion to it, may take it at from 45° F. to 50° F.

KEFYR.—A preparation of goats (and any other) milk, obtained by a special process of fermentation. The best Kefyr (effervescent milk wine) is prepared with yeast from Tiflis.

It is a liquid, strongly effervescing, and of a consistency strongly resembling thick cream. It tastes prickling and agreeably acid. The smell is similar to that of the buttermilk. Badly prepared, its taste is disagreeably sour, the caseine coagulates, and the globules of the size of a pea are no longer determined. Taken in this condition it produces nausea, pyrosis and colics. Compared with Koumiss, it contains more lacteïne, less carbonic acid and alcohol, and tastes more agreeable, and it does not become distasteful as soon.

The cure commences with one bottle per day, taken in 3 equal doses morning, noon and night, progressing by degrees to three bottles per day, reducing in proportion other alimentation. It is a nourishment in extreme cases, where no food, not even milk, is supported. Under its influence nutrition becomes more active, and the weight of the body augments. Diuresis becomes more abundant, and the density of urine diminishes, but fixed principles contained per day become greater. Weak Kefyr is laxative, and strong is constipating.

Its application is indicated in all dyspepsias, catarrhs and other stomachic affections, dysentery, catarrh and pulmonary phthisis and in certain anæmic and cachectic cases. It promptly alleviates stomachic cramps, pains and vomiting. Contra-indications are great morbid processes troubling nutrition, and in heart complications it is positively dangerous.

GRAPE AND FRUIT CURES IN GENERAL:—Grapes contain in the mean in 1,000 parts—

Water	760	—	840
Sugar	106	—	330
Acid	3·5	—	10·2
Albumen	5·0	—	20·0
Pectin, &c.	2·5	—	30·0
Salts	2·0	—	4·0

The most important constituent is the grape sugar. This varies in quantity very considerably, according to the greater or less warmth of the climate. In Hungary—Ruszt and Tokay—301 parts of grape sugar are found; in Southern France, 240; Styria, 215; Moselle, 214; Worms, 201; Adlersberg, Hungary, 192; Stuttgart, 190; Bohemia, 185; Heidelberg, 180; on the Neckar, 159. Spain, Italy and Madeira, are not included here, as the grape in these countries is not employed therapeutically.

The quantity of grapes prescribed during the cure varies from 4 to 10, and sometimes even to as much as 12 pounds daily. It is but natural to suppose that the human body, subjected to such treatment for three and four weeks continuously must feel the effects of a diminished food supply, and of the stimulus given to secretion. The material absorbed operates chiefly on the kidneys and intestines.

The grape cure is indicated in cases of scrofula, anæmia, indigestion, convalescence after fevers, chlorosis, and menstrual disorders.

Favourable conditions or otherwise of climate play an important part in the results of treatment. Taken in very large quantities, 8 or 10 lbs. a day for instance, the grape cure is very effective in cases of plethora-abdominalis, hæmorrhoids, constipation, hypochondriasis, and chronic catarrh of the respiratory organs.

In phthisis and gravel the results are somewhat uncertain.

Instead of grapes, other fruits may be similarly employed, as, for example, cherries, strawberries, the various varieties of currants, &c.

Raw ham, and other raw meats are likewise, though very rarely, prescribed as cures.

ABBREVIATIONS.

P.L.M. Paris, Lyons, and Mediterranean Railway.

S. & F. South of France (Midi) Railway.

N.F. North " "

E.F. East " "

O.F. West " "

Orl. Orléans Railway.

P.S.R. Prussian State Railways.

B.R. Belgian Railways.

D.R. Dutch Railways.

S.A.R. South Austrian Railway.

C.G.T. Compagnie Générale Transatlantic.

T. Temperature.

F. Fahrenheit.

F. Franc.

C. Centime.

M. Marks.

Pf. Pfennigs.

K. Kilomètres.

DISEASES :

AND PLACES WHERE THEY ARE MOST EFFECTUALLY
TREATED.

Name of Disease.	Medium.	Places.
Abdominal swellings.	Iodo-bromide waters	Goczalkowitz, Königsdorff - Jastrzemb's, Ravone in Casaglia, Sulzbath, Zajzon, Bex.
	Sea baths	North Sea, Atlantic and Mediterranean.
	Saline waters ...	Karlsbad, Acquae-Albulae, Amélie-les-Bains, Baden-Baden, Castro-Caro, Cheltenham, Gerace, Brides Kissingen, Harrowgate, Leamington, Kreuznach, Mehadia, Riolo, Uriage, La Bourboule.
	Sulphurous waters	Acireale, Acquae-Albulae, Aix-les-Bains, Amélie-les-Bains, Baden (Austria), Brussa, Chianciano, Castel St. Pietro, Eaux-Bonnes, Gerace, Harkanyi, H é l w a n, Leamington, Pará d, Strathpeffer, Telcse, Alveneu, Bagnères de Bigorre, Caunterets.
Acne	Various waters ...	Ems, Enghien, Luchon, Schlangenbad, Uriage Vals, Vichy, Dax, Gastein, Ledesma, Nanclores de Oca, Schinznach.
Adenitis	Saline iodurated waters	Castro-Caro, Airthrey, Dürkheim Gazost, Krankenheil, Lipik, Radein, Jvonicz, Baden-Baden, Uriage, Riolo.
	Alum waters ...	Erdöbenye, Pará d.
	Sea baths	Brittany and French Atlantic coast.

Name of Disease.	Medium.	Places.
Albuminuria ...	Alkaline	Karlsbad, Giesshübl, Fachingen, Preblau, Teinach, Salzbrunn.
	Ferruginous alkaline	Pougues, Contrexéville, Vittel, Schwalbach, North Sea, Scheveningen, Schelesna-Wodsk, Harrowgate, Franzensbad.
	Alkaline earthy ...	Chianciano, Bath, Loèche, Contrexéville, Vittel, Szkleno, Wildungen.
Amaurosis ...	Purgative waters...	Marienbad, Kissingen, Tardou, St. Alban, Brides.
	Hydrotherapy ...	Baden-Baden, Vöslau, Laubbach, Bushey.
Amenorrhœa ...	Sulphurous waters	Aix-les-Bains. Baden (Austria), Acireale, Uriage, Eaux-Bonnes.
	Chalybeate waters	Schwalbach, Malahá, Pougues, Contrexéville, Vittel, Pyrmont, Franzensbad, Gleichenberg, Chianciano, St. Moritz.
	Indifferent waters and hydrotherapy	Laubbach, Bushey.
	Sea baths	North Sea, Scheveningen
Anæmia	Ferruginous waters	La Bourboule, Gleichenberg, Chianciano, Harrogate, Franzensbad, Schwalbach, St. Moritz, Alveneu, Rippoldsau, Bagnères de Bigorre, Bussang, Vittel.
	Hydrotherapy ...	Baden-Baden, Godesberg, Mondorf, Strathpeffer, Bushey, Droitwich, Laubbach.
	Indifferent waters	Royat, Badenweiler Vöslau, Römerbath (Austria), Laubbach, Bushey, Plombières.
	Winter stations ...	Acireale, Madeira, the Riviera, Mentone, Biarritz, Corfu, Ajaccio.
	Climatic air stations	Meran, Schmécks, Clifton, Alveneu, Loèche, Campfer, Flims, St. Moritz, Pontresina, Mürren, Samaden, Maloja.
	Sea baths	Atlantic, Mediterranean, and North Sea, Scheveningen.

Name of Disease.	Medium.	Places.
Anchylosis ...	Thermal sulphurous	Aix-les-Bains, Chianciano, Amélie-les-Bains, Dax, Loèche.
	Sulphurous saline	Acireale, Baden (Switzerland), Mehadia, Balaruc, Bourbonne, Tiermas.
	Mud and sand baths	Acqui, St. Amand, Dax, Balaton-Füred.
	Thermal alkali-saline	Teplitz - Schöna, Karlsbad.
	Saline bromo-iodurated	Bex, Malvern.
	Indifferent waters ...	Wildbad, Laubbach, Bushey, Plombières.
Angina ...	Sulphurous waters	Eaux-Bonnes, Amélie, Allevard.
Arthritis ...	Hydropathy ...	Laubbach, Bushey, Droitwich.
	Alkaline saline waters	Wiesbaden, Royat.
Asthma ...	Mountain air-cure	Meran, Gleichenberg, Chamounix, Veldes, Grindelwald, La Bourboule. Mürren, Pontresina, St. Moritz, Rippoldsau.
	Sea baths ...	Biarritz, Houlgate, Dobberan, Brighton, Scarborough, North Sea, Scheveningen.
	Brine baths ...	Droitwich, Malvern.
	Sulphurous waters	Eaux-bonnes, Acircale, Chianciano, Cauterets, Schinznach.
	Alkaline waters ...	Ems, Gleichenberg, Recoaro
	Mixed and ferruginous	Mont-Dore, Alhama de Aragon.
	Indifferent waters and hydropathy	Laubbach, Bushey, Droitwich.
Ataxy ... (Locomotor)	Ferruginous alkaline waters	Schwalbach, Pyrmont, Chianciano, Gleichenberg, Contrexéville, Vittel.
	Sulphurous waters	Aix-les-Bains, Ischl Challes, Baden (Austria)
	Hydropathy ...	Laubbach, Bushey.
	Saline waters ...	Salins-Moutiers.
Atrophy ... (Muscular)	Various waters ...	Baden-Baden, Aix-les-Bains, Loèche, Chianciano, Acireale, Schwalbach.

Name of Disease.	Medium.	Places.
Blenorrhœa ...	Various waters ...	Cervera del Rio Alhama, Amélie, Pyrmont, Teplitz-Schönau, Recoaro, Castellamare, Schwalbach.
	Sea baths	Baltic and Mediterranean.
Boils and Abscesses	Sulphurous... ..	Aix-la-Chapelle, Gazost, Guagno, Caldaniccia.
	Saline waters	Bourbon-Lancy, Bourbon l'Archambault, Balaruc, La Bourboule, La Garriga.
	Saline sulphurous	Baden (Austria), Mehadia, Uriage, Acireale, Chianciano, Schinznach.
Bones, diseases of the	Sea baths	North Sea, Scheveningen and Atlantic.
	Saline waters	Ischia, Nauheim, Baden-Baden, La Bourbonle.
	Thermal-sulphurous waters	Aix-les-Bains, Uriage, Alhama de Aragon, Baden (Austria), Mehadia, Chianciano, Zaldivar, Fitero, Ledesma.
	Sulphurous saline waters	Alveneru.
	Thermal hydro-pathy	Laubach, Bushey.
Bright's disease	Hydro-pathy	Malvern, Bushey, Droitwich, Laubach.
Calculus (Biliary)	Winter stations ...	Mentone, Monaco.
	Alkaline ferruginous waters	Gleichenberg, Pyrmont, Schwalbach, Contrexéville, Vittel, Pougues.
	Mild alkaline waters	Ems, Neyrac.
	Mixed	Karlsbad, La Toretta Monte-catini, Castellamare.
Calculus (Urinary and Vesical)	Sulphurous waters	Acireale, Castellamare, Salvador.
	Alkaline waters ...	La Torretta Monte-catini, Mont-Dore, Evian, Gleichenberg, Ibero.
	Alkaline ferruginous waters	Franzensbad Pyrmont, Contrexéville, Vittel, Belascoin, Sousas.
	Alkali Saline	Karlsbad.

Name of Disease.	Medium.	Places.
Catarrhs ... (Bronchial)	Ferruginous waters	Gleichenberg, Royat.
	Hydropathy ...	Veldes, Malvern, Laub- bach.
	Sulphurous waters	Acireale, Eaux - Bonnes, Chianciano, Ledesma, Zujar.
	Saline arsenical waters	La Bourbonle.
	Sulphurous saline waters	Dax, Alveneu, Acireale, Schinznach, Amélie-les- Bains, Cambo, Cau- terets.
	Climatic air and winter stations	Meran, Corfu, Ajaccio, Flims, Campfer, Wild- bad, Cambo, Clifton, Mentone, San Remo, Monaco.
Catarrhs ... (Pulmonary)	Thermal - sul- phurous waters	Eaux-Bonnes, Chianciano, Marienbad, Acireale, Ischl, Baden (Austria), Amélie-les-Bains, Wild- bad, Cauterets.
	Various waters ...	Royat, Ems, Baden- Baden, Badenweiler, Gleichenberg, La Bour- boule.
	Winter stations ...	Meran, Acireale, Hyères, Biarritz, Abazzia, Grasse, Cannes, Mentone, San Remo, Cambo.
Chlorosis...	Ferruginous waters	Royat, Loèche, Plombières, Gleichenberg, Vittel, Franzensbad, Schwal- bach, Mont-Dore, St. Moritz, Alveneu, Rippoldsau, Bagns. de Bigorre, Bussang.
	Sulphurous waters	Harrogate, Acireale.
	Sea baths ...	North Sea, Scheveningen and Atlantic.
	Hydropathy ...	Godesberg, Laubbach, Bushey, Droitwich.
	Climatic air station	Meran, Campfer, Mürren, Corfu, Ajaccio, Pon- tresina, St. Moritz, Samaden, Maloja, Clifton, Mentone.
Chorea or St. Vitus Dance	Thermal hydro- therapy	Aix-les-Bains, Baden (Aus- tria), Bushey, Mehadia, Baden-Baden, Loèche, Franzensbad, Brighton, Plombières, Laubbach.
	Lake baths ...	Neusiedel, Balaton, Neu- chatel, Geneva, Con- stance.
	Bitter waters ...	Frailes y la Rivera.

Name of Disease.	Medium.	Places.
Congestions ... (Cephalic)	Purgative and laxative waters	Püllna, Bilin, Ems, Niederbrunn, Vöslau, Vittel, Chianciano, Gerace, Brides.
	Thermal hydro- pathy	Laubbach, Bushey, Droitwich, Plombières.
Contractions ... (Tendinous or articular)	Various waters ...	Aix-les-Bains, Loèche, Baden (Austria), Uriage, Baden-Baden, Dax, Acireale, Bex, Benimarfull, Malvern, Plombières.
	Alkaline waters ...	Sierra Alhamilla, Zujar.
Coryza ...	Alkaline ferruginous waters	Mont-Dore, Contrexéville, Schwalbach.
Convalescence	Indifferent waters	Vöslau, Franzensbad, Badenweiler, Veldes, Wildbad, Laubbach.
	Climatic air stations	Axenstein, Bushey, Sonnenberg, Grindelwald, Schlangenbath, La Bourboule, Loèche.
	Climatic air and winter stations	Flims, Corfu, Ajaccio, Algiers, Pontresina, Cambo, Maloja, Mentone, San Remo, Monaco.
	Ferruginous waters	Chianciano, Schwalbach, Pyrmont, Pougues, Contrexéville, Vittel, St. Moritz.
	Sulphurous and Winter station	Acireale, Corfu, Ajaccio.
	Saline waters ...	Baden-Baden, La Bourboule.
Debility ... (Nervous and chronic)	Chalybeate ...	Alveneu, Rippoldsau, Maloja, Tunbridge Wells, Franzensbad, Gleichenberg, Schwalbach, Chianciano, Plombières, Vittel.
	Climatic air station	La Bourboule, Meran, Badenweiler, Wildbad, Axenstein, Sonnenberg, Clifton, Grindelwald, Villeneuve, Mentone, San Remo, Alveneu, St. Moritz, Corfu, Ajaccio, Flims, Samaden, Maloja.
	Indifferent waters	Wildbad, Laubbach, Bushey, Plombières.
	Brine baths ...	Droitwich

Name of Disease.	Medium.	Places.
Diabetes ...	Alkaline waters, and alkaline saline waters	Karlsbad, Clifton, Royat, Teplitz-Schönau, Pougues, Marienbad, Contrexéville, Vittel, Vichy, Mont-Dorc, La Bourboule, Villatoya.
	Alkaline ferruginous waters	Thunbridge Wells, Gleichenberg, Schwalbach, Contrexéville, Vittel.
	Brine baths ... Winter stations ...	Droitwich, Brides. Mentone, San Remo, Monaco.
Dysentery ...	Various waters ...	Karlsbad, Niederbronn, Vals, Weissenburg, Teplitz-Schönau, Brides.
Dysmenorrhœa	Thermal hydrotherapy	Baden-Baden, Bushey, Franzensbad, Badenweiler, Topuszkó, Laubach.
	Chalybeate waters	St. Moritz, Alhama de Aragon, Plombières.
Dyspepsia ...	Sea baths ...	North Sea, Scheveningen
	Gaseous waters ...	Condillac, Selters, Apollinaris, St. Alban.
	Alkaline waters ...	Karlsbad, Riva los Baños, Vittel, Gleichenberg, Franzensbad, Teplitz - Schönau, Bussang.
	Effervescent ferruginous waters.	Oriol, Pougues, Schwalbach, Pyrmont, Cheltenham, Rippoldsau, St. Moritz, Maloja.
	Effervescent saline waters.	Niederbronn, Homburg, Baden-Baden, Wildungen, Pyrmont.
	Saline waters ...	Cestona-guczalaga, Frailes y la Rivera.
	Hydrotherapy ...	Gräfenberg, Vöslau, Laubach, Bushey, Plombières.
Emphysema ...	Ferruginous waters	Gleichenberg, Chianciano Pyrmont, Recoaro.
	Climatic air and winter stations	Meran, Acireale, Malaga, Madeira, Abazzia, Ajaccio, Schmécks, Zermatt, Chamounix, Cannes, Mentone, San Remo, Laubach, Hyères, Bushey, Cambo.
	Sulphurous saline waters	Schinzach, Cambo.

Name of Disease.	Medium.	Places.
Female disorders.	Hydrophathy ... Ferruginous waters	Vöslan, Droitwich. Franzensbad, Schwalbach, Loeche, Marienbad, Mont-Dore, Chianciano, Forges-les-Eaux, Contrexéville, Alveneu, Vittel.
	Sulphurous waters	La Torretta Monte-catini, Aix-les-Bains, Bagnères de Bigorre.
	Indifferent waters	Wildbad, Schlungenbad.
	Sea baths	North Sea, Scheveningen
Fractures ...	Saline thermal waters.	Baden-Baden, Brides, Salin-Moutiers.
	Sulphurous waters	Baden (Austria), Aix-les-Bains, Chianciano, Uriège, Acireale.
	Thermal alkaline saline waters ...	Teplitz-Schönau, Bertrich, Capvern.
	Indifferent waters	Wildbad, Laubbach, Bushey.
Ganglionic tumours	Sulphurous iodobromurated waters.	Saxon, Challes, Wildegg, Harrogate.
	Saline iodo-bromurated waters ...	Nauheim, Salins-Moutiers, Hall (Austria), La Garriga.
	Sea baths	North Sea, Scheveningen
Gastralgia ...	Hydrophathy ...	Gräfenberg, Laubbach, Bushey, Ben-Rhydding.
	Effervescing mild mineral waters.	Wildbad, Pougues, Rippoldsau, Badenweiler, Vöslau, Teplitz-Schönau, Schmécks, Sousas, Amphion, Alveneu.
	Saline sulphurous waters	Brides, La Torretta Monte-catini, Borines, Quinto, Cauterets.
Glands (swellings of)	Sulphurous and alkaline waters Bitter and ferruginous waters	Paracuellos de Jilloca, Cauterets, Vilor Rosas, Villaharta, Rippoldsau.
Goitre	Saline sulphurous iodurated waters	St. Genis, Challes, Marlioz, Chianciano, Alveneu, Woodhall Spa.

Name of Disease.	Medium.	Places.
Gout 	Alkaline waters ...	Karlsbad, Teplitz-Schönau, Contrexéville, Vittel, Franzensbad, Marienbad, Bussang.
	Sulphate of lime waters	La Torretta Monte-catini, Aulus, Vittel, Capvern, Bath, Loèche.
	Various	Uriage, Gleichenberg, Wildbad, Tiermas, Schlangenbad.
	Sulphurous waters	Aix-les-Bains, Escaldas, Dax, Harrogate, Acireale, Baden (Austria), Schinznach.
	Thermotherapy ...	Laubbach, Bushey, Droitwich, Malvern.
	Ferruginous and lime waters	Franzensbad, Alveneu, Rippoldsau, Plombières, Royat.
Gravel (Uric) ...	Alkaline waters ...	Karlsbad, Contrexéville, Vittel, Pougues, Teplitz-Schönau, Gleichenberg, Chianciano, Ibero.
	Ferruginous waters	Amphion.
Gravel (Phosphatic.) ...	Sulphate of lime waters	La Torretta Monte-catini, Vittel, La Preste, Molitg.
	Mild mineral ...	Vöslau, Badenweiler, Schlangenbad, Contrexéville, Vittel, Pougues, La Salvadora, Brides, Bussang.
	Alkali-Saline ...	Karlsbad.
Hæmorrhoids	Alkaline waters ...	Karlsbad, Le Boulou, Hovingham.
	Hydropathy ...	Laubbach, Bushey, Brides.
	Sulphurous and chalybeate waters	La Torretta Monte-catini, Alveneu.
	Ferruginous ...	Rippoldsau, Vittel.
Herpes	Saline sulphurous waters	Aix-les-Bains, Baden (Austria), Schinznach, Cambo, Barèges, Dax, Canterets, Uriage, Chianciano, Telez, Amelie-les-Bains, Salin-Moutiers.
	Arsenical waters ...	Baden-Baden, La Bourboule, Cheltenham, St. Honoré, Bagnères de Bigorre, Royat.

Name of Disease.	Medium.	Places.
Hydropsia ...	Acidulous ferruginous sulphurous waters Hydropathy ...	Alvèneu, Bagnères de Bigorre. Laubbach, Bushey.
Hypochondriasis	Purgative waters... Saline ferruginous waters Hydropathy ... Winter stations ...	La Torretta Monte-catini, Vacqueras, Hunyadi-Yános, Epsom, Matlock Rippoldsau, Amphion. Coombe Wood, Bushey, Gleichenberg, Laubbach. The Riviera and Spanish Coast towns, Corfu.
Hysteria ...	Alkaline-Saline ... Sedative ... Sulphurous bitter Ferruginous and magnesian waters Climatic air and winter stations Sea baths ...	Karlsbad. Schwalbach, Badenweiler, Vöslau, Neris, Schlangenbad, Franzensbad, Bormio, Plombières. Jabalruz. Rippoldsau, Luxeuil, Orezza, Römerbad (Switzerland) Navalpino. Pisa, Pau, Dax, Leghorn, Bushey, Abazzia, Hyères, Laubbach. Livorno, Hastings, Scarborough, Ventnor, Blankenburgh, Scheveningen. The Riviera.
Impotence ...	Various waters ... Chalybeate waters Saline waters ... Sea baths ... Sulphurous waters	Franzensbad, Wildbad, Gastein, La Battaglia, Bushey, Vöslau, Spa, Laubbach, Vittel. Pymont, Schwalbach, Tunbridge Wells, Pougues. Balaruc, Cornetto, Monte-catini, Droitwich. North Sea, Scheveningen, and Baltic. Aix, Harrogate, Uriage, Baden (Austria).
Intermittens ...	Saline arsenical waters Indifferent waters Winter stations ... Various waters ...	La Bourboule. Plombières. Mentone, Monaco.
Intestinal ... (Catarrhs, &c.)	Various waters ...	Karlsbad, La Torretta Monte-catini, Bagnères de Bigorre, Baden-Baden, Cheltenham, Leamington, Chiacianon, Gleichenberg, Vinadio, Vöslau, Alhama de Granada, Prelo, Rippoldsau, Cambo, Pougues.

Name of Disease.	Medium.	Places.
Intumescence (of liver and spleen).	Alkali saline waters Alkaline ferruginous waters Sulphurous earthy	Teplitz-Schönau , Bertrich, Sousas. Gleichenberg , Contrexéville Vittel , Royat. Salvadora.
Jaundice	Muriatic saline and acidulous waters	Karlsbad , La Torretta Monte-catani, La Bourboule , Prelo, Vittel .
Kidney complaints.	Hydrophathy ... Saline waters ... Alkaline waters ... Winter Stations ...	Laubbach, Bushey. Baden-Baden , La Bourboule, Matlock Bath. Sacedon, Vittel . Mentone , Monaco.
Laryngitis ...	Climatic air and winter stations Sulphurous saline waters Alkaline-Saline waters	Corfu, Bex, Ajaccio, Campfer, Mürren, Maloja, Biarritz, Cambo, Clifton. Mentone , Monaco. Betelú, Alvenen, Ormaiztegui, Schinz nach , Aix-les-Bains . Franzensbad , Royat, Cambo.
Leucorrhœa ...	Ferruginous waters Saline waters ... Sea baths Bitter waters ...	Franzensbad , Schwalbach, Chianciano, Orezza Plombières. Bigorre , Solares. Ischl , Paterna. The North Sea and Atlantic. Buzot, Gravalos.
Liver obstructions.	Alkaline-ferruginous waters. Purgative waters... Hydrophathy ... Alkali Saline ...	La Torretta Monte-catini, Gleichenberg, Teplitz, Chianciano, Pougues, Pyrmont, Contrexéville, Vittel , Rippoldsau, Cauterets, Na. Sra. de Abella, Sobron, Cambo, Clifton. Brides, Leamington, Cheltenham, Karlsbad , Panticoss, Escoriaza. Mondorf, Laubbach.
Lumbago ...	Hydrophathy ...	Laubbach , Bushey, Droitwich Vittel , Malvern

Name of Disease.	Medium.	Places.
Lymphatism (Leucoeythœmia)	Sea baths	North Sea, Scheveningen Baltic and Mediterranean.
	Saline waters ...	Niederbrunn, Baden- Baden, Szobranecz, La Bourboule.
	Saline ferruginous waters.	Salins - Moutiers, Luxeuil, Chianciano, Royat.
	Saline sulphurous waters.	Uriage, Mondorf, Baden (Austria), Eaux-Bonnes.
	Sulphurous waters	Harrogate, Cheltenham, Chianciano, Acircale, Villaro, Dax.
Mercurial in- toxication.	Thermal sul- phurous waters.	Aix-les-Bains, Baden (Austria), Bigorre, Loèche, Acircale, Schinznach.
	Cold sulphurous waters.	Challes, Alveneu, Buyerès de Nava, Cauterets, Salinetas de Noveldá.
	Thermo-therapy ...	Laubbach.
Metritis (Chronic).	Saline ferruginous waters.	Szczawnicza, Chianciano, Ibero.
	Sulphurous waters	Aix-les-Bains.
	Sea baths - - -	North Sea, Scheveningen
	Alkali-Saline... ..	Karlsbad, Franzens- bad.
Morphinism ...	Alkaline ferruginous	Pougues.
	Thermo-hydropathy	Laubbach, Bushey, Mal- vern, Aix-les-Bains.
Nephritis ...	Alkaline and mild mineral waters.	Royat, Recoaro, Gleich- enberg, Capvern, Baden- weiler, Schlangenbad, Bussang.
	Hydropathy ...	Laubbach, Bushey, Vittel.
Nervosity ...	Hydropathy ...	Matlock Bath, Laub- bach, Reiboldsgrun, Landeck, Bushey, Plombières.
	Winter stations ...	Pau, Pisa, Leghorn.
	Climatic air stations	Mentone, Monaco.
		Vöslau, Römerbad, Gersau, Axenstein, Bre- genz, Lindau, Camp- fer, Pontresina, Rippoldsau, Maloja.
Neuralgia ...	Chlorated sul- phurous waters.	Bains, Bigorre, Neris, Dax.
	Mild mineral waters	Ems, Schlangenbad, Neu- haus, Vöslau, Römerbad (Austria), Badenweiler.
	Various waters ...	Karlsbad, Gastein, Teplitz, Schönau, Acircale, Brides, Bains, Wildbad, Bex, Mal- vern, Salins - Mou- tiers.
	Mixed sulphurous Hydropathy ...	Olette, Eaux-Chaudes, Gräfenberg, Droitwich, Laubbach.

Name of Disease.	Medium.	Places.
Neuroses... ...	Hydropathy ... Sulphurous waters Indifferent waters Sulphurons and chalybeate waters. Winter stations.	Laubbach , Bushey. Baden (Austria). Wildbad . Alvencu. Corfu, Ajaccio, Meran, Mentone, Monaco.
Obesity	Purgative	Brides, Sedlitz, Marienbad, Kissingen, Püllna, Ep- som, Marienbad , Acireale.
	Climatic station ...	Meran .
	Alkali-Saline Sea baths	Karlsbad , Vittel. Scheveningen .
Ophthalmia ...	Sulphurous ferru- ginous waters Sulphurons saline Ferruginousarseni- cal Mixed waters ...	Müskau , Aramayona. Eaux-Bonnes. Mont-Dore. Mont-Dore, Paracuellos.
Ovarian (derangements)	Bicarbonate and saline waters.	Niederbronn , Chianciano, Schwalbach , La Bourboule, Droitwich.
	Iron muds Sea baths	Franzensbad . Scheveningen .
Paralysis ... (generally)	Saline waters Sulphurous saline waters. Sulphurous waters Indifferent waters Mud baths Hydropathy Natural steam baths.	Balaruc , Ischia, Bea, Malvern . Acireale, Baden (Austria). Uriage , Loèche, Aix- les-Bains, Chianciano, Dax , Mehadia. Wildbad , Plombières. Acqui, La Battaglia, Val- dieri, Mehadia, Dax . Gräfenberg , Laubbach , Bushey. Monsummano , Stufa di Nerone, La Battaglia, Abano , Dax .
Paralysis ... (hysterical)	Mild waters Sea baths	Bains , Ems, Plombières, Schlangenbad , Vöslau Römerbad (Austria), Badenweiler, Wildbad , Laubbach , Bushey. Droitwich. Scheveningen .

Name of Disease.	Medium.	Places.
Paralysis (Rheumatic) ...	Mud and sand baths Sulphurous waters Sulphate of lime waters. Thermal saline waters. Thermal alkali- saline. Indifferent waters	Aequi, Dax, Abano, St. Dalmas, Valdieri. Aix-les-Bains , Uriage, Loèche, Baden (Aus- tria), Meladria, Harro- gate, Bigorre, Acircale, Chianciano. Dax, Bath, Hammam R'Irha, Ticinas. Baden-Baden , Nau- heim, Ischia, Malvern . Teplitz-Schönau . Wildbad , Laubbach , Bushey, Plombières.
Paraplegia ...	Various waters	La Malou, Wildbad, Gas- tein, Chianciano, Graena, Loujo , Plombières.
Pharyngitis (Granular) ...	Sulphurous waters Saline waters ... Mixed waters ... Winter stations ...	Schinznach , Allevard, Eaux-Bonnes, Ischl, Marlioz, Ormaiztegui. Nanheim, Bex. Mont-Dore, Gleichenberg , Contrexéville, Vittel , La Bourboule , Vil- laro, Clifton. Cannes, Biarritz, Acireale, Madeira, Malaga, Murcia, Abazzia, Men- tone , San Remo, Ajac- cio, Corfu, Maloja , Bagnères de Bigorre , Hyères .
Phlebitis (Abdominal) ...	Saline waters ...	Homburg, Kissingen, Bi- gorre, La Bourboule .
Phthisis ... (Laryngial)	Alkaline waters ... Sulphurous, saline and earthy waters Climatic air and winter stations	Gleichenberg , Mont-Dore. Acireale , Amélie , Eaux-Bonnes , Eilsen, Neudorf, Cauterets , Cambo. Cambo , Hyères , Ischl, Mentone , Cannes, Schmecks, San Remo, Corfu, Ajaccio, Mürren, Maloja , Clifton.

Name of Disease.	Medium.	Places.
Phthisis ... (Pulmonary with lymphatism and atony)	Sulphurous waters	Cauterets, Eaux-Bonnes, Amélie, Ischl, Acireale, Challes.
	Alkaline waters ...	Gleichenberg, Mont-Dore.
	Sea air ...	Ventnor, Torquay, Atlantic and North Sea baths, Scheveningen.
	Climatic air and winter stations	Meran, Schmecks, Acireale, Madeira, Hyères, Abazzia, Biarritz, Malaga, Murcia, Elche, San Remo, Le Cannet, Cannes, Campfer, Pontresina, Clifton, Cambo, St. Moritz, Samaden, Maloja, Laubbach, Bushey.
Phthisis ... (With erethism)	Mild waters ...	Ems, Schlangenbad, Römerbad (Austria), Schmecks.
	Mixed and arsenical waters	Baden Baden, La Bourboule, Cheltenham.
	Climatic air and winter stations	Meran, Abazzia, Alassio, St. Moritz, Schmecks, Davos, Mentone, San Remo, Hyères.
Pleurodynia ...	Hydropathy ...	Gräfenberg, Mondorf, Laubbach, Bushey, Droitwich.
	Climatic station ...	Meran.
Pleuritis ...	Sulphurous saline waters	Eaux-Bonnes, Acireale.
	Mixed waters ...	Mont-Dore.
Pneumonia ...	Sulphurous waters and winter station	Meran, Acireale, Madeira, Abazzia, Elche, Mentone.
	Indifferent waters	Wildbad, Laubbach, Bushey, Malvern.
Rhachitis ...	Chalybeate waters	Alveneu, Schwalbach, Spa, Pyrmont, St. Moritz, Loèche, Plombières.
	Saline bromo-iodurated waters.	Bex, Kreuznach, Droitwich.
	Climatic mountain station.	Meran, Wildbad, Pontresina, Mürren, Schmecks, Rippoldsau, St. Moritz, Samaden, Maloja.

Name of Disease.	Medium.	Places.
Rheumatism ... (Articular)	Thermal and hyperthermal, sulphurous and sulphurous-saline waters, mud and sand baths Thermal alkali-saline waters Saline waters ... Sulphurous saline waters Saline bromo-iodurated waters Chalybeate waters . Natural steam baths	Aix-les-Bains, Dax, Baden (Austria), Lœche, Abano, Acqui, Bath, Mehadia, Acque Albulae, Amélie-les-Bains. Karlsbad, Teplitz-Schönau, Franzensbad. Baden-Baden, La Bourboule, Droitwich. Alveneu, Cauterets, Ledesma, Tiermas, Schinznach, Acque-Albulae, Bagnères-de-Bigorre. Bex, Malvern, Woodhall Spa. Rippoldsau. Abano, Monsummano, Stufa di Nerone, La Battaglia, Plombières.
Rheumatism ... (With Neuralgia)	Thermal sedative waters	Karlsbad, Neris, Olette, Acireale, Droitwich, Laubbach, Matlock Bath, Wildbad, Schlangenbad.
Rheumatism ... (With Dyspepsia.)	Thermal mixed effervescent waters Saline ... Alkaline ferruginous	Karlsbad, Teplitz-Trencezin, Laubbach, Chianciano, Gleichenberg, La Bourboule. Baden-Baden, Droitwich, Malvern. Pougues.
Sciatica ...	Thermal sulphate of lime waters Thermal sulphurous waters Thermal saline ... Mixed alkaline ... Various waters ... Hydrotherapy ...	Pistyan, Lœche, Bigorre, Ledesma. Aix-les-Bains, Harrogate, Dax, Guagno, Aix. Baden-Baden, Buzost, La Bourboule, Malvern, Woodhall Spa. Gleichenberg, Vittel. Gastein, Römerbad (Austria), Plombières, Aix. Gräfenberg, Laubbach, Bushey, Droitwich.
Scrofula ...	Saline waters ...	Baden-Baden, Niederbrunn, Kissingen, Kreuznach, Dumlau, Ashby-de-la-Zouche, La Bourboule, Bex, Malvern.

Name of Disease.	Medium.	Places.
Scrofula ... (continued).	Cold ferruginous waters	Aberbrothwick, Gleichenberg, Plombières, Schwalbach .
	Sea baths	North Sea, Scheveningen and Atlantic.
	Various waters ...	Amelie, Wildbad, Eaux-Bonnes, Schinznach, Abano, Dax, Matlock Bath, Uriage, La Puda, Marlioz, Teplitz-Schönau, Baden (Austria), Chianciano, Acireale, Schwalbach.
	Ferruginous waters	Alvencu, Bagnères
	Winter stations ...	Bigorre, Cambo.
	Climatic air stations	Corfú, Ajaccio, Mentone, Monaco.
		Pontresina, St. Moritz, Samaden, Cambo.
Scurvy ...	Saline waters ...	Baden-Baden, La Bourboule.
	Sulphurous waters	Caldaniccia, Baden (Austria), Dax.
	Ferruginous waters	Pyrmont, Chianciano, Schwalbach.
Sinews ... (Affections of the)	Thermal alkali-saline waters	Teplitz-Schönau
Skin diseases ...	Saline waters ...	Baden - Baden, Malvern, La Bourboule.
	Alkaline mixed waters	Mont-Dore, Royat.
	Sulphurous waters	Chianciano, Acireale, Schinznach.
	Sulphurous saline waters	Acque Albulae, Alveneu, Cauterets, Aix-les-Bains.
	Earthy waters ...	Loèche.
	Natural steam baths	La Battaglia, Stufa di Nerone, Monsummano, Plombières.
Sores ... (Atonic)	Ferruginous waters	Chianciano, Recoaro.
	Sulphurous saline waters	Acque Albulae.
Spinal affections	Saline waters ...	Uriage, Nauheim, La Bourboule.
	Alkali-saline waters	Teplitz-Schönau.
	Hydrography ...	Laubbach, Ben Rhydding, Gräfenberg, Bushey, Laubbach.
	Indifferent waters	Wildbad.

Name of Disease.	Medium.	Places.
Splenic obstructions	Saline waters ...	Kreuznach, La Bourboule, Sobrón, Woodhall Spa.
	Alkaline ferruginous waters	Gleichenberg, Recoaro, Chianciano, Pyrmont, Clifton.
	Sulphurous ...	Escoriaza, Cauterets.
Sterility	Saline waters ...	Droitwich, Brides.
	Ferruginous waters	Franzensbad, Forges-les-Eaux, Marienbad, Schwalbach, Gleichenberg, Plombières, Pougues.
	Alkali-Saline ... Sea baths	Karlsbad, Vittel. North Sea, Scheveningen.
Syphilis	Thermal sulphurous waters	Aix-les-Bains, Baden (Austria), Schinznach, Mehadia, Luchon, Abano, Aulus, Loèche, Amélie-les-Bains.
	Sulphurous earthy waters	St. Filomena de Gommilaz.
	Thermal saline waters	Baden-Baden.
	Iodurated waters	Krankenheil, Kreuth, Marlioz, Quinto, Alveneu.
Ulcers	Sulphurous waters	Uriage, Amélie, Eaux-Chaudes, Hartfeld, Baden (Austria), Zaldivar, Schinznach, Acque Albulae.
	Silicated and mixed sulphurous waters	Valdieri, San Juan de Campos, Ledesma, Paterna,
Uric (diathesis) ...	Saline waters ...	Baden-Baden, La Bourboule, Jabalcuz, Ibero Vittel.
	Indifferent waters.	Wildbad.
Urinary organs (catarrhs of the)	Indifferent waters	Karlsbad, Marienbad, Wildbad, Vöslau.
	Alkali-saline waters	Teplitz Schöna, Contrexéville, Baden-Baden.
	Various waters ...	Bagnères de Bigorre, Cambo, Clifton, Salins-Moutiers.
	Alkaline ferruginous gaseous	Pougues, Vittel.

Name of Disease.	Medium.	Places.
Uterus (Diseases and affections)	Sulphurous waters	Marlitz, Luchon, Baden (Austria), Chianciano, Alvenen, Villaro, Cauterets.
	Chlorinated waters	Lamotte, Niederbronn, Droitwich ,
	Sea baths	Atlantic and North Sea, Scheveningen .
	Mildly mineralised waters	Bains, Luxeuil, Schlangenbergbad, Badenweiler, Vöslau , Plombières.
	Alkaline effervescent waters	Franzensbad , Wiesbaden, Contrexéville , Vittel .
	Effervescent ferruginous waters	Franzensbad , Gleichenberg, Recoaro, Puertolano, Schwalbach.
	Saline iodo-brominated waters	Bex , Malvern, Brides.
Vesical (disorders)	Climatic air station	St. Moritz .
	Various waters ...	Contrexéville , Vittel , Pougues , Wildungen, Fachingen, Gleichenberg, Teplitz, Eisenberg, Brides, Beschtan-baths, Fonté , Salvadora, Sobron, Villaharta.
	Hydrotherapy ...	Aix-les-Bains, Evian-les-Bains, Bussang . Laubach, Bushey.
Wounds , incised or by fire arms	Thermal sulphurous or saline waters	Loujo , Amélie, Ischia, Baden Baden, Aix-les-Bains, Mehadia, Chianciano, La Bourbonle, Malvern .
	Indifferent waters.	Wildbad .
	Mud baths	Acqui, St. Amand, Teplitz-Schönau .

Death Rate ‰	‰	Northern Latitude.	‰	Rainy days, Dec., Jan. and Feb.	No.
Genoa	37	Cairo	29·59	Palermo	40
Nice and Cannes ...	35	Funchal (Madeira)	32·28	Corfu	38
Corfu... ..	32	Malaga	36·42	Pau	33
Naples	31	Algiers	36·47	Rome	32
Florence	30	Catania	37·30	Funchal (Madeira)	31
Catania	30	Palermo	38·06	Pisa	31
Palermo	29	Corfu	39·37	Baden-Baden ...	30
Madeira	29	Madrid	40·24	Naples	29
Görz	27	Naples	40·51	Wiesbaden	28
Ajaccio	26	Rome	41·53	Florence	27
Venice	25	Ajaccio... ..	41·55	Nervi	25
San-Remo	24	Pau	43·20	Algiers	21
Meran	23	Mentone	43·47	Cannes	18
Geneva	23	San Remo	43·48	Nice	17
Rome... ..	23	Nervi	44·22	Pallanza	17
Mentone	22	Venice	45·27	Venice	16
Pau	22	Areo	45·52	Mentone	16
Acireale	20	Görz	45·56	St. Moritz	16
Davos	20	Lugano... ..	46·00	Remo	15
Wiesbaden	19	Montreux	46·26	Lugano... ..	14
Pegli	19	Meran	46·41	Ajaccio... ..	14
Bordighera	19	Baden-Baden ...	48·46	Catania	13
Montreux	19	Wiesbaden	50·04	Malaga	12
Upper Engadine ...	19	Görbersdorf ...	50·40	Meran	11
Malvern	18·85	Berlin	52·30	Cairo	9

Relative dampness of air, from 1st Oct. to 30th Apr.	%	Height above sea level.	Feet.	Mean winter temperature, Dec., Jan. and Feb.	F. °
Wiesbaden	80	St. Moritz	5,800	Funchal (Madeira)	68·0
Baden-Baden	79	Samaden	5,500	Algiers	63·5
Venice	79	Davos	5,200	Cairo	62·0
Pisa	79	St. Beatenberg ...	3,500	Málaga	59·5
Pau	79	Schmécks	3,100	Palermo	57·5
Montreux	79	Reiboldsgrün ...	2,100	Catania	57·5
Corfu	77	Görbersdorf... ..	1,776	Ajaccio	57·0
Ajaccio	76	Bex	1,380	Corfu	57·0
Palermo	75	Veldes	1,505	San Remo	54·0
Florence	73	Obermais	1,172	Mentone	52·5
Naples	73	Meran	1,100	Cannes	52·0
Lugano... ..	72	Lugano... ..	870	Naples	52·0
Catania... ..	72	Gries	832	Nice	51·5
St. Moritz	72	Pallanza	611	Nervi	51·0
Madeira	72	Malvern	502	Rome	50·0
Görz	72	Wiesbaden	371	Pisa	48·0
Rome	71	Görz	302	Pau	45·0
Mentone	71	Arco	299	Venice	40·4
Lesina	69	Florence	231	Görz	40·2
Pallanza	68	Palermo	228	Arco	40·2
Meran	68	Rome	199	Pallanza	40·0
Cairo	67	Naples (Osservat.)	180	Lugano... ..	39·5
San Remo	66	Catania... ..	100	Montreux	38·0
Cannes	65	Cairo	70	Meran	37·0
Nice	62	Nice	63	Wiesbaden	33·0

TABLE

SHOWING THE QUICKEST ROUTE, MODE OF
CONVEYANCE, TIME AND FARES TO VARIOUS
HEALTH RESORTS.

Time and prices are calculated from Paris.

Fares for places in Germany and Austria are calculated—
1st Class in France.
2nd „ in Germany and Austria.

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Abano (Italy) ...	1	P.L.M., <i>viâ</i> Mont Cenis, Turin, Milan, Padua	31 0	144 25
Acireale (Sicily)	3	P.L.M., <i>viâ</i> Mont Cenis or Venti- miglia, Genoa, Rome, Naples, Reggio, Messina... ..	69 0	239 75
Acqui (Italy) ...	5	P.L.M., <i>viâ</i> Mont Cenis, Turin and Alessandria... ..	24 45	114 30
Agueda (Sta.) Spain.	296	O. & S. F., <i>viâ</i> Bordeaux, Irun, Tolosa, Zumarraga (20 h. 11 m.), diligence or carriage, <i>viâ</i> Mondragon (4 h.)	24 10	126 35
Aix (Provence) ...	9	P.L.M., <i>viâ</i> Lyons and Marseilles, branching off at Rognac ...	18 36	109 95
Aix-les-Bains (Savoy).	7	P.L.M., <i>viâ</i> Macon and Culos ...	9 23	71 6
Aix-la-Chapelle (Prussia).	7	N. of F., <i>viâ</i> Erquelines and Namur-Verviers... ..	9 30	48 6
Ajaccio (Corsica)	9	P.L.M. to Marseilles (15h. 25m), thence by C.G.T. steamer (12 h.)	27 25	106 0
Aled (Aude) ...	13	P.L.M. and S. of F., <i>viâ</i> Toulouse, Montpellier and Cette	19 50	104 80
Alexisbad (Thuringia).	13	N. of F., <i>viâ</i> Cologne-Minden, Brunswick, Ballenstedt (29 h.), diligence (3½ h.)	32 15	118 95
Algiers	13	P.L.M. to Marseilles (15h. 25 m.), thence by C.G.T. steamer to Algiers (28 h.)	33 25	155 0
Alhama de Aragon (Spain)	14	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, and Guadalajara	43 38	238 75
Alhama de Murcia (Spain)	14	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, Car- thagena, Murcia (52 h. 20 m.), carriage (5 h.)	57 20	308 48

Name of Station.	Page.	Mode of Travelling.	Time	Price.
			<i>h. m.</i>	<i>Fr. cts.</i>
Allevard (Isère)	16	P.L.M., <i>viâ</i> Mâcon, Culoz and Chambery to Goncelin (12 h. 19 m.), thence by carriage to Allevard (1½ h.)	13 49	77 30
Altwasser (Silesia), Alvcnu.	18	N. of F., <i>viâ</i> Aix-la-Chapelle, Cologne, Berlin, and Kohlfurt	33 0	53 0
Amélie-les-Bains (Pyrenées).	18	S. of F., <i>viâ</i> Toulouse to Perpignan (21 h.), carriage from Perpignan (3 h.)	24 30	20 25
Amphion (Savoy).	18	P.L.M., <i>viâ</i> Macon, Culoz, Annemasse	12 48	82 50
Amsterdam ...	19	<i>viâ</i> Harwich by boat Or by N. of F., <i>viâ</i> Brussels and Antwerp, Rotterdam	15 30 15 40	42 50 69 40
Andabre (Aveyron).	20	S. of F., <i>viâ</i> Toulouse, Beziers, Bedarient to St. Afrique (27 h. 30 m.), carriage from St. Afrique (2 h.)	29 30	141 0
Antogast (Baden).	20	E. of F., <i>viâ</i> Strasburg and Oppenau (14 h. 30 m.), carriage (½ h.)	15 0	66 50
Arcachon (Gironde).	22	S. of F., <i>viâ</i> Bordeaux, branching off at Lamothe	10 0	76 70
Archena (Spain)	22	O. and S. of France, <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, Carthagena	51 0	292 65
Arechevaleta (Spain).	22	O. and S. F., <i>viâ</i> Bordeaux, Irun, Tolosa, Zumarraga (20 h. 11 m.) carriage (2 h.)	22 11	121 35
Arnedillo (Spain).	24	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Tolosa, Vitoria, Miranda, Logroño, and Calahorra (32 h. 30 m.), carriage (4 h.) ...	36 30	159 15
Audinac (Pyrenées).	26	O. and S. of F., <i>viâ</i> Bordeaux, Toulouse and St. Girons (19 h. 25 m.), carriage (30 m.) ...	19 55	104 10
Aulus (Ariège) ...	26	S. of F., <i>viâ</i> Bordeaux, Toulouse, Montrejean, Bousens to St. Giron (21 h. 30 m.), carriage from St. Giron (3 h.)	24 30	119 0
Avesne (Pyrenées).	27	P.L.M. and S. of F., <i>viâ</i> Lyons, Tarascon, Narbonne, and Bousquet d'Orb (19 h. 30 m.), carriage (50 m.)	20 20	133 60
Ax (Ariège).	27	S. of F. up to Foix (19 h.), carriage from Foix to Ax (4 h.)	23 0	118 0
Baden-Baden	29	E. of F., <i>viâ</i> Strasburg and Kehl	16 0	68 0
Baden (Austria)	29	E. of F., <i>viâ</i> Strasburg, Kehl, Munnich, and Passau	27 0	152 50
Baden (Switzerland).	29	E. of F. <i>viâ</i> Basle and Aarau ...	13 30	71 15
Badenweiler (Baden).	31	E. of F. Railway, <i>via</i> Belfort and Basle (5 h.) carriage (½ h.) ...	15 30	73 95
Bagnères de Bigorre (Pyrenées).	32	S. of F., <i>viâ</i> Bordeaux and Montceux, branching at Tarbes ...	21 45	105 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			h. m.	Fr. cts.
Bagnères de Lu- chon (Pyrenées).	193	S. of F., <i>viâ</i> Bordeaux and Tou- louse, branching at Montrejeau	23 50	106 35
Bagnoli, near Naples.	34	P.L.M., <i>viâ</i> Mont Cenis, Genoa, Rome and Naples	43 0	219 0
Bagnols	34	P.L.M. <i>viâ</i> Brioude and Villefort (14 h. 35 m.), carriage (3 h. 30 m.)	18 5	77 30
Bains (Vosges) ...	34	E. of F., <i>viâ</i> Nancy and Epinal...	10 30	56 30
Balaruc (Hérault)	35	P.L.M., <i>viâ</i> Lyons and Cette ...	16 22	107
Balaton-Furëd (Hungary)	129	E. of F., <i>viâ</i> Avricourt, Strasburg, Munich, Vienna, Pesth and Sis-Fók (47 h. 15 m.), steam- boat (1 hour)	48 15	223 90
Barbazan (Pyre- nees).	37	O. and S. of F., <i>viâ</i> Bordeaux, Tarbes, Montreyean and Lour- des (18 h. 40 m.), carriage ($\frac{1}{2}$ h.)	19 10	113 85
Barbotan	37	O. and S. of F., <i>viâ</i> Bordeaux and Mont à Marsan (15 h. 20 m.), carriage (3 h. 30 m.)	18 50	97 30
Barcelona	37	P.L.M. to Marseilles by boat, or Clermond Fd., Neussargues, Beziers, or S. of F., <i>viâ</i> Toulouse and Cette	28 25	141 50
Barèges	37	S. of F., <i>viâ</i> Bordeaux, branching at Lourdes for Pierrefitte (19 h. 30 m.). Carriage from Pierre- fitte (2 h.)	21 30	116 40
Basle	38	E. of F., <i>viâ</i> Belfort	10 50	64 20
Battaglia (La) Italy	39	P.L.M., <i>viâ</i> Macon, Culoz, Turin, Milan, Brescia and Padua ...	31 9	147 20
Bauche (La) ...	39	P.L.M., <i>viâ</i> Dijon, Macon, Cham- béry, Lépin lac d'Aiguelette (12 h. 19 m.), carriage (3 $\frac{1}{2}$ h.)	15 49	75 70
Berlin	43	M. of F., <i>viâ</i> Venlo, Lehrte, Han- nover or Cologne-Magdeburg	22 0	119 40
Berne	44	P. L. M. <i>viâ</i> Dijon—Pontarlier, Neuchâtel	11 39	68 75
Bertrich (Rhenish Prussia)	44	E. of F., <i>viâ</i> Metz, Treves and Bullay (12 h. 30 m.), diligence (50 m.)	13 20	68 85
Biarritz (Pyre- nees).	46	S. of F., <i>viâ</i> Bordeaux and Bayo- nne	15 22	96 80
Bilin (Bohemia)...	47	N. of F., <i>viâ</i> Cologne, Hanover, Magdeburg, Halle, Leipzig, Dresden and Aussig	32 30	146 25
Bocklet (Bavaria)	49	E. of F., <i>viâ</i> Metz, Frankfort-on- Maine, Würzburg, Kissingen (29 h. 10 m.), carriage (1 h.) ...	30 10	122 25
Bondonneau ...	50	P. L. M. <i>viâ</i> Lyons, Valence and Montélimart (13 h. 12 m.), car- riage (30 m.)	13 42	81 65
Bordeaux	51	O. Railway	10 50	72 5
Bormio (Upper Val Tellino)	52	E. of E., <i>viâ</i> Basle, Lucerne, Bellaggio Colico (29 h. 40 m.), carriage (15 h.)	44 49	142 20
Boulogne	53	N. of F.	4 11	21 25

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			h. m.	Fr. cts.
Boulou, Le ...	53	O. and S. of F., <i>viâ</i> Bordeaux and Toulouse to Perpignan. (23 h.) carriage thence to Le Boulou. (1½ h.) ...	24 30	126 50
Bourbon-l'Archambault (Allier).	54	Orleans Railway to Sauvigny (5 h. 35 m.), carriage from Sauvigny (1 h.) ...	6 35	40 75
Bourbon-Lancy (Saône and Loire).	54	P.L.M. <i>viâ</i> Nevers (8 h. 48 m.), thence by carriage (1½ h.) ...	10 3	41 20
Bourbonne les Bains.	54	E. of F. Railway, branch at Vitrey (8½ h.)	8 30	43 0
Bourboule, La (Puy de Dôme).	55	P.L.M. Bourbonnais line <i>viâ</i> Clermont-Ferrand and to Laqueille (12 hours), carriage (1½ hours)	13 30	60 0
BrideslesBains (Savoy).	57	P.L.M., <i>viâ</i> Culoz, Chambéry and St. Pierre to Albertville (14 h. 34 m.) thence by carriage (3 h.)	17 34	79 45
Brückenau (Bavaria).	60	E. of F., <i>viâ</i> Metz, Fraukfort-on-Maine, Würzburg and Kissingen (28 h. 40 m.), carriage (5 h.) ...	33 40	125 50
Brussels ...	61	Dover, Ostend ... Or from Paris by N. of F. Railway, <i>viâ</i> Maubeuge ...	8 30 9 20	58 75 39 70
Buda-Pesth (Ofen, Hungary)	251	E. of F., <i>viâ</i> Avricourt, Strasburg, Munich, Salzburg and Vienna	36 30	180 50
Bussang (Vosges).	64	E. of F. Railway, line of Epinal	11 15	60 35
Buzot (Spain) ...	65	P.L.M., and S. of F., <i>viâ</i> Tarascon, Cette, Port-Vendres, Barcelona, Valencia, Eucina and Alicante (52 hours), carriage (2 h.) ...	54 0	289 15
Cadéac (Pyrenees)	65	O. and S. of F., <i>viâ</i> Bordeaux, Montrejeau and Lannemezan (21 h. 45 m.), carriage, <i>viâ</i> Arreau, (2 h. 50 m.) ...	24 35	122 85
Caille, La (Savoy)	66	P.L.M., <i>viâ</i> Mâcon, Culoz, Annecy (12 h. 5 m.), carriage (3 h. 30 m.)	16 21	77 10
Cairo (Egypt) ...	66	P.L.M., <i>viâ</i> Mont Cenis and Brindisi (70 h.); thence by C.G.T. steamer (79½ h.) ...	149 30	551 25
Caldaniceia (Corsica).	66	P.L.M. and C.G.T. boats, <i>viâ</i> Lyons, Marseilles, and Ajaccio, train (15 h. 25 m.), boat (12 to 15 h.), carriage (1 h. 30 m.) ...	31 50	144 30
Caldas de Cuntis (Spain).	67	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Palencia, La Corunna, Santiago, and El Carril (53 h.), carriage (5 h.) ...	58 0	241 25
Caldas de Mombuy (Spain).	67	P.L.M. and S. of E., <i>viâ</i> Tarascon, Carcassonne, Port Bou and Mollet (28 h. 52 m.), carriage (2 h.) ...	30 52	176 70

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Caldas de Ovi- edo (Spain).	67	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Vitoria, Burgos, Venta de Baños, Palencia, Busdongo and Pola de Leña (37 h. 46 m.), carriage (5 h.)	42 46	252 15
Caldas de Reyes (Spain).	68	Same itinerary as Caldas de Cuntis.	—	—
Cambo (France)	69	O. and S. of F., <i>viâ</i> Bordeaux, Dax and Bayonne (16 h. 10 m.), carriage (2 h.)	18 10	98 45
Campagne (France).	69	O. and S. of F., <i>viâ</i> Bordeaux, Toulouse, Carcassonne and Esperanza (17 h. 35 m.), car- riage ($\frac{1}{2}$ h.)	18 5	121 60
Cannes	71	P.L.M., <i>viâ</i> Lyons, Marseilles, and Toulon	20 28	130 05
Cannstadt (Württemberg).	73	E. of F., <i>viâ</i> Avricourt, Stras- burg, Carlsruhe and Stuttgart	17 10	80 30
Capri (Island) ...	73	P.L.M., <i>viâ</i> Mont Genis, Genoa, Rome, Naples, thence by boat (3 h.)	46 0	233 65
Capvern (Pyre- nees).	74	S. of F., <i>viâ</i> Bordeaux and Tarbes	17 51	106 70
Carcanières (France).	74	P. L. M., <i>viâ</i> Lyons, Tarascon, Carcassonne, and Quillan (24 h. 30 m.), carriage, <i>viâ</i> Axat, (4 h. 30 m.)	29 0	131 70
Carlsbad (Bohe- mia).	74	E. of F., <i>viâ</i> Strasburg, Heidel- berg, Würzburg, and Eger ...	32 0	119 80
Carlsruhe	76	E. of F., <i>viâ</i> Forbach, Mayence, Mannheim	14 30	70 65
Carratraca (Spain).	75	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, Cor- doba, and Gómbates (59 h. 25 m.), carriage (2½ h.)	62 0	336 60
Casciano	77	P.L.M. <i>viâ</i> Lyons and Genoa and Leghorn to Pontedera (44 h.); thence carriage (3 h.)	47 0	180 0
Cassel	77	N. of F., <i>viâ</i> Cologne-Giessen ...	19 25	76 80
Castellamare (near Naples.)	78	P.L.M., <i>viâ</i> Mont Genis, Genoa, Rome, and Naples	50 20	224 25
Castéra-Verdu- zan (France).	78	O. and S. of F., <i>viâ</i> Bordeaux, Agen, and Auch (16 h. 10 m.), carriage (3 h.)	19 10	104 40
Catania (Sicily)	79	P.L.M., <i>viâ</i> Mont Genis, Genoa, Rome, and Naples (45 h.); by steamer (24½ h.)	69 30	40 65
Cauterets (Pyre- nees).	80	S. of F., <i>viâ</i> Bordeaux, branching from Lourdes to Pierrefitte (19 h. 30 m.), carriage from thence (2 h.)	21 30	11 90
Cauvalat-lez-le- Vigan (France).	81	P. L. M., <i>viâ</i> Lyons, Tarascon, Lunel, and Vigan (22 h.), car- riage ($\frac{1}{2}$ h.)	22 30	11 45
Cestona-Guez- alaga (Spain).	82	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Tolosa, and Zumarraga (20 h. 11 m.), carriage (2 h.) ...	22 11	122 35

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Challes (Savoy)	82	P. L. M., <i>via</i> Culoz to Chambéry (13½ h.) thence by carriage (½ h.)	14 0	75 0
Charlotten- brunn (Silesia).	83	N. of F., <i>via</i> Cologne, Berlin, Liegnitz, and Altwasser (31 h. 54 m.), diligence (1 h. 20 m.) ...	33 15	158 0
Chateauneuf ...	83	P. L. M., Bourbonnais line to Riome (8 h. 10 m.), carriage (3 h.)	11 10	50 05
Châteldon (France).	83	P. L. M. <i>via</i> Nevers, Moulins, Vichy, and Ris-Chateldon (8 h. 3 m.)	11 3	51 95
Chatel-Guyon	84	P. L. M., <i>via</i> Nevers and Riome, (8 h. 10 m.), carriage (1 h.) ...	9 10	50 65
Chaudes-Aig- ues (France).	84	P. L. M. and O., <i>via</i> Nevers, Clermont-Ferrand, Arvant, and Nenssargues (12 h. 25 m.), carriage (9 h. 30 m.)	21 55	70 65
Chianciano (Italy).	86	P. L. M., <i>via</i> Modane, Turin, Genoa, Florence and Asciano (38 h. 30 m.), carriage (½ h.) ...	39 0	191 85
Chiclana (Spain).	86	O. and S. of F., <i>via</i> Bordeaux, Irun, Burgos, Madrid, Cor- doba, Sevilla and Cadiz (62 h.), carriage (2½ h.)	64 30	282 65
Chitignano (Italy).	86	P. L. M., <i>via</i> Mont Cenis, Flor- ence and Arezzo (34 h. 30 m.), carriage (2 h.)	36 30	186 70
Coblentz ...	90	E. of F., <i>via</i> Forbach-Treves, and N. of F., <i>via</i> Cologne	12 30	67 50
Coise (Savoy) ...	89	P. L. M., <i>via</i> Culoz, Chambéry, and Cruet (14 h. 25 m.), dili- gence (1½ h.)	15 55	76 45
Cologne	89	N. of F., <i>via</i> Erquelines-Verviers Aix la Chapelle	10 0	60 0
Contrexéville (Vosges.)	92	E. of F., <i>via</i> Langres and Cha- lendrey	8 0	53 25
Cordoba	92	O. and S. of F., <i>via</i> Bordeaux, from Madrid, Toledo, and Cindad Real	53 10	292 45
Courmayeur & La Saxe (Italy).	94	P. L. M., <i>via</i> Lyons, Culoz, Mont Cenis, and Aosta (19 h. 10 m.), carriage (5 h.)	24 10	128 25
Cransac	95	S. of F. Railway to Cransac ...	15 0	73 85
Cudowa (Silesia)	96	N. of F., <i>via</i> Cologne, Hanover, Madeburg, Leipzig, Dresden, Chotzen, Nachod (38 h. 30 m.), diligence (2½ h.)	41 0	173 70
Cusset . . .	97	P. L. M. to Vichy (7 h. 26 m.), carriage (½ h.)	7 56	45 0
Dax (Landes) ...	98	S. of F., <i>via</i> Bordeaux	15 0	90 80
Deauville (Cal- vados).	99	W. of F.	7 0	30 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Dieppe (Seine Inf.).	100	W. of F.	4 0	20 65
Divonne les Bains	102	P.L.M. to Geneva, thence by rail to Nyon, carriage from Nyon ($\frac{1}{2}$ h.)	15 30	81 0
Dresden	104	N. of F., <i>viâ</i> Cologne, Berlin, Leipzig, or Cologne, Frankfurt, Leipzig	28 25	139 0
Driburg	104	N. of F., <i>viâ</i> Cologne, Hamm, and Altenbecken	17 40	82 50
Dürkheim an der Hardt.	107	E. of F., <i>viâ</i> Forbach, Saarbrücken and Neustadt ad. Haardt	15 0	68 30
Eaux-Bonnes (Pyrenées).	107	O. and S. of F., <i>viâ</i> Bordeaux, Pau and Laruns ($17\frac{1}{2}$ h.), carriage ($\frac{1}{2}$ h.)	18 0	106 0
Eaux-Chaudes (Pyrenées)	108	Same as above, $\frac{1}{2}$ h. more by carriage	18 30	112 0
Elster (Bohemia).	111	E. of F., <i>viâ</i> Avricourt, Strasbourg, Munich, Regensburg, and Eger	30 50	134 50
Ems (Nassau) ...	112	N. of F., <i>viâ</i> Erquelines, Namur, Cologne, Coblenz, Oberlahnstein	16 15	71 15
Encausse (Pyrenées).	112	O. and S. of F., <i>viâ</i> Limoges, Toulouse, and St. Gaudens (19 h. 10 m.), carriage (1 h.) ...	20 10	116 85
Enghien (Seine and Oise).	112	N. of F.	0 20	1 35
Escaldas (Las) (Pyrenées).	114	P.L.M. and S. of F., <i>viâ</i> Tarascon, Cette, Perpignan, and Prades (22 h. 30 m.), carriage (10 h.) ...	32 30	143 60
Étretat (Seine Inf.).	115	W. of F., to Ifs (4 h. 50 m.), carriage to Étretat (1 h.)	5 50	28
Euzet (France).	115	P.L.M., <i>viâ</i> Dijon, Lyon (Right bank), Euzet (21 h. 17 m.) ...	21 17	96 05
Evian (Savoy) ...	115	P.L.M., <i>viâ</i> Mâcon, Culoz, and Bellegarde	12 48	82 50
Fécamp (Seine Inf.)	117	W. of F.	5 20	27 30
Fitero (Spain) ...	120	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Alsásua, Castejon (26 h. 15 m.), carriage ($3\frac{1}{2}$ h.)	29 45	164 75
Florence... ..	119	P.L.M., <i>viâ</i> Mont Cenis and Pisa	27 0	140 55
Foucaude (France)	123	P.L.M., <i>viâ</i> Lyons, Tarascon and Montpellier (16 h. 38 m.), carriage ($\frac{1}{2}$ h.)	17 8	103 60
Forges (Seine Inf.)	122	W. of F. to Fécamp, stop at Forges	3 15	14
Frankfurt	124	N. of F., <i>viâ</i> Cologne, Mayence, or E. of F., <i>viâ</i> Forbach, Mayence... ..	18 30	77 15

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
Franzensbad (Bohemia)	124	E. of F., <i>viâ</i> Strasburg, Ulm, Regensburg, and Eger ...	28 0	114 35
Friedrichshall (Bavaria)	127	E. of F., <i>viâ</i> Forbach, Mayence, Frankfort and Coburg (20 h. 45 m.), carriage (4 h.) ...	24 25	118 75
Fuencaliente (Spain)	128	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Madrid, Ciudad, Real, Veredas (47 h. 55 m.), carriage (3½ h.) ...	51 25	200 0
Gastein (Tyrol)...	131	E. of F., <i>viâ</i> Strasburg, Munich, Salzburg, to Lend (33 h.), car- riage from Lend to Gastein (3 hr.) ...	33 20	143 85
Gazost Argeles (France)	23	O. and S. of F., <i>viâ</i> Bordeaux, Tarbes, Lourdes (19 h. 30 m.), carriage (1½ h.) ...	21 0	107 75
Geneva ...	132	P.L.M. <i>viâ</i> Macon, Culoz...	11 0	76 80
Genoa ...	132	P.L.M., <i>viâ</i> Mont Cenis—Turin or Marseilles—Nice ...	25 0	120 0
Gerardmer ... (France)	133	E. of F., <i>via</i> , Nancy and Epinal	9 0	59 10
Gleichenberg (Austria)	135	E. of F., <i>viâ</i> Strasburg, Munich, Vienna, Gratz, Feldbach (40h. 50 m.), carriage (1 h. 30 m.) ...	42 20	213 30
Görbersdorf (Silesia)	137	N. of France, <i>viâ</i> Cologne, Berlin to Dittersbach (38 h. 30 m.), carriage (½ h.) ...	39 0	167 50
Granada ...	139	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Madrid, Toledo, Cordoba	61 40	275 90
Graválos (Spain)	140	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Alsásua, Castejon (26 h. 15 m.), carriage (3½ h.) ...	29 45	167 75
Gréoulx (France)	141	P.L.M., <i>viâ</i> Lyons, Veynes, Manosque (20 h. 23 m.), carriage (2½ h.) ...	22 53	103 60
Griesbach (Baden)	141	E. of F., <i>viâ</i> Strasburg and Oppenau (10 h.), diligence (1 h. 46 m.) ...	11 45	67 95
Guagno (Corsica)	143	P.L.M. and C.G.T. boats, <i>viâ</i> Lyons, Marseilles, Ajaccio (27 h. 25 m.), carriage (8 h.) ...	33 25	156 25
Guillon (Doubs)	143	P.L.M. to Dijon, branch to Baume-les-Dames (6 h.), car- riage to Guillon (¾ h.) ...	6 45	55 0
Hague ...	144	N. of F., <i>viâ</i> Brussels, Antwerp, and Rotterdam ...	15 20	66 70
Hanover...	146	N. of F., <i>viâ</i> Brussels—Venlo— Lehrte ...	15 30	87 50
Heidelberg ...	149	E. of F., <i>viâ</i> Forbach—Mayence— Mannheim ...	18 0	80 0
Herculesbad Mehadia (Hun- gary)	151	E. of F., <i>viâ</i> Strasburg, Munich, Vienna, Pesth, Szegedin, and Temesvár ...	48 10	240 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Hof.-Ragatz (Switzerland).	264	E. of F., <i>viâ</i> Basle and Zürich ...	22 30	83 70
Homburg (Hes- sen)	155	N. of F., <i>viâ</i> Erquelines, Cologne, Mayence, Frankfurt ...	18 40	79 0
Huelva (Spain)...	157	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Madrid, Cordoba and Sevilla	62 0	264 30
Hyères (Var) ...	157	P.L.M., <i>viâ</i> Lyons and Marseilles —Toulon	18 35	117 0
Interlaken ...	161	P.L.M. <i>viâ</i> Dijon, Pontarlier and Berne	15 54	75 15
Ischia	162	Same as Naples (48 h.), boat (2½ h.)	50 30	230 0
Ischl	162	E. of F., <i>viâ</i> Strasburg, Kehl, Carlsruhe, Munich, and Salz- burg	23 45	126 0
Kissingen (Ba- varia)	171	E. of F., <i>viâ</i> Forbach, Bingen and Würzburg, branching at Schweinfurt	21 40	96 80
Kösen (Ger- many)	174	E. of F., <i>viâ</i> Metz, Saarbrücken, Mayence, Frankfurt, Bebra, Erfurt and Weimar	22 50	129 85
Krankenheil (Bavaria)	175	E. of F., <i>viâ</i> Strasburg, Carls- ruhe, Stuttgart, Munich, Tölz	27 20	119 80
Kreuth (Bavaria).	175	E. of F., <i>viâ</i> Strasburg, Carlsruhe, Munich, Schafnach (30 h.), diligence (3½ h.) ...	33 30	119 55
Kreuznach (Rhenish- Prussia)	176	E. of F., <i>viâ</i> Forbach	13 25	71 85
Labassère (Py- renees)	177	S. of F., <i>viâ</i> Bordeaux and Mon- ceaux, branching at Forbes ...	21 45	105 0
Landeck (Slesia).	179	N. of F., <i>viâ</i> Cologne, Hanover, Berlin, Sagan, Breslau, Glatz (32 h. 40 m.), diligence (4 h.)	36 40	176 30
Laubbach	180	N. of F., <i>viâ</i> Cologne and Coh- lentz (12 h. 30 m.), thence carriage (¾ h.)	12 45	68 50
Lausanne (Switzerland)	182	P.L.M. to Dijon, Pontarlier and Lausanne	11 9	64 5
Lavey (Switzerland).	182	P.L.M., <i>viâ</i> Pontarlier, Lau- sanne, St. Maurice (14 h. 26 m.), carriage (25 m.)	14 51	69 45
Ledesma (Spain).	183	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Valladolid, Medina del Campo, Salamanca (52 h. 10 m.), carriage (2½ h.)	54 40	186 30
Leipzig	184	N. of F., <i>viâ</i> Erquelines, Cologne, or Forbach—Frankfurt ...	27 0	134 0
Liebenstein (Thuringia).	186	E. of F., <i>viâ</i> Saarbrücken, Franc- fort, a/m., Eisenach and Im- melborn (21 h. 10 m.), diligence (1 h.)	22 10	132 75
Liebenzell (Württemberg).	186	E. of F., <i>viâ</i> Strasburg, Carls- ruhe, Pforzheim (15 h.), diligence (1½ h.)	16 30	76 70

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
Liebwerda (Silesia).	186	N. of F., <i>viâ</i> Cologne, Hanover, Magdeburg, Halle, Leipzig, Dresden, Görlitz, Seidenberg, Raspennau (32 h. 30 m.), carriage (30 m.) ...	h. m.	Fr. cts.
Lippspringe (Westphalia).	189	N. of F., <i>viâ</i> Cologne, Hamn, Paderborn (16 h. 25 m.), diligence (1 h. 10 m.) ...	33 0	150 25
Locarno (Italian Lakes)	190	E. of F., <i>viâ</i> Belfort, Basle, Lucerne ...	17 35	81 45
Louèche Valais (Switzerland)	191	P.L.M., <i>viâ</i> Dijon and Pontar- lier to Lausanne. Louèche ...	24 30	103 70
Lucca (Italy) ...	193	P.L.M., <i>viâ</i> Mont Cenis, Turin, Genoa, and Leghorn, to Lucca Station (31 h.), carriage to the baths (2½ h.) ...	17 52	77 35
Lucerne ...	193	E. of F., <i>viâ</i> Belfort, Basle ...	33 30	146 0
Luchon ...	193	O. and S. of F., <i>viâ</i> Bordeaux, Tarbes, and Montrejeau ...	19 30	74 40
Luxeuil (Vosges)	195	E. of F. Line to Mulhouse, St. Loup ...	19 30	103 50
Lyons ...	196	P.L.M. ...	11 40	49 75
Madeira ...	197	From London and Dartmouth by Donald Currie (Castle) Line. From two to three times a month ...	9 0	63 50
		From Southampton by Union Line. Twice a month ...	—	£15 15s
		From Southampton by Landport and Holt Line. On the 2nd and 16th of every month ...	—	£15 15s
		The journey occupies from five to six days.	—	£12
Madrid ...	199	O. and S. of F., <i>viâ</i> Bordeaux, Irun, and Burgos ...	41 30	184 50
Maloja (Engadine)	200	E. of F., <i>viâ</i> Belfort, Basle, Zürich and Coire (23 h.), carriage or diligence (12 h.) ...	35 0	134 60
Malou (La) (Hérault).	178	P.L.M., S. of F., <i>viâ</i> Taraseon, Montpellier, Fangères, and Bedarieux (19 h. 5 m.), carriage (45 m.) ...	19 50	123 40
Malta (Island) ...	200	P.L.M., <i>viâ</i> Mont Cenis, Turin, Genoa, Rome, and Naples, (46½ h.); thence by steamer (34 h.); or direct from England by P. and O. steamers, nine days, or <i>viâ</i> Marseilles by steamer ...	80 15	375 0
Mannheim ...	201	E. of F., <i>viâ</i> Forbach and Bingen	17 30	70 80
Marcols (Ardèche).	202	P.L.M. line to Marseilles; branch at Livron to Lavalte station (12½ h.); thence by carriage (4 h.) ...	16 30	84 0
Marienbad (Bohemia).	203	E. of F., <i>viâ</i> Strasburg, Heidel- berg, Würzburg, Regensburg	30 12	126 60
Marlioz ...	205	Same as Aix-les-Bains.		
Matlock Bath	206	From London by Midland Rail- way ...	4 0	

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Mayence... ..	208	N. of F., <i>viâ</i> Erquelines-Cologne; or E. of F., <i>viâ</i> Forbach, Bingen	17 15	78 80
Mehadia or Herculesbad (Hungary).	209	E. of F., <i>viâ</i> Strasburg, Munich, Vienna, Pesth, Szegedin, and Temesvár	54 10	249 27
Mentone (France).	210	P.L.M., <i>viâ</i> Marseilles, Nice ...	22 46	136 85
Mergentheim...	213	E. of F., <i>viâ</i> Strasburg Heidel- berg, and Königshofen ...	18 50	88 20
Milan	215	P.L.M., <i>viâ</i> Mont Cenis	27 0	119 0
Molar (El) (Spain).	217	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Valladolid, Madrid (46 h. 40 m.), carriage (4 h.)	50 40	188 40
Molinar de Carranza (Spain).	217	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Vitoria, Miranda, Bil- bao (27 h. 24 m.), carriage (6 h.)	33 24	156 25
Molitg (Pyrenees).	217	S. of F., <i>viâ</i> Perpignan to the station of Prades (22 h. 45 m.), carriage (1 h.)	23 50	126 0
Monaco	218	P.L.M., <i>viâ</i> Marseilles and Nice	22 21	135 70
Monte Carlo	221	P.L.M. <i>via</i> Marseilles and Nice...	22 30	136 0
Montbrun (Drôme)	220	P.L.M., <i>viâ</i> Lyons; branch at Sorges to Carpentras (16 h.), thence by carriage (5 h.) ...	21 0	100 0
Mont-Dore (Puy de Dôme).	221	P.L.M., Bourbonnais line to Cler- mont - Ferrand and Laqueille (9½ h.), carriage (2 h.) ...	11 0	62 35
Monte-catini (Tuscany).	221	P.L.M., <i>viâ</i> Mont Cenis, Turin, Genoa, Pisa	33 0	145 0
Montemayor (Spain).	222	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Valladolid, Medina del Campo, and Sala- manca (34 h.), carriage (10 h.)	44 0	185 0
Montmirail- Vacqueiras	222	P. L. M., <i>viâ</i> Lyons, Valence, and Orange (15½ h.), carriage (1½ h.)	17 0	80 40
Motte (La) ...	179	P. L. M., <i>viâ</i> Dijon, Macon, Gre- noble, and St. George (13 h. 54 m.), carriage (2 h. 40 m.) ...	16 34	80 25
Munich	225	E. of F., <i>viâ</i> Strasburg, Kehl, Stuttgart	36 0	93 30
Nantes	228	W. of F., <i>viâ</i> Le Mans	17 30	48 75
Naples (Italy) ...	227	P.L.M., <i>viâ</i> Mont Cenis, Genoa, Rome	47 45	223 85
Neuheim (Hessen).	230	E. of F., <i>viâ</i> Forbach, Binger- brück, Frankfurt	16 20	88 0
Neuenahr ...	230	N. of F., <i>viâ</i> Erquelines, Cologne, Remagen	12 30	64 75
Neris (Allicr) ...	229	Orleans Railway, <i>viâ</i> Vierzon- Bourges to Chamblet (8 h. 45 m.), thence by carriage (45 m.)	9 30	43 0
Nice	232	P.L.M., <i>viâ</i> Lyons and Marseilles	21 27	133 20
Niederbronn (Alsatia).	234	E. of F., <i>viâ</i> Strasburg	12 40	60 85

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			H. M.	Fr. cts.
Oeynhauscn (Germany).	239	N. of F., <i>viâ</i> Erquelines, Cologne, and Düsseldorf ...	17 0	76 75
Ofen(Buda-Pesth, Hungary).	239	E. of F., <i>viâ</i> Strasburg, Munich, and Vienna ...	60 0	180 0
Olette (Pyrenees)	240	P. L. M., S. of F., <i>viâ</i> Lyons, Taraseon, Narbonne, and Prades (21 h. 30 m.), carriage (2 h.) ...	23 30	122 30
Ontaneda y Al- ceda.	240	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Venta de Baños and Penedo (36 h. 50 m.), carriage (1½ h.) ...	38 20	160 0
Palermo ...	241	P.L.M., <i>viâ</i> Mont Cenis, Genoa, Rome to Naples (46½ h.), thence by steamer (10 h.) ...	66 15	239 25
Panticosa (Spain.)	245	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Alsásua, Saragoza, Tar- dienta and Huesca (32 h. 10m. carriage, <i>viâ</i> Jaca (9 h.) ...	41 10	225 10
Pau (Pyrenées)	248	S. of F., <i>viâ</i> Bordeaux, branch at Dax ...	17 20	101 0
Pfaeffers St. Gallen).	252	E. of F., <i>viâ</i> Basle and Ragatz (22 h. 30 m.), earriage to Pfaeffers (45 m.) ...	23 15	81 60
Pierrefonds (Oise)	252	N. of F. to Compiègne (1½ h.), thence by carriage (1 h.) ...	2 30	12 0
Pietrapola (Corsica).	253	P. L. M. and C. G. T. steamer, <i>viâ</i> Marseilles and Bastia (35 h.), earriages, <i>viâ</i> Miggli- acciario (13 h.) ...	48 0	164 30
Pisa ...	253	P.L.M., <i>viâ</i> Genoa ...	34 30	147 75
Plombières (Vosges). ...	255	E. of F. line to Mulhouse, branch- ing at Port l'Atelier to Aille- villers, and at Aillevillers to Plombières (10 h.) ...	10 0	45 0
Porretta (La) (Italy).	257	P. L. M., <i>viâ</i> Mont Cenis, Turin, Parma, Modena, Bologna ...	31 0	163 55
Pougues (Nièvre).	259	P.L.M. Bourbonnais line ...	5 0	29 70
Prague ...	260	E. of F., <i>viâ</i> Strasburg, Kehl, Würzburg ...	38 0	130 80
Preste (La) (Pyrenees).	260	S. of F., <i>viâ</i> Perpignan (18h. 45m.), thence by carriage (5 h.) ...	23 45	145 0
Puda (La) (Spain).	261	P. L. M. and S. of F., <i>viâ</i> Lyons, Taraseon, Cette, Portbou, Bar- celona, and Olesa (31 h. 52 m.), earriage (½ h.) ...	32 22	189 85
Pymont (Waldeck).	262	N. of F., <i>viâ</i> Erquelines, Cologne, Elberfeld, Soest, and Alten- becken ...	18 0	84 30
Pistyan or Pöst- jén (Hungary).	253	E. of F., <i>viâ</i> Strasburg, Munich, Vienna, Pressburg and Tyrnau ...	45 10	190 90
Ragatz-Pfeffers (Switzerland).	264	E. of F., <i>viâ</i> Basle-Zürich, Rap- perswyl and Sargans ...	1 31	83 70

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			h. m.	Fr. cts.
Ravone in Casa- glia (Italy).	265	P.L.M., <i>viâ</i> Mont Cenis, Turin, Alessandria, Piacenza, Reggio, Modena	29 30	137 80
Recoaro (Venetia)	266	P.M.M., <i>viâ</i> Mont Cenis, Turin, Milan, to Vicenza (30 h. 45 m.), thence by carriage (4 h.) ...	34 45	115 0
Reinerz (Silesia)	267	N. of F., <i>viâ</i> Cologne, Hanover, Magdeburg, Leipzig, Dresden, Chotzen, Nachod (38 h. 10 m.), diligence (2½ h.)	40 40	179 70
Rheinfelden ...	268	E. of F., <i>viâ</i> Mulhouse and Basle to Rheinfelden	13 0	65 0
Rippoldsau (Baden).	270	E. of F., <i>viâ</i> Strasburg, Offen- burg and Wolfach (13 h. 40 m.), diligence (2 h. 20 m.)	16 0	72 40
Rome	273	P.L.M., <i>viâ</i> Mont Cenis, or Mar- seilles, Nice, Genoa, Pisa ...	33 0	185 0
Rotterdam ...	276	N. of F., <i>viâ</i> Maubeuge, Brussels, Antwerp	14 15	64 40
Roucasblanc (France).	277	P.L.M. to Marseilles (16 h.), thence by carriage (30 m.) ...	16 30	107 0
Rouzat (Auvergne).	277	P.L.M. to Rome (1 h. 45 m.) omnibus to Rouzat (30 m.) ...	2 15	9 35
Royat	277	P.L.M. Bourbonnais line <i>viâ</i> Clermont Ferrand	9 30	73 0
St. Alban (France).	280	P. L. M., Bourbonnais line, <i>viâ</i> Nevers, Moulins, and Roanne (9 h. 30 m.), carriage (1 h.) ...	10 32	53 85
St. Amand (France).	281	N. of F., <i>viâ</i> Amiens and Va- lenciennes	6 53	31 25
St. Christau (France).	282	O. and S. of F., <i>viâ</i> Bordeaux, Pau, and Oléron (21 h.), car- riage (45 m.)	21 45	105 75
St. Gervais ...	282	P.L.M. to La Roche-sur-Foror (12 h. 27 m.), thence by dili- gence (6 h.)	18 27	95 0
St. Honoré ...	282	P.L.M. Bourbonnais line to Ne- vers to Cercy-la-Tour, Vande- nesse (7 h. 50 m.)	7 51	40 0
St. Laurent (France).	283	P. L. M., <i>viâ</i> Nevers, and La Bas- tide (16 h. 42 m.), carriage (1½ h.)	18 13	77 75
St. Moritz (Engadine).	284	E. of F., <i>viâ</i> Belfort and Basle to Coire (23 h.), carriage to St. Moritz (11 h.)	34 0	130 60
St. Nectaire ...	285	P.L.M. Bourbonnais line to Coudes (10 h. 20 m.), thence by carriage (2 h.)	12 20	58 0
St. Raphael (Riviera).	286	P. L. M., <i>viâ</i> Lyons, Marseilles, and Toulon	19 30	130 20
St. Sauveur ...	286	S. of F., <i>viâ</i> Bourdeaux, branch- ing at Lourdes for Pierrefitte (19½ h.), carriage to St. Sau- veur (1½ h.)	21 0	115 0
San Giuliano (Italy).	293	P. L. M., <i>viâ</i> Mont Cenis, Genoa, and Pisa	31 0	136 70

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			<small>h. m.</small>	<small>Fr. cts.</small>
San Remo ...	294	P.L.M., <i>viâ</i> Marseilles-Ventimiglia or <i>viâ</i> Mont Cenis ...	25 20	140 0
Sacedon (Spain)	279	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Valladolid, Madrid and Guadalajara (38 h. 45 m.), carriage (4½ h.) ...	43 15	266 65
Sail-les-Bains (France).	280	P. L. M., Bourbonnais line, <i>viâ</i> Nevers, Moulins, St. Germain les Fossés, St. Martin d'Estréaux (8 h. 50 m.), carriage (1 h.) ...	9 50	49 90
Sail-sous-Couzan (France).	280	P. L. M., Bourbonnais line, <i>viâ</i> Nevers and Clermont-Ferrand ...	12 10	61 95
Salies de Béarn (Pyrenées).	288	O. and S. of F., <i>viâ</i> Bordeaux, Dax, and Pujoo (15 h. 45 m.), carriage (45 m.) ...	16 30	96 25
Salins (France)...	288	P. L. M., <i>viâ</i> Dijon, Dôle, and Mouchard ...	10 55	49 45
Salins-Moutiers (Savoy).	289	P.L.M., <i>viâ</i> Dijon, Chambery, and St. Pierre to Albertville (16½ h.), thence carriage (3 h.) ...	19 30	85 35
Salzbrunn (Silesia)	290	N. of F. <i>viâ</i> Cologne, Hanover, Berlin and Altwasser (33 h. 30 m.), diligence (30 m.) ...	34 0	160 37
Salzburg (Austria)	290	E. of F., <i>viâ</i> Strasburg, Bruchsal, Ulm, Augsburg, Munich ...	25 55	95 30
Salzungen (Thuringia)	290	E. of F., <i>viâ</i> Saarbrücken, Frankfurt, Bebra, Eisenach ...	23 40	111 35
Santa Agueda (Spain)	296	O. and S. of F. <i>viâ</i> Bordeaux, Irun, Tolosa, Zumarraga (20 h. 11 m.), diligence (4 hours).	24 11	126 35
Saragoza ...	298	O. and S. of F., <i>viâ</i> Bordeaux, Irun... ..	35 5	184 30
Saxon (Switzerland).	300	P. L. M., <i>viâ</i> Dijon, Lausanne, St. Maurice, and Martigny ...	17 53	73 55
Scheveningen	300	N. of F. <i>viâ</i> Brussels Antwerp and the Hague	10 0	50 0
Schinznach ...	301	E. of F., <i>viâ</i> Belfort, Basle, and Aarau	17 0	71 30
Schlangenbad	302	E. of F., <i>viâ</i> Metz, Forbach, Bingerbück, Eltville (11 h.), thence by carriage (1 h.)	19 10	75 20
Schwalbach ...	305	Same itinerary as above to Eltville, carriage (2 h.)... ..	20 0	76 40
Schwalheim (Germany) ...	304	E. of F. <i>viâ</i> Saarbrücken, Mayence, Frankfurt s/m, Nauheim (16 h. 30 m.), diligence (30 m.) ...	17 05	89 60
Sermaise ...	309	E. of F., <i>viâ</i> Eprenay and Châlons-sur-Marne	5 12	28 40
Seville ...	309	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Madrid, Cordoba ...	56 5	256 0
Siradan (Pyrenees).	311	O. and S. of F., <i>viâ</i> Bordeaux, Montréjean Saliehan (19 h. 45 m.), carriage (¾ h.)	20 15	119 35
Soden ...	313	E. of F., <i>viâ</i> Saarbrücken, Bingerbrück, Frankfurt and Soden	19 30	80 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
			h. m.	Fr. cts.
Spa	315	N. of F., <i>viâ</i> Erquelines, Namur, Liège, to Pepinster and Spa ...	8 27	44 75
Spezzia (Italy)...	316	P.L.M., <i>viâ</i> Genoa, stop at Spezzia	28 6	130 40
Strasburg ...	318	E. of F., <i>viâ</i> Nancy	11 8	61 35
Stuttgart ...	319	E. of F., <i>viâ</i> Strasburg-Kehl ...	17 15	83 50
Sulzbach ...	320	E. of F., <i>viâ</i> Nancy and Saverne	11 50	59 25
Sulzbach (Alsatia).	320	E. of T., <i>viâ</i> Strasburg, Colmar and Wulbach (12 h. 40 m.), diligence (30 m.)... ..	13 10	70 10
Sulzmatt (Alsatia).	320	E. of F., <i>viâ</i> Nancy, Strasburg, Saverne and Ruffach (13 h. 30 m.), diligence (50 m.) ...	14 20	65 90
Szkleno (Hungary).	322	E. of F., <i>viâ</i> Strasburg, Munich, Vieuua, Pesth, Garam-Ber- zenze (47 h. 10 m.), carriage (2½ h.)	49 40	243 85
Szliác (Hungary).	323	E. of F., <i>viâ</i> Strasburg, Munich, Vienna, Pesth and Altsohl ...	46 20	235 37
Tabbiano (Italy)	324	P.L.M., <i>viâ</i> Mont-Cenis, Turin, Alessandria, Borgo San Do- mino (25 h. 48 m.) carriage (½ h.)	26 18	130 45
Tarasp (Schülz)	324	E. of F., <i>viâ</i> Belfort, Basle, Zürich to Coire (23 h.), thence by carriage (1½ h.)	34 30	112 0
Teplitz - Schö- nau.	327	E. of F., <i>viâ</i> Strasburg, Stuttgart, Würzburg	32 0	145 50
Teplitz - Trenc- zin (Hungary).	334	E. of F. <i>viâ</i> Strasburg, Munich, Vienna, Pressburg, Trenczin (41 h. 40 m.), carriage (1 h. 20 m.)	43 0	195 60
Tercis (Pyrenees)	326	O. and S. of F., <i>viâ</i> Bordeaux, Dax (15 h. 5 m.), carriage (1 h.)	16 5	92 30
Trescore (Italy)	334	E of F., <i>viâ</i> Basle, Lucerne, Ber- gamo, Gorlago (26 h. 48 m.), carriage (½ h.)	27 18	128 15
Trillo (Spain) ...	335	O. and S. of F., <i>viâ</i> Bordeaux, Irun, Burgos, Madrid, Matilla (40 h. 21 m.), carriage (4 h.) ...	44 21	219 45
Trouville ...	335	W. of F. to Trouville	6 0	27 10
Turin	337	P.L.M., <i>viâ</i> Mont Cenis	21 30	100 20
Urberoaga de Alzola (Spain)	339	O. and S. of F., <i>viâ</i> Bordcaux, Irun, Zumaraga (20 h. 11 m.), carriage <i>viâ</i> Vergara (3½ h.) ...	23 41	129 35
Uriage	339	P.L.M., <i>viâ</i> Lyons to Gières, Uriage (13 h. 40 m.), omnibus (40 m.)	14 20	89 0
Ussat	340	O. and S. of F. to Tarascon (19 h.), thence by carriage (3 h.)	22 0	101 0

Name of Station.	Page.	Mode of Travelling.	Time.	Price.
Valdieri (Italy)...	341	P.I.M., <i>viâ</i> Mont-Cenis, Turin, Coni (28 h. 30 m.), carriage (4½ h.) ...	H. M.	Fr. ets.
Vals ...	342	P.L.M., branch at Livron to Vogue, Vals ...	33 0	116 05
Venice ...	344	P.L.M., <i>viâ</i> Mont Cenis, Turin, Milan ...	16 42	87 30
Vernet Le ...	344	S. of F. to Perpignan and Prades (18 h. 45 m.), thence by car- riage (2 h. 20 m.) ...	33 53	149 60
Vevey ...	345	P. L. M. <i>viâ</i> Pontarlier and Lausanne ...	21 5	136 90
Vichy ...	346	P.L.M., Bourbonnais line ...	13 0	65 90
Vic sur Cère (France)	346	P.I.M. and O., <i>viâ</i> Nevers, Cler- mont-Ferrand, and Arvant ...	7 26	45 5
Vienna ...	347	E. of F., <i>viâ</i> Strasburg, Kehl, Munich, Salzburg ...	14 50	61 70
Vinadio (Italy)...	349	P.L.M., <i>viâ</i> Lyons, Turin, and Coul (6 h.) carriage ...	27 0	154 70
Visos (Pyrenées)	350	O. and S. of F., <i>viâ</i> Bordeaux, Tarbes, Pierrefitte (20h. 45m.), carriage (2 h.) ...	23 0	120 05
Viterbo (Italy) ...	350	P.L.M., <i>viâ</i> Mont-Cenis, Turin, Genoa, Florence, Orte (40 h. 46 m.), carriage (2½ h.) ...	22 45	109 30
Vittel ...	350	E. of F., Naney, <i>viâ</i> Langres and Chalendrey ...	43 16	192 0
Vöslau (Austria)	351	E. of F., <i>viâ</i> Strasburg, Kehl, Stuttgart, Munich, Salzburg, and Vienna ...	8 30	53 80
			27 45	156 95
Warmbrunn (Silesia).	353	N. of F., <i>viâ</i> Cologne, Hanover, Sorau, Kohlfurt, Hirschberg (31 h. 30 m.), diligence (45 m.)	32 15	155 60
Weilbach ...	354	E. of F., <i>viâ</i> Metz, Forbach, May- ence, Frankfurt to Flörsheim (17 h. 30 m.), thence by ear- riage (10 m.) ...	15 0	79 80
Weissenburg (Switzerland).	354	P.L.M., <i>viâ</i> Pontarlier, Neucha- tel, Berne, Thune (15 h. 35 m.), carriage (3 h. 30 m.) ...	19 5	81 05
Wiesbaden ...	356	E. of F., <i>viâ</i> Metz, Forbach, Mayence ...	15 0	73 05
Wildbad... ..	357	E. of F., <i>viâ</i> Strasburg, Carls- ruhe, Pforzheim... ..	16 0	76 20
Wildungen ...	358	N. of F., <i>viâ</i> Erquelines, Namur, and Marburg ...	19 10	97 12
Woodhall Spa	359	From London by Great Northern	4 0	
Zürich	364	E. of F., <i>viâ</i> Belfort, Basle ...	18 8	73 55

CLASSIFICATION.

INDIFFERENT WATERS.

Abensberg	Grandril	Moselli
Alcala del Rey	Guitera	Nclefina
Arapataka	Hamam el En	Niederwe
Badenweiler	Hamam de Gabes	Nieratz
Banyuls-sur-mer	Hévitz	Nocera
Barestrand-Syssel	Hing Tchon	Nook
Bejar	Iceland	Oberlahnstein
Bekecs	Ilmenau	Oionn-Schkakna
Berka	Ischia	Orebro
Berthemont	Job	Orense
Bikszád	Jose	Oroslau
Bormio	Kács	Pelagio
Boudes	Kaissariani	Perruches
Bourg d' Oisans	Kirstenpils	Petersthal
Bray	Kis-Kalau	Pfaeffers
Bronia	Kleinengstingen	Pietra
Bulgnéville	Kostreinitz	Pont de Bared
Burgos	Krumbach	Plombières
Casamicciola	Landetta	La Preste
Caldas de Bohi	Laubbach	Rajecz-Teplicz
Castenar de'i Bor	Lauterberg	Ragatz
Caxamarca	Lavardens	Renaissou
Ceylon	Leprese	Rieumajou
Chambon	Lès	Römerbad (Austria)
Chaumont	Leszina	Romagna
Chichimequilo	Lidja	Rombole
Como	Lierganes	Rosheim
Condillac	Leutstetten	Röthelbad
Coudes	Limpach	Rothenburg
Craveggia	Loka	Rudolstadt
Cusset	Lucainena de la Torres	Säckingen
Daruvar	Lund	Sandorsprings
Pieuleft	Lutraki	Salah Bey
Diezgo	Madagascar	San Vigon
Dinkhold	Madonna di tre Fiumi	Sausillonges
Dinsdale Low	Mallow	Saute Vaux
Divonne	Martigny-lez-La-	Scay
Eimbeck	marché	Schöngau
Empfing	Marat	Schûls
Enn	Mayres	Schwalheim
Erlau	Mazel (Le)	Schlackenbad
Foucaude	Milo	Schlangenbad
Fourchambault	Moingt	Sermaise
Fuente de Piedra	Molina de Aragon	Seraglio
Gainfahn	Monestier de Clermont	St. Blasien
Gastein	Monestier de Briancon	St. Georgen
Geisslingen	Montione di Piombino	St. Lucia
Gräfenberg	Montol	St. Roman le Puy

INDIFFERENT WATERS—*continued.*

St. Simon	Teruel	Visibachbad
St. Yorre	Tissieres	Vöslau
Sutinsko	Tönnistein	Vilsbiburg
Sztubicza	Topolschitz	Waldbad
Tannenbrunnen	Topuczko	Warmbad
Tapolcza	Tobelbad	Weissbad
Tatenhausen	Tüffer	Wildbad
Teplitz-Schönau	Valleron	Yverdon

ALKALINE WATERS.

Abach	Borsa	Fachingen
Adelholzen	Boudes	Fällorne
Acqua-Bolle	Boulou, Le	Falú-Szlatina
Ajnacskö	Bouquéron	Fellathal
Alfáro	Bruunenthal	Felső-Visso
Al-Gyögy	Budis	Ferranche
Alica	Bussang	Flue
Allegrezza	Cabeca da vida	Fonga
Almeida	Caccio-Cotto	Fonfrede
Alsásua	Caldas de Malavella	Fontenelle
Alt-Haide	Caldas de Oviedo	Ficoncella
Alt-Tura	Caldini	Fousaudies
Almeida	Calvello	Forges-les-Bains
Anagni	Cambo	Fortyogó
Apollinaris	Camoins	Franzensbad
Aribe	Caprenne	Gardinière
Aspio.	Capvern	Garris
Attisholz	Carcanières	Gehringswalde
Atya	Casciano (San)	Geilnau
Aulus	Castelletto d'Orba	Giesshöbl
Babálfuente	Castera Verduzan	Gigonza
Baden-Baden	Caz di Bagno	Gisi
Bagnères de Bi-	Chaudes-Aigues	Giunco-Marino
gorre	Cinciano	Goldbach
Bagni-a-Morba	Citára	Göppingen
Bagno d'Apollo	Clifton	Goschwitz
Bagnoli	Collioure	Grabalos
Bagnolino dei Rhachi-	Contrexéville	Guagno
tici	Cotone	Gythium
Bains, near Arles	Deutsch-Kreutz	Hackelthal
Baldóc	Diós-Györ	Haj-stubna
Balzach	Disznopáta	Haldenstein
Bañolas	Dizenbach	Hambach
Baños	Doktorka	Harkanyi
Barzun	Dolha	Heilige-kreuzbad
Belascoin	Dombhát	Heilstein
Belleriève	Dorfbad	Helenskilde
Benedekfálva	Douai	Heppingen
Benetutti	Draitschbrunnen	Hervideros del Empe-
Benyus	Dubowa	rador
Beschaubaths	Dubrawa	Holbeck
Bilarzais	Egerdach	Holzhausen
Bilén	Ems	Houches, Les
Bisztrá	Ermetzschwyl	Hovingham
Bodok	Escaldas, Les	Ibero
Boesing	Essentuk	Jacintos
Bondonneau	Estadilla	Jannicza
Borra	Evian	Jobsbad

ALKALINE WATERS—continued.

Johannisbad	Nuestra Sa de las	Sebastianweiler
Kautitz	Mercedes	Shap
Kastenloch	Obertiefenbach	Sid
Keruly	Ontaneda y Alceda	Sierra Alhamilla
Kis-Sáros	Olette	Sieta Aguas
Kleiuingen	Oni	Sigliano
Knarborough	Ormaiztegui	Sinzig
Kochel	Osztrovsk	Solan de Cabras
Konopkowka	Paracuellos de Gilloca	Spital
Krähenbad	Pergine	Sulz
Krapina-Töplitz	Pietrapola	Sulzmatt
Krynica	Pigna	Szaldobos
Kugclbad	Pistyan	Szaploncza
Kuppis	Pizzofalcone	Sziuye-Lipócz
La Caldare	Planchamps	Szkeno
Lacanne	Polena	Szko
Lalliaz	Ponts (Les)	Tarasp
Landskron	Pougues	Teinach
Laugenau	Preblau	Telgart
Leccia	Prelo	Tenos
Leissigen	Rio-Meo	Tennstadt
Levana	Riva-los Baños	Teplitz-Schönan
Lienzmühl	Rivera	Thingö-Syssel
Lipari	Roccabigliera	Töplika
Losdorf	Rodna	Tresclaix
Lubien	Roigheim	Tschawitz
Lucan	Römerbad (Switzer-	Tübingen
Lucainena	land)	Unterbad
Lucca	Röslbad	Urberoaga de Uhill
Luxburg	Royat	Urnäschen
Macerrato	Sacedon	Usson
Madonna à Papiano	Sail sous-Couzan	Vaisse
Malmédy	St. André	Valdieri
Malvern	St. Amand	Valdorf
Marbella	St. Bonnet	Vals
Merens	St. Galmier	Varrazano
Metyline	St. Honoré	Vellebro
Miemo	St. Jean d'Aulph	Vetzel
Miers	St. Laurent	Vichy
Mirabello	St. Loubouer	Villa delle Caselle
Montanejos	St. Nectaire	Villafafila
Monthrison	St. Parize	Villatoya
Mont-Dore	St. Thomas	Vittel
Moingt	St. Vallier	Visos
Molitz	Salzbrunn	Vrécourt
Montafia	San Georgen	Walby-Brunnen
Montbarri	Sau Guiliano	Warmbrunn
Nave dell' Inferno	San Juan de Azcoitia	Weilbach
Nammen	San Vicens	Wildungen
Neris	Sault	Wipfeld
Neuenahr	Saxe	Wolfs
Neu-Ragoczi	Schelesna-Wodsk	Wolfsegg
Neuschmécks	Schimberg	Zagwera
Neuville-lez-la-Charité	Schmécksz	Zaidivar
Novelda	Schwalbach	Zaisenhausen
Niederselters	Schums	Zea
Noceto	Scsavnik	Zujor
Nuestra Sa de Abellá	Selters	Zürich

ALKALI-SALINE WATERS.

Adolfsberg	Fosso degli Ontani	Passugg
Assmannshausen	Franzensbad	Peiden
Badstufuhver	Gaberneg	Pötschnig
Bagui (Acqua di)	Godesberg	Prutzerbad
Bagni à Baccanella	Gross-Schlagendorf	Querczola
Bagno Fresco	Gyüzy	Reinerz
Barèges	Hanau	Requena
Bertrich	Heiligeckrenzbud	Riedbad
Bilin	Hofgeismar	Roisdorf
Blumenstein	Ischia	Rolle
Blumcutthal	Irno (Valley of the)	Rita
Boll	Isla de Losio	Rocca San Felice
Borschom	Josza	Royat
Borszek	Karlsbad	St. Laurent
Brides	Kis-Czeg	St. Vincent
Brussa	Kathariuenbad	Salceti
Brüttalen	Kirchberg	Salice
Bykowicz	Kislovodsk	Sandrocks
Caldiero	Klein-Chocholna	Sangerberg
Camarès	Kobersdorf	Schwarzenberg
Caprifico di Valaspra	Koraszna	Sclafani
Capuchina	Kronthal	Serapis-Temple
Catena	Kungara	Sierra Alhamilla
Chitiguano	La Malou	Siete Aguas
Chiusa di Monaci	Landeck	Sisso
Coma de Narrines	Lanjarron	Sobron
Concepcion de Peralta	Langenberg	Sousas y Caldellinas
Cotto	Liebenzell	Stoika
Czigelka	Liebwerda	Suliguli
Digue	Lochbachbad	Szátóz
Dombhát	Luhatchowitz	Szczawnicza
Dreykirchen	Luhí	Szolyva
Dubograedsk	Marienbad	Teplitz-Schönau
Ebriach	Mehadia	Ueberkingen
Elster	Mende	Vale-Vinului
Enatbühl	Monte-Ortone	Valle de la Cueva
Epidaurus	Niederselters	Velejte
Evaux	Nocto	Vicarello
Fclines	Ober-Rauschenbach	Vichy
Felso-Neresznicze	Ober-sclters	Vidago
Fonfrede	Olah Szt. György	Villaviciosa
Fläsch	Oleuyova	Weissenburg
Fordel	Orel	Wenzelsbad
Fossino	Oni	Wiesbaden

BITTER (ACIDULATED) WATERS.

Abdalagis	Antequera	Busk
Acqua-Santa-di-Buyhuto	Aranjuez	Buzot
Alap	Argentona	Cabeza del Buey
Albaladejo	Arenosillo	Calauas
Alhama de Aragon	Ascoli	Calzadia de Calatrava
Alhama la Seca	Banos del rio Pisuergra	Cambo
Alicum	Bari	Canaveilles
Almagro	Bellus	Casale
Almeria	Birmansaor	Cefalú
Alsó-Sebes	Boras	Cheltenham
Anguillara	Braque	Chiclana
	Burgberghcim	Chinchon

BITTER (ACIDULATED) WATERS—*continued.*

Corenc	Jabalenz	St. Boes
Dardagni	Jaen	St. Christau
Dubograedsk	Jood	Saidschütz
Elisabeth-Salz-	Kilburn	San Adrian y la Losilla
baths	Kirehbrunnen	Santa Ana
Epidaurus	Kleibern	Sarepta
Eppingen	Kreuth	Sasso di Maremma
Epsom	Lepanto	Sedlitz
Felső-Alap	Ligurio	Soulieux
Foradade	Linares	Spital
Frailes y La Rivera	Loujo	Steinwater
Friedrichshall	Mala	Strcatham
Galthof	Mara	Stuben
Georgenbad	Mergentheim	Tardon
Gigondas	Montmirail	Torre Annunziata
Ginoles	Nanelares	Tür
Glenn Sulphur Springs	Nebouzat	Vacia Madrid
Gran	Niedernan	Valle de Rivas
Herg	Oelves	Velleminfroy
Hermione	Ofen	Vescovo
Hervideros de Carrion	Olliergues	Viallavieja
Heustrieh Bad	Orel	Villaharta
Hildegard-Brunnen	Outrancourt	Villar del Pozo
Hunyady-Yános	Püllna	Vilo or Rosas
Ivanda	Quinto	Zwieselsalpe

SALINE WATERS.

Abas-Tumam	Arnedillo	Berg
Aboukir	Arnstadt	Beringerbad
Abzac	Arpad	Betelu
Acquæ-Albulæ	Artejo	Bex
Aequa-Santa	Artern	Birkenfeld
Aequæ-Subreni-	Arzilhe	Bleichbad
Homini	Aseoli	Bobbio
Adelheidsquelle	Ashby-de-la-Zouche	Bodenfelde
Adorf	Astrakan	Bonar
Aegina	Augustusbad	Borines
Agnano	Aussee	Borkút
Ahiolo	Availles	Borla
Aigle	Baassen	Boulogne-sur-Mer
Aineelle	Baeskó-Rahó	Bourbon l'Archeam-
Ain-noniey	Baden-Baden	bault
Airthrey	Bagnères de Bi-	Bourbon-Lancy
Aizeorri	gorre	Bourbonne-les-Bains
Alange	Bagnat, Le	Bourboule, La
Albano	Bagnos	Bramstadt
Aleantuz	Bains de la Reine	Bridge of Earn
Alienn	Balaruc	Brughéas
Alkná-Szlatina	Baldini	Buea dei Fori
Almamezö	Balta Alba	Budimir
Alveneu	Baltzatesti	Bugarin
Amélie-les-Bains	Balyspellan Spa	Builth
Andabre	Baraei	Burnham
Antrim Spa	Bastennes	Busk
Arborne	Battaglia, La	Buzot
Archena	Bebra	Caldanella di Cam-
Archevaleta	Bejar	piglis
Arenosillo	Belinchon	Caldas de Besaya

SALINE WATERS—*continued*.

Caldas de Estrac	Filey	Katharsion
Caldas de Mombuy	Fitero	Kerö
Caldas da Rainha	Fousalade	Keuchreæ
Caldas de Tuy	Fontaccia	Kimpalungi
Caldillas de San Miguel	Fonté	Kissingen
Canillejas	Forbach	Kondrau
Cannstadt	Fordignano	Königsborn
Carballo	Fortuna	Königsdorf-Jastr-
Carballino	Frankenhansen	zembis
Casares	Frankfort-on-Maine	Koroud
Casa Stronchino	Friedsrichroda	Korynica
CasinodelleCurrigliane	Fuente del Fresno	Kosia
Casiola	Galaxidion	Kösen
Castellamare	Garriga (La)	Köstritz
Castiglione	Garde de Bio	Krankenheil
Castel San Pietro	Gebangan	Kreuznach
Castro-Caro	Gerace	Kronberg
Cestona-guczalaya	Gleissen	Kronthal
Cave	Gloucester	Kythmos
Chaldette, La	Gmunden	Laer
Charlottenburg	Goczalkowitz	La-Malou
Chatel-Guyou	Grosskarben	La-Motte
Chatenois	Grull	Langenbrücken
Cheltenham	Gnarda-vieja	Lauchstadt
Chazam	Gnillon	Laarion
Chinchilla	Günthersbad	Leamington
Ciechocinek	Hall (Anstria)	Lemnos
Cipollo	Hall (Tyrol)	Lesbos
Colberg	Hall (Württemberg)	Les Salins
Corcoles	Halle	Letantus
Cormus	Hallein	Limmer
Cos (Island)	Hammam-Melouan	Lindenholzhaus
Crieff	Hammam-Meskutin	Lipik
Daetlingen	Harrowgate	Llandrindod
Diemerigen	Harzburg	Llo
Dirce	Hellopia	Lons-le-Saulnier
Dofana	Helmstädt	Loujo
Domène	Helwan-les-Bains	Loreto
Dovadola	Hermida, La	Lu
Drennon Springs	Horcajo de Lucena	Lukhas
Droitwich	Hnbertsbrunnen	Lüneburg
Driburg	Hüttersbach	Luxenil
Drohobiz	Hypate	Layando
Drumgoon	Ikaria	Macviller
Dnnblane	Ildjak	Malahá
Dürrhein	Ilmenau	Malvern
Dürkheim an der	Imola	Maricnfels
Haardt	Innichen	Marsala
Eberbach	Inowrazlaw	Masino
Echaillon	Inselbad	Mehadia
Ecquevilly	Inverleithen	Meinberg
Elmen	Ischl	Melksbam
Ems	Ivoniez	Mezières
Erlanbad	Jaxtfeld	Moffatt
Entemia	Joanette	Molar, El
Farkas-Mezö	Jouche	Molinar de Carranza
Falso-Apsa	Jungbrunnen	Mouda
Felső-Bajom	Jurowla	Mondorf
Feredschik	Kalimanesto	Monegrillo
Filetto	Karlshafen	Monfalcone

SALINE WATERS—*continued.*

Mousão	Pymont	Saubuse
Montaleeto	Quinto	Saulce, La
Monte-Catini	Rabka	Saxon
Montegrotto	Raddusa	Schieder
Monzaio les Mines	Radeberg	Schmalkalden
Morgins	Radein	Schmeekwitz
Mortagone	Rapolano	Schönbeck
Münster a/ Stein	Rappenau	Segura
Nauheim	Redruth	Semur
Naples	Rehme	Sierk
Naxos	Ravone in Casaglia	Sodeu
Nefinah	Reeklinghausen	Soest
Neundorf	Reichenhall	Solares
Neuhaus	Retorbido	Sotteville
Neustadt a/ Saale	Rheinfelden	Spalato
Newtondale	Riando	Staraja-Rossa
Niederbronn	Rietenau	Staden
Niederhall	Riolo	Steinfurth
Nohanend	Rio-Mayor	Steinheyde
Oberhergern	Rio-Sordo	Stolypin
Oberladis	Rippoldsau	Stuben
Oeynhausien	Roggendorf	Suderode
Offenau	Rohitsch	Sulza
Okarten	Rodenberg	Sulzbach
Oldesloe	Rothenfels	Szalutnya
Orb	Rothenfelde	Talamonaecio
Osterfingeu	Rothsay	Temburg
Paipa	Rothwell	Tereis
Palazzolo	Roselle	Termignon
Pannanich	Roneas-Blanc	Termini-Imerese
Pantieosa	Rosswein	Termopylae
Páros	Rubinath	Terrasse
Paterna de la Riviera	Russwyl	Thermas
Paterna y Gigonza	Saarguemines	Thorpe Areh.
Paterno	Sack	Thermia
Peebles	Sadshütz	Thermas
Peiden	St. Blasien	Tiermas
Peleikitou	St. Genis	Titus, Bãnos de
Penna, La	St. Laurent	Torda
Perrière, La	Salces	Torpa
Pertino	Salies de Béarn	Torres-Vedras
Petriolo	Salies	Torretta, La
Pillo	Salins	Traishorloff
Pitkeathly	Salins-Montiers	Treseore
Pitigliano	Salonichi	Tritoli
Plan de Phazy	Salz	Truskawice
Plaue	Salzhausen	Tusnád
Platimang	Salzsehlirf	Ugód
Poggetti	Salzburg (Hungary)	Uriage
Poggibonzi	Salzungen	Ussat
Poggio-Rosso	Salzuffeln	Venafro
Polena	San Fedele	Vicoigne
Pontamafrey	San Juan de Campos	Victoria Spa
Pouillon	Santa Catalina	Vignale
Pozzuoli	Santa-Gonda	Vignolles
Préchac	Santa Restituta	Vinadio
Pré St. Didier	Santenay	Vinça
Pula, La	Saratoga	Vippach-Edelhausen
Puente-Viesgo	Sarepta	Volterra

SALINE WATERS—*continued*.

Vonitza	Wildegg	Windsor Forest
Wieliczka	Wimpfen	Wittkind
Wiesbaden	Wilhelmsbad	Woodhall
Wieseubad	Willoughby	Zajzon

BROMO-IODURATED WATERS.

Abano	Goezalkowicz	Radein
Adelheidsquelle	Grasville l'heure	Ravone-in-Casaglia
Airthrey	Greifswalde	Ronneburg
Baassen	Gréoulx	Rothelfelde
Bains de la Reine	Gross-Albertshofen	St. Genis
Balarue	Hall (Austria)	St. Jean d'Anlph
Beringerhad	Heehingen	Salies de Béarn
Bex	Heilbrunn	Salins
Boesko Raho	Iyoniez	Salzburg (Hungary)
Bondonneau	Kanitz	Saxon
Borkut	Königsdorff-Jas-trzembs	Soest
Bourbon l'Areham-bault	Krankeuheil	Sotteville
Bourbonne-les-Bains	Kreuznach	Staraja-Rossa
Bourboule, La	Leamington	Sulzbach
Casa Stronehino	Lu	Tatzmannsdorf
Castelnuovo	Luhaczowicz	Torda
Castro-Caro	Marlioz	Torpa
Challes	Molinara de Carranza	Valenza
Coise	Moudorf	Weilbach
Czigelka	Monfaleone	Wildegg
Dürkheim an der Haardt	Montecatini	Wimpfen
Felső-Alap	Münster am Stein	Woodhall Spa
Gazost	Pertino	Zajzon
	Rabka	

SULPHUROUS WATERS.

Abano	Aleamo	Arenosillo
Abas-Tuman	Aleeda	Argeles
Agireale	Alexandersquelle	Arino
Aequa-Santa	Alfaro	Armajolo
Aequa-Acidola	Alhama de Aragon	Arp
Aequa-Puzzolente	Alhama de Granada	Aseoli
Aequa-Raiueriana	Ali	Astroni
Acquē Albulae	Alicia	Athimonus
Aequi	Allevard	Ax
Adepsos	Allume	Azaraque
Aghaloo	Almás	Baccanella
Agnano	Almeida	Baden (Austria)
Aguas Calientes	Almeria	Badeu (Switzerland)
Aguas de Camangilas	Alora	Bagnères de Bigorre
Aguilar del Rio Alhama	Also-Sebes	Bagni-à-Aequa
Aias	Alveneu	Bagni-di-Craua
Aidos	Amélie-les-Bains	Bagno
Aitora	Anagui	Bagno-in-Romagna
Aix-la-Chapelle	Andeer	Bagnolles
AIX-LES-BAINS	Andujar	Bagnols
Alzcorri	Archena	Bains
Alaráz	Areges	
Alcafache		

SULPHUROUS WATERS—*continued.*

Bains near Arles	Caldas de Royes	Egartsbad
Bajfalú	Calliarhoë	Egbell
Balzach	Calw	Egelhof
Bande	Calzadilla	Ellabri
Banjaluca	Cambo	Elejabeitia
Barambio	Canal Grosso	Elorrio
Baraci	Carballo	Enatbüh
Barbazan	Carratraca	Enghien
Barbern	Casa Nuova	Escaldas, Las
Barèges	Casares	Escouloubre
Bari	Casciano	Escoriaza
Bath (Jamaica)	Casola	Eski-Scheber
Batignolles	Castellamare	Esparraguera
Battaglia, La	Castelleto Mascagni	Essentuk
Baza	Castelnuevo	Esteras
Beaucens	Castel San Pietro	Falkenberg
Bellas Agoas	Cauquedes	Feldalfig
Bellus	Cauterets	Feletekút
Bernstein	Ceciuela	Finceschti
Bertua	Cervera	Fiumorbo
Beschtau or	Challes	Fontaccia
Maschukabaths	Chaves	Fonté
Betelú	Cheltenham	Forstegg
Bivuto di Termini	Chianciano	Fortyogo
Blue Sulphur Springs	Choranche	Fuen-Alamo
Bobotsch	Christenhofsbad	Fuente del Toro
Bocklet	Chulilla	Fuente Amargosa
Boll	Citára	Fuente Sta. de Lorca
Bonn	Civillirno	Fuente St. de Gayangos
Bonneval	Civita Vecchia	Fuente Santa de Torrello
Borgo-Maró	Cocomiso	Fumades
Borines	Colombajo	Gadara
Bottaccio	Cordéac	Gafete
Bourtscheidt	Coronada	Gaieiras
Brága	Cortejada	Galera
Bramstadt	Cotone	Galleraje
Bräsa	Crailsheim	Gandesa
Bréb	Cucho	Garmyswyl
Bresigala	Cuervo	Gaviria
Bruca	Dagh Hamman	Gazost
Brussa	Dax	Georgenbad
Bucksore	Deux-Lots	Gerace
Budos	Dingolfing	Gergal
Budosto	Dirce	Gisland
Buenafuente	Disznopátak	Gleisslibergerbaths
Builth	Domène	Gmünd
Bujak	Dorres	Golaise, La
Buncome	Dotit	Golden Bridge
Bundoran	Dragomerfalva	Gori
Buschbad	Dronis Namullock, or	Graena
Busk	Drumsna	Gravalos
Butterby	Drumgoon	Grödeck
Buyères de Nava	Durenhof	Grosswardein
Caccio-Cotto	Dürrwangen	Gross-Wunitz
Cadéac	Eaux-Bonnes	Grüben
Calabor	Eaux-Chaudes	Guarda-vieja
Caldas	Ebed	Guesalivar
Caldas de Gerez	Ebningen	Guitiriz
Caldas de Nossa Sen-	Echzell	Gythium
hora	Edenkoben	Gyúzy

SULPHUROUS WATERS—*continued.*

Häbernbad
Halsbrücke
Hardeck
Harkanyi
Harrogate
Hechingen
Heckinghausen
Heiden
Heilige-kreuzbad
Hellin
Heliopia
Hélwan-les-Bains
Hermannsbad
Hermonville
Herrscha
Hervideros de Fuen
Santa
Heselwangen
Höhenstadt
Holbeck
Homok
Horn
Hozumezö
Hradiszko
Hypate
Iberg
Ilkeston
Inchaurte
Imola
Innichen
Ischl
Isola-Bona
Jabalruz
Jalova
Jamnicza
Janiszek
Jano
Jaraba
Jorullo
Joanctte
Kaiapha
Kalariaia
Kalimaneste
Kammietz-Podolsk
Karithena
Karpfen
Karytena
Kastanowka
Keked
Kemmern
Kerö
Killymard
Kimpolunga
Kiralyi
Kirchheim
Kirkilissa
Klemutzion
Klosters
Klutschewsk
Kornwestheim

Kosia
Kostendjil
Krevenish
Krzeszow
Kunda
Kunzendorf
Labassère
Laemoli
Lago d'Averno
Langassa
Langenbrücken
Laroche-Posay
Landeck
Lavey
Leamington
Lebetzoba
Ledesma
Lemnos
Lepanto
Lintzi
Lisbon
Lisdoonvarna
Llandwrtd
Loëches
Losa
Los Banos
Lu
Lucan
Luchon
Lugo
Luxburg
Macerato
Mád
Magyar-Szent-Lazlo
Malahá
Manilva
Marchena
Malnas
Marlioz
Marching
Maria in Bagno
Martos
Mehadia
Meidling
Meinberg
Mercantale
Methana
Miemo
Mingelsheim
Moffatt
Moggiona
Molar, El
Moncada y Reitach
Monchique
Montefiascone
Montemayor y Bejar
Monte-Ortone
Mscheno
Münsterberg
Muskau

Nenndorf
Nendorf
Neumarkt
Neusohl
Nevis
Nierstein
Nissyros
Nottingham
Nuestra Señora de las
Mercedes
Nydelbad
Obertiefenbach
Offenau
Okmé
Olette
Offenstein
Olmenhausen
Oldesloe
Olmütz
Olivera
Oloneschi
Ormaiztegui
Osthofen
Otschin
Parád
Pantalaria
Parada de la Achas
Páramo de Ruiz
Paterna y Giconza
Patmos
Penna, La
Peissenberg
Penáguila
Petriolo
Pierrefonds
Pietrapola
Piguieu
Pixigueiro
Poggetto-Theniers
Pomaret
Porretta, La
Portoria
Poschiavo
Pozo-Amargo
Pozzuoli
Pretiole
Psekups-springs
Puentanansa
Puzzichello
Quez
Raddusa
Rapoláno
Ratzes
Rede de Corvaçeira
Retorbido
Reutlingen
Reyrieux
Riedbad
Riga
Riolo

SULPHUROUS WATERS—*continued.*

Rio-Real	Scébruch	Thusis
Rio-Viuagre	Segesta	Tiflis
Rohnau	Segura	Tiormas
Romeyer	Sennfeld	Tobarca
Ronneby	Serboneschte	Torre de San Miguel
Rostona	Sergiewsk	Torres
Rothersey	Sibó	Trenczin-Teplitz
St. Cassieu	Sibitschndi-Sus	Trescore
St. Domingo	Sierra Elvira	Trillo
St. Genis	Sironabad	Ullersdorff
St. Gervais	Sitka	Unterhallau
St. Honoré	Skara-Chori	Urbalacone
St. Jean d'Aulph	Skleno	Urberoaga de Ubilla
St. Martin Lantosque	Slepzoff-Michaeloff	Uriage
St. Sauveur	Springs	Ussat
Salinetas	Smokobe	Valdieri
Salinillas	Smyrua	Vale-Szkragye
Salmas	Sombór	Valenza
Salvadora	Spag	Vernet, Le
Salonichi	Spalato	Vialla
Sandefjord	Sproffondo	Vignale
Sau Agustin	Stachelberg	Villacarillo
San Casciano	Starbeck	Villaro
San Genesio	Stolypin	Villanueva de Gallego
San Georgen	Strathpeffer	Villavieja de Nules
San Gregorio de Brozas	Sujo	Vinadio
San Michele	Swanlibar	Vinça
San Martino	Szent-Ivan	Visone
San Pedro do Sul	Szinyak	Viterbo
San Vicens	Szmrda	Vizella
Santa Agueda	Szobrancz	Voltaggio
Santa Barbara	Szombat-Falva	Voltri
Santa Cesarea	Talamonaccio	Warm Springs
Santa Filomena de	Talloires	Walby Brunnen
Gomillaz	Tabbiano	Weilbach
Sardara	Tamames	White Sulphur Springs
Saturnia	Telese	Wiesloch
Saudon	Tercis	Wildhausbad
Schinznach	Terme Luigiane	Wilhelmsbad
Schimberg	Termini Castorcale	Willoughby
Schmeckwitz	Termini-Imerese	Winterbach
Schmardau	Tcufen	Wittekind
Schwarzseebad	Thalgut	Wolfs
Schwefelbad	Thera	Yeste
Schwefelbergerbad	Thermopylae	Ycuzet
Sciaccia	Thuez	Zante
Scsavnik		

FERRUGINOUS WATERS.

Abbecourt	Acqua-Subreni	Albens
Aberayron	Adolfsberg	Alexisbad
Aberbrothwick	Ahiolo	Aliseda
Aberystwith	Ajnacső	Allezani
Abrabreses	Alahurin	Allume
Acqua-acetosa	Alais	Alnamezö
Acqua-Acidola	Alameda de Cervera	Altsohl
Acqua-Bolle	Albano	Altwasser

FERRUGINOUS WATERS—*continued*.

Alveneu	Bonar	Chateldon
Amphion	Bonnefontaine	Chatel-Guyon
Andabre	Bonnington	Chaufontaine
Antogust	Borra	Cheltenham
Arce, Les	Borrone	Chemille
Arcidosso	Borsaros	Chiatamone
Argentona	Bottaccio	Chiusa dei Monaci
Arlanc	Boulogne-sur-Mer	Chinciano
Ascoli	Bourasol	Civilliano
Asinalunga	Bourbon-Lancy	Clermont
Aspio	Bournemouth	Cleves
Athlone water	Braga	Combe-Girard
Audinac	Bramstadt	Contrexéville
Aucrbach	Brighton	Corneille de la Rivière
Augnat	Brownstown Spa	Corticella
Augustusbad	Brückenau	Couchon
Autenil	Brüttalen	Courmayeur
Baccanella	Budis	Courpière
Faczuch	Builth	Cours
Bagnaccio di Colom- bajo	Burnham	Courtomer
Bagno Rosselle	Burrone	Crailsheim
Bagnolino dei Rhachi tici	Busignargues	Crèche
Ballyspellan Spa	Bussang	Credo
Balnea d'Avignone	Buzias	Crol, Le
Baldóc	Cabez a del Buey	Cudowa
Barbazan	Caldini	Cuervo
Barberie	Calw	Czacko
Barbotan	Camarès	Czarskow
Bartfeld	Cambo	Daneverd
Bath	Campagne	Desaignes
Bauche, La	Candé	Desvres
Beaulieu	Candin	Dinau
Beauprean	Canena	Dios-Györ
Bela	Cannstadt	Dios-Jenő
Bellême	Caprifico de Valaspra	Dirdorf
Belloc	Caprenne	Disznopatak
Beuasque	Carlsbrunn	Dives
Benavente	Casnefouls	Dobberan
Ben Haroun	Castel-Connell	Dolha
Berg	Castel-jaloux	Domeray
Berencze	Castellamare	Dorfgeismar
Berg-Gilfshuehl	Castorcale	Dorna
Bernos	Castel San Pietro	Donai
Bernstein	Catania	Drahowa
Besenyőfalva	Cattenajà	Draitschbrunnen
Besse	Cauquedes	Driburg
Bétaille	Cayla, La	Drise
Bigorre	Cccinella	Drumrastel
Birkenfeld	Cedres	Duivon
Birlenbach	Celles	Durtal
Birresborn	Ceresole	Ebeaupin
Bisztrá	Cesalpino	Ebrich
Blanchemont	Cctona	Eckartsbrunnen
Bleichbad	Chabetout	Ecnillé
Bleville	Chapelle-Godcfroy, La	Eghegh
Blumenstein	Charbonnières	Einöd
Bocheggiano	Charlottenbrunn	Eisenbach
Boisse, La	Charlottenburg	Eisenberg
	Chateau-Gontier	El Hammam
	Chateaufneuf	Elba

FERRUGINOUS WATERS—*continued.*

Elizabethbath	Gortwa-Kisfalú	Imnau
Elöpathak	Gournay	Imola
Elster	Graena	Innichen
Engistein	Gramat	Inselbad
Erdöbenyc	Grandeysel	Islington
Erlachbad	Grasnawawoda	Ivanyi
Eruabrunnen	Grasville l'heure	Ivouicz
Escoriaza	Greifeuberg	Jacintos, de los
Espinoso del Rey	Griesbach	Jacobfalva
Evolcna	Griesbad	Jahodnika
Falciano	Grinneaux	Jalleyrac
Falkenberg	Grüben	Jamnicza
Falü-Szlatina	Grundhofen	Jaróslaw
Farette	Gurnigel	Jelen
Felső Neresznice	Gustafsberg	Jenatz
Felső-Visso	Halsbrücke	Joanette
Ferranche	Hambach	Johannisbad, nr. Mel
Ferreira	Hammam Rirha	Johannisbad, nr. P
Ficoncella	Hanau	dubitz.
Fideris	Hardeck	Johnstown
Flinsberg	Harrowgate	Jordansbad
Folkestone	Harsfalva	Josefsbad
Fonsaintc	Hartfelt	Kabolapolyána
Fonsrouillense	Harwich	Kainzenbad
Fontaigre or Sorède	Hassan-Pacha	Karlsruhe
Forcerai	Heckinghausen	Kaschin
Forges-les-Bains	Heiden	Kaudenbach
Forges-les-Eaux	Heiligenstadt	Kellberg
Fossino	Heinrichsbad	Kernly
Franzensbad	Heinrichbrunnau	Kilkenny College
Fraserburgh	Helenskilde	Kilrnsh
Freienwalde	Helmstadt	Kinsale
Freyersbach	Herse, La	Kiralymezö
Fuen-Caliente	Hermannsbad	Kis-Sarós
Fuente-Sublantina	Heruösaud	Klaussen
Gaberneg	Hervideros de Fon-	Klein-Chocholna
Gabian	tillesca	Klieningen
Gagliana	Hervideros de Fuen	Knutwyl
Gais	Santa	Kobersdorf
Galway Spa	Hervideros de Villar	Königswarth
Garryhill Spa	del Pozo	Korsow
Gava	Hencheloup	Korytnica
Gavorrano	Hinnewieder	Kötschenowa
Geilnau	Hofgeismar	Kronberg
Genestelle	Hohenberg	Krzesow
Gerace	Hohenstein	Kugelbad
Geroldgrün	Holywell	Kunzendorf
Giglio	Hollywood	Kuppis
Giunco Marino	Homburg	Labestz Biscaya
Glaine-Montaigut	Homok	Lacvillers
Glanagarin	Homorod	Lago d'Averno
Gleichenberg	Horley-Green	Laifour
Gleissen	Horn	Lamscheid
Gloucester	Houches, Les	Lauaskede
Godelheim	Hoznayo	Langenberg
Godesberg	Hozumczö	Larivière
Golaise, La	Humcra	Leamington
Goldbach	Hunstanton	Leandershausen
Goldberg	Ilkeston	Levana
Gonten	Ilseburg	Levico

FERRUGINOUS WATERS—*continued.*

Liehtenthal
Liebenstein
Liebwerda
Lindenholzhausen
Lipetsk
Lippspringe
Llandridod
Llandwrtyd
Löbenstein
Loehbachbad
Lodova
Loèche-les-Bains
Luehon
Luesky
Luisebad
Luxburg
Luxeuil
Luyando
Macon
Mád
Madonna-a-Papiano
Magnae
Malmedy
Maloja
Mareols
Marienbad
Marmolejo
Martigné-Briand
Martinique
Martres de Veyre
Mastineez
Mattigbad
Mauer
Meeina-Burbaron
Medewi
Melksham
Melos
Meltingen
Mendaro
Merentale
Mina Nova
Mirandela
Mitterbad
Modum
Moha
Molla
Moncada y Reitaeh
Mondariz
Mondon
Montaleeto
Mont Amiata
Mont Dore
Montanejos
Montehausen
Montégut Ségla
Montlignon
Mont-Louis
Montmirail
Monte Rotoudo
Montner

Morba
Morgins
Mscheno
Mula
Münchshofen
Münsterberg
Muskau
Naumburg
Naples
Navajas
Navalpino
Neudorf
Neuenheim
Neskutsehoie
Neu-Lublau
Neumarkt
Neu-Ragoczi
Neuschwalheim
Neustadt-Eberswalde
Neyrae
Nieder-Laugenau
Niedernau
Nitrolis
Nördlingen
Nowosselja
Ober-Brambach
Oberhergern
Obermendig
Oberrhaus
**Ober-Rauschen-
bach**
Obladis
Ochsenhausen
Olahfalú
Olliergues
Oppeuau
Orezza
Origny
Oriol
Osterfingen
Osterspay
Otsehin
Oyarzun
Palazonia
Paudraux
Pannanieh
Pantano
Pantieosa
Parád
Parehim
Passy
Paterno
Penna, La
Pejo
Pergine
Pesolina
Pesth
Petraglia
Piedrabuena
Pierrefonds

Pignol
Pignien
Pilsen
Pisciarelli
Pistyan
Pizzofalcone
Plaine, La
Plan, Le
Planehamps
Plombières
Po-Csevicze
Poggetti
Poggetto Theuiers
Poggio Curatale
Poggio Pinei
Pojan
Polena
Polzin
Pont á Monsson
Pontano
Popoli
Porla
Porte
Port Thareau
Portugos
Pötschnig
Potsdam
Pougues
Prades-Veruet
Prenzlau
Prompsad
Provius
Prugues
Puertolano
Puzziehella
Puzzola
Pyrawarth
Pyrmont
Rabbi
Radeberg
Rakós
Ranloza
Randamel
Ranigsdorf
Rastenberg
Ratzes
Real Casa de Campo
Recoaro
Reiboldgrün
Reinerz
Renlaigue
Rennes
Reyrieux
Rigi Scheideek
Riguardo
Rima-Brezó
Rio
Riolo
Rio Tinto
Rippoldsau

FERRUGINOUS WATERS—*continued.*

Rita	Savergnolles	Ternaut
Rodna	Saucats	Terrau
Rohitsch	Saundersfoot	Testa
Roidsdorf	Scarborough	Thalgut
Rolle	Schaudau	Tharandt
Roncegno	Schlesna-Wodsk	Thera
Roncevaux	Schimberg	Thermia
Ronneburg	Schmerikon	Thesbis Spring
Ronneby	Schooley Mountains	Tivoli
Ronya	Schwalbach	Tolpa
Roselle	Schum	Tongeren
Rosenheim	Schüols	Toropetz
Rosswein	Schwallungen	Torres-Vedras
Roznau	Schwelm	Tortosa
Rouzat	Sciacca	Trebas
Royat	Scsavnik	Tremiseau
Roye	Seewen	Trillo
Ruhla	Segray	Trois-Torrens
Sail-les-Bains	Segre	Trollière, La
Sail-sous-Couzan	Sentein	Truskawice
Sadschütz	Seravalle	Tunbridge Wells
St. Alban	Shotlev	Tusnád
St. Denis	Sibitschudi-Suz	Twer
St. Diery	Sid	Tynemouth
St. Martin de Fenonilla	Siekeriki	Ueberlingen
St. Maurice	Sigliano	Ugod
St. Moritz	Silvanés	Uhlmuhe
St. Myou	Siradan	Undary
St. Nectaire	Sixt	Unter-Miczinye
St. Ours	Soden	Urberoaga de Alzola
St. Pardoux	Source des Cèdres	Utzero
St. Peter	Sohl	Uzsók
St. Pierre	Spa	Vale Szkragey
St. Prieste	Starbeck	Valdeganga
St. Prieste la Roche	Stavenhagen	Valdepenas
St. Quentin	Steben	Valle de Rivas
St. Remy	Steinheyde	Vals
St. Sautin	Sternberg	Vilo or Rosas
St. Ubrich	Sujo	Villar del Pozo
St. Vallier	Sulzbach	Várgéde
Ste. Heléne	Sumas Aguas	Varennes
Ste. Madeleine	Snot-Sass	Vaunnières
Ste. Marie	Szaldobos	Veierbach
Saelices	Szczawnicza	Vermont
Salins Moutiers	Szliacz	Vicarsbridge
Salles	Szombat-Falva	Vic-le-Comte
San Bartolomé de la	Szulin	Vic-sur-Cer
Cnadra	Talamonaccio	Victoire
San Bernhardino	Tapolcz-Bisztra	Vidago
San Casciano	Tarna	Vignone
San Filippo	Tarascon	Vihnye
Santa Filomena de	Tarasp	Visk
Gomillaz	Tatzmannsdorf	Vitry
Sangerberg	Telgart	Vittel
San Giuseppe	Tenby	Vizella
San Leopoldo	Teneke	Waldstatt
Santa Cesarea	Teplitz	Wassacherberg
Santorin	Teplitz-Schönau	Wattenweiler
Sarcey	Terme Luigiane	White Sulphur Springs
Sasso di Marcmma	Termini Castoreale	Wiesaul

FERRUGINOUS WATERS—*continued.*

Wight, Isle of	Zafarana	Zegiestow
Wildungen	Zagwera	Zerbst
Wilhelmsbad	Zajzon	Zögg
Wolfach	Zanyka	Zovány
Wörth		

LIME AND EARTHY WATERS

Acqua Santa	Driburg	Klokoec
Acqui	Draitschbrunnen	Koroud
Adelholzen	Ehrenbreitstein	Krähenbad
Aix (Provence)	Eilsen	Krapina-Töplitz
Aled	Ems	Laguna de la Higuera
Al-Gyógy	Encanssc	Lama
Alhama de Murcia	Eppenhauseu	Langensaiza
Allerheiligen	Eschclloh	Lassere
Allevard	Escoriaza	Lauchstadt
Altsohl	Euzet	Loèche-les-Bains
Andeer	Faëna	Losa
Aramayona	Farkas-Mezö	Losdorf
Aranzarre	Felső-Ruszbach	Lucca
Asciano	Féron	Malvern
Atya	Ferreira	Mariabrunnenbad
Baden (Austria)	Filetto	Marmolejo
Badenweiler	Fitero	Matlock
Bagni-à-Acqua	Foncirgue	Medagues
Baracza	Fuente del Rosal	Mindelheim
Barambio	Fumades	Mirabello
Barèges	Füred	Moching
Bath	Gaghiana	Molina de Aragon
Belleville	Gais	Monbarri
Benimarfull	Gamarde	Montafia
Bentheim	Gath	Montbrun
Bergallo	Gavorano	Montagnone
Bex	Gehringswalde	Monte Rotondo
Bigorre	Gempelenbad	Münchshofen
Bodajk	Giengen	Nave dell' Inferno
Brieg	Gonten	Neskutschnoie
Brusno	Gränichenbad	Nenndorf
Bubendorf	Gravalos	Neuschwalheim
Buxton	Griesbad	Neusiedel
Caille, La	Grosskarben	Northeim
Caldanicia	Grosswardein	Oberladis
Caldas de Cuntis	Gyrenbad	Osztrovsk
Calliano	Hammam Berda	Peiden
Castel Doria	Hechingen	Pignieu
Cauvalat-le-Vigan	Heckinghausen	Pistyan
Cave	Heilstein	Pitigliano
Cervera	Heppingen	Po-Csevicze
Champoleon	Hohenstein	Poggetti
Charlottenburg	Ibenmoos	Pongyelok
Cheltenham	Iberg	Pontano
Chios	Ivanyi	Pré St. Didier
Chulilla	Jobsbad	Pystián
Clifton	Kéménd	Quinto
Cransac	Kirchberg	Radeberg
Cristo (Acqua di)	Kirchleerau	Ransbad
Derrindaff	Kiszlawodsk	Rehburg
Digne	Klieningen	Rennes

LIME AND EARTHY WATERS—*continued.*

Rietenau	Schmeckwitz	Tübingen
Römerbad (Switz.)	Seon	Ügö
Röslibath	Serdopol	Unterbath
Rosswain	Sierra Elvira	Unter-Miezinye
Röthenbach	Sirona	Uriage
Ruszpolyana	Sisso	Urnäsehen
St. Amand	Staden	Vellebro
St. Boes	Stuben	Vilnye
Salies	Sulz	Villaro
Salinetas	Szalatnya	Vittel
Salvadora	Szklö	Waldstatt
San Georgen	Szombát-Falva	Wolfs
San Gregorio de Brozas	Tatzmannsdorf	Zaisenhäusen
San Marziale	Teinaeh	Zaldivar
Santa Cesarea	Theissholz	Zujar
Santa Filomena de	Theusserbad	Zurich
Gomillaz	Trois-Torrens	
Santa Gonda	Tschawitz	

HYDROPATHIC ESTABLISHMENTS.

Acireale	Falkenstein	Ohrdruff
Airthrey	Feldberg	Ottenstein
Albisbrunn	Frohnleiten	Peebles
Alexandersbad	Gainfahm	Pitlachs
Alexisbad	Geltschberg	Plombières
Amphion	Gérardmer	Radegund
Assmannshäusen	Gleisweiler	Recoaro
Baden (Austria)	Giesshübl	Reichenau
Baden-Baden	Görbersdorf	Reinbeck
Bath	Goteborg	Riolo
Bellaggio	Grafenberg	Rippoldsau
Ben-Rhydding	Harsfalva	Rothsay
Bishops-Teignton	Hilversum	Roznan
Blasewitz	Herne Bay	Ruhla
Brestenberg	Hohenstein	Ryde
Brides	Homburg	Ste. Catherine
Bushey (The Hall)	Ilkley	St. Moritz
Berg	Ilmenau	Scarborough
Bex	Ischia	Schmecks
Brighton	ISCHL	Schöneck
Bournemouth	Johannisberg	Schönbunn
Buxton	Kaltenleutgeben	Schwarzenberg
Cannstadt	Königsbrunn	Schweizermühle
Carlsbad	Königstein	Strathpeffer
Chempel	Kreisch	Stuer
Charlottenburg	Kreuzen	Teplitz-Schönan
Cheltenham	Langenberg	Troutbeck
Claremont Park	Laubbach	Ullswater
Coombe Wood	Lanterberg	Ustrom
Crieff	Leamington	Veldes
DIVONNE	Liebenstein	Villa d'Este
Droitwich	Luisenthal	Vichy
Eckerberg	Maloja	Vöslau
Eggenberg	Malvern	Wartenberg
Eichwald	Matlock	Wemyss Bay
Elgersburg	Michelstadt	Wiesbaden
Empfing	Nassau	Zuckmantel
Ernsdorf	Nicc	

NATURAL STEAM GROTTOS (Stufa).

Abano	Citára	Naphta
Ammoniacal Gas	Civita Veechia	Nerone
Spring	Felsö-Ruszbach	Pantalasia
Astroni	Grotto del Cane	Petraglia
Battaglia, La	Gurgitello	Piseiarelli
Budos	Lemnos	Plombières
Bullyeome	Lipari Islands	San Germano
Caceinto	Monsummano	Testaceio
Castiglione		Torre del Grecco

SEA BATHS.

Abazzia	Boltenhagen	Criel
Aberayron	Borbye	Croisic, Le
Aberbrothwick	Borkum	Cromer
Aberdaron	Bonlogne-sur-Mer	Crosshaven
Aberystwith	Bourg d'Ault	Crotoy, Le
Aboukir	Bournemouth	Cullercoats
Agon	Bray	Cuxhaven
Ajaccio	Bridlington Quay	Dale
Alasio	Bridport	Dalkey
Aldborough	Brighton	Dangast
Alderney	Brindisi	Dartmouth
Alieante	Broadstairs	Dawlish
Algoarta	Brindisi	Deal or Walmer Castle
Allonby	Broughty Ferry	Deauville
Alnmouth	Bruneval	Deva
Ambleteuse	Bude	Devonport
Amlweh	Bndleigh Salterton	Dieppe
Amroth	Büsum	Dievenow
Anaeapri	Cabourg	Dinard
Ancona	Cadiz	Dives
Appenrade	Calais	Dobberan
Appledore	Campbeltown	Donarnenez
Areachon	Candas	Douglas
Ardrossan	Cannes	Donville
Arenas (Las)	Cap d'Antibes	Dover
Arnside	Carbagnal	Drogheda
Arromanches	Carteret	Dunbar
Asnelles	Carnarvon	Dundrum
Astillero (El)	Castellamare	Dunkerque
Aviles	Castro Urdiales	Dunmore
Ballyeotton	Catania	Dunoon
Bangor	Cayenx	Durness
Bantry	Cherbourg	Dusternbrook
Bari	Claeton-on-Sea	Eastbourne
Barquera (La)	Cleethorpes	Eekernförde
Barmouth	Clevedon	Erqui
Beaumaris	Clynnog Vawr	Etretat
Bernières	Colberg	Exmouth
Berwick (North)	Comillas	Falmouth
Beuzeval	Colwyn Bay	Fano
Bexhill	Coney Island	Fécamp
Biarritz	Corfu	Felixstowe
Bilbao	Coursenilles	Fleetwood
Birehington	Courtmaesherry	Flint
Blackpool	Coutainville	Föhr
Blankenberghe	Cowes	Folkestone
Blasewitz	Cranz	Fontarabbia
Bognor	Criccieth	Fowey

SEA BATHS—*continued.*

Fraserburgh
 Freshwater
Friedrich
Wilhelmsbath
 Gijon
 Glengariff
 Glücksbürg
 Gourock
 Grandcamp
 Grange-over-Sands
 Granville
 Grao
 Gravenstein
 Gravesend
 Great Yarmouth
 Guernsey
 Guetaria
 Gustafsberg
 Hafkreuz
Hapsal
 Hartlepool
 Harwich
Hastings
Hävre, Le
 Hayling Island
 Heiligenhafen
 Helensburgh
 Heligoland
 Helsingfors
 Hennebon
 Heringsdorf
 Herne Bay
 Heyst
 Holkham
 Holyhead
 Hollywood
 Home-Varaville, Le
 Honfleur
 Hornsea
 Houlgate
 Hourdel
 Hovehampton
 Howth
 Hunstanton
Hyères
 Hythe
 Ilfracombe
 Instow
 Ismailia
 Junqueiro
 Katwyk
 Kiel
 Kilkee
 Kilrush
 Kinsale
 Klutz
 Kopenhagen
 Langrune
 Laredo
 Largs

Lee
 Lequeitio
 Legué St. Brieuc
 Lepoulguen
 Lion-Sur-Mer
 Lisbon
 Littlehampton
 Littlehaven
Livorno
 Llandudno
 Llanes
 Llanfairfechan
 Llangranog
 Llanstephan
 Longbranch
 Lowestoft
 Luanco
 Luc sur Mer
 Lulworth, West
 Lymington
 Lyme Regis
 Lynmouth
 Lytham
 Mablethorpe
 Madeira
Maestrand
 Malahide
 Malta
 Margate
Marienlust
 Marsala
Marseilles
 Marstrand
 Massa
 Melcombe-Regis
Mentone
 Mers
 Messina
 Middelkerke
 Millport
 Minehead
 Misdroy
 Monaco
 Morecambe
 Mumbles
 Mumby-cum-Chapel
 Muritz
 Nahaud
Nairn
 New Brighton
 New Quay (Eng.)
 New Quay (Wales)
 Nice
 Norderney
 Nouvelle, La
 Oban
 Odessa
 Oesel
 Ondarroa
Oporto

Osteude
 Paignton
 Paimpal
 Palermo
 Paramé
 Passago
 Pegli
 Pembrey
 Penarth
 Pendine
 Penmaenmawr
 Peuzance
 Pesaro
 Pescara
 Petites Dalles, Les
 Pizzo, Il
 Plymouth
 Pontailac
 Pontrieux
 Pornic
 Portland
 Portobello
 Portugalete
 Port Bail
 Port eu Bessin
 Port Rnsh
 Port Said
 Port Steward
 Pouliguen
 Pouroille
 Puttbus
 Pwllheli
 Queenstown
 Quinéville
 Ramsay
 Ramsgate
 Redcar
 Regneville
 Rhyl
Rimini
 Roscoff
 Rostrevor
 Royan
 Rügenwaldermünde
 Runcorn
 Ryde
 Ryhope
 Sables d'Olonne
 St. Andrew
 St. Aune's-on-Sea
 St. Bee's
 St. Briac
 St. David's
 St. Gildas
 St. Jean de Luz
 St. Lawrence
 St. Leonards-on-Sea
 St. Lunaire
 St. Malo
 St. Marie

SEA BATHS—*continued.*

St. Mary's	Skinburness	Valencia
St. Pair	Sorrento	Vaxholm
St. Raphael	Sôulac-les-Bains	Venice
St. Valéry en Caux	Southampton	Ventnor
St. Valéry sur Somme	Southbourne	Venues
St. Vaast la Houque	Southend	Venettes
Ste. Adresse	Southport	Viareggio
Salcoaths	Southsea	Villefranche
Salcombe	South Shields	Villers-sur-Mer
Saltburn-by-the-Sea	Southwold	Villerville
Saltfleet-Haven	Spezia, La	Walton-on-the-Naze
Sandefjord	Stromstad	Wangeroog
Sandgate	Suances	Warnemünde
Sandown	Sutton	Warrenspoint
San Lorenzo	Swanage	Warnicken
San Remo	Swansea	Watchet
San Sebastian	Swinemünde	Wells
Santander	Sylt	Wemys Bay
Sardinero (El)	Taormina	Westerland Sylt
Satturaran	Teignmouth	Westgate-on-Sea
Sassnitz	Teste, La	Weston-super-Mare
Saundersfoot	Thurso Bay	Westward Ho
Scarborough	Torquay	Weymouth
Scheveningen	Totland Bay	Whitburn
Seaford	Toulon	Whitby
Seascales	Towyn	Withernsea
Seaton	Tramore	Worthing
Seaton-Carew	Trani	Wyk
Sea-View	Travemünde	Wyk aan Zee
Shanklin	Tremblade, La	Yarmouth
Shap	Treport, Le	Yport
Sheerness	Trieste	Zandvoort
Sidmouth	Trouville	Zarans
Silloth	Uleaborg	Zinnowitz
Sinigaglia	Upton	Zoppot
Skegness	Val André, Le	

CLIMATIC AIR STATIONS.

Abazzia	Antibes	Belgiaggio
Adelsberg	Aerendsee	Berchtesgaden
Aigle	Arcachon	Berneck
Ajaccio	Arco	Beuren
Alassio	Arenzano	Bex
Algiers	Armweiler	Biarritz
Alicante	Arnsdorf	Blankenheim
Almeria	Auerbach	Bodendorf
Alpnacht	Aussee	Boppard
Altenau	Axenfels	Bordighera
Alton Towers	Axenstein	Bonnendorf
Alveneu	Baden (Austria)	Bormio
Amalfi	Baden-Baden	Botzen
Ambleside	Badenweiler	Bregenz
Amelie-les-Bains	Bagnères de Bigorre	Braunenburg
Amphion	Ballater	Brestenburg
Anacapri	Beggenried	Bridge of Allan
Annecy	Belaip	Brighton

CLIMATIC AIR STATIONS—*continued.*

Brixham	Greifenberg	Miesbach
Brotterode	Gries	Moffat
Buckwald	Grindelwald	Mogador
Bürgenstock	Gurnigel	Modum
Bushey (The Hall)	Harsfulva	Monaco
Cadenabbia	Hastings	Monte-Carlo
Cairo	Heidelberg	Montreux
Cambo	Hciden	Morgins
Campfer	Helwan	Muggendorf
Cannes	Hernsdorf	Mühlau
Cannstadt	Herrenalb	Murcia
Capri	Honnet	Mürren
Carlsbrunn	Hyères	Mürzzuschlag
Casamicciola	Ilfracombe	Naples
Castellamare	Ilmenau	Nervi
Catania	Immenstadt	Neuschmecks
Cauterets	Interlakeu	Nice
Chamounix	Ischl	Niederudorf
Chiataamone	Johannisbad	Oban
Chiavari	Jugeuheim	Obermais
Churwalden	Kammer	Ober-Rauschenbach
Clausthal	Kainzenbad	Oberladis
Cliftou	Katzhütte	Oberstdorf
Coburg	Korytnica	Oberwinter
Coire	Kreuth	Öllon
Colico	Kreuzburg	Ottenstein
Como	Kreuzen	Oybin
Corfu	La Cava dei Jereñi	Palermo
Cornigliano Ligure	Laubbach	Pallanza
Courmayeur	Lausanne	Pallestrina
Davos	Leprese	Parád
Divonne les Bains	Lesina	Parpan
Eaux-Bonnes	Liebwerda	Pau
Eckerberg	Lindau	Pegli
Elche	Lippspringe	Penzance
Ems	Lisbon	Petersdorf
Engelberg	Livorno	Phantasie
Erdmannsdorf	Löbenstein	Pisa
Farnbuhl	Lochwitz	Plombières
Feldberg	Loèche-les-Bains	Pontresina
Felsenegg	Looe	Pörtschach
Fischbach	Lucsky	Preblau
Fladuitz	Lugano	Pyrawarth
Flims	Luisenthal	Ramleh
Frauenstein	Luktor	Rapallo
Friedrichshafen	Madeira	Reiboldsgrün
Füssen	Malaga	Rippoldsau
Garmisch	Maloja	Riva
Geltschberg	Malta	Rome
Gerace	Malvern	Römerbad
Gerardmer	Mammern	Rorschach
Gernsbach	Martigny	Rosenheim
Gersau	Mattigbad	Roznau
Gmunden	Medernsdorf	Rudolfzell
Godesberg	Mentone	St. Cergues
Görbersdorf	Meran	St. Moritz
Görz	Merligen	St. Raphael
Gössweinstein	Meta	Sachsa
Grasse	Messina	Salcombe

CLIMATIC AIR STATIONS—*continued.*

Salerno	Sonthofen	Urach
Salo	Spezia, La	Valencia
Salzburg (Salzkamer- gut)	Spickeroog	Veldes
Samaden	Steinabad	Venice
San Remo	Steinerhof	Vetau
Santa Margherita	Stolberg	Vevey
Sehandan	Streitberg	Veytaux
Scheveningen	Stresa	Vinceggio
Schlusingen	Sutinsko	Villefrancne
Schliersee	Tambach	Villeneuve
Schmëcks	Tarasp	Vihnye
Schmerikon	Taormina	Vöslau
Schmiedeberg	Tatzmannsdorf	Wartenberg
Schönbrunn	Tegernsee	Weggis
Schreiberhan	Teufen	Weinhcim
Schwarzbach	Thale	Weisser Hirsch
Schweizermühlo	Thoune	Wernigerode
Seelisberg	Tissington	Wiesbaden
Seewis	Torquay	Wiesen
Sepey	Tobelbad	Wildbad
Sestri Ponente	Triberg	Wolfsanger
Sonneberg	Trieste	Zakopane
Sorrento	Tüffer	Zermatt
	Tuzsnád	Zug

WINTER STATIONS.

Abbazia	Elche	Mustapha-Supérieure
Acireale	Görbersdorf	Naples
Ajaccio	Görz	Nervi
Alassio	Grasse	Neuschmëcks
Algiers	Gries	Nice
Alicante	Hamam R'irha	Palermo
Almeria	Helwan-les-Bains	Pau
Amalfi	Huelva	Pegli
Amélie-les-Bains	Hyères	Pisa
Anacapri	Laubbach	Rome
Antibes	Leghorn	St. Jean de Luz
Areachon	Lesina	St. Moritz
Arco	Lisbon	St. Raphael
Arenzano	Livorno	Salerno
Beaulieu	Luxòr	Samaden
Biarritz	Madeira	San Juan de Campos
Bigorre	Malaga	San Remo
Bordighera	Maloja	Santa Margherita
Brussa	Malta	Schmecks
Cairo	Malvern	Sestri-Ponente
Cambo	Mentone	Sevilla
Cannes	Meran	Smyrna
Cap d'Antibes	Messina	Spezia, La
Capri	Mogador	Taormina
Catania	Monaco	Valencia
Corfu	Monte-Carlo	Venice
Cornigliano-Ligure	Montpellier	Villefranche
Dagh Haran	Murcia	Wiesbaden

GRAPE CURE.

Bex
 Bodendorf
 Botzeu
 Dürkheim an der
 Haardt
Erdöbenye
 Gleisweiler
 Görz
 Johannisberg
Laubbach

Lausanne
 Lesina
 Levico
 Locarno
 Lugano
Madeira
 Maloja
 Markammer
 Meran
 Montreux

Neustadt an der
Haardt
 San Lorenzo
 Sinzig
 Sulza
 Vevey
 Vihnye
 Vöslau
 Wachenheim
Wiesbaden
 Zug

WHEY CURE.

Aigle
 Aix-les-Bains
 Albisbrunn
 Alpuacht
 Andeer
Appenzell
 Axenfels
Axenstein
 Baden (Austria)
 Baden-Baden
 Badenweiler
Belalp
 Berneck
 Beuren
Bex
 Bistritz
 Blankenbeim
 Brannenburg
 Cauterets
 Chamounix
 Eggishorn
 Ems
 Ernsdorf
Flims
 Franzensbad
 Gais
 Giesshübl
 Gleissweiler
 Gmunden
 Görbersdorf
 Görz
 Grindelwald
 Habernbad
 Heiden
 Interlaken
Ischl
 Jenatz
 Jungbrunnen
 Kanitz

Karlsbad
 Kammer
 Kierling
 Kirchberg
 Kreuth
 Kreuznach
 Kronberg
Laubbach
 Liebenzell
 Lieberwerda
 Lindau
Loèche
 Maloja
 Marienbad
Méran
 Miesbach
 Mödling
 Montreux
 Morgins
 Münster am Stein
Mürren
 Nenndorf
 Neuenahr
 Neustadt an der Haardt
 Nieder Langenan
 Ober-Rauschenbach
 Oberladis
Orenburg
 Ottenstein
Parád
 Partenkirchen
 Pignuien
 Phantasie
Plombières
 Pontresina
 Rabbi
 Reichenau
 Reichenhal
 Reutlingen

Rigi
Rippoldsau
 Rosenau
 Rothwell
 Roznau
St. Moritz
Salzbrunn
 Salzburg (Tyrol)
 San Lorenzo
 Schinznach
Schönbrunn
 Schöneck
 Seelisberg
 Seeon
 Sinzig
 Steinabad
 Steruberg
 Streitberg
 Szczawnicza
 Tegernsee
 Teplitz-Schönau
 Triberg
Tüffer
 Ullersdorf
 Unterseen
 Ustrom
 Veldes
 Vevey
Vöslau
 Waidhaldenbad
 Warmbrunn
 Wattwyl
 Weggis
 Weissenstein
 Wildhausbad
Wiesbaden
Wildbad
 Zavelstein
 Zug



THE DICTIONARY.

ABACH.—Germany, Bavaria, near Ratisbon, on the right bank of the Danube.

Alkaline waters.

Special indication : Abdominal plethora.

Abano.—Italy, Venetia, near Padua. For routes see table.

Brom-iodide saline waters, 200° F.

Mud baths.

Special indications : Rheumatism, scrofula, herpes, gout, ovarian and uterine inflammations, secondary and tertiary syphilitic affections.

This place, known to the Romans as *Acquae-Aponenses*, contains now about 4,000 inhabitants. The water is used almost exclusively for baths. The mud is applied locally to affected parts and the vapour in steam-baths for inhalation and locally.

Abas-Tuman.—Russia, Caucasus, near Achalzich.

Sulphuro-saline waters, 110° to 120° F. Similar to Aix-les-Bains and Cauterets, but less rich in mineral constituents.

Special indications : Rheumatism, articular contractions, arthritis, atonic ulcers and mercurial dyscrasia.

The establishments offer but little comfort. The scenery is wild and grand, and game very abundant. There is a tradition that the waters were used by Alexander of Macedon.

Abbazia.—Austria, Istria, district of Fiume.

Winter station.

Season : 1st October to 1st May.

Special indications : Affections of the larynx, pharynx and chest.

Abbazia is a new and rising station, one hour's drive from Fiume. It is situated on a small bay of the Adriatic, and is well protected against north, east and west winds. The Bora is deprived of much of its evil influence by the adjacent island of Veglia. Statistics are still wanting.

Doctors : Dr. von Hansen and Szemere.

Hotel : The *Grand Hotel Abbazia*.

- Abbecourt.**—France, Department of Seine and Oise, commune of Passy.
Cold ferruginous bicarbonate waters.
- Abdalagis.**—Spain, province of Málaga, near Romera.
Bitter waters, scarcely used; purgative action.
- Abrabreses.**—Spain, province of Zamorra, near Benavente.
Ferruginous waters.
The spring is sufficiently strong to drive a flour-mill.
Special indications : Indigestion, difficult menstruation, anæmia, chlorosis, sterility.
There is no establishment.
- Abensberg.**—Germany, Bavaria, situated on the Abens, near Ratisbon.
Mixed carbonate waters.
Special indications : Herpes and arthritis.
- Aberayron.**—Wales, Cardiganshire, between Cardigan and Aberystwith.
Chalybeate waters and sea bathing. Sandy beach.
Doctor : Dr. Williams.
- Aberbrothwick, or Arbroath.**—Scotland, Forfarshire. 16 miles from Dundee.
Sea baths and cold ferruginous carbonate waters.
Special indications : Scrofula.
Season : July-September. The climate is mild, and the town sheltered from easterly winds.
Doctor : Dr. Monroe.
Hotel : The *Albion*.
- Aberdaron.**—Wales, Carnarvonshire, on the northern coast of Bay of Cardigan.
Sea bathing; sandy beach; very picturesque scenery.
- Aberystwith.**—Wales, Cardiganshire, by London and North-Western Railway, in nine hours.
Sea baths and ferruginous waters.
Season : May-October. Sandy sloping beach.
There is an establishment for hot and cold baths. The amusements are varied, and include concerts, theatre, archery, tennis, cricket, musical promenades, balls, horse racing, good fishing and boating, grouse and partridge shooting.
Doctor : Dr. Morgan.
Hotel : The *Royal*.
- Aboukir.**—Algiers, province of Oran, near Mostaganem, and 79 k. from Oran.
Sea baths and saline spring.
- Abzac.**—France, Department of Charente, *viâ* Bordeaux, stop at Ruffec; thence by omnibus.
Cold saline waters.
Special indications : Atony, constipation, congestions, ague and intermittent fevers.

Acireale.—Italy, Sicily; 35,000 inhabitants; 550 feet above sea level; on the southern slope of Mount Etna; two hours from Messina. For routes see table.

A winter station of great importance.

Sulphuro-saline waters of St. Venere, 70° F. Milk and whey cure, Hydropathic establishment.

Season: All the year round.

Special indications: Pulmonary phthisis, chronic bronchial catarrh, emphysema, pneumonia, anæmia and chlorosis are benefited by the climate in winter; rheumatism, gout, the uric or oxalic acid diathesis, ankylosis, obesity, latent scrofula, paralysis and neuralgia, mercury, lead and arsenical poisoning are benefited by the waters.

The climate of Acireale is very dry and mild. The death-rate is 19 per thousand. Mean winter temperature 55° F. The variations are never more than 10°. The number of rainy days in the year range between 30 and 50, but do not exceed the latter. Snow and fogs are unknown. Windy days are less in number than on the Riviera, and there is a complete absence of dust. The prevailing winds are the S.E., S.W., S.S.E., and E.S.E. The air is very rich in ozone, owing to the vicinity of the sea and the luxuriance of the vegetation.

Post and Telegraph in the Hôtel des Bains. Doctors are attached to the establishments.

Hotels: The *Grand Hôtel des Bains*, facing directly south, surrounded by gardens, 100 bed-rooms, music, reading and billiard rooms. Board, 300 fcs. per month, 80 fcs. per week, and 12 fcs. per day.

Acquaacetosa.—Italy, Rome, outside Porta del Popolo. For routes see table.

Bicarbonatè ferruginous waters, 33° F.

Special indications: Convalescence from intermittent fever.

Acqua-Acidola.—Italy, Tuscany, near Montalceto.

Sulphurons and ferruginous waters, 70° F.

Special indications: Atonic affections of the stomach and intestines, including various forms of dyspepsia and nephritis.

Acquæ-Albulæ.—Italy, 35 minutes from Tivoli; 50 minutes from Rome by steam tramway.

Sulphurous-saline waters, 75° F.

Season: Open all the year round, but the principal season is from April till November.

Special indications: Chronic ulcers, atonic and relaxed conditions of the mucous membrane generally, chronic skin diseases and rheumatism.

The establishment is one of the best of its kind in Europe as regards buildings and appliances. The supply of water amounts

to 5,000 quarts a second. In this respect, and also in the quantity of sulphurous acid they hold in solution, these waters are second to none in Europe of their kind. They were very famous in Roman times, and much frequented. Owing to the copious supply, the water is being constantly renovated in the baths. The establishment contains four large swimming baths, without including the commoner baths for soldiers and the poor. There are also 200 separate baths, with dressing-rooms, pavilions for families, cold and sulphurous water douches, inhalation chambers and a large restaurant, at which the prices are moderate. All appliances are thoroughly efficient.

Three doctors are constantly in attendance at the baths.

For further information address the joint proprietor, Com. Ign. Faust Anderloni, Rome.

Acqua-Bolle.—Italy, Tuscany, near Grosseto, in a very lonely and cheerless valley.

Alkaline-ferruginous waters 60° F.

Special indications: Gravel and calculous affections of the urinary and digestive organs.

Acqua-Puzzolente-di-Livorno.—Italy, Tuscany, near Leghorn.

Sulphuro-saline waters, varying in temperature, according to the season, from 50° to 75° F.

Special indications: Scabies, herpes, eczema, and other skin diseases, scrofulous and rheumatic affections.

Acqua-Raineriana.—Italy, Padova, near Venice, in the vicinity of the volcanic lake of Arqua.

Sulphurous waters, 70° F., containing a considerable quantity of free sulphuretted hydrogen.

Special indications: Skin diseases such as herpes and psoriasis, scrofulous affections, and debility of the digestive organs.

Notwithstanding its disagreeable taste, the water is chiefly used internally; if used externally, it is generally mixed with seawater.

Acqua-Santa (Terme di).—Italy, province of Ascoli-Piceno. Railway to St. Benedetto del Tronto, thence by carriage, 4½ hours. Omnibus, 3 fcs. each person. Carriages, one horse, 15 fcs.; two horses, 25 fcs. 1,200 feet above sea level.

Saline-sulphurous waters, with traces of bromine and iodine, 85° F.; steam, shower and mud baths. Inhalation.

Season: June–September.

Special indications: Chronic inflammation of the skin, muscular and articular rheumatism, syphilis, scrofula.

The establishment built in 1843 has been recently furnished with all modern appliances. Several hotels, and pensions ranging from 6 fcs. to 10 fcs. a day.

Acqua-Santa is a quiet spot, with delightful walks and excursions. Post and Telegraph Office.

Doctors: Drs. Bellini and Tueci.

Acqua-Santa-di-Buyhuto.—Sicily, near Palermo and close to the sea.
Aeidulated and bitter waters.
Special indications : Constipation and obesity.

Acqua-Santa.—Italy, near Voltri, *viâ* Genoa.
Sulphate of lime waters, 57° F.
Special indications : Serofula and herpes.
Doctor : Dr. Bagliello.

Acquæ-Subreni-Homini.—Italy, on the road from Naples to Pozzuoli.
Saline ferruginous waters, 95° F.
Special indications : Affections of the genital organs, amenorrhœa, anæmia.

Acqui.—Italy, Piedmont, near Alessandria.
Iodide and sulphate of lime waters, 178° F. Muds.
Special indications : Indolent articular affections, local paralysis, rheumatism and sores of an atonic character, and syphilis.
The sojourn at Acqui is not considered particularly agreeable, owing to the dampness of the climate.
Doctor : Dr. Dom. de Alessandri.
Hotel : The *Thermes*.

Adelheidsquelle.—Germauy, Bavaria, near Tölz.
in the village of Oberheilbrunn.
Bromo-iodurated saline waters, 24° F. 5·93 per cent. mineral constituents.
Special indications : Serofula, obesity, affections of the bones, goitre, inflammatory affections of the ovary, uterus and eyes.
Doctor : Dr. Grundler.

Adelholzen.—Germany, Bavaria, near Frauenstein.
Biearbonate of lime waters.
Special indications : Anti-arthritis.
Doctor : Dr. Liegl.

Adelsberg.—Austria, Illyria, near Trieste.
A climatic station in spring and autumn, very charmingly situated.
The town is visited chiefly on account of the “Grotto of Adelsberg,” which is without exception the grandest and most remarkable natural excavation in Central Europe. To visit it thoroughly, requires about two hours.
Hotel : The *Adelsberger Hof*.

Adepsos.—Greece, Island of Eubea.
Thermal sulphurous waters renowned in antiquity, 205° F.
Special indications : Rheumatic gout, ankylosis, paralysis, plethora, &c.

Adolfsberg.—Sweden, Län Örebro, near Axberg.

Alkali-saline and ferruginous waters.

Special indications: Chronic diarrhœa, gout, rheumatism, anæmia.

One of the most picturesquely situated towns in Sweden. The arrangements are all good.

Adorf.—Germany, Saxony, in the circuit of Zwickau.

Three springs; one contains sulphate of soda, and two are saline.

Ægina.—Greece, Morea, near the sea coast.

Thermal saline waters.

Aghaloo.—Ireland, county of Tyrone.

Saline sulphurous waters.

Special indications: Skin diseases. Only used by the residents.

Agnano.—Italy, near Naples, by tramway. On the lake of Agnano.

Sulpho-aluminous and saline springs, 122° F.

The lake of Agnano contains various springs, which owe their origin to the condensation of steam from the volcanic soil.

The Grotta del Canc with its emanations, proves, however, a greater attraction to visitors than the waters.

Agon.—France, Department of La Manche, from Paris *via* Contances.

Seabaths; sandy beach; increasing in popularity.

Aguas-Calientes.—Mexico, State of Tacatecas.

Sulphurous waters, 214° F.

They give rise to the river of Aguas-Calientes.

Aguas de Camangilas.—Mexico, State of Guanaxnato.

Sulphurous water, 228° F., only slightly mineralised.

Aguilar del Rio Alhama.—Spain, province of Logroño near Cervera.

Sulphurous waters; also a ferruginous spring.

Special indications: Skin and syphilitic diseases, and chlorosis and amenorrhœa.

Ahiolo.—Turkey, about 55 miles from Constantinople, near Rumili.

Saline ferruginous waters, 100° F.

Special indications: Abdominal affections, amenorrhœa, scrofula, &c.

Aias.—Turkey, Asia Minor.

Sulphurous and cuprous waters.

The spring rises in a valley rich in silver and copper mines.

Aidos.—European Turkey, at the foot of the Balkans, near the Black Sea.

Saline sulphurous waters, 113° F.

Aigle.—Switzerland, Canton Vaud, between Montrenx and Bex, 1,380 feet above sea level.

Saline waters. Whey cure.

The Kurhaus Hôtel is well fitted-up and thoroughly comfortable. The scenery is romantic.

Doctors : Drs. Vercy and Mandrin.

Aincelle.—France, at the foot of the Pyrenees.

Saline water, containing 135 grammes of salt to the litre.

The mineral constituents are derived from a mass of rock salt.

Ain-nonicy.—Algiers, Province of Oran, arrondissement Mostaganem, 43 miles from Atteville.

Strong saline waters, which act as a purgative.

Airthrey.—Scotland, in the neighbourhood of Stirling.

Brine waters ; 6 springs.

Special indications : Skin diseases, scrofula.

A fine picturesque town.

Doctor : Dr. Patterson.

Aitora.—Italy, Tuscany, near Monte-Catini.

Sulphurous waters, 55° to 60° F.

Special indications : Used externally in chronic rheumatism, in scrofula, gout, and skin diseases ; internally in cases of gravel and vesical catarrh.

Aix-la-Chapelle (Aachen).—Germany, Rhenish-Prussia. For routes see table

Sulphurous alkaline waters, 107° to 120° F.

Special indications : Skin diseases of all kinds, rheumatism, chronic diseases of the nervous centres, neuralgias, paralysis, and certain class of diseases in which mercurial treatment is generally indicated.

Bookseller : Rud. Barth, Holzgraben S.

English church : Annastrasse.

Doctors : Drs. Beissel, Lersch, Mayer, Reumont, Brandes and Schuhmacher.

Hotels : The Grand Monarque, The Union.

Aix-les-Bains.—France, Savoy, 850 feet above the level of the sea ; 8 hours from Turin, 4 hours from Lyons, 3 from Geneva, and 2 from Annecy. A steamboat plies on the Rhone between Aix and Lyons. For routes see table.

Thermal sulphurous waters, containing chiefly sulphuretted hydrogen. Temperature from 112° to 114° F.

Season : April to November, but open all the year.

As many as 25,000 strangers annually visit the town.

Special indications : Rheumatism and gout are the diseases most successfully treated at Aix. Local affections dependent on or connected with these, such as sciatica, dyspepsia, cutaneous diseases, are also, with few exceptions, either cured or relieved.

Chronic catarrh of the neck of the womb, amenorrhœa, metritis, syphilis, bronchitis, laryngeal and nasal catarrh, pharyngitis, wounds by fire-arms, the sequelæ of fractures or sprains, form the bulk of cases in which the value of the Aix waters is most generally admitted by medical men.

The town of Aix is picturesquely situated at an altitude of about 800 feet above the sea level, on the lower slopes of the hills which form the base of Mont Revard. It overlooks the romantic lake of Le Bourget, and lies amidst verdant meadows, vineyards and gardens, in which figs, almonds, and even pomegranates grow luxuriantly.

The resident population of the town amounts to some 4,500 inhabitants.

The mean temperature during the season, from April to October, is 70° F.

The thermal establishment is open the whole year round. Dr. MACPHERSON says : "There are probably no sulphur baths in which the arrangements are so complete as in those of Aix."

"The douehe," says Dr. Garrod, "forms a very important specialty in the treatment at Aix. It is used in conjunction with hot vapour, with ordinary bathing, and with the waters internally. When a larger amount of sulphur, in the form of sulphate of sodium, is desirable, the cold waters of Marlioz, situated about one mile from Aix, or the Challes water, near Chambéry, which contains a large amount not only of sulphur, but also of iodine and bromine, may be employed internally. In gouty affections the Aix treatment has proved most useful in these cases, (1) where the gout has manifested itself in cutaneous eruptions, such as psoriasis or eczema, whether combined or not with joint affections; (2) where much passive swelling and stiffness have remained after attacks of articular gout; (3) in that form of gout which is not connected with portal congestion, and in which other thermal waters, such as those of Wildbad and Teplitz, are usually found beneficial."

Sir A. B. Garrod also says, in the *Lancet* of May 4th, 1889:—

"That in rheumatoid arthritis (the rheumatic gout of old writers) the value of the Aix-les-Bains course far exceeds, according to my experience, that of any other known spa."

An excellent racecourse has lately been purchased, and races take place in June and July. The course is situated on the Avenue de Marlioz.

Walks and excursions are very varied. The environs being most picturesque, an ample field is given for outdoor amusements. The principal excursions are: Annecy and the lake, les gorges du Fier, la vallée du Fier, la grande chartreuse, la vallée des Beauges, the abbey of Haute-combe, la cascade de Gresy, le moulin de Primes, etc., etc.

Aix possesses a museum with lacustrine collections from the lake of Le Bourget.

Cabs and carriages: one horse, course, 1 fr.; two horses, course, 1½ fr.; by hour, one horse, 2½ fr.; two horses, 3½ fr.; by day and by month as agreed upon.

Post and telegraph office.

English and Scotch church.

Bookseller: H. Bolliet, Place du Marché.

Dentist: Dr. Harwood.

English Asylum.

Doctors: Drs. Davat, Bertier, Vidal, Brachet, Blanc, Legrand, Macé, Petit, Wakefield, Guillard, Chaboud, Folliet, Mc Roë, Mouard, Puittienne, Rendal and H. Cazalis.

Hotels: The *Hotel de l'Europe* is a first-class and well-appointed house, suitable for English and American families. There are two large villas in the grounds of the hotel, which may be hired by families. Lift and lawn tennis ground. J. M. Bernascon, proprietor.

Hotel Chateau Durieux, near the baths; newly furnished. Splendid view over lake and mountains; very comfortable house and kitchen. J. Rivollier, proprietor.

Aix.—France, Bouches du Rhone. For routes see table.

Earthy waters, 81° F., useful as a sedative and alterative.

Doctor: Dr. Louzet.

Aizcorri or Bermeja.—Spain, province of Guipuzcoa, near Azpeitia. Sulphurous saline waters.

No establishment.

Ajaccio.—Corsica. 14 hours by P.L.M. to Marseilles; thence by steamer of the C. G. T. to Ajaccio 15 hours; direct boat from Nice in 10 hours every Saturday. 18,000 inhabitants.

A winter station of great importance. Sea and warm baths all the year round.

Season: For the former, April to November; Winter season, November to end of May.

Special indications: Chest diseases generally; anæmic and chlorotic affections, rheumatism, paralysis, diabetes.

Built at the foot of a sloping hill, the town extends in the form of an amphitheatre, and is well protected from cold northerly and westerly winds. Ajaccio, as a winter health resort, has a great future.

Meteorological observations are as yet deficient. Mean temperature October—April, 57° F. Rainy days, 34. Variations slight, and never rapid. Mean barometric pressure, 775 ^m/_{in}; death-rate, 26 per thousand; relative humidity of the air, 76 %; fogs are scarcely known. There is almost complete absence of dust; atmospheric disturbances occur but seldom; the mean of temperature during the day and throughout the year is very constant, much more so than on the Riviera, from month to month.

The drives and walks in the neighbourhood are beautiful, and the roads well kept. Flowers and shells are found in abundance.

Excellent shops and circulating library.

The water of the Gravona river, brought by aqueduct to the town, gives an abundant supply; the overflow cleanses the drains.

The railway to Bastia, *via* Corte, is progressing rapidly and will soon be open for traffic.

Gnagno, with its celebrated sulphur springs, 123° F., is only 33 miles distant; the famous Orezza springs are 81 miles distant by an excellent road.

The scenery in Corsica is very beautiful and quite unique. From the nature of the soil dust is seldom an annoyance in Ajaccio; while the mountains on the opposite side of the gulf protect the eye from the glare, so often complained of on the Riviera.

Post and Telegraph Office, Cours Napoléon.

English church during winter season; the chaplain is licensed by the Bishop of Gibraltar. The church has been built by Miss Campbell.

Bankers and Exchange Office: J. Bozzo-Costa, Quai Roi Jerome.

Chemist: J. Garcin, Rue du Marché.

Bookseller: Peretti, Place du Marché.

Public Library: Library Fesch (with 30,000 volumes), open to the public.

Doctors: Drs. Colonna, Wagner and Hugemann.

Hotels: The *Continental Hotel*, a very comfortable and well-managed house, kept on Swiss principles. Situated full south. Extensive park and garden. *Lawn tennis*. Omnibus at the arrivals of steamers. Pension from 8 francs. Theop. Hofer, proprietor, also of the Grand Hotel des Bains, at Amphon les Bains.

The *Hotel Belle-Vue*, a very comfortable house with homelike attendance and fine view. Moderate charges en pension. F. Budtz, proprietor.

Ajnacsckö.—Austria-Hungary, comitat of Gömör.

Alkaline ferruginous waters.

Special indications : Gout, rheumatism, hæmorrhoidal affections, disorders of the urinary and intestinal tracts.

Alais.—France, department of Gard, near Nismes.

Chalybeate waters.

Special indications : Nervous debility, migraine, anæmia, chlorosis.

Alameda de Cervera.—Spain, province of Ciudad Real, near Almagro.

Acidulous ferruginous waters.

Special indications : Stomachic complaints, neuralgia and chlorosis.

Alange.—Spain, Estremadura, near Merida.

Saline waters, 80° F.

Special indications : One of the most powerful of Spanish waters in cases of rheumatism, paralysis, atonic sores and irregularities of the lower intestines.

Very primitive arrangements.

Doctor : Dr. Hernandez.

Alaraz.—Spain, province of Salamanca, near Peñaranda.

Sulphurous waters.

Special indications : Amenorrhœa, hysteria, migraine, and nervous complaints.

Alassio.—Italy, between Ventimiglia and Genoa, 6,000 inhabitants.

Winter station. Charming and quiet locality.

In a very sheltered and romantic position, at the foot of wooded mountains. Very fine parks at some of the villas. Little wind and no dust. The town has been visited frequently by members of the Italian Royal family, and General Garibaldi was here cured of his bronchial attacks. There is an English church and several primary schools.

Banker and Exchange Office : Walter Congreve, Piazza della Posta.

Doctors : Drs. Dickinson and Nain (both remaining the whole year).

Hotels : The Grand Hôtel d'Alassio.

Alap or Felsö-Alap and Alsö-Alap.—Austria, Hungary, near Stuhlweissenburg.

Acidulous or bitter waters.

Special indications : Irregular functions of the intestinal organs, affections of the mucous membrane, chronic skin diseases and plethora.

Alahurin el Grande.—Spain, province of Málaga, near Coin.
Ferruginous and cold sulphurous waters.

Special indications: Amenorrhœa, anæmia and chlorosis;
laryngeal and pharyngeal affections.

There is an efficient hydropathic establishment.

Albaladejo.—Spain, province of Ciudad Real, near Villanueva.
Bitter waters.

Very primitive arrangements, and only used by the surrounding peasantry.

Albano.—Italy, in the Campagna of Rome. For routes see table.
Ferruginous saline waters, 71° F.

The muds and waters are principally used in cases of rheumatism and old wounds.

Albens.—France, Savoy, on the road from Aix to Annecy.
Effervescing ferruginous waters.

Albisbrunn.—Switzerland, canton of Zürich, near Hausen; 1,960 feet above sea level.

Hydropathic establishment, milk and whey cure.

A very comfortable and elegant establishment, picturesquely situated.

Doctors: Drs. Brunner and Wagner.

Alcafache.—Portugal, district of Beira, in the Sierra Estrella.
Sulphurous waters, 100° F.

Special indications: Chronic syphilis and skin diseases.

Alcala del Rey.—Spain, province of La Mancha, Sierra Morena.
Indifferent waters.

Special indications: Debility of the stomach, nervous complaints.

Alcamo.—Sicily, near Palermo.
Sulphurous waters, 176° F.

Alcantuz.—Spain, province of Cuenca, near Alcarria.
Saline waters.

Special indications: Constipation and rheumatic paralysis.

These waters enjoy so high a reputation, that notwithstanding invalids having to find accommodation in huts made from branches of trees—no other accommodation existing—they are very much frequented.

Doctor: Dr. Sevillana.

Alceda or Ontaneda.—Spain, near Santander and Riviero. Thence by diligence.

Sulphurous waters, 65 to 70° F., and winter station.

Special indications: Skin diseases and affections of the mucous membranes.

Aldborough.—England, Suffolk.

Sea baths, shingly beach; much frequented.

Doctor : Dr. Helc.

Alderney.—Channel Islands, 15 miles from Guernsey.

Sea baths; bad beach.

Doctor : Dr. Ross.

Aled.—France, Department of Aude. For routes see table.

Bicarbonate of lime waters; sedative to the nervous system.

Doctor : Dr. Gourdon.

Alexandersbad.—Germany, Bavaria, circuit of Upper Main, near Wunsiedel, 1,800 feet above sea level.

Cold chalybeate water; hydropathic establishment and pine baths.

Doctors : Drs. Cordes and Hess.

Hotels : Weber, Kurhaus.

Alexandersquelle.—Russia, Caucasus, near Pjätigorsk.

Sulphurous waters, seven springs, varying in temperature from 110 to 165° F. Very abundant supply.

Special indications : Gout, rheumatism, old sores, ankylosis, syphilis.

The situation is extremely picturesque, and the number of visitors have increased considerably of late. Accommodation first-class, but expensive.

Alexisbad.—Germany, Thuringia, in the Duchy of Saxe-Anhalt

Ferruginous waters, electro-therapy, hydropathy.

Doctors : Drs. Heusinger and Kothe.

Hotels : Golden Rose and Alexisbaths.

Algiers.—Africa, capital of French colony of Algiers. For routes see table.

Winter station.

Season from November to end of April.

Special indications : Arthritis, asthma, bronchitis, phthisis.

Owing to the proximity of the Atlas Mountains, the climate of Algiers is warmer and more humid than that of any other Mediterranean station. The mean temperature during winter is 61° F. The mean barometric pressure 762 mm., and the number of rainy days in the year, 87.

Doctors : Drs. Thompson, Savill and Feuillet.

Hotel de la Régence.

Alfaro.—Spain, province of Almeria, and near this town.

Sulphurous alkaline waters.

Special indications : Skin diseases and rheumaties.

The establishment is only partially finished, and the accommodation is scanty.

Doctor : Dr. Serrano y Sanchez.

Algoarta.—Spain, province of Vizcaya, 11 miles from Bilbao.

Sea baths, with fine sandy beach.

Very fine climate, retired and select situation.

Al-Gyógy.—Austria-Hungary, Transylvania, district of Karlsburg.

Alkaline-earthly waters.

Special indications : Chronic catarrh in its various forms.

The establishment is in keeping with the place.

Alhama de Aragon.—Spain, province of Saragossa, district of Atéca.

For routes see table.

Sulphurous magnesian and ferruginous waters, 100° F.

Season : Spring and autumn, but open all the year round.

Special indications : Asthma, paralysis, debility of kidneys and bladder, skin diseases, dysmenorrhœa.

The establishment and accommodation can compare favourably with those of many of the most frequented watering places in Germany and France.

Doctor : Dr. Tomas Parraverde.

Alhama de Granada.—Spain, near Granada and Malaga.

Sulphurous magnesian waters, 110° F. The spring is seven inches in diameter, and contains much sulphuretted hydrogen.

Season : April 15th to October 31st; climate healthy and mild.

Special indications : Intestinal obstructions, affections of the mucous membranes, nervous debility, rheumatism, atonic sores and skin diseases.

The baths were very much frequented under the Saracen rule, the existing old Moorish edifices shewing the importance the baths then had. The Caliph of Granada is said to have received in some years as much as 500,000 ducats of revenue from these baths.

Doctor : Dr. Perales Churt.

Alhama de Murcia.—Spain, 20 m. from Murcia.

Sulphate of lime waters, 84 to 107° F.

Special indications : Affections of the nervous centres, hemiplegia, palsy, anæmia, chlorosis, constipation, difficult menstruation, pyrosis, uterine affections.

Notwithstanding the length of time these baths have existed and the efficacy of their waters, the accommodation is still of the worst kind.

Doctor : Dr. Fortuni.

Alhama la Seca.—Spain, province of Almeria, near Canjajar.

Acidulous waters, 105° F.

Special indications : Rheumatism, paralysis and skin diseases.

Ali.—Sicily, between Messina and Taormina, on the coast.

Hydrosulphuric waters, 100° F.

Special indications : Sciatica, rheumatic affections and skin diseases.

Frequented chiefly by the inhabitants of Messina.

Alica.—Italy, Tuscany, valley of the Era, on the right bank of the Rigone.

Sulphurous and alkaline waters, 60 to 65° F.

Special indications : Kidney diseases, calculous affections of the urinary system in general, menorrhagia, blennorrhœa, for one spring; rheumatism gout, hysteria and anæmia for the other.

Alicante.—Spain, on the Mediterranean.

Winter station of first importance.

Special indications : Invalids requiring a stimulating climate; also in cases of latent scrofula, asthma and bronchorrhœa, pleuritis, rheumatism and albuminuria.

Mean Winter temperature, 60° F. Air, very dry; rainy days fewer than on the Riviera; mean rainfall, 177 m/m. The town is well sheltered and the bay open only to southerly winds. No mistral or dust.

Doctor : Dr. Roman.

Alicum.—Spain, on the Fardes, near Guadix.

Saline waters, 90° F.

Special indications : All diseases due to debility and atony, hemiplegia, palsy, neuroses, and scrofula.

Doctor : Dr. Ferrer.

Aliseda.—Spain, in the Sierra Morena, province of Jaen, near Carolina.

Ferruginous waters.

Special indications : Chronic stomachic and kidney affections, chronic diarrhœa, intermittent fevers.

Alkna-Szlatina.—Austria-Hungary, near Szigeth.

Saline waters, 21 per cent. of salts.

Arrangements somewhat primitive.

If properly managed, this might become one of the most important brine and inhalation bathing places.

Allegrezza.—Italy, district of Montale.

Alkaline waters.

Special indications : Gravel, vesical catarrh and skin diseases.

Allerheiligen.—Switzerland, canton of Solothurn, 5 miles from this town; 4,000 feet above sea level.

Carbonate and sulphate of lime waters.

These waters are well suited to nervous individuals; they have a stringent, depurative and tonic action.

Allevard-les-Bains.—Frauce, Department of Isère; 1,400 feet above sea level. For routes see table.

Sulphate of lime waters, 52° F. Inhalation.

Season, 15th May to 1st October.

Special indications: Very efficacious in chronic inflammation of the laryngeal and pharyngeal mucous membrane, in nasal catarrh, syphilis and skin diseases.

Post and Telegraph.

Doctors: Drs. Isoard, Kostens and Niepee fils.

Hotels: The *Hôtels du Louvre* and *de la Planta*.

Allezani.—Corsica, arrondissement of Corte.

Ferruginous bicarbonate waters.

Allonby.—England, Cumberland, near Silloth.

Sea baths. The surf being rather heavy, these baths should not be taken by the weak or nervous. Sandy beach.

Allume.—Italy, on the island of Giglio.

Sulpho-ferruginous waters, 68° F.

Special indications: Constipation and chronic skin diseases.

Almagro.—Spain, province of Ciudad-Real, near this town.

Acidulous waters.

No establishment and little used.

Almamezö.—Austria-Hungary, comitat of Bereg-Ujocza; see Zányka.

Several saline-ferruginous springs not yet analysed.

Almas.—Austria-Hungary, comitat of Grau, on the Danube.

Tepid sulphurous waters.

Almeida.—Spain, province of Leon, near Bonar.

Sulphurous-alkaline waters, containing sulphate of iron, 190° F.

Special indications: Gout, rheumatism, paralysis, skin diseases.

Almeria.—Spain, on the south coast.

Winter station, with sulphurous magnesian waters.

Special indications: Rheumatism and paralysis, phthisis, chlorosis, nervous affections.

Mean winter temperature 60° F. One of the most sheltered of winter stations; frost and snow are entirely unknown here, and the temperature rarely falls to 45° F. A clear, dry and calm air characterises Almeria.

Alnmouth.—England, Northumberland, between Newcastle and Berwick.
Sea baths and sandy beach.

Alova.—Spain, province of Malaga, near the capital.
Sulphurous and bitter waters.
Not frequented.

Alpnacht.—Switzerland, Lake of IV. Cantons, Canton Unterwalden;
four miles from Saarnen. See routes in table to Lucerne.

Climatic station; whey and milk cure.

The starting point for diligences for Bernese Oberland. It is situated at the foot of Mount Pilatus, whence extends a beautiful panorama of the surrounding mountains. It is 3½ hours ride over a good mule path to top of mountain.

Hotel: The *Hotel Pilatus*, a clean and comfortable house.
Telegraph and telephone office. M. Britschgy, proprietor.

Alsö-Sebes.—Austria-Hungary, comitat of Sáros, near Eperies.

Sulpho-magnesian waters, 50° F.

Special indications: Affections of the lymphatic system, scrofula, commencing tuberculosis, catarrh of the respiratory organs, constipation.

Very primitive arrangements.

Alsásua.—Spain, province of Navarra, near Vittoria.

Alkaline waters; also a ferruginous spring.

The establishment is small, and, though it has a railway station easy of access, little is done to attract visitors.

Alt Haide.—Germany, Silesia, near Glatz, 1,300 feet above sea-level.

Alkaline waters and climatic air station.

Special indications: Scrofula and chronic affections of the uterus.

Doctor: Dr. Otte.

Hotel: The *Baths*.

Altenau.—Germany, Prussia, in the Harz, near Clausthal, 1,400 feet above sea level.

Climatic air station.

Doctor: Dr. Eckert.

Alton-Towers.—England, Staffordshire.

A summer health resort, interesting only for its romantic scenery.

Altsohl.—Austria-Hungary, comitat of Sohl, on the left bank of the Grau.

Earthy alkaline ferruginous waters, 50° F. Indifferent arrangements.

Alt Tura.—Austria-Hungary, comitat of Oberneutra, 3,130 feet above sea level.

Alkaline strongly effervescing waters.

Altwasser.—Germany, Prussia, near Liegnitz, in Silesia, 1,300 feet above the sea level.

Highly effervescent ferruginous waters; mud baths.

Special indications : Anæmia, chlorosis, skin diseases, general debility.

Alvaneu.—Switzerland, Canton of the Grisons, 11 miles from Coire on the Albula road, 3,150 feet above the level of the sea. For routes see table.

Sulphurous saline waters, 46° F.; saline chalybeate waters, 51° F., at Tiefenkasten; iodurated chalybeate waters, 57° F., at Solis.

Special indications : Rheumatism, chronic derangements of the digestive organs, chronic catarrh of respiratory and urinary organs.

English Church Service.

Post and Telegraph : In the Kurhans.

Doctors : Drs. Weber and Balzer.

Hotel : The Kurhaus.

Ambleteuse.—France, department of Pas-de-Calais.

Sea baths; sandy beach.

A very quiet and retired spot.

Amélie-les-Bains.—France, Eastern Pyrenees; 700 feet above the level of the sea. For routes see table.

Sulphurous saline waters, 71° to 172° F., and winter station.

Season : All the year.

Special indications : Herpetie diathesis, and catarrhal affections of the respiratory organs, rheumatism, scrofula, syphilis.

Doctors : Drs. Arnal and Genieys.

Hotels : The *Grand Hôtel des Thermes Romains*; first-class house, covered promenades, heated in winter; baths in the house; large garden, thoroughly well appointed. Dr. Henry Arnal, directeur.

Amalfi.—Italy, on the Mediterranean, 12 m. from Salerno.

A winter health resort which deserves to be better known.

Ambleside.—England, Westmoreland, Lake district.

A summer holiday resort.

Doctor : Dr. Redmayne.

Amlwch.—Wales, Anglesey, near Bull Bay.

Sea baths; sandy beach.

A fine establishment.

Gaseous spring.

Amphion.—France, Savoy, near Evian; 1,310 feet above the sea level.

Cold alkaline ferruginous bicarbonate waters. Hydropathic establishment.

Season : June 15th to October 1st.

Special indications : Debility of the digestive organs, gravel, hypochondriasis.

The establishments are situated in an extensive park, well shaded by large trees. Gymnastic and lawn tennis grounds on a large terrace overlooking the lake. The site and environs are very picturesque, and offer a good choice of excursions. Horses and carriages for hire.

Telegraph and Post.

Hotels : *The Grand Hôtel des Bains*, first-class house in every respect ; *Lawn-tennis* ; landing place of steamers at the Hôtel ; Casino ; Pension from 7 francs. Regular and *gratuitous* train-way service for pensionnaires between Amphion and Evian. Theoph. Hofer, proprietor, also of the Hôtel Continental in Ajaccio, Corsica.

Amsterdam.—The former capital of Holland. From London by steamer, *via* Harwich.

On the Amstel, a branch of the Wye, an inlet of the Zuyder Zee. The town is built upon piles driven through from 50 to 60 ft. of peat and sand, and is protected by dykes. The numerous canals, passing between 95 islands, are spanned by nearly 660 bridges. The finest of these is the Hoogsluis, which is 610 ft. long.

PLACES OF INTEREST.—Vondel's Park, New Museum, Crystal Palace, which was intended as an Hôtel de Ville ; marble sculptures inside ; Van den Hoop gallery of paintings ; National Gallery in the Trippenhuis ; Zoological Gardens ; Fodor museum and Van Six gallery ; Antiquarian Society's museum ; nearly sixty Churches and Chapels of all denominations.

Docks and Royal Naval Wharf ; Naval Academy ; Koster's diamond cutting establishment ; Wynand Foeking's Factory for curaçoa and other liquors. Opera house. Post-office.

Guide and Interpreter : Sam. Kosman, 52, Warmoes straat.

Doctors : Drs. Davids and Metzger.

Hotel : *Amstel Hotel*.

Ammoniacal, Gas Spring or Grotto del Cane.—Italy, near Naples.

Hot vapour baths.

Special indications : Partial paralysis.

Amroth.—Wales, Pembrokeshire.

Sea baths. Pebbly beach.

Anacapri.—Italy, Island of Capri.

Sea baths and winter station.

Doctor : Dr. Green.

Anagni.—Italy, near the Pontine marshes.

Bituminous-alkaline-sulphurous waters.

A very unhealthy site. Frequented under the Roman Emperors, but now altogether neglected.

- Ancona.**—Italy, on the Adriatic, a fortified maritime port, with dockyards.
Sea baths, sandy beach. A very fashionable resort.
Season : July—September.
A second-rate establishment has lately been built. During the season, concerts, morning dances and regattas, are among the amusements.
- Andabre.**—France, Department of Aveyron, near Camarès. For routes, see table.
Effervescing bicarbonate saline, and slightly ferruginous waters.
Special indications : Affections of the liver, gout and gravel.
Doctor : Dr. Martin.
- Andeer.**—Switzerland, Canton of the Grisons, near Pigneu.
Sulphate of lime waters ; whey cure.
Very elegant establishment.
- Andujar.**—Spain, province of Jaen.
Hydrosulphuric water ; also an acidulous-alkaline spring.
Special indications : Skin diseases, syphilis, &c.
- Anguillara.**—Italy, Tuscany, near Lago Sabatino.
Bitter waters, 70° F.
Special indications : Paresis ; hemiplegia resulting from rheumatism ; kidney affections, pyelitis, blenorrhœa and intestinal debility.
- Annecy.**—France, Upper Savoy, on the lake of Annecy, 20 miles by rail from Aix-les-Bains ; 1,460 feet above the sea level ; 12,000 inhabitants.
Climatic station ; baths in the lake.
- Annweiler.**—Germany, Bavaria, Palatinate, near Landau.
Climatic air station, grape cure.
Doctor : Dr. Gauch.
- Antequera.**—Spain, province of Málaga, near Estepona.
Acidulous waters.
Special indications : Calculus, obstructions, amenorrhœa and intermittens.
- Antibes.**—France, on the Riviera, between Cannes and Nice.
Winter resort, but little frequented ; visitors stay more at the Cap d'Antibes ; see this.
- Antogast.**—Germany, Duchy of Baden.
Ferruginous bicarbonate waters, containing arsenic ; used in the country only as table waters.
Doctor : Dr. Schneyder.
- Antrim Spa.**—Ireland, County Donegal.
Saline and bicarbonate of lime waters.
Special indications : Scrofula.

Apollinaris.—Germany, Rhenish-Prussia; in the valley of the Ahr, near Remagen.

Effervescing Alkaline table-water of peculiarly agreeable flavour and absolute purity: digestive and anti-lithic.

The *British Medical Journal* has described Apollinaris as "The Queen of Table Waters."

The water is slightly impregnated with alkaline carbonates. Dietetically, it is especially recommended for dyspeptic, gouty and rheumatic subjects. It is drawn from a deep rocky source (at a depth of 50 feet), and the bottled water contains exactly the same amount of carbonic acid gas as the water at that depth. It is absolutely pure: and this, together with its agreeable and refreshing qualities, have given to it a world-wide reputation as a table-water for daily use.

The continued increase in the annual consumption of this favourite table water is most remarkable. The Apollinaris Company of London undertook the export of the water in 1874, and the filling at the Apollinaris spring, which in 1888 amounted to 12,720,000 bottles, and in 1889 to 15,822,000 bottles, is now estimated at 18,000,000 bottles per annum.

Appenrade.—Germany, Schleswig, North of Flensburg.

Sea baths.

Doctor: Dr. Cohn.

Appenzell.—Switzerland, capital of the Canton of same name, near Siton; 2,538 feet above the sea-level.

Carbonate of magnesia waters. Whcy-cure station of first importance.

Appledore.—England, West Devon.

Sea baths.

Good surf and bathing appliances.

Aramayona.—Spain, province of Aláva, district of Vitoria.

Sulphate of lime waters.

Special indications: Chronic skin diseases, bronchial ophthalmia, mercurialism, leucorrhœa.

The establishment and accommodation are modern and very good.

Doctor: Dr. Guedea.

Aranjuez.—Spain, near Toledo.

Acidulous, bitter waters, containing a large quantity of sulphate of soda.

Special indications: Impairment of the bilious and digestive secretions, catarrh of the intestines, chronic liver complaints, pain in the kidneys, gravel and calculus, ophthalmia.

Aranzarre.—Spain, province of Guipuzcoa.

Sulphate of lime waters, with sedative properties.

Arapataka (Lindorf).—Austria, Transylvania, comitat of Ober Albat, 20 k. from Kronstadt.

Mixed bicarbonate waters.

Arborme.—France, Department of Gironde, Arrondissement of Frontiers.
Saline waters, 53° F.

Areachon.—France, Department of Gironde, 34 miles from Bordeaux.
For routes see table.

Winter station, with sea baths.

Special indications : For invalids requiring a sedative air ; for delicate, lymphatic and anæmic persons ; nervous complaints ; chest and lung affections.

Doctors : Dr. Hameau.

Hotels : The *Hôtel de France*, open all the year round, very comfortable and well situated on the beach ; sheltered position.

Archena.—Spain, province of Murcia, near Inicia on the Segura.

Sulphurous and saline waters, 124° F. Steam baths.

Special indications : Syphilitic and scrofulous affections.

Very excellent accommodation.

The water is considered to act as a stimulant on the skin and genital organs, and may, it is said, induce actual congestion of the lungs and uterus.

Doctor : Dr. Zabala.

Arechavaleta.—Spain, province of Guipuzcoa, 18 miles from Zumárraga.

Sulphurous waters, 70° F. Stimulating and diuretic action.

Special indications : Scrofula, herpetic affections, fluor albus.

The establishment is moderately complete ; the accommodation is good and moderate in price ; the environs are romantic.

Doctor : Dr. Breñosa.

Arcidosso.—Italy, Tuscany, near Grosseto.

Bicarbonate ferruginous waters, 45° to 55° F.

Arco.—Austria, Southern Tyrol, above the Garda Lake.

Winter station.

Doctors : Drs. Schilder, Schreiber and Althammer.

Hotel : *Kurhaus Arco*.

Ares (Les).—France, Department of Var.

Ferruginous waters.

Ardales.—See Carratraca.

Ardrossan.—Scotland, Firth of Clyde.

Sea baths.

The air is bracing, but sometimes very humid.

Aregos.—Portugal, province of Beira.

Sulphurous waters, 150° F.

Arenas (Las).—Spain, province of Vizeaya, near Bilbao.

Sea baths. Very fine sandy beach.

The establishment is very fine, and contains concert, ball, library and billiard rooms.

The scenery is very fine.

Arendsee.—Germany, Prussia, province of Brandenburg, near Saizwedel.

Hydropathic establishment and climatic air station.

The surrounding country is covered with fir and beech woods.

Doctor : Dr. Reip.

Arenosillo.—Spain, province of Cordova, near Montoro.

Chloride and sulphate of sodium waters, 54° F.

Special indications : Scrofula and skin diseases.

The establishment and accommodation are inadequate and antiquated.

Doctor : Dr. Reguera.

Arenzano.—Italy, one hour from Genoa on the Riviera di Ponente.

Winter station, beginning to attract visitors.

Cogolcto, the birthplace of Christopher Columbus, is close by. Very agreeable promenades and drives in the neighbourhood.

Argeles-Gazost.—France, Department of Hautes Pyrenees. Train from Lourdes to Pierrefitte.

Sulphurous, bromo iodinated waters.

There is a good Thermal Establishment, and the waters are justly noted for cures of diseases of the respiratory organs, phthisis, scrofula and skin diseases generally.

The valley is celebrated for the beauty of its situation, and the mildness of its climate, which allows patients to follow the treatment from April to November without encountering either excessive heat or cold. Many beautiful excursions can be made to the surrounding country; and, in addition to the season already mentioned, so mild is the climate that many visitors are in the habit of making quite a winter season from December to March.

Several villas are to let, furnished with every English comfort; apply to the director of the establishment at Argeles-Gazost.

Hôtel du Parc.

Argentières.—France, Department of Allier, Arrondissement Montluçon.

Bicarbonate of soda water.

Argentona.—Spain, province of Barcelona, near Mataró.

Acidulous ferruginous waters, 45° F.

Special indications : Gastralgia, dyspepsia, urinary and abdominal obstructions.

The establishment is antiquated, accommodation cheap, but inferior.

Doctor : Dr. Barrols.

Ariño.—Spain, province of Ternel, near Alcañiz.

Tepid sulphurous waters.

There is no establishment.

Arlane.—France, Department of Puy-du-Dôme, Arrondissement of Ambert.

Ferruginous bicarbonate waters, containing 0.025 silicate.

Armajolo.—Italy, Tuscany, near Siena.

Sulphate and carbonate of lime waters.

Special indications: Affections of the kidneys and urinary system, gravel.

Arnedillo.—Spain, province of Logroño; 1,000 feet above the sea-level.

Saline waters, 128° F.; natural steam baths.

Special indications: Rheumatism, syphilis and affections of the urinary system.

The establishment and accommodation are good and moderate in price.

Doctor: Dr. Martinez.

Arnside.—England, Lancashire, on Morecambe Bay.

Sea baths, sandy beach.

Doctor: Dr. Chapman.

Arnsdorf.—Germany, Upper Silesia, near Warmbrunn.

Climatic air station.

Charmingly situated, and frequented by visitors who are not over exacting as regards accommodation.

Doctor: Dr. Kettmann.

Arnstadt.—Germany, province of Saxony, near Erfurt, on the Gera.

Saline waters.

Special indications: Scrofulous diseases.

Doctors: Drs. Niebergall and Oswald.

Arp.—Switzerland, Canton Valais, 2½ hours from Loèche-les-Bains.

Strong sulphurous waters.

Special indications: Skin diseases.

Arpad.—Hungary, Slavonia.

Saline and purgative waters.

Arromanches.—France, Department of Calvados; from Paris *via* Bayeux.

Sea baths, sandy beach.

Artejo.—Spain, Galicia, near Coruña.

Sulpho-saline waters, 90° F.

Special indications: Scrofula, caries, gout, rheumatism.

The situation is charming, but the waters are scanty.

The establishment and accommodation are good, and prices not too high.

Doctors: Dr. Mayoral.

Artern.—Germany, Prussia, province of Saxony, near Merseburg.

Saline waters.

No amusements are offered here, and the place is therefore visited only by invalids.

Hotel : Kurhaus.

Arzilhe.—Switzerland, near Berno. 1,600 feet above the sea level.

Thermal saline sulphurous waters.

Special indications : Skin disease.

Aseiano.—Italy, Tuscany, near Pisa.

Sulphate of lime waters.

Special indications : Affections of the urinary system, lithiasis, catarrh of stomach and intestines.

Aseoli.—Italy, in the Marches.

Saline-sulpho-ferruginous waters, 90° F.

Special indications : Affections of the urinary system.

Very primitive arrangements, used only by the inhabitants.

Ashby-de-la-Zouch.—England, Leicestershire, 14 m. from Derby.

Cold saline waters.

Season : From 1st June till 1st October.

Special indications : Serofulous affections.

Asinalunga.—Italy, Tuscany, Val d'Oreia.

Ferruginous waters.

Special indications : Leucorrhœa, affections of the urinary system, spleen, and liver.

Asnelles-sur-Mer.—France, Department of Calvados, from Paris *viâ* Bayeux.

Sea baths, sandy beach.

Aspio.—Italy, province of Ancona, one hour from Ancona.

Ferruginous alkaline waters.

Special indications : Affections of the liver, serofulous and glandular diseases.

Little known and used only by the inhabitants.

Assmannshausen.—Germany, Nassau, in the Rhinegau.

Saline and alkaline waters.

Hydropathic establishment.

Special indications : Rheumatism and affections of the urinary system and nervous centres.

Doctor : Dr. Mahr.

Hotels : Kurhaus, Anchor.

Astrakhan.—Russia, on the Caspian Sea.

Mud baths, containing saline and bituminous substances.

Special indications : Scrofula, rheumatism and paralysis.

Astillero (El).—Spain, province of Santander, and $1\frac{1}{2}$ miles from this town.

Sea baths, small beach, and more visited on account of its bracing and exhilarating air. There is also an effervescent ferruginous spring.

The site is very charming, and excursions in endless variety abound. Sojourn agreeable and moderate in price. Frequented by upwards of 1,500 visitors in the season.

Astroni.—Italy, half-hour from S. Germano.

Thermal sulphurous waters.

Owing to its very unhealthy site, this station has been abandoned.

Athimonus.—Ireland, County of Leitrim.

Strong sulphurous waters.

Special indications : Rheumatism, paralysis.

The establishment is comfortable.

Athlone Waters.—Ireland, County of Roscommon.

Cold ferruginous waters.

Only used internally by residents.

Attisholz.—Switzerland, one hour from Solothurn.

Alkaline waters, 60° F.

Special indications : Gout, rheumatism, chronic diarrhœa.

Atya.—Austria-Hungary, comitat of Weissenburg.

Earthy alkaline waters.

The springs form two lakes.

Audinac.—France, Department of Arriège, near St. Girons.

Sulphate of lime and ferruginous waters, 80° F.

Special indications : Diseases of the vesical and digestive organs.

Auerbach.—Germany, Hesse, half an hour from Darmstadt.

Chalybeate waters ; more frequented as a summer health resort.

Special indications : Anæmia, atony, and in general all affections requiring ferruginous treatment.

Augnat.—France, Department of Puy-de-Dôme, near Isoire.

Ferruginous bicarbonate waters.

Special indications : Anæmia, enlargement of the liver and spleen, and gravel.

Augustusbad.—Germany, Kingdom of Saxony, near Raveberg.

One saline and six bicarbonate chalybeate springs.

Doctors : Drs. Brunig and Dorner.

Hotels : Palais, Thal.

Aulus.—France, Arriège, near St. Girons. For routes see table.

. Alkaline waters, 48° F.

Special indications : Purgative, laxative and diuretic action, according to the dose ; in diseases of the liver, in arthritic affections, and in syphilis.

Doctor : Dr. Alrig.

Aussee.—Austria, Styria near Graz. 1,800 to 2,000 feet above the sea level. Saline waters and climatic station.

Season : July—September.

A very elegant establishment, with a sanatorium, offering good accommodation.

The situation is most picturesque, and numerous excursions may be made in the neighbourhood.

Doctors : Drs. Schreiber and Veth.

Auteuil.—France, suburb of Paris.

Cold non-effervescing ferruginous waters, which are difficult of digestion.

Availles or Abrac.—France, Department of Charente, near Condatens. Saline waters.

Special indications : Intermittent fever and atonic diseases.

Avesne.—France, Herault, Arrondissement of Lodève, near Montpellier. Mixed bicarbonate waters, 65° F., sedative and tonic.

Special indications : Cutaneous affections.

Aviles.—Spain, province of Oviedo, and 20 miles from this town.

Sea baths and climatic summer station.

The sojourn is agreeable, and the surrounding country abounds in very interesting excursions.

Axenfels.—Switzerland. Lake of Lucerne, Canton of Schwyz, 2,300 feet above the sea level. For routes see table to Lucerne ; thence by rail or boat to Brunnen.

Climatic station ; mineral waters of all the best known springs ; milk and whey cure.

Axenfels is beautifully situated and well sheltered. The views from the hôtel and gardens are very fine, embracing the lake and mountains and glaciers. The excursions are numerous and well worth making. Carriages can be had in the hotel.

A doctor resides in the hotel during season.

Hotels : The *Grand Hôtel Axenfels*, a first-class house with every comfort ; 200 beds ; conversation, ladies', smoking and billiard-rooms. Post and telegraph ; orchestra. Omnibus at station and landing stage. Th. Wirth-Strubin, proprietor, also of the Schweizerhof Interlaken.

Ax.—France, Department of Ariège, Arrondissement of Foix, near Tarascon. For routes see table.

Sulphurous waters.

The sulphurous elements appear here, as at Luchon, in the form of sulph-hydrates. There exists a great similarity between the two waters. There are more than 60 springs, with a temperature varying from 54 to 200° F.

Special indications : Rheumatism especially chronic, scrofula, affections of the skin in atonic and inveterate forms.

Doctor : Dr. Garrigon.

Axenstein.—Switzerland, Canton of Schwyz, Lake of Lucerne, 2,500 feet above the sea level. For routes see table to Lucerne; thence by Gotthard railway, or by boat to Brunnén; from Brunnén by omnibus 50 minutes.

Climatic station; milk and whey cure. Mild, yet bracing Alpine air; well sheltered from winds.

Season : May 15th to October.

This establishment is situated in a most picturesque country near the small village of Morschach. An extensive and beautifully planted park surrounds it, with pine and fir trees, which contribute very largely to the health-giving properties of the air. Queen Victoria said of this place: "Axenstein is the finest place I have seen during my Swiss tour." The excursions are very varied and interesting. Two villas situated in the park contain morning, card and billiard rooms, verandahs and baths. Telegraph and post-office in the hotel. English church in one of the villas.

Doctor : Dr. Schoenbaechler.

Hotels : The *Grand Hôtel Axenstein* is a magnificent hotel, and combines every comfort with moderate prices. Excellent kitchen. Large airy rooms and suites. A dairy belonging to the proprietors supplies the establishment with pure produce. Maps of the park may be had of the secretary at the hotel. A. Eberlé Sons, proprietors.

Azaraque.—Spain, province of Albacete, near Hellín.

Sulphurous waters.

No establishment, and waters only used in a primitive manner.

Baassen.—Hungary, near Temesvár and Mediah.

Saline bromo-iodurated waters, 50° F.

Season : July, August.

Special indications : Chronic rheumatism, scrofula, disorders of uterus and ovary, syphilitic affections of the bones and tissues.

Very picturesquely situated; a quiet but agreeable place.

Doctor : Dr. Schwarz.

Babilafuente.—Spain, province of Salamanca, near Peñaranda.

Alkaline waters.

Special indications : Vesical and biliary calculus, gravel.

Baccanella.—Italy, Tuscany, near Alita and Pondera.

Sulpho-ferruginous waters, 50° F.

Special indications : Chronic sores and skin affections.

Baczuch.—Hungary, comitat of Sohl.

Cold ferruginous waters.

Not much comfort; the town is but little visited.

Baden.—Lower Austria, 1 hour from Vienna. For routes see table.

Sulphurous waters, 82° to 95° F.

Special indications: Rheumatism, gout, anæmia, scrofula, more especially of a sub-acute character.

Doctors: Drs. Barth, von Mühlleitner, J. Schwarz.

Hotels: The *Hôtel de la Ville de Vienne*, *Green Tree*.

Baden.—Switzerland, near Zurich. For routes see table.

Sulphurous waters, 119° F.

Special indications: Neuroses, gout, uterine and vesical catarrh, induration of the thymus gland, scrofula and rheumatism.

Doctors: Drs. Minnich, von Schmid, Borsinger.

Baden-Baden.—Germany, duchy of Baden, 650 feet above sea level, 13,000 inhabitants. For routes see table.

Alkaline chloride of sodium waters, varying in temperature from 110° to 150° F.; climatic station; every description of baths; hydropathic and pneumatic establishments; hospital for eye affections; whey cure.

Season: May—October; but open all the year round.

The number of visitors annually amounts to between 50,000 and 60,000.

Special indications: Uric acid diathesis, gout and kindred affections (due to excess of uric acid); malaria, and certain skin diseases; chronic rheumatism in all its forms, wounds, injuries and fractures, scrofula, constitutional syphilis, chronic catarrh of the mucous membrane of the respiratory and digestive tracts, certain kidney affections, anæmia and convalescence after serious illness.

The effect of the Baden waters, like that of chloride of sodium springs, generally is to dissipate and dissolve congestions, to stimulate, accelerate and regulate digestion, to increase the secretory power of the skin and kidneys; their most distinctive characteristic is a high temperature and the absence of carbonic acid, which renders them mild and easy of digestion and very suitable to irritable and delicate persons, whose organs are capable of but little reaction. The springs are also useful in cases of weakened and easily disordered digestion.

The amount of mineral ingredients varies for the several springs from 22 to 30 parts in 10,000. The quantity of water supplied in 24 hours by all the springs combined is about a million litres. Of this the main shaft spring supplies one-half. According to the analysis by Dr. Bunsen, of Heidelberg, in 1881, this spring is remarkable for the unusually **high percentage of arsenic and lithium** which it contains.

Thermal baths can be had at several hotels, but best at the "*Grand Ducal Friedrichs Baths.*" This may be looked upon as a model of what a bathing establishment should be. It cannot be surpassed either for the completeness of its arrangements, which have been designed to carry out both hydropathic and thermal treatment, or for its excellent system of attendance. It contains baths of the ordinary kinds, steam or wave baths (wild baths), electric baths, inhalation apparatus, cold water treatment, Russian or Irish baths, hot air baths, swimming baths at 59°, 80°, 95° and 100° F. Douches of every description, temperature and strength. In the summer of 1884, a new section of medical gymnastics and massage, according to the newest Swedish system, with all modern appliances, was opened. By these additions the Frederick Baths have become the most complete therapeutic establishment in Europe.

Separate Russian vapour baths; Bos baths. Skilled gymnasts and shampooers attend. It is open all the year round, and is thoroughly warmed in winter.

Medical Director of the Baths, as appointed by the Government, Dr. Heiligenthal.

Baden-Baden is a charming town picturesquely situated in a valley, sheltered by the lower ranges of the Black Forest. The winter is very mild, and the summer not excessively hot. It is a resort for idlers, pleasure-seekers and patients from all parts of the world. Its springs were known and used by the ancient Romans.

The centre of Kur-life in the morning is "The Trinkhalle." Visitors and patients come here between 6.30 and 7.30 a.m., to take the waters, promenading in the intervals in the gardens and listening to the band.

The frescoes with which the Trinkhalle is ornamented represent legends of the Black Forest.

The most popular rendezvous, however, is the "**Conversationshaus.**" Concerts three times daily are held in the small pagoda in front. The Conversationshaus includes assembly rooms of immense size, reading-rooms, coffee and billiard-rooms, and a restaurant. The theatre and suite of apartments for assemblies and balls are magnificently furnished and are close by.

The gardens and promenades are all admirably kept and very beautiful.

The race course at Iffezheim, at a short distance from Baden-Baden, is one of the best, if not the very best in Europe. In the early days of September, the races bring together the *élite* of the German and Austrian aristocracy. They are, perhaps, the best races in Germany or Austria. The Excursions are very varied and interesting. Amongst those at short distances may be mentioned: The old and new Schloss, whence on clear days the spire of the Cathedral of Strasburg is visible; ruins of Eberstein Castle, the Favorite, and the Hermitage. Farther off are the falls of Allerheligen, Eberstein, the Murg valley, Forbach, Raumünzsch, Gernsbach, Rothenfels, Knuppenheim, Wildbad, Griesbach, Wolfach, Petersthal, etc.

Amongst the amusements may be mentioned good fishing and shooting, grand concerts, symphonic and quartetto *soirées*, special concerts by the best known artists. Balls, *réunions*, children's balls, military concerts, operas and comedies with artists of world-wide celebrity fire works and illuminations.

The educational establishments of Baden are of the highest order. The prices being everywhere fixed by Government, it is scarcely necessary to bargain for anything, the traveller being well protected against extortion.

English church: Rev. S. A. White.

Post Office and Telegraph: Lange Strasse.

Telegraph: Station.

Banker and Exchange Office: F. C. Joerger.

Bookseller: At the entrance of the Friedrichs Baths.

Doctors: Drs. Heiligenthal, Berton, Schliep, Offinger, Baumgartner, &c.

Hotels: The *Hôtel Victoria*. First-class hotel. Excellent position, nearest the Promenade, Kursaal, and Frederics Baths, with charming view, splendid public rooms and bath rooms. Sanitary arrangements perfect. Hydraulic lifts. F. Grosholz, proprietor.

Among many others are the *Hôtel de Russie*, *Hôtel de France*, *Holland*, *Hotel d'Angleterre*, &c.

Badenweiler.—Germany, Duchy of Baden, in the southern parts of the Black Forest, near Freiburg in Baden; 1,300 feet above the sea level. For routes see table.

Warm earthy waters, 80° to 82° F. A celebrated climatic station. Surrounded by pine forests.

Special indications: Diseases of the chest, chronic affections of the lungs, throat and air pipe; nervous and catarrhal affections generally, convalescence after illness, female diseases, neuralgias, and rheumatism.

The establishment is very elegantly fitted up with marble basins, open swimming baths, douches, and single baths. Cows', goats', and donkeys' milk, whey cure, and all mineral waters may be obtained.

Large, well-kept, and shaded park, with the ruins of an old Roman bath in good preservation; good promenades through the pine-forests; excellent facilities for excursions, ascent of the Hochblauen, 3,550 feet high, with a superb view of the Alps, Jura, Vosges and Valley of the Rhine, etc. Large reading-room in the Casino.

The amusements are varied; there are daily concerts, theatre, etc. Very comfortable hotels, villas, and private apartments. English church.

Post and telegraph station.

Cabs and carriages by the hour and day.

Doctors: Drs. A. Siegel, H. J. Thomas, Mandowski and Kollman.

Hotels: *Hôtel Sommer*, same proprietor as *Hôtel Zaehringenhof* in Freiburg; the *Römerbad*, Yoner Brothers, proprietors, excellent first-class houses.

Badstofuhver.—Sweden, district of Sunlendinga-Fiordunger, in the valley of Geyss.

Alkaline-saline waters, 189° F.

Special indications : Obesity, disorders of the urinary system, liver complaints.

Bagnaccio di Colombajo.—Italy, Tuscany, district of Nievole, near Valagli.

Sulphurous ferruginous waters, 62° F.

Bagni-a-Baccanella.—Italy, Tuscany, Val d'Agra, on the Arno.

Alkali-saline waters.

Special indications : Disorders of the digestive and urinary system.

Bagnères de Bigorre.—France, Department of Hautes Pyrénées; 1,750 feet above sea level; 12,000 inhabitants. For routes see table.

Saline, sulphurous, ferruginous and arsenical waters, varying in temperature from 72° to 120° F.; upwards of 50 springs; thoroughly good establishments. There is a cold sulphurous spring at Labassère, the waters of which are largely exported.

A winter station.

Season : June to September, especially for the baths. November till May as winter residence, but baths may be taken all the year round.

Number of visitors, 23,000 to 25,000 annually.

Special indications : Owing to the complex character of the waters and the mildness of the climate, the therapeutic indications are very varied. The waters enjoy a high reputation in cases of tuberculosis and affections of the respiratory organs, in affections of the intestines and urinary system, in plethora abdominalis, anæmia, chlorosis, and various female disorders.

The Labassère spring having lately been acquired by the Company, will add considerably to the therapeutic resources of Bagnères de Bigorre, as it is one of the most powerful cold sulphurous springs of the Pyrenees.

The town is situated in a valley, open to the north and south; east and west it is sheltered by a range of hills. The climate is very mild and humid, but bracing, owing to the high elevation. Mean temperature during the seven winter months, 46·5° F.; mean barometric pressure 752 mm.; mean rainfall, 4·278 inches a month in winter; rainy days, 147; sunny days 123 in the year.

The environs are very attractive, and walks and excursions are abundant, the latter being highly interesting. The town is within five hours of the Pie du Midi, where the highest meteorological observatory in Europe stands. The **Casino**, a very elegant building, is in an extensive park, and contains a theatre, ball, concert, assembly, billiard and smoking rooms. Concerts daily

English church : Rev. T. Grundy.

Post and Telegraph Office : Place de Strasbourg.

Bookseller : Léon Péré, Place de Strasbourg, No. 7.

Doctors : Drs. Bagnoll, De Lagarde, and Grenier.

Hotels : The *Hôtel de Paris* is a first-class family hotel, centrally situated, facing the Promenade, and looking full south, with a mountain view. B. Nogues, proprietor.

Bagnet (Le).—France, Hautes Pyrenées, near Bagnères de Bigorre.

Waters containing sulphate of soda.

Special indications : Debility.

Bagni-a-Acqua.—Italy, Tuscany, near Pisa, Val di Chiana.

Sulphurous earthy waters, 100° F.

Special indications : Skin diseases, rheumatic gout and paralytic affections.

Bagni (Acqua dei).—Italy, near Naples.

Alkali-saline waters.

Special indications : Jaundice, stomachic, intestinal and vesical catarrhs, diabetes, plethora abdominalis, rheumatism and neuralgic affections.

Bagni-a-Morba.—Italy, Tuscany, between Pomarance and Castelnuovo.

Sulphurous alkaline waters, 100° to 130° F.

Special indications : Rheumatism, kidney disorders, calculus, gravel, scrofula, herpes.

Bagni di Crana.—Switzerland, canton of Ticino, 3,270 feet above the sea level, near Lago Maggiore and Lago di Lugano.

Sulphurous waters, 90° F.

Very efficacious waters, but there is little or no accommodation. Visited by tourists, but seldom by invalids.

Bagno-fresco.—Italy, Island of Ischia, in the Val Tamburino.

Alkali-saline waters.

Special indications : Affections of the digestive and urinary system.

Bagnolino dei Rachitici.—Italy, Tuscany, near Levane.

Alkali-ferruginous waters.

No bathing establishment. The peasants in the neighbourhood bathe children affected with rickets in the waters.

Bagno-in-Romagna ; also Terme Leopoldine or Sta. Agnese.—Italy, province of Florence, 3,000 feet above the sea level; diligence from Forlì, 3 fcs. each person; carriages, 20 fcs. and 30 fcs. ; 6 hours' drive.

Carbonic and sulphurous acid waters, 108° to 110° F., used for drinking; sitz and shower baths.

Season : June—September.

Special indications : Rheumatism, sciatica, skin diseases, gout.

There is a well-appointed bathing establishment, affording accommodation in 100 rooms; pension from 4 fcs. to 6 fcs. daily. The situation is pretty and healthy in the midst of chestnut and fir forests.

A Post and Telegraph Office.

Doctor : Dr. Fantì.

Bagno.—Switzerland, canton Valais.
Sulphurous waters.
Little used.

Bagno Roselle.—Italy, Tuscany, Val di Paglia, near Siena.
Ferruginous effervescent waters, 105° F.

Bagno d'Apollo.—Italy, Tuscany.
Alkaline waters, 90° F.
Special indications: Jaundice and liver complaints.

Bagnolles.—France, Department of the Orne. For routes see table.
Saline, sulphurous, lithic, silicate, and arsenical waters.
Temperature, 66° F.
Threo ferruginous, arsenical, and manganese springs, 26° F.
Special indications: Diseases of the digestive organs, skin, rheumatism and scrofula, chlorosis, congestion of the abdominal viscera, phlebitis, old wounds, and chronic sores.
Bathing establishment very complete.
Doctors: Drs. Commandré and Joubert.

Bagnoli.—Italy, near Naples, on the road to Baiæ, between Posilipo and Pozzuoli by steam tramway.
Saline and alkaline waters, 112° F. Baths, douches, steam baths.
Special indications: Paralysis, rheumatism, gout, cutaneous affections and scrofula.
Complete bathing establishment.
Springs of Pisciarelli and of the Temple of Serapis.
The principal establishment, where the sea baths are also taken, is called "La Pietra." They are open all the year round.
Doctor: Dr. Pepere.

Bagnols-les-Bains.—France, Department of Lozère. For routes see table.
Sulphate of soda waters, from 50 to 105° F.
Special indications: Cutaneous and pulmonic diseases, rheumatism, scrofula, wounds, and chronic sores.
Two establishments with piscinæ, douches, baths, steam baths, &c. Climate rather severe, and barometric changes rapid.

Bains-les-Bains.—France, Department of Vosges, near Epinal: from Paris, *via* Mulhouse and Epinal.
Sulphate of soda, arsenical waters, from 70° to 115° F.
Special indications: Rheumatism, debility, nervous and uterine affections.
Two thermal establishments. The thermometric changes are considerable during the day.
Doctor: Dr. Bailly.

Bains de la Reine.—Algiers, province of Oran, near Oran.

Saline springs containing bromine, 130° F.

Special indications : Liver and stomach affections, cutaneous diseases, rheumatism, &c.

Bains, near Arles.—France, Department of Pyrénées Orientales.

Slightly sulphurous alkaline waters, 122° F.

Special indications : Rheumatism, skin diseases, disorders of the digestive organs and urinary system.

The establishments are said to be the original Roman ones.

Bajfalú.—Austria-Hungary, comitat of Száthmar.

Sulphurous waters.

Special indications : Gout, rheumatism, skin diseases, obesity, liver and urinary affections.

Balaruc les Bains.—France, Department Hérault, near Montpellier and Cette.

Strong saline waters; springs contain bromine, 45° to 100° F.

Special indications : Paralysis, softening of the bones, chlorosis, struma, saturnine intoxications, rheumatism, and anchylosis.

Three bathing establishments.

Doctor : Dr. Ducroix.

Baldini (Acqua dei).—Italy, Tuscany, near Rinfresco.

Saline waters. Strongly purgative action.

Baldócz.—Hungary, comitat of Zips, near Kirchdrauf.

Slightly alkaline ferruginous waters.

Special indications : Hypochondria, hysteria, giddiness, sterility, stomachic disorders.

Ballater.—Scotland, Aberdeenshire.

A summer station, also frequented for the waters at Pannanich Wells, which are two miles distant.

Scenery very fine.

Ballycotton.—Ireland, county Cork.

Sea baths, sandy beach.

Ballyspellin Spa.—Ireland, Leinster, county Kilkenny.

Saline and ferruginous bicarbonate waters, 60° F.

Special indications : Nervous affections of the digestive organs; also in abnormal conditions of the blood.

The establishments and accommodation are sufficient for a very large number of visitors.

Balnea d'Avignone.—Italy, Tuscany.

Chalybeate waters, 120° F.

Balta-alba and Balta-sarata.—Roumania, near Braila.

Saline lakes, containing much iodine and bromide mud baths.

There is a very good bathing establishment in Balta-alba.

Doctor : Dr. Valleano.

Baltzatesti.—Roumania, district of Neanitzo.

Saline and brine baths.

The establishment is modern and fitted with all appliances.

Doctor : Dr. Kantenur.

Balzach.—Switzerland, canton of St. Gall.

Sulpho-alkaline waters.

Special indications : Scrofulous dyscrasia, chronic skin diseases, old sores.

Bangor.—Wales, Carnarvonshire.

Sea baths ; pebbly beach.

Doctor : Dr. Hughes.

Banjaluka.—Austria, Bosnia.

Sulphurous waters, from 55° to 105 F°.

Bañolas.—Spain, province of Catalonia.

Sulpho-alkaline waters, 70° F.

Special indications : Neuroses, skin diseases, scrofula, syphilis.

The baths should not be taken for longer than 10 minutes at a time.

The establishment is good, and the accommodation in the village moderate in price.

Doctor : Dr. Alsina.

Baños del rio Pisuerga.—Spain, province of Palencia.

Bitter waters.

Special indications : Obstructions, hypocondria, pulmonary complaints, intermittens and biliary calculus.

There is a small establishment.

Bantry.—Ireland, Cork.

Sea baths ; sandy beach.

Doctor : Dr. Swanton.

Banyuls-sur-Mer.—France, Pyrénées Orientales.

Bicarbonate waters and sea baths.

Baraci.—France, Corsica, near Propriano.

Sulphurous saline springs, 85° F.

Scarcely any accommodation, though the waters are efficacious.

Baracza.—Hungary, comitat of Gömör, near Czáko.

Earthy waters, 60° F.

Barambio.—Spain, province of Alava, near Amurrio.

Sulphurous earthy waters.

Special indications : Affections of skin and bones.

The establishment is somewhat deficient.

Doctor : Dr. Martinez.

Barbazan.—France, Department Haute Garonne. For routes see table.
Sulpho-ferruginous waters, 50° F.
Special indications : Cutaneous affections, chlorosis and disorders of the respiratory organs.

Barberie.—France, Loire Inférieure, near Nantes.
Silicated ferruginous waters.
Special indications : Anæmia, chlorosis.

Barbern.—Russia, Finland, district of Mitau, 25 miles from Riga.
Sulphurous waters.

Barbotan.—France, Gers. For routes see table.
Sulphate of soda and ferruginous waters, from 50° to 120° F.
Sulphurous muds.
Special indications : Rheumatism, paralysis, cutaneous and uterine affections, rickets and syphilis.
Doctor : Dr. Dupeyron.

Barcelona.—Spain, capital of Province of same name, formerly of Catalonia. By Orleans and South of France Railway, by way of Toulouse and Cette.

Barcelona is the second largest city in Spain, and the first commercially. It contains several well-arranged libraries and collections of natural history and antiquities. Opera house.

OBJECTS OF INTEREST.—Cathedral, Churches of Sta. Maria del Mar and del Pino, Lonja, Deputacion, Casa Gralla, and Dusay.

The Rambla and Paseo de Gracia are the Hyde Park and Rotten Row of Barcelona, from 2 to 5 p.m. daily. Tivoli and Campos Eliseos. Bull-fights, Casino. Gran cafe, and Cafe de las siete puertas.

CABS : one horse up to midnight, 4 reales ; two, 6 reales ; one horse, midnight to dawn, 6 reales ; and two horses, 9 reales. By the hour, the former 8 to 10 reales ; the latter, 10 to 15 reales. Every quarter of an hour is extra.

Many excursions in the country on horseback, mules, carriages, &c.

Post-office : Rambla de la Sta. Mónica.

Telegraph office : Plaza de Palacio.

Doctor : Dr. Roberts, Calle Cristina, 8.

Hotels : *De las cuatro Naciones, del Oriente.*

Barèges.—France, Hautes Pyrénées ; 4,200 feet above the sea level.

Alkali-saline-sulphurous waters, from 45° to 105° F.

Special indications : Scrofula, diseases of the bones, herpe and syphilis.

Season : 15th June to 15th September.

Doctors : Drs. Armieux, Betons, and Grimaud.

Hotel : *Des Princes.*

Barestrand-Syssel.—Iceland.

Indifferent waters, 218° F.

Bari.—Austria, Hungary, comitat of Zemplin.

Sulphurous waters.

Bari (Aequa-di).—Italy, province of Bari in Calabria; line from Foggia to Brindisi, stop at Bari.

Sulphurous magnesian waters. Sea baths, sandy beach.

The springs all lie close to the sea shore. Purgative action exclusively. No establishment.

Barmouth.—Wales, Merionethshire, Cardigan Bay.

Sea baths. Smooth sandy beach.

Doctor: Dr. Edwards.

Barquera (La).—Spain, province of Santander, 28 miles from Torrelavega.

Sea baths, with extensive fine sandy beach.

Retired and free country life.

Bartfeld.—Hungary, near Eperies.

Cold ferruginous bicarbonate waters.

A well-arranged bathing establishment, much frequented in summer.

Doctor: Dr. Krompecher.

Barzun.—France, Department of Basses-Pyrénées; 4,000 feet above sea level.

Sulphurous alkaline waters, 85° F.

Special indications: as at Barèges.

Basel.—Switzerland, on the Rhine, from Paris by East of France Railway, *via* Mulhouse, or by North of France Railway to Cologne, and *via* Coblenz, Mayence, and Strasburg.

Native town of Holbein the painter. Cathedral founded A.D. 1019. Byzantine church of St. Elizabeth. Museum; Town Hall, Fountain, and Fish-market. Training institution for Protestant missionaries. Circulating library. Very fine excursions in the environs.

Doctors: Drs. De Wette and Bruekner.

Hotel: *Hotel National*, opposite the central station. Recently fitted up in most comfortable style. R. Meister Hauser, proprietor.

Bastennes.—France, Landes, near St. Sever.

Cold saline and sulphurous waters.

Bath.—Jamaica.

Thermal sulphurous waters, which have been employed with success in those cases of intestinal derangements which are frequent in tropical countries.

Bath.—England, Somersetshire, 12 miles from Bristol.

Saline-sulphate of lime and carbonate of iron waters, from 104° to 120° F.

Special indications: Renowned for treatment of chronic gout, rheumatism, dyspepsia, and some forms of palsy, &c., &c.

Population, about 60,000.

Large park and public gardens.

Hospitals: *The Royal United*, Drs. Coates, Field and Goodridge.

The Mineral Waters Hospital, Drs. Brabazon and Spender.

The Homœopathic Hospital, Dr. Mackechuie.

Hotels: *Grand Hotel*.

Bath.—United States of America, Virginia.

Thermal waters visited for amusement rather than medical treatment.

Batignolles.—France, Paris.

Cold sulphurous waters.

Battaglia.—Italy, Venetia, near Padua.

Saline waters, 160° F.; mud baths; natural steam baths.

Special indications: Rheumatism, scrofula, skin diseases, inflammation of the uterus and ovary, syphilitic bone and skin affections.

The establishment, a veritable palace, is situated on the hill of St. Elena.

Doctors: Drs. Rosanelli and Pezzolo.

Bauche (La).—France, Savoy, *viâ* Chambéry and Les Echelles; 1,500 feet above the sea level.

Highly effervescent ferruginous waters.

Special indications: Chlorosis, anæmia, dyspepsia and muscular debility.

Doctor: Dr. Guiland.

Baude.—Spain, province of Orense.

Warm sulphurous waters.

Special indications: Rheumatism, gout, hydropsy, hysterics, skin diseases, leucorrhœa and similar diseases.

Baza or Zujar.—Spain, province of Granada.

Sulphurous waters, 100° F.

Contains large quantities of sulphuretted hydrogen, and is therefore disagreeable to the taste and smell.

Special indications: Hysteria, anæmia, amenorrhœa and chronic skin diseases.

Beaucens.—France, Hautes Pyrénées, near Canterets and Barèges.
Sulphurous saline waters, 48° to 50° F.; little known.

Beaulieu.—France, Department of Puy de Dôme, near Issoire.
Cold chalybeate waters, said to be intermittent.

Beaulieu.—France, Alpes Maritimes, near Nice.
Winter station. A small but charmingly situated village in a very sheltered position. It is one of the best stations on the Riviera for the winter months.

Doctors : Dr. G. Hoggan and Dr. F. E. Hoggan.

Beaumaris.—Wales, Anglesea.
Sea baths, fine sandy beach.
Situate at the entrance of the Menai Straits. The views over sea and mountain are very romantic.

Doctor : Dr. Owen.

Hotel : *Liverpool Arms.*

Beaupreau.—France, Maine and Loire.
Cold ferruginous bicarbonate waters.

Bebra.—Germany, Saxony, near Eekhardtsberga.
Chloride of magnesia waters, 35° F.
Special indications : Neuroses, chlorosis, and menstrual derangements.

Doctor : Dr. Rühlmann.

Hotel : *German Emperor.*

Beggenried.—Switzerland, canton Unterwalden, on the south shore of Lake Lucerne.

Climatic station.

Owing to the low temperature and pure mountain air, this place is much visited in July and August.

Bejar.—Spain, near Valladolid and Salamanca.
Thermal silicate (0.059°) waters, from 50° to 100° F.
A thermal establishment, much frequented in Spain.

Bekees.—Austria, Hungary, comitat Zemplén, near Szerenes.
Indifferent waters, 75° F.
Special indications : Gout and rheumatism. Establishment small.

Belalp.—Switzerland, canton Valais, 3½ hours by an excellent mule path from Brigue.

Mountain air and whey cure.

Season : From June 1st to October 31st.

English Church.

A starting point for many most picturesque excursions.

The Hotel Belalp.

Bela.—Austria-Hungary, comitat of Zips, on the Poprád.

Sulphate of lime ferruginous waters, containing much sulphur.

Special indications: Chronic skin diseases, gout and rheumatism.

Belascoin.—Spain, province of Navarra, near Pamplona.

Alkaline waters.

Special indications: Lithiasis, calculus, gastric and hepatic colics.

The establishment and accommodation are inferior.

Doctor: Dr. Ortega.

Belinchon.—Spain, province of Cuenca, near Tarancon.

Saline and bitter waters.

Only employed as a purgative.

Bellagio.—Italy, on the Lake of Como.

Climatic station.

Season: Spring and autumn.

Special indications: Nervous and lung complaints.

Its pure air, picturesque site, and perennially clear sky, have gained for Bellaggio the title of "Garden of Lombardy."

Hotels: The *Hôtel de la Grande Bretagne* is a large and magnificent hotel, exceedingly well appointed. Meyer, proprietor.

Bellas Agoas.—Portugal, near Lisbon.

Sulphurous waters.

Bellême.—France, Orne, near Montagne.

Ferruginous bicarbonate waters.

Belleriève.—Switzerland, Canton of Berne on the Birs, 7 hours from Basle.

Sulphurous alkaline waters.

Special indications: Intestinal obstructions, congestions, scrofula, hypochondriasis, hysteria, jaundice.

Belleville.—France, in the *enceinte* of Paris.

Cold sulphate of lime waters.

Belloc.—France, Gironde, near Bazas.

Cold ferruginous bicarbonate waters.

Bellus.—Spain, south of Valencia.

Sulphate of magnesia and carbonate of lime springs, 65° to 70° F.

Little frequented. Establishment and accommodation old-fashioned.

Roman and Arab ruins in the environs.

Doctor: Dr. Cerezo.

Bellus.—Austria-Hungary, comitat of Trenczin, on the Waag, and 1½ hours from Trenczin.

Cold sulphurous waters.

Benasque.—Spain, province of Huesca, near Boltaña.

Ferruginous and sulphurous waters, 90° F.

Special indications: Amenorrhœa, anæmia, chlorosis, debility, herpes, rheumatism, scrofula, wounds, gout and kindred ailments.

The establishment is very good and accommodation comfortable.

Benavente.—Spain, province of Zamorra, near Valladolid.

Ferruginous acidulous waters.

Special indications: Amenorrhœa, flatulence, calculus, chronic gastralgia, cerebral hyperæmia.

Benedekfalva.—Hungary, comitat of Liptau, ½ hour from Liptó-Szent-Miklos.

Alkaline waters.

Benetutti.—Italy, Piedmont, near Incontrado-Logoduro.

Numerous sulphurous alkaline springs, 85° to 95° F. No bathing establishment.

The arrangements are so inadequate that the simple tastes of the Italians only could tolerate them.

Ben Haroun.—Africa, province of Algiers, near Dra el Nizan.

Ferruginous bicarbonate waters, highly gaseous; used only for exportation.

Benimarfull.—Spain, province of Alicante, near Alcoy.

Sulphuretted lime waters, 40 to 45° F.

Special indications: Cutaneous affections, vesical catarrhs, muscular contractions.

The establishment is modern and complete. The prices are reasonable and the accommodation good. The situation is romantic.

Doctors: Dr. Genoves y Tio.

Ben Rhydding.—England, Yorkshire, Wharfedale, near Leeds 480 feet; above the sea.

Hydropathic establishment.

Bentheim.—Germany, Hanover, near Osnaburg.

Sulphate of lime waters.

Doctors: Drs. Stroth and Stollenkamp.

Hotels: Kurhaus.

Benyus.—Hungary, comitat of Sohl.

Alkaline waters.

Berchtesgaden.—Germany, Upper Bavaria, 2,500 feet above sea level, near Reichenhall.

Climatic air station, with saline and brine baths.

The surroundings are very lovely.

Doctors :—Drs. Hacker and Sartorius.

Bereneze.—Hungary, comitat of Neograd.

Cold effervescent ferruginous waters.

There being no bathing nor drinking arrangements, the waters are used only by the inhabitants.

Berg.—Germany, Württemberg, near Stuttgart.

Saline springs and ferruginous waters, of 45° to 50° F.; similar to the Cannstadt waters, with which their therapeutic properties are also identical.

A very excellent bathing establishment.

Doctor : Dr. Härlin.

Bergallo.—Italy, Tuscany, near Castelnovo-Berrardenga.

Bicarbonate of lime springs, 33° F.

Berlin.—Capital of Germany and Prussia, from Paris by North of France Railway, *via* Lehrte, Hanover, or Cologne Minden.

One of the largest and handsomest cities in Europe. Garrisoned by 20,000 soldiers of the Guard. The river Spree is crossed by over fifty bridges. Principal street: Unter den Linden. Some very fine palaces.

OBJECTS OF INTEREST.—Brandenburg gate. Equestrian statue of Frederick the Great by Rauch. Palaces of the Emperor, Crown Prince, and Queen of Holland. Academy of Fine Arts, Opera-house, Arsenal, Academy of Engineers and Artillery, Schauspielhaus, Victoria, Wallner, and Woltersdorf Theatre, Kroll's establishments, Orpheum, Colosseum. Royal Museum of Pictures, New Museum, National Gallery and Historical Museum, Royal Palace and Royal Library, Raszynsky's Picture Gallery, Exposition of Artists Zoological and Botanical Garden; Exchange and Town Hall, Parliament Buildings. Guards and military bands play opposite the Court-house; Sculpture Gallery, the Schlossbrücke, Royal Foundry, Borsig's Engine Works, Industrial Museum.

Excursions : To Charlottenburg, Tegel; Potsdam and Sanssouci Babelsberg; Pfingstberg and Glienicke.

Cabs : One or two persons, 1½ mile, 1 mark or 1 shilling. Three or four persons, 1½ marks.

Post-office : Leipzigerstrasse.

Telegraph-office : Französischestrasse.

American Agency : The American Exchange in Europe, reading rooms, &c., Unter den Linden, 45.

Dentist : Dr. Suersen.

Doctors : Drs. Wendel, Baer, Gustorf and Hahn.

Hotels : *Kaiserhof, de Rome, Central, Royal.*

Beringerbad.—Germany, Saxony, near Alexisbad.

Bromurated saline cold waters, containing 12 grammes calcic chloride, and 9 grammes sodic chloride per litre.

Special indications: Scrofulous and chronic skin affections, diseases of the bones.

Doctors: Drs. Strauss and Schrader.

Berka.—Germany, Duchy of Saxe-Weimar, near Weimar.

Sulphate of lime and chalybeate waters.

Special indications: Rheumatism and paralysis, chronic mercurial intoxication.

Doctors: Drs. Ebert and Freygang.

Hotels: Kurhaus, German Emperor.

Berne.—Capital of Switzerland and canton of Berne, from Paris by East of France Railway, *via* Basle.

OBJECTS OF INTEREST.—Church of the Holy Ghost, Hospital, Morat gate, Federal Palace with Picture Gallery, Museum, Cathedral, Bronze statue of Eulach, Platform or Terrace, Town Hall, Bear Pit.

Fine excursions in the neighbourhood.

Post and telegraph office at the railway station.

Bookseller: J. Dalp, Place de la Garc.

Doctors: Drs. Bourgeois, Niehaus and Schoeder.

Hotels: Bernerhof, du Faucon.

Berneck.—Germany, Bavaria, near Schorgast, 1,100 feet above the sea level.

Climatic air station, whey cure and hydropathy.

There is a curhaus with conversation, music and reading rooms. The forests surround the place and begin at the very gates. Very interesting environs.

Doctors: Dr. Leupolt and Stöhr.

Bernières-les-Bains.—France, Department of Calvados, from Paris, *via* Caen.

Sea baths, sandy beach.

Bernos.—France, Department of Gironde.

Bicarbonate ferruginous cold waters.

Bernstein.—Hungary, comitat of Eisenburg.

Sulphurous, ferruginous and cupric waters; little used and scarcely known.

Bertrich.—Germany, Rhenish Prussia, circuit of Trèves on the Moselle, stop at Bullay Moselle Railway.

Alkaline, saline and sulphate of soda waters, of 75° F.

Special indications: Rheumatic affections, liver and spleen disorders and affections of the urinary system.

Excellent bathing establishments.

Doctor: Dr. Cüppers.

Hotels: Wering, Adler.

Berthemont.—France, Department of Alpes Maritimes, near Nice.

Highly effervescent, indifferent waters.

Special indications : Lithiasis and vesical catarrh.

Bertua.—Spain, Guipuzcoa, near Corunna, and the Convent of St. Miguel.

Sulphurous thermal waters.

Special indications : Goitre, sciatica, rheumatic paralysis.

Berwick (North).—Scotland, Haddington, on the Firth of Forth.

Sea baths, firm sandy beach.

Doctor : Dr. Crombie.

Beschtau or Maschukabaths.—Russia, Caucasus, near Pjätigorsk.

Alkaline-sulphurous waters, varying in temperature from 110° to 170° F.

Under this denomination are classed all the springs which rise in the district of Eisenburg and Pjätigorsk. Protected by Peter the Great, they owe their development mainly to the Emperor Nicolas. Residence here is very expensive, which may be one reason why the baths are not more frequented. The establishments are first-rate, and both comfort and amusement are amply provided for. The scenery is of the most romantic character. Abundant shooting and fishing.

Besenyőfalva.—Hungary, comitat of Liptau, on the Waag.

Cold effervescent ferruginous waters.

Special indications : Disorders of the urinary system, intermittent affections and affections of the abdominal viscera.

Besse.—France, Puy de Dôme, near Issoire.

Cold ferruginous waters.

Betaille.—France, Department of Corrèze, near Tulle.

Cold ferruginous waters.

Special indications : Catarrhs, anæmia, chlorosis, atony of the stomach, fluor albus and female complaints.

Beuren.—Germany, principality of Hohenzollern-Siegmaringen, in the Black Forest; 1,580 feet above sea level.

Climatic, air and whey-cure station. Climate very mild and steady.

Special indications : Tuberculosis, chronic catarrh of respiratory organs, bronchial and laryngeal catarrhs.

Betelú.—Spain, province of Navarra, near Tolosa.

Sulphurous saline waters, 50° F.

Special indications : Chronic skin diseases, scrofula, syphilis, mercurialism, laryngeal and bronchial catarrhs.

The establishment is modern and complete; the situation charming, and the vegetation luxurious. The accommodation is very good, and prices moderate, ranging *en pension* from 6 francs to 10 francs a day. Betelú is therefore much frequented.

Doctor : Dr. Gurrucherrí.

Beuzeval.—France, Department of Calvados, from Paris, *viâ* Caen.

Sea baths, sandy beach.

See also Houlgate.

Bex.—Switzerland, canton Vaud, near Lausanne and Vevey; 1,380 feet above sea level. For routes see table.

Saline waters strongly bromo-iodurated.

Special indications : Scrofula, rachitis, chronic rheumatism, uterine affections, plethora abdominalis.

Doctor : Dr. Decker, who speaks English.

Hotel : *Grand Hôtel des Bains*.

Bexhill-on-Sea.—England, Sussex, between Hastings and Eastbourne.

Sea baths, sandy beach.

Biarritz.—France, Department of Basses Pyrénées, close to the Spanish frontier, on the northern shore of the Bay of Biscay; 5,500 inhabitants. For routes see table.

Sea bathing and winter station; climate mild and humid; fine sandy beach.

Special indications : Chlorosis, anæmia, chest and lung complaints, laryngitis, pharyngitis.

English Church.

Post and Telegraph Office.

English Chemist : J. Moureu, 5, Place de la Mairie.

Doctors : Drs. Adhémar, Augéy, Malpas and Mackew.

Hotels : *d'Angleterre*; *Continental*; *Grand*.

Bikszad.—Hungary, comitat of Szathmár.

Saline and bicarbonate waters, 4 gr. mineralisation.

Special indications : Feeble digestion, constipation, chronic disorders of the respiratory organs, incipient phthisis, menstrual irregularities and other affections of the genito-urinary organs.

The water is exported. In its chemical composition it is analogous to Gleichenberg, but stronger.

Notwithstanding very moderate accommodation and little comfort offered, Bikszad is much frequented; a good proof of the efficacy of its waters.

Bilazais.—France, Department of Deux Sèvres, near Poitiers.

Sulphate of calcium waters, 56° F.

Bilbao.—Spain, province of Vizcaya.

Sea baths at Las Arenas y Algorta, Portugalete, and Santurce.

More than 3,000 bathers visit the town during the season.

Hotels : *Hôtel del Boulevard*.

Bilén.—Austria-Hungary, comitat of Marmarós, district of Rahó.

Alkaline waters.

Very primitive arrangements.

Special indications : feeble digestion, constipation, liver and spleen affections.

Bilin.—Austria, Bohemia, near Teplitz.

Alkali saline waters ; their composition is similar to those of Vichy.

Bilin is well known under the name of the " cold Vichy."

Special indications : Catarrh, hæmorrhoidal affections, morbus Brightii, disorders of the urinary system, obesity.

Doctor : Dr. Reuss.

Hotels : *Lion and High House.*

Birkenfeld.—Germany, Grand Duchy of Oldenburg, near Trèves and Saarlouis.

Ferruginous, magnesian, sodic and calcic bicarbonate waters—tonic and resolvent.

Special indications : Affections of the glandular system.

Doctor : Dr. Rieken.

Birlenbach.—Germany, Duchy of Nassau.

Ferruginous bicarbonate table water.

Birmansdorf.—Switzerland, canton of Aargau, near Baden.

Acidulous or bitter waters, 31 gr. of mineralisation.

These waters are only used for exportation and as purgative agents.

Doctor : Dr. Pfeuffer.

Birresborn.—Germany, Rhenish Prussia, in the Eifel, near Gerolstein.

Ferruginous bicarbonate waters, exported and brought into the market by the Gerolstein Mineral Water Co., Limited, London.

A station little frequented.

Bishop's Teignton.—England, Devonshire, 2½ miles from Teignmouth.

Hydropathic establishment and health resort.

A charmingly situated residence at the foot of the " Holdon," overlooking the Teign and hills beyond. The baths are perfect, and cures numerous. From the top of Holdon the views are among the finest in the country. Chas. Carpenter, proprietor.

Bistritz.—Austria, Moravia, near Ollmütz and Hullein.

A celebrated whey cure station ; The Appenzell of Austria. Sheep's milk only is used.

Season : June—September.

There is a castle, with large park open to visitors. Very much frequented.

Doctor : Dr. Toff.

Bisztra.—Austria-Hungary, comitat of Marmarós, near Majdanka.
Alkali-ferruginous waters.
Mineral constituents very scanty.

Bivuto di Termini.—Italy, Sicily, between Palermo and Sciacca.
Thermal sulphurous waters.
Very suitable bathing establishments, and the accommodation in the convent of St. Kalogerus is comfortable.

Blackpool.—England, Lancashire.
A much frequented sea-bathing town.

Blanchemont.—Belgium, near Liege.
Cold ferruginous bicarbonate waters.

Blankenberghe.—Belgium, near Bruges.
Much frequented sea baths; more retired and quiet than Ostend.
Doctors: Drs. Bosyn, Notebaert and Van Mullem.
Hotels: *Cursaal, Godderis de la Paix.*

Blankenburg.—Germany, principality of Rudolstadt, near Weimar and Halberstadt.
Pine-cone sap and resinous baths; hydropathy.
Special indications: Herpes, scabies, excessive perspiration, muscular pains, paresis.
The accommodation is comfortable, and living exceedingly cheap.
Doctors: Drs. Hartland, Hopfe and Schwabe.

Blankenhain.—Germany, Thuringia, near Weimar, 1,100 feet above sea level.
Climatic air station; whey and milk cure.
The surrounding country is very charming.
Doctors: Drs. Kessler and Lange.

Blasewitz.—Germany, Saxony, near Dresden.
Climatic air station, hydropathic and inhalation establishment; sand baths.
The environs are picturesque, and the large park, open to visitors, affords a very cool, shady retreat in summer. Inhabitants of Dresden form the chief contingent of the visitors.
Doctors: Drs. Flemming and Trentler.

Bleichbad.—Switzerland, canton of St. Gall, near Altstätten; 1,600 feet above the sea level
Ferruginous saline waters, with strong odour of sulphur.
Special indications: Gout, rheumatism, paralysis, neuralgia.

Birchington.—England, near Dover.
Sea baths, sandy beach. Very picturesque site.
Doctor: Dr. Neame.

Bleville.—France, Seine Inférieure, near Le Havre.

Cold ferruginous bicarbonate waters.

Blue Sulphur Springs.—U.S., North America, Virginia.

Sulphurous waters.

Special indications : Rheumatism, scrofula, syphilis.

Blumenstein.—Switzerland, near Berne.

Cold ferruginous alkali-saline waters.

Special indications : Constitutional debility.

A fairly good bathing establishment.

Blumenthal.—Switzerland, near Solothurn.

Saline-alkaline waters, only used by the inhabitants.

Bobbio.—Italy, Lombardy, province Pavia; 60 k. from Genoa.

Thermal, sulphurous and saline springs.

Bobotsch.—Roumania.

Sulphurous waters.

Owing to the lack of energy on the part of the inhabitants there is little or no accommodation; the waters are very efficacious.

Bocheggiano.—Italy, near Siena.

Five springs, some ferruginous and some sulphate of lime, 35° F.

Special indications : Anæmia, chlorosis, constipation, liver, spleen, and chronic skin diseases.

Bocklet.—Germany, Bavaria, near Kissingen.

Cold, sulphurous and chalybeate waters, rich in carbonic acid gas; mud baths.

Frequented by patients at Kissingen.

Special indications : Scrofula, plethora, diabetes, hyperæmia of the liver, ankylosis, chronic muscular affections, torpid sores.

Doctors : Drs. Werner and Scherpf.

Bocskó Rahó.—Hungary, comitat of Marmaros, 7 miles from Szigeth.

Iodurated saline waters.

Special indications : Affections of spleen and liver, scrofula and rhachitis.

Bodajk.—Hungary, near Weissenburg.

Sulphate of lime waters, rich in silicic acid.

Special indications : Hæmorrhoids, scrofula, gout, rheumatism

Bodendorf.—Germany, Rhenish Prussia, near Neuenahr.

Climatic station; grape cure.

Especially frequented by invalids suffering from chest and nervous complaints.

Bodenfelde.—Germany, Hanover.

Saline waters.

Bodok.—Transylvania.

Cold alkaline waters, very similar to those of Bilin.

Boesing.—Austria-Hungary, comitat of Pressburg.

Ferruginous alkaline waters, effervescing.

Special indications : Chlorosis, blenorrhœa, hysteria.

Bognor.—England, Sussex.

Sea baths, firm sandy beach.

Doctor : Dr. Todd.

Boisse (La).—France, Savoy, near Chambéry.

Cold ferruginous waters.

Boll.—Germany, Württemberg, near Göppingen ; 1,300 feet above the level of the sea.

Cold alkali-saline-sulphurous waters ; milk cure ; mild climate.

Special indications : Affections of the larynx, skin diseases, contractions, stiffness of the joints.

Boltenhagen.—Germany, Mecklenburg-Schwerin, equally distant from Lübeck and Wismar.

Much frequented for its sea-baths ; fine sandy beach, with pine forests behind.

Doctor : Dr. Kelling.

Hotels : *Kurhaus, Luckmanns.*

Bonar.—Spain, Galicia, near Leon.

Ferruginous saline waters, 75° F.

Special indications : Constipation, amenorrhœa, chlorosis, hypochondriasis.

These waters were used by the Romans. Grass withers under their influence, the meadows in the neighbourhood being all more or less blighted.

Bondonneau.—France, Department of Drôme, near Montélimar, 500 feet above sea level.

Alkaline iodurated waters ; effervescent.

Special indications : Anæmia, chlorosis, dyspepsia, diarrhœa.

Bonn.—Switzerland, canton of Fribourg, two hours from that town.

Cold sulphurous waters.

Special indications : Skin diseases.

Bonndorf.—Germany, Baden, in the Black Forest 2,600 feet above the sea level.

Climatic air station.

The scenery is very charming, and the air is very pure.

Doctors : Drs. Eisele and Willibald.

Bonnefontaine.—France, Department Meurthe, near Metz.
Cold bicarbonate of iron waters.

Bonneval.—France, Savoy, near Bourg St. Maurice.
Thermal sulphurous waters, analogous to those of St. Gervais,
85° F.

Bonnington.—Scotland, near Leith and Edinburgh.
Strong ferruginous and cold sulphurous waters.
Special indications : Anæmia, chlorosis, serofula, rhaehitis.
Every comfort in the bathing establishments, which are
very good.

Boppard.—Germany, Rhenish Prussia, between Coblenz and Mayence.
Climatic air station and hydropathy.
The surrounding country is very wooded and extremely
lovely. Very quiet and retired life.
Doctors : Drs. Burkart and Heussner.

Borås.—Sweden, near Elfsborg.
Acidulous or bitter waters; exported.

Borbye.—Germany, province of Schleswig, near Eekernförde.
Sea-bathing place on the Baltic coast; little frequented.
Doctor : Dr. Wolff.

Bordeaux.—France, on the Gironde, the capital of that Department,
from Paris by Orleans Railway.

The third port of France, and a chief centre for wines and
brandies; the Roman *Burdigala*.

OBJECTS OF INTEREST.—Remains of an amphitheatre. The
town belonged to England from 1152 to 1453. Bell tower,
Porte du Palais, and other old gates.

Cathedrals of St. André, St. Croix, St. Severin, and St.
Bruno.

The Mairie in the old palace has a library of 150,000 volumes,
a collection of antiquities and a picture gallery. Large
Prefecture, Town Hall, Law Courts, Exchange and Custom
House, Commercial Court, Bank, Mint, Theatre. Place des
Quinconces, Quai des Chartrons, and botanicaal gardens.

CABS : By the drive 1 fr., for the hour 2 fr.

Doctor : Dr. Breen.

Hotels : *De France, Continental.*

Bordighera.—Italy, on the French frontier and on the Riviera.
Winter station, well frequented, but very quiet.
English church.

Doctor : Dr. Goodchild.

Hotels : *D'Angleterre, Grand, Windsor.*

Borgo Maro.—Italy, Piedmont, near Oneglia.
Cold sulphurous waters.

Special indications : Serofula and skin diseases.

Borines.—Spain, province of Oviedo, near this town.

Saline sulphurous waters, used only internally on account of the limited supply from the spring.

Special indications: Gastralgia, dyspepsia, skin diseases and affections of the mucous membranes.

The establishment is modern, and is visited chiefly by the surrounding inhabitants. The site of Borines is romantic.

Doctor: Dr. Ayegui.

Borkum.—Germany, Oldenburg. An island in the North Sea.

Much visited for sea-bathing, especially by Hanoverians.

Doctor: Dr. Schmidt.

Hotel: Kurhaus.

Borkút.—Hungary, comitat of Marmaros, District of Rahó.

Saline and strongly iodurated waters.

Special indications: Scrofula, lymphatism, goitre, adenitis.

A small bathing establishment.

Borla.—Italy, also called Acqua del Mortagone.

Saline waters, 85° F.; highly effervescent.

Special indications: Constipation, lymphatism, adenitis.

Bormio.—Italy, Lombardy, Upper Valteline, on the Adda; 4,016 feet above the sea level.

Inert thermal waters, from 90° to 120° F.; a climatic station.

Doctor: Dr. Battersby.

Borra.—Italy, Tuscany near Arezzo, in the valley of the Arno.

Ferruginous alkaline waters, effervescing.

Borrone.—Italy, Tuscany, near Montalto.

Ferruginous waters, 65° F.

Special indications: Disorders of the digestive and urinary organs.

Borsa.—Hungary, comitat of Marmaros.

Cold alkaline ferruginous waters.

Special indications: Jaundice, and disorders of liver and spleen.

Borschom.—Russia, Russ. Georgia, on the Kura; 2,630 feet above the sea level, near Pjätigorsk.

Alkali-saline waters, 75° to 95° F.

Special indications: Gravel, affections of the mucous membrane of the respiratory, digestive and urinary organs; hyperæmia of liver and spleen; hæmorrhoids and plethora abdominalis, as also disorders of uterus and ovaries.

Borschom is very quiet, and the surrounding country wild. The accommodation is good, and residence agreeable.

Doctor: Dr. Remmert.

Borsaros.—Transylvania.

Ferruginous bicarbonate waters, 45° F.

Special indications : Rheumatism and herpes.

Borszek.—Austria, Transylvania, on the Moravian frontier in a valley of the Carpathians ; 2,400 feet above the level of the sea.

Alkali-saline waters, highly charged with gas ; mud baths.

Special indications : Affections of the uterus, atony, paralysis, liver and spleen disorders, gravel and vesical complaints.

A good bathing establishment.

The climate is very trying and variable. Borszek is the most important watering place in Transylvania. The water is largely exported. Accommodation abundant, and in accordance with modern requirements.

Doctors : Drs. Czeh and Fajer.

Bottaccio.—Italy, Tuscany, near Castelnuovo-Berrardenga.

Sulpho-ferruginous waters.

Special indications : Affections of the uterine, amenorrhœa, chlorosis.

Botzen.—Austria, Tyrol.

Air cure station ; grape curc.

Hotel : Victoria.

Boudes.—France, Puy de Dôme, near Issoire.

Bicarbonate alkaline waters, 35° F., mineralisation, 4 to 9 grs.

May possibly in the future become an important spa.

Boulogne-sur-Mer.—France, Pas de Calais.

Sea baths, and one ferruginous saline spring.

The Casino faces the bathing establishment. There is a Theatre. Fine view from belfry. There is an English college and many English schools and churches ; in fact, the town may be said to be half English.

Bookseller : Merridew, 60, Rue de l'Ecu.

Doctors : Drs. Harvey and Walker.

Hotel : des Bains, de Londres.

Boulou (Le).—France, Pyrénées Orientales, near the Spanish frontier.

Alkaline waters similar to those of Vichy, and ferruginous to those of Spa.

Special indications : Anæmia, obesity, chlorosis, gravel,

Doctor : Dr. Massot.

Bouquéron.—France, Isère, near Grenoble.

Alkaline waters similar to those of Evian.

One of the best appointed hydrotherapeutic establishments. Terebinthine baths.

Special indications : Affections of the urinary organs, bladder, liver and kidneys.

Bourasol.—France, Haute Garonne, near Toulouse.
Ferruginous bicarbonate waters, 40° F.

Bourbon l'Arehambault.—France, Department of Allier. For routes see table.

Bromo-iodurated saline waters, 125° F.; bicarbonate ferruginous magnesian waters, 120° to 160° F., highly gaseous.

Special indications : Scrofula, rheumatism, paralysis, nervous affections.

The bathing establishment is the property of the Government. There is a civil and military hospital.

Doctor : Dr. Regnault.

Bourbon-Lancy.—France, Saone and Loire. For routes see table.

Six thermal saline ferruginous springs, from 66° to 135° F.

Special indications : Scrofula, chlorosis, paralysis, syphilis.

These waters stimulate mucous secretion; when taken in large doses they are purgative; also tonic and alterative.

Doctor : Dr. Valentini.

Bourbonne-les-Bains.—France, Haute Marne; 850 feet above the sea level. For routes see table.

Bromo-iodurated saline waters of 119°, 138° and 180° F.

Special indications : Scrofula, paralysis, rheumatism, catarrh of the stomach and constipation.

The new establishment is replete with all appliances.

There are some fine promenades, and the excursions are very interesting.

Doctors : Drs. Bougard, Ballet, Cabasse and Maguin.

Hotels : *Hotel des Bains*. Lacordière, proprietor.

Bourg d'Ault.—France, Department of Somme.
Sea baths, near Abbeville.

Bourg d'Oisans.—France, Isère.
Cold neutral waters.

Bournemouth.—England, Hants.

Cold ferruginous waters and sea baths.

Hydropathic establishment. A much frequented watering-place.

Sandy beach five miles long.

Especially recommended for chest and lung complaints. Several establishments for the treatment of consumption. The climate is dry and mild. Average rainfall 30 inches, and mean winter temperature 42° F.

Doctors : Drs. Hirson and White.

Bourboule (La).—France, Auvergne, Department of Puy de Dôme; 2,850 feet above sea level; 1,400 inhabitants. For routes see table.

Effervescent saline arseuical waters (28 milligr. arseniate of soda per litre), 140° F.

Season: 25th May to 30th September.

Number of Visitors: Above 6,000 annually.

Special indications: Anæmia, lymphatism, general debility, affections of the skin and respiratory organs, diabetes, rheumatism and intermittent fevers.

There are three bathing establishments thoroughly well fitted up and ably managed. They offer all the appliances of modern times: single sitz baths, general baths, steam baths, inhalation and spray rooms, douches of every description, shampooing, &c.

The waters keep well in bottle, and excellent results have followed their use at home. It is advisable to begin taking them before coming to La Bourboule for the cure; the usual dose is from $\frac{1}{2}$ to 3 glasses a day, taken before breakfast, or with wine during that meal. The sole agents in England are Messrs. Ingram & Royle, 52, Farringdon-street, London.

These celebrated waters obtained the gold medal at the Paris Exhibition of 1889.

The country around La Bourboule is very mountainous, as may be supposed from its elevated position. It is situated in one of the most picturesque parts of Auvergne, and the excursions which may be made from it are very varied. There is a beautiful park, well suited for promenades.

The Casino is in course of construction; concerts are given daily; all sorts of amusements, including lawn tennis.

English Church service.

Doctors: Drs. A. W. Gilchrist (English), Morin and Verité.

Hotels: The *Grand Hôtel Bellon* and *des Iles Britanniques*, *Hôtel de Paris*.

Bourtscheidt.—Germany, adjoining Aix-la-Chapelle, and forming one town with it.

Chloride of sodium and sulphurous waters, from 107° to 190° F.

Special indications: Rheumatism, serofula, syphilis and neuroses.

Doctors: Drs. Lüth, Laaff and van Erkelenz.

Hotels: *De la Rose*, *Charles*, *Newbath*.

Braga.—Portugal, province of Minho.

Sulphurous and ferruginous waters.

Bramstadt.—Germany, Holstein.

Three springs; one saline, one sulphate of soda, and one chalybeate.

Brannenburg.—Germany, Bavaria near Kufstein, 1,600 feet above the sea level.

Climatic air station. Whey cure.

Doctor : Dr. Glasser.

Braque.—Spain.

Bitter waters, 55° F.; mineral muds.

Special indications : Chronic skin diseases, scrofula, leucorrhœa, amenorrhœa, anchylosis and chronic effusions.

Brăsa.—Roumania.

Saline sulphurous waters, 55° F.

Little visited.

Braunfels.—Germany, Rhenish Prussia.

Resinous steam baths.

Special indications : Rheumatism, gout, chronic skin diseases, mucous discharges, especially in females; menstrual difficulties.

The bathing arrangements are of a superior kind. Accommodation very good. The surrounding country is charming.

Doctor : Dr. Zimmermann.

Bregenz.—Austria, Tyrol, on the eastern extremity of the Lake of Constance, 1,903 feet above the sea level. 5,500 inhabitants.

Climatic station in summer, with mild and equable air.

Chiefly a centre for excursions.

The old town is very interesting from its ancient buildings. It is surrounded by pine and beech forests, which fill the air with their odour.

Bathing establishment on the lake, near the "Reichstrasse." The walks in the immediate vicinity of the town are well kept and longer excursions of endless variety may be made. There is a museum in the Riedgasse, containing many interesting specimens of the fauna and flora of the districts, with many antiquities and prehistoric relics.

Post Office : Near the station and the Port.

Telegraph Office : Römerstrasse.

Bookseller : Teutseh Sohn.

Doctors : Drs. Bär, Von Honstetter, Müller and Heusler (Homœopath).

Hotel : The *Hôtel d'Autriche* faces the landing-place of the steamers, and is near the station; a very comfortable hotel, and very central for excursions into the surrounding country. A. Thönen, proprietor.

Bray.—Ireland, Counties Dublin and Wicklow.

Sea baths, sandy and gravelly beach.

There is also a mineral spring, which, however, is little used, its exact composition not being known.

Doctor : Dr. Ward.

Bréb.—Hungary, comitat of Marmarós, district of Sugatagh.

Saline sulphurous waters, 60° F.

Special indications : Muscular contractions and gout.

Bresigala.—Italy, near Faenza.
Sulphurous waters.

Brest.—France, Department of Finisterre. Pop. (1881) 69,000. Summer tourist resort.

A fortress and fine naval port, with an inner and outer harbour. The tide rises about 19 feet. Very damp climate, but much visited for the interesting surroundings. Some sea-bathing.

Post Office: Rue Traverse.

Telegraph Office: Rue St. Yves.

Doctor: Dr. Garnier.

Hotels: The *Continental Hôtel*. A new, first-class house, very comfortable in every way. The best position in the town, on the square of Latour d'Auvergne. Omnibus meets all trains. L. Corniou, proprietor.

Brestenberg.—Switzerland, canton of Aargovia, near Wildegg, 1,400 feet above sea level.

Climatic air station. Hydropathy.

The establishment is tolerable. The surrounding country charming.

Doctor: Dr. Münch.

Brides-les-Bains (FRENCH CARLSBAD, near Aix-les-Bains)—France, Savoy, 1,800 feet above the sea level; for route see table.

Alkali-Saline waters, 95° F., with a purgative and tonic action; containing some iron, chloride of sodium, magnesia and calcium; complete hydropathy drinking, baths, douches, natural steam, etc.

Season: 15th May to 1st October.

Special indications: Gout, diabetes, obesity, gravel, liver complaints, splenic obstruction, abdominal plethora, constipation, chronic diarrhoea and dysentery, piles, migraine, cerebral congestion, uterine diseases, special kind of chronic rheumatism, indigestion, dyspepsia, &c., &c.

The waters, which should be taken in the morning before breakfast, in doses of from 1 to 3 glasses per day, are tonic and aperient in their effect; in stronger doses of from 4 to 8 glasses per day, they become laxative and purgative. They have one immense advantage, as they can be taken daily, and for a long period, as a slight purgative, without causing the irritation produced by other more active waters, after the first few days. They bear travelling well, and keep without alteration for a long period.

The village is pretty; surroundings are very picturesque, and there is a Casino, with reading, concert, ball, billiard rooms, tennis, &c., &c.

Post and Telegraph Office.

Doctors: Drs. Delastre, Desprez, Gonthier, Laissus, and Philbert.

Hotels: *Grand Hôtel des Thermes* (every Sunday, English divine service).

The purgative salts obtained by evaporation are the property of the Administration, as is also the Brides' water, with strengthening and purgative action. All orders should be addressed, Directeur des Etablissements, Brides-les-Bains.

Bridge of Allan.—Scotland, Stirlingshire.

Climatic station in summer; also saline waters at Airthrie Wells, 45° F.

Special indications: Stomach and liver complaints, skin diseases and scrofula.

Very many interesting excursions can be made in the environs. Picturesque site; climate mild and equable; air dry.

Doctor: Dr. Paterson.

Bridge of Earn.—Scotland, Perthshire, near Perth.

Highly effervescent saline waters, 45° F., at Pitkeathly.

Special indications: Plethora, calculus, syphilitic and liver affections.

Doctor: Dr. Laing.

Bridlington-Quay.—England, Yorkshire.

Sea baths and chalybeate waters.

Sandy and shingly beach, air pure and bracing.

Doctor: Dr. Hutchinson.

Brieg.—French Brigues—Switzerland, canton of Valais, on the right bank of the Rhône, at the foot of the Simplon and Furca Pass. For routes see table.

Sulphate of lime springs, 105° F. The waters are essentially similar to those of Leukerbad, but somewhat more potent.

Special indications: Blenorrhœa, constipation, chronic rheumatism and skin diseases.

Notwithstanding the proximity of glaciers, the climate is very mild, and in the valley even tropical fruits ripen. Visited so long ago as the fourteenth century, it has been neglected of late, owing to the proximity of Leuk.

Hotel: Hotel Crown and Post.

Brighton.—England, Sussex.

The best sea-bathing place in the United Kingdom. In the neighbourhood is a sulphate of lime and iron spring.

Special indications: Anæmia, chlorosis, affections of the respiratory organs, skin diseases, scrofula, general debility, and nervous affections.

This bathing-place has risen steadily in public favour since George IV.'s time, and has competed successfully with Bath in attracting fashionable and aristocratic society. The town offers every luxury and comfort. The climate is mild and very favourable to patients. But little visited by foreigners. For persons subject to lung and throat affections the air is too bracing, although the temperature of the sea-water is from 60° to 65° F.

Warm baths, especially the large swimming baths, are used more than the open sea bathing. Indian shampooing baths have been erected by a native of India, and are replete with every luxury and comfort. They are, as regards the shampooing, very similar to Russian steam baths, but differ in that aromatic vapours are used instead of steam. Brighton is a well-known station for yachting, and, in fact, for amusements of every kind.

Doctors : Drs. Addison, Barrett and Barker.

Hôtel Métropole : *Grand* : *Bedford*.

Bridport.—England, Dorsetshire.

Sea baths, firm, sandy beach, bracing climate; the bathing is, however, dangerous for those unable to swim.

Doctor : Dr. Evans.

Brindisi.—Italy, province of Terra d'Otranto.

Sea baths; sandy beach.

The arrangements are very defective.

Brixen.—Austria, Tyrol, 30 m. from Brenner Pass, 1,934 feet above the sea level.

Considered an air-cure station. Ferruginous waters.

Hotel : *Elephant*.

Brixham.—England, Devonshire, near Torquay.

Climatic station. Season, October—April.

Doctor : Dr. Colston.

Broadstairs.—England, Kent, between Ramsgate and Margate.

Sea baths; sheltered and sandy beach.

Climate healthy and bracing.

Season : June to October.

Doctor : Dr. Walter.

Bronia.—Italy, Tuscany, district of Montale.

Indifferent waters, containing chiefly sodium.

Little visited; no bathing establishment.

Brotterode.—Germany, Thuringia, near Schmalkalden; 1,800 feet above the sea level.

Climatic air station, resinous baths.

Doctor : Dr. Pistor.

Broughty Ferry.—Scotland, Forfarshire.

Sea baths.

The good establishments, comfortable accommodation, &c., attract large numbers of visitors.

Brownstown Spa.—Ireland, Meath.

Ferruginous waters.

The bathing establishments are said to be the best in Ireland. The town of Killarney offers every comfort to visitors.

Bruca (La).—Italy, Sicily, near Catania.

Cold sulphurous waters.

Little used and no establishment.

Brückenau.—Germany, Bavaria, near Kissingen.

Chalybeate springs.

Special indications : Anæmia, uterine diseases, affections of the mucous membranes.

Doctor : Dr. Wehner.

Hotels : *Kurhäuser* ; all are under Government management.

Brugheas.—France, Allier, near Viehy.

Bicarbonate of soda waters.

Bruneval.—France, Department of Seine Inférieure, from Paris *via* Les Ifs and Le Havre.

Sea baths ; sandy beach.

A quiet and aristocratic place.

Brussa.—Turkey, Asia-Minor, one of the most flourishing towns in the Ottoman Empire.

Alkali, saline and sulphurous waters, varying in temperature from 55° to 170° F.

Season : All the year round.

Special indications : Skin diseases, gout, rheumatism, syphilis, anchylosis, chronic sores.

Brusa is the most interesting and the cleanest city in the East. It is situated in the ancient Kingdom of Bythynia, in a very beautiful country at the foot of Olympus, which is 4,500 feet high. The most interesting object in the town are the baths ; as many as 3,000 springs are said to exist in and round the city.

Amongst the bathing establishments, "Ieni-Kaplidseha" is the most interesting and best appointed, both in its interior and its architecture. It is generally called the "New Bath." The fountains, basins, walls and seats are all of white marble ; light enters from cupolas. There are seven public baths, all fitted with such splendour and elegance, that this establishment may fairly be said to have no rival either in Europe or the East. The arrangements are, however, limited to the Turkish, *i.e.*, perspiration baths.

The waters are exclusively used in bathing and are not taken internally. Their high temperature and the steam in which the bather is enveloped during the whole process make these baths pre-eminently "Turkish" or "Steam baths." The greatest luxury is everywhere met with.

There are two or three other establishments with very good arrangements, and a large number of inferior ones.

Brusznó.—Hungary, district of Sohler.

Sulphate of soda waters, 45° to 50° F.

A much frequented watering-place.

Brüttalen.—Switzerland, canton Berne; 1,360 feet above the sea level.
Alkali saline ferruginous waters.
Special indications: Constipation, congestion, hypochondria, hysteria, jaundice.

Bubendorf.—Switzerland, near Basle; 1,200 feet above the sea level.
Earthy waters.
A very good establishment, with sitz, shower and vapour baths.

Brussels.—Capital of Belgium, from Paris by North of France Railway, *viâ* Maubeuge; from London *viâ* Ostende in 8½ hours.

Brussels is a very old town, and offers many attractions to visitors. The higher town is inhabited by the wealthy classes, and the lower by the artisan. The former is exclusively French and modern, while the latter retains its mediæval character much as Bruges, Ghent, and Antwerp do. Brussels is often spoken of as “le petit Paris.”

OBJECTS OF INTEREST.—Cathedral St. Gudule, King's Palace with picture galleries, Palace of the Comte de Flandres (King's brother). Palace of the Nation, Palais Ducal of the Prince of Orange. Avenue Louise and Bois de la Cambre; the latter is considered finer than the Bois de Boulogne in Paris. Church of Notre Dame de la Chapelle, Exchange and Town Hall, Palais de Justice (Law Courts), Palais des Beaux-Arts. National Bank, museum, Palaces of the Dukes of Arenberg and De Ligne; Wiertz gallery of pictures, Mint, Gallery St. Hubert, Théâtre de la Monnaie. The Squares and Boulevards, Zoological and Botanical Gardens, Guild house. Many statues and fountains, amongst the latter the Mannekin Pis. Conservatory of Music, St. John's Hospital.

EXCURSIONS: To Laeken and Waterloo.

Post and Telegraph Office: Temple des Augustins, Boulevard Anspach.

CABS: 1 fr. for first half-hour, and every ¼ hour 40 c. more, for one-horse carriage; two-horse carriages 2 frs. first ¼ hour, every ¼ hour 50 c. more.

Doctors: Drs. Collignon, Thomson and Kelly.

Hotels: *Mengelle, de Saxe, de Suède.*

Buca dei Furi.—Italy, Tuscany.
Sulphurous saline waters, 97° F.
No establishment. No accommodation.

Buchwald.—Germany, Silesia, near Kirschberg.
Climatic air station.
The park of the castle is open to visitors. Quiet and unpretending.

Buclesore.—India, Bengal.
Springs forming a small sulphurous brook, 50° F.

Bude.—England, Cornwall, near Barnstaple.
Sea baths, sandy beach.

Budimir.—Austria, Bosnia.
Saline waters, of high therapeutic value.

Accommodation is only afforded in the Khan, a building in the style of an Eastern Karavanserai. Provisions must be brought by visitors.

Budis.—Hungary, comitat of Arva-Turócz.
Very strong alkaline chalybeate waters. Only used as table waters. Exported.

Budleigh-Salterton.—England, Devonshire, near Exmouth.
Sea baths, gravelly beach.
Air very pure. Climate mild but bracing.
Doctor: Dr. Mercer.

Budos.—Austria-Hungary, Transylvania.
Thermal sulphurous springs and sulphurous exhalations.

Büdöstö.—Hungary, Transylvania.
Sulphur waters, 40° F.
A popular bathing resort.

Buenafuente.—Spain, province of Guadalajara, near Molina de Aragon.
Hot sulphurous waters, not yet analysed, but very abundant.
Very primitively used.

Bugarin.—Spain, province of Pontevedra, near Tuy.
Saline waters.

Special indications: All urinary complaints. No establishment, and only used by the surrounding inhabitants.

Builth.—Wales, Breconshire, near Llandrindod.
Saline, sulphurous and chalybeate waters.
Doctor: Dr. Vaughan.

Bujak.—Austria-Hungary, comitat of Neograd.
Sulphurous waters, containing much free sulphur.
No establishment and no accommodation.

Bulgnéville.—France, Vosges, near Contrexéville.
Mixed bicarbonate waters.

Bullycome (Le).—France.
Sulphate of lime waters, 145° F. This spring emits large quantities of carbonic and hydrosulphuric acid gases.

Buncome.—America, U.S., North Carolina.
Thermal sulphur springs, 95° F.

Bundoran.—Ireland, Donegal, near Enniskillen.

Sulphurous waters at Kinlough.

Sea baths, sandy beach, with excellent bathing.

Doctor: Dr. Flood.

Buntschibad or Weissenburg, Switzerland.—(*See* Weissenburg.)

Alkali-saline waters.

Burgas.—Spain, province of Orense.

Indifferent bicarbonate, slightly alkaline waters, 150° F.

Special indications: Rheumatism, gout, gravel, calculus, and all kindred complaints.

No arrangements for visitors.

Burgbergheim.—Germany, Bavaria, 16 m. from Anspach.

Sulphate of magnesia waters.

Doctor: Dr. Werr.

Burnham.—England, Somersetshire, on the Bristol Channel.

Saline ferruginous waters; sea baths and fine sandy beach.

Doctor: Dr. Matthews.

Burrone.—Italy, Tuscany, near Arceno.

Ferruginous bicarbonate waters, 40° to 45° F.

Buschbad.—Germany, Saxony.

Cold sulphurous springs.

Bushey.—England, Hertfordshire, near Watford, one hour's ride from Euston Station, London; coach daily from the "Green Man," Oxford Street, at 11 a.m.

A climatic station in summer and spring; pure and bracing air; inhalation.

Season: All the year.

Special indications: Morbus Brightii, rheumatism, affections of the respiratory organs, constitutional diseases, ankylosis, muscular contractions and articular swellings, debility, nervous circulatory disorders and lumbago.

Hydropathic establishment. The Hall.

Busignargues.—France, Department of Hérault.

Ferruginous bicarbonate waters, 40° F.

Busk.—Russia, Poland, near Craeow.

Saline, sulphurous, acidulous waters, 45° F. Three springs.

Special indications : Disorders of liver and spleen, mercurial intoxication, chronic rheumatism.

Doctor : Dr. Dymnick

Bussang.—France, Vosges. For routes see table.

Ferruginous, magnesian, alkaline waters, for table and bath use.

Special indications : Chlorosis, anæmia, dyspepsia, chronic diarrhœa, gastralgia, vesical catarrh, nephritis, gravel and gout.

Season : From June 1st to September 31st.

Doctors : Zeller and Onimus

Büsum.—Germany, on the coast of Holstein, near Tönning.

Sea baths, with sandy beach.

The bathing arrangements are good.

Doctor : Dr. Honemann.

Butterby.—England, 2 miles from Durham, on the river Wear.

Saline and sulphurous waters, 50° F.; there is also a bicarbonate of lime spring.

Special indications : For the sulphurous waters, skin diseases, scrofula, rachitis; for the bicarbonate spring, kidney and bladder affections.

A picturesque site, with mild climate.

Buyères de Nava.—Spain, province of Oviedo, at the foot of the Peña Mayor, on the left bank of the Pla; 700 feet above sea level.

Sulphurous and carbonate of lime waters, 62° F.

Season : July—October.

Special indications : All kinds of skin diseases, scrofula, syphilis, mercurialism, vaginal and vesical catarrhs, bronchial and laryngeal affections.

The establishment is one of the most sumptuous of Spain, and fitted with all modern appliances and luxury. The gardens are magnificent. Accommodation is abundant, luxurions and moderate in price.

Doctor : Dr. Gavilanes.

Buxton.—England, Derbyshire. By Midland Railway from St. Pancras, London, in four hours.

Carbonate of lime waters, 66° F.

Special indications : Anæmia, chlorosis, affections of kidney and bladder, blennorrhœa, eczema, chronic diarrhœa, chronic sores, &c.

The environs are very picturesque. Many old castles are still existing in the neighbourhood, such as Chatsworth, Haddon Hall, Old Hall, &c.

Doctors : Drs. Bennet, Turner, Robertson & Flint.

Buzias.—Hungary, district of Temesvar.

Five springs, all cold, containing chloride of sodium, iron, carbonic acid, &c.

Special indications : Scrofula and failing vitality.

Buzias is one of the best frequented stations in Hungary.

Doctors : Dr. Wittner, Pataky, and Hoidt.

Buzot.—Spain, province of Alicante, 2 hours from Alicante.

Sulphate of magnesia springs, 100° F.

Special indications : Rheumatism, herpes, sciatica, paralysis and leucorrhœa.

There are natural sweating baths at Buzot.

Season : May 1—November 1.

The site is very picturesque, and the slopes of the hills are covered with lovely gardens and villas. The scenery is remarkably fine.

The establishment, which belongs to Count de Casas Rojas, is magnificent, and is fitted with every modern appliance, and must be ranked among the best in Spain. The accommodation is in keeping, and notwithstanding the degree of luxury, prices are moderate. A residence very agreeable.

Doctor : Dr. Lopez.

Bykowicz.—Russia, Ukraine, Government and Province of Charkow.

Alkali-saline waters. Very powerful, and used chiefly for exportation.

Cabeça da vida.—Prov. Alemtejo, Portugal.

Bicarbonate of soda waters, 68° F.

Special indications : Diabetes.

Cabeza del Buey.—Spain, province of Badajoz, near Castuera.

Bitter and ferruginous waters.

Special indications : Stomachic complaints, neuralgias, chlorosis, anæmia.

Cabourg.—France, Department of Calvados.

Sea baths; good beach.

A fine casino, and well frequented station.

Caccio Cotto.—Italy, Tuscany, district of Volterra, on the northern slopes of Monte Cerboli.

Sulphurous-alkaline waters, 80° to 90° F., rich in sulphur.

A large and elegant bathing establishment, with hotel adjoining.

Cadéac.—France, Department of Hautes Pyrénées.

Cold sulphurous waters.

Special indications : Rheumatism, anæmia.

Doctor : Dr. Fontau.

Cadenabbia.—Italy, Lake of Como facing Bellagio.

A climatic health resort.

Very pure and healthy air.

Cadiz.—Spain, on the Straits of Gibraltar.

Sea baths; indifferent beach.

The establishments are fairly well arranged.

Caille (La).—France, Haute Savoie, near Annecy.

Sulphate of lime waters, 72° F.

Special indications: Struma, herpes and rheumatism.

Cairo.—Capital of Egypt.

A winter station; much resorted to by sufferers from diseases of the chest owing to the dryness of its air. A very interesting town.

Doctors: Drs. Williams, Grant-Bey, Murison and Sandwith.

Hotel: The *New Hotel*.

Calabor.—Spain, province of Zamora, near Sanabria.

Sulphurous waters.

There are two baths, which are much frequented, especially by the Portuguese.

Calais.—France, Department of Pas de Calais, opposite Dover.

Sea-baths.

Calais is a neat little town, built in the shape of an oblong parallelogram. It has wide streets, with houses built mostly of brick.

Post and Telegraph Office: Rue des Thermes.

Doctor: Dr. Daringhem.

Hotels: The *Hôtel Dessein* is a good old first-class hotel for families, well situated and thoroughly well managed.

The *Hôtel de Londres*, a good second-class house in close proximity to the railway station. Sainsard, proprietor.

Calañas.—Spain, province of Huelva, near Camino.

Bitter waters; several springs not used.

Caldanella di Campiglia.—Italy, Tuscany.

Saline waters.

Caldaniccia.—France, Corsica, near Ajaccio.

Sulphate of soda waters, 90° F.

Caldas.—Spain, province of Orense, near Caicedo.

Cold and hot sulphurous waters.

Special Indications: Chronic rheumatism, lymphatism, skin diseases, chronic catarrhs, and abdominal obstructions.

Internally and externally used.

Caldas da Nossa Senhora do Pronto.—Portugal, Province of Beira.

Sulphurous waters, from 80° to 90° F.

Caldas (Las) de Besaya.—Spain, province of Santander, near Torrelavega.

Saline springs, containing chlorides, 90° to 95° F.

Special indications: Rheumatism, scrofula, gastralgia, leucorrhœa, leucorrhœa, ophthalmia.

The establishment is modern and very complete. Accommodation abundant and rather dear in price. There is also a kitchen in which visitors can prepare their own meals.

There is a Casino, with a theatre, ball room, concert, billiard, café, and gaming rooms, surrounded by a large park and pleasure gardens.

Doctor : Dr. Villafranca.

Caldas (Las) de Bohi.—Spain, province of Lérida.

Thermal springs, 100° to 110° F.

Composition various, chiefly sulphato of lime.

Doctor : Dr. Pano.

Caldas (Las) de Cuntis.—Spain, province of Pontevedra. For routes see table.

Twenty sulphate of soda springs, from 95° to 145° F.

Special indications : Herpes and rheumatism.

Doctor : Dr. Ortega.

Caldas (Las) de Estrac.—Spain, province of Barcelona, near Mataré.

Saline springs from 95° to 105° F.

Special indications : Rheumatism and gravel.

The establishment is comfortable and elegant, and well fitted with modern appliances.

Doctor : Dr. Calvo.

Caldas (Las) de Gerez.—Portugal, province of Entre Douro and Minho.

Sulphurous waters, 110° to 115° F.

Caldas (Las) de Malavella.—Spain, province of Jiron.

Alkaline waters, 145° F.

Special indications : Rheumatism and paralysis, chronic catarrhs, asthma, nervous affections of the stomach.

The establishment is adequate and accommodation abundant.

Doctor : Dr. Rabel.

Caldas (Las) de Mombuy.—Spain, province of Barcelona, near Granollers.

Saline waters, from 145° to 160° F.

Special indications : Paralysis, rheumatism, gout, syphilis and leucorrhœa.

There are eight different establishments, some of which are very elegant and comfortable. Accommodation very abundant, and reasonable in price. The site is charming, and the place is much frequented by the inhabitants of Barcelona.

Doctor : Dr. Lleget y Cailá.

Caldas (Las) de Oviedo.—Spain, province of Oviedo. For routes see table.

Saline-alealine waters, containing nitrogen, 105° F.; natural vapour baths.

Special indications : Pulmonary catarrh, consumption, rheumatism.

The establishment is elegant and modern. The environs are charming, and the climate is delicious. The accommodation is limited, but good, and prices are moderate. The site is very picturesque.

Doctor : Dr. Bonilla.

Caldas (Las) de Rainha.—Portugal, province of Estremadura.

Saline waters, 80° F. One of the most largely frequented of Portuguese watering places.

Caldas (Las) de Reyes.—Spain, province of Pontevedra. For routes see table.

Sulphurous saline waters, 80° F.

Special indications : Rheumatism, paralysis, and herpes.

Doctor : Dr. Mosquera.

Caldas (Las) de Tuy.—Spain, province of Pontevedra, Galicia, on the Minho.

Sulphurous-saline waters, 112° F.

Special indications : Rheumatism, paralysis, gout.

The establishment is backward, but the site charming.

Doctor : Dr. Acosta.

Caldas (Las) Novas.—South America, Brazil, near Santa Cruz.

Thermal waters.

Caldiero.—Italy, between Vicenza and Verona.

Alkali-saline waters, 75° to 80° F.

Special indications : Constipation, obesity, liver and spleen disorders.

A very picturesque site, with many excursions. The springs are surrounded by walls, and form a small lake. No accommodation, and but few visitors.

Caldillas de San Miguel.—Spain, province of Salamanca, near Ciudad Rodrigo.

Saline waters, 65° F.

Caldini.—Italy, Tuscany.

Effervescent alkaline ferruginous waters, 90° to 95° F.

No establishment.

Calliano.—Italy, Piedmont.

Sulphate of lime waters, 40° F.

Calliarhoë.—Palestine, North of the Dead Sea.

Thermal sulphurous waters.

Special indications : Elephantiasis.

Calvello, or Acqua dei Poggetti.—Italy, Tuscany, in the valley of the Ombrone,

Effervescent alkaline waters, 90° F.

The country around is barren and uncultivated. The springs are little used, and that only by the surrounding inhabitants, as a protective against malaria.

Calw.—Germany, Würtemberg.

Sulphurous ferruginous waters.

A small drinking establishment.

Very little known.

Calzada de Calatrava.—Spain, province of Ciudad Real, near Almagro.

Bitter waters.

Little used as baths. There is only a pond to bath in.

Calzadilla.—Spain, province of Salamanca, near Ledesma.

Sulphurous saline waters, 65° F.

There is no establishment, and baths are taken in the open air.

Camarès.—France, Department of Aveyron, near Sylvanès.

Alkali-saline-ferruginous waters. Exported.

There is a good establishment and comfortable accommodation.

Cambo.—France, department of Basses Pyrénées three hours from Bayonne per diligence; 2,000 inhabitants; 180 feet above sea-level. For routes see table.

One sulphurous alkaline spring, with a temperature of 80° F. is rich in carbonic acid, sulphate of lime, magnesia, soda, arsenic and lithium. Ferruginous waters, at 60° F., effervescent, containing arsenic and phosphates, are more acid. Climatic and winter station.

Season: April to June, and September and October; but open all the year.

Special indications: Chronic affections of the respiratory organs, bronchitis, emphysema, latent phthisis, catarrh of stomach and urinary organs, lithiasis and liver affections, herpes, scrofula, chlorosis, anæmia, cachexia, and during convalescence.

The situation of Cambo is charming, and the excursions and promenades numerous. The establishment is complete, containing a large swimming bath, douches, spray and inhalation rooms. It is open all the year round.

Post and Telegraph.

Chemist: Mr. Julien Pinsun.

Doctor: Dr. Jnanhuto and Dotézac.

Hotels: *Grand Hôtel d'Angleterre*, open all the year round, and recommended for its comfort. A. Saint-Martin, proprietor.

The *Hôtel de Paris* and *de Londres*, first-class houses, facing the establishments. Constant Colbert, proprietor.

(**Carnoins.**—France, Bouches du Rhone, near Marseilles.

Sulphate of lime springs, 35° to 45° F.

(**Campagne.**—France, Department of Aude, near Limoux.

Two ferruginous springs, from 60° to 70° F.

Special indications: Dyspepsia, intermittent fever

(**Campbeltown.**—Scotland, Argyllshire.

Sea baths.

Much frequented on account of its mild climate and well-arranged establishments.

(**Campfer.**—Switzerland, Engadine, half-hour's drive from St. Moritz village, and quarter of an hour from St. Moritz baths. 5,792 feet above sea level.

Climatic station in summer, noted through its tonic and stimulating air.

Special indications: Anæmia, chlorosis, nervous complaints, failing powers of nutrition, phthisis.

The place is well sheltered against all northerly winds. It is frequented chiefly by patients taking the waters at St. Moritz. It is especially suitable to persons of nervous temperament, being quiet and retired.

Doctors: Drs. Drummond and Duncan.

Hotel: The *Hôtel d'Angleterre*.

Canal-grosso.—Italy, Tuscany, one hour from Calice.

Saline sulphurous waters, 50° F.

A small bathing establishment.

The Canaries.

An important group of seven islands, belonging to Spain, in N. latitude 28 deg., placed near the African coast, one day's sail south of Madeira, to which island they present a perfect contrast in dryness of atmosphere and clear skies, whilst preserving a perfect equability at a moderate temperature.

The winter station of Las Palmas, in Grand Canary, is perhaps the most important resort, where there is a break-water and perfect landing for invalids, an extensive sandy beach, telegraph, English Church, and almost daily communication by steamers with England. No Customs duties. Splendid carriage drives.

Sta. Catalina and Fugus waters especially suited to splenic, hepatic, and dyspeptic patients.

Doctors: Cockburn, Douglas, and Grabham.

Hotels: *Canary Camp, Spanish Fonda, Quincy.* Summer station at the Monte, amongst central mountains, 6,000 feet high.

Bankers and Merchants: Messrs. Blandy & Leacock, who have also brought the wines of the island to great perfection. Winter temperature 64° Fah. Rainfall only 12 inches.

Sta. Cruz, on the south side of the same island, possesses a perfect winter climate, and is entirely sheltered from the north winds, which blow at Orotava in the spring.

A good hotel has also been started at the interesting island of Palma, under Messrs. Elder & Dempster, but the best situations have yet to be explored.

The Canary Islands are now visited by the steamers of the Cape and New Zealand lines and many others; and, under subsidy of Government, two splendid steamers ply between the islands, and afford to invalids the opportunity of luxurious voyages in calm sub-tropical waters.

See also article on Teneriffe.

Canaveilles, or Grans d'Olette.—France, Department of Pyrénées Orientales, near Prades.

Sulphate of soda waters, 130° F.

Candas.—Spain, province of Oviedo, 6 miles from Beraña.

Sea baths, with beach of finest sands and strong surf.

The climate is humid and fresh in summer. The surrounding scenery is fine, but residence rather quiet.

Candé.—France, Department of Vienne, near Loudun.

Waters contain sulphate of iron and silica (0.2988 silicious acid). Their action is laxative, resolvent, tonic and diuretic.

Candin.—Spain, province of Leon.

Bicarbonate of iron waters: action purgative.

Canena.—Spain, province of Jaen.

Bicarbonate of iron waters.

Canillejas.—Spain, province of Madrid.

Saline waters.

Cannes.—France, Department of the Maritime Alps, on the Bay of La Napoule, about 20,000 inhabitants. For routes see table.

A Winter station of the very first importance, the Season lasting from October till May.

Number of Visitors: Above 16,000 annually.

Special indications: Nervous debility, anæmia, chlorosis, phthisis, laryngitis, pharyngitis, rheumatism, paralysis, gout, and diabetes.

The mean winter temperature is 50° F., but from 10 a.m. to 3.30 p.m., on even the coldest day, the thermometer rarely falls below 55° F. Humidity of air is 65%; mean rainfall, 88; mean barometric pressure, 760 mm. Rainy days during season (seven months), 44; sunny days, 108. Snow is exceptionally rare, and remains only a few hours even in the coldest winters.

The climate of Cannes, while being generally good for the cases specially indicated above, but more particularly for the early and middle stages of phthisis, presents some varying features which should be here mentioned. In close proximity to the sea, it is essentially tonic and stimulant, obtaining marvellous results in anæmia, etc., especially when unaccompanied by any acute symptoms. In the neighbourhood of Le Cannet it is sedative, and suitable for nervous disorders, spasmodic asthma, and other diseases of an irritable nature; while on the higher grounds of the California and the Croix des Gardes beautiful pine forests give out those healing and balsamic principles so well known for their beneficial effects on consumptive patients.

The artistic pottery manufactory of Clement Massier is at Golfe-Juan.

English Churches: Christ Church, at the West-end; Holy Trinity, at the East-end; St. Paul's, on the Boulevard du Cannet; and St. George's, on the Chemin de la Californie.

Post and Telegraph office: Rue Bossu.

Estate Agents and Wine Merchants: John Taylor & Riddett, 43, Rue Fréjus. Established 1864.

Dentist: A. Preterre.

Bookseller : B. Robaudy, Rue d'Antibes.

Chemist : Isaae B. Ginner, 40, Rue d'Antibes.

Bankers : John Taylor & Riddett, 43, Rue Fréjus.

Doctors : Drs. Duke, Frank, Brandt, Bright, de Valcourt, Battersby, Gimbert, Blane, Roustan and Bultura.

Hotels : The *Beausite* and *Esterel* hotels, 300 rooms, beautifully situated in the west end of Cannes, and surrounded by an extensive garden ; first-rate lawn tennis ground. Manager, Ch. Bodemer, late of the Hotel de l'Europe, Aix-les-Bains and Midland Grand Hotel, London, Geo. Gougoltz, proprietor.

Hotel Richemont, near St. Paul's church. Immense garden, lawn tennis ground. Greatly improved, and replete with all the requirements of an English family hotel. Very moderate terms. Latest sanitary arrangements. Now kept by Züst Laurent, from the Grand Hotel, Houlgate.

Cannstadt.—Germany, Würtemberg, near Stuttgart ; 750 feet above the level of the sea. For route see table.

Forty different springs of saline and chalybeate waters, 50° F. These waters are stimulating, laxative, tonic, and diuretic.

Dr. Fischer's sanatorium for nervous complaints.

The climate of the valley of Cannstadt is mild and equable. Accommodation good.

Special indications : Anæmia and general weakness of the digestive organs.

Doctors : Drs. Blezinger, Pantlen, Rühle and Veiel.

Hotel : Grand Hôtel Herman.

Cap d'Antibes.—France, Department of Alpes Maritimes ; 30 minutes from Cannes and 1½ hours from Nice ; ¼ hour's drive from Antibes Station.

Winter station and sea baths.

Season : November—June, especially autumn.

Doctors : As at Cannes.

Capri.—Italy, island in the Bay of Naples. For routes see table.

Winter station.

Air very pure and healthy.

Special indications : Bronchitis, phthisis, chronic pneumonia.

Doctor : Dr. Cerio.

Hotels : *Quisisana, de France.*

Caprifico di Valaspra.—Italy, Tuscany, between Casale and Fercole.

Alkali-saline-ferruginous waters, 50° F.

A very rough and barren country. No establishments.

Capuchina (La).—Spain, province of Málaga, near Molina.

Aleali-saline waters.

Special indications : Dyspepsia, gastralgia and affections of the urinary organs.

Capvern.—France, Hautes Pyrénées. From the station to the establishment $\frac{1}{2}$ hour by omnibus. For rouets see table.

Sulphate of lime waters, from 55° to 60° F.

Special indications : Gravel and gout.

Doctor : Dr. Delfau.

Hotel : The Grand.

Carabanchel.—Spain, province of Madrid, near Rejalgar.

Indifferent waters, rather superstitiously used.

Carbagnal.—Spain, $\frac{1}{4}$ hour from Valencia.

Sea baths, sandy beach.

The most fashionable of Spanish sea bathing places. What Biarritz was under the Second Empire, Carbagnal is to-day in Spain. The baths form but a minor feature, fashionable people and elegant toilettes being the main attractions.

Carballino.—Spain, province of Orense.

Thermal waters, containing sulphate of soda, 80° to 85° F.

The establishment is very primitive.

Doctor : Dr. Barrio.

Carballo.—Spain, province of Coruña, near Santiago.

Sulphurous saline waters, 90° F.

Special indications : Skin diseases, rheumatism, scrofula, chronic gastralgias and vesical catarrhs.

The establishment is moderate. Accommodation abundant, ranging from 10 fs. to 20 fs. a day, *en pension*.

Doctor : Dr. Castells.

Carcanières.—France, Department of Ariège, near Foix.

Thirteen sulphate of soda springs. The management of these springs is by no means perfect.

Carlsbad.—Austria, Bohemia, 15,000 inhabitants ; 1,214 feet above the level of the sea ; for routes see table.

Alkali-saline waters, from 170° to 122° F., containing large quantities of sulphate of soda ; every description of baths ; whey cure ; complete hydropathic treatment.

Season : 1st May till 1st of November, but open all the year.

Number of visitors : Varying between 28,000 and 30,000.

Special indications : Catarrh of the stomach, dyspepsia (indigestion), catarrh of the lower intestines, constipation, dysentery, affections of the liver and biliary ducts, sluggish liver, jaundice, biliary and urinary calculus, gravel, catarrh

of the urinary organs, gout, chronic rheumatism, diabetes, albuminuria, hæmaturia, hæmorrhoides, general obesity, neuralgia, migraine, metritis, sterility, hypochondriasis.

Carlsbad, a charming town amongst the pine and fir clad hills of the Erzgebirge, is situated in the north-western corner of Bohemia. Its reputation is world-wide, and it counts among its visitors patients from almost every corner of the Globe, especially Americans, English, French, Germans, Russians, Swedes, Turks, etc.

The natural springs of Carlsbad are 16 in number; the five principal are: The Sprudel 170° F., the Felsenquelle 140° F., the Mühlbrunn 133° F., the Schloss-brunnen 130° F., and the Marktbrunnen 122° F. Their leading constituents are: Sulphate of soda, carbonate of soda, and muriate of soda, which give them a prominent position in modern therapeutics. Though drinking the waters constitutes the principal agent of the cure, experience has taught that the baths considerably increase the desired effect. To assist the operation, mineral, mud, iron, vapour and douche baths are also prescribed, and the various bathing establishments are complete in their hydropathic and therapeutic arrangements.

At each of the principal springs are covered walks—colonnades or wandelbahn—much frequented in inclement weather to obtain the necessary exercise. A band, composed of celebrated musicians, plays during the drinking hours, thus assisting the cure by diverting the mind and enlivening the spirit. Another item in the beneficial effect of the cure are the beautiful walks and drives among the charming woods and picturesque hills and mountains of the environs of the town.

The Curhaus is very fine; the classical concerts famous. An excellent theatre has been lately added. The reunions (balls and matinées) also add to the general enjoyment of a cure at Carlsbad.

The educational establishments are also up to the modern requirements, and the private tutors, both male and female, are duly reputed. The population is civil and obliging, and carriages, horses, donkeys, bath chairs, sedan chairs, etc., are very large in number and moderate in price. Special prospectus sent post free upon application to the Mayor of the Town.

During the autumn of 1890, the River Tepl rose to a great height and overflowing its banks broke over the city. Immense destruction was caused and many buildings destroyed, but the mineral springs remain in good order, and the Colonnades are not damaged.

Messrs. Ingram & Royle, 52, Farringdon Street, London, are the sole agents in England for these waters.

English Church; also other rites and religions.

Telegraph and Post Office, Markt Platz; also a *Custom House*, and luggage can consequently be registered through, thus avoiding the obnoxious examinations at the frontier.

House and Estate Agent: Benedikt frères.

Bank and Exchange Office: Benedikt frères, Alte Wiese.

Chemist: Eduard Lippmann, near the Mühlbrunn.

Booksellers: Hans Feller, Alte Wiese; B. Knauer, Markt platz; F. Stark, Mühlbadgasse.

Doctors: Drs. Strunz, Kafka (homœopathie), Preisz, Hoehberger, London, Neubauer, Krauss, Fleekles, Abeles, Hassewicz, Grünberger, Pleschner, and Sehnee.

The *Hotel Golden Schild and Two German Monarchs*, beautifully situated, large garden, with every comfort; moderate rates. Open all the year. English servants. F. Roscher.

Carnarvon.—Wales, Carnarvonshire.

Sea baths, sandy beach.

Doctor : Dr. Davies.

Carratraea or Ardales.—Spain, province of Málaga, near Campillos.

Sulphurous waters, 64° F., contains arsenic.

Special indications : Skin diseases and affections of the respiratory organs.

A delicious climate, fine situation but imperfect arrangements.

Doctor : Dr. Salgado y Guillermo.

Carteret.—France, Department of La Manche, from Paris *viâ* Valognes.

Sea-baths ; sandy beach.

Casale.—Italy, Tuscany, valley of Cecina, near Bibbona.

Acidulous bitter waters. Exported.

Special indications : Affections of the urinary system, congestions of the head, giddiness, noises in the ears, deafness, affections of the eyes and chest, palpitation, dyspnœa, liver and spleen complaints, hypochondriasis and hæmorrhoids.

Carlsbrunn.—Austria, Silesia, near Freudenthal and Troppau ; 2,380 feet above sea-level.

Highly effervescing, ferruginous manganese waters, 45° F. climatic station. Hydropathic.

Season : June, September.

Special indications : Debility of the generative organs in both sexes, sterility, impotence, affections of the brain due to overwork.

Doctor : Dr. Kubin.

Carlsruhe.—Germany, capital of the Grand Duchy of Baden, a few miles east of the Rhine. From Paris by East of France Railway, *viâ* Strasburg and Kehl ; or by North of France Railway, *viâ* Erquelines, Namur, Cologne, Mayence and Mannheim.

One of the most attractive capitals so far as situation and external appearances go. The Ducal palace is the centre, from whence the streets radiate in all directions.

OBJECTS OF INTEREST.—The Palæe, with a Winter Garden 420 feet long, Conservatories and Botanical Gardens. The Kunsthalle, Polytechnic school, Friedrich Platz, with united collections of paintings, Museum of natural history, &c. Catholic church.

Doctors : Drs. Battlehner, Gutsche, Maier (oculist), and Tenner.

Hotels : Hotel Germania.

Casamicciola.—Italy, island of Ischia.

Indifferent waters of Gurgitello, 100° to 160° F.

Climatic station.

Season : May—September.

Special indications : Diabetes, nervous complaints, serofula.

Doctor : Dr. Reitemeyer.

The bathing establishment and entire town were completely destroyed by the earthquake of July, 1883.

Casa Nuova.—Italy, Tuscany, near Triana.

Sulphurous waters, 50° F., with traces of iron.

No arrangements whatever for visitors.

Casares.—Spain, province of Malaga, three hours from Gibraltar.

Effervescent sulphurous saline waters, 55° F.

There is an hospital, and also some bathing establishments, but they are wholly devoid of comfort. Another serious drawback to the growth of the town is the bad roads and inferior means of communication.

Casa-Stronchino.—Italy, Tuscany, valley of Modigliano.

Saline bromo-iodurated waters, 49° F.

Very strongly mineralised, and only used externally. Poor accommodation.

Casciano (San).—Italy, Tuscany, Val d'Era, district of Montajone.

Sulphurous alkaline waters, 55° F.

Only used internally; they cannot be exported, as they soon become turbid.

Casino-delle Currigliane.—Italy, Val d'Arno, near Pontedera.

Saline waters, containing chloride of calcium in such large quantities that they can be used only externally.

Casola.—Italy, Tuscany, near the sources of the Magra.

Sulphurous-saline waters, 45° F.

The bathing establishment is in good condition, but visitors must not expect too much in the way of accommodation.

Casnefouls.—France, Department Aveyron.

Strong bicarbonate of iron waters.

Cassel.—Germany, former capital of the Electorate, and now the capital of the Prussian province of Hesse-Nassau. From Paris by North of France Railway, *via* Cologne and Giessen.

Founded by the Landgrave Frederiek II. The town is beautifully situated on both banks of the Fulda.

OBJECTS OF INTEREST.—The Ducal palace, Museum with its library and picture gallery, several churches, and many charitable and educational institutions.

Excursion: To Wilhelmshöhe, where Napoleon III. was detained in 1870-71. It is the Versailles of Germany, and is now owned by the Prussian Crown. This spot is well worth visiting. The waters play every Wednesday and Sunday. The highest fountain on the Continent is here, one column 12 in. in diameter being projected 200 ft. high. One of the most magnificent residences in Europe. The palace at the bottom of the hill. Colossal statue of Hercules and cascade of Karlsburg.

Dentist: Chas. Zimmer.

Doctors: Drs. Schmidt, Schotten and Lange.

Hotels: *Hotel König von Preussen* and *Schirmer*.

Castañar de Ibor.—Spain, province of Caceres, near Toledo.

Sulphate of iron waters. Mixed waters, 45° F.

Have to be taken in very small doses, as they are very much charged with iron.

Castel-Connell.—Ireland, Limerick and Tipperary.

Strong chalybeate waters.

Special indications: Jaundice, bilious disorders, ulcers.

Doctor: Dr. Ryan.

Castel-Doria.—Island of Sardinia, near Busachi.

Sulphate of lime waters, 160° F.

Castel-jaloux.—France, Department Lot and Garonne, near Neyrac.

Bicarbonate of iron waters.

Castellamare di Stabia.—Italy, province of Naples, on the southern coast of the Bay of Naples, looking northwards. 45 minutes by rail from Naples; 28,000 inhabitants. For routes see table.

Autumn and winter station. Sea baths. Chloride of sodium, bitter and sulphurous chalybeate waters.

Special indications: Obstructions of the liver and spleen, affections of the mesenteric glands, jaundice, dropsy, hæmorrhoids, herpes, urinary calculi, vesical catarrh.

Post and Telegraph Office: Town Hall.

English Church in Winter: Rev. D. Clark.

Doctors: Drs. Olivieri, Gentile, Somma, Scherillo and Fusco.

Hotels: *Hotel Royal*, entirely renovated; every home comfort from 7 fcs. a day. Address, Sacco, proprietor. *Hotel Stabia de Londres*.

Castelleto-Mascagni.—Italy, Tuscany.

Bicarbonate, sulphurous and earthy waters, 55° F.

Only used externally; accommodation poor.

Castelletto d'Orba.—Italy, Piedmont, Province of Acqui.
Sulphurous alkaline waters.

Castelnuevo.—Spain, province of Guadalajara, near Molina.
Hydro-sulphuric waters. Only used internally.
Special indications : Skin diseases and rheumatism.

Castelnuovo.—Italy, Piedmont, near Asti.
Sulphurous and iodine waters; the richest in iodine of any of the Piedmont springs.

Castel San Pietro dell' Emilia.—Italy, province of Bologna, one hour from Bologna, carriages and omnibuses at the station.
Three springs of ferruginous, sulphurous and saline waters, 75° to 85° F. Natural steam baths.

Season : July—August.

Special indications : Chlorosis, anæmia, rheumatism, stomachic and intestinal disorders.

The establishment is deficient in comfort, but efforts have lately been made to put it on a better footing. There are some well-appointed hotels in the town. The country around is romantic, and abounds in well-kept walks.

Post and telegraph office, theatrical performances and concerts.

Doctors : Drs. Nella and Gatti.

Castera-Verduzan.—France, Department of Gers, near Auch.
Sulphate of lime springs, 60° F.; one is a cold chalybeate spring.
Doctor : Dr. Dupeyron.

Castiglione.—Italy, island of Ischia, near Casamicciola.
Saline waters, 175° F.
Only used internally. Very fine bathing establishments existed here in ancient times, as shown by their ruins.

Castro-Caro.—Italy, province of Florence. Rail to Forli, thence one hour's drive. Omnibus, 2 fcs. each person. Carriages, one horse, 5 fcs; two horses, 7 fcs.

Saline-iodo-bromide waters, very rich in iodine. In this respect, indeed, they are first among European iodurated waters. Douches, sitz, shower and steam baths, and inhalations.

Season : June—September; but open all the year round.

Special indications : Goitre, scrofula, rhachitis, obesity, diseases of the female organs.

Two establishments, with all modern appliances, afford comfortable accommodation at a pension of 7 fcs. per diem.

The village has 2,000 inhabitants, and is charmingly situated. Mild and healthy climate. The variety of amusement which forms the great attraction of many other bathing-places is not to be found here, but instead of it quietude and repose which are so valuable in restoring health when impaired by city life. The number of visitors is very considerable.

Castro-Urdiales.—Spain, province of Santander, 47 miles from Santander.

Sea baths. Very large and fine sandy beach.

The immediate environs offer good opportunities for very interesting excursions.

Catania.—Italy, Sicily, on the east coast. For routes see table.

A winter station of first importance.

Ferruginous waters at Paterna.

Season : Middle of November till end of March.

Mean temperature in winter, 55° to 60° F. ; mean dampness, 72.5 m. ; amount of rainfall, 42.5 ; rainy days during season, 42 ; cloudless days, 103 ; air dry. The thermometer never falls below freezing point.

The drainage of the town is emptied into the sea. The smells are intolerable, and the sanitary condition of the place very defective. Visitors generally reside at the back of the town.

Doctor : Dr. Joris.

Catena.—Italy, between Pisa and Florence, on the Evola.

Alkali-saline waters, 55° to 60° F. Only used for baths.

Cati.—Spain, near Castellon de la Plana.

Carbonate of lime waters, 45° F.

Cattenaja.—Italy, district of Subiaco.

Highly effervescent ferruginous waters, 55° F.

No establishments and no accommodation.

Cauquedes.—Chili, near Santiago, by rail *viâ* Rancagua, $2\frac{1}{2}$ hours by diligence.

Sulphurous and chalybeate waters, cold, tepid and hot ; also climatic mountain air cure station.

The spot is very picturesque and rocky, being surrounded by the majestic ranges of the Andes, which are here most imposing. The establishment consists of two square buildings, are well constructed, and surrounded by a large garden with shady walks. They are well managed and largely frequented.

Cauterets.—France, Department of Hautes Pyrénées; 2,100 inhabitants; 3,050 feet above sea level. For routes see table.

Sulphurous saline waters, 55° to 145° F. Climatic mountain station; milk and whey cure; the waters are rich in silicates.

Season: 15th May to 15 October.

Number of Visitors: Above 20,000 annually.

Special indications: Affections of the mucous membranes, catarrh of the respiratory organs, phthisis in first and second stage, plethora abdominalis, laryngitis and glandular disorders, affections of the digestive organs, skin diseases, hepatic and splenic, as also uterine derangements, rheumatism, mercurial intoxication, struma.

The balneal appliances of the three principal establishments, "Thermes des Œufs," "Grand Etablissement," and "La Railère," are of the most modern and complete kind on the Continent. The chemical constituents of the waters being, moreover, very complex, the list of ailments treated in Cauterets is a long one.

The small town itself is composed of about 300 houses, most picturesquely situated in a valley surrounded by lofty mountains. The climate is changeable and somewhat humid, but the temperature is steady and the nights are delightfully cool and bracing. The sojourn is more agreeable here than at Luchon, where the heat in the day is almost unbearable. The waters and balneal appliances of Cauterets are also more efficacious and more complete.

There are two Casinos, with theatre, reading, ladies, concert, smoking and billiard-rooms, the one in the "Etablissement des Œufs" being the most popular.

There is a very large field for excursions of interest. The promenades are well kept and abundant.

English Church service.

Bookseller: A. Cazaux.

Chemist: Broca, Place St. Martin.

Doctors: Drs. Duhourcau, Bordcnave and Bouyer.

Hotels: Grand Hôtel Meillon, Hôtel Continental, de France.

Cauvalat-le-Vigan.—France, Department of Gard; 700 feet above sea level. For routes see table.

Sulphate of lime springs.

Doctor: Dr. Champtier.

Cave.—Italy, Tuscany, district of Vico Pisano, near Oliveto.

Earthy saline waters 86° F., highly effervescent.

Special indications: Disorders of the urinary organs, gravel, calculus, chronic rheumatism, gout, skin diseases.

Caxamarca.—South America, Peru.

Thermal waters, not yet analysed.

It was at these baths that the Inca Atahualpa had fixed his residence when Pizarro first appeared in Peru.

Cayeux.—France, Department of Somme, near Valéry sur Somme.

Sea baths, sandy beach; very quiet place.

Cayla (La).—France, Department of Aveyron, near Andabre.

Cold bicarbonate of iron waters.

Doctor : Dr. Martin.

Caz-di-Bagno.—Italy, Valteline, valley of Masino.

Sulphurous alkaline waters, 95° F.

The bathing establishment is old-fashioned, and the place but little visited.

Cecinella.—Italy, Tuscany.

Sulphurous ferruginous waters, 55° F.

No bathing establishments, and waters used only by the surrounding peasantry.

Cedres (Sources des).—France, Algiers, Department of Oran.

Sulphate of iron waters.

Cefalu.—Italy, Sicily, 12 miles from Sciafani.

Acidulous bitter waters, 135° F.

Very efficacious, though but little used.

Celles.—France, Department of Ardèche, near Privas. For routes see table.

Four bicarbonate springs, from 40° to 60° F. One sulphate of iron spring. Carbonic acid gas is here employed in douches and inhalations.

Ceresole.—Italy, Piedmont.

Bicarbonate of iron waters, very rich in carbonic acid.

Cervera del Rio Alhamo.—Spain, province of Logroño, near Castejon.

Sulphurous earthy waters.

Special indications : Skin diseases, scrofula, syphilis, affections of the mucous membranes of the respiratory organs, vesical catarrhs, blenorrhœa.

The establishment is modern and the accommodation comfortable and moderate in price. The situation is fine.

Doctor : Dr. Escudero.

Cesalpino.—Italy, Tuscany, near Arezzo, Val di Chiana.

Ferruginous waters, 55° F.

Cestona-guezalaga.—Spain, province of Guipuzcoa, near Zumarraga.

Saline springs, rich in nitrogen. Tonic and laxative.

Special indications: Dyspepsia and gastric catarrh, sciatica, hypochondriasis.

The establishment is very good, with all modern appliances.

The accommodation and food are equally good. Large park.

Doctor: Dr. Calderon.

Cetona.—Italy, Tuscany, near Chiusi.

Ferruginous waters, 55° F.

Ceylon.—Island of.

Several thermal springs, from 90° to 100° F., composition unknown.

Chabetout.—France, Puy de Dôme, near Issoire.

Bicarbonate of iron waters.

Mineral constituents, 3 grammes.

Chaldette.—France, Lozère, near Chaudes-aigues.

Saline waters, 95° F.

A very good establishment, but the accommodation is indifferent.

Challes.—France, Savoy, near Chambéry, $\frac{1}{4}$ hour from Aix-les-Bains.

Cold sulphurous iodurated waters.

These waters are frequently prescribed by medical men at Aix-les-Bains, as adjuvants to those of Aix. They have proved specially useful in scrofula and syphilis, as also in locomotor ataxy.

Doctors: Drs. Royer and Range.

Chambon.—France, Department of Puy de Dôme, near Ambert.

Cold mixed bicarbonate waters.

Chamounix, or Chamonix.—France, Upper Savoy, at the foot of Mont-Blanc; 3,450 feet above sea level; 4,500 inhabitants. For routes see table.

Climatic mountain air station and holiday resort; some earthy waters and the whey cure.

Season: July 1st—September 15th.

Number of visitors about 20,000 annually.

Chamounix, since the fire of 1855, is quite a new place, with Museum, bathing establishment, and a handsome church. The scenery is among the grandest in Switzerland. The town is the starting point for almost all ascents of Mont Blanc. Excursions to the Montanvert, Jardin and Mer de Glace, the Flégère, Brevier, and Glacier des Bossons, Tête Noir, Col du Giant and Martigny.

The new Casino, opened recently, contains ball, concert, theatre, card, reading and smoking rooms.

English church.

Post and Telegraph office.

Photographs, Bookseller and curiosity shop : Jos. Paccard, Magasin des Souvenirs, route de Genève.

Doctor : Dr. Duehosal.

The *Hôtel et Pension Couttet* is a very comfortable hotel ; the proprietor, Francois Couttet, known as " Baguette," is an old guide, and has made the ascent of Mont Blanc 27 times.

The Alpine Club Hotel et Pension Union.

Hotels : The *Hôtels de Londres et d'Angleterre*

Champoleon.—France, Department of Hautes Alpes, near Embrun.
Sulphate of lime water.

Chapelle-Godefroy (La).—France, Department of Aube, near Nogenton, left bank of the Seine.

Cold bicarbonate of iron water, 6 grs. of mineral constituents.

Charbonnieres.—France, Rhone, near Lyons.

Cold bicarbonate of iron, sulphurous and iodurated waters.

Charlottenbrunn.—Germany, Silesia, district of Breslau ; 1,300 feet above sea level.

Cold bicarbonate of iron waters.

Doctors : Drs. Bujakowsky and Neusser.

Hotel : Kurhaus.

Charlottenburg.—Germany, Prussia, province of Brandenburg, half-an-hour from Berlin.

Earthy, saline and ferruginous waters. Hydropathic establishment. Open all the year round.

Chateau-Gontier.—France, Mayenne.
Effervescent ferruginous waters.

Chateauneuf.—France, Department of Puy de Dôme, near Riome ; 1,200 feet above sea level.

Cold, tepid and warm ferruginous waters ; 14 springs, varying from 40° to 110° F. Their composition is similar to that of the springs of St. Alban.

Special indications : Dyspepsia, serofula, rheumatism.

Doctor : Dr. Rainvillers.

Chateldon.—France, Department of Puy de Dôme, near Thiers and Vichy.

Cold bicarbonate of iron waters ; five springs, containing 3, 4 and 5 grs. of mineral constituents.

Special indications : Dyspepsia.

Chatel-Guyon.—France, Puy de Dôme, 15 minutes from Riom. For routes see tables.

Saliue, ferruginous, and maguesian waters.

27 springs from 55 to 110° F.

Season : May 15th to October 15th.

The water of Gubler Chatel-Guyon works actively on the digestive organs, on the various organs of the stomach, and on the circulation generally. On the digestive organs it has, in ordinary doses, a bracing effect with frequent diuretic result. It acts as a valuable stimulant which restores appetite and regulates the system. By stronger doses, purgative and laxative results can be obtained, and when these are maintained for the prescribed time they have good effects on affections always considered chronic.

It has a most beneficent action on the circulation. That is chiefly produced by the chloruret of magnesium it contains, which, by stringing up the relaxed fibres of the body, renders the circulation more active, removes obstructions, and generally clears the system. The iron contained in this water makes it thoroughly tonic and strengthening.

The waters of Chatel-Guyon form a valuable therapeutic agent, especially in cases of chronic indigestion, constipation, &c. In cases of congestion, internal tumours, they have been of great service.

The spring Gubler, containing the largest supply of chloruret of magnesium, is the best for visitors. It is the only spring from whence the water is exported.

Doctors : Baraduc, Deschamps, Groslier,

Administration of Establishment : Chief Office : 5, Rue Drouot, Paris. **Universal Exhibition, Paris, 1889, Silver Medal.**

Chatenois.—Germany, Alsatia, near Schlettstadt.

Cold saline waters, 7 gr. of mineral matter, very similar to the waters of Niederbronn; traces of arsenic and fluoride have been found in them.

Doctor : Dr. Levy.

Chaufontaine.—Belgium, near Liège.

Thermal springs, assimilating to those of Spa, 80° to 90° F.

A charmingly situated quiet little place, with a great variety of excursions. The country around is very picturesque.

Chaudes-Aigues.—France, Department of Cantal, near St. Flour.

Alkaline waters, containing iron, sulphur and arsenic. Several hyperthermal springs, from 135° to 195° F.

Special indications : Articular rheumatism, and generally same as those of Bourbon Lancy.

Chaumont.—France, Department of Marne and Loire.
Cold bicarbonate and other waters.

Chaves.—Portugal, province of Traz-os Montes.
Thermal sulphurous spring, 135° F.

Chazam.—Algiers, province of Oran, near Mostanagem.
Saline waters.

Cheltenham.—England, Gloucestershire.

Several springs, saline and sulphurous, sulphate of magnesia, mixed saline, carbonate and chalybeate waters. Climate mild and agreeable.

Season : November to April.

Special indications : Anæmia, dyspepsia, abdominal obstructions and hepatic enlargement.

The bathing establishments and assembly-rooms are justly renowned for their elegance and comfort. They are among the best in England.

The town is laid out in boulevards, crescents and squares, planted with fine trees. It more resembles a collection of country seats than a town in the general sense of the word.

Dentist : Mr. Cull.

Doctors : Drs. Abercrombie, Bennett and Cottle.

Hotels : *Royal, Queen, Belle Vue.*

Chemille.—France, Department of Marne and Loire.
Ferruginous waters little known.

Cherbourg.—France, Department of La Manche. Pop. (1881) 35,500.
Sea baths; firm sandy beach, owing to absence of rock or stone.

A strongly fortified town and naval station. The Digue or Breakwater is very great, and erected at considerable cost. The town is interesting; and the Theatre, Trinity Church, Hotel de Ville, Picture Gallery, Hospital and Statue of Napoleon the First, worthy an inspection. The Forts are also interesting, but had better not be visited. Excursions to Tournaville and Toequeville Castle, and several others. Much visited on account of the excellent sea bathing.

Post and Telegraph Office : Rue du Chantier.

English Church Service.

Doctor : Dr. Bertni.

Hotels : The *Grand Hotel and Casino* is situated in the healthiest position on the beach, a large, airy, first-class house, perfect in all its details, and the only one on the Normandy coast, with a large park and gardens. Open June to October. L. Mertz, proprietor.

Chianciano.—Italy, Tuscany, District of Montepulciano, in the valley of the Chiana Railway from Siena to Rome, $\frac{1}{2}$ -hour's carriage from Asciano; 1,850 feet above sea level; 3,500 inhabitants. For routes see table.

Sulphurous waters, 100° F.; ferruginous effervescent waters, 45° F.; alkaline, acidulous waters, 85° F.

Season : June to September.

Special indications : Disorders of liver, spleen, stomach and intestines.

Doctor : Dr. Burreli.

Chiatamone.—Italy, Naples.

Ferruginous waters, 68° F.

Special indications : Anæmia, general debility, chronic affections of the nervous system, neuralgia, chlorosis.

The establishment is fitted with all modern requirements; one of its best features being the Hammam or Turkish baths. Swimming bath.

A café is attached to the baths. Concerts every evening.

Chiavari.—Italy, Genoa, two hours from Genoa.

A climatic station. Especially frequented in the later summer months and in autumn.

Chichimequilo.—Mexico.

Hyperthermal waters, 230° F., not analysed.

Chiclana.—Spain, near Cadiz.

Bitter waters, 45° F. Very highly mineralised.

Special indications : Herpes, mercurialism, skin diseases.

Good establishment, and moderately frequented.

Doctor : Dr. Costina.

Chinchilla.—Spain, province of Albacete, near Murcia.

Saline waters.

Special indications : Rheumatism, skin diseases, hyperæmia of liver and suppressed hæmorrhoids.

Chinchon.—Spain, province of Madrid.

Bitter waters.

Is not used.

Chinciano.—Italy, Tuscany, Val d'Elsa, near Siena.

Highly effervescent alkaline and ferruginous waters.

Special indications : Amenorrhœa, anæmia, chlorosis, gravel, vesical calculus, and general affections of the digestive and urinary system.

Establishments indifferent.

Chios.—An Island in the Grecian Archipelago.

Sulphate of lime waters, purgative. Thermal waters of Tsemé, from 110° to 130° F., contain chlorine, bromine and iodine. No bathing establishment.

Chitignano.—Italy, Arezzo.

Effervescent alkali-saline waters, containing some iron, 55° F.

Chiusa dei Monaci.—Italy, near Arezzo.

Alkali-saline and ferruginous waters, 55° F.

The establishment is poor and the accommodation bad.

Choranehe.—France, Department of Isère.

Cold sulphurous limo-springs.

Christenhofsbad.—Germany, Würtemberg, District of the Jaxt, near Mögglingen.

Sulphurous waters.

Internally, diuretic and laxative; externally, stimulating to the skin.

Chulilla.—Spain, province of Valencia, near Villar del Arzobispo.

Sulphurous earthy waters, 95° F.

Special indications : Rheumatism, skin diseases, gout, paralysis.

The establishment is simple but thorough. Accommodation good. The country is mountainous.

Doctor : Dr. Merregner.

Churwalden.—Switzerland, Grisons, 2 hours from Chur, 3,800 feet above the sea level.

Climatic air station.

Doctors : Drs. Deuz and Henni.

Ciechocinek.—Russia, Poland, near the Prussian frontier, one hour from Thorn.

Very strong saline waters and brine baths.

Season : May 20th—September.

Visited by upwards of 2,000 visitors.

Special indications : Scrofula, rheumatism, catarrh of the larynx and bronchiæ, neuroses and hysteria.

The bathing establishments are completely fitted with all modern appliances.

The casinos and assembly rooms are elegant and comfortable. The accommodation is first class.

Cipollo.—Italy, Tuscany, Val di Nievole.

Saline waters, 70° F.

Only applied externally.

Citara.—Italy, island of Ischia, near the Capo Imperatore.

Sulphurous alkaline waters.

Special indications : Sterility.

Known to and much visited by the ancient Romans, who erected a temple here to Venus Genetrix.

The earthquake of July, 1883, made great havoc here.

Civilliano.—Italy, Venetia, between Vicenza and Verona.

Cold ferruginous and sulphurous waters.

Special indications : Affections of the mucous membranes, scrofula and chronic diarrhoea.

One of the strongest sulphate of iron waters at present known.

Civita Vecchia.—Italy, the seaport of Rome.

Thermal sulphurous waters, natural sweating baths.

Claeton-on-Sea.—England, Essex, near Walton-on-the-Naze.

Season : July—October.

Sea baths; shingly and sandy beach. Climate mild and bracing.

Doctor : Dr. Maine.

Claremont Park.—England, Lancashire, near Blackpool.

Hydropathic establishment.

Clausthal.—Germany, Thuringia, near Goslar, 1,700 feet above the sea level.

Climatic air station, resinous and steam baths, whey cure, inhalations.

Doctors : Drs. Broekmann and Fisher.

Cleethorpes.—England, Lincolnshire, on the Humber.

Sea baths; sandy beach. Climate healthy.

Season : June—September.

Clifton.—England, Gloucestershire, a beautiful and fashionable suburb of Bristol; 27,000 inhabitants.

Autumn and winter residence; alkaline waters 75° F.

Season : September till May, but frequented all the year.

Special indications : Diabetes, liver obstructions, splenic and urinary disorders, for the waters; consumption, pulmonary complaints, anæmia, chlorosis, debility, bronchial, laryngeal, and pharyngeal and kindred ailments.

These magnificent Downs have been secured to the city by Act of Parliament in 1861. They are the favourite resort for driving, riding, cricketing, and all other amusements.

The amusements consist of theatres, balls, concerts; the Monday Popular Concert being noted for its almost unrivalled band. There are the Zoological Gardens, with a large selection of animals and beautiful grounds. Few places can boast of greater advantages as to educational establishments. The Clifton College, in the heart of Clifton, a noble building, with large grounds. It has won a high rank among similar institutions in the country for high-class training. The Grammar School, a large building with extensive grounds, is also noted for its classical and commercial training. The High School for Girls is a new institution, and already distinguished. A large number of private schools for boys and girls.

Doctors : Drs. Eubulus Williams, Long Fox &c.

Hotels : The Clifton Down Hotel, St. Vincent's Rocks Hotel.

Clermont.—France, Department of Puy de Dôme.

Numerous ferruginous bicarbonate springs, from 35° to 55° F. Mineralisation from 4 to 5 grammes. The spring "Puits de la Poix" is said to be bituminous.

Cleves.—Germany, Rhenish Prussia, on the Rhine, near the Dutch frontier, a very old town.

Chalybeate waters, fine Kurhaus, and well-appointed bathing establishment.

Special indications: Nervous complaints.

Doctor: Dr. Arntz, who speaks English.

Hotels: Bath Hotel, Styrum.

Clevedon.—England, Somersetshire, on the Severn.

Sea baths; pebbly and muddy beach; bathing not very good.

Season: June—September.

Doctor: Drs. Skinner and Pizey.

Coise.—France, Savoy, near Chambéry.

Ammoniacal, bromo-iodurated waters.

Special indications: Goitre and kindred affections.

Doctor: Dr. Dubouloz.

Cologne.—Germany, Rhenish-Prussia, on the left bank of the Rhine; from Paris by North of France Railway, 10 hours, 60 frs. 1st class.

Although Coblenz is the official capital of Rhenish Prussia, Cologne is the most important town in the province. It is the third most important in Prussia, and is strongly fortified. The old middle age fortifications are now demolished, and new ones built. Their circuit is nearly 30 miles. The circuit of the outer forts is about 50 miles. Cologne is the Roman "Colonia Agrippæ."

OBJECTS OF INTEREST.—The Cathedral of Cologne, the highest edifice in the world, was finished in 1880. The iron Railway Bridge, Museum and Library, Town Hall, Churches of St. Maria Capitol, St. Peter, Apostles, St. Ursula, St. Gereon; Casino Gurzenich, Chamber of commerce and Exchange, Theatre, Aquarium, Zoological and Botanical Gardens.

Post and Telegraph Office: Glockengasse.

CABS: One or two persons, $\frac{1}{2}$ mark; four persons, 1 mark. By the hour, one or two persons, 2 marks; three or four persons, 3 marks; parcels outside, 25 pfgs. each.

Dentist: G. A. Buechner.

Bookseller: Aug. Lesimple, High-street.

Doctors: Drs. Bardenheuer, Schmitz (specialist for respiratory organs, eye and ear), Birnbaum, and Robt. Hall.

Hotels: The *Hôtel du Nord*. A first-class house near the Cathedral, 300 rooms, post, telegraph, railway tickets, and registration of luggage in the hotel; English church and central garden. J. Friedrich, proprietor.

Colico.—Italy, upper end of Lake Como.

A climatic air station for those returning from Italy. Very fine position and grand scenery.

Colberg.—Germany, Pomerania, near the Baltic.

Saline waters and sea baths.

The establishment is very well fitted up. Accommodation first rate. The walks and drives are well kept and shady.

Doctors : Drs. Bodenstein, von Bühnau and Hirschfeld.

Hotels : *Strandschloss, Society House.*

Collioure.—France, Department of Pyrénées Orientales.

Sulphate of lime waters, 45° F.

Clynnog Vawr.—Wales, Carnarvonshire.

Sea baths ; beach and bathing good.

Season : Summer.

Doctor : Dr. Roberts.

Coburg.—Germany, Saxe-Coburg, capital of the Duchy.

Climatic air station, tonic, iron, steam and resinous baths, whey cure.

Doctor : Dr. Florschütz.

Cocomiso.—South America, New Granada.

Sulphurous and bicarbonate of soda waters, 175° F.

This spring emits such quantities of carbonic and sulphurous acids, that a long stay in its vicinity becomes dangerous.

Coblentz.—Germany, capital of the province of Rhenish-Prussia on the confluence of the Moselle and Lahn with the Rhine. From Paris by North of France Railway, *via* Cologne, 12½ hours.

A fortified town of great reputation. Ehrenbreitstein (the Gibraltar of the Rhine) is one of the strongest fortresses in the world. Very charmingly situated.

OBJECTS OF INTEREST.—The Archbishop's Castle, or Burg, now a factory, Church of St. Castor, Metternich House and Teutonic House, now a magazine. The Royal Palace, the favourite resort of the Queens of Prussia.

Casino and promenades on the banks of the Rhine.

One half-hour's walk along the banks of the Rhine is the celebrated establishment of Laubbach (see page 181).

Excursions : To Stolzenfels, Ehrenbreitstein, to Sayn, to Moselweiss, and up the Moselle, to Ems, *via* the Asterstein and Oelberg, to Neuwied.

CABS : One-horse, for one or two persons, 50 pfgr. ; for two-horse, 75 pfgr. ; two-horse carriage, three or four persons, 1 mark 25 pfgr. ; one-horse carriage, 1 mark.

Post and Telegraph Office : Brückenstrasse, near the Schlossplatz.

Bookseller : W. Fischer, railway station.

Dentist : F. O. Saal.

Doctors : Drs. Kirchgaesser, Timmé, and Hermann.

Hotels : *Belle Vue, Anchor.*

Colwyn Bay.—Wales, Carnarvonshire.

Sea baths; fine sandy beach. Very mild climate.

Doctor: Dr. Brooks.

Coire, or Chur.—Switzerland, canton of Grisons; 7,550 inhabitants; 1,936 feet above sea level. For routes see table.

Climatic station, but more as a transitory station from and to the Engadine.

English Church service.

Doctors: Drs. Denz and Henni.

Hotel: The *Hotel Steinbock*.

Coma de Navines.—Spain, province of Lerida, near San Lorenzo.

Alkali-saline waters.

Special indications: Stomaehic complaints, obstructions and calculus, rheumatism and skin diseases.

Combe-Girard.—Switzerland, canton of Neuchâtel, near La Chaux de Fonds.

Effervescent ferruginous waters. The spring affords a very scanty supply, so that the water is available only for drinking.

Comillas.—Spain, province of Santander, 20 miles from Torrelavega.

Sea baths, very extensive, safe and fine sandy beach. Some very fine grottoes in the vicinity and the country is excessively romantic. Some 2,000 visitors during the season.

Como.—Italy, on the southern bank of Lake Como.

An intermittent spring, chiefly visited as a transitory station in spring and autumn, for patients coming and going to Italy.

Hotel: *Volta*.

Concepcion de Peralta (La).—Spain, province of Madrid, near Alcalá de Henares.

Alkali-saline waters, 45° F. contains arsenic.

Special indications: Skin diseases of a chronic character, vesical and urinary catarrhs, calculus and chronic rheumatism.

The establishment and accommodation are good.

Doctor: Dr. Osuna.

Condillae.—France, Department of Drôme.

Bicarbonate of lime waters, which have been called by some French medical authorities "the Queen of table waters;" exported.

Doctor: Dr. Coche.

Coney Island.—New York, United States of North America.

Sea baths, much frequented by the inhabitants of New York.

Contrexéville.—France, Department of Vosges, from London direct, *viâ* Nancy, by Orient Express in 18 hours; from Paris 8 hours; 1,000 feet above sea level. For routes see table.

Slightly alkaline waters, containing lime, lithium, and iron, 55° F. The export of the waters (Source du Pavillon) is considerable and increasing every year.

Thoroughly-well managed establishment.

Season: from May 20th to September 20th.

Number of Visitors: Above 3,500 during the season.

Special indications: Gravel, biliary and vesical calculus, catarrh, diabetes, gout, and gouty rheumatism, disorders of the urinary system, affections of the uterus, hepatic and nephritic diseases generally.

English Church Service.

First rate baths and douches.

Postal Telegraph Office in the establishment, with four deliveries a day.

Doctors: Drs. Aymé, Boiehox, Boursier, Debout d'Estrées, Graux, Mabboux, Mousteu and Thiery.

Hotels: The Grand Hôtel de l'Etablissement, in the Park, thoroughly managed by Mr. Morel: and many others in the village.

Casino, reading room, Theatre, Ball and Concert-room. A band plays twice a day in the Park. Croquet and Lawn-Tennis grounds, one of the best on the Continent, gymnasium, etc. Splendid park recently enlarged.

For the water and particulars, apply to the Director of the Establishment at Contrexéville; or to the Society, 6, Rue de la Chaussée d'Autin; or to the principal dépôt, 31, Boulevard des Italiens, Paris.

Corcoles.—Spain, province of Guadalajara, near Alcocer.

Saline waters, 50° F.

Special indications: Syphilis and rheumatism.

Cordeac.—France, Department of Isère, near Grenoble.

Sulphurous sodaic waters.

Cordova.—Spain, capital of the province of same name. From Paris by Orléans and South of France lines, *viâ* Bordeaux, Irun, and Madrid.

A very interesting old town, founded by the Romans. There are many antiquities, most of them Moorish. Under the Moors it was one of the most flourishing cities in Spain, but it is now much reduced.

OBJECTS OF INTEREST.—The Cathedral or "La Mezquita," with its Court of Oranges and Belfry, the Archiepiscopal Palace, Alcazar, Collegio de la Asension, La Correda, Hospital, Octagon tower, the Bridge, El Triunfo.

Excursions to the ruins of the Palace of Azzáhra and Arrizafa, Hermitages of Valparaiso, and to the wine cellars at Montilla.

Hotels: Fonda Suiza and Fonda Rizzi.

Corenc.—France, Department of Isère, near Grenoble.

Sulphurous sodaic waters, 35° F.

Cormus.—Austria, Illyria.

Saline waters, 35° F.

Corneille de la Rivière.—France, Department of Pyrénées Orientales, near Perpignan.

Ferruginous bicarbonate waters, 40° F.

Cornigliano-Ligure.—Italy, three-quarters of an hour from Genoa.

A spring and autumn station.

The village is exposed to the north-east winds, and has a considerably lower temperature than Mentone or San-Remo.

Coronada.—Spain, province of Huelva.

Hot vitriol waters, very much charged with sulphate of copper; also a ferruginous spring.

Special indications:—Liver and spleen obstructions, rheumatism, gout, ophthalmia and nervous complaints. Only externally applied.

Cortejada.—Spain, province of Orense, near Olanova.

Thermal sulphurous springs, 70° to 90° F.

Ferruginous spring, 60° to 70° F.

Special indications: Gastro-intestinal affections; rheumatism.

Doctor: Dr. Ortega.

Corticeella.—Italy, province of Bologna, one hour from this town.

Ferruginous waters, not yet thoroughly analysed.

The country around is very picturesque, but there is no establishment.

Corfu.—Greece, one of the Ionian Islands in the Ionian Sea; capital of 24,000 inhabitants; from Trieste 53 hours, and Brindisi 12 hours by steamer; ceded by England to Greece in 1864.

Winter station of first importance. Sea baths.

Season: November—May.

Special indications: Scrofula, chlorosis, anæmia, chronic neuroses, paralysis, nervous debility, and convalescence, phthisis and chronic rheumatism, affections of the respiratory organs, bronchial, laryngeal and pharyngeal catarrh.

The mean temperature of the seven season months is 57° F., mean barometric pressure 762 m.m., mean relative dampness 76½ per cent., rainy days 79 during the seven months, rainfall 1,068 m.m., death rate 32·5 per thousand.

The town is well sheltered and the bay open to the full south and south-east winds, and consequently well protected against all northerly winds. The Bora is not felt here. North-west and north-east winds are tolerably frequent, though the latter are objectionable only as being cold. The atmosphere is never stagnant, owing to a sea breeze up to three o'clock, after which the land breeze sets in. Rapid atmospheric disturbances, such as are met with on the Riviera, occur but seldom, and there is almost complete immunity from dust and high winds.

The climate is warm but braeing. At the end of January and in February, hyacinths, roses and almond trees begin to blossom. By March, spring has set in, and in April cherries are ripening. The temperature rarely falls to freezing point, and still more rarely below it. Fogs occasionally occur and last some time.

The town itself offers many attractions. It is a link between the East and the West. Its streets are very lively. Close to the town on a small hill is a villa belonging to the King of Greece. The esplanade and the Strada Nuova are the centre of Corfu life. The environs are mostly covered with olive groves. The interior of the island offers a fine field for excursions and sports. Naples has been called the Eldorado of Hypochondriacs, and Corfu may claim the same honour. The drinking water and the means of communication are excellent.

Post : Near the gate at the port.

Telegraph : Near the Royal Palace.

There is an *English Church* at the *House of Parl.*

Banker and Exchange Office : Mr. Fells.

Chemist : Collas.

Doctors : Dr. Politi, Dr. Neranzi.

Hotel : The *Hotel St. George*, comfortable and moderate in price.

Cos, Islands of, in the Ægean Sea.

Saline springs.

Cotone.—Italy Tuscany, near Empoli, between Florence and Pisa.

Sulphurous-alkaline waters, 55° F. No accommodation.

Cotto.—Italy, island of Ischia, near Monti.

Alkali-saline waters, 105° F.

Special indications : Obesity, constipation, disorders of the urinary system.

The establishments and accommodation are good, and the place is fairly well visited.

Suffered by the earthquake of July, 1883.

Couchon.—France, Department of Pyrénées Orientales.

Ferruginous bicarbonate waters, 35° F.

Coudes.—France, Department of Pny de Dôme.

Cold bicarbonate of soda waters.

Courmayeur.—Italy, Piedmont, near Aosta; 4,098 feet above the sea level.

Ferruginous, sulphurous saline waters, from 35° to 85° F.

Special indications : Herpes and serofula.

Courpière.—France, Department of Pny de Dôme.

Cold ferruginous bicarbonate waters.

Special indications : Same as Viehy.

Cours.—France, Department of Gironde.

Cold ferruginous bicarbonate waters.

Courseuilles.—France, Department of Calvados; from Paris, *viâ* Caen.

Sea baths, shingly beach, oyster beds.

Courtmacsherry.—Ireland, county Cork, near Lisley.

Sea baths; good beach.

Courtomer.—France, Department of Orne, near Bagnolles.

Cold ferruginous water.

Coutainville.—France, Department of La Manche, from Paris, Coutances.

Sea baths; a quiet place.

Cowes.—England, Isle of Wight.

Sea baths: extensive and sandy beach.

Season: May—August. Yachting season till November.

Doctor: Dr. Hoffmeister.

Crailsheim.—Germany, Württemberg; 1,150 feet above sea level.

Ferruginous and sulphurous waters.

Season: June—September.

The number of visitors has increased since the building an establishment, with a Kurhaus and hotel.

Cransac.—France, Department of Aveyron, near Rodez; 930 feet above sea level. For routes see table.

Cold sulphate of lime water. Tonic and restorative.

Good establishment fairly well frequented.

Cranz.—Germany, Prussia, on the Baltic, and 21 miles from Königsberg.

Sea baths, sandy beach.

A small, but very neat little fishing village, with good accommodation, which is moderate in price.

Doctors: Dr. Giere and Wottrich.

Craveggia.—Italy, Piedmont.

Sulphate of soda waters, 65° F.

Special indications: Goitrous and arthritic affections.

Crêche.—France, Department of Saone and Loire, near Mâcon.

Cold ferruginous bicarbonate waters.

Credo.—France, Department of Gironde.

Cold ferruginous bicarbonate waters.

Criccieth.—Wales, Carnarvonshire,

Sea baths, shingly and sandy beach.

Doctor: Dr. Roberts.

Crieff.—Scotland, Perthshire.

Saline waters, hydropathic establishment.

Season : July—September.

Air pure and bracing ; climate comparatively mild.

Doctor : Drs. Gairdner and Thom.

Criel.—France, Department of Seine Inférieure ; from Paris *viâ* Dieppe.
Sea baths, sandy beach.

Cristo (Acqua di).—Italy, province of Trani, line from Foggia to Brindisi, stop at Trani.

Highly effervescent earthy waters.

The spring is close to the seashore on the east of the town.

Season : June—September.

Special indications : Gravel, cystitis, obstructions of liver and spleen.

Croisic (Le).—France, Department of Loire Inférieure, near St. Nazaire and Nantes.

Sea baths.

A well-appointed bathing establishment.

Doctor : Dr. Macario.

Crol (Le).—France, Department of Aveyron.

Cold sulphate of iron and magnesia waters.

Cromer.—England, Norfolk.

Sea baths, sandy beach. Bracing climate.

Season : June—October.

Very fine scenery ; esplanade and jetty.

Doctor : Dr. Maclure.

Crosshaven.—Ireland, county Cork.

Sea baths, sandy and shingly beach.

Season : June—September.

Crotoy (Le).—France, Department of Somme.

Sea baths.

Cucho.—Spain, province of Burgos, near Miranda de Ebro.

Acidulous sulphurous waters.

The establishment is modern and complete. Accommodation is good and moderate in price.

Cudowa.—Germany, Silesia ; 1,200 feet above the sea level.

Ferruginous bicarbonate waters.

Doctors : Drs. Jabob and Scholz.

Hotels : *Kurhaus* and *New World*.

Cuervo.—Spain, province of Malaga, near Medina-Sidonia.

Sulphurous ferruginous waters.

There are a number of springs in the neighbourhood, which, owing to their efficacy, have been named after saints by the peasantry. No accommodation, and no establishment.

Cullercoats.—England, Northumberlandshire, parish of Tynemouth.
 Sea baths; sandy beach. Climate bracing and fresh.
Season: June—September.
Doctor: Dr. Rennie.

Cusset.—France, Department of Allier, near Vichy; 900 feet above the sea level. For routes see table.
 Bicarbonate of soda water, 40° F.
 Complementary to Vichy.
 Establishment and accommodation good. The environs, however, are said to be malarious, and travellers are recommended to be careful. The waters are exported.

Cuxhaven.—Germany, Hanover, near Hamburg.
 Sea baths.
 Contain 30 per cent. less salt than the Heligoland, and 30 per cent. more than the Baltic sea baths.
Doctor: Dr. Hälssen.

Czacko.—Austria-Hungary, comitat of Hónt, near Rimaszets.
 Effervescent ferruginous waters.
 Used only internally by the surrounding peasantry.

Czarskow.—Germany, Silesia.
 Ferruginous bicarbonate waters.
Special indications: Gout, anæmia.

Czigelka.—Austria-Hungary, near Bartfeld.
 Cold bromo-iodurated alkali-saline waters.

Daetlingen.—Switzerland, Bernese Oberland, four hours from Thune.
 Saline waters.
 Very poor establishment, and but little visited.

Dagh-Hamman.—Turkey, Asia Minor, about 2 miles from Yalova, on the Sea of Marmora, opposite Constantinople, whence it can be reached in 2 hours.

Sulphurous saline waters, 190° F., containing much iodine; winter station.

Season: 1st October to 1st May; but open all the year round.

Special indications: Skin diseases of all kinds, rheumatism, syphilis, mercurialism, and kindred affections, ankylosis and muscular contractions.

The situation is superb, and the vegetation luxurious. Good hunting and shooting can also be had.

Dale.—Wales, Pembrokeshire, near Milford Haven.
 Sea baths; sandy beach.

Dalkey.—Ireland, county of Dublin.

Frequented sea baths.

Daneverd.—Sweden, near Upsala.

Cold ferruginous bicarbonate waters.

Dangast.—Germany, Oldenburg, near Varel.

Sea baths; sandy beach.

Very good establishment for cold and warm sea baths.

Accommodation abundant and comfortable.

Doctor: Dr. Schüssler.

Dardagni.—Switzerland, canton of Geneva; 4,500 feet above sea level.

Bituminous waters. Very little used, although they are some of the best waters in Switzerland.

Dartmouth.—England, Devonshire.

Sea baths; indifferent beach and bathing. Climate mild.

The scenery is very fine.

Doctor: Dr. Allnut.

Daruvar.—Austria-Hungary, Slavonia, north of Szigeth.

Mixed bicarbonate waters, from 100° to 115° F.

Slightly mineralised; mud baths.

The situation is very romantic, and the vegetation luxurious.

Doctors: Drs. Hirschenstein and Brink.

Davos-Platz.—Switzerland, Engadine; 5,200 feet above sea level.

Climatic station. The air is very dry, and therefore suitable for the earlier stages of consumption. Invalids must be careful, however, as the climate is treacherous. As the influx of visitors increases, the drainage becomes less perfect.

Doctors: Drs. Boner, Huggard and Spengler.

Hotels: *Kurhaus, Rhätia, Strela.*

Dawlish.—England, Devonshire, on the Channel coast.

Much frequented sea baths.

Dax.—France, Department of Landes, near Pau and Biarritz. For route see table.

Brine, sulphurous and chloride waters, 120° to 145° F. Mud baths.

The only Establishment in Europe open all the year, and having a natural temperature during winter of 90° F.

Special indications: Rheumatism, gout, neuralgia, paralysis, herpetis, throat, chest, lymphatic and scrofulous diseases.

Doctors: Drs. Barthe de Sandford and Albert Laranza.

Hotel: Hôtel des Thermes.

Deal and Walmer.—England, Kent.

Sea baths; indifferent beach.

Season : June—September. The climate is less mild than that of St. Leonards or Hastings.

Doctor : Dr. Hulke.

Deauville.—France, Department of Calvados.

Sea baths; fine, firm sandy beach. Climate bracing.

Season : June—September.

Many excursions in the neighbourhood.

Derrindaff.—Ireland, Ulster.

Sulphate of lime waters, with a considerable quantity of sulphuretted hydrogen.

Special indications : Chronic catarrh of the respiratory organs, rheumatism, gout, skin diseases, sores, paralysis and syphilis.

Desaigues.—France, Department of Ardèche, near Tournon.

Bicarbonate of soda water, similar to the Vals water; mineralisation, 5·24 grms.

Desvres.—France, Department of Pas de Calais.

Cold ferruginous waters. Only used by the surrounding inhabitants.

Deutsch-Kreutz.—Austria-Hungary, comitat of Oedenburg.

Cold and pure alkaline waters.

They are largely exported, and are very efficacious in all complaints, where the stronger and more exciting action of effervescent alkaline waters is contra-indicated. In some cases they are more effective than the Gieshübl.

Special indications : Dyspepsia, affections of the mucous membranes, disorders of urinary and digestive organs, vesical calculi, gravel.

The establishments are indifferent, and the accommodation limited.

Deux-Lots.—France, Department of Landes, near Dax.

Cold sulphurous waters, 60° F.

Deva.—Spain, province of Guipúzcoa, near Zumarraga, and on both banks of the river of same name.

Sea baths; beach with very fine sands.

The surrounding country is very picturesque, as is also the small town. Frequented by about 2,500 visitors in the season.

Devonport.—England, near Plymouth.

Sea baths.

Establishment good..

Dievenow.—Germany, Pomerania, near Stettin and Cammin.

Sea baths on the Baltic. The surf is strong.

The environs are uninteresting and bare. The *concoure* is numerous and fashionable.

Doctor: Dr. Wegner.

Diemeringen.—Germany, Upper Alsace.

Saline waters; 3 grms. of mineral constituents.

Dieppe.—France, Department of Seine Inférieure.

Much frequented sea baths.

Passengers will find the buffet open at the arrival of every train from Paris, or boat from London.

Dentist: A. Preterre.

Bookseller: Rainville, 52, Grande rue.

Doctors: Drs. Williams and De la Rue, fils.

Hotel: The *Royal Hotel*, first class, facing the sea; the casino and bathing establishment. Open all the year. Larssonneux, proprietor.

Dieulefit.—France, Department of Drôme, near Montelimar.

Cold bicarbonate of lime waters; little used.

Dievenow.—Germany, Prussia on the Baltic in Pomerania.

Sea baths; sandy beach.

Season: June—September.

Good bathing and fishing. Very interesting excursions.

Assembly rooms; hotel and other accommodation is first class. The place is much frequented by Poles and Germans. Amusements are abundant, and in great variety.

Diezgo.—Spain, province of Ciudad-Real.

Bicarbonate of soda waters, 30° F.

Digne.—France, Department of Basses Alpes.

Saline and sulphate of lime waters, 80 to 110° F. The composition of these waters is not thoroughly understood.

Season: May—August.

Used by the ancient Romans.

Dinan.—France, Department of Côtes du Nord. Pop. 9,900.

Cold ferruginous waters.

A very picturesque old town, with many quaint houses and streets, situated on a steep granite rock, 11 miles from St. Malo, the old castle, towers, walls, museum, St. Sauveur Church, etc., are the principal objects of attraction. The excursions are very varied.

English Church.

Doctor: Dr. Brabant.

Hotels: The *Hôtel de la Poste* is the largest and best situated in the town, with views from the terrace on the promenade. Home comforts, moderate charges, V. Le Guillou, proprietor.

Dinard.—France, Department of Ille and Vilaine, from Paris, *via* St. Malo. Visitors will do well to change the train at St. Servan, as the tide permits boats to approach the landing-place at all hours.

Sea baths; good beach.

Beautifully situated opposite St. Malo, it is very interesting on account of its old associations. Old church.

English Church.

Post and Telegraph Office: Place Duguesclin.

Doctor: Dr. Toslirin.

Hotel: The *Grand Hôtel de Dinard*, a thoroughly first-class house in pretty grounds. Open all the year; very comfortable and moderate charges. Fine wines. Bourouillou, proprietor.

Dingolfing.—Germany, Bavaria, district of the lower Danube.

Sulphurous waters.

There is a bathing establishment which serves also as an hotel.

Dinkhold.—Germany, Nassau.

Cold bicarbonate of lime waters.

Special indications: Abdominal plethora.

Dinsdale, Low.—England, Durham.

Cold sulphate of lime waters.

Special indications: Dyspepsia.

Dios-Györ.—Austria-Hungary, comitat of Borsod, near Misklocz.

Sulphurous alkaline ferruginous waters, 70° F.

The therapeutie properties of these waters are as yet unknown. There is a small establishment, with a few rooms for visitors. The situation is fine, and the place could be greatly improved in proper hands.

Dios-Jenő.—Austria-Hungary, comitat of Neograd.

Saline ferruginous waters.

A wooden bathing establishment, and no accommodation.

Dirce.—Greece, near Thebes.

Sulphurous saline waters, 170° F.

No establishments, and the surrounding country is unhealthy owing to extensive marshes.

Dirsdorf.—Germany, Prussia, near Nimpsch.

Cold ferruginous waters.

A recently built bathing establishment and other buildings afford accommodation for about 200 visitors.

Disznopatak.—Austria-Hungary, comitat of Marmarós.

Ferruginous alkaline, sulphurous waters, 45° F.

A small bathing establishment.

Waters are used only externally.

Dives.—France, Department of Calvados.

Sea baths and ferruginous waters.

Divonne-les-Bains.—France, Department of Ain, 1½ hours from Geneva. For routes see table.

Cold water springs.

Hydropathic establishment.

Post and telegraph.

Dizenbach.—Germany, Württemberg.

Carbonate of lime waters.

Dobberan.—Germany, Mecklenburg-Schwerin, on the Baltic shores.

Much frequented sea baths, in a very pleasantly situated valley. Hydromineral station. Several cold mineral springs: one saline, one saline and magnesian, and one ferruginous bicarbonate.

Special indications: Anæmia and general debility.

Doctors: Drs. Kortüm and Lange.

Hotels: Du Nord, Lindenhof, Logenhaus.

Doccio.—Italy, Tuscany, near Siena.

This spring, which has not been analysed, gives off carbonic and hydrosulphuric acid gases.

Dofana.—Italy, Tuscany.

Saline waters, 80° F.

Doktorka.—Austria, Bohemia, district of Prachin, near Prachatitz.

Alkaline waters.

Very little known. Only used for drinking by persons in the immediate neighbourhood.

Dolha.—Austria-Hungary, comitat of Marmarós, district of Huszth.

Ferruginous alkaline waters. Four springs.

This place is renowned for its mud baths. It has an establishment intended to encourage the use of these baths. The muds are also exported.

Dombhát.—Austria-Hungary, comitat of Bistritz-Naszod; railway to Dees; 20 minutes from Rodna.

Strongly effervescent alkaline, magnesian waters.

The bathing establishment is fitted with all modern comforts and requirements. Hunting, fishing and racing supply outdoor amusement.

Doctor: Dr. Bartók.

Domène.—France, Department Isère, near Grenoble.

Sulphurous and saline springs, 110° F.; mineralisation, 4·76 grms.

Domeray.—France, Department Maine and Loire, near Bougé.

Cold ferruginous bicarbonate waters.

Domèvre sur Vezouse.—France, Department of Meurthe, near Lunéville.

Purgative waters.

Dorfbad.—Switzerland, near Appenzell ; 2,200 feet above the sea level.

Alkaline earthy waters.

The bathing establishments are mediæval.

Dorfgeismar.—Germany, Hesse, near Cassel.

Cold ferruginous waters.

There is a bathing establishment with a Trinkhalle. The climatic conditions are favourable.

Dorna-Kandrény.—Austria, Gallicia, on the Dorna.

Many cold, ferruginous, bicarbonate springs.

Season : June—September.

Special indications : Nervous affections, anæmia.

The bathing establishments are efficient, which is however, more than can be said for the accommodation.

Doctors : Drs. Binder and Wohl.

Dorres.—France, Department of Pyrénées Orientales, near Prades.

Sulphurous sodaic springs, 95° to 100° F.

Dotit.—Hungary, comitat of Gömör.

Thermal sulphur spring.

Douai.—France, Department du Nord.

Alkaline ferruginous waters. They are not used beyond the district of Douai.

Douarnenez.—France, Department of Finistère, near Quimper.

Sea baths.

Douglas.—England, Isle of Man.

Sea baths ; beach good. The caves are utilised in the place of bathing machines.

Climate and air bracing but mild.

Season : June—September.

Doctor : Drs. Adair and Woods.

Douville.—France, Department of La Manche, from Paris, *viâ* Granville.

Sea baths ; sandy beach.

Dovadola.—Italy, Tuscany, near Castrocara.

Saline waters ; little used.

Dovedale.—England, Derbyshire.

Summer health and holiday resort. Visited on account of the surrounding scenery.

Dover.—England, Kent, on the Channel Coast.

Sea baths ; shingly beach.

Doctor : Dr. Barton.

Dragomérfalva.—Austria-Hungary, comitat of Marmarós, district of Izavölgy.

Very strong sulphurous springs, containing naphtha, which is exported.

Drahowa.—Austria Hungary comitat of Neutra, near Iastrabje.
Cold ferruginous waters.
Strong diuretic action.

Draitschbrunnen.—Germany, Rhenish Prussia, close to Godesberg.
Earthy alkaline ferruginous waters. The waters are used in the establishments at Godesberg.

Drennon Springs.—North America, Kentucky.
Thermal sulphurous saline water.
Much frequented: beautiful site.

Dresden.—Germany, capital of the kingdom of Saxony; from Paris by North of France Railway, *via* Cologne, Frankfurt and Leipzig, or Cologne, Berlin and Leipzig, 28½ hours. 137½ frs. 1st class.

A very fashionable place of residence for English and American families, who winter here. It is styled the "German Florence." Cheap living, cheap music, theatres, and works of art, select and polished society, are some of the advantages Dresden offers.

OBJECTS OF INTEREST.—Royal palace, Green vaults, Picture gallery, Museum of natural history, Körner museum, Brühl terrace, Court church, the Court theatre, the Zwinger; Military Museum or Historical Hall, Grand Opera house, Church of Our Lady, Grosser garten, Rietschel Museum, Zoological Gardens.

EXCURSIONS: To Saxon Switzerland, Königstein, Bastei, Pillnitz, Ottowalder, Grund, Kuhstall and Winterberg.

Post and Telegraph Office: Waisenhausstrasse.

CABS: One to four persons, 40 to 90 pfgs.; by hour, 1 m. 60 pfgs. to 2½ mks.

English club: Bürgerwiese.

Dentist: Otto L. Schoch.

Doctors: Drs. F. Elb, Pierson, A.T. Watson, Vaust and Seltzner.

Hotels: *Great Union, Webers—Victoria, Belle Vue, Saxe, de Rome, de Russie, de Londres.*

Dreykirchen.—Austria, Tyrol, valley of the Eisack, near Kollmann.
Alkali saline waters.

Very pure and healthy air. Picturesquely situated, with numerous excursions.

The establishment is well appointed.

Driburg.—Germany, Westphalia, near Paderborn.

Earthy, saline chalybeate waters. Sulphurous muds.

Notwithstanding its numerous therapeutic resources, Driburg is little frequented. The establishment and accommodation are very good.

Doctors: Drs. Riefenstahl, Brück and Huller.

Hotels: *Warnecke, Brockmann.*

Drise.—Switzerland, canton of Geneva, on the road to Annecy.
Cold ferruginous water.

Drogheda.—Ireland, county Louth.

Sea bathing.

Drohobiez.—Austria-Hungary, Gallicia, district of Sambór, near Truscawicze.

Saline waters, 25 per cent. of salt. Only used externally.

The bathing establishments are good.

Droitwich.—England, Worcestershire. $3\frac{1}{2}$ hours from London.

Saline waters and brine baths. Open all the year round.

Special indications: Rheumatic gout, rheumatoid arthritis, muscular rheumatism, sciatica, neuralgia, nervous debility, pelvic cellulitis, uterine derangements, bronchitis, rheumatic fever, cachexia, congestions of liver and spleen.

The potency of the hot salt baths of Droitwich was first recognised in 1831, during a visitation of cholera, in which it is stated to have proved specific. The Droitwich brine is the most powerful in Europe. Its efficacy in the above-mentioned special indications has been indisputably established. The brine is from ten to twelve times stronger than the ocean, and in density surpasses that of the Dead Sea by four times.

The large swimming bath, 100 by 50 feet, containing brine at a temperature of 85° F., is a special and prominent feature of this establishment as an inland salt water swimming bath.

Hotel: The Royal Brine Baths Hotel.

Drumgoon.—Ireland, Ulster, county Cavan.

Saline sulphurous waters, 50° F.

Drumrastel.—Ireland, county Cork, near Mallow Spa.

Ferruginous waters; used only internally.

Drumsna.—Ireland, county Leitrim.

Sulphurous waters, 50° to 55° F. The waters have an intense odour of sulphuretted hydrogen.

Dubograedsk.—Russia, Government of the same name.

Two bitter water and two alkali-saline springs.

Only used internally. Arrangements are of a primitive kind, and although the waters are effective, they are scarcely known beyond the immediate neighbourhood.

Dubowa.—Austria-Hungary, comitat of Arva-Turócz.

Alkaline waters.

Primitive arrangements; the waters are used only in the environs, or exported in stone bottles.

Dubrawa.—Austria-Hungary, comitat of Zips.

Cold alkaline waters.

An establishment, with a Trinkhalle.

Duivon.—France, Department of Loire, near Molières.
Bicarbonate waters analogous to those of St. Alban.

Dunbar.—Scotland, Haddingtonshire.
Sea baths, much frequented.
Doctor : Dr. Turnbull.

Dunblane.—Scotland, Perthshire, near Stirling.

Situated on the main line between England and Scotland at its junction with the Oban and Callander Railway. At the entrance to the far-famed Trossachs, and the Scottish Central Highlands, within 10 hours direct from London and a little more than one hour from Edinburgh and Glasgow.

Hydropathic establishment in grounds extending over 20 acres, and possessing unparalleled views.

Dunblane was one of three places selected for a Scotch Royal residence. The district is certified by the highest medical authority "to be one of the choicest places in Scotland in respect of climate." Accommodation for over 200 visitors. Mineral wells. This establishment has recently been acquired by Mr. Philp, of Glenburn, Rothesay, who intends carrying it on upon the same principles of "no intoxicants" as at the latter place.

Dundrum.—Ireland, Down, near Lisburn.
Sea baths; good beach.
Doctor : Dr. Nolan.

Dunkirk.—France, Department of Nord.
Sea baths, much frequented; sandy beach.
Season: June—September.

Dunkirk is duly celebrated for its extensive rabbit-shooting facilities. During season, races of importance are held. Theatre, casino, boating and fishing.

Hotels : The *Hôtel du Chapeau Rouge*, 5, Rue St. Sebastien, first-class and comfortable house, open all the year; omnibuses meets all trains. M. Roux, proprietor.

Dunmore-East.—Ireland, county of Waterford.
Sea baths.

Dunoon and Mellan.—Scotland, Argyleshire.
Sea baths; sandy beach.
Doctor : Dr. Reid.

Dürenhof.—Russia, Livonia, district of Wolmar.
Sulphurous waters, containing a quantity of sulphuretted hydrogen. No establishment, and but little used.

Dürkheim an der Hardt.—Germany, Palatinato.

Saline bromo-iodurated springs, similar to the Kreuznach waters, but not so rich. Grape cure.

Doctors : Drs. Löchner and Kauffmann.

Hotels : *Four Seasons*.

Durness.—Scotland, Sutherland.

Sea baths; stony beach.

Very little frequented and accommodation poor.

Durrheim.—Germany, Baden, near Donaueschingen.

Saline waters.

Doctor : Dr. Heinemann.

Dürrwangen.—Germany, Würtemberg, district of Bahlingen.

Sulphurous waters, containing a considerable quantity of sulphuretted hydrogen. Little frequented.

Durtal.—France, Department of Maine and Loire, near Baugé.

Ferruginous bicarbonic waters.

Eaux-Bonnes.—France, Department of Basses Pyrénées; 2,500 feet above the sea level; half-hour from Laruns by carriage. For routes see table.

Sulphurous saline and alkaline waters, 90° F. Inhalation saloon. Hydropathic establishment.

Season : June to September.

Frequented by more than 3,000 visitors.

Special indications : Angina pectoris and laryngitis, bronchitis and chronic catarrhs, asthma, chronic pleuritis, pulmonary phthisis, anæmia, lymphatism and scrofula.

“The thermal sulphurous and sulphurous saline waters of the Pyrénées, and especially the Eaux-Bonnes waters,” says Dr. Cazaux, “are specific remedies in all chronic affections of the chest.”

The late celebrated Dr. Pidoux wrote:—“In cases of pulmonary tuberculosis, the waters of Eaux-Bonnes possess a force with which no medicine of the chemist can compare. Thermal Europe has no remedies, we venture to assert, worthy to be placed on the same level as the Eaux-Bonnes waters. Even phthisis in the third stage can be cured here, unless indeed the whole system be already undermined.”

The town of Eaux-Bonnes is sheltered from winds by the surrounding forest-clad mountains, and can be recommended as an agreeable place of residence. It is also favourably known as an air cure station, owing to its elevated position.

Post and telegraph. Protestant and Catholic churches.

Casino, club and municipal band. Many points for excursions. Villas and furnished apartments.

Doctors : Drs. M. Cazaux, Cazenave de la Roche and Leudet.

Hotel : The *Hôtel des Princes*, a first-class house in every respect; comfortable and elegant; situated in the park. E. Murret-Labarthe, proprietor.

Düsternbrook.—Germany, Holstein.

Sea baths on the bay of Kiel.

The place is connected with Kiel by a long shady road, and the situation being charming is consequently much frequented. The prices of accommodation are equally high throughout.

Doctor : Dr. Weber.

Eastbourne.—England, Sussex, between Brighton and Hastings.

Sea baths; sandy beach; air very pure and healthy. Mortality 16 per 1,000. Much frequented.

Doctor : Dr. Gould.

Hotel : The Grand.

Eaux-Chaudes.—France, Department of Basses Pyrénées, near Eaux-Bonnes; 2,020 feet above sea level. For routes see table.

Sulphate of soda waters, from 22° to 90° F. The Baudot l'Espuriette and Bey springs are taken internally.

Special indications : Rheumatism, catarrhs, serofula.

Doctors : Drs. Anglade and Kerr.

Hotels : De France, Baudot.

Ebeaupin.—France, Department Loire Inférieure, near Nantes.

Ferruginous bicarbonate waters, 30° F.

Ebed.—Austria-Hungary, comitat of Grau.

Sulphurous waters, 70° F. The volume of the spring is very large.

Very little known, and no establishment.

The waters are used to drive a mill, a good proof of an abundant supply.

Eberbach.—Germany, Würtemberg.

Saline waters.

A small bathing establishment.

Ebningen.—Germany, Würtemberg, district of Bahlingen.

Sulphurous waters.

A small and fairly appointed bathing establishment.

Ebriaeh.—Austria, Carinthia, district of Klagenfurt, near Kappel.

Alkali-saline and ferruginous waters.

The water is exported. The municipal authorities are earnestly endeavouring to provide the accommodation and amusements expected by visitors in the present day.

Echailion (L').—France, Department of Isère, near Grenoble.

Sulphate of lime waters, 45° F.

Echailion (L').—France, Savoy, near St. Jean de Maurienne.

Saline and sulphate of soda springs, 100° to 110° F.; highly purgative and diuretic.

- Echzell.**—Germany, Hosse, near Neuschwalheim.
Sulphurous waters. Used only by the peasantry.
- Eckartsbrunnen.**—Germany, Nassau.
Ferruginous waters.
- Eckerberg.**—Germany, Pomerania.
Air cure station and hydropathic establishment.
The place is situated in the midst of a pine forest.
Doctor: Dr. Vieek.
- Eckernförde.**—Germany, Schleswig, 5 hours from Kiel.
Sea baths; sandy beach.
The bathing establishments are very efficient, and well appointed.
- Ecquevilly.**—France, Seine and Oise.
Cold saline spring.
- Ecuillé.**—France, Department of Maine and Loire.
Ferruginous bicarbonate water.
- Edenkoben.**—Germany, Bavaria, Palatinate, near Landau.
Sulphurous waters.
Only used in the immediate neighbourhood.
Doctors: Drs. Keller and Zahn.
- Egartbad.**—Austria, Tyrol, near Meran.
Cold sulphurous waters.
The bathing establishment, one of the best in the Tyrol, much frequented during summer.
Air sedative and mild; Egartbad is well suited to nervous temperaments as a climatic air station.
- Egbell.**—Austria-Hungary, comitat of Neutra.
Sulphurous waters, little used.
- Egelhof.**—Austria, district of Traun, near Windisch-Garsten.
Cold, sulphurous waters.
A small bathing establishment, with a limited number of visitors annually.
- Egerdach.**—Austria, Tyrol, near Innsbruck; 1,900 feet above sea level.
Alkaline waters.
The establishment affords everything necessary, and is much frequented.
- Eghegh.**—Austria, comitat of Grau.
Strong, cold ferruginous waters.

- Eggenberg.**—Austria, near Graz, in Styria, 1,100 feet above the sea level.
Hydropathic establishment, climatic air station, whey and milk cure.
The situation is very lovely, and the close vicinity of Graz contributes powerfully to the comforts of the place.
Doctor : Dr. Weiser.
- Ehrenbreitstein.**—Germany, Rhenish Prussia, opposite Coblenz, at the foot of the fortress.
Earthy waters, used in the environs as table waters, and also exported.
- Eichwald.**—Austria, Bohemia, district of Leitmeritz, near Teplitz.
Hydropathic establishment, much visited.
Doctor : Dr. Brecher.
- Eilsen.**—Germany, principality of Schaumburg-Lippe.
Sulphate of lime springs, 35° F. Mud baths.
Special indications : Inhalation in chronic catarrhs and phthisis of the larynx.
Doctors : Drs. Bodemeyer and Weiss.
Hotel : *Kurhaus*.
- Eimbeck.**—Germany, Hanover.
Bicarbonate of lime water.
- Einöd.**—Austria, Carinthia, district of Judenburg.
Ferruginous waters.
A very bare and monotonous country, as the name indicates.
- Eisenbach.**—Austria, Hungary, near Schemnitz.
Thermal, ferruginous and sulphurous waters, 105°.
Very good establishment and accommodation.
- Eisenberg or Zelesna-Wodsk.**—Russia, Caucasus, near Pjätigorsk.
Ferruginous waters, 50° to 110° F.
The establishments and general accommodation are very poor, considering the large number of visitors which the efficacy of the waters attracts.
- Elba.**—Island of, Italy, in the Mediterranean.
Ferruginous sulphur and saline waters; not used therapeutically.
- Elehe.**—Spain, province of Alicante, and one hour by rail from that town.
Climatic winter station.
Drier and warmer than Alicante. The accommodation, however, is but indifferent.
- Elejabeitia.**—Spain, province of Vizcaya, near Bilbao.
Cold sulphurous waters.
The establishment, though small, is complete. The accommodation is good and moderate in price. It is a new station, but rapidly acquiring public favour.

Elgersburg.—Germany, Thuringia.

Hydrotherapeutie establishment.

Doctor : Dr. Barwinsky.

Hotel : *Kurhaus*.

El-Hamma.—Algiers, near Constantine.

Bicarbonate of iron water, 90° F.

Elisabethbad.—Germany, Brandenburg, near Prenzlau.

Ferruginous bicarbonate waters.

Special indications : Nervous affections.

Elisabeth-Salzbaths.—Austria-Hungary, in the town of Ofen.

Bitter waters, the oldest spring of Ofen.

Exported to the extent of over one million bottles per annum.

There is also a bathing establishment.

Ellabria.—Switzerland, canton of St. Gall.

Sulphurous waters, not used therapeutically.

Elmen.—Germany, Saxony, district of Magdeburg, near Salza.

Saline waters.

Special indications : Affections of the glands and of the mucous membrane, rheumatism.

Doctor : Dr. Kirchheim.

Hotels : *Evers, Voight*.

Elöpathak, or Arapatak.—Transylvania, near Kronstadt.

Ferruginous bicarbonate water, 30° F.

Doctor : Dr. Schwarz.

Elorrio.—Spain, province of Vizcaya, near Durango.

Mixed sulphurous waters, 30° F.

Special indications : Skin diseases.

The site is very charming, with a very luxurious vegetation.

The establishment is well-fitted and the accommodation good.

Doctor : Dr. Enriquez.

Elster.—Germany, Saxony, near the Bohemian frontier ; 1,300 feet above the sea level.

Alkali-saline ferruginous waters, 25° to 30° F. A very well-appointed bathing establishment.

Special indications : Abdominal plethora, dyspepsia, and nervous affections depending on anæmia.

Mud baths, recommended in cases of rheumatic paralysis and articular disease.

Doctors : Drs. Hahn, Cramer and Flechsig.

Hotels : *De Saxe, Wettiner*.

Empfing.—Germany, Bavaria, near Traunstein; 1,300 feet above the sea level.

Indifferent waters; hydropathic establishment. Steam, douche, mud and pine-cone sap baths.

The establishment is good, and accommodation abundant and adequate.

Ems.—Germany, Duchy of Nassau, on the Lahn. For routes see table.

Alkaline—muriatic waters, 80° to 120° F.

Season: May—October. Milk cure.

These waters have a special action on the lungs, chest, and on nervous diseases, for the treatment of which Ems is specially noted.

Bookseller: L. F. Kirchberger.

Banker: L. J. Kirchberger, under the Colonnades.

Doctors: Drs. Orth, Geissé, v. Ibell, Dvüing, Vogler, Flottmann.

Hotels: The *Royal Curhaus Hôtel*, a first-class establishment, with own sources for drinking and bathing. Has over 200 rooms and saloons; will satisfy the most fastidious concerning rooms or cuisine. Moderate charges. Porters at station. H. Kahl, manager.

The *Hôtel d'Angleterre*.

Enatbühl.—Switzerland, canton of St. Gall; 3,000 feet above the sea level.

Alkali-saline and sulphurous waters.

The establishment is efficient, and the accommodation good.

Encausse.—France, Department of Haute Garonne, near St. Gaudens.

Sulphate of lime waters, 50° F.

Special indications: Uterine and nervous affections in general.

Engelberg.—Switzerland, Valley of Engelberg, near the Lake of Lucerne, 3,200 feet above the sea level.

Mountain air cure.

Doctor: Dr. Brunner.

Hotels: *Hotel Sonnenberg*, and *Hotel Tiflis*.

Enghien.—France, Department of Seine and Oise, near Montmorency.

Cold sulphurous and lime waters.

Special indications: Scrofula, affections of respiratory organs, herpes and rheumatism.

Bathing establishment well fitted for hydropathic medication.

Doctors: Dr. Japhet, Dr. Pozzioli.

Engistein.—Switzerland, near Berne; 1,850 feet above the sea level.

Cold ferruginous and carbonate of lime waters. Little frequented.

Enn.—France, Department of Pyrénées Orientales, near Prades.
Thermal neutral waters, 120° F.

Epidaurus.—Greece, Peloponnesus, near the ruins of the old Temple of Epidaurus.
Alkali-saline bitter waters. Strong purgative action, even in small doses.

Eppenhauseu.—Germany, Westphalia.
Alkaline-earthly waters.

Eppingen.—Switzerland.
Cold sulphate of magnesia waters.

Epsom.—England, Surrey.
Sulphate of magnesian waters, rich in mineral matter, though little resorted to.
The sulphate of magnesia, which constitutes the mineral base of these waters, is usually called "Epsom Salts" in England.

Erdmannsdorf.—Germany, Silesia, near Hirschberg.
Climatic-air station.
There is a very fine park. The environs are very charming, though visitors are frequently annoyed by the exhalations from the neighbouring miniature lakes and the smoke of the factories in close vicinity.
Doctor: Dr. Wehner.

Erdö-Benye.—Hungary, comitat of Zemplin, near Tokay. Rail to Szeghalom.
Sulphurous ferruginous waters; grape cure station.
Much frequented. Establishments and accommodation good.

Erlachbad.—Austria, Tyrol.
Ferruginous alum thermal waters.
Primitive establishments.

Erlau.—Hungary.
Thermal indifferent waters, 80° F.

Erlaubad.—Germany, Duchy of Baden, near Sasbach.
Thermal saline waters, 75° F.

Ermetschwyl.—Switzerland, Canton of St. Gall, near Toggenburg, 2,250 feet above sea level.
Alkaline waters, 80° F.
Special indications: Rheumatic paralysis and contractions.

Ernabrunnen.—Germany, Brunswick.
Ferruginous waters, 50° F.
Special indications: General debility, anæmia, affections of the nerve centres.

Ernsdorf.—Austria, Silesia, near Bielitz.

Whey cure station. Koumiss, pine-cone sap baths.

Doctor : Dr. von Smolenski.

Erquy.—France, Department of Côtes du Nord ; from Paris, *viâ* Lamballe.
Sea baths ; sandy beach.

Escaldas (Les).—France, Department of Pyrénées Orientales.

Thermal alkaline sulphurous waters, slightly mineralised.

Doctor : Dr. Companyo.

Eschelloh.—Germany, Bavaria, near Partenkirchen.

Earthy waters.

Scarcely known even in its own immediate neighbourhood.

Escoriaza.—Spain, province of Guipuzcoa, near Vergara.

Sulphurous earthy waters, 50° F. One ferruginous spring.

Special indications : Chronic affections of the digestive organs, bronchial and laryngeal catarrh, asthma, hyperæmia of liver and spleen, leucorrhœa, anæmia and chlorosis.

The situation is most delightful, and the gardens are very fine. The establishment and the accommodation rank amongst the best to be found in Spain. Escoriaza is consequently much frequented. The prices are, however, within the reach of every one.

Doctor : Dr. Diez.

Escouloubre.—France, Department of Aude.

Thermal sulphurous waters.

Special indications : Rheumatism.

Eski-Scheher.—Turkey, Asia Minor.

Thermal sulphurous water.

Esparraguera and Olesa.—Spain, Catalonia, near Barcelona.

Sulphurous waters, 90° F.

Very fine promenades, and much visited. The bathing establishments and accommodation are good.

Espinoso del Rey.—Spain, province of Toledo, near Talavera.

Ferruginous bitter waters.

Special indications : Chlorosis, leucorrhœa, urinary obstructions, bad digestion, sterility, flatulency, skorbut, hydropsia and calculus.

Essentuk.—Russia, Caucasus, near Pjätigorsk.

Cold alkaline and alkali sulphurous waters.

Season : May—October.

Special indications : Affections of the abdominal organs, hyperæmia of liver and spleen, arthritis, lithiasis, affections of the urinary organs, scrofula, emphysema and affections of the respiratory organs.

The bathing establishments and accommodation generally are luxurious, and fresh improvements are being made each year. No known European waters are so rich as those of Essentuk in iodine and bromine.

Estadilla.—Spain, province of Huesca, near Monzon.

Alkaline waters, 45° F.

Special indications : Gastric affections, chronic ulcers.

Doctor : Dr. Lopez.

Esteras.—Spain, province of Loria, near Medinaceli.

Cold sulphurous waters.

Special indications : Skin diseases and laryngeal, and pharyngeal complaints.

Étretat.—France, Department of Seine Inférieure.

Largely visited sea baths.

Eufemia (Sant').—Italy, Calabria, near Nicastro.

Saline waters, 100° F.

Very famous in antiquity, but now entirely neglected.

Euzet.—France, Department of Gard.

Sulphate of lime bituminous springs.

Special indications : Pulmonary catarrh.

Evaux.—France, Department of Creuse.

Eight sulphate of soda springs, 60° to 140° F.

Special indications : Rheumatism, paralysis, ulcers.

Evian-les-Bains.—France, Upper Savoy, on the Lake of Geneva ; 1,150 feet above the sea level. For routes see the table.

Alkaline waters, and climatic air station.

Special indications : Affections of the urinary and digestive organs, chronic affections of the liver and biliary apparatus, chronic nephritis, gravel, gout, vesical catarrh, chronic cystitis, congestion of the liver, diseases of the nervous centres, insomnia.

The watering place of Evian offers to the tourist as well as to the bather an agreeable sojourn. Facing the north, it receives refreshing breezes from across the lake.

Post and Telegraph station.

Walks and excursions in great variety into the forests and mountains, &c. Excursions, by steamer (25 departures every day), to Montreux, Chillon, Vevey, Lausanne, Geneva, &c.

Doctors: Drs. Taberlet, Million, Flottard, Dantaud and Dumuz.

Hotel: The *Grand Hôtel des Bains*.

Exmouth.—England, Devonshire, 10 miles from Exeter.

Sea baths, sandy beach.

Climate: Mild

Season: June—September.

An establishment for hot and cold baths.

Special indications: Failing digestion, debility and catarrhal affections.

Doctor: Dr. Ward.

Hotel: The *Beacon*.

Evolena.—Switzerland, Canton of Tessin, 5 hours from Sitten.

Ferruginous waters.

Used only by the surrounding peasantry.

Fachingen.—Germany, Nassau, near Ems.

Cold alkaline waters; for table use only.

Special indications: Dyspepsia.

Some of the strongest alkaline waters in Germany. Largely exported.

Faenza.—Italy, Romagna.

Earthy waters.

Only used by the inhabitants. The establishment and accommodation are indifferent.

Falciano.—Italy, Tuscany, on the Ghiora.

Ferruginous muriatic waters, 60° F.

Special indications: Gravel and vesical calculus.

Falkenberg.—Germany, Silesia, district of Oppeln, near Grottkau.

Ferruginous sulphurous waters.

The establishment is of a superior kind.

Falkenstein.—Germany, Taunus, Nassau, near Kronberg.

Hydrotherapeutic station.

Special indications : Affections of the lungs.

Doctors : Drs. Dettweiler and Meissen.

Hotel : *Kurhaus*.

Fällorne.—Sweden, half a mile from Wexis.

Alkaline waters.

Taken only internally at the spring; neither used in baths nor exported.

Falmouth.—England, Cornwall.

Sea baths; sandy beach.

Doctor : Dr. Dnb.

Hotel : *The Royal*.

Falú-Szlatina.—Austria-Hungary, district of Szigeth.

Alkaline ferruginous and pure alkaline and saline waters.

The country around is picturesque.

Fano.—Italy, 4 hours' rail from Bologna.

Sea baths; sandy beach.

Arrangements fairly good.

Farette.—France, Savoy.

Cold ferruginous arsenical waters; a table water.

Farkas-Mező.—Austria, Transylvania, district of Udvarhély.

Earthy saline waters

Farnbühl.—Switzerland, near Lucerne; 2,500 feet above the sea level.

Air cure station.

Féecamp.—France, Department of Seine Inférieure.

Much frequented sea baths.

Feldafing.—Germany, Bavaria, near Munich.

Cold sulphurous springs.

Feldberg.—Germany, Mecklenburg-Strelitz.

Hydropathic establishment. Electro-therapeutic baths. A winter station.

Doctor : Dr. Erfurth.

Feletékút.—Austria-Hungary.

Sulphurous waters, containing a large quantity of sulphuretted hydrogen.

No bathing establishment and no adequate accommodation.

Félines.—France, Department of Auvergne.

Alkali saline waters; highly effervescent.

Felixstowe.—England, Suffolk, near Harwich.

Sea baths; firm sandy beach.

Climate bracing.

Season : July—September.

Fellathal.—Austria, Carinthia.

Cold alkaline water.

Very good establishment and accommodation.

Felsenegg.—Switzerland, canton of Zug; 3,030 feet above sea level.

Climatic station. Very pure and equable atmosphere.

Felső-Alap.—Austria-Hungary, comitat of Weissenburg.

Bitter waters, containing iodine. Exported since 1853. No establishment.

Felső-Apsa.—Austria-Hungary, comitat of Mármaros, district of Szigeth.

Saline waters.

Accommodation and bathing establishments bad.

Felső-Bajom.—Austria, Transylvania, near Baasen.

Saline waters, 70° F.

The establishment is well arranged, and the accommodation good.

Felső-Neréznice.—Austria-Hungary, comitat of Mármaros, Valley of Taracz.

Ferruginous, alkaline and saline waters.

Felső-Russbach.—Austria-Hungary, comitat of Zips, near Pudlein.

Earthy waters.

The establishment resembles a gothic castle of feudal times.

Its ancient splendour is still attested by numerous antiquities.

The gaseous emanations from the soil are very peculiar, and not without risk to men and animals.

Felső-Visso.—Austria-Hungary.

Alkaline and ehalybeate waters of great strength.

No establishment, and but poor accommodation.

Feredschik.—Turkey, Roumelia, Sandshak Gallipoli.

Saline waters, 70° F.

The establishments are on a grand scale, and fitted with every luxury.

Féron.—France, Department du Nord.

Earthy waters, but little used.

Ferranche.—France, Savoy, near Chamousset.

Cold ferruginous, alkaline and magnesian waters.

Ferreira.—Spain, province of Murcia.

Earthy ferruginous waters.

Special indications: Anæmia, dyspepsia, irregular menstruation, disorders of kidney and bladder.

Ferriere (La).—France, Department of Isère.

Cold sulphate of lime waters.

- Ficoncella.**—Italy, Tuscany, valley of the Paglia, near Siena.
 Ferruginous alkaline waters, 105° F.
 Though very much frequented in the time of the Roman Emperors, they are now scarcely visited.
- Fideris.**—Switzerland, canton of the Grisons.
 Cold bicarbonate of soda and chalybeate waters.
- Fiestel.**—Germany, Westphalia.
 Sulphate of lime springs ; 2 grs. of mineralisation.
- Filetto.**—Italy, Abruzzo, near Torano.
 Earthy saline waters, 85° F.
 Little used ; accommodation of a very inferior kind.
- Filey.**—England, Yorkshire, seven miles from Scarborough.
 Saline springs, deserving to be better known.
Season : June—September.
Doctor : Dr. Scrivener.
- Finceschti.**—Roumania, Walachia.
 Sulphurous waters, 45° F.
 Establishment and accommodation inferior.
- Fischbach.**—Germany, Silesia, near Hirschberg.
 Climatic air station.
 The castle and its extensive park are open to visitors.
Doctor : Dr. Müller.
- Fitero.**—Spain, province of Navarra, near Castejon.
 Saline earthy waters, 115° F.
Special indications : Rheumatism and paralysis, gout, tendinous retractions, caries, necrosis, chlorosis and anæmia.
 The establishments are modern, and prices are all fixed in accordance with a tariff exhibited in the various buildings.
 Accommodation good.
Doctors : Dr. Gimenez de Pedro, and Dr. Coll y Amo.
- Fiumorbo.**—France, Corsica.
 Sulphurous waters, 130° F.
 Establishment and accommodation inferior.
- Fladnitz.**—Austria, Styria, near Villach and Friesach, 4,100 feet above the sea level.
 Climatic mountain air station ; whey cure.
 There is a resident physician in the season.
Hotels : The *Kurhaus*.

Fläsch.—Switzerland, Argovy, near Feldkirch; 1,750 feet above the sea level.

Alkali-saline waters, 45° F.

Special indications: Gravel, vesical calculi, podagra, hæmorrhoids.

The establishment is good and accommodation fair.

Fleetwood.—England, Lancashire, on the Wyre.

Sea baths; shingly beach.

Climate humid and mild.

Doctor: Dr. Orr.

Flinsberg.—Germany, Sillesia.

Bicarbonate ferruginous cold waters, climatic station.

Doctors: Drs. Adam and Kirsch.

Hotels: Thomas, Grasser.

Flint.—Wales.

A well-frequented sea bathing-place.

Florence.—Italy, formerly capital of, but now of the province of Tuscany; from Paris through Mont Cenis, *viâ* Turin, Genoa, and Pisa, or *viâ* Marseilles, Nice, and Genoa, 32½ hours. 160¾ frs. 1st class.

Florence, situated in the valley of the Arno, has been called "the fairest city of the world." A great many English and American families reside here in winter and early spring.

OBJECTS OF INTEREST.—The Cathedral or Duomo, Santa Maria del Fiore, the Campanile or bell tower, the Baptistery of San Giovanni, with the doors by Ghiberti, generally called the "Doors of Paradise"; Church of St. Croce, del Carmine, San Lorenzo, Palazzo Vecchio, Uffizi gallery, Palazzo Pitti, Loggia de' Lanzi, Town Hall, Casa Buonarrotti, Boboli gardens, National museum, Etruscan museum, Royal Mosaic manufactory, Grand Opera, Theatres, La Pergola, Niccolini, Nusco, Alfieri, Pagliano, Goldoni.

Excursions: Le Cascine, the Florentine Bois de Boulogne or Hyde Park, the most charming drive and promenade in all Italy; Villa Demidoff in the neighbourhood; the Monte Miniato, or Viale dei Colle; a walk up the hills to Galileo's tower; Vallombrosa, Pontassieve, Pelago, Certaldo, Fiesole.

Cabs: One-horse, by the drive, 1 fr.; 2 frs. the first hour; 1.50 frs. afterwards. Outside the barrier, 3 frs. the first hour; afterwards, 2 frs.

Post-office: Uffizi. **Telegraph:** Palazzo Ricardi.

Bookseller: Hrm. Loescher, 20, Via Tornabuoni.

American Dentist: Dr. H. L. Schaffner, 8, Via dei Cerretani.

Doctors: Drs. Wilson, Coldstream and Baldwin.

Hotels: The *Hôtel d'Italie*, large first-class house for families, well situated on the Arno; has a lift and is in every way well

appointed. Branch house of *Hôtel de Nice*, Nice, Bernerhofat, Berne, and *Hôtel de Turin* at Turin. G. Kraft, proprietor.
The *Anglo-American Hôtel*.

Flue.—Switzerland, near Solothurn.
Alkaline springs.

Föhr.—Germany, island in the North Sea, off the coast of Schleswig.
Sea baths, sandy beach, very little surf.
There is an establishment for cold and warm sea baths, at Wilhelminenbad. About 16 villages and hamlets on the island, and those on the west side have all sea baths. The scenery is less interesting than on the sister island Sylt.
Doctor: Dr. Gerber.

Folkestone.—England, Kent, on the Channel coast.
A much frequented sea bathing-place; sandy beach.
Chalybeate waters.
Doctor: Dr. Tyson.

Foncirgue.—France, Ariège.
Bicarbonate of lime waters, 50° F.
Special indications: Nervous affections.

Fonfrede.—France, Department of Lot and Garonne.
Alkaline magnesian waters, 35° F.
Special indications: Gravel, affections of the kidneys, bladder, liver and diabetes; deserves to be better known.
Doctor: Dr. de Gaulejae.

Fonga.—Italy, Tuscany.
Effervescent alkaline waters.
Little or no accommodation.

Fonsainte.—France, Department of Cantal, near Cahors.
Ferruginous waters.
Mostly used in after treatment.

Fonsalade.—France, Department of Puy du Dôme, near Billon.
Saline waters, only employed by the surrounding inhabitants.

Fonsanches.—France, Department of Gard, near Vigan, 2 hours from Nîmes.
Sulphate of soda waters, 60° F.
Special indications: Neuralgia and rheumatism.

Fonsrouilleuse.—France, Department of Maine and Loire, near Chaumont.
Muriatic ferruginous waters.
Only used in the immediate neighbourhood.

Fontaccia.—Italy, Tuscany, near Monte Bicchieri.
Sulphurous and saline waters, 65° F.

Fontaigre or Sorède.—France, Pyrénées Orientales, near Perpignan.
Effervescent ferruginous waters.
The hamlet is charmingly situated, while but little has been done to attract visitors.

Fonté.—Spain, province of Zaragoza, near Chiprana.
Sulphurous saline waters, 50° F.
Special indications: Affections of the abdominal viscera, dyspepsia, amenorrhœa, chlorosis, hysteria, ophthalmia.
The situation is charming. The establishment is not quite up to modern requirements. Accommodation is scanty.
Doctor: Dr. Martinez.

Fontenelle.—France, Vendée, near Napoléonville.
Alkaline waters similar to those of Forges-les-Bains.

Foradade.—France, Department of Pyrénées Orientales, near Tantarel.
Bitter waters, 65° F.
Used as a purgative, but only by the resident population.

Forbach.—Germany, Alsace-Lorraine.
Cold saline water; 6 grs. of mineralisation.

Forcerai.—France, Department of Pyrénées Orientales, near Perpignan.
Ferruginous waters, 65° F.

Fordel.—Scotland, Fifeshire.
Alkali-saline waters.

Fordignano.—Italy, Sardinia, district of Barrigado.
Saline waters, 160° F.

Renowned under the Roman Emperors, as its ruins shew; the baths are now altogether neglected. The roads leading to it are, as is almost universally the case in Sardinia, in a miserable condition.

Forges-les-Bains.—France, Department Seine and Oise. For routes see table.

Cold alkaline ferruginous springs.

Forges-les-Eaux.—France, Department of Seine Inférieure. Rail from Dieppe to Paris.

Cold bicarbonate and ferruginous waters, tonic and fortifying in their action.

Special indications: Convalescence, and more especially in cases of sterility.

Forges boasts a casino.

Doctor: Dr. Caraman.

Hotels: The *Hôtel des Thermes* is the only hotel which can be recommended for comfort and proximity to the baths.
Miss Broderick, proprietress.

Forstegg.—Switzerland, canton St. Gall, near Sennwald.
Effervescent sulphurous waters.
Fairly good establishment.

Fortuna.—Spain, province of Murcia, near Cieza.
Saline waters, 125° F.
Special indications: Rheumatism and paralysis, chronic ulcers, scrofula, neuralgias.
The establishment is one of the best in Spain, and the accommodation is good. The gardens are beautiful.
Doctor: Dr. Chacel.

Fortyogo.—Austria-Hungary, Transylvania, district of Coik.
Sulphurous alkaline waters.
Used in baths only by the surrounding peasantry.

Fossino.—Italy, Tuscany, in the bed of the Valcontò river.
Alkali-saline and ferruginous waters.
Very little used.

Fosso degli Ontani.—Italy, Tuscany, valley of the Fiora.
Alkali-saline waters, 65° F.

Foucaude.—France, Department of Herault, near Montpellier.
Warm bicarbonate of soda waters, 60° F.
Special indications: Sedative action; useful in certain nervous affections.

Fourchambault.—France, Department of Nièvre, near Nevers.
Bicarbonate of lime waters, cold.

Fowey.—England, Cornwall.
Sea baths on the south coast.

Frailes y La Rivera.—Spain, province of Jaen, near Alcalá la Real, and 1,140 feet above sea level.

Bitter waters, 50° to 55° F.

Special indications: Bronchial catarrhs, hyperæmia of the liver, dyspepsia, leucorrhæa, chlorosis and chorea.

The situation is lovely, and the vegetation very luxuriant. The establishment is composed of 25 houses and three large edifices, having 18 balconies. The arrangements for baths are good, and the accommodation is of a superior kind; prices are, however, moderate. Ball, concert, reading, billiard, smoking and music rooms.

Doctor: Dr. Barráca.

Frankenhausen.—Germany, Thuringia, near Sondershausen.

Saline lithic waters.

Special indications: Scrofula, rheumatism.

Doctors: Drs. Gracé, Ecke, and Pflug.

Hotels: Nigger, Thuringia.

Frankfurt-am-Main.—Germany, until 1866 one of the four free cities remaining of the Great Hansebund, but now annexed to Prussia; from Paris by North of France Railway, *via* Cologne and Mayence, or *via* Forbach and Mayence, 18½ hours. 85 frs. 1st class.

A very wealthy commercial town; the birthplace of the Rothschilds.

OBJECTS OF INTEREST.—The Cathedral, the Römer or Town Hall, Church of St. Paul, the Exchange, Städel Museum and Academy of Paintings, Bethman villas with Dannecker's statue of Ariadne, Bethmann Museum, Goethe House, Public Gardens, Zoological, Botanical, and Palm Gardens, Old and New Cemetery; Günthersberg, near Bornheim, the seat of the Rothschilds. Post and Telegraph Office: Zeil No. 52.

CABS: For one or two persons, 50 pfgr.; three or four, 70 pfgrs.; for one hour, 1 mk. 70 pfgrs., and 2 mk.

Bookseller: Schottenfels, Frankfurterhof.

Dentist: Brown-Townsend, Am.

Doctors: Drs. Stein, Simrock, de Barry and Passavant.

Hotels: The Union Hotel.

Franzensbad.—Austria, Bohemia, near Eger; 1,900 feet above sea level. For routes see table.

Alkali-saline, ferruginous waters; carbonic acid gas waters and baths; mud (the strongest in iron known) baths; nine springs, all highly charged with carbonic acid. The waters and especially the muds are largely exported.

Season: 1st May till 1st of October.

Number of visitors: About 12,000 in the season.

Special indications: Female diseases, scrofula, debility, anæmia, chlorosis, impoverishment of the blood and its effects, atony, indigestion, hæmorrhoidal affections, sterility, impotence, neuralgia, hysteria, hypochondria, difficult and disordered menstruation, chronic catarrhs of the mucous membranes, dyspnœa, dyspepsia, gout.

The situation of Franzensbad is lovely and the scenery very picturesque, being surrounded by richly-wooded hills and mountains. The climate is mountainous with a pure fresh air, very rich in ozone. The springs have been in use since the Middle Ages, and as early as 1623 foreigners are recorded to have visited the place. The greatest treasure, however, Franzensbad possesses are the inexhaustible beds of saline-iron muds (moor), which with regard to its mineral principles in sulphate of iron and free sulphuric acid is superior to any therapeutically-used mud (moor).

The bathing establishments (3) are superior, and second to none on the Continent. They are entirely complete and up to all modern therapeutic requirements.

The park and pleasure grounds surrounding Franzensbad are very extensive and fine, and this is the favourite meeting place of the foreign colony. On rainy days the colonnades near the Franzensquelle, Salz, and Wiesenquelle, offer shelter to take the necessary exercise. The Curhaus, with large conversation saloon, is very fine, as is also the theatre. The Curhaus has also an extensive and well-supplied reading room, billiard, smoking, and gaming rooms, and the use is gratuitous. A very good Cur-orchestra plays twice daily. Concerts by celebrated artists, reunions, balls, archery, and rifle shooting, lawn tennis, etc.,

are the other amusements offered. More than 4,000 rooms afford ample accommodation.

Excursions are very numerous and enchanting; the nearest are Ludwigshöhe, Antonienhöhe, Stockerhöhe, Miramonti (Restaurant) Kammerbühl, etc.

For all information apply to the Mayor's office (Bürgermeister-Amt) in Franzensbad.

English Church service at Hôtel de la Poste.

Post and Telegraph offices : Neugasse.

Custom house at the station, so that the luggage can be booked through to Franzensbad without being examined at the frontier.

Bankers : Karl Wiedermann & Co.

Chemist : G. Khittl, Kaiserstrasse.

Conveyances are amply provided; earriages, horses, mules, donkeys, bath chairs, etc.

Bookseller : E. A. Götz, Kaiserstrasse.

Doctors : Drs. Sommer, Klein (who speaks English), Steinschneider, Loimann, and Egger.

Hotels : The Hôtel de la Poste, first-class house, beautifully situated, with all modern comforts and excellent cuisine. Largest establishment. Thomas Wolf, proprietor.

British, Gisela, Holzer, Hübner, and Müller.

Fraserburgh.—Scotland, Aberdeenshire, 23 miles from Aberdeen.

Sea baths, sandy beach and chalybeate waters.

Doctor : Dr. Grieve.

Frauenstein.—Germany, Saxony, near Klingenberg, 2,000 feet above sea-level.

Climatic air station, with bathing establishment.

Doctor : Dr. Röber.

Freiburg.—Germany, Baden, in the Breisgau; 950 feet above sea level; 37,400 inhabitants. For routes, see table. Climatic air station.

A very old town and the ancient capital of Breisgau. There is an old Münster, a fine specimen of Gothic architecture, containing many interesting objects. Archbishop's palace, Grand Ducal palace, Merchant's Hall, Statue of Victory, University and Library, are well worth visiting.

OTHER OBJECTS OF INTEREST.—Schlossberg, Ludwigshöhe, Loreto chapel, Günthersthal and Schauinsland, Belchen, Müllheim, Badenweiler, Höllenthal, Titisee, Feldberg, Black Forest, Suggenthal and Waldkirch.

English church service held at the late Post-office; Rev. G. Banner.

Post and Telegraph : Close to Sommer's Hôtel and Harrer's Hôtel de l'Europe.

Dentists : Von Langsdorf and Mowbray.

Doctors : Drs. Gehr, Hegar, Hofe, Bäumlér, Prof. Kraske, Drs. Bloch and Manz.

Hotels: Hotel Sommer, Zum Zähringernof. This beautiful and well-known first-rate hotel is situated on the right, opposite the station, in the healthiest and finest part of the town, surrounded by its own garden, and situated among pleasant promenades. All home comforts; can be well recommended as a family hotel, both for a long or short stay. Electric light. Hydraulic lift. Moderate tariff. Fishing, shooting. Information given about excursions in the Black Forest. Sommer Bros., also of Hôtel Sommer, Badenweiler.

Harrer's Hôtel and Pension de l'Europe. First-class house, opened since May, 1890, on the left opposite the station, situated in the most sanitary part of the town (no noise at all from the railway traffic), surrounded by lovely gardens and covered *verandahs*, serving as an open-air restaurant. This Hotel is unrivalled in comfort and cleanliness. A real home, and therefore specially recommended to English. Excellent cuisine and cellar. Electric light and steam heating everywhere, without extra charge. Very moderate tariff. The service is under the personal superintendence of the proprietor.

Freienwalde.—Germany, Brandenburg.

Cold ferruginous bicarbonate waters. Little frequented.

Situated in a very fine valley.

Doctors: Drs. Gisevius and Elten.

Hotel: *Kurhaus.*

Freyersbach.—Germany, Duchy of Baden.

Bicarbonate and ferruginous waters. Treatment by means of mud and carbonic acid gas baths. Little visited.

Special indications: Liver complaints, female diseases, disorders of the respiratory and urinary organs.

Doctors: Drs. Mast and Schneider.

Fribourg.—Switzerland, capital of canton of same name, from Paris, *via* Belfort and Basle to Fribourg.

A picturesque old town, founded in the twelfth century, and well worth staying at for a day, in order to see the various sights of interest, such as the—Temple Réforme, Convent of Ursulines, Lyceum and College, Town Hall, Cathedral of St. Nicholas, with the most celebrated organ in Europe (concerts every evening); Chancelry and Wire bridge, Church of St. Augustin, Convents of Montargo and Cordelier, Churches of Notre Dame and Capucins, Seminary, Pensionate of the Jesuits, Orphanage, Museum, Colonna (opened 1881), Suspension Bridge and Chapel of Lorette.

Excursions: Promenade of the Palatinat, Viaduct of Grandfrey, Haute-rive Bourgileon, artificial lake of Perolles, fish hatching establishments, garden of the hospital, the Black Lake, Kaiseregg, Gruyères, Morat and Avenches.

Post and Telegraph Office.

Hotel: The Grand Hôtel National.

Freshwater.—England, Isle of Wight.

Sea baths, pebbly beach.

Climato pure and bracing.

Doctor : Dr. Phelps.

Friedrichshafen.—Germany, Würtemberg, on the north shore of the Lake of Constance; 1,376 feet above sea level; 3,300 inhabitants.

A climatic summer station. Lake and Turkish baths.

The town is very old, but owing to recent additions it has acquired quite a modern aspect. The situation is very fine and picturesque, overlooking the lake and the opposite coast of Switzerland, with its mountain chains. Like all stations on the lake of Constance, it forms a good centre for excursions. There is a Kursaal, with park, on the shores of the lake. A museum, with many interesting objects illustrating the history of the lake of Constance and its primitive inhabitants. The King of Würtemberg resides here in summer; the castle and park are both open to visitors.

Amongst the favourite excursions may be mentioned Mauzell, Berg, Unter, and Ober Theuringen, Lochbrücke, Trautenmühle, Waggershausen Riedle, St. George, Tettnang, Ravensburg, Wolfegg and Waldburg.

Post and telegraph office at the railway station.

Doctors : Drs. Seibold and Faber.

Hotel : The *Hôtel de la Couronne*, near the landing stage of the steamers, overlooking the lake and Alps, with a fine garden; well managed house, with reasonable prices. Louis Deeg, proprietor.

Friedrichshall.—Germany, Thuringia, near Cobourg.

Bitter water, contains common salt, sulphate of soda and magnesia.

It is less irritating, and consequently less purgative, than the waters of Pullna and Seidlitz, which allows of its being taken for a greater length of time.

Only used for exportation.

Friedrichroda.—Germany, Thuringia, near Gotha. 1,300 feet above the sea level.

Saline waters and pine-cone baths.

Very picturesque site.

Doctors : Drs. Keil and Weidner.

Hotels : *De Berlin, Herzog Ernst.*

Friedrich Wilhelmsbad —Prussia, Island of Rügen, near Puttbus, in the Baltic.

A much frequented and very fashionable sea-bathing resort. Established 1816. There is a very magnificent park, and the place, being sheltered against northern winds by large beech forests, has a mild climate.

Season : June—September.

Doctor : Dr. Pagé.

Frohnleiten.—Austria, Styria, one hour from Graz.

Hydropathic establishment and climatic air station.

The establishment is open all the year. The surrounding country charming.

Doctor: Dr. Seeliger.

Fuen-Alamo.—Spain, province of Jaen.

Sulphurous waters, 45° F.

Special indications: Cutaneous affections.

Primitive arrangements, but prices very moderate.

Doctor: Dr. Salafranea.

Fuencaliente.—Spain, province of Ciudad-Real, near Puertollano.

Ferruginous waters, 100° F.; douches, steam and mud baths.

Special indications: Rheumatism, paralysis, muscular contractions, corea, hysteria, anæmia and chlorosis.

The situation is good. The establishment is of recent construction, and the accommodation is abundant.

Doctor: Dr. Crespo y Eseoriza.

Fuente-Amargosa.—Spain, province of Malaga, near Vélez.

Sulphurous complex waters.

Special indications: Female complaints, affections of the genito urinary organs and disorders of the stomach.

Doctor: Dr. Ortiz.

Fuente del Fresno.—Spain, province of Ciudad-Real, near Consuegra.

Saline waters.

Fuenterrabia.—Spain, province of Guipuzcoa.

Sea baths; rocky and sandy beach.

Fuente de Piedra.—Spain, near Antequera.

Indifferent waters, 60° F.

Known under the Romans as highly efficacious in cases of calculus.

Fuente del Rosal.—Spain, province of Cuenca, near Beteta.

Earthy waters, 65° F.

Much visited, but deficient in comfort.

Fuente del Toro.—Spain, province of Madrid.

Cold sulphurous waters, containing much free sulphur.

Fuente Santa de Lorca.—Spain, province of Murcia, near Lorca.

Sulphurous earthy waters.

The site is very charming, but the establishment inadequate. Accommodation not of the best.

Doctor: Dr. Bernabeu.

Fuente Santa de Gayangos.—Spain, province of Burgos, near Espinoza and Medina de Pomar.

Sulphurous earthy waters.

Special indications: Gravel, vesical catarrh, calculus and affections of the mucous membranes.

The establishment is old fashioned. Accommodation is abundant and moderate in price.

Doctor: Dr. Carrio y Grifol.

Fuente Santa de Torrelló.—Spain, province of Barcelona, near Vich.

Sulphurous waters, containing magnesia.

Special indications: Chronic skin diseases, scrofula, lymphatism, difficult menstruation, atony, obstructions of the abdominal viscera, etc.

There is a tolerable establishment. The surrounding country is romantic, with long shady walks.

Fuente Sublantina.—Spain, province of Leon.

Ferruginous waters, 50° F.

Only used internally. There is no accommodation.

Fumades.—France, Department of Gard, near Alais.

Sulphate of calcium bituminous waters, 40° F.

Special indications: Skin diseases and chest affections.

Füred, or Balaton-Füred.—Hungary, comitat of Szalad.

Earthy, alkaline and ferruginous water; baths in the lake of Balaton; mud baths; milk cure.

Special indications: Anæmia, chlorosis, debility.

This town is picturesquely situated, and affords valuable therapeutic aid.

Doctors: Dr. Mangold and Hurei.

Fussen.—Germany, Upper Bavaria, near Biessenhofen, 2,450 feet above the sea level.

Climatic air station.

Doctors: Drs. Brand and Kopf.

Gaberneg.—Austria, Styria, near Rohitsch.

Alkali-saline ferruginous waters.

Only internally employed.

Gabian.—France, Hérault, near Beziers.

Effervescent ferruginous waters. Little visited.

Gadara.—Syria, near Lake Tiberias (Tabarich).

Hyperthermal sulphurous waters; mud baths. Much frequented by the Arabs. Primitive appliances.

Special indications: Herpes, rheumatism and elephantiasis.

Gafete.—Portugal, province of Estremadura.

Cold effervescent sulphurous waters.

Gagliana.—Italy, Tuscany, valley of the Arno near Figline.

Earthy ferruginous waters, 50° F.

Gaieiras.—Portugal, province of Estremadura.

Sulphurous waters, 95° F.

Little visited.

Gainfarn.—Austria, one hour's rail from Vienna, and close to Vöslau.

Hydropathic establishment. Much frequented.

Doctor : Dr. Friedmann.

Gais.—Switzerland, canton of Appenzel ; 3,000 feet above sea level.

Bicarbonate of iron, and carbonate of lime waters ; climatic and whey cure station.

Doctors : Drs. Küng and Kürsteiner.

Galaxidion.—Greece, Morea.

Saline waters, 65° F.

Special indications : Spleen and liver affections.

Galera.—Spain, province of Granada.

Cold sulphurous waters. Not much visited.

Galleraje.—Italy, Tuscany, valley of Cecina.

One thermal sulphurous spring, 115° F. ; two bicarbonate and ferruginous springs, 45° F.

Season : May and June, September and October.

Good establishment and accommodation.

Galthof.—Austria, Moravia, near Brunn.

Bitter waters, some of the mildest of their class.

The water is exclusively used for exportation, and is but little known.

Galway Spa.—Ireland, Connaught.

Muriatic ferruginous waters. Only used internally by the inhabitants.

Gamarde.—France, Department of Landes, near Dax.

Cold sulphate of lime springs.

Gandesa.—Spain, province of Tarragona.

Thermal sulphurous waters.

Garde de Bio (La).—France, Department of Lot.

Cold sulphate of sodium waters.

Special indications : Affections of the stomach.

Doctor : Dr. Audual.

Gardiniere.—France, Department of Ain, near St. Rambert-en-Bugey.

Sulphate of lime waters. Little used.

Garmisch.—Germany, Upper Bavaria, near Partenkirchen, 2,100 feet above the sea level.

Climatic air station, whey cure.

Doctors : Drs. Schwarzmaier and Michaelis.

Garmyswyl.—Switzerland, canton of Fribourg ; 1,950 feet above sea level.

Cold sulphurous waters. Little used.

Garriga (La).—Spain, province of Barcelona, near Granollers.

Saline waters, 100° F.; various springs.

Special indications: Chronic rheumatism, tendinous contractions, articular swellings, neuralgias, colics, vesical catarrhs and skin diseases.

The bathing establishment is good, and situated in a beautiful valley; it affords good accommodation at reasonable prices. Various interesting excursions may be made in the neighbourhood.

Doctor: Dr. Padrals.

Garris.—France, Lower Pyrénées, near Maulcon.

Sulphate of lime springs.

Garryhill Spa.—Ireland, County Carlow.

Ferruginous waters.

Gastein, or Wildbad-Gastein and Hof-Gastein.—Austria, Duchy of Salzburg; 2,900 feet above sea level. For routes see table.

Indifferent waters. Eighteen springs, of which nine only are utilised; temperature ranges from 75° to 170° F.

Although these waters are not more highly mineralised than ordinary water, they are useful in relieving nervous affections, gout and rheumatism. They are charged with electricity.

The price of lodgings is fixed by the authorities.

Doctors: Drs. Bunzel, Gager, Pröll and Schider.

Hotels: *Straubinger, Schloss.*

Gath.—Austria-Hungary, Transylvania, near Stuhlweissenburg.

Earthy waters, 50° F.

Gava.—Spain, province of Barcelona.

Bicarbonate and ferruginous waters, 45° F.

Gaviria.—Spain, province of Guipuzcoa.

Sulphur springs, 45° F.

Doctor: Dr. Pardo.

Gavorrano.—Italy, Tuscany, valley of the Pccora.

Earthy ferruginous waters, 90° F.

The bathing establishment is good, but the unhealthiness of the site prevents any large concourse of visitors.

Gebangau.—Java, Dutch Indies.

Saline springs, rich in iodine and magnesia.

Gehringwalde.—Germany, Saxony, near Wolkenstein.

Earthy alkaline waters, 75° F.

Only used in baths. The establishment contains all modern appliances, and affords comfortable accommodation to visitors.

Geilnau.—Germany, Nassau.

Alkaline ferruginous table waters, analogous to those of Selters. Exported only.

Geisslingen.—Germany, Württemberg, between Stuttgart and Ulm.
Indifferent waters.
A small establishment.

Geltschberg.—Austria, Bohemia, near Leitmeritz.
Hydropathic establishment. Climatic air station.
Doctor : Dr. Watzka.

Geneva.—Switzerland, on the Lake of Geneva.
Transition station. Bathers from Aix-les-Bains come here to take a few days' rest after their cure.
Milk cure.
Bookseller : Monroe, 32, Grand Quai.
Doctor : Dr. Cordés.

Hôtel : Grand Hôtel de la Pair. A first-class house in every respect, finest situation on the Quai du Mont Blanc, opposite the landing place of the boats. Magnificent view of Mont Blanc and the Alps; Tariff in every room; no extra charge for lights and attendance. Weber, proprietor, formerly of
• *Hôtel National.*

Genoa.—Italy, on the Bay of Genoa, in Liguria; long a Republic, but now united with the kingdom of Italy; from Paris by P.L.M., *viâ* Mont Cenis, or Marseilles, Nice, 25 hours. 120 frs. 1st class.

Genoa, called "La Superba," or the "Proud," is situated in the middle of the Riviera. It is a city of great antiquity, and is seen to the best advantage when entering the harbour by boat. The hills are covered with villas. A very fine harbour, protected by two moles.

OBJECTS OF INTEREST.—The Corso, Cathedral of San Lorenzo, Annunziata, Palazzo Brignole, Palazzo Pallavicini, Doria Torsi, Balbi, Palazzo Reale, Palazzo Doria, della Università with a library, Ducale; Bank of St. George (the oldest bank in Europe) Exchange in Loggia dè Banchi, Academy, Public Library, Theatre Carlo Felice, Public Gardens, the Fortifications.

EXCURSIONS: Villas Doria and Pallavicini, at Pegli: Nervi and Sestri-
ponente.

Post and Telegraph Office: Piazza Fontana Morose.

CABS: One-horse, 1 fr. the drive; by the hour, 1 fr. 50 c.

Doctor : Dr. Breiting, 33, Via Mamelli.

Hotels : The *Grand Hôtel de Gènes*, first-class, best position in Genoa facing the Opera House and near the Post. Lift; electric light. Bonera Frères, proprietors.

Genestelle.—France, Department of Ardèche, near Entraugues.
Effervescent ferruginous waters. Scarcely known.

Gempelenbad.—Switzerland, canton of St. Gall; 1,680 feet above the sea level.

Earthy waters.

Used only by the surrounding peasantry.

Georgenbad.—Germany, Saxony, near the Bohemian frontier.
Sulphurous acidulated waters.

The bathing establishment has been much neglected.

Gerace.—Italy, province of Reggio di Calabria. Rail from Naples to Reggio, stop at Gerace, thence to the baths by omnibus or carriage, one hour.

Effervescent saline, ferruginous and sulphurous waters, containing arsenic; the air is pure and healthy.

Season : May—September.

Special indications : Inflammation of the respiratory and digestive organs, herpes, skin diseases; chronic, articular and muscular rheumatism; glandular obstructions, *radical cure of syphilis*.

The establishment is not such as the efficacy of the waters and the large number of visitors require.

The hotels are good and comfortable; villas and private houses may also be had for the season or by the month.

Gerardmer.—France, Department of Vosges.

Hydropathic establishment, open from May 1st to October 1st, with complete system for applying hydropathic treatment. Good baths.

The establishment, founded in 1860, has been replaced in 1875, by a new institution, replete with all modern therapeutic requirements. Situated in a lovely part of the Vosges. Good walks, comfortable hotels, and every accommodation for visitors. Family board and residence at the doctor's house, and both boarders and outside patients are received at the establishment.

Post and Telegraph Office.

Doctor : Dr. Greuell.

Gersau.—Switzerland, on the lake of Lucerne; 1,400 feet above sea level; a small village with 2,000 inhabitants. For routes see table to Lucerne; thence by boat in 1½ hours.

A climatic station, and also for the whey and grape cure. Inhalations, spray, pneumatic apparatus, electricity and shower baths. Bathing establishment on the lake.

Season : Spring and autumn, but open all the year.

Gersau is a quiet but charming village, situated on the southern slopes of the Righi. Its position is extremely picturesque and well sheltered. The climate is similar to Vevey and Montreux, but milder and less variable. The fact that figs, almonds and laurels grow well out of doors through the winter, shows how genial the climate is. Gersau is much visited by patients going to and from the Riviera and Italy, while a good many pass the whole winter here. During the summer months it is more a centre for excursions, which may be taken in endless variety, and the mere enumeration of which would occupy too much space.

Post and Telegraph Office.

English Church.

Doctor : Dr. Erni.

Hotel : The *Hotel Müller*, with its dependencies the *Villa*

Fontana and Friedrein, is a thoroughly well managed hotel, affording all necessary accommodation; 130 rooms, with all the advantages, of a Kurhaus. Pension from 7 to 10 fcs. a day.

Gergal.—Spain, province of Almeria.

Sulphurous waters, and also a ferruginous spring.

They are much resorted to, but accommodation is incredibly antiquated.

Geroldsgrun.—Germany, Bavaria.

Cold ferruginous bicarbonate waters.

Gerolstein.—Germany, Rhenish Prussia, in the Eifel, near Trèves.

The waters used largely under this name in England as table waters, and exported by an English Company, are in reality those of Birresborn.

Gerona.—Spain, capital of province of Gerona.

Highly effervescent indifferent waters. Contains a little iron.

Only used as table water.

Gernsbach.—Germany, Baden, near Rastadt.

Climatic summer station.

Doctors: Drs. Neumann and Faas.

Giengen.—Germany, Wurtemberg; 1,450 feet above sea level.

Earthy waters, of the same class as "Wild baths."

Very good establishment; largely frequented.

Giesshuhl-Puehstein.—Austria, Bohemia, near Carlsbad; 1,100 feet above sea level.

Pure alkaline waters.

The water is chiefly exported. There is a whey cure and hydropathic establishment.

Special indications: Feeble digestion and nervous stomachic disorders, affections of the urinary organs, albuminuria, diabetes.

A very elegant and comfortable Kurhaus.

Doctor: Dr. Gastl.

Giglio.—Italy, Tuscany, Island of Giglio.

Ferruginous effervescent waters, used only as table waters.

Gigondas, or Montmirail.—France, Department of Nanceluse.

Aeidulated waters, 60° F.

Mild but unsteady climate.

Gijon.—Spain, province of Asturias, near Oviedo.

Sea baths. The beaches (two) are very safe, and of the finest sand. The establishments are first-rate. Hot and cold sea-water baths. Very fashionable.

The scenery is highly picturesque, and the excursions in the neighbourhood very interesting. The town offers every variety of amusement, and is visited by some 2,500 bathers during the season.

Gigonza.—Spain, province of Cadiz.
Cold sulphate of lime waters.

Ginols.—France, Department of Aude, near Limoux.
Thermal sulphate of magnesia waters, 75° F.
Mildly laxative and diuretic.

Gisi.—Switzerland, canton Unterwalden.
Alkaline waters. Not used.

Gilsland.—England, Cumberland, on the line of railway from Carlisle to Newcastle.
Sulphurous waters.

Giunco Marino.—Italy, Tuscany, Valley of the lower Arno, district of Lorenzana.
Alkaline-ferruginous waters, 50° F.
Only used in the immediate neighbourhood.

Glaine-Montaigut.—France, Puy de Dôme, near Clermont-Ferrand.
Cold ferruginous waters.

Glanagarin.—Ireland, Cork.
Ferruginous waters; but little used.

Gleichenberg.—Austria, Styria, near Graz. One hour by carriage from Feldbach station on the West Austrian Railway, and 3 hours from Spielfeld on the South Austrian line.

Alkaline, muriatic and ferrie acid waters, four springs.
Grape cure in autumn. Climatic air station in spring and autumn. Pine needle and natural brine spray inhalations. Pneumatic chamber with room for nine persons. Large respiration apparatus. Sparkling carbonic baths, chalybeate, pine needle and sweet water baths.

Season: May—October.

Special indications: Nasal catarrh, inflammation of pharynx and larynx, chronic bronchial catarrhs, emphysema, asthma, chronic catarrhal inflammation, incipient phthisis, affections of the intestines, congestion of liver and spleen, vesical catarrh, amenorrhœa, sterility, chlorosis, scrofula, anæmia, gout, and chronic rheumatism.

Gleichenberg is situated in a park-like valley, offering great diversity of scenery and vegetation. The accommodation is of the best, and the climate is mild and equable. Gleichenberg is consequently a convenient intermediate halting place for invalids passing from a southern to a northern climate.

Post and telegraph. Excursions of the most varied nature. Concerts twice daily, theatre, casino, reading rooms, tombolas, &c.

Doctors: Drs. Brühl, Kaufer, and Ranch.

Rooms, mineral waters and carriages, should be ordered from the management of the baths, Gleichenberg.

Gleisweiler.—Germany, Palatinate, near Landau; 1,000 feet above sea level.

Hydro-therapeutic establishment; koumiss, whey and grape cures.

Doctor: Dr. Schneider.

Hotel: The Establishment.

Gleissen.—Germany, Prussia, near Langsberg and Küstrin.

Saline ferruginous waters; whey cure.

A very good establishment.

Gleisslibergerbad.—Austria, Tyrol, near Botzen.

Cold sulphurous waters.

A small bathing establishment

Glengariff.—Ireland, Cork, near Bantry.

Sea baths; climate bracing but mild.

Glenn-Sulphur-Springs.—U. S. America, North Carolina, near Columbia.

Sulphate of magnesia springs.

Much frequented.

Gloucester.—England.

Saline ferruginous waters.

Much frequented, and possessing good bathing appliances.

Glücksburg.—Germany, Schleswig, on the Bay of Flensburg.

Sea baths.

The situation is fine, and there are large beech and oak forests in the surroundings.

Doctor: Dr. Schmid.

Gmünd.—Austria, Carinthia, district of Villach.

Two cold sulphurous springs.

Only used by the surrounding peasantry.

Gmunden.—Austria, Upper Austria; 1,290 feet above sea level.

Saline waters, 25 per cent., 2 per cent. more than at Reichenhall. Climatic station.

The Curhaus provides saline, brine, warm, pine-cone and steam baths, and the arrangements are very efficient. The casino contains concert, card, reading and ball rooms, and is elegantly fitted up.

The scenery around is very picturesque.

Doctors: Drs. Wagner, Gallarde, and Riedener.

Goczalkowitz.—Germany, Silesia, near Pless.

Very strong, bromo-iodurated saline waters, containing iron, 50° F.

There is a very good establishment, principally for sitz baths.

Doctors: Drs. Babel and Kratzert.

Godelheim.—Germany, Westphalia, district of Höxter.

Cold bicarbonate and ferruginous waters.

A good establishment, but little known.

Godesberg.—Germany, Rhenish Prussia, near Bonn.

Alkaline-saline ferruginous waters. Climatic summer station of great repute, and much frequented.

A charming little town in a very picturesque country, near the seven mountains chain; half-hour from Bonn. Combines town with country comforts.

Doctors: Drs. Finkelburg, Gerber and Schwann.

Hotels: Blinzler, Alder, and Riebes.

Golaise (La).—Switzerland, canton Valais.

Sulphurous and ferruginous waters.

Goldbach.—Germany, Bavaria, near Aschaffenburg.

Alkaline ferruginous waters.

Goldberg.—Germany, Duchy of Mecklenburg-Schwerin.

Chalybeate waters.

An efficient bathing establishment, containing sitz, douche, spray and steam baths.

Golden Bridge.—Ireland, county Dublin.

Strong sulphurous waters.

Very good establishments.

Gonten.—Switzerland, canton of Appenzell; 2,750 feet above sea level.

Earthy ferruginous waters.

The establishments are thoroughly efficient, and afford comfortable accommodation.

Göppingen.—Germany, Würtemberg, between Stuttgart and Ulm.

Alkaline magnesia waters. Exported.

A well arranged establishment. Charminglly situated.

Görbersdorf.—Germany, Silesia, circuit of Breslau. Rail to Dittersbach 1,700 feet above sea level. For routes see table.

Mountain air cure station.

Special Indications: Phthisis, affections of the respiratory organs, anæmia, chlorosis, nervous asthma and emphysema.

Doctors: Dr. Brehmer and Dr. Römpker.

Hotels: The two establishments, one under the direction of Dr. Brehmer and one under Dr. Römpker.

Gori.—Russia, Caucasus, near Semu-Chwedureti, district of Gori.

Cold sulphurous waters.

Special indications: Mercurial dyscrasia, liver and spleen disorders, old sores, herpes.

No establishment, and the baths are taken in common by patients in a natural basin in the rocks.

Gortwa-Kisfalú.—Austria-Hungary, near Vargeden.

Cold ferruginous waters.

Accommodation indifferent.

Gorz or Goritz.—Austria, Illyria.

A climatic winter station. Grape cure.

Very pure air.

Season : Autumn and early spring.

Special indications : Scrofula, rhachitis, chronic catarrh, with emphysema, phthisis, nervous complaints.

Mean winter temperature, 52° F.; windless days, 71 in winter season; rainy days, 81; cloudless days, 53; mean rainfall, 841 m/m. The climate must therefore be considered as a humid one.

Doctor : Dr. Arone.

Hotels : The *Grand*, *De la Poste*.

Goschwitz.—Germany, Duchy of Saxe-Weimar, near Jena.

Cold sulphate of lime waters.

Gossweinstein.—Germany, Bavaria, near Muggendorf.

Climatic air station.

The situation is charming, overlooking the entire panorama of Franconian Switzerland. The accommodation is as yet scanty, but very good and moderate in price.

Doctor : Dr. Balzer.

Goteborg.—Sweden.

Hydropathic establishment.

Doctor : Dr. Torstenson.

Gournay.—France, Department of Seine Inférieure, near Neufchâtel-en-Bray.

Cold ferruginous waters.

Only used in the neighbourhood as a table water.

Gourock.—Scotland, Renfrewshire, on the Clyde.

Sea baths, with good beach and healthy climate.

Doctor : Dr. Leitch.

Grabalos.—Spain, province of Logroño, near Castejon.

Sulphate of lime waters.

The establishment is modern and complete. The accommodation is good, and the environs are very picturesque. Good hunting and fishing.

Graena.—Spain, province of Granada, near Guadix; 2,900 feet above sea level.

Thermal ferruginous and sulphurous waters, 100° to 105° F.

Special indications : Rheumatism, paralysis, gout, hemiplegia and paraplegia, nervous affections, corea, chlorosis, anæmia, amenorrhœa and dismenorrhœa.

Superior bathing appliances and accommodation.

Doctor : Dr. Estrada.

Grafenberg.—Austria, Silesia.

Indifferent waters. Hydropathic establishment of great celebrity.

Doctors: Drs. Angel and Schindler.

Hotels: *Crown Prince.*

Gramat.—France, Department of Lot, near Gourdon.

Cold bicarbonate of iron waters.

Gran.—Austria-Hungary, comitat of Gran.

Sulphate of magnesia or bitter waters. Mineralisation 108 gr., of which 104 are sulphate of magnesia.

One of the strongest bitter waters known. The action is rapid and very marked, even in small doses.

Granada.—Spain, the ancient capital of the Moorish Kingdom, and at present of the Province of Granada; from Paris, *viâ* Bordeaux, Irûn, and Madrid, 41½ hours.

Granada is a very old town, on the confluence of the Darro and Genil, partly built in a valley and partly on the slopes of a mountain. Built in the form of an amphitheatre, it adorns the hill slopes on which the Alhambra stands.

OBJECTS OF INTEREST.—The Alhambra, Generalife, and Moorish remains; Cathedral and Capilla de los Reyes, Cartuja, Churches of various saints, Public and Private Palaces, Zacatin, Alcaiceria, University, Museum, Casas Consistoriales, Court of Chancery, Lunatic Asylum, Libraries, several old Gateways, Theatre.

Post Office: Plaza de San Augustin.

Telegraph Office: Calle de la Duquesa.

Cabs: The course, 6 reals or 3 frs.; to any part of the town 12 reals or 6 frs., except Alhambra or Generalife, for which 10 reals extra are asked.

Hotels: *De la Alameda, De la Victoria, De los Siete Suelos, Washington Irving.*

Grandcamp.—France, Department of Calvados, from Paris, *viâ* Isigny.

Sea baths, with good sandy beach.

Grandeyrol.—France, Department of Puy de Dôme, near Issoire.

Ferruginous bicarbonate waters.

Grandril.—France, Department of Puy de Dôme, near Ambert.

Cold bicarbonate of lime waters.

Grange-over-sands.—England, Lancashire, Morecambe Bay.

Sea baths and good beach.

Climate fresh and bracing.

Season: March—October.

Doctor: Dr. Beardsley.

Gränichenbad.—Switzerland, canton of Argovia.

Earthy waters.

A good bathing establishment, in Swiss chalet style, with ample appliances.

Granville.—France, Department of La Manche. Pop. 15,000.

Much frequented sea baths, with good beach.

A picturesquely-situated old fortified town, opposite Guernsey and Jersey. There are some ship yards, a fine Casino, old Cathedral, Citadel and Pier. The tide rises very high and the population are engaged mostly in fishing.

Doctor : Dr. Le Tourneur.

Post and Telegraph Office.

Hotels : The *Hôtel du Nord and des Trois Couronnes* has been recently remodelled and will be found most comfortable, with very excellent cooking. Near Post, Telegraph and landing place of steamers for Jersey. Pension for a prolonged stay at very moderate rates. English spoken. Telephone. E. Chenouard, proprietor.

Grao.—Spain, near Valencia.

Sea bathing and sandy beach.

Grao shares with Carbagnal ($\frac{3}{4}$ hour distant) much the same reputation in Spain, which Brighton and Hastings do in England. Accommodation very good.

Grasnawawoda.—Austria-Hungary, comitat of Neutra, one hour from Iastrabje.

Ferruginous effervescing waters. Only used internally.

Grasse.—France, Department of Alpes Maritimes, three-quarters of an hour's rail from Cannes; 1,230 feet above sea level; 11,000 inhabitants. For routes see table.

Winter station. Dry and sedative climate.

Season : October—June.

Special indications : Chest and lung complaints, laryngitis, pharyngitis, nervous affections, anæmia, chlorosis.

English Church service is held in winter in the *Grand Hôtel*.

Post Office : Boulevard du jeu de ballons.

Telegraph : Au Cours.

Doctor : Dr. Ferrand.

Hotels : The *Grand Hôtel De Grasse, de la Poste*.

Grasville-l'heure.—France, Department of Seine Inférieure, near Le Havre.

Iodurated ferruginous waters.

Gravalos.—Spain, province of Logroño, near Calahorra.

Sulphurous earthy waters, 50° F.

Special indications : Skin diseases, leucorrhœa, prurigo, chronic bronchial catarrhs, scrofula.

The situation is picturesque, the establishment a little backward, but its accommodation cheap.

Doctor : Dr. Aguilera.

Gravenstein.—Germany, Holstein, near Flensburg.

Sea baths.

There is a bathing establishment, which is good. Accommodation in the castle, with a magnificent park.

Doctor : Dr. Claussen.

Gravesend.—England, Kent, on the mouth of the Thames.

Sea baths; good beach. Healthy air.

Season : June—September.

Doctor : Dr. Firman.

Great Yarmouth.—England, Norfolk.

Sea baths; fine sandy beach.

Hot and cold baths on the parade. Climate bracing and exciting.

Doctor : Dr. Vores.

Greifenberg.—Germany, Bavaria, 4 hours from Landsberg and 2,000 feet above sea level.

Chalybeate waters; mud baths; also a climatic station.

Special indications : Feeble digestion, anæmia, disorders of the urinary system.

The environs are very interesting, possessing numerous ruins of Roman buildings. The site is charming. The Ammersee is close by.

Doctor : Dr. Schleiffer.

Greifswalde.—Germany, Pomerania.

Strongly saline and bromine waters.

Establishments and accommodation good.

Gréoulx.—France, Department of Lower Alps, near Digne.

Thermal bromo-iodurated and sulphate of lime waters. The various springs remain much as they were in the time of the Romans.

Special indications : Scrofulous affections, and general constitutional weaknesses, atonic sores, blenorrhœa.

In proper hands, Gréoulx would soon become a first-class bathing and climatic station.

Doctor : Dr. Joubert.

Gries.—Austria, Tyrol, close to Botzen.

Climatic winter station, in a well sheltered position.

Doctors : Drs. Mayrhofer, Marchesani and Kölle.

Hotel : *Belle Vue*.

Griesbach.—Germany, Duchy of Baden, in the valley of the Rench, on the road from Strasbourg to Stuttgart.

Two chalybeate springs, one of 60° F. Mineralisation, 3 gr.

A much frequented station, providing also the milk cure.

Doctors : Drs. Jaegerschmid (speaks English) and Haberer.

Hotels : *Kurhaus*.

Grindelwald.—Switzerland, Bernese Oberland; 3,460 feet above sea level 3 hours from Interlaken.

A very important climatic mountain station, especially suitable in cases of anæmia, hydræmia, chlorosis and rachitis.

Goats' cows' and asses' milk. Baths of every description. The scenery all around is unsurpassed, and walks and excursions of great variety abound. Latterly a mineral spring has been discovered, but has not yet been analysed.

The *Bear* (I. Boss, proprietor) is the hotel where English comforts are most studied. Arrangements made for families.

- Griesbad.**—Germany, Bavaria, near Ulm.
 Earthy ferruginous waters.
 A good establishment.
- Grinneaux.**—France, Department of Puy de Dôme, near Riome.
 Bicarbonate of iron waters, 60° F.
 These waters are used for incrustation more than for medical purposes.
- Grodeck.**—Austria, Galicia, district of Lemberg.
 Sulphurous waters.
Special indications : Rheumatism and gout.
- Gross-Albertshofen.**—Germany, Bavaria, near Sulzbach.
 Cold sulphate of magnesia water.
- Grosskarben.**—Germany, Bavaria, on the Nidda.
 Earthy saline waters, very effervescent.
 A good establishment, with abundant accommodation, reasonable in price.
- Gross-Schlagendorf.**—Austria-Hungary, comitat of Zips; 3,025 feet above sea level.
 Alkali saline waters.
 A very efficient establishment, with comfortable and cheap accommodation.
- Grosswardein.**—Austria-Hungary, near Hájos.
 Sulphate of lime waters, 90° to 110° F.
 Sulphurous indications in general; a much frequented station.
Special indications : Rheumatism and old wounds.
 Two very elegant establishments, with concert, ball, reading, billiard and smoking rooms.
- Gross-Wunitz.**—Austria, Bohemia, near Pullna.
 Sulphate of soda and magnesia water, 22 grs. of mineralisation; purgative action.
- Grotta del Cane.**—Italy, Naples, near Agnano.
 Natural steam baths.
 A grotto with gaseous emanations, much visited as a natural curiosity.
- Gruben.**—Germany, Silesia.
 Sulphur ferruginous waters, very slightly mineralised.
 Has a small bathing establishment.
- Grull.**—Germany, Westphalia.
 Saline springs.
Special indications : Scrofulous affections.
- Grund.**—Germany, Prussia, on the Harz.
 Pine-cone, steam baths, and inhalations.
 In the midst of the magnificent pine forests of the Harz.
Special indications : Convalescence after severe illnesses of all kinds, affections of the respiratory organs.
Doctors : Drs. Brockmann and Rath.
Hotel : Town Hall Hotel.

Grundhofen.—Germany, Saxe-Weimar, near Salzungen.

Effervescent ferruginous waters.

In a charming valley. Its elegant and comfortable establishment attracts many visitors.

Guagno.—France, Island of Corsica.

Two sulphate of soda springs, 95° to 125° F.

A thermal military establishment.

Special indications : Rheumatism in its chronic forms.

Guarda-vieja.—Spain, province of Almería, near Berja.

Thermal sulphate and saline waters, mineralisation 44 grs.

Special indications : Rheumatism, herpes, glandular swellings.

The establishment is romantically situated, is good and affords comfortable accommodation at low prices.

Doctor : Dr. Serrano.

Guernsey.—*Via* Southampton; eight hours by steamer, leaving every night (Saturdays excepted).

The group of islands consisting of Guernsey, Jersey, Alderney and Sark, lies in a large bay formed by the western coast of Normandy and the northern coast of Brittany. Numerous excursions are made daily round the Island, the principal town being St. Peter-Port, situated on the East side; climate exceptionally fine and healthy, being especially beneficial to patients suffering from consumption or phthisis.

Hotels : Gardner's Royal Hotel.

Old Government House.

Guesalivar *see* Sta. Agueda de Mondragon.

Guetaria.—Spain, province of Guipuzcoa, near San Sebastian.

Sea baths, with very fine sands.

The place is very old and quaint. The inhabitants are exclusively fishermen. Very suitable for visitors wishing for complete retirement.

Guillon.—France, Department of Doubs, near Baume-les-Dames.

Cold saline springs, slightly mineralised; have a strong smell of sulphuretted hydrogen. This water frequently induces erysipelas.

Special indications : Rebellious neuralgias and syphilis.

The bathing establishment is well fitted up, and has ample accommodation.

Doctor : Dr. Brauley.

Guitera.—Corsica.

Undetermined waters, 110° F.

Guitiriz.—Spain, near Lugo.

Sulphurous waters, 50° F.

Special indications : Herpes.

Gunthersbad.—Germany, Thuringia, near Erfurt.

Cold sulphate of soda and saline water.

- Gurnigel.**—Switzerland, canton of Berne ; 3,700 feet above sea level.
Sulphate of lime and ferruginous waters.
Climatic station.
Very pure air. The establishments are thoroughly well arranged with all modern accommodation.
Doctor : Dr. Verdat.
- Gustafsberg.**—Sweden, near Uddevalla.
Sea baths and ferruginous waters ; mud baths.
A much frequented station.
- Gyrenbad.**—Switzerland, canton of Zürich ; 2,320 feet above sea level.
Effervescent earthy waters.
An establishment with sitz, swimming and steam baths.
The water is seldom used internally. Climate severe, but healthy.
Special indications : Very efficient in rheumatism and abdominal obstructions.
- Gythium.**—Greece, south coast of Laconia.
Cold sulphurous and alkaline waters.
- Gyüzy.**—Austria-Hungary, comitat of Hónth.
Alkali-saline and sulphurous waters, 60° to 70° F.
Special indications : Affections of the eyes, gout, rheumatism, chronic skin diseases.
- Häbernbad.**—Switzerland, canton of Berne, near Hutwyl.
Cold sulphurous waters ; whey cure. Primitive arrangements.
- Hackelthal.**—Germany, Bavaria, half-an-hour from Haag.
Alkaline waters.
- Haffkrug.**—Germany, Grand Duchy of Oldenburg.
Sea baths ; very fine sandy beach. Much visited by the inhabitants of Lübeck and Hamburg.
- Hague, the, or s'Gravenhage.**—Present capital of Holland ; from Paris, *via* Brussels, Antwerp, Rotterdam.
The residence of Court and Government, founded A.D. 1250, is one mile from the sea. Has been called the "largest village in Europe," owing to its having never had any fortifications.
OBJECTS OF INTEREST.—Royal Museum, Naval Museum, Town Hall, Buitenhof and Binnenhof, Library, Royal Palace, Prince of Orange's Palace, Great Church, Opera-house, Palace in the Wood.
Post and Telegraph Office : Close to the Great Church and Town Hall.
Cabs : One or two persons, 60 c. or 1s., three to four persons, 85 c. ; by hour, 1 florin ; to Scheveningen and back, 2 florins.
Doctor : J. H. Blom Coster.
Hotels : *Des Indes, Paulez, Oude Doelen, de l'Europe, de Belle Vue.*
- Haiti or St. Domingo.**—An island in the Antilles.
Several sulphurous thermal springs.

Haj-Stubna.—Hungary, comitat of Thuraz on the Stubna.
Thermal sulphate of soda waters, 105° F.
Laxative action.

Haldenstein.—Switzerland, Grisons, near Chur.
Alkaline waters; little used.

Hall.—Austria, near Linz; 1,157 feet above sea level.
Cold saline and bromo-iodurated waters, mineralisation
17 grs.
Special indications: Scrofula, goitre.
Doctors: Drs. Körbl, Rabl, and Katscher.

Hall.—Austrian Tyrol, near Innsbruck, 1,610 feet above sea level.
Cold saline waters.
The bathing establishment is at Baumkirehen.
Special indications: Scrofula.
Doctor: Dr. Ganner.
Only private dwellings; there is no hotel.

Hall.—Germany, Württemberg, near Stuttgart; 670 feet above sea level.
Cold saline waters.
Special indications: Scrofula.
A much frequented station.
Doctors: Drs. Bilfinger, Dürr and Haueisen.
Hotels: Bath, Lamb.

Halle.—Germany, Prussian province of Saxony, district of Merseburg.
Cold saline waters.
There is a very good establishment here, and the University
is one of the best in Germany.

Hallein.—Austria, near Salzburg on the Salzach.
Saline waters. Climatic station in summer.
Very picturesquely situated, and a good centre for many
interesting excursions.

Halsbrücke.—Germany, Saxony, near Freiberg.
Sulphurous and chalybeate waters.

Hambach.—Germany, Rhenish Prussia, 10 hours from Trèves.
Alkaline ferruginous waters.
These springs are also called the Birkenfeld water. Much
frequented in the 18th century. Establishment destroyed in
1792, but rebuilt in 1845. Visitors have increased in number
every year since then.

Hammam Berda.—Algiers, between Bone and Constantine.
Bicarbonate of lime waters, 70° F.

Hammam de Gabes.—Tunis.
Thermal waters not yet analysed.

Hammam el enf.—Regency of Tunis, near Tunis.
Thermal waters.

Hammam-Melouan.—Algiers, near Rovigo, about 20 miles from the capital.

Saline waters, 103° F., strongly mineralised, 26gr. of chloride of sodium.

Special indications: Very efficient in rheumatism and abdominal obstructions.

Hammam-Meskutin.—Algiers, province of Constantine, 12 miles west of Guelma.

Hyperthermal waters, 203° F., saline, sulphate of lime and arsenical springs.

Military bathing establishment.

Special indications: Paralysis, paludal cachexia, herpes, syphilis, old wounds.

Hammam R' Irha.—Algiers. Railway from Algiers to Bon-Medfa, 4 hours; thence to Hammam R' Irha by carriage, 8 miles.

One thermal sulphate of lime spring, 133° F., and one bicarbonate of iron, 45° F.

Season: Spring and autumn months.

Special indications: Articular pains and stiffness, muscular retractions, anchylosis, rheumatism and anæmia.

It has a military hospital.

Doctor: Dr. Savill.

Hotels: *The Establishment.* Mr. A. A. Dufour, proprietor.

Hanover.—Germany, former capital of Kingdom of same name. Since 1866 annexed to Prussia, and now capital of the Province of Hanover. From Paris, *viâ* Erquelines, Venlo, and Lehrte, or *viâ* Cologne, 15½ hours. 87 frs. 50 c. 1st class.

Beautifully situated on the banks of the river Leine, an affluent of the Weser.

Very much visited by English and American families, both for the beauty of the town and its environs, as also because the German language is spoken here with greater purity than in any other part of Germany.

OBJECTS OF INTEREST.—Royal Palace, Opera House, Mint, Viceroy's Palace and Arsenal, Polytechnic School, Royal Church or Chapel, Museum, Collection of Pictures of George V., Town Hall in Old Town; Royal Theatre; Royal Library, Aquarium, Odéon and Tivoli.

Excursions: To Herrenhausen, Galleries, Orangeries, Berggarten, Museum of Antiquities, Mausoleum, Eilenrode and Zoological Gardens, and numerous others.

CABS: One or two persons, by the course, 60 pfgs., in the environs of the town, 72 pfgs.; by hour, 1 m., 20 pfgs.

Dentist: F. L. Heyne.

Doctors: Drs. Becker, Dyes, Cunne and Eysell.

Hotels: *Royal, de Russie.*

Hampstead.—England, a suburb of London.

A place visited more for the beauty of its situation than for the medicinal properties of its waters.

Hanau.—Germany, Hesse-Nassau, near Frankfort-on-the-Main.

Alkali-saline and ferruginous waters.

The establishment is tastefully built, and contains sitz, douche and steam baths. It is surrounded by a large park.

Hapsal.—Russia, Esthonia, on the coast of the Baltic Sea.

Sea and mud baths, with temperature of about 60° F.

Celebrated for its mud baths.

Hardeck.—Germany, Bavaria, Palatinate.

Cold sulphurous and ferruginous waters.

Harkanyi.—Hungary, comitat of Baranya, near Siklós.

Alkaline sulphurous waters, 130° F.

A small establishment.

Season : May—October.

Special indications : Gout, rheumatism, feeble circulation, hæmorrhoids, lymphatism, scrofula, affections of the female organs, mercurial dyscrasia, atonic sores.

The vegetation is very luxuriant, and the site picturesque. The near neighbourhood of Siklós and Fünfkirchen, with all the advantages offered by their size, &c., the mild climate and elegant bathing establishments make Harkanyi a very favourite Hungarian bathing station. The environs are full of most interesting antiquities. Accommodation is abundant and good, and prices moderate.

Doctor : Dr. Heller.

Harrodsburg.—America, U. S. Kentucky.

A much-frequented thermal watering-place.

Harrogate.—England, Yorkshire. About a hundred trains pass daily through Harrogate.

Its waters are athermal. They contain sulphuretted hydrogen, chloride of sodium and iron.

Special indications : Chlorosis, anæmia and herpes.

Harrogate is a very fashionable watering-place, with every accommodation for visitors.

The old sulphur spring has a mineral percentage of 137 grs., and is highly charged with carbonic acid.

Doctors : Drs. Ford and Oliver.

Hotels : *Queen's, Crown.*

Harsfalva.—Austria-Hungary, comitat of Bereg ; rail to Munkács.

Chalybeate waters ; hydropathic establishment and climatic station.

The establishments and accommodation are up to all modern requirements. The environs are very charming. Large forests, with fishing and hunting.

Hartfell.—Scotland, Dumfriesshire.

Chalybeate waters.

Special indications : Chronic ulcers, anæmia, chlorosis, skin diseases, gout, rheumatism, paralysis.

Hartlepool.—England, Durham.

Sea baths.

Harwich and Dovercourt.—England, Essex, on the North Sea.

Sea baths; sandy beach. Chalybeate spring at Dovercourt, with a good bathing establishment.

Climate mild and healthy.

Season : June—September.

Special indications : General debility, anæmia, scrofula.

Doctors : Drs. Cook and Dalton.

Hotel : The Pier.

Harzburg.—Germany, Duchy of Brunswick, in the forest of the Harz.

Saline waters, mineralisation 6 grammes of chloride of sodium.

Whey cure, pine-cone sap baths, climatic station in summer.

Very charming locality, surrounded by pine forests.

Doctors : Drs. Franke and Meyen.

Hotels : *Kurhaus Juliushall, Löhr, London.*

Hassan-Pacha-Palenka.—Servia, near Lemendria.

Ferruginous waters, strongly impregnated with carbonic acid.

Hauterive.—See Vichy.

Havre.—France, Department of Seine Inférieure, at the mouth of the Seine, 142 m. from Paris, and 105 sea miles from Southampton. Steamers of the L. & S. W. Railway (London, Waterloo Station) ply three times a week between Southampton and Le Havre, 6½ hours; 2s fcs. 75 c. 1st class. Steamboats continuously ply between Le Havre, Honfleur, Trouville and Deauville.

Sea baths. The beach being stony, bathers require shoes.

Season : 1st June to 1st October.

A very thriving commercial town, containing two theatres, chamber of commerce, several interesting churches, exchange, town hall, aquarium, port and docks. After Marseilles, it is the largest seaport in France.

English Church : Rue Mexico.

Post and Telegraph Office : Boulev. de Strasbourg.

Doctors : Drs. Lecadre and Launay.

Hotels : *Frascati, Continental, Normandie de l'Europe.*

Hastings and St. Leonard's.—England, Sussex.

Sea baths and winter station; sandy beach. A favourite rendezvous of fashionable English society. Very mild and salubrious climate.

Season : September to March.

Special indications : Dyspepsia, bronchitis, nervous irritation and pulmonary complaints.

Doctors : Drs. Brodribb, Croft and Greenhill.

Hotels : *The Queen's*, *The Albion*.

Hayling Island.—England, Hants, on the South coast.

Sea baths, fine sandy beach. Climate mild and bracing. No particular season; open all the year round.

Special indications : Convalescence.

The vegetation of the island is luxurious.

Doctor : Dr. Aldersey.

Hotel : *The Royal*.

Heidelberg.—Germany, Duchy of Baden. For routes see table.

Climatic station.

Most pleasantly situated on the banks of the Neckar, and in what is certainly one of the most beautiful localities in Germany. It owes its celebrity chiefly to its university, which, after that of Prague, is the oldest in Germany.

The castle of Heidelberg was formerly the residence of the Electors, but is now in ruins; in its cellars is the celebrated "Heidelberger Fass." The whey cure station, Church of Holy Ghost, St. Peter, university, with an archæological institute, zoological and botanical gardens, zoological museum and mineral collection, are close by.

Excursions to the Königsstuhl, Wolfsbrunnen, Schwetzingen, and Philosophen weg.

CABS : One hour, 1 m., 20 pfgs.; by course, one person, 50 pfgs. two persons, 90 pfgs.

Dentist : Dr. Middelkamp, Grabengasse 14.

Bookseller : Chas. Schmidt, Grabengasse.

Doctors : Dr. Erb, Dr. Arnold, Dr. Czerny.

Hotels : *Prince Carl Schloss and Adler*.

Hechingen.—Germany, Hohenzollern, between Württemberg and Baden, near Siegmaringen; 1,570 feet above sea level.

Sulphurous calci-iodurated waters.

Special indications: Skin diseases.

The bathing establishment is situated in a park, and is thoroughly well fitted up.

Doctors: Drs. Bosch and Koller.

Heckinghausen.—Germany, Rhenish Prussia.

Earthy ferruginous and sulphurous waters.

Heiden.—Switzerland, canton of Appenzell, 1 hour from Rorschach, on the Lake of Constance.

Ferruginous and sulphurous waters: but chiefly known as a climatic station for summer.

The climate is mild and healthy in winter.

Doctor: Dr. Leuch.

Heilbrunn.—Germany, Bavaria, near Munich.

The Adelaide spring supplies cold iodo-brominated water.

Special indications: Scrofula, chlorosis.

Doctor: Dr. Petrequin.

Heiligeckreuzbad.—Austria, Tyrol, near Hall.

Alkaline, saline, sulphurous waters, very mild, and little used.

Heiligenhafen.—Germany, Holstein, opposite the island of Fehmarn.

Sea baths; sandy beach.

Doctor: Dr. Marxsen.

Heiligenstadt.—Austria, Lower Austria, half-hour from Vienna.

Ferruginous waters, but frequented more as a summer villeggiatura.

Heilstein.—Prussia, district of Aix-la-Chapelle, 1½ hour from Gmund, in the Eifel.

Earthy alkaline waters. Exported.

Heinrichbrunnen.—Germany, Silesia, District of Neisse.

Cold ferruginous waters.

Heinrichsbad.—Switzerland, canton of Appenzell, near St. Gall, and Herisau; 2,410 feet above sea level.

Cold ferruginous bicarbonate waters.

Goats' milk cure.

Elegant Curhaus, with all modern requirements.

Doctors: Drs. Tobler and Fisch.

Helensburgh.—Scotland, on the Clyde, eight miles from Dumbarton.

Sea baths, sandy beach; no machines.

Doctor: Dr. Finlay.

Helenskilde.—Sweden, Zealand, Westerbotten, near Fredericksborg.

Alkaline ferruginous waters.

Only used in the immediate vicinity.

Heligoland.—Island of, at the mouth of the Elbe, formerly belonging to England, but now ceded to Germany.

Sea bathing place.

Season : June 15th to September.

Bathing takes place chiefly at Sandy Island, and in very stormy weather this spot is difficult of access. On only rare occasions, however, has bathing been stopped for this cause.

Doctor : Emil Lindeman.

Hotels : London, Queen of England.

Hellin.—Spain, province of Alabaete, near Calasparra.

Hydro-sulphurous waters, 55° F.

Special indications : Skin diseases, mercurial intoxication and kindred complaints.

Hellopia.—Greece, Epirus, on the Kimara.

Saline, sulphurous thermal waters, mentioned by Homer and Hesiod.

Special indications : Skin diseases.

In the vicinity was the oracle of Dodona.

Helmstädt.—Germany, Brunswick, near Magdebourg.

Saline ferruginous waters.

A bathing establishment for sitz, steam, shower and dust baths. The environs are covered with large forests.

Doctor : Dr. Hosaeus.

Helsingfors.—Russia, 5 hours from Reval.

Sea baths ; sandy beach.

A luxurious bathing establishment, situated in a fine garden.

Helwan-les-Bains.—Egypt, near Cairo, on the Nile.

Saline, sulphurous thermal springs, 110° F.

Single bath, swimming baths, inhalations, and hot sand baths.

Special indications : Pulmonary diseases, phthisis, gout, rheumatism.

Winter station, mean temperature, 60° F. in the shade ; mean moisture, 67% ; rainy days in winter season, 11.

Doctor : Dr. Engel.

Hotels and pensions.

Hennebon.—France, Department of Morbihan.

Sea baths, little frequented.

Heppingen.—Germany, Rhenish Prussia, district of Ahrweiler.

Mild, alkaline earthy waters, containing a little iron.

Herculesbad.—See Mehadia.

Heringsdorf.—Germany, Prussia, on the island of Usedom, in the Baltic, 22 miles from Stettin; 150 feet above sea level.

Sea baths, excellent beach of very fine sand.

Season : June—September.

Much frequented; mild and steady atmosphere. A small village, surrounded by large beech forests, and charmingly situated.

Doctors : Drs. von Wallenstedt, Kortüm and Voigt.

Herlein.—Hungary, near Kaschau, also called Rank-Herlein.

The beauty of the site, rather than the cold chalybeate spring, attracts visitors.

An establishment recently rebuilt, together with the new hotels adjoining, offer every comfort, and are well kept.

Doctor : Dr. Thomas.

Hermannsbad.—Germany, Saxony, near Lausigk.

Ferruginous and sulphurous waters. Not used therapeutically.

Hermannsbad.—*See* Mnskau.

Hermida (La).—Spain, province of Santander, near St. Vicente.

Thermal saline waters, 145° F.

Special indications : Rheumatism and paralysis.

The establishment is primitive and accommodation is poor, but the surrounding scenery and vegetation is superb, and repays amply a short stay.

Doctor : Dr. Andres.

Hermione.—Greece, Argolia.

Bitter waters, mostly exported to Turkey.

Hermonville.—France, Department of Marne, near Rheims.

Bituminous sulphurous waters.

Special indications : Rheumatism, asthma, gout.

Hermisdorf.—Germany, Prussian province of Silesia, near Reibnitz 1,100 feet above the sea level.

Climatic air station, whey cure, baths.

The situation is lovely, and there is a large field for excursions. Accommodation is good.

Doctors : Drs. Steinmetz and Leo.

Herne Bay.—England, Kent.

Sea baths, good beach. Climate mild.

Season : July—September.

A very much frequented resort. Two establishments.

Doctor : Dr. Bowes.

Hotel : The Brunswick.

Hernösand.—Sweden, Angermanland.

Ferruginous and effervescent waters.

Herrenalb.—Germany, Württemberg, in the Black Forest, 1,010 feet above sea level.

Climatic summer station, hydropathy.

Doctor : Dr. Kleinertz.

Herrscha.—Roumania, on the Transylvanian frontier.

Very potent sulphurous waters ; used only in the neighbourhood. No visitors.

Herse (La).—France, Department of Orne, near Montagne.

Cold ferruginous bicarbonate waters, very mild.

Special indications : Debility of the stomach, leucorrhœa.

Hervideros del Emperador (Los).—Spain, near Ciudad-Real.

Bicarbonate of lime waters, 60° F.

There is an establishment, which contains only two piscinæ for 20 persons each. Rooms can be had at from 1 fr. per day.

Hervideros de Fontillesca.—Spain, near Ciudad-Real.

Ferruginous waters, 45° F.

Hervideros de Carrion.—Spain, province of Ciudad-Real.

Acidulous waters.

No arrangements whatever and scarcely used.

Hervideros de Fuen Santa (Los).—Spain, province of Ciudad-Real, near Pozuelo de Calatrava.

Ferruginous bicarbonate waters, 50° F., very rich in carbonic acid, which escapes from the soil in great quantities.

Season : June 10th to September 15th.

The number of visitors during the season is over 6,000.

Special indications : Rheumatism and herpes, old syphilis, hysteria, epilepsy, chorea, neuralgia, leucorrhœa.

The establishment is elegant, and very clean, a quality not always found in Spanish hotels.

One of the most frequented of Spanish baths. Excellent establishments. The accommodation is abundant and efficient.

Doctor : Dr. Fernandez.

Hervideros de Villar del Pozo (Los).—Spain, near Ciudad-Real.

Ferruginous bicarbonate waters, 65° F.

Special indications : Rheumatism and herpes.

Heselwangen.—Germany, Württemberg, district of Black Forest.

Cold sulphurous waters, little known.

Heucheloup.—France, Vosges, near Mirecourt.

Ferruginous iodo-arsenical waters.

Heustrich-Bad.—Switzerland, in the Bernese Oberland ; 2,050 feet above sea level.

Cold sulphate of sodium waters, rich in nitrogen. Establishment pretty good.

Special indications : Catarrhs and nervous affections.

Doctor : Dr. Neukomm.

Hevitz.—Austria-Hungary, comitat of Zala.

Indifferent waters, 75° to 85° F.

The springs form a lake. The establishment is well arranged and surrounded by a park. The accommodation is ample and comfortable.

Doctor: Dr. Singer.

Heyst.—Belgium, on the North Sea, near Ostend and Blankenbergh.

A rising sea bathing place, in which every effort is made to amuse and accommodate visitors.

Hildegarde-Brunnen.—Hungary, near Ofen.

Sulphate of soda and magnesia waters, 16 grammes of mineralisation; purgative.

Hilversum.—Holland, near Amsterdam.

Artificial mineral waters.

The establishment is elegant, and is every year increasing in favour. Scrupulous cleanliness is the rule.

Hing-tchou.—China, north of Peking.

Thermal waters not yet analysed.

Hinnewieder.—Germany, Silesia.

Bicarbonate ferruginous cold waters; a much frequented establishment.

Hofgeismar.—Germany, province of Hesse-Cassel, on the route from Cassel to Paderborn.

Cold alkali-saline chalybeate waters.

A small but very good establishment.

Doctors: Drs. Lohmann and Lenz.

Hohenberg.—Germany, Bavaria, near Wunsiedel.

Bicarbonate ferruginous table water.

Hohenstadt.—Germany, Bavaria, near Passau.

Cold indifferent and slightly sulphurous waters: mineral muds.

A very good establishment, with every luxury and comfort.

Hohenstein.—Germany, Saxony, near Chemnitz.

Earthy ferruginous waters; whey cure and hydropathic establishment.

The Kurhaus is well arranged, and the accommodation abundant and good.

Holbeck.—England, Yorkshire, near Leeds.

Alkaline sulphurous waters.

Holkham.—England, Norfolk, near New Walsingham.

Sea baths; satisfactory beach.

Holyhead.—Wales, Anglesea.

Sea baths; good beach.

Doctor: Dr. Hughes.

Holywell.—England, Lancashire, near Cartmell.

Muriatic ferruginous waters.

Special indications : Anæmia, obstructions, skin diseases.

Holywood.—Ireland, Downshire.

Sea baths; sandy beach and chalybeate waters at Ballymahon and Cultra.

The air is very fine.

Doctor : Dr. Smith.

Holzhausen.—Germany, Prussia.

Cold sulphate of lime waters.

Special indications : Rhenmatic neuralgias.

Homburg-les-Bains.—Germany, in the province of Hesse Nassau; 10 miles north-west of Frankfort-on-the-Main. For route see table.

Four springs of saline, ferruginous and acidulated waters.

The mineral matter consists principally of chloride of sodium, and is present to the amount of 6, 10, 13 and 19 grammes per cent.

These waters can be obtained in London from Messrs. Ingram and Royle, 52, Farringdon Street, sole agents for England.

Special indications : Dyspepsia, scrofula, anæmia.

The thermal bathing establishment is comfortable and luxurious.

Doctors : Drs. Weber, Hæber, Schetelig, Zurbuch, Deetz, Lewis and Haase (specialist for eye and ear affections).

Bookseller : Fritz Schick's, opposite the Casino.

The *Hôtel de Russie*, a large first-class well-managed hotel, close to the Springs, the Kurhaus and English Church; and *Villa Augusta* with private apartments, situated in the extensive park of the hotel. F. A. Laydig, proprietor.

Royal Victoria Hotel, and three Villas with Hotel comforts. First-class hotel, highest and healthiest situation, facing the Taunus Mountains. Patronized by H.R.H. Prince of Wales. Close to springs and Kursaal. Gustav Weigand, proprietor.

Home-Varaville (Le).—France, Department of Calvados, from Paris, *via* Coubourg.

Sea baths.

Homok.—Austria-Hungary, Comitatus Szathmar.

Ferruginous and sulphurous waters. Only used by inhabitants as a specific against gout.

Homorod.—Hungary, Transylvania.

Ferruginous bicarbonate waters, 30° F., tonic action.

Honnef.—Germany, Rhenish Prussia, opposite Bonn.

Climatic air station.

Doctors : Drs. Kellner and Kyll.

Honfleur.—France, Department of Calvados.

Sea baths on the mouth of the Seine.

Horeajo de Lucena.—Spain, province of Cordova, near Lucena.

Saline waters of 75° F.

Special indications : Skin diseases, leucorrhœa and hyperæmia of liver.

The establishment might be improved. The accommodation is abundant and moderate in price.

Doctor : Dr. Urdapilleta.

Horley-Green.—England, Oxfordshire.

Sulphate of iron waters.

Hornsea.—England, Yorkshire.

Sea baths, shingly beach.

Climate mild and braeing.

Doctor : Dr. Hodson.

Horn.—Switzerland, Thurgau, 2 hours from St. Gallen.

Ferruginous and sulphurous waters.

Baths in the Lake of Constance, and the whey cure.

Houches (Les).—France, Upper Savoy.

Cold ferruginous, alkaline, magnesian and carbonate waters.

Special indications : Chlorosis ; acts on the digestive organs.

Houlgate-sur-Mer.—France ; Department of Calvados. Railway Station, Beuzeval, *via* Trouville.

Sea baths.

Fine sandy beach ; braeing climate. Hydropathic establishment. Casino.

Grand Hotel. Open from June 1st to October 1st ; 160 rooms ; lift.

Greatly frequented by the French aristocracy. English church.

Hourdel.—France, Department of Somme.

Sea baths ; retired and quiet.

Hovehampton.—England, Sussex.

Sea baths.

Hovingham.—England, Yorkshire.

Alkaline springs.

Howth.—Ireland, Dublin.

Sea baths, sandy beach.

Climate mild.

Doctor : D. Wright.

Hoznayo.—Spain, province of Santander, near Bóo.

Saline ferruginous waters, 70° F.

The establishment is small, but elegant and complete. As ophthalmia is one of the principal ailments treated, the appliances are very efficient. The site is superb, the park very large, but the accommodation is as yet very inferior.

Hozumezö.—Austria-Hungary, comitat of Sarós.

Cold sulphurous and ferruginous waters.

Only used by the surrounding inhabitants.

Hradiszko.—Austria-Hungary, comitat of Sarós, near Zeben.

Cold sulphurous waters.

A small bathing establishment.

Hubertusbrunnen.—Germany, Prussia, province of Saxony; 800 feet above sea level.

Saline springs. Hydropathic establishment.

Doctors: Drs. Schläger, Preiss and Bode.

Huelva.—Spain, capital of the province of same name, on the Atlantic coast, and on the junction of the Rios Tinto and Odiel, 9,500 inhabitants. For routes see table.

Winter station and sea baths.

Season: For baths the autumn months, and generally from November till May.

The climate is delightfully steady, mild, and invigorating, and as a consequence, the station has been coming into favour of late. The bay is a fine expanse of water, and the town is well sheltered from northerly winds. It is an old place, having been built by the Romans.

There are as yet no statistics concerning the atmosphere, rainfall, &c., but the number of cloudless days in the year is large. Some interesting old buildings exist in the town.

Post and telegraph office.

There is a resident English physician.

Hotel: The *Columbus Hotel* is owned and managed by an English Company, and is supplied by produce from their own farm. The prices are moderate and the accommodation excellent. A. Adrion, manager.

Humera.—Spain, province of Madrid.

Ferruginous bicarbonate waters, 50° F.

Hunyadi-János.—Hungary, near Budapesth.

Cold sulphate and saline waters.

Purgative action.

Hunstanton.—England, Norfolk, near Lynn.

Ferruginous water and sea baths.

Sandy beach.

Climate bracing and fresh.

Doctor: Dr. Whitty.

Hüttersbach.—Germany, Baden.

Saline waters.

Hyères.—France, Department of Var, near Toulon. For routes see table.

A winter station and sea baths.

Winter season, November—June; summer, or sea bathing season, May—October.

Special indications: Diseases of the chest and lungs, scrofula, affections of the larynx, diabetes, gout and rheumatism.

The town proper is three miles from the sea, and is built on the southern slope of the Maurettes chain of hills, here about 700 ft. high. North of the Gapeau, a small river east of the town of Hyères, the chain of Maures mountains protects the town against north-east and north winds. To the south and south-east of Hyères are the three islands of Porquerolles, Port Gros, and Levant, also called the Hesperides, or Golden Islands. These protect the roadstead of Hyères, and form a safe harbour. The situation of this winter station has been frequently wrongly stated to be on these islands. The mean winter temperature at noon in the sun is 55° F., and in spring from 65 to 68° F. Approaching Hyères from La Pauline on a calm day, the traveller will be astonished at the rapidity with which the temperature rises, while the vegetation assumes a more thoroughly tropical character, until the culminating point is reached in the date palms on the Place des Palmiers. The mistral, that great enemy of Provence, is little felt here. The valley of Costebelle is well sheltered against this scorching wind, and is also more protected and favoured as regards vegetation.

The mean barometric pressure is 762 to 766 mm., and the mean humidity of the air is 58 per cent. in the year. Forty-five rainy days, from October to end of April, have been noted; snow falls very rarely, indeed not more than two or three times in a century. Fogs occur sometimes in autumn and spring, but are of short duration. The health of the community is very good, and scrofula and phthisis scarcely exist. The water is good. Drainage has been improved considerably of late, but much still remains to be done in this respect.

As everywhere on the Riviera, so in Hyères, the hour of sunset is a dangerous one, and patients have to be careful not to remain out of doors. The climate of Hyères, on the whole, may be called a dry and stimulating one, and well suited to patients who desire to avoid the damp and cold of a northern winter, and who do not depend on free exercise in the open air as their principal treatment.

The town has 12,000 inhabitants, and the excursions are very varied and beautiful. A special feature is the three avenues planted with palm-trees, whence the name "Hyères les Palmiers." A large casino, with theatre, reading rooms, concert hall, &c., exists on the Boulevard Napoleon, where the syndicate has its offices.

Post and Telegraph Office: Avenue des Palmiers, near the English Church.

Bookseller : T. Hébrard.

Chemist : Massel.

House and Estate Agents : V. Fouchier, Avenue de la Gare.

Dentist : Dr. Harwood.

Bankers : R. C. Corbett and Co.

Doctors : Drs. Cormaek, Biden, Sawtell, Roux, Dubrandy, and Marquez.

The Hôtels **Peyron** and *de l'Ermitage*, healthy and beautifully situated in the pine forest. First-class house ; telegraph in the Hotel. A. Peyron, proprietor.

Hypate.—Greece, Peloponnusus.

Saline sulphurous waters, 50° F., mildly purgative action.

Special indications : Leprosy, elephantiasis, syphilis and mercurial dyscrasia.

Hythe.—England, Kent, on the Channel coast.

Sea baths much frequented, and good bathing appliances.

Ibenmoos.—Switzerland, canton of Lucerne ; 1,800 feet above sea level.

Cold earthy waters. Charming site.

Internal and external application.

The establishment is well arranged, and the accommodation satisfactory.

Iberg.—Switzerland, canton Schwyz, near Schwyz ; 3,050 feet above sea level.

Sulphurous magnesian waters.

Exported in stone bottles to the surrounding districts.

Ibero.—Spain, province of Pamplona, near Echauri ; 1,400 feet above sea level.

Alkaline waters, 60° F.

Special indications : Gastralgia and dyspepsia, hyperæmia of liver and spleen, plethora abdominalis, chronic metritis, calculus and gravel, vesical catarrh.

The situation is beautiful and the vegetation luxuriant. The gardens are extensive and enclose a small lake for boating. The establishment is completely fitted up in modern style ; the accommodation is ample and moderate in price.

Doctor : Dr. Cervera.

Iceland.—Island of, belonging to Denmark.

Intermittent springs, known under the name of "Geysers."

The hottest springs and the largest in volume in the world.

Ikaria.—Greece, island in the Ægean Sea.

Very strong saline waters, 120° to 125° F.

Notwithstanding a lack of accommodation and an unsatisfactory climate, the place is frequented by the inhabitants of Samos and Asia Minor.

Idenburg.—Germany Prussia, in the Hartz Mountain.
Chalybeate waters and resinous baths.
Doctor: Dr. Benzler.

Ildjak.—Bosnia.
Saline waters.

Ilfracombe.—England, North Devonshire, at the entrance of the Bristol Channel.
Sea baths, much frequented. Air bracing and fresh.
Doctor: Dr. Stonehame.
Hotel: The *Ilfracombe Hotel*.

Ilkeston.—England, Derbyshire.
Sulphate of iron waters.

Ilkley.—England, Yorkshire, on the Wharfe.
Climatic station in summer, with hydropathic establishment at Ben-Rhydding.
Doctors: Drs. Leeson and Scott.

Ilmenau.—Germany, Thuringia, Duchy of Saxe Anhalt; 1,620 feet above sea level.
Hydro-therapeutic establishment; and owing to the surrounding pine forests, a climatic station.
Special indications: Affections of the eyes and nervous and heart diseases.
Doctors: Drs. Baumbach, Preller and Pelizäus.
Hotels: *Kurhaus, Sun, Lion*.

Immenstadt.—Germany, Bavaria, near Munich, 2,300 feet above the sea level.
Climatic air station; whey cure.
Doctors: Drs. Beck and Brug.

Imnau.—Germany, Principality of Hohenzollern; 1,260 feet above sea level.
Ferruginous bicarbonate waters, 22° F. Exported. Pine-conc-sap baths.
Special indications: Affections of the chest.
Much frequented station. Good establishment.
Doctors: Drs. Mock and Wern.

Imola.—Italy, province of Bologna; 45 m. from Bologna by rail, quarter of an hour carriage from the station; 12,000 inhabitants.
Ferruginous, sulphurous saline waters. The establishment, erected in 1830, is efficient, and is situated in a very charming valley. The hotels afford every accommodation and comfort.
Doctors: Drs. Lesi and Ferretti.

Inchaurte.—Spain, province of Guipuzcoa.
Cold sulphurous waters.

Innichen.—Austria, Tyrol, valley of the Puster, 3,400 feet above the sea level.

Saline sulphurous and saline ferruginous waters. Little frequented.

Special indications: Gout, scrofula, blenorrhœa, amonorrhœa, hysteria, hypochondriasis, colic.

Innsbruck.—Austria, Tyrol, 2,000 feet above the sea level.

Climatic station in summer and winter.

Beautifully situated in Tyrolese Alps, with equable climate.

Average dry days in year 229, wet 128, windy 60.

During the winter months the neighbouring mountains offer excellent facilities for chamois hunting, and numerous excursions can be made in summer.

Hotel Tirol, formerly *Hotel d'Autriche*. Excellent first-class house with beautiful view; close to railway station and salt swimming baths. Reading and smoking rooms, fine garden. Special arrangements for winter visitors. Carl Landsee, proprietor.

Inowrazlaw.—Germany, Prussian province of Posen.

Saline waters.

Special indications: Scrofula, skin diseases, rheumatism and female affections.

Doctors: Drs. Mannheim, Rakowski and Winkler.

Hotels: *Kurhaus*, *Villa Weiss*.

Inselbad.—Germany, Westphalia, near Paderborn.

Saline and saline chalybeate waters, 45° F. Inhalations whey cure.

Special indications: Tuberculosis, chronic bronchial catarrhs, pleuritic exudations.

Doctor: Dr. Brüggelmann.

Hotels: *Kurhaus*, *Bathhouse*.

Instow.—England, Devonshire.

Sea baths.

Interlaken.—Switzerland, canton of Berne, between the Lakes of Brienz and Thune.

Climatic station in summer. Whey cure.

It possesses only artificial baths, and is visited almost entirely on account of its beautiful environs. Very fine scenery, and pure healthy air.

English service in the church at the Nunnery, also at Beatenberg.

Doctors : Drs. Zürcher and Strasser.

Hotel : The *Rugen Hotel*, Jungfraublick, a first-class, well appointed house; has the finest and most healthy position, outside the town on the hill. Oesch-Müller, proprietor.

The *Grand Hotel Victoria*.

Inverleithen.—Scotland, Peebles, on the Tweed.
Saline waters.

Iósza.—Austria-Hungary, comitat Ung, rail to Nagy-Mihály.
Alkali-saline waters. Establishment good.

Irno (Valley of).—Italy, province of Naples; from Naples to Salerno by rail, 1½ hours, thence by carriage half-an-hour.

Alkali-saline waters; not thoroughly analysed (but superior to Vichy, and assimilating more to the Karlsbad waters), 59° F.

Season : June—September.

Special indications : Chronic catarrh of the stomach, splenic and hepatic complaints, uric acid diathesis, catarrh of the urinary organs, gout and chronic rheumatism.

The site is beautiful, but the management of the establishment is scarcely on a par with the efficacy of the waters.

Ischia.—Italy, island in the Bay of Naples.

Alkali-saline waters, 145° F. Thermal establishment of Casamicciola. Climatic station for spring and autumn.

Special indications : Uterine affections, rheumatism, but more especially diseases of the bones, sores, gout and paralysis.

An island celebrated for its rich vegetation and the beauty of its sky. It is much visited, too, on account of the abundance of its mineral springs. On its small surface there are no fewer than 22 springs, all well known and all of which were in use under the Romans. The principal are St. Restituta, Cappone Fontana (similar to cold Carlsbad), and Gurgitello. (See articles on above.) The earthquake of July, 1883, has wrought so much havoc amongst the bathing establishments, that it is unlikely they will ever be rebuilt.

Doctors : Drs. Manzi and Storer.

Ischl.—Austria, Salzkammergut, on both banks of the Traun, on the confluence of the Traun and Ischl, 1,600 feet above sea level; 9,000 inhabitants. For routes see table.

Saline and cold sulphurous waters.

Special indications : Lymphatism, incipient goitre, affections of the mucous membrane of the stomach and intestines chronic vomiting.

Post and Telegraph Office.

Bookseller: Manhart, Pfarrstrasse.

Doctors: Drs. Kaan, Fürstenberg, Heinemann, Stieger and Kottowitz.

Hotels: Crown, Victoria, Post.

Isla de Lorio.—Spain, province of Castellon de la Plana, near Lucena.
Alkali-saline waters.

Special indications: Stomachic and intestinal derangements
vesical catarrhs, calculus.

Islington.—England, a district of London.

Ferruginous waters of great repute in the eighteenth century,
at present not used.

Ismailia.—Egypt.

Sea baths.

Isola Bona.—Italy, near Porto Maurizio.

Cold sulphurous waters.

Ivanda.—Austria, on the frontier of Servia and Wallachia, near Temesvar.

Bitter waters, mineralisation 17 grammes., 12 grammes. of which are sulphate of sodium. It contains no sulphate of magnesia, and is laxative, mild in action, and therefore suitable for prolonged and gentle treatment.

Ivanyi.—Austria-Hungary, comitat of Bereg; half-an-hour from Munkács.

Earthy ferruginous water.

A small bathing establishment.

Ivonicz.—Austria, Galicia, near Krosno.

Two saline bromo-iodurated, a bituminous and a ferruginous spring. This water contains 0.017 iodide of sodium.

Special indications: Goitre, articular disease, and herpes.

The establishments are efficient and the environs charming.

Jabalruz.—Spain, province of Jaen, and near this town.

Sulphurous, magnesian or bitter waters, 80° F.

Special indications: Nervous complaints, epilepsy and hysteria, rheumatism, gout and the uric acid diathesis, and general paralysis.

The establishment is not good. Patients can be lodged at the baths; but prefer to stay, as a rule, in Jaen, whence Jabalruz is only half-an-hour's drive. Prices are moderate. The situation is mountainous.

Doctor: Dr. Lacort.

Jacintos (de los).—Spain, New Castilia, near Toledo.

Ferruginous alkaline waters, only exported.

Special indications: Difficult and irregular menstruation, chlorosis.

Jacobfalva.—Austria, Transylvania.

Cold bicarbonate ferruginous waters, mineralisation 5 grammes.

A small establishment, with limited accommodation.

Jaen.—Spain, capital of province of Jaen.

Thermal sulphate of magnesia springs, 85° to 90° F.

Special indications: Rheumatism, paralysis.

Jahodnika.—Austria-Hungary, comitat of Turocz.

Highly effervescent ferruginous waters. Only used locally.

Jalleyrac.—France, Department of Cantal.

Cold bicarbonate of iron waters.

Jalova.—Turkey, Asia Minor, near Brussa.

Thermal sulphurous springs.

A very good establishment and an interesting place to stay at.

Jamnicza.—Austria, Croatia, near Agram.

Cold alkaline and sulphurous ferruginous waters, 16 grammes. of mineralisation, of which 6 are carbonate of sodium and 3 sulphate of sodium.

Special indications: Anæmia.

A much frequented establishment.

Janischek.—Russia, Lithuania.

Sulphurous waters.

Only used in the neighbourhood.

Jano.—Italy, Modena, near Scandiano.

Cold sulphurous waters.

Only used in baths by the surrounding peasantry.

Jaraba.—Spain, province of Saragoza, near Ateca.

Thermal sulphurous waters, 85° F.

Special indications: Rheumatism, urinary affections, calculus gravel, chronic metritis, difficult menstruation.

The site is romantic. There are three establishments equally good. The accommodation is ample and moderate in price.

Doctor: Dr. de Gregorio.

Jaroslawn.—Austria, Galicia, district of Przemyśl.

Effervescent ferruginous waters, used in bathing.

Jaxtfeld.—Germany, Württemberg, near Heilbronn; 450 feet above sea level.

Saline waters, mineralisation 113 grammes., of which 108 are chloride of sodium. Inhalation.

A good establishment, with comfortable accommodation.

Doctor : Dr. Pfeilsticker.

Jelen.—Austria-Hungary, comitat of Gömör, 1½ hour from Rima-Szombat.

Effervescent ferruginous waters, used only in the environs as table water.

Jenatz.—Switzerland, canton of Grisons.

Cold ferruginous and mixed bicarbonate waters of 60° F.

Whey cure.

The establishment is fairly well arranged, and the accommodation good.

Joanette.—France, Department of Maine and Loire, near Angers.

Saline ferruginous springs, one sulphurous.

A small establishment.

Job.—France, Department of Puy de Dôme.

Slightly mineralised waters, used only as table water.

Jobsbad, or Wiesenbad.—Germany, Saxony, near Annaberg; 1,370 feet above sea level.

Earthy alkaline waters.

A fairly good establishment. Scenery grand and charming.

Johannisbad.—Austria, Bohemia, near Melnik.

Ferruginous waters.

Johannesbad.—Austria, Bohemia, near Pardubitz; 2,000 feet above the level.

Alkali-ferruginous thermal water, 70° F.; climatic station.

Special indications : Nervous affections, hysteria, neuralgia, gastralgia.

Very charming site and mild air.

Doctors : Drs. Kopf and Pauer.

Hotel : Kurhaus.

Johannisberg.—Germany, Nassau, near Geisenheim on the Rhine.

Hydropathic establishment with electrotherapy. Grape cure.

Very elegant accommodation.

Doctor : Dr. Marc.

Johnstown.—Ireland.

Ferruginous spring. Much frequented.

Jood.—Hungary, comitat of Mármaros, Isa Valley.

Sulphate of soda and magnesia waters, with purgative action.

Jordansbad.—Germany, Württemberg, near Biberach; 1,660 feet above sea level.

Effervescent ferruginous waters; establishments, with shower, spray, douche, and sitz baths. The situation is retired and pretty.

Jorullo.—South America, Venezuela.

Thermal sulphurous springs, 155° F.

Jose.—France, Department of Puy de Dôme.

Bicarbonate of soda water; only used as table waters.

Josephsbad.—Austria, Bohemia, near Tetschen.

Ferruginous waters.

Jouhe.—France, Jura, near Dole.

Saline waters.

Jugenheim.—Germany, Hessen-Darmstadt.

Climatic air station, grape cure.

Doctor: Dr. Gindra.

Juliusbad.—See Harzburg.

Jungbrunnen.—Germany, Württemberg, near Rottweil.

Saline waters, whey cure.

A good establishment.

Junqueiro.—Portugal, on the Atlantic, close to Lisbon.

Sea baths, sandy beach.

Very good establishments, and much frequented.

Jurowla.—Austria, Galicia, district of Sánok.

Cold saline waters.

Poor arrangements.

Kabolapolyána.—Austria-Hungary, comitat of Marmáros, district of Rahó.

Highly effervescent ferruginous waters.

Thoroughly efficient bathing establishments with all modern requirements.

The position of the town is picturesque.

Kács.—Austria-Hungary, district of Mező-Kovesd, near Miskolcs.

Indifferent waters, 65° F.

A very good establishment, with good accommodation.

Kaiapha.—Greece, east coast of Morea, Elis, near Navarino.

Thermal sulphurous waters.

Special indications: Herpes, psoriasis, elephantiasis.

These waters are mentioned by Strabo. They are very efficient, but the severity of the climate makes residence scarcely advisable.

Kainzenbad.—Germany, Upper Bavaria, near Partenkirchen, 2,500 feet above the sea level.

Climatic air station, and sulphurous ferruginous waters.

The surrounding country affords occasion for a great many interesting excursions.

Doctors : Drs. Sauer and Michaelis.

Kaissariani.—Greece, Attica, at the foot of Hymettus.

Indifferent waters ; climate very good in summer.

There are many ruins in the neighbourhood.

Ovid speaks of these waters in the following lines :—

“ Est prope purpureos colles florentis hymetti,
Fons sacer et viridi cespite mollis humus.”

Kalauria or Poros.—Greece, island in the Ægean Sea.

Slightly sulphurous waters, used in urinary and intestinal disorders.

Kalimaneste.—Roumania.

Saline sulphurous waters, 55° F.

A small establishment.

Kaltenleutgeben.—Austria, Lower Austria, near Vienna.

Hydropathic establishment.

Very mild air and picturesque site.

Doctor : Dr. von Winternitz.

Kammietz-Podolsk.—Russia, Government of Podolia.

Sulphurous waters.

A much-frequented station.

Kammer.—Austria, near Linz and Salzburg.

Climatic summer station ; baths in the Attersee ; whey cure.

Very charmingly situated, pure air and equable climate ; good trout fishing and interesting excursions for tourists. The establishment is excellent, and accommodation comfortable and moderate.

Kanitz.—Germany, Bavaria, near Werdenfels ; 2,500 feet above sea level.

Alkaline iodurated waters.

Whey cure.

A good establishment.

Karlshafen.—Germany, Prussia, near Minden.

Saline waters.

A good establishment with satisfactory accommodation.

Climate very mild and agreeable.

Karpfen.—Austria-Hungary, comitat of Sohl, on the Kropona.

Sulphurous magnesian waters.

A small establishment, used only by the inhabitants.

Karytena.—Greece, Peloponnesus.

Cold sulphurous waters.

Like the majority of Greek springs, these were used in ancient times, but are now neglected.

Kasehin.—Russia, Government of Tver, near Moskau, on the Masletka.

Very cold ferruginous waters.

Primitive arrangements, used only by residents.

Kastanowka.—Russia, Government of Kiew, near Schipoli.

Sulphurous waters, little used.

Kastenloeh.—Switzerland, canton of Appenzell.

Alkaline waters, little used.

Katharinenbad.—Russia, Caucasasia, on the Terek.

Alkali-saline waters, 175° to 180° F.

Primitive arrangements and accommodation.

Katharsion.—Greece, Island of Lesbos.

Saline waters, 75° to 80° F.; they contain a good deal of sulphur. The place is called, in consequence, the "ill-savoured pool."

The baths enjoy a high reputation, and are much frequented.

The ruins of the old Grecian baths have been partially restored, and afford visitors satisfactory accommodation.

Katwyk.—Holland, one hour from Leyden.

Sea baths and sandy beach; very quiet place, though much frequented. The simple and tranquil life act very favourably on invalids.

Katzhütte.—Germany, Thuringia, near Rudolstadt; 1,300 feet above sea level.

Climatic air station; pine cone sap baths.

Situated in the midst of vast forests; the air is especially suitable for patients suffering from anæmia, green sickness, and kindred ailments.

Doctor: Dr. Sorge.

Kaudenbach.—Germany, Rhenish Prussia, near Bertrich.

Earthy ferruginous waters, 70° F.; used in drinking, as auxiliary to those of Bertrich.

Keked.—Austria-Hungary, comitat of Abanj, near Kaschau.

Cold sulphurous waters.

Special indications: Chronic catarrhs and muscular contractions.

Kellberg.—Germany, Bavaria, 1½ hours from Passau; 1,200 feet above a level.

Ferruginous and slightly effervescing waters.

The establishment is well arranged, and the accommodation comfortable and moderate in price.

Kéménd.—Austria-Hungary, comitat of Hunyad.
Earthy waters, 45° F.

Kemmern.—Russia, near Riga.

Very strong sulphurous waters, containing a largo quantity of sulphuretted hydrogen.

The bathing establishment is elegant and the accommodation satisfactory.

Kerö.—Austria, Transylvania, district of Décs.

Cold saline sulphurous waters.

Good establishment, with tolerable accommodation.

Keruly.—Austria, Transylvania, district of Udvarhely, 4 hours from Lövete.

Effervescent alkaline ferruginous waters. Used only by the surrounding peasantry.

Keswick.—England, Cumberland, Lake District.

Summer holiday resort, with fishing and boating.

Doctor : Dr. Knight.

Keuchreæ.—Greece, on the Isthmus, south of Corinth.

Saline waters, 70° F.

Known in the days of Pausanias as the Helena baths.

Kiel.—Germany, province of Holstein. Important maritime port on the Baltic.

Sea baths ; fine white sandy beach.

Season : June—September.

The establishment is very elegant and much frequented.

Kierling.—Austria, province of Lower Austria, near Klosterneuburg.

Climatic station, but better known through its whey cure establishments.

Very fine climate and luxuriant vegetation

The establishment is comfortable.

Kilkee.—Ireland, Donegal.

Sea baths ; sandy beach ; chalybeate springs.

Doctor : Dr. Griffin.

Kilkenny College Spa.—Ireland, on the River Store.

Chalybeate waters.

Killymard.—Ireland, Donegal.

Sulphurous springs, entirely neglected.

Kilrush.—Ireland, Clare.

Sea baths ; sandy beach ; chalybeate waters.

Doctor : Dr. Counihan.

Kimpolung.—Roumania, near the Austrian frontier.

Saline sulphurous waters.

Primitive establishment, with indifferent accommodation.

The site is pleasant and pretty.

Kinsale.—Ireland, county Cork, on the Bandon river.

Sea baths, fine sandy beach, chalybeate waters near Castle-in-Park.

Doctor: Dr. Bishopp.

Kiralyi.—Austria-Hungary, comitat of Gömör, near Tornallya.

Sulphurous earthy waters, 60° to 75° F. Only used in the environs.

Kiralymezö.—Austria-Hungary, comitat of Marmaros, district of Tecsö.

Ferruginous iodo-bromurated saline waters.

The spring is the property of the Government, and is almost neglected.

Kirchberg.—Germany, Bavaria, near Reichenhall; 1,520 feet above sea level.

Earthy alkaline saline waters, whey cure, and aromatic herb extract baths.

Much frequented. The situation is charming.

Kirchbrunnen.—Germany, Würtemberg, near Heilbronn.

Bitter waters.

Formerly much frequented, and the water exported, but now abandoned.

Kirchheim.—Germany, Würtemberg, near Teck.

Cold sulphurous waters.

Special indications: Chronic, rheumatic and arthritic complaints, chronic skin diseases.

There is a good establishment.

Kirchleerau.—Switzerland, canton of Aargau, 3 hours from Aarau.

Earthy waters.

Used only by the peasantry of the neighbourhood.

Kirkilissa.—Turkey, Bulgaria, on the road from Adrianople to Constantinople.

Sulphurous water, 80° F.

The bathing arrangements are the same as in all Oriental baths.

Kirstenpils.—Denmark, near Copenhagen, in the Zoological Gardens.

Indifferent waters.

Special indications: Paralysis and rheumatism.

Kis-Czeg.—Austria, Transylvania.

Alkali-saline waters; four springs.

Purgative and very efficacious action. A cold Karlsbad.

Kis-Kalan.—Austria, Transylvania, 2 hours from Hunyad.

Mixed bicarbonate waters, 75° F.

Kis-Sáros.—Austria-Hungary, comitat of Sáros, near Eperjés.

Alkaline ferruginous waters.

A very good establishment, with comfortable accommodation.

Very picturesquely situated.

Doctor: Dr. Jác.

Kissingen.—Germany, Bavaria, near Würzburg, on the right bank of the Saale; 602 feet above the sea level. For routes see table.

Cold saline waters, strongly mineralised. Three principal springs; the Rakoczy, the Pandur, and the Maxbrunnen.

Season: May 15th—September 30th.

Number of visitors: About 30,000 annually.

Special indications: Tonic and excitant, they are admirably suited to abdominal and hæmorrhoidal congestions.

Prince Bismarck passes about two months here every year.

Bookseller: Ph. Hailmann.

Doctors: Drs. Gaetschenberger, Jonig, Dietz, Sotier, Stöhr, Seherpf, Diruf, and Welsh.

Hotels: Royal Kurhaus, Russie, Victoria.

Kislovodsk.—Russia, Caucasus; 2,375 feet above the sea level.

Alkali-saline earthy waters, 45° F.

A special feature of this water is its action on the kidneys.

It is very efficacious in all vesical diseases. Caution must be used in drinking it.

Klaussen.—Austria, Styria, near Graz.

Ferruginous bicarbonate waters. Composition almost identical with those of Spa; 0.098 of iron.

Special indications: Catarrhal affections, hypochondriasis, hysteria, anæmia.

Klein-Chocholna.—Austria-Hungary, comitat of Trenczin and near this town.

Alkali-saline ferruginous waters.

Only used by the peasantry in cases of intermittent fever.

Kleinengstingen.—Germany, Würtemberg, near Marbach; 2,190 feet above sea level.

Indifferent waters; little used.

Kleinern.—Germany, Principality of Waldeck-Pyrmont.

Bicarbonate of magnesia waters. Complementary to those of Wildungen.

- Klein-Schirma.**—Germany, Saxony, between Freiberg and Chemnitz.
Mineral and mud bathing establishment.
- Klemutzion.**—Greece, Morea, province of Elis, facing Zante.
Sulphurous waters, 70° to 95° F.
Well known in ancient times.
- Kliening.**—Austria, Carinthia, district of Klagenfurt.
Earthy alkaline and ferruginous waters.
Special indications: Debility, anæmia, difficult menstruation.
- Klokocs.**—Austria-Hungary, comitat of Sohl.
Effervescent earthy waters, little used.
- Klostermühle.**—Germany, Thuringia, in the Harz mountains, near Alexishad.
Climatic air station.
Doctor: Dr. Jacobi.
- Klosters.**—Switzerland, Grisons; 4,000 feet above the sea level.
Cold sulphurous waters.
Indifferent establishment.
Doctor: Dr. Urech.
- Klutschewsk.**—Russia, in the Ural mountains, Government of Perm.
Sulphurous waters.
- Klütz.**—Germany, Mecklenburg, near Wismar.
Sea baths, sandy beach, and good arrangements.
- Knaresborough.**—England, Yorkshire.
Sulphate of lime waters.
- Knutwyl.**—Switzerland, canton of Lucerne; 2,110 ft. above the sea level.
Sulphate of lime and iron waters. Very mild and pure air.
Good establishment and tolerable accommodation.
- Kobersdorf.**—Austria-Hungary, comitat of Oedenburg, near Rabnitz.
Alkali-saline ferruginous waters.
Good establishment, with comfortable accommodation at moderate rates.
- Kochel.**—Germany, Bavaria, on the Lake of Kochel.
Alkaline waters, climatic air station; very mild and equable air.
The establishment is luxurious, and accommodation ample.
Doctor: Dr. Burkhard.
- Kondrau.**—Germany, Bavaria, near Ratisbon; 1,600 feet above sea level.
Saline waters.
Special indications: Catarrh of the vesical organs and gravel.

Königsborn.—Germany, Westphalia, near Unna.

Cold saline waters.

Very efficient establishment.

Doctor: Dr. Didrichs.

Königsbrunn.—Germany, Saxony, near Königstein, 1½ hour from Dresden.

Hydropathic establishment.

Very fine site; place thoroughly well appointed. The place is less frequented of late, owing to the surrounding manufacturing impairing the purity of the air with their smoke.

Doctor: Dr. Putzar.

Königsdorff-Jastrzembs.—Germany, Silesia, near Ratibor; 800 feet above sea level.

Bromo-iodurated saline waters, very strongly iodurated. 65° F.

Special indications: Chronic rheumatism, paralysis, syphilis, scrofula, affections of the uterus, difficult menstruation, caries, necrosis, skin diseases, goitre.

Doctors: Drs. Scherk and Karfunkel.

Hotels: Königsdorff, Hohenzollern.

Königstein.—Germany, Nassau in the Taunus.

Hydro-therapeutic establishment.

Doctors: Drs. Pingler and Thewalt.

Hotels: Pfaff, Amsterdam.

Königswarth.—Austria, Bohemia, near Marienbad; 2,155 feet above sea level.

Bicarbonate of iron waters.

Special indications: Anæmia, rhachitis, scrofula, chronic paralysis.

The establishment is thoroughly fitted up and the site is charming.

Doctor: Dr. Kohn.

Hotel: Kurhaus.

Konopkowka.—Austria, Galicia, district of Tarnopol.

Cold sulphate of lime waters.

Special indications: Herpes, rheumatism.

Only used in baths; the establishment is efficient.

Kopenhagen.—Denmark, capital of.

Sea baths, sandy beach.

Kornwestheim.—Germany, Würtemberg, half-hour from Ludwigsburg.

Cold sulphurous waters.

The Kurhaus combines bathing establishment and hotel.

Korond.—Austria-Hungary, Transylvania.

Saline waters.

No establishment, and but primitive accommodation.

Koroud.—Austria, Transylvania, near Parajd.

Effervescent earthy waters.

There is a bathing establishment, and several buildings affording good accommodation.

Korsow.—Austria, Galicia.

Ferruginous bicarbonate waters.

Korytnica.—Austria-Hungary, in the Carpathians, near Neusohl.

Saline ferruginous waters, and climatic station.

Korytnica is magnificently situated. The vegetation is very luxuriant, the air mild and equable, and the place very fashionable.

Doctors : Drs. Vogel and Ormay.

Kösen.—Germany, Saxony.

Saline bituminous waters, 40 grammes of mineral principles, of which 33 grammes are chloride of sodium; the salts are exported.

Special indications : Scrofula.

Very good establishments, with abundant and fashionable amusements.

Doctors : Drs. Wahn, Knorr and Rosenberger.

Hotels : Zum Muthigen Ritter, Kurzhals.

Kosia.—Roumania.

Sulphurous-saline waters, 60° F.

Very little used.

Kostendjil.—Turkey.

Sulphurous waters.

Special indications : Skin diseases, gout, paralysis and intestinal disorders.

Kostreiniz.—Austria, Styria.

Carbonate of soda water; 10 grammes of mineralisation, of which six are carbonate of sodium.

Köstritz.—Germany, Principality of Reuss.

Saline, pine-cone sap, dry, warm, and sand baths.

Special indications : Rheumatism, anchylosis.

Doctor : Dr. Sturm.

Hotel : Kurhaus.

Kötschenowa.—Russia, near Moscow.

Effervescent ferruginous waters.

Good establishments, long known.

Kovaszna.—Austria, Transylvania, near Kronstadt.

Cold alkaline-muriatic springs.

Primitive establishment, with accommodation of an indifferent kind.

Krähenbad.—Germany, Württemberg; 1,400 feet above sea level.

Alkaline-earthly waters.

There is a primitive establishment.

Krankenheil.—Germany, Bavaria, near Tölz; 3,452 feet above the sea level, on the river Isar.

Cold iodo-bromurated saline waters.

Special indications: Scrofula, inflammation of the ovaries, hyperæmia of the uterus, indurated breasts, inflammation of the prostate gland and urinary organs, goitre.

Kursaal and Trinkhalle; much frequented establishments.

Doctor: Dr. Höfler.

Hotel: Kurhaus. Chas. Loder, proprietor.

Krapina Töplitz.—Austria, Croatia, comitat of Warasdin.

Two thermal carbonate of lime springs, 100° to 115° F.

Special indications: Nervous affections, eczema, prurigo-lichen, psoriasis.

Excellent establishment and accommodation. The site is beautiful and the climate mild and healthy.

Doctors: Drs. Von Aigner and Rak.

Hotel: Kurhaus.

Kreischa—Germany, Saxony, near Dresden.

Hydropathic establishment.

The environs are very woody, and the gardens around the establishment are superb.

Doctors: Drs. Kuczkowsky and Hallbaur.

Kreuth.—Bavaria, Germany; 2,910 feet above the sea level.

Bitter waters, whey cure, climatic station.

A well-appointed establishment; climate mild, yet damp.

Doctor: Dr. May.

Hotel: Kuranstalt.

Kreuzburg.—Germany, Saxe-Eisenach, near Eisenach; 1,300 feet above sea level.

Climatic air station; saline waters, ferruginous mud baths and whey cure.

Doctor: Dr. Göring.

Kreuzen.—Austria, province of Upper Austria, near Grein; 1,360 feet above the sea level.

Hydropathic establishment. Climatic station, surrounded by pine forests.

Complete establishment.

Doctors: Dr. Krischke, Urbaschick, Fleishanderl.

Kreuznach.—Germany, Rhenish Prussia, on the Nahe. For routes see table.

Bromo-iodurated saline waters.

Season: From 1st May to 1st October; open all the year round.

Special indications: Scrofulous affections, diseases of the ears, eyes, respiratory organs, bones and joints, all female and skin diseases, and in chronic affections generally.

Post-office Telegraph.

Tickets should be taken for Bad-Kreuznach, as this is the name of the station.

Bankers: Sohler & Co.

Dentist: Dr. Kraiker.

Amusements: Good fishing and boating. Races are also held in the season.

Booksellers: Reinhard Sehmitz and George Barth.

Doctors: Drs. Jung, Strahl, Stabel, Engelmann, Hermann and Bardash.

Hotels: The *Hôtel Oranienhof*, the largest first-class house in the town, and patronized by Royalty. Baths in the Hotel supplied by the Oranien spring belonging to the house, and the strongest mineral spring in the town. H. D. Alten, proprietor, formerly at the *Hôtel Meurice* in Paris.

The *Private Hôtel D'heil Schmidt*, a first-class family house, central and quiet. The comforts of guests are made a special study. English kitchen, with moderate charges.

Comfortable winter residence. D'heil Schmidt, proprietor.

Krevenish.—Ireland, county Fermanagh.

Sulphurous waters, with only a local reputation.

Kronberg.—Germany, Nassau.

Saline and chalybeate waters. Whey cure.

There is a very efficient establishment.

Kronthal.—Germany, Nassau; 500 feet above sea level. For routes see table.

Alkali-saline waters, 40° F.; exported.

Special indications: Nervous diseases and affections of the mucous membranes, bronchial catarrh.

Good establishment.

Doctor: Dr. Osterfag.

Krumbach.—Germany, Bavaria, between Ulm and Memmingen.

Carbonate of lime waters.

Special indications: Nerve affections.

Very little frequented.

Krynica.—Austria, Galicia, in the Carpathian mountain chain : 2,200 feet above sea level.

Gaseous alkalino ferruginous waters ; climatic station ; whey cure.

The establishments and the accommodation are thoroughly good.

Doctors : Drs. Mars, Zdun and Zicliniewsky.

Hotels : *Ssyfert, Krakau.*

Krzeszow.—Austria, Galicia.

Ferruginous and sulphurous waters ; mineral muds.

Primitive arrangements, and the place is but little frequented.

Doctor : Dr. Dura.

Kugelbad.—Austria, Bohemia, $\frac{1}{2}$ -hour from Prague.

Alkaline ferruginous waters.

Good establishment.

Kunda.—Russia, Esthland, near Makholm.

Cold sulphurous waters.

Kungara.—Russia, Caucasus, near Zelesnowodsk.

Alkali-saline waters, 80° F.

Very primitive arrangements, although the waters are highly efficacious.

Kunzendorf.—Germany, Silesia, district of Nenstadt.

Ferruginous and sulphurous waters.

Tolerable establishment.

Kuppis.—Russia, Finland, 2 miles from Abo.

Alkaline ferruginous waters.

Kythmos.—Greece, Island in the Ægean Sea.

Two thermal saline springs, from 100 to 130° F.

Special indications : Rheumatism, gout, and elephantiasis.

Lebassère.—France, Department Hautes Pyrénées, near Bagnères de Bigorre.

Cold sulphurous soda waters.

Special indications : Pulmonary, laryngeal and bronchial affections.

This spring is now the property of the Company, who hold the Concession of Bagnères de Bigorre.

Doctor : Dr. Lacoste.

Labestz-Biscaya.—France, Department of Basses Pyrénées, near Maulcon.

One sulphate of lime and one cold ferruginous spring.

La Caldare.—Austria-Hungary, comitat of Mármaros, near Kösep-Visz valley of Vinului.

Alkaline waters. Used only in the environs.

Lacanne.—France, Tarn, near Castres.

Thermal sulphate of lime waters.

Special indications : Herpes, rheumatism, and gravel.

Doctor : Dr. Strehalano.

La Cava dei Tirefii.—Italy, near Naples.

Climatic summer station.

Season : June—August.

Lacvillers.—France, Department of Doubs, Arrondissement of Pontallier.

Cold ferruginous waters.

Laemnoli.—Switzerland, canton St. Gall.

Cold sulphurous springs.

Laer.—Germany, Hanover, near Iburg.

Muriatic waters, 11 grainmcs of chloride of sodium.

Lago d' Averno.—Italy, near Pienza.

Ferruginous sulphurous waters. They form a lake which exhales a disagreeable odour.

Special indications : Chronic skin diseases, old sores and anchylosis.

Laguna de la Higuera.—Spain, province of Albacete, near Corral-Rubio.

Earthy alkaline waters.

Special indications : Obstructions, liver and splenic hyperæmia, plethora abdominalis, etc.

Laifour.—France, Department of Ardennes, near Mezières.

Cold ferruginous waters. Exported.

Special indications : Leucorrhœa and vesical catarrhs.

Lake District.—England, Lancashire and Westmoreland.

Comprises several summer stations and holiday resorts, forming centres of excursions, and of boating and fishing on these picturesque lakes.

Season : June—September.

Lake of Constance.—*See* Bregenz, Friedrichshafen, Lindau, Rohrschach.

Lalliaz.—Switzerland, canton of Vaud, near Vevey; 1,760 feet above sea level; a fine Alpine situation.

Sulphate of lime waters.

Special indications : Herpes, dyspepsia, atonic and discrasic sores.

The establishment is very good, and the accommodation comfortable.

Lama.—Italy, Department of Siena, near Poggibonsi.

Earthy magnesian waters, little used.

La Malou.—France, Hérault. For routes *see* table.

Thermal and cold polymetallic waters, 75 to 115°. Alkaline, ferruginous, brine and arsenical waters; gaseous and natural steam baths.

Special indications: Rheumatism, neuralgia, affections of the nerve centres and locomotor ataxy.

The climate is warm, and changes of temperature rapid. The establishments are thoroughly well fitted up.

Doctor: Dr. Cros.

Lamotte.—France, Department of Isère; 1,450 feet above the sea level. For routes see table.

Thermal saline springs, 145° F.; 6 grs. of mineralisation, of which 3 grs. are chloride of sodium. Action excitant and tonic.

Special indications: Rheumatism, uterine affections, scrofula and white swelling.

The bathing establishment is in an old castle, with good airy rooms.

Doctor: Dr. Gubian.

Lamscheid.—Germany, Prussia, Lower Rhine, near Coblenz.

Bicarbonate of iron waters, also known under the name of "Leiningen acidulous waters."

Special indications: Debility, anæmia, chlorosis, difficult menstruation.

Lanaskede.—Sweden, district of Iönköping.

Cold sulphate of iron water.

Landeck.—Germany, Silesia, near Glatz; 1,460 feet above the sea level.

Six alkaline-saline and sulphurous springs, with a varying temperature of 45° to 75° F.

Special indications: Rheumatism, affections of the larynx, nervous affections and female complaints.

A well-appointed establishment.

Doctors: Drs. Joseph, Wehse, Langner and Ostrowitz.

Hotels: Bismarck, Carlshof, Schlössel.

Landetta.—Spain, in the vicinity of Cuenca.

Bicarbonate of lime waters, 45° F.

Landskron.—Germany, Rhenish Prussia, district of Ahrweiler, near Neuenahr.

Alkaline magnesian waters.

No establishment.

Langassa.—Greece, near Thessalonika.

Sulphurous thermal waters, much used in antiquity, but now neglected.

No establishments and no accommodation. Especially efficacious in arthritic complaints.

Langenau.—Germany, Upper Silesia.

Earthy alkaline ferruginous waters, climatic air station.

Doctor: Dr. Seidelmann.

Langenberg.—Germany, Principality of Reuss.

Hydropathic establishment. Very mild and healthy air.

- Langenbrücken.**—Germany, Baden, between Bruchsal and Heidelberg, 410 feet above sea level.
 Saline sulphurous waters, 35° F.
Special indications: Catarrhal affections of the respiratory organs and of the bladder, rheumatism, gout.
Doctor: Dr. Ziegelmeyer.
Hotel: Kurhaus.
- Langensalza.**—Germany, Thuringia, province of Saxony.
 Cold sulphate of lime bituminous waters.
 The establishment is excellent.
Doctor: Dr. Baumbach.
Hotel: Kurhaus.
- Langenschwalbach.**—See Schwalbach.
- Langrune.**—France, Department of Calvados, near Caen.
 Sea baths; very quiet. The sea water here is highly charged with iodine.
Season: May—September.
- Lanjarron.**—Spain, Alpajurras, province of Granada; 3,300 feet above the sea level.
 Alkali-saline waters, superior to those of Viehy; climate mild and bracing—45° to 80° F.; also a ferruginous effervescent spring.
Season: June—September.
Special indications: Gravel, disease of the kidneys and bladder, gout, rheumatism, obesity, feeble digestion, chlorosis and anæmia.
 The establishment is antiquated, and the accommodation not of the best.
Doctor: Dr. Valenzuela.
- Laredo.**—Spain, province of Santander, 30 miles from this town.
 Sea baths, immense beach of very fine sand.
 The intercourse between visitors is free and great liberty prevails. A great many amusements.
- Largs.**—Scotland, Ayrshire, near Glasgow, railway station of Wemyss bay.
 Sea baths, gravelly beach, climate mild and steady.
 A good bathing establishment.
Season: June—September.
Doctor: Dr. Caskie.
- Larivière sous Aigremont.**—France, Department of Haute Marne, near Bourbonne les Bains.
 Cold effervescent ferruginous waters.
- Laubbach.**—Germany, Rhenish Prussia, half-hour from Coblenz by tramway. For routes see table.
 Indifferent waters. Hydropathic establishment and summer station of first importance. All natural physical cures are applied here, either by hydropathy or by separate combinations.
 Air pure and bracing.

Season : May—October.

Special indications : Morbus Brightii as a speciality, affections of the respiratory organs and of the nervous system, constitutional diseases and circulatory disorders, ankylosis, contractions and articular swellings.

Laubbach affords to patients the opportunity of a very quiet and retired life, and the surroundings offer to convalescents and others in need of it mental recreation of every kind.

The environs of Bad-Laubbach are very lovely, and excursions are numerous. The immediate circuit of the Kurhans is laid out in gardens, and the accommodation is abundant, comfortable and moderate. The banks of the Rhine, from the town of Coblenz to this establishment are laid out in gardens, in which concerts are given every day in summer.

Doctors : Dr. Averbeck.

Hotels : The establishment, which contains above 100 rooms, thoroughly comfortable, entirely refurnished, and greatly improved; drainage perfect. Address the Director.

Laroche-Posay.—France, Department of Vienne.
Sulphuro-ferruginous springs.

La Salute.—Italy, near the Lago Maggiore.
An intermediate station, which deserves to be better known.

Lasserre.—France, Lot and Gard, near Fronsecas.
Cold effervescent earthy waters, slightly laxative.
Auxiliary to the waters of Luchon.

Lauchstädt.—Germany, Prussian Province of Saxony, near Halle and Merseburg.
Earthy saline ferruginous waters.
Special indications : Neuroses, rhachitis, chorœa, debility, anæmia, disorders of the urinary organs.
A fairly well-appointed establishment.
Doctor : Dr. Bätge.

Laugenberg.—Russia, Caucasus, near Pjatigorsk.
Alkali-saline ferruginous waters.
The site is picturesque. The establishment is primitive, and little has been done to bring these very excellent waters into prominent notice.

Laurion.—Greece, Attica, near Keratix, six hours from Athens.
Thermal saline waters, little used.

Lausigk.—Germany, Saxony, 3 miles from Grimma.
Sulphate of iron waters.
The establishment is good.

Lauterberg.—Germany, in the Harz, near Nordhausen.
Mild waters and hydrotherapeutic establishment.
Doctor : Dr. Ritscher.
Hotels : *Krrhaus, Crown*

Lavardens.—France, Department of Gers.
Bicarbonate of lime, 45° F.

Lebetzoba.—Greece, Morca, Laconia.
Sulphurous waters.
Much used in antiquity. For modern requirements the arrangements are rather of a primitive kind.

Leccia.—Italy, Tuscany, near Siena.
Thermal alkaline-magnesian bicarbonate waters, 95° F.
Primitive arrangements and accommodation.

Lavey.—Switzerland, Canton of Vaud, near Bex.
Thermal mixed sulphurous waters, 125° F.
Special indications : Rheumatism, herpes, scrofula.
Good climate. Well-appointed establishment.

Lausanne.—Switzerland, canton Vaud, 61 m. from Berne, an irregular picturesque town ; 30,000 inhabitants ; 1,600 feet above the sea level.
Climatic station ; bracing air and grape cure.
Season : Summer and autumn.

Magnificently situated on the slopes of the Swiss Jura, dominating Lake Lemman, from whose shores it is 1½ mile distant. Air mild and especially suitable to convalescents and weak and anæmic persons. Winter less cold and summer less hot than in other stations in the same latitude. The annual mortality ranges between 21 and 22 per thousand, the average of other European towns being 24 to 30 per 1000. Lausanne, with Geneva, has the lowest mortality of any Swiss town. Spring and rock water of finest quality ; the supply amounts to 575 quarts for each person daily.

Numerous educational establishments for young gentlemen and ladies. University studies can be followed up at the academy. Conservatory of music.
Very varied, well-shaded promenades and excursions ; boating on the lake.
English, Scotch, Presbyterian, Catholic and Wesleyan church.
Post and Telegraph Office : Place du Grand Pont.

House and Estate Agent : Amadée de la Harpe, who gives all information gratis.

Bookseller : Benda.

Professeur de Peinture : Louis Pflüger, 17, Avenue Villamont.

Doctors : Drs. Henri Secrétan, Dnfour, W. Nivon, Recorden, de Cérenville, Ronge, Dupont, Challand, Larguier, Rogivue, Eug. Secrétan, do la Harpo, Joël, Heer and Rapin.

Hotels : Tho *Hôtel Gibbon*, a first-class old family hotel. Best situation in the town. E. Ritter, proprietor.

The *Pension Chevallier—Beau Séjour*, situated in a garden overlooking the lake. Avenue de la Gare. Very comfortable and homelike house; winter garden and billiard rooms. Madame Chevallier, proprietress.

Leamington.—England, Warwickshire, three hours' rail from London.

Saline, sulphuretted, and chalybeate waters.

Special indications : Dyspepsia, hepatic colics, portal or uterine congestions, liver complaints, disorders of the kidneys.

Doctors : Drs. Eardley Wilmot, Haynes, Holmer & Thursfield.

Hotels : *Regent Hotel*.

Lee.—England, Devonshire, near Ilfracombe.

Sea baths; sandy beach, chiefly frequented as a summer station. Climate bracing.

Season : June—October.

Ledesma.—Spain, 3 hours from Salamanca. 2,600 feet above sea level.

Thermal sulphurous waters, 120° F.

Special indications : Rheumatism and paralysis, muscular and tendinous retractions, neuralgia, skin diseases, sciaticæ, necrosis, old wounds, chronic ulcers and sores, asthma, bronchitis, chorea, mercurial intoxications.

Frequented by upwards of 4,000 visitors during the season. Good establishment, dating from the days of the Moors. One of the best in Spain, at moderate prices.

Very good accommodation in the new baths.

There are two large swimming baths, and other appliances, which are all up to modern requirements. In this respect, the Ledesma establishment may be called the best in Spain. The site is romantic, and the establishments are surrounded by well-kept gardens and a large park. Excursions abound in every direction, and residence is made very agreeable.

Doctor : Dr. Garcia Lopez.

Leghorn.—Italy, Tuscany, at the mouth of the Calambrone, connected by canal with the Arno.

Sea baths; also a good winter station.

The climate is almost the same as at Pisa, only a little more moist and exhilarating.

The drinking water is excellent, and the houses being all of more or less recent construction, epidemics, such as occur in other Italian towns, are exceedingly rare.

The existing meteorological observations by Schouw are untrustworthy. It is well known that invalids from the north with delicate chests have remained here for years, with very favourable results.

Post : Piazza Carlo Alberto.

Telegraph : Piazza Cavour.

Bankers : Macquay, Hooker & Co.

Chemist : Galligo, via della Madonna.

Doctors : Dr. Schintz, Dr. Taddei.

Hotel : Grand.

Légué St. Briec.—France, Department of Côtes du Nord.

Sea bath, sandy beach, climate mild yet bracing.

Leissigen.—Switzerland, district of Interlaken.

Cold sulphate of lime springs.

Lemnos.—Greece, Island in the Ægean Sea.

Saline sulphurous thermal waters.

There is only a small grotto, admitting two persons at a time, to bathe in.

Lendershausen.—Germany, Bavaria, near Hofheim.

Effervescent ferruginous waters.

No establishment.

Leipzig.—Germany, second city of the kingdom of Saxony ; from Paris, *via* Forbach, Frankfurt, 27 hours. 134 frs. 1st class.

One of the most busily commercial cities of Europe. Chiefly interesting during the great fairs, of which three are held ; one at Michaelmas, one on New Year's Day, and one after Easter. It is the centre of the German book-trade, which has an Exchange of its own. Every work, whether book, brochure, or pamphlet, edited in any part of the globe, can be procured here.

OBJECTS OF INTEREST.—Kingshall, the University, Buchhändler Börse, Paulinum with the University Library ; Town Hall, Theatre, Museum.

EXCURSIONS : To residence of Baron Speck, Pleissenburg and Battle Field.

CABS : One to four persons from $\frac{1}{2}$ to $1\frac{1}{2}$ marks by time, $1\frac{1}{2}$ to 2 marks by the hour.

Post Office : Augustus Platz.

Dentist : P. G. Kneisel.

Doctors : Drs. Leukardt, Schildbach and Thiersch.

Hotels : *Hauße, Rome, de Prusse, de Russie, de Bavière.*

Lepanto.—Greece, in the Monastery of Akarnania-Ætolia.

Sulphurous and bitter waters.

Season : May—August.

Much frequented ; possesses a well-arranged establishment.

Le Prese.—Switzerland, on the Lake of Poschiavo; 3,215 feet above the sea level.

Indifferent waters; a climatic station.

The establishment is efficient, and the accommodation cheap and good.

Lequeitio.—Spain, province of Vizcaya, 42 miles from Zumarraga.

Sea baths; very fine sandy beach.

Small fortified old town, very interesting. The environs are charming.

Lès.—Spain, province of Lérida, near the French frontier and Luchon.

Sulphate of soda waters, 80° and 45° F. Only frequented by those living in the environs, though there is a tolerably good establishment.

Lesbos.—Island in the Grecian Archipelago, also called Mitylen.

Saline waters, 125° F.; about half-hour from the town of Lesbos. Sulphurous thermal waters near the port of Lebanus.

The baths are taken by both sexes in common; much freedom prevails. The establishments leave room for improvement, while the accommodation is far from what it ought to be.

Lesina.—Austria, Dalmatia, an island in the Adriatic, on the coast of Dalmatia.

Winter station. Grape cure, with sea baths in autumn.

Though one of the best of winter stations, the arrangements for properly receiving patients are still wanting.

Les Salins.—France, Department of Puy du Dôme.

Saline waters.

Leszina.—Austria, Croatia, near Carlstadt.

Sulphate of soda water; 5 grs. of mineral principles, of which 2 grs. are sulphate of sodium. Highly charged with carbonic acid gas.

Letantus.—Greece, island of Eubœa.

Saline waters, 130° to 140° F.

No establishment and but little accommodation; in fact, the waters are used only by the inhabitants of the neighbourhood.

Leutstetten.—Germany, Bavaria, district of Starnberg.

Indifferent waters.

Very well arranged establishments.

The scenery is charming and the climate mild.

Levane.—Italy, Tuscany.

Alkaline ferruginous waters, 35° F.

Special indications: Rhachitis, scrofula.

Primitive arrangements, but the waters enjoy a great reputation.

Levico.—Austria, Trentino, near Trent, valley of the Sugana; 1,600 feet above sea level.

Effervescent ferruginous waters, containing arsenic. Grape cure.

Season : May—October.

Special indications : Anæmia, chlorosis, incipient affections of the spinal chord, nervous diseases, irregular menstruation.

The newly-erected bathing establishment has been fitted up with all modern requirements. The stay here is very agreeable, and the scenery and vegetation fine.

Excursions very varied. Balls, concerts, and other amusements during the season, which is sometimes prolonged through November.

Doctors : Drs. Pacher and Arenini.

Lichtenthal.—Germany, Baden, near Baden-Baden.

Cold ferruginous waters.

Two establishments, which are fitted up with all modern requirements and elegance.

Special indications : Debility, scrofula, anæmia, chlorosis, menorrhagia.

Doctors : Drs. Schiel and Selos.

Lidja.—Turkey, Anatolia.

Thermal springs, 120° F.; known in ancient Greece as the baths of Agamemnon.

Liebenstein.—Germany, Thuringia, Saxe-Meiningen; 1,000 feet above the sea level.

Cold ferruginous bicarbonate waters: 0.0775 of carbonate of iron. Climatic air station, hydropathic establishment, whey cure.

Very fashionable resort. Air mild and equable, charming and very picturesque situation. One of the most *recherché* resorts of German society. Excursions in endless variety.

Doctors : Drs. Döbner and Hesse.

Hotels : Müller, Martius.

Liebenzell.—Germany, Würtemberg, near Stuttgart; 1,100 feet above sea level.

Light alkali saline waters, 60° F. Climatic station.

The establishment is small but elegant.

Doctors : Drs. Trion and Romerdt.

Hotel : Kurhaus.

Liebwerda.—Austria, Bohemia, near Görlitz; 1,220 feet above sea level.

Alkali-saline, ferruginous, and effervescent waters. Exported.

Whey cure.

The establishment is thoroughly fitted up, and accommodation comfortable. The weather is at all times rough, squally and very humid. Very changeable, owing to the valley being open to the north and east winds.

Doctor : Dr. Plumert.

Hotels : Kurhaus, Black Eagle.

Lienzmühl.—Austria, Carinthia, district of Klagenfurt, 1½ hours from Wolfsberg.

Alkaline-magnesian ferruginous waters, highly effervescent.

Lierganes.—Spain, near Santander. Diligence from Boó.

Sulphate of lime springs, 50° F. Steam baths.

Special indications: Skin diseases intestinal derangements, laryngeal and bronchial catarrhs, uterine disorders, vesical catarrhs, rheumatism and scrofula.

The town is situated in a very narrow valley; vegetation is ever green. The establishment is modern, and the accommodation good. There is a kitchen for the use of those who may wish to prepare their own meals, as indeed is customary in Spanish watering places.

Doctor: Dr. Salazar.

Limmer.—Germany, Hanover, near Hanover.

Cold saline sulphurous waters.

Special indications: Chronic mercurial dyscrasia, paralysis, gout, rheumatism, and skin diseases.

Limpach.—Switzerland, near Berne; 1,200 feet above sea level.

Indifferent water.

Special indications: Neuroses.

The establishment is thoroughly fitted up, and the accommodation reasonable in price.

Linares.—Spain, province of Segovia, near Riaza.

Bitter waters, similar to Friedrichshall.

There is no establishment.

Lindau.—Germany, Bavaria, a small island in the Lake of Constance, on the north-eastern shore; 5,600 inhabitants; 1,230 feet above sea level. For routes see table.

Climatic station. Very mild and equable air. Milk and whey cure; baths in the lake. Hechelmann's bathing establishment has Turkish, Russian, sulphurous, pine-cone sap, brine baths, and is otherwise well fitted up.

The island of Lindau is in one of the best sheltered and most healthy positions on the lake. Epidemics have never occurred here. Its situation is picturesque, overlooking the lake and the whole panorama of East Switzerland. Its environs will bear comparison for scenery with the best parts of Switzerland. The town of Lindau is very old, and contains many interesting antiquities. It is connected with the main land by the railway bridge and an old wooden bridge. There are sulphurous waters in Schachenbad, half-hour from Lindau.

The island of Lindau has been much beautified of late years. The quays and walls of the town have been converted into promenades and planted with trees. Parks and gardens at the Landthor, Schützengarten, Reichsplatz, and Seehafen are all admirably kept. Steamboats ply frequently to the different places of interest on the lake. Concerts, etc., during the

season. Good fishing in the lake and the various streams. Reading room at the Harmony Assembly Rooms. Illuminations on the lake. Post and Telegraph office at the station.

Chemists: The Angel. The Deer.

Dentist: Dr. Pfirsch.

Carriages: Mr. Scutter.

Bookseller: C. Ludwig.

Doctors: Drs. Müller, Volk, Mayer, Ott, Kimmerle and Bever.

Hotels: The *Hotel de Bavière*, a first-class house. Späth, proprietor.

Hotel Crown, Rentemann, Helvetia, and Lindau.

Lindenholzhausen.—Germany, Nassau; 452 feet above sea level.

Magnesian saline-ferruginous waters.

Very little frequented.

Lintzi.—Greece, Peloponnesus.

Thermal sulphurous waters, 90° F.

Special indications: Rheumatism, skin diseases, eczema.

Fairly well frequented.

Lion-sur-Mer.—France, Calvados, near Caen.

Sea baths, sandy beach.

The air is impregnated to a large extent with iodine.

Season: May—October.

The climate is said to be especially beneficial in skin diseases.

Lipari.—Italy, capital of Liparian Islands.

Alkaline waters, 110° F., but more frequented for its natural steam baths. (The *Secca di Bagno*, described by Diodorus Siculus.)

Special indications: Gout, rheumatism, and chronic skin diseases.

Lipetsk.—Russia, Government of Tambov.

Effervescent ferruginous waters.

The establishment is good, but the place is visited only by the inhabitants of the neighbourhood.

Lipik.—Austria, Slavonia; 500 feet above the sea level.

Bicarbonate, soda, and iodurated water, 150° to 155° F.; iodide of calcium, 0.029; resolvent action.

Very steady and equable climate.

Special indications: Scrofula and syphilis, periostitis, tophi, psoriasis, cachexia.

The new establishment is thoroughly fitted up and very elegant. The rooms are high and airy, and covered verandahs connect them with the baths, thus avoiding any prejudicial influences from the weather.

The gardens are tastefully laid out, and there is plenty of amusement.

Doctors: Drs. Kern and Gregoric.

Lippspringe.—Germany, Westphalia.

Effervescent ferruginous waters, 50° F. Climatic station.

This station possesses a chamber for inhalation, for catarrhal and phthisical patients.

The town is quiet, and well suited to certain classes of patients.

Doctors : Drs. Froy, Roden and von Brunn.

Hotel : *Kurhaus*.

Lisbon.—Portugal, capital of.

Thermal sulphurous spring, 70° F.

Sea baths and climatic winter station.

Several very good bathing establishments.

Formerly much frequented by Englishmen as a winter station ; it has been somewhat neglected of late, probably owing to its changeable climate. Its mean winter temperature is 55° F. Mean humidity of the air, 79 per cent. Rainy days in the year, 111, in the winter season, 39·7.

Snow and fogs are unknown.

The drinking water is excellent, and a stay in town very interesting.

Lisdoonvarna.—Ireland, county Clare, near Limerick.

A much frequented sulphurous spring, sea baths.

Season : June—October.

Littlehampton.—England, Sussex, near Worthing and Bognor.

Sea baths, sandy beach, climate dry and mild.

Season : May—September.

Doctor : Dr. Vines.

Little Haven and Broadhaven.—Wales, Pembrokeshire, or St. Bride's Bay.

Sea baths, sandy beach, climate mild yet bracing.

Season : April—October.

Llandrindod (Wye).—Wales, Radnorshire.

Ferruginous and saline sulphurous thermal waters.

Special indications : Rheumatism, skin diseases and affections of the eyes.

Doctor : Dr. Davies.

Llandudno.—Wales, Carnarvonshire.

Sea baths, much visited ; sandy beach, climate dry and mild

Season : July—September.

Doctor : Dr. Nicol.

Llandwrtyd.—Wales, Breconshire.

Strongly sulphurous and ferruginous waters.

Special indications : Scrofula scurvy, skin diseases, ulcers, and nephritic affections.

Doctor : Dr. Tombs.

Llanes.—Spain, province of Oviedo, 50 miles from Torrelavega.

Sea baths ; two very fine sandy beaches, one for men and the other for women.

Living here is extremely cheap and quiet. Some 500 visitors during the season.

Llanfairfechan (Conway).—Wales, Carnarvonshire.

Sea baths, sandy beach.

Season : July—September.

Llangranog.—Wales, Cardiganshire.

Sea baths. Summer and holiday resort. Climate healthy and cool.

Llanstephan and Ferryside.—Wales, Carmarthenshire.

Sea baths. Extensive sandy beach. Climate mild.

Season : May—October.

Doctor : Dr. Phelan.

Llo.—France, Department of Pyrénées Orientales.

Sulphate of sodium, 70° F.

Enjoys a very high reputation in the surrounding country.

Löbenstein.—Germany, Thuringia, Principality of Reuss, 1,600 feet above sea level.

Chalybeate waters, 82° to 90° F. Summer station.

Special indications: Anæmia, chlorosis, anehylosis, rheumatism, gout.

Doctor : Dr. Aschenbach.

Hotels : *Kurhaus, Bavière.*

Loearno.—Switzerland, on the Lago Maggiore.

Terminus of the Gothard Railway and Lake steamers.

A climatic station for the winter, spring and autumn.

Whey and Grape cure.

This place is celebrated for the beauty of its situation and its luxuriant vegetation. The fact that aloes, camelias, palms of all kinds, oranges and lemons, &c., flourish in the open air is a sufficient proof of the mildness of the winter and of its suitability as a health resort. There is very little wind, frost or snow, and Locarno is remarkable for the number of its sunshiny days.

Dr. A. Martin, Professor at the University of Munich, and Physician to the Bavarian Court, declares Loearno to be—on account of its excellent climate and its hygienic advantages—“ the finest winter station in Europe.”

Hotel : The *Grand Hôtel* is a most luxurious and comfortable home. It stands in the midst of beautiful terraced gardens, about 70 feet above the railway station, and the landing place of the steamers. Its position is wonderfully sheltered by the great chain of the Alps and commands charming views of mountain and lake. The hotel has 200 bed and drawing rooms, and is in every way fitted for a winter stay. There is an English church service in the hotel all the year, and a resident physician, Dr. von Salis.

Lochbachbad.—Switzerland, canton Berne ; 1,810 feet above sea level.

Alkali-saline ferruginous waters.

The establishment is thoroughly well fitted up, and the accommodation abundant and reasonable.

Lodova.—Spain, province of Navarre.

Cold ferruginous waters.

Loeches.—Spain, province of Madrid, near Alcala.

Cold sulphurous water.

Special indications: Serofula, skin diseases, hyperæmia of liver and spleen, plethora abdominalis, leucorrhœa, chronic syphilis.

The establishment is of recent date and situated in a large garden. The accommodation is moderate and prices low.

Doctor: Dr. Lucientes y Pueyo.

Loka.—Sweden, near Philipstad, on the Lake of Lersjö.

Indifferent waters; mud baths.

The establishment is ample and surrounded by a beautiful park. The scenery in the neighbourhood is very picturesque.

Longbranch.—United States.

Sea baths on the Atlantic; very fashionable; much frequented.

Season: June—September.

Lons-le-Saulnier.—France, Department of Jura.

Cold saline water.

Special indications: Rheumatism, skin diseases, serofula.

Looe, East.—England, Cornwall, near Liskeard.

Summer health resort; air pure and mild.

Doctor: Dr. Kerswill.

Loreto.—Italy, Romagna, province of Forlì, 2 hours' carriage from Forlì.

Saline waters.

Special indications: Inertia of stomach and intestines, obstructions of liver and spleen.

No bathing establishment.

Los Baños.—Philippines, Island of Luzon.

Sulphurous waters, 200° F.

Very much visited by the inhabitants of Manila.

Loschwitz.—Germany, Saxony, near Dresden.

Climatic air station and holiday resort.

The scenery is very lovely, and it is principally resorted to by Dresdener's.

Doctor: Dr. Reichel.

Losdorf.—Switzerland, canton of Argovia; 2,200 feet above sea level between Olten and Aarau.

Cold sulphate of lime waters.

Laxative action.

The establishments are very efficient, and the sojourn pleasant.

Louèche-les-Bains.—Switzerland, canton of Valais; 4,642 feet above the sea level, at the foot of the Gemmi. For routes see table.

Earthy waters, containing arsenic and iron, 125° F.

Number of visitors: Above 5,000 annually.

Special indications: Serofula and chronic skin diseases,

rheumatism, gout, foniale complaints and museular contractions.

Doctors : Dr. Brunner, Dr. Mengis, Dr. Rey, Dr. de Werra.

Hotel : *Hotel de France*.

Loujo.—Spain, at the mouth of the Arosa, province of Pontevedra.
Bitter saline water, 60 to 120° F.

Special indications : Rheumatism, contractions, paralysis, hemiplegia, serofula, skin diseases and gunshot wounds.

The establishment is situated on an island in the Atlantic, half-an-hour from the shore. Vegetation is abundant and the accommodation cheap. The bathing arrangements are very inadequate.

Doctor : Dr. Avila.

Lowestoft.—England, Suffolk, 10 miles from Yarmouth.

Sea baths; firm sandy beach mixed with shingles. Climate braeing.

Season : June—September.

Doctor : Dr. Ray.

Loxa.—Spain, province of Segovia, near La Granja.

Sulphurous earthy waters.

Special indications : Chronic skin diseases, paralysis, articular complaints, ankylosis and serofula.

Lu.—Italy, Piedmont, near Alessandria, district of San Salvatore-Monferrato.

Saline, sulphurous, and iodurated waters; mineralisation 3 grammes. Deserves to be better known. Mud baths.

The establishment is primitive.

Luaneo.—Spain, province of Oviedo, 11 miles from Beraña.

Sea baths, with fine sands. Also a ferruginous spring

Some 1,000 visitors during the season, and the sojourn is agreeable.

Lubien.—Austria, Galicia, near Lemberg.

Cold sulphate of lime waters. Inhalation.

Special indications : Rheumatism and herpes, laryngitis.

Modest arrangements.

Lucainena de las Torres.—Spain, province of Almeria, near Sorbas.
Carbonate of lime, 50° F.

Special indications : Herpes, dyspepsia, serofula, chlorosis, amenorrhœa and dismenorrhœa, vesical catarrh, hyperæmia of liver and leueorrhœa.

The establishment and accommodation are inadequate.

Doctor : Dr. Veeino Villar.

Lucan.—Ireland, county Dublin, on the Liffey.

Alkaline sulphurous waters.

Special indications : Biliousness, scurvy, gout, rheumatism.

Doctor : Dr. Watson.

Lucca.—Italy, Tuscany.

Thermal sulphate of lime waters, 70 to 125° F. Ten springs, very abundant.

The baths are about 13 miles from the town, at the foot of the Apennine mountains.

Fine climate, beautiful site, and agreeable sojourn.

Special indications: Herpes, rheumatism and gout.

Doctors: Drs. Gason and Giorgi.

Lucerne.—Switzerland, capital of canton of same name; from Paris by East of France Railway, *viâ* Basle.

Is charmingly situated on the bank of the Lake of the Four Cantons, and is the terminus of the Gotthard Railway on this side of the Alps. A very old town, with walls; divided into two parts by the Reuss; opposite the Righi Mountains, and at the foot of the Pilatus.

OBJECTS OF INTEREST.—Bridges over the Reuss, Water-tower, Cathedral, Town Hall, with a Museum of Antiquities: Arsenal, College or Lyceum, and a Glacier Garden; Stauffer's Museum, Organ in Cathedral; Lion Monument, by Thorwaldsen.

Excursions on the lake to the Rigi, Staansadt, Bürgenstock, Engelberg, Seeligsberg, Mount Pilatus, Beggenried, Brunnen, Schöneegg, and many others. To the Bernese Oberland, *viâ* the Brünig Pass to Brienz, Meyringen, Grindelwald, and Interlaken.

CABS: Half hour, one or two persons, 80 c.; three or four persons, 1. fr. 20 c.; by hour, 2 or 3 frs.

Post and Telegraph Office: Near Schweizerhof.

Bookseller: A. Gebhardt.

Doctors: Drs. Stöcker, 315, Kapellplatz, Nager and Steiger.

Hotels: National, Schweizerhof, du Lae and d'Angleterre.

Luchon (Bagnères de).—France, Department of Haute Garonne, near the Spanish frontier. 1,990 feet above sea level. For routes see table.

There are more than 50 different springs, rich in hydrosulphuric acid; also ferruginous waters and one alkaline spring.

Season: June—September.

Special indications: Rheumatism, scrofula, affections of the bronchi, skin diseases, and chronic sores.

Luchon is one of the most frequented of bathing stations, and affords every comfort and luxury.

Doctors: Drs. Garrigou, Verdalle, Estradère, Fontan, Serrand and Valdès.

Hotels: The *Hôtel d'Angleterre*, a quiet and comfortable family hotel, centrally situated in a large garden. De Vries, proprietor.

Grand Hôtel du Casino.

Lucsky.—Hungary, comitat of Liptau, near Rosenberg; 1,900 feet above sea level.

Ferruginous waters, 80° F. Climatic station.

Season : June--September.

The site is most picturesque, and the surrounding vegetation consists chiefly of pine forests. The establishments are fitted with all modern requirements, but more should be done for the accommodation, seeing the waters attract so many visitors.

The springs yield very abundantly.

Luc-sur-Mer.—France, Department of Calvados.

Sea baths; sandy beach.

Ludwigsbrunnen.—Germany, Hessen, near Schwalheim.

Table water, similar to seltzer.

Special indications : Gravel, biliary calculus and urinary disorders.

Lugano.—Switzerland, canton of Tessin, on the Lake of Lugano.

Intermediate station, with fine climate, beautiful situation on the lake. Grape cure.

Season : Spring and autumn.

Mean humidity of air in winter, 72°; 48 to 50 rainy days, 31 windy days. Snow frequent.

Doctors : Drs. Cornilo and Zbinden.

Luh.—Austria-Hungary, comitat of Bereg, near Munkács.

Alkali-saline waters, containing iron.

Special indications : catarrhal affections.

There is no bathing establishment, but the waters are much exported.

Lugo.—Spain, province of Lugo, on the right bank of the Miño; 1,930 feet above the sea level.

Sulphurous saline waters, 80° to 105° F.

Special indications : Rheumatism and herpes, scrofula, tendinous contractions.

The spring is about 3 k. south of the town.

The establishment is large, and situated in an extensive park. It is not, however, up to modern requirements. Accommodation is plentiful, and cheap in proportion.

Doctor : Dr. Carretero.

Luhatschowitz.—Austria, Moravia; 600 feet above sea level.

Alkali-muriatic, iodide and bromine waters. One of the strongest springs known.

Special indications : Affection of the respiratory and digestive organs and urinary disorders.

The establishment is thoroughly fitted up. Parks, gardens and covered walks of great extent give Lubatschowitz the appearance of a station of first importance. The accommodation is excellent, and moderate in price.

Doctors: Drs. Gallus and Küchler.

Hotel: Kurhaus.

Luisenthal.—Germany, Saxe-Coburg, near Ohrdruff, 2,500 feet above the sea level.

Climatic air station, hydropathy and resinous baths.

The accommodation is good and moderate in price.

Luisenbad.—Germany, Pomerania, near Polzin.

Chalybeate waters; mud baths.

Special indications: Rheumatism, ankylosis, articular affections.

Doctors: Drs. Deets, Bechert and Lehman.

Hotel: Kurhaus.

Lukhas.—Greece, four hours from Libadia.

Saline waters.

The establishment is in the convent of St. Lukhas, where good accommodation can be had.

Lulworth West.—England, Dorsetshire, near Worl.

Sea baths frequented all the year round.

Climate bracing, in winter warm.

Lund.—Sweden, province of Gothland, district of Ludsjö, near Löddekö.

Effervescent indifferent waters.

Establishment good, but the accommodation is indifferent.

Lüneburg.—Germany, Hanover, on the left bank of the Ihmenau.

Cold saline waters; 254 grammes of mineralisation, of which 246 are chloride of sodium.

The brine being so excessively strong, is mixed with common water for the baths.

Lutraki.—Greece, on the isthmus of Corinth.

Sulphurous waters, 150° F. Only used in baths and by the inhabitants of the neighbourhood. The springs are mentioned by Xenophon.

Luxburg.—Switzerland, canton Thurgau, near Salmsach, on the Lake of Constance; 1,200 feet above sea level.

Sulphurous alkaline ferruginous waters.

Ample establishments.

Luxeuil.—France, Department of Haute Saône, 1,300 feet above sea level. For routes see table.

Saline, ferruginous and magnesian waters. Eleven springs, of from 70° to 125° F.

These waters act first as excitants, then as sedatives.

Special indications: Neuralgia, rheumatism, paralysis, gastralgia.

Luxor.—Upper Egypt, on the right bank of the Nile, amid the ruins of Thebes.

Winter station; warm and very dry climate.

Season: January—March.

Doctor: Dr. Maclean.

Hotel: *Luxor Hotel*, pension £1 per day in season. Thos. Cook & Son, proprietors.

Luyando.—Spain, province of Alava, near Amurrio.

Thermal sulphydric saline and ferruginous waters.

The establishment is very primitive.

Lygourio.—Greece, Argolia, near Nauplia and Epidaurus.

Muriatic bitter thermal waters, much frequented in antiquity, but now entirely abandoned.

Lyme Regis.—England, Dorsetshire, near Bridport.

Sea baths; firm sandy beach.

Season: July—August.

Doctor: Dr. Skinner.

Lymington.—England, Hampshire. South Western Railway.

Sea baths; sandy beach.

Lynmouth (Lynton and).—England, on the west coast, near Ilfracombe; 430 feet above sea level.

Frequented sea baths; sandy beach.

Mild but bracing climate.

Season: July—August.

Doctor: Dr. Hartley.

Lytham.—England, Lancashire, near Blackpool.

Sea baths; sandy beach; climate very mild. Season all the year.

Doctor: Dr. Garstang.

Lyons.—France, at the confluence of the Saone and Rhone; from Paris by P.L.M. Railway, 9 hours. 63 fr. 1st class.

The first industrial city in France, and for silk manufactures, in the world. The best view of the city is obtained from the observatory of Notre Dame.

OBJECTS OF INTEREST.—Public squares and Fountains, City Library, Botanical Garden, Cathedral, Church of St. Jean, Museum, Hall of Sculpture, Hospital, Commercial School, Exchange at the Palace of Commerce, Law Courts, Theatre, Park de la Tête d'Or.

EXCURSIONS to Mont Ceindre, Roche Cardou, Ile Barbe and Croix Rousse and many others.

Post-office: Place Bellecour.

Telegraph-office: Place de Lyon, 53.

CABS: 1½ fr. the course, 2 fr. first hour.

Bookseller: V. Cantal, 9, Rue Bourbon.

Mablethorpe.—England, Lincolnshire, near Sutton.

Sea baths; firm sandy beach.

Season : June—September.

Doctor : Dr. Campbell.

Macerato.—Italy, Tuscany, district of Siena, on the Merse.

Alkaline sulphurous waters, 150° F.

Season : June—September.

Special indications : Gout, rheumatism, paralysis, skin diseases.

The situation is very fine. The establishment has only two piscinæ, and the baths are taken in common. Frequented mostly by the neighbouring inhabitants and by those of the Maremma.

Macviller.—Germany, Alsace-Lorraine.

Cold saline waters; little used.

Mád.—Austria-Hungary, comitat of Zemplén, near Szerencz.

Sulphurous, ferruginous and aluminous waters.

A small bathing establishment.

Madagascar.—An island in the Indian Ocean, on the East of Africa.

Two thermal springs, not yet analysed.

Madonna a Papiano.—Italy, Tuscany, near Caprese, valley of the Teverino.

Alkaline-ferruginous waters.

A small establishment.

Madeira.—Island in the Atlantic near the Moorish coast, a Portuguese possession, north of Teneriffe. By steamer from Lisbon in 48 hours. For routes see table.

Winter station; select and pleasant society.

Owing partly to the sea journey, partly to vague and malicious reports, Madeira is not visited as much as it deserves to be by patients suffering from pulmonary complaints. The climate is delightful, and there is absolutely no winter. Complete absence of dust, an ever luxuriant vegetation, no bad drainage, a pleasant humidity, and a mild, equable and pure atmosphere, are the principal advantages which Funchal, the capital, offers. These, though not entirely absent in many of the now fashionable winter stations on the Riviera, are in some of them very imperfectly enjoyed. Madeira is included in the postal union, and there are almost daily steamers to Europe from Africa, Brazil and the Cape.

The town of Funchal, except in the quarter close to the sea shore, resembles a large garden. The view of it obtained from the sea is very beautiful, the town being built in the form of an amphitheatre. It is completely sheltered against north, north-east and north-west winds by mountains which rise to a height of 6,000 feet. During the whole year both northern and tropical fruits ripen. Though the rainfall is comparatively heavy, it very seldom lasts for more than an hour or two, and invalids can consequently take out-door exercise during some hours every day. The winds and storms, which are of such frequent occurrence on the Riviera during the spring months, and which prevent not only invalids, but even healthy persons, from taking out-door exercise, are unknown in Madeira. The mountains possess also excellent summer stations in the pine woods.

Mean temperature, 61° F. The mean barometric pressure is 30 inches; the mean humidity of atmosphere 70%. Weather statistics are—170 clear days, with bright sun; 110 with a cloudy sky, and 70 rainy days. The thermometer stands at an average 10° to 15° higher than on the Riviera in winter, and proportionably lower in summer. Death-rate 29 per thousand.

Locomotion in the town and its environs, and on excursions (which are numerous) is effected by means of palankins, hammocks or sledges, drawn by oxen, mules or horses, and excellent saddle horses.

Amusements are amply provided for, and although a stay in Madeira may be called on the whole quiet, patients will find ample recompense in a delightful climate and scenery.

The slight difference (viz. 10° to 12°) between the mean of the coldest and hottest months, shows how equable the climate of Funchal is.

The mosquitoes which annoy on the Riviera as early in the year as April, are entirely absent. Indeed Madeira, especially its southern slopes, might with justice be called "*The Sanatorium for Phthisical patients.*"

English Church Service: Bella Vista and Becco.

Bankers: English merchants generally, who hold agencies for the principal European banks.

Chemists: Two good English ones.

Doctors: M. C. Grabham, M.D., F.R.S.P., London, and J. W. Hicks, M.A., M.D., Oxon. (English doctors); also Professors Koster, Goldschmit, Larica, and Machado.

Hotels: Mr. Reid owns the principal first-class establishments in varied situations surrounded with gardens, and commanding mountain air, sheltered positions, modern sanitation and splendid sea bathing.

Also Jones, Cardwell, &c.

Madonna dei tre Fiumi.—Italy, Tuseany.

Cold bicarbonate of soda waters.

Special indications: Calculous affections.

Madrid.—Capital of Spain, on the left bank of the Manzanares. From Paris, *via* Bordeaux, Irun, and Saragozza, 41½ hours. 184½ fr. 1st class.

Situated on the slope of a sandy plateau surrounded by limestone hills. The climate, owing to the barrenness of the environs, is disagreeable and unsuited to persons with delicate throats and chests. Since the commencement of Don Alfonso's reign, the city has begun to make some progress.

OBJECTS OF INTEREST.—The Puerta del Sol, the Alcáza Street, the Prado, the Casino, Royal palace, Artillery museum, Topographical museum, Naval and Natural History museums, Royal Picture Gallery, several private ones, National Library, and numerous private libraries, open daily. Several churches of little or no interest. The only one worth visiting is the Atocha, with the Virgin's image. Town Hall, Panaderia, Audiencia, Casa de los Consejos, Congress House, Senado (House of Lords), the different Ministries, Palaces of Duke of Alba, of Villahermosa, Marquis of Casariera, Duke of Medina Celi and Marquis of Salamanca, Buen Retiro, Casino de la Reina, Botanical Gardens, which have been turned into Zoological; Campos Eliseos, Italian Opera, various Theatres, Circus, and arenas for Bull and Cock-fights.

EXCURSIONS: Casa de Campo La Manclon; Casino de la Reina; El prado Alameda, las Carabancheles; and many others of minor importance.

Post-office: Calle de San Ricardo 5.

Telegraph: Ground floor of Home Office.

CABS: One horse, one to two persons, 2 fr. the course; two horses, 4 fr.; by hour, one horse, 4 fr.; and two horses, 6 fr.

Doctors: Drs. Hysem, Nuñez, Kispert, Jelly, Carretero and Toca.

Hotels: *Des Princes, de la Paix, de Paris, de Russie.*

Magnae.—France, Department of Cantal.

Cold ferruginous bicarbonate waters.

Maiori.—Italy, close to Amalfi.

Winter, autumn and spring station.

Special indications: Phthisis, lung complaints.

Hotel: *Hotel Torre*, 20 minutes from Amalfi. Stop at Vietri Railway Station. One of the warmest nooks in Italy. The Hotel is situated in the midst of orange groves, overlooking the sea, and will be found exceedingly comfortable, with moderate charges. Address, Soldini, proprietor; or Mr. Sacco, at Royal Hôtel in Castellammare.

Magyar-Szent-Lazlo.—Hungary.

Sulphurous waters.

Mala.—Spain, province of Granada.

Sulphate of magnesia waters, 50° to 55° F.

Malaga.—Spain, on the Mediterranean coast.

Winter station. Fine mild, dry and warm climate.

Mean winter temperature, 55° F.

If more were done to make visitors comfortable, Malaga would soon become a serious competitor to the stations on the Riviera.

Doctor : Dr. Bundsen.

Malahá.—Spain, province of Granada, near Santafé.

Sulphurous saline waters, 50° to 85° F., containing iron.

Special indications : Skin diseases and rheumatism, dysmenorrhœa, chlorosis, anæmia, hysteria.

The site is charming, the establishment modern and efficient.

The gardens are good and accommodation reasonable.

Doctor : Dr. Doiz.

Malahide.—Ireland, county of Dublin.

Sea baths ; good sandy beach.

Doctor : Dr. Stainstreet.

Mallow.—Ireland, county of Cork. Rail from Dublin to Cork.

Thermal springs from 145 to 180° F.

Malmedy.—Germany, Rhenish Prussia, near the Belgian frontier.

Alkaline-magnesian ferruginous waters.

Although the waters are very strongly chalybeate, they are little used.

Malnas.—Austria-Hungary, district of Haromszék.

Sulphurous waters, 65° F.

Special indications : Articular contractions.

Maloja.—Switzerland, Grisons, 5,688 feet above the sea level.

Climatic mountain station ; chalybeate effervescent waters.

Post and Telegraph Office in the *Kurhaus*.

English Church Service.

Doctors : Dr. Tucker Wise and Dr. Duwcr.

Hotel : The *Kurhaus Hotel*.—J. F. Walther.

Malta.—Island in the Mediterranean, between Sicily and Tunis.

Winter station ; sea baths.

Doctors : Drs. J. Sammret, Stilon and Schembri.

Malvern.—England, Worcestershire, 129 miles from London, 3 hours by rail ; 5,800 inhabitants ; 502 feet above sea level.

The waters are slightly alkaline and earthy, and range from 40° to 42° F., but Malvern is chiefly celebrated for its brine and saline baths.

Season : May to October.

The number of visitors is above 50,000 annually.

Special indications: Acute and chronic rheumatic gout and rheumatism, and their various sequelæ as a speciality, scrofulous disorders, neuralgia, sciatica, lumbago, &c.; swellings of the joints, contractions and ankylosis, paralysis, morbus Brightii, bronchial affections and chest complaints, skin diseases, old wounds.

The town of Malvern is beautifully situated on the slopes of the Malvern Hills, which rise to the height of 1,500 feet above the sea level. These hills are traversed by roads and paths easy of ascent. From their summit a succession of the grandest and most picturesque views in the United Kingdom embracing 12 different counties, can be obtained.

The town consists of Great and Little Malvern, which are about 3 miles apart. The picturesqueness of the site and surroundings of Malvern have been celebrated in prose and verse by Byron, Walpole, Southey, Browning and Macaulay.

The Malvern air is dry and bracing, the climate tonic and stimulating, and the temperature equable. The drinking water is of absolute purity and softness. The death rate is the lowest in the kingdom, being only 18·85 per 1000. The sanitary arrangements are based on the best scientific principles. Debilitated constitutions and overworked literary and business men, after a residence here of only a few weeks, often return completely restored to health.

The environs afford an ample field for beautiful excursions, more perhaps than any other portion of the kingdom. A few of the most important may be mentioned here:—The Beacon, Malvern Abbey and Avecote Monastery, Eastnor and Bransil Castles, Ledbury, Westwood Park, Claines, Kenlip, Upton, British Camp, and Cowley Park.

Hotel: The *Imperial Hotel*.

Mammern.—Switzerland, canton Thurgau, near Schaffhausen; 1,250 feet above the sea level.

Climatic air station, hydropathic establishment.

Steam and Turkish baths, whey, milk and grape cure.

Doctor: Dr. Freuler-Rink.

Manilva.—Spain, province Malaga, near Estepona
Sulphurous waters.

Not analysed and scarcely used.

Mannheim.—Germany, Baden, on the confluence of the Neckar and the Rhine, on the left bank of the latter, from Paris by E. of F. Railway, *via* Forbach and Bingen, or by N. of F., *via* Cologne-Mayence, 17½ hours. 7½ fr. 1st. class. 1½ hours from Dürkheim by carriage, by rail ½ hour. A high class and comfortable steamer now plies between Rotterdam and Mannheim direct, thus avoiding the frequent changes, which are so tiresome to invalids.

A comparatively modern town of great commercial importance. It is built like Philadelphia, in regular squares.

OBJECTS OF INTEREST.—The Castle, Picture-gallery, Cabinet of natural history, Collection of engravings and plaster casts, the Theatre, the Schillerplatz with statue, Church of the Jesuits, &c.

CABS : Course, one or two persons, 60 pfgs. ; by hour, 1 fr. 20 cts.

Post and Telegraph-office : At the railway station.

Dentist : C. H. Glöckler.

Doctors : Drs. Mermagen (throat) Stephan and Zeroni.

Hotels : The *Hotel Palatin*, a large first-class very comfortable house for families. Freytag & Kramer, proprietors.

Mara.—Africa, Abyssinia.

Bitter waters.

Marat.—France, Department of Puy de Dôme.

Cold gaseous waters.

Marbella.—Spain, province of Granada, near Adra.

Sulphate of lime waters, 60° F.

Marchena.—Spain, province of Sevilla, and near this town.

Sulphurous waters, 50° F.

Special indications : Skin diseases, etc.

There is a small bathing establishment.

Marching.—Germany, Bavaria ; 1,160 feet above sea level.

Sulphurous waters.

Little known or used.

Marcols.—France, Department of Ardèche.

Bicarbonate of soda and ferruginous waters. For table use only.

Margate.—England, Kent, at the mouth of the Thames.

Sea baths.

Firm sandy beach. Much frequented.

Season : April—September.

Mariabrunnenbad.—Germany, Bavaria, half-an-hour from Munich, 1,500 feet above sea level.

Effervescent earthy waters.

The bathing establishment is very efficient, and affords at the same time good accommodation.

Maria dell' Aquila.—Italy, Tuscany, valley of the Fiora.

Alkaline magnesian waters, 85° F.

Little used, and no establishments.

Maria in Bagno.—Italy, Tuscany.

Sulphurous waters, 90° F.

The establishment is well arranged, and also affords comfortable accommodation.

Marienbad.—Austria, for routes see table

Season : May to September.

Ferruginous waters.

Iron mud baths.

Special indications : Chlorosis, poverty of the blood.

Cold glauber salts' springs similar to those of Carlsbad, and used for diabetes, gout, and obesity, also for organic diseases, as chronic catarrh of the stomach and intestines, cancer in the stomach, plethora of blood, catarrhic jaundice, gall-stones, piles.

The situation of Marienbad is such that the noonday sun has unlimited access, whilst the west, east and north winds, as well as severe storms, are kept off by the surrounding wooded mountains.

The mud baths are specially used in exudations in the joints (in the) peritoneum and in the perimetritis, as well as in rheumatism of the muscles and diseases of the peripheral nerves; they are the most powerful of all known iron mud baths.

Hotels : *Hôtel Imperial* and *Hotel Weimar*.

Marienfels.—Germany, Nassau, near Schwalbach.

Cold saline waters.

Marienlyst or Marienlust.—Denmark, near Elsinore, in the circuit of Fredericksborg.

Very quiet and fashionable sea baths.

A very picturesque site, with lovely view of opposite Swedish coast.

Close by is a castle belonging to the King of Denmark.

Hotel : *Bath Hotel*.

Markammer.—Germany, Bavaria, near Neustadt.

Grape cure station.

Season : September—October.

Good accommodation.

Marlioz.—France, Savoy, close to Aix-les-Bains; 800 feet above sea level.
 Sulpho-sodic and bromo-iodinated waters, 30° F.
 Bathing, drinking, and inhalation.
Special indications: Skin diseases, struma, and affections of the larynx.

Marmolejo.—Spain, province of Jaen.
 Bicarbonate of magnesia and ferruginous waters, 50° F.
 The situation is fine, but little has been done to attract visitors. Primitive arrangements.
Doctor: Dr. Oton.

Marsala.—Italy, Sicily.
 Sea baths and saline spring.

Marstrand.—Sweden, two hours from Gothenburg.
 Sea baths; the most frequented in Sweden.
Season: June—September.

Marseilles.—France, Department of Bouches du Rhône
 Sea baths; sandy and shingly beach. Climate fine.
 The bathing establishments are very good, and are fitted up with every luxury.
Bookseller: P. Perrard, 3, Rue Noailles.
Doctor: Dr. Scaux.
Hotels: The *Terminus Hotel*, entrance from the platform of the railway station; baths and every accommodation, such as is found in first-class hotels.
Grand Hôtel de Marseille.

Martigné-Briand.—France, Department of Maine and Loire.
 Cold ferruginous bicarbonate waters.

Martigny.—Switzerland, canton Valais, 41 m. from Lausanne; 5,000 feet above sea level.
 Starting point for the Tête Noir, 4 hours; and Col de Balme, 5 hours; leading to Chamounix, 8 hours; to the Gorges du Durnau, 1 hour; and numberless other excursions; the Grand St. Bernard, 8 hours.

Hotel: The *Hôtel Clerc* is recommended as comfortable in all respects. I. Clerc, proprietor.

Martigny -lez-Lamarche.—France, Vosges.

Cold sulphate of lime waters.

Martinique.—An island in the West Indies, one of the Carribees.

Several thermal bicarbonate of iron springs. Generally used in cases of rheumatism and old wounds.

Martos.—Spain, province of Jaen, near Granada.

Sulphurous waters, 45° F.

Special indications: Inveterate skin diseases, leprosy and elephantiasis, leucorrhœa, herpes and scrofula.

The establishment is very old fashioned, but the waters are very efficient, and consequently there is a large concourse of visitors. Accommodation is plentiful and cheap.

Doctor: Dr. Cerdó y Oliver.

Martres de Veyr (Les).—France, Department of Puy de Dôme.

Bicarbonate of soda ferruginous water, 50° to 85° F. Mildly purgative.

Masino.—Italy, Lombardy, 6 hours from Chiavenna; 3,270 feet above sea level.

Saline waters, 100° F.

Special indications: Nervous affections.

The establishment is very antiquated, and the visitors have considerably decreased in number of late years.

Massa.—Italy, near the Bay of Genoa.

Sea baths; sandy beach.

Only frequented by the inhabitants of Genoa and its environs.

Mastinecz.—Hungary.

Ferruginous bicarbonate waters, 30° F.

Not used.

Matlock Bath.—England, Derbyshire. From St. Pancras by Derby.

Thermal waters, 68° F. Waters charged with carbonic acid and other gases, which exert a powerful stimulant action upon the skin; slightly aperient and alterative when taken internally; contain about 33 grains of salts per gallon, notably magnesium, sulphate, and sodium chloride.

Recommended in chronic gout, rheumatism, and rheumatic arthritis, kidney and bladder affections, skin diseases, scrofula, nervous diseases, &c.

Matlock Bath is built partly in a valley, through which flows the river Derwent, and partly upon terraces of tufa, deposited from its warm springs. It is sheltered from the north and east by the heights of Masson and the High Tor. To the south and across the Derwent are the grounds of Willersley Castle. There is a large pavilion in which a band plays and concerts are given during the summer, and a promenade by the side of the Derwent. The neighbourhood is very beautiful and picturesque.

Amongst the objects of interest are the Via Gellia, Stounis, High Tor, Heights of Abraham, Pavilion Grounds, caverns. Chatsworth, Haddon, and Dovedale are all within driving distance.

Hotels: Tyack's New Bath Hotel, Royal, Bath Terrace, Devonshire, &c.

Baths: Fountain Baths and Assembly Rooms; also at the hotels.

Matlock Bridge, England, Derbyshire. From St. Pancras by Derby.

Situated in an open expanse, overlooking the valley of the Derwent, at a distance of about two miles from Matlock Bath. Here it is that a colony of hydropathic establishments has sprung up, placed favourably upon Matlock Bank, which rises to a height of 800 feet from the river bed, a complete shelter from the north and east winds being formed by thick belts of forests. Observations made during fifteen years in this spot give the average temperatures for the six summer months at $55^{\circ}08'$ Fah., and during the six winter months at $42^{\circ}03'$ Fah., these observations being made at 8.30 every morning. The mean annual rainfall from 1872 to 1882 was 35.64 inches for the ten years.

The leading establishment is *Smedley's Hydropathic Establishment*. Physicians: William B. Hunter, M.D., W. C. Sharpe, M.B., &c. It is situated on the south-western aspect of a range of hills overlooking the valley of the Derwent, and commands a view of great beauty. The aspect (south-west), the altitude (450 feet above the sea level), and a porous subsoil of sandstone and shale are such as produce a dry and bracing climate. The house is well sheltered from the more rigorous winds by pine-clad hills, beyond which stretch moorland and forest for many miles. There are spacious and well-appointed bath-houses, and the Turkish and Russian baths are exceptionally well ventilated. The public rooms are large and commodious, and, together with the corridors, are carefully heated and ventilated under medical supervision, and lighted

throughout by electric light. There is a large billiard-room containing two tables, a smoking-room, covered balconies, where exercise in the open air may be taken in all weathers, bedroom accommodation for over 200 visitors, and an American elevator to all the bedroom flights. Even in the depth of winter the number of visitors rarely falls below 100. For further information, prospectus, &c., apply to the Manager.

Mattigbad.—Austria, Upper Austria, near Moos; 1,200 feet above sea level.

Ferruginous waters, climatic station in summer.

Very sheltered position, mild and pure air.

The establishment is thoroughly well fitted up, and affords ample and comfortable accommodation.

Doctor: Dr. Steininger.

Mauer.—Austria, $\frac{3}{4}$ -hour from Vienna.

Effervescent ferruginous waters.

Special indications: Debility, nervous complaints, hemierania, rhachitis, anæmia, chlorosis, menstrual derangements.

Mayence, or Mainz.—Germany, on the left bank of the Rhine, at the confluence of the river Maine. From Paris by North of France, *via* Cologne, or by East of France Railway, *via* Forbach and Bingerbrück, $17\frac{1}{4}$ hours. 75 $\frac{1}{2}$ fr. 1st class.

The largest town in the Grand Duchy of Hesse-Darmstadt. It was annexed to Prussia in 1866. Very strongly protected by the castle opposite. Of great antiquity, having been founded by Drusus, 14 B.C.; was seat of one of the electors.

It is the favourite stopping place for travellers going to any of the neighbouring watering places, as also on the route to Vienna, Switzerland and the Bavarian Highlands.

OBJECTS OF INTEREST.—The Palace, Museum, Library, Town Gardens or Neue-Anlage outside the walls, Schillerplatz and Cemetery, Cathedral, Citadel, Theatre, Tower of Drusus.

EXCURSIONS: To Wiesbaden, Biebrich, Bingerbrück, and various spots on the Rhine.

CABS: $\frac{1}{4}$ hour one horse, 50 pfgs.; $\frac{1}{2}$ hour, 1 mark.

Dentist: Dr. König.

Doctors: Drs. Hellwig, Wittmann and Dörr.

Hotels: The *Hôtel d'Angleterre*.

Mayres.—France, Department of Ardèche.
Sulphate of lime, table water.

Mazel (Le).—France, Department of Lozère.
Cold mineral water.

Mecina-Burbaron.—Spain, province of Granada.
Ferruginous bicarbonate waters, 35° F.

Medagues.—France, Puy de Dôme.
Cold bicarbonate of lime waters.
Special indications: Dyspepsia, gravel, chlorosis, and intermittent fevers.

Medewi.—Sweden, Government of Linköping.
Effervescent ferruginous waters. One of the strongest of Swedish ferruginous waters.
Special indications: Debility, nervous disorders, anæmia, chlorosis.
The establishment is thoroughly well fitted up, and the accommodation is comfortable, though somewhat expensive.

Mehadia, also Herculesbad.—Austria-Hungary, province of the Danube.
Alkali-saline sulphurous waters, 80° to 130° F. The volume of water is larger than that of any known spring in Europe.
Special indications: Affections of the respiratory organs, skin diseases, syphilis, icterus, dropsy, mercurial dyscrasia.
Most frequented bathing place in Hungary.
Doctors: Drs. Brunn, Popovic, Nemethy and Vina.
Hotel: Kurhaus.

Meidling.—Austria, on the route from Vienna to Trieste.
Sulphurous waters.
A well-appointed establishment, with theatre, concert hall, and comfortable accommodation.

Meinberg.—Germany, Lippe-Detmold, near Pymont; 638 feet above sea-level.
Mixed sulphurous waters and mud baths.
Special indications: Rheumatic affections, female complaints and scrofula.
Very well-appointed establishment.
Doctors: Drs. Caspari and Holz.
Hotels: Red House and Kurhaus.

Melcombe Regis.—England, Dorsetshire, on the South coast, near Weymouth.
Sea baths; firm sandy beach.
The beach is very steep and the surf heavy.
There is a spring slightly sulphurous here; the waters are mixed with warm sea water.

Melksham.—England, Wiltshire, near Salisbury.

Saline and ferruginous waters. Artificially prepared with carbonic acid they are exported for table use.

Melos.—Greece, one of the Cyclades in the Ægean sea.

Ferruginous waters, 80° F.

Much renowned in antiquity; at present the available accommodation is very primitive.

Meltingen.—Switzerland, canton Soleure.

Cold ferruginous bicarbonate waters. These waters are tonic.

A much frequented and well-appointed establishment.

Mendaro.—Spain, province of Guipuzcoa, near Vergara.

Chalybeate waters.

Special indications: Anæmia, chlorosis, and kindred complaints.

There is no bathing establishment, but the composition of the waters should render them very efficacious, though at present they are scarcely used.

Mende.—Spain, province of Orense, and near this town.

Alkali-saline waters, 90° F.

There is no establishment and no accommodation.

Mentone.—France, Department of Alpes Maritimes, near the Italian frontier. For routes see table.

Winter station of first importance, and sea baths.

Winter Season: November—June.

Summer, or sea-bathing Season: May—October.

Special indications: All forms of chest diseases, consumption, bronchitis, chronic laryngitis; nearly every form of rheumatism; all cachectic diseases, and general debility; it also suits admirably very young or very old persons.

Mentone lies at the foot of the Maritime Alps, on the strip of shore to which the name of Riviera, or Cornice, has been given, and which extends from Nice to Genoa. It is a small town of 4,000 inhabitants. Latitude, 43° N., longitude, 11° E.

The coast line of mountains here rises to an elevation of 4,000 feet or more, and, receding, forms a sheltered amphitheatre, well protected from the north, north-east, and north-west winds. The scenery is more picturesque than in any other portion of the Riviera. The mingling of mountain and sea, and olive-eland hills, intersected by innumerable charming valleys, is indescribably lovely, and must be seen to be realized. The flora is varied, and spring or summer reigns even in winter. The watershed of the country—the mountain masses—are formed of secondary white limestone. But tertiary sand and gravel enter into the soil and diversify vegetation in a very charming manner.

The climate is milder than in any other portion of the north shore of the Mediterranean, as shown by the presence of forests of lemon trees which creep up the hillsides to a considerable elevation. Nowhere on the northern Mediterranean shore does the lemon-tree grow with equal luxuriance. It is a tropical tree which cannot bear more than three or four degrees of frost without perishing. The fruit is destroyed by even one or two degrees. At Mentone lemon growing is the chief agricultural industry.

The most trustworthy meteorological data respecting the winter climate of Mentone are those given by Dr. Henry Bennet, in his well-known work: "Winter and Spring on the Shores and Islands of the Mediterranean," 5th edition. They are founded on fifteen years' personal observation; for November his mean temperatures are min. $49\cdot2^{\circ}$, max. $60\cdot1^{\circ}$; December, min. $44\cdot2^{\circ}$, max. $55\cdot1^{\circ}$; for January, min. $42\cdot8^{\circ}$, max. 53° ; for February, min. $43\cdot5^{\circ}$, max. $55\cdot7^{\circ}$; March, min. $45\cdot3^{\circ}$, max. $59\cdot3^{\circ}$; April, min. $50\cdot8^{\circ}$, max. $66\cdot3^{\circ}$. The mean minimum for the six winter months is thus for fifteen years, $45\cdot9^{\circ}$; the mean maximum, $58\cdot2$. The combined mean for the six months during fifteen years is 52° F. During this period, observations were daily made of the hygrometric state of the air with wet and dry bulb thermometers, and a mean of $5\cdot1$ was obtained. This corresponds to 68 % of dryness—saturation being 100° , with a temperature of about 58° , and implies moderate dryness in the air. In the winter there are no sea or land fogs, although sea fogs are occasionally observed in May and June. The average number of days on which rain falls—little or much—is, according to Mr. Brea, about 81 in the year. The amount of rainfall is about 24 inches. (*Farina.*)

The climatic conditions above described render Mentone an exceptionally valuable winter resort in all diseases and in all conditions of health in which a dry, sunny, mild winter climate is required. There is a peculiar condition connected with the climate of Mentone, which Dr. Henry Bennet was the first to point out. The moisture-laden sea breeze, which is drawn in daily by the sun's heat in cloudless weather, is arrested by the amphitheatre of mountains, which it cannot pass. The colder atmosphere of the elevated regions condenses its moisture, and so forms a haze over the landscape from about 11 a.m. These condensed vapours soften the atmosphere in an exceptional manner, and no doubt explain the fact of so many invalids improving, or even getting well at Mentone, while other regions of the north Mediterranean coast and the Riviera disagree with them. The rapid changes of temperature common to Nice, Cannes and Hyères, are less noticed here, temperature being more equable.

The drainage has improved of late, owing to the united efforts of the medical men and the municipal authorities.

English churches.

Post and Telegraph office, Rue St. Michael.

American Dentist : Mount.

Bookseller : Bertram, Queyrot & Co.

Bankers : Caisse de Credit de Nice, Avenue Victor Emmanuel.

Provision Merchant : T. Willoughby, Rue St. Michel.

House & Estate Agents : Willoughby & Manera, Avenue Victor Emmanuel.

English Chemist : The British Pharmacy is especially recommended, 17, Avenue Victor Emmanuel.

Doctors : Drs. Henry Bennet (consulting Dr.), Marriott, Gent, Just, Andral, Fitz-Henry, Rendal, Siordet, Chiais, Farina and Francken (East Bay Garavan) Summer at Scheveningen.

Hotels : The *Alexandra Hotel*, in the healthiest position of the Carnoles quarter, in the midst of olive and pine-clad hills, has every comfort, and is very homelike. Hydropathy and Winter Garden. An excellent cement Lawn Tennis Court has lately been added.

Hôtel des Îles Britanniques.

Meran.—Austria, Tyrol, near the Italian frontier, 1,050 feet above the sea level. For routes see table. By rail, from London, *via* Bâle and Innsbruck, 39 hours; from Vienna 22 hours, and from Berlin 25 hours. Elegant post carriages from Landeck, on the Arlberg Railway.

Climatic winter, autumn and spring station; pneumatic and therapeutic bathing establishments, steam, electric, mineral, balsamic, douche and common baths; electro massage, hydropathic treatment; milk, koumiss, kefir, whey (in spring), and grape and fruit cures in autumn. Well-trained male and female nurses.

Season : September 1st to June 15th.

Number of visitors : 9,200 in 1885.

Special indications : Delicate and rachitic children, persons suspected of consumption, for chronic pulmonary catarrh and chronic pneumonia and pleurisy, emphysema, asthma, peritonitis, caries and fungus joints, fatty heart and obesity.

This climatic station, charmingly situated on the southern side of the Alps, possesses all the advantages and but few of the drawbacks of an alpine climate. The winter months are remarkable for clearness of the sky (55 cloudless days from November to March), absence of wind, and fewer rainy days than in any other health resort, except Cairo. The summer is rather warm, still many families spend it in Obermais, which is beautifully situated on a rising slope on the left bank of the Passer and covered with handsome villas, old castles and picturesque ruins, vineyards and grand old walnut and chestnut trees.

The scenery is grand; excursions varied and interesting. For the invalids, public gardens, richly provided with wooden benches and beautified and made instructive by the evergreen vegetation, are laid out. The plants and trees are chiefly sub-tropical and carefully labelled.

There is a fine orchestra, theatre, reunions, balls, concerts, etc., in the *Curhaus*, with a large reading room; well-furnished libraries; all out of door sports (lawn tennis, shooting, fishing, &c.). Competent teachers for all modern languages, classics and general instruction; music, painting, gymnastics, riding, etc. Experienced physicians for all specialities. Detailed prospectuses sent free on application to the Cur-Committee (*Curvorstand*).

English Church: Chaplain S. P. G.

Post and Telegraph Office.

Chemist: Hallersche.

Bookseller: Pötzelberger.

Bank and Exchange Office: Hermann Blümel, adjoining the *Curhaus*.

Hotels: The *Hotel Archiduke John*, first-class, with large garden and fine views, close to *Curhaus* and *Promenades*. Carriages and horses of the Hotel. Baths. Arrangements for families and prolonged stay. J. Wenter, proprietor.

The *Hotel and Pension Hassfurther*, situated in the most sheltered position on the promenade and river in its own garden. Splendid view of the mountains; comfortable; with moderate prices and excellent cooking. Omnibus at Station. Hassfurther, proprietor.

Mercatale.—Italy, Tuscany, valley of the Arno.

Ferruginous sulphurous waters, 45° F.

The establishment is very primitive, though the waters enjoy a great reputation in the neighbourhood.

Merens.—France, Department of Ariège.

Sulphate of soda water, 90° to 110° F.

Mergentheim.—Germany, Würtemberg, 8 hours from Würzburg.

Bromo-iodurated bitter waters, 30° F.

Slightly purgative.

The establishment is elegant and efficient.

Theatre, assembly and reading-rooms, and fine promenades.

Doctors: Drs. Lindemann, Höring and Krauss.

Hotels: Strauss and Rose.

Merligen.—Switzerland, canton Berne, on the Lake of Thun. By boat from Interlaken and Thun.

Climatic station, remarkable for its mild climate. The situation of Merligen is one of the most beautiful in this part of Switzerland. The scenery is highly picturesque, and rendered still more attractive by the luxuriance of the vegetation. Numerous excursions can be taken. Merligen, in a word, is a very attractive spot.

The *Hotel Beatus* will be found a good comfortable house, with good kitchen and moderate prices. Ph. Hofmann, proprietor.

Mers.—France, Department of Somme.

Sea baths; sandy beach.

A small establishment.

Messina.—Italy, Sicily, 45 minutes by steamer from Reggio. Pullman cars are now attached to all express trains from Naples. For routes see table.

A winter station and sea baths.

Much exposed to winds. It is mentioned here only because it is selected occasionally as a winter residence, though it has actually one of the severest climates of any town in Sicily. On the average there are 12 snowy days in winter.

Bookseller: G. Welbatus.

Hotel: The *Hotel Victoria* is the best house in the town. William Möller, proprietor.

Meta.—Italy, between Castellamare and Sorrento.

Climatic station in summer.

Used by inhabitants of Naples as a summer residence. The whole country is one vast garden.

Methana.—Greece, near Kato-Muska, Argolis.

Sulphurous waters, 85° F.

The arrangements are on a system of taking the baths in common.

Accommodation primitive.

Metyline.—Asiatic Turkey.

Sulphate of soda water, 80° to 100° F.

Special indications: Rheumatism and skin disease.

Mezières.—France, Department of Ardennes.

Cold saline waters.

Michelstadt.—Germany, Hesse, near Erbach, in the Odenwald; 800 feet above sea level.

Summer station, with hydropathic establishment.

Doctors: Drs. Spies and Scharfenberg.

Middelkerke.—Belgium, West Flanders, near Ostend.

Sea baths, with fine beach.

Is rising in importance.

Miemo.—Italy, Tuscany, in the Maremma-Volterana.

Alkaline sulphurous waters, 80° F.

Primitive arrangements and accommodation. Almost exclusively used by the surrounding peasantry.

Miers.—France, Department of Lot.

Cold sulphate of soda waters.

Special indications: Hepatic affections, constipation and hæmorrhoids.

Doctor: Dr. Fraisse.

Miesbaeh.—Germany, Bavaria, near München and Schliersee; 2,150 feet above the sea level.

Climatic air station; whey cure.

Doctors: Drs. Ott and Albrecht.

Milan.—Italy, capital of Lombardy. From Paris by P.L.M. through Mont Cenis, 27 hours. 116½ fr. 1st class.

The town is nearly circular in form, and surrounded by walls; erected for the most part by the Spaniards. The space between the walls and canal is laid out in gardens and well planted with trees. Like all old cities, Milan is very irregularly laid out, but is, for all that, one of the most interesting in Europe.

OBJECTS OF INTEREST.—The Cathedral, the Amphitheatre, the various Old Gates, the Church of Sant' Ambrosio, the Military hospital, the Gallery of Victor Emanuel, Palazzo di Corte, Brera, Observatory, Pinacoteca, Ambrosian Library, Museum, Theatre della Scala, Theatre Royal, Hospital, Civic museum, Town hall, several private Palaces, Loggia degli Osii, City hall, Mint, Judicial and Government Palaces, Custom-house, Treasury, Public gardens, the Castle, and Royal Palace.

EXCURSIONS: To Monza, to Certose, to the Lakes, besides many others.

CABS: One horse, by course, 1 lira; by time, first half hour, 1 lira.

Post office: Via Rastrelli, 20.

Telegraph office: Piazza dei Mercanti.

Doctor: Dr. John Hill.

Dentist: C. T. Terry, Doc. Den. Sur., from New York, 5, Piazza Cavour.

Bookseller: Fratelli Dumolard.

Hotels: The *Grand Hôtel de Milan*, near the Opera House; large, first-class; lift. Post, Telegraph, and Railway Booking Office in the Hotel. J. Spatz, proprietor.

Millport.—Scotland, Buteshire, on the greater Cumbray Island.

Sea baths; sandy beach; air mild; scenery barren.

Doctor: Dr. Kerr.

Milo, Island of.—In the Grecian Archipelago.

Thermal waters, of great repute in antiquity, but now neglected.

Mina Nova.—Portugal, province of Estremadura.

Ferruginous sulphate waters.

Mindelheim.—Germany, Bavaria.

Biearbonate of lime waters.

A bathing establishment, but little known.

Minehead.—England, Somersetshire, near Taunton.

Sea baths; rocky and sandy beach; climate mild.

Season: July—September.

Doctor: Dr. Gaye.

Mingelsheim.—Germany, Baden.

Cold sulphurous soda water.

Special indications: Rheumatism and skin diseases.

Mirabello.—Italy, Lombardy.

Sulphate of lime springs, 30° F.

Special indications: Scrofula.

Mirandela.—Portugal, province Tras of Montes.

Cold ferruginous waters.

Misdroy.—Germany, Island of Wollin, in the Baltic.

Sea baths on the Baltic.

Firm fine sandy beach. The scenery is hilly and charming.

Establishments good.

Doctor: Dr. Oswald.

Mitterbad.—Austria, Tyrol, district of Botzen.

Ferruginous waters, containing sulphuric acid.

Season: June—August.

Special indications: Anaemia, fluor albus, difficult menstruation, chronic diarrhoea.

One of the most frequented bathing places in the Tyrol.

The scenery is very mountainous and picturesque.

Moching.—Germany, Bavaria, near Munich.

Bicarbonate of lime waters.

The establishment is ample, and provides comfortable accommodation.

Modum.—Norway, district of Tellemarken, near Christiania.

Effervescent ferruginous waters, and summer station.

The situation is very picturesque and mountainous. The environs contain large pine forests, and the air is highly charged with ozone.

Mödling.—Austria, 40 minutes from Vienna.

Slightly ferruginous waters; climatic air station.

Doctor: Dr. Polak.

Moffatt.—Scotland, Dumfries.

Sulphurous, saline and ferruginous waters; air bracing.

Hydropathic establishment.

Season: Summer.

Special indications: Skin, liver, renal diseases, and rheumatism.

Doctor: Dr. W. D'Oyly Grange.

Mogador.—Africa, Morocco.

Winter station. Warm climate.

Moggiona.—Italy, Tuscany, District of Poppi.

Sulphurous waters, 65° F.

Special indications: Gravel and skin diseases, abdominal disorders.

The establishment is inadequate.

Moha.—Hungary, Transylvania, comitat of Stuhlweissenburg.

Bicarbonate of lime ferruginous waters.

Act as a mild purgative.

Moingt.—France, Department of Loire.

Cold bicarbonate of soda, table waters.

Molar (El, or Fuente del Toro).—Spain, province of Madrid, on the road to Burgos, near Jarama, 2,600 above sea level.

Saline sulphurous waters, 45° F.

Special indications: Skin diseases, laryngitis, bronchitis, asthma, amenorrhœa and chlorosis.

The establishment is tolerably well fitted. Accommodation abundant, but not of the best. There is nothing attractive in this station.

Doctor: Dr. Lopez.

Molgas.—Spain, province of Orense, near Allariz.

Thermal indifferent waters, 65° to 115° F.

Special indications: Sub-acute cutaneous affections, neurosis, chronic and gouty rheumatism.

Molina de Aragon.—Spain, province of Guadalajara.

Sulphate of lime waters.

Molinar de Carranza.—Spain, province of Biscaya, near Tolosa.

Saline springs, 90° F.

Special indications: Scrofula, liver and splenic complaints.

A frequented establishment, not well fitted up, and the accommodation is not scrupulously clean.

Doctor: Dr. Zapater.

Molitg.—France, Department of Pyrénées Orientales, near Prades.

Sulphate of soda waters, 50° to 65° F.

Two small establishments.

Special indications: Rheumatism, bronchitis, and skin diseases.

Molla Il.—Italy, Piedmont.

Ferruginous bicarbonate waters, 45° F.

Special indications: Chlorosis.

Monaco and Monte Carlo.—Principality of Monaco, between Nice and Mentone. For routes see table.

Winter station. Sea baths.

Although Monte Carlo is one of the most sheltered stations on the Riviera, it is more frequented by pleasure seekers than by real invalids. Strangers coming to the Riviera only for amusement, or to pass the winter, prefer staying here.

Mean winter temperature, 50° F. The barometric pressure, mean humidity of the air, and average rainfall, are almost the same as at Nice. The temperature in the quarter called "La Condamine," is generally from 3° to 5° F. higher; it is also the most sheltered from winds, but it has the drawback of inferior drainage. The weather statistics are 57 fine, 26 clouded, and 17 rainy days per cent.; the above statistics are, however, open to question. Atmospheric disturbances are somewhat frequent, and in 26 per cent. of days there are strong winds; fogs are rare, but the dews are heavy and frequent. On the whole the climate is an exceptionally dry and exciting one. The mistral is as little felt here as at Villefranche, especially in the Condamine district.

The air being very dry, and high winds of frequent occurrence, the entire absence of dust is the more noteworthy and pleasant. The roads, gardens, etc., are excellently kept, and residence here is certainly as agreeable as in any town on the Riviera.

The Casino, with its almost unrivalled orchestra (concerts twice daily) is the chief attraction. The reading-room contains newspapers of every country, and in the handsome theatre, operatic and other representations are given during the season, with the help of the most renowned artists in Europe. The pigeon-shooting arrangements are very complete, and the meetings well attended.

The old town on the promontory, or Monaco proper, is interesting, and the Prince's palace is well worth visiting. The gardens are very fine. The sea bathing establishments are thoroughly good.

Bankers: Smith & Co., British Vice Consulate.

House and Estate Agent: A. Roustan, Grand Hotel.

Dentist: Mr. H. Ash, Condamine.

Provision and Wine Merchants: Under the Grand Hotel.

Doctors: Drs. Pickering (Monte Carlo), Fishbourne, Fitzgerald, Hutchinson, Coulon and Francken (Monte Carlo). Summer at Scheveningen.

The *Victoria Hotel*, at Monte Carlo, healthily situated, first-class family house. Very quiet and comfortable. Lift and electric light. Rey Frères, proprietors.

The *Hotel Prince de Galles*, newly opened, under the well-known management of Messrs. Rey Frères, proprietors of the Victoria. Thoroughly recommended. Excellent situation. Lift and electric light.

The *Metrôpole*: Grand: Paris.

Moncada-y-reitach.—Spain, province of Barcelona.

Ferruginous sulphatic waters, 45° F.

Special indications : Chlorosis and dyspepsia.

Monchique.—Portugal, province of Algarvie.

Thermal sulphurous waters.

Very much frequented station.

Monda.—Spain, province of Malaga.

Cold saline springs.

Waters act as a diuretic.

Mondariz.—Spain, province of Pontevedra, near Puentarénas, on the River Ter.

Effervescent ferruginous waters.

Special indications : Chlorosis, anæmia and kindred complaints.

The situation is most lovely, and very romantic. The establishment is of slight importance, and the accommodation not particularly good.

Doctor : Dr. Crucero.

Mondon.—Spain, province of Orense.

Cold ferruginous bicarbonate waters.

Mondorf.—Germany, Duchy of Luxemburg.

Bromo-saline waters, 60° F.

Special indications : Scrofula, chlorosis, and dyspepsia.

A very good hydropathic establishment.

Doctors : Drs. Marshal and Klein.

Hotel : Kurhaus.

Monegrillo.—Spain, province of Saragoza.

Saline waters.

Purgative action.

Monestier de Briançon.—France, Department of Hautes Alpes.

Sulphate of lime waters, 50° to 105° F.

Special indications : Rheumatism, old gun-shot wounds, and skin diseases.

Montbarri.—Switzerland, canton Fribourg.

Cold sulphate of lime waters.

Special indications : Skin diseases and rheumatism.

Montbrison.—France, Department of Loire.

Cold alkaline bicarbonate waters.

Special indications : Chronic disorders of the digestive organs, hæmorrhoids.

Monestier de Clermont.—France, Department of Isère.
Mixed bicarbonate table waters.

Monfalcone.—Austria, Illyria, on the Bay of Trieste.
Iodo-bromurated saline waters, 100° F.
Special indications: Rheumatism and paralysis.
Sea bathing establishment. The springs rise and fall with the tide.

Monsao.—Portugal, province of Minho.
Saline waters, from 80 to 100° F.

Monsummano.—Italy, Tuscany, near Montecatini valley of Nievole.
A grotto, where natural sulphurous vapour baths are taken.
They are especially efficient in rheumatism.
Three lakes in the grotto contain sulphurous waters from 80° to 100° F.
Special indications: Gout, herpes, rheumatism, anchylosis, sciatica, syphilis, catarrhal affections, and in all cases where strong action of the skin is indicated.

Montafia.—Italy, Piedmont.
Sulphate of lime waters, 30° F.
Employed by the peasants against skin diseases.

Montagnone.—Italy, Venetia, near Abano.
Saline earthy waters, 130° F.; mud baths.
Special indications: Diseases of the bones, old sores, scrofula, gout, rheumatism.
The bathing establishment is well arranged, and affords comfortable accommodation, though small.
The baths were used by the Romans, as is shewn by numerous ruins.

Montalceto.—Italy, Tuscany, Val d'Arbia.
Saline-magnesian ferruginous waters, 65° to 85° F.; mud baths.
A very good establishment, and well frequented station.

Mont' Amiata.—Italy, Tuscany.
Highly effervescent ferruginous waters, 35° to 65° F.
The arrangements are primitive, and consequently used only by the surrounding inhabitants.

Montanejos.—Spain, province of Castellon de la Plana, near Vivel.
Ferruginous and alkaline effervescent waters, 60° F.
Special indications: Plethora abdominalis, hyperæmia of liver and spleen, vesical catarrh.
Very little frequented, though the establishment is modern.
Doctor: Dr. del Rio.

Montbrun.—France, Department of Drôme.
Sulphate of lime waters, 30° F.
Mud baths.

Montchauson.—France, Department of Cantal.

Cold bicarbonate and ferruginous waters.

Mont Dore.—France, Puy de Dôme, 1½-hour by carriage from Laqueuille station, route from Clermont-Ferrand to Tulle; 3,150 feet above sea level; 8,000 inhabitants. For routes see table.

Bicarbonate, arsenical, and effervescent ferruginous waters, from 107° to 115° F. The establishment is thoroughly well fitted up with all modern requirements. Climatic station.

Season : 1st June to 1st October.

Special indications : Chronic bronchitis, pulmonary phthisis, asthma, chronic pleuritis, laryngitis, pharyngitis, coryza, chronic ophthalmia, rheumatic and nervous affections, disorders of the skin.

Bookseller : J. Armet.

Doctors : Drs. Emond (speaks English), Léon Chabory, Chabory-Bertrand, Mascarel and Cazalis.

Hotels : The *Hôtel de Paris*.

The *Châlet Montjoli*, beautifully situated, overlooking the town, specially comfortable for families.

The *Grand Hotel*, *V^{re} Chabaury Ainè*.

Monte Carlo.—See **MONACO**.

Monte-catini.—Italy, Tuscany. For routes see table.

Saline springs, 72° to 82° F.

Special indications : Rheumatic affections, leucorrhœa, blenorrhœa, menstrual disorders, skin diseases, sciatica.

The purgative waters of the La Toretta spring are exported, and used in the treatment of hypertrophy of the liver.

The establishments are very good. Vegetation and scenery charming, and in consequence Monte-catini is much frequented.

Doctor : Dr. Paolo Casciani.

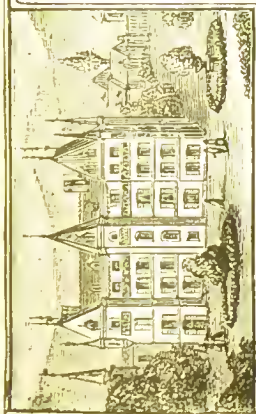
Hotels : The *Villa Torretta* is now converted into a handsome and comfortably managed hotel, surrounded by lovely gardens, and belongs to the same proprietor as the *Hôtel de la Paix*.

Hôtel de la Paix, well situated in the centre of the town, near the post. Possesses a large shady garden. Mrs. Tempestini, proprietress.

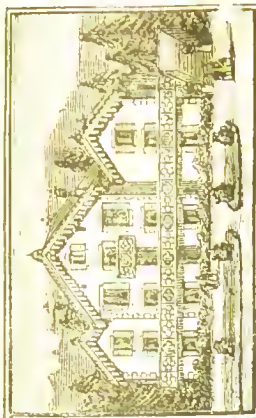
Montefiascone.—Italy, Roma.

Thermal sulphurous springs.

Special indications : Skin diseases.



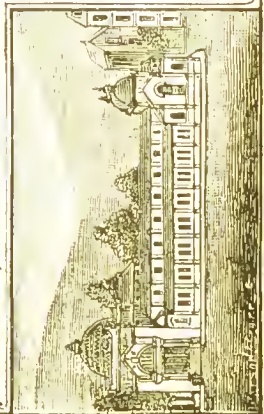
GRAND HOTEL, MONT DORE.



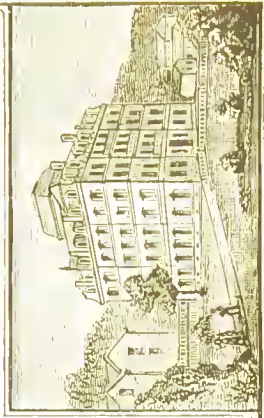
CHÂLET MONTJOLI, MONT DORE.



BATHS, LA BOURBOULE.



HOTEL BELLON ET ISLES BRITTÉ, LA BOURBOULE.



Montegrotto.—Italy, Venetia, near Padua.

Hot saline muds, 176° F.

Stimulating action.

The establishment is neglected, and the accommodation is very primitive.

Montegut Ségla.—France, Department of Haute Garonne.

Ferruginous bicarbonate water, 30° F.

Special indications: Dyspepsia and gastralgia.

Montemayor y Bejar.—Spain, province of Cáceres, near Salamanca; 2,300 feet above sea level.

Sulphurous waters, 90° F.

The establishment is very good and affords comfortable accommodation. The air is remarkably pure, and the scenery picturesque.

Notwithstanding the difficulty of reaching the town, it is very much frequented.

Doctor: Dr. Sastre y Dominguez.

Monte-Ortone.—Italy, Venetia, near Padua.

Saline waters, 100° F.

The bathing establishment, with hotel combined, is an ancient monastery, and consequently the rooms are small and low. The other arrangements for comfort are passable. Tolerably well frequented.

Monte-Rotondo.—Italy, Tuscan, on the Cornia.

Earthy ferruginous water, 75° F.

No establishment, and primitive arrangements. The site is picturesque.

Montione di Piombino.—Italy, near Arezzo.

Bicarbonate of lime waters, 85° F.

Special indications: Rheumatism and skin diseases.

Montlignon.—France, Department of Seine and Oise, near Montmorency.

Cold ferruginous bicarbonate waters.

Montlouis.—France, Department of Pyrénées Orientales.

Cold ferruginous waters.

Charming situation.

Montmirail-Vaquairas.—France, Department of Vaucluse, near Carpentras and Avignon.

Three springs with a purgative action; one sulphate of lime, and one ferruginous.

The bathing establishment is good and affords fair accommodation.

Doctor: Dr. Millet.

Montner.—France, Department of Pyrénées Orientales.
Ferruginous bicarbonate waters.

Montol.—France, Department of Puy de Dôme.
Cold bicarbonate of lime waters.

Montpellier.—France, Department of Hérault.
Winter station.
Doctors : Dr. Coste and Dunal.

Montpensier.—France, Department of Puy de Dôme, near Riome.
On the route to Gannat two excavations are found, from which carbonic acid gas escapes, as in the “Grotta del Cane” near Naples.

Montreux.—Switzerland, canton of Vaud, near Vevey and Lausanne.
Climatic and intermediate station, whey cure, grape cure, alkaline waters, 80° F.

Situated on Lake Lemman, it has a very charming position; the excursions in its neighbourhood are very interesting and numerous.

Post and Telegraph : At station.

English Church.

Bookseller : Benda, in Vernex.

Chemist : Schmidt.

Doctors : Dr. Carrard, Steiger, Bertholet, and Mounier.

Hotel : The *Hôtel Pension Breuer*, first-class house, very comfortable, lift; large winter garden; douches, hot and cold baths, lake bath near the Kursaal and English Church; omnibus at station. G. Breuer, proprietor.

Montserrat.—West Indies, one of the Leeward Islands.
Several thermal springs.

Monzaio les Mines.—Africa, Algiers, near Medah and Blidah
feet above sea-level.

Sulphate of sodium waters, 35° to 50° F. Table waters; digestive action.

Morba.—Italy, Tuscany.

Bicarbonic ferruginous and sulphate of lime waters, 45° to 105° F.

Special indications : Rheumatism and herpes.

Morgins.—Switzerland, near Monthey and Evian; 4,344 feet above sea-level.

Saline ferruginous waters; climatic mountain air station; whey cure.

Season : June—September.

Special indications : Anæmia, chlorosis, female complaints, asthma.

The establishment is good and accommodation abundant.

Morecambe and Paulton-le-Sands.—England, Lancashire.

Sea baths; sandy and extensive beach; two piers.

Climate mild but bracing.

Season: June—September.

Doctor: Dr. Jackson.

Mortagone.—Italy, Tuscany.

Saline springs, 65° F.

Mortefontaine.—France, Department of Oise, near Senlis.

Cold mineral waters analogous to those of Enghien. Not used.

Moselli.—Greece, near Astio.

Indifferent waters, 45° F.

Very charming site. Air pure and mild.

Msecheno.—Austria, Bohemia.

Cold sulphurous ferruginous waters.

Special indications: Atonic diseases.

Muggendorf.—Germany, Bavaria, near Baireuth; 1,900 feet above the sea level.

Climatic air station and centre for excursions.

The surrounding country is very romantic and the station is much frequented. The dust on the roads however, makes the place unsuitable for patients suffering from lung and throat affections.

Doctor: Dr. Wagner.

Mühlau.—Austria, Tyrol, near Innsbruck; 2,250 feet above the sea level.

Climatic air station; hydropathic establishment.

Doctor: Dr. Von Schleehter.

Mula.—Spain, near Murcia.

Ferruginous bicarbonate waters, 95° F.

Reconstituent action.

Special indications: Herpes and rheumatism.

There are two public baths, each admitting 40 persons, also separate baths with accommodation, but moderately comfortable.

Mumbles.—Wales, Glamorgan.

Sea baths.

Mumby.—England, Lincolnshire, near Willoughby.

Sea baths, sandy beach.

Münchshofen.—Germany, Bavaria.

Earthy ferruginous waters, 60° F.

Special indications: Liver and spleen obstructions, paralysis.

Münster am Stein.—Germany, Rhenish Prussia, near Kreuznach.

Waters similar to those of Kreuznach; very efficacious in children's diseases.

A very quiet spot, but full of picturesque and historic attractions.

Doctors: Drs. Welsh, Glaesgen, Strahl and Stabel.

Post and Telegraph Office.

English Church at Kreuznach.

Hotels: *Schmuck's Kurhaus Hotel* with Dependence, Villa Schmuck; very comfortable and well-appointed first-class house; can be well recommended; in direct communication with the Cur-park and close to the Salt-works. L. Schmuck, proprietor.

Munich. Germany, capital of the kingdom of Bavaria. From Paris by East of France, by Strasburg and Kehl, 36 hours. 151 fr. 1st class.

Munich is, in proportion to its size, one of the finest and most interesting towns in Europe, especially as regards its collection of works of art. The public buildings, gardens, squares, and monuments, are numerous and handsome.

OBJECTS OF INTEREST.—Royal Palace is divided into the Old Residence, Königsbau and Festsaalbau; it is filled with art treasures in every room; Park and Gardens, the Pinacothek, the Glyptothek, the Propylaen and Palace of Fine Arts, old Picture Gallery, Wimmer & Co.'s Fine Arts Collections Schwanthaler's Museum, National and Anatomical Museum, Art Exhibition, Royal Academy of Science, Royal Foundry, Art Union, Sehack Picture Gallery, Hof-bräuhaus, Public Library, Government Palace, Town Hall, Gate of Victory, Cathedral, Churches of Michael and St. Bonifacius and St. Lewis.

EXCURSIONS: English garden, Brumthal, Great Prison, Public Cemetery, Nymphenburg, Schleissheim, Lake of Stahrenberg, Possenhofen, Berchtesgaden und Königssee, Hohenschwangau, Chateau de Berg and Rottmannshöhe, Oberammergau.

CABS: One horse, $\frac{1}{4}$ hour 50 pfgr.; $\frac{1}{2}$ hour, 1 mark; two horses, one to four persons, $\frac{1}{4}$ hour, 1 mark; $\frac{1}{2}$ hour, 2 marks.

Post and Telegraph office: Max Josephsplatz.

Dentist: Dr. Beraz.

Doctors: Drs. Von Feder and Von Gietl.

Hotels: The *Hôtel de Barrière*. Situated on the Promenade Platz, the best part of Munich; entirely re-furnished and greatly improved. An excellent house in every respect. Oscar Seif, proprietor.

The *Hôtel d'Angleterre*. A quiet family hotel; moderate prices for pension during the winter months; centrally situated, near the Post and Opera-house. Hermann Straub, proprietor.

Münsterberg.—Germany, Silesia, circuit of Bresla

Cold bicarbonate of iron and hydrosulphuric waters.

A small establishment.

Murcia.—Spain, capital of the province of Murcia, on the Mediterranean.

Winter station of first importance.

Murcia may be called the driest and least rainy place on the whole east coast of Spain. Mean winter temperature, 55° F. Relative dampness of the air, 66·7 %, with only 18 rainy days during winter season. Spaniards call its sky "El reino serenissimo." Snow is altogether unknown, and fogs and mists are never seen. The town having 90,000 inhabitants, offers all possible resources.

Muritz.—Germany, Mecklenburg.

Sea baths, sandy beach.

Mürren. Switzerland, Bernese Oberland, *via* Interlaken and Lauterbrunnen, 5,181 feet above the sea level.

Climatic mountain air station, with whey and milk cure; baths and douches.

Season : June–September.

Special indications : Anæmia, chlorosis, failing digestion, phthisis, asthma.

Mürren, as regards the picturesqueness of its scenery, has often been compared to the Righi, the altitude of which is about the same height above the sea level. It is one of the finest centres for excursions in Switzerland, many of its surrounding valleys and mountains being little known to tourists. Its position is very charming, and its climate fresh and bracing. Well sheltered against northern and north-western winds.

Space prevents the enumeration of all the excursions; the local guides must chiefly be depended on.

Post and telegraph office.

English church.

An English doctor is attached to the Grand Hôtel, Mürren.

Hotel : The Grand Hôtel and Kurhaus.

Murzzuschlag.—Austria, $4\frac{1}{2}$ hours from Vienna. 2,400 feet above sea level.

Climatic air station, whey and milk cure and resinous baths.

Doctor : Dr. Krischke.

Muskau.—Germany, Silesia, circuit Liegnitz on the Neisse.

Sulphate of iron waters. Astringent action.

Special indications : Hæmorrhages, hyperæsthesia, female complaints.

Very well appointed. In the neighbourhood are the celebrated gardens and parks of Prince Pückler-Muskau, which are said by connoisseurs to be unique in exquisite arrangements and production of flowers and shrubs, etc. They are open to the public.

Doctor : Dr. Prochnow.

Hotels : Berlin, Green Tree.

Mustapha-Supérieur.—Algiers, near the capital.

Winter station, coming much into prominence lately. Especially suitable for pulmonary complaints.

Doctor : Dr. W. Thompson.

Hotels : Grand Hotel, St. George : Thoroughly comfortable, and to be recommended.

Nahaud.—United States of America, Massachusetts.

Sea baths, much frequented.

Nairn.—Scotland, near Inverness.

Very much frequented sea baths; “the Brighton of the North.”

Sandy beach; dry and bracing air.

Doctor: Dr. Cameron.

Nammen.—Germany, Westphalia.

Cold sulphate of lime springs.

Special indications: Herpes, rheumatism, gout.

Nanelares de Oea.—Spain, province of Alava, near Añana and Vitoria.
Acidulous waters, 50° F.

Special indications: Affections of the stomach, flatulency, neuralgia, and disorders of the urinary organs.

The establishment and accommodation are good, notwithstanding the place is little frequented.

Doctor: Dr. Almendariz.

Naples.—Italy, Bay of Naples. For routes see table.

Winter station, mineral and sea baths.

— The climate of Naples is dry and stimulating; the nearer one approaches Vesuvius the more tonic the air becomes.

As a hydromineral station, Naples has a great variety of springs, chief among which are those of Chiatamone, Bagnoli, Ischia, Castellamare, Torre Annunciata, Agnano, Pozzuoli, and Santa-Lucia. The variety of mineral waters and their therapeutic properties have rendered Naples and its environs the most frequented bathing station in Italy.

International Hospital: Villa Bentueck, Corso Vitt. Emanuele.

Bookseller: F. Furchheim, 59, Piazza dei Martiri

Guides and Couriers: Chas. Mancinelli and Emanuele Benati.

Doctors: Drs. Gairdner, Barringer, Samut, Cantani, Sehrön, Malbranc, Schneer, and Tomasi.

The Anglo-American Pharmacy: J. Durst, 31 & 32, Largo Garofalo (Chiaja).

Hotel: Hôtel Royal des Étrangers, large first-class family house, situated in the best quarter of the town, within five minutes walk of the public gardens and aquarium; good cooking and wines; lift. A. G. Caprani, proprietor.

Nantes.—France, former capital of Brittany.

Capital of Department of Loire Inférieure, and a very attractive old town. The ancient residence of the Ducs de Bretagne.

OBJECTS OF INTEREST.—The Castle, the Cathedral, Church of St. Croix with belfry, St. Nicholas, St. Clement, and Notre Dame, Town Hall, Prefecture, Exchange, Theatre, Library, Palais de Justice, Museum, Hospital, Lyceum.

Excursions: Guerande, Croisic, Sables d'Olonne and St. Nazaire.

Cabs: Two horses, 1½ fr. the drive; one horse, 1 fr.

Telegraph: Rue St. Jules.

Hotels: *De Bretagne, de Paris.*

Nassau.—Germany, Nassau, on the Lahn, 1½ hour from Ems.

Hydropathic establishment. Climatic station in summer.

Electric baths, gymnastics.

Doctor: Dr. Wolzendorf.

Naumburg.—Germany, Silesia.

Cold ferruginous waters not used.

Nauheim.—Grand Duchy of Hesse, Germany, near Frankfort-on-Maine.

Salt-baths rich in carbonic acid, 26° R. For treatment of scrofula, rachitis, acute rheumatism of joints and its results, as diseases of the heart. Also for nervousness, neuralgia, diseases of the spine, and of women.

Doctors: Drs. Bode, Theod, Schott, and Abée.

Hotels: *Villa Britannia*, exceedingly healthy position in the midst of a great garden, near the Kurhaus. Proprietor, Noggerath.

Hôtel de l'Europe *Dependance*, first-class hotel, with large garden, and 95 well-furnished rooms, bath-room, drawing and reading rooms. Park, near the springs. *Pension* at reasonable prices. Lift. C. Meisinger, proprietor.

Kaiserhof, first-class hotel, newly built; moderate prices. Ludwig Theobald, proprietor.

Navajas.—Spain, province of Castellon de la Plana, near Valencia.

Ferruginous bicarbonate waters, 45° F.

Special indications: Abdominal viscerae, amenorrhœa, hæmorrhoids, uterine affections, chronic gastritis, muscular and articular rheumatism, arthritis.

There is no establishment and the water is only used internally.

Navalpino.—Spain, province of Ciudad Real, near Piedrabuena.

Bicarbonate of iron waters, 70° F. Little used.

Special indications: Neuroses, hysteria, stomachic and intestinal derangements, menstrual difficulties.

The establishment is much neglected.

Doctors: Dr. Nieto.

Nave dell' Inferno.—Italy, Tuscany, on the Arno.

Earthy alkaline waters, 59° F.

Special indications: Gravel, calculus, vesical catarrhs, intestinal derangements, menorrhagia, hysteria.

The establishment is inadequate and the accommodation poor.

Naxos.—Greece, island, one of the largest of the Cyclades.

Saline waters.

Nebonzat. France, Department of Puy de Dôme, near Clermont-Ferrand.
Cold acidulous waters.

Neflach. France, Department of Pyrénées-Orientales, near Perpignan.
Saline waters, 50° F.
Only visited by persons in the neighbourhood.

Nelefiná. Hungary, comitat of Beregh-Ugoz.
Mixed bicarbonate waters.
Pretty good arrangements.

Nenndorf. Germany, Hessen. For routes see table.
Cold saline sulphurous lime waters.
The bathing establishment is well appointed; inhalations, douches, &c. Mineral and mud baths. Whey cure.
Special indications: Catarrh of the respiratory organs, herpes, chronic sores, disorders of the urinary organs.
The sojourn is agreeable, and amusements are freely provided.
Doctors: Drs. Ewe, Nensell, and Varenhorst.
Hotels: Kassel, Hanover.

Neris.—France, Department of Allier, near Montluçon.
Thermal mixed alkaline waters, 110° to 125° F.
Special indications: Nervous affections, rheumatic neuralgia, uterine affections.

Nerone (Stufa di).—Italy, near Pozzuoli.
Natural mineral steam baths. The heat of the gases emitted stated to be 170° F.
Special indications: Chronic skin diseases, gout, rheumatism, ankylosis.
Very largely used by the Romans, especially under Nero, by whom they were fitted up with the greatest luxury. They are still visited and used, notwithstanding the entire absence of any suitable accommodation.

Nervi.—Italy, one of the suburbs of Genoa, on the Riviera di Levante.
Winter station.
The mean winter temperature is not so high as that of Mentone or San Remo, but the climate is less windy, exciting, and tonic, and more humid. The vegetation is luxuriant, and beautiful gardens abound. There is little room for excursions, and Nervi is therefore most suitable for patients who desire repose.
Doctors: Drs. Schetelig, Antonini, Belmondi, Friedmann and Massano.

Neskutsehnoie.—Russia, near Moskau.
Earthy ferruginous waters, 45° F.
The establishments are good.

Neudorf.—Austria, Bohemia, also called Constantinsbad.

Sulphurous and ferruginous waters, 25° F. Mud baths.

Very pure air.

Special indications: Anæmia, disorders of menstruation, rhachitis, gout, and rheumatism.

The establishments are very good and the accommodation is abundant and moderate in price. The situation is picturesque, and the country well wooded.

Doctor: Dr. Dlahy.

Hotel: Kurhaus.

Neuenahr.—Germany, Rhenish Prussia, on the left bank of the Rhine and on both banks of the river Ahr; 760 feet above sea level. For route see table.

Thermal mixed bicarbonate, mildly alkaline waters, 72.5° and 104° F.

Special indications: Catarrh of the stomach and bowels, affections of the kidneys and liver, Bright's disease, stone, diabetes mellitus, nephritic calculus, scrofula.

Post and telegraph office in the Kurhotel.
English church service.

Doctors: Drs. R. Schmitz, A. Teschemacher and Unschuld, all speaking English.

Hotels: The Grand Hôtel Victoria.

The Hôtel de Hollande.

Neuenheim.—Germany, Nassau.

Cold bicarbonate ferruginous waters.

Neuhaus.—Austria, Styria.

Bicarbonate of lime waters, 85° F.

Special indications: Nervous diseases.

Good establishment.

Doctor: Dr. Paltan.

Neuhaus.—Germany, Bavaria.

Cold saline springs.

Special indications: Scrofula and abdominal obstructions.

Doctors: Drs. Billmann and Faulhaber.

Neu Lublau.—Austria, Hungary, comitat of Zips, near Leutschau.

Effervescent ferruginous waters.

Special indications: Migraine, hypochondriasis, hysteria, affections of the nerve centres, menorrhagia, blenorrhœa.

The establishments and accommodation are satisfactory.

Neumarkt.—Germany, Bavaria, near Nuremberg; 1,445 feet above sea level.

Ferruginous sulphurous waters.

Special indications: Rheumatic and skin affections, muscular contractions, hæmorrhoids, gravel and vesical calculus, old sores and mercurial dyscrasia.

Neu Ragoczi.—Germany, Prussia, province of Saxony, near Halle.

Alkaline ferruginous waters. Inhalation.

Special indications: Plethora, disorders of liver and spleen, vesical disorders, female complaints, hysteria, chlorosis, asthma.

The establishments are very complete and fitted with all modern requirements. The country is picturesque, and the neighbourhood of Halle affords ample amusements. Accommodation good and moderate in price.

Doctor: Dr. Steinbrück.

Neuschmécks or Uj Tatrafüred.—Austria-Hungary, Galicia. Comit of Zips, near Poprád; 3,100 feet above sea level.

Pure alkaline waters, climatic station.

Special indications: Affections of the digestive organs, obstructions of liver and spleen.

The establishment is very good, and the accommodation comfortable. Scenery picturesque and vegetation luxuriant.

Doctor: Dr. H. von Szontagh.

Neuschwalheim.—Germany, Hessen, 1½ hour from Salzhausen.

Earthy muriatic ferruginous waters. Very little frequented.

The establishment is inferior.

Neusiedel.—Austria-Hungary, Lake of, near the town of Neusiedel.

The waters of this lake have a mineral basis of bicarbonate of soda, 45° to 50° F.

Military hospital.

Special indications: Scrofulous affections.

Neusohl.—Hungary.

Cold sulphurous waters.

Neustadt an der Saale.—Germany, Würtemberg, near Waiblingen.

Cold saline waters.

A small and inadequate bathing establishment.

Neustadt-Eberswalde.—Germany, Prussia, province of Brandenburg.

Ferruginous bicarbonate waters.

Neustadt-on-the-Haardt.—Germany, Bavaria, Palatinate, near Mannheim.

Grape and whey cure station.

Renowned throughout Germany, and much frequented in the months of September and October.

Doctors: Drs. Hanck, Huber and Kölsch.

Neuville lez la Charité.—France, Department of Haute Saône.

Cold sulphate of lime waters.

Nevis.—One of the English West Indian Islands. Leeward group.

Four thermal springs.

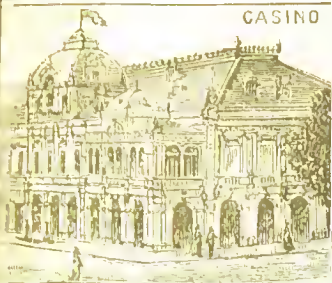
New Brighton.—England, Cheshire, at the mouth of the Mersey.

Sea baths; fine sandy beach.

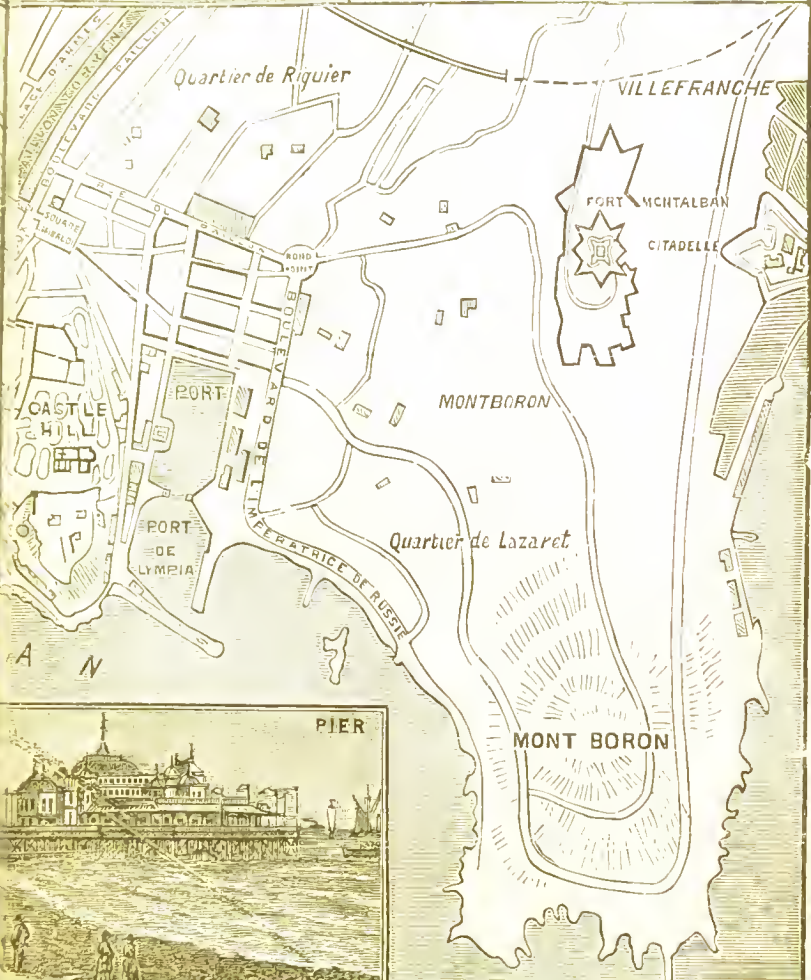
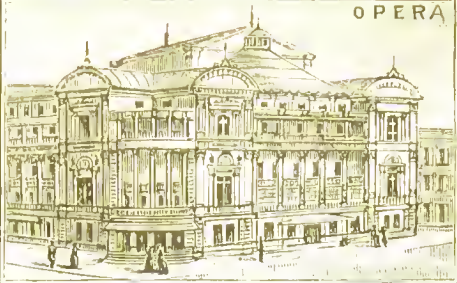
Season: June—September.

Doctor: Dr. Bell.

CASINO



OPERA



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Newcastle.—Ireland, county Down, near Dublin.

Much-frequented sea baths, and sulphurous ferruginous waters; sandy beach; climate mild. The scenery is picturesque.

Doctor: Dr. Clarendon.

New Quay.—England, Cornwall.

Sea baths; fine sandy beach. Climate bracing.

Season: June—September.

One of the most fashionable of Cornish watering-places.

Doctor: Dr. Jewell.

New Quay.—Wales, Cardiganshire.

Sea baths, sandy beach, with occasional pebbles.

Doctor: Dr. Evans.

Newtondale.—England, Lincolnshire.

Saline springs.

Neyrac.—France, Department of Ardèche, branch from Livron to Privas.
3 hours by carriage from Privas to Neyrac.

Bicarbonate of lime ferruginous waters, 95° F.

Very complete establishment.

Special indications: Skin diseases.

Doctor: Dr. Deputowsky.

Nice.—France, Department of Alpes Maritimes. 77,000 inhabitants. For routes see table.

Winter station of first importance; sea baths.

Season: Winter season, November to June. Summer or sea-bathing season, May to October. Principal season, January to March.

Number of visitors about 60,000 annually.

Special indications: Chronic diseases of the chest, lungs, and respiratory organs; affections of the larynx, liver complaints, disorders of the spinal chord, diabetes, gout, rheumatism, paralysis, general weakness, are the principal diseases for which a stay in Nice is recommended. But the climate is very exciting, and patients suffering from any form of nervousness derive no benefit from it.

The dryness of its atmosphere is the chief characteristic of Nice. Rain falls generally only in spring and autumn, and but rarely in winter. The total amount is 702 mm.; 70 days of rain are reported in the season, 80 days of sunshine, and 60 with cloudy sky. Fogs are rare, and snow falls occasionally. Mean atmospheric pressure is 761 mm.

The mean temperature for the winter months is 55° F. in November, 50° F. in December, 44° F. in January, 50·5° F. in February, 52·2° F. in March, and 59° F. in April.

The mean temperature in winter is 50° F.

No winter station offers so many resources as Nice. All who suffer from that vague disease called "cunni," or "spleen," will find in this sunny spot on the Riviera the remedy they seek in its pleasantest form. Fête succeeds fête, and the Municipal Committee, as also the Mayor, use every endeavour to amuse visitors.

The carnival lasts ten days, and is said to be superior to that of Rome. The days of the "batailles des fleurs" are a special feature, which no other town can offer. The road all along the Bay des Anges, from the Port down to the Pont Magnan, is thronged with rows of carriages, all decked with flowers.

Clubs: Cercle de la Méditerranée, on the Promenade des Anglais; Cercle Masséna, first floor of the Casino, on Place Masséna; Cercle Philharmonique, Cercle de l'Athénée.

The opera house in the Rue François de Paule gives Italian operas, with the most celebrated artists of the day; also, in April, a series of Comédiettas in Italian. The Casino is a very extensive building, containing theatre, concert, ball, reading, smoking, writing, card, billiard, and restaurant rooms. The principal feature of this establishment is the large covered winter garden. On costume ball evenings the decorations and illumination of the hall, with the bustle of thousands of guests, is a sight to be seen only here. There is, moreover, the Comédie theatre, a skating and bull rink, a circus, and other buildings of general amusement. There is a Comédie-Française theatre, circus, panorama, skating gallery, and a lawn-tennis ground has recently been made.

Excursions: The excursions are numerous and very varied. Those nearest are to the Castle Hill, the Villa Arson Hotel, and Bischoffsheim's Observatory, from all three of which an unsurpassed view of the town and bay is obtained. More distant excursions are to Villefranche (station of the English, French and American men-of-war in the Mediterranean), maritime port and fortresses; Beaulieu, along the Cornice road to Monte Carlo; Mentone by carriage (2 horses, 40 fr. in the season; towards the close, 25 and 30 fr.) to Cannes, Antibes, and the Îles Margarite by boat, rail and carriage, and into the Mountains.

The races take place in the middle of January, the carnival at Mardi Gras, which usually occurs in February, and the regattas in the middle of March. There is an international rifle-shooting match after the regattas, on the Castle Hill during April.

The Nice climate, so very beneficial in many cases of disease, when proper precautions are taken, may be very hurtful if they are neglected. Delicate persons should not go out before ten in the morning nor after half-past three in the afternoon, and should always be provided with overcoats, mantles, and wrappers.

A coach runs between Nice and Monte Carlo; fare outside, 3 fr.; inside, 2 fr.; three times a day; change of horses at Beaulieu; return fares, 5 fr.

Cabs, one horse the course, 1 fr.; by hour, 2 fr. 50 c.; two horses as by agreement. Visitors should arrange beforehand in order to avoid any difficulties at the end of the drive, as the coachmen are often inclined to impose upon strangers.

Turkish Bath and Hamman: Rue de la Buffa, Dr. Bonnal, Algerian shampooers.

Post Office: } Place de la Liberté.

Telegraph: }

Bankers: Vve. Lacroix, & Cie., 2, Place du Jardin Public.

Booksellers: Galignani, Quai Masséna, No. 3.

House and Estate Agent: The Anglo-American Express Agency, 10, Quai Masséna.

Wine and Provision Merchant: F. Braud, 13, Rue de France.

American Dentist: A. Preterre, Place Masséna.

English Chemists: Corporandi, Avenue de la Gare, 8.

Doctors : Drs. Sturge, Fighiera, Fremy, Schmeltz, A. Noakes, and Thomas Linn.

Hotel : Cosmopolitan. Richly furnished and facing the south. Lift. Winter garden. Weekly fetes with Cotillon. R. Billeter, Manager.

Hotel du Midi. Second-class hotel, opposite the Railway Station, good garden facing the south. Pension from 8 francs per day. Madame Hermé, Brecht.

Niederbronn.—Germany, Lower Alsace, near Weissenburg; at the foot of the Vosges mountains, separating Alsace from Lorraine; 650 feet above sea level. For routes see table.

Strong saline waters, 45° F.

Purgative and resolvent action.

Special indications : Very effective in the treatment of chronic diarrhoea, hepatic constipation, bilious affections, scrofula, obesity.

Doctors : Drs. Klein and Boell.

Hotels : Vaurhall, Golden Lion.

Niederhall.—Germany, Baden.

Saline waters.

Inferior establishment.

Nieder-Langenau.—Germany, Silesia, near Glatz; 1,100 feet above sea level.

Chalybeate waters; mineral muds; milk cure.

Special indications : Rheumatism, articular pains.

The bathing establishment is fairly well appointed.

Doctor : Dr. Seidelmann.

Hotel : Kurhaus.

Niedernau.—Germany, Württemberg, near Tübingen, on the banks of the Neckar; 1,050 feet above sea-level.

Ferruginous and pure bitter waters, very gaseous.

Special indications : Neuropatic affections, gout, gravel, dyspepsia.

The establishment is very efficient, and the accommodation dear but good.

Doctors : Drs. Bauer and Bisinger.

Niederndorf.—Austria, Tyrol, near Franzensfeste, 3,500 feet above sea level.

Climatic air station; saline sulphurous waters, whey cure.

The surroundings are very picturesque.

Niederselters.—Germany, Nassau, on the Ems, 3 hours from Limburg. Alkaline-inuriatic waters.

Only used as table water, and as such largely exported.

Niederweil.—Switzerland; Appenzell; 1,450 feet above sea level.
Inert waters.

Used in a primitive fashion.

Nieratz.—Germany, Württemberg.
Cold mixed carbonate waters.
Sedative in action.

Special indications: Neuroses.

Nierstein.—Germany, Hesse-Darmstadt, near Oppenheim.
Sulphurous waters.

The arrangements are imperfect.

Nissyros.—Greece, island in the Archipelago; 1,800 feet above sea level.
Sulphurous thermal waters, only used by the natives.

Nitrolis.—Italy, island of Ischia, near Moropano.
Thermal ferruginous waters, 85° F.
The baths merely consist of a swimming basin.

Nocera.—Italy, near Perugia.

Climatic station, 2,000 feet above sea level; very suitable for patients suffering from chest and lung affections, or from nervous disorders.

Special indications: Rheumatism, gout, nerves, catarrh of the digestive and bronchial organs, hypochondriasis, urinary calculus, vesical catarrh, scrofula, lymphatism, fluororrhæa, hysteria, general debility in children.

The station is highly picturesque, affording great scope for excursions, thus the sojourn here being agreeable; the place is gaining in favour every day. Hydropathic establishment with all electric appliances.

Doctor: Antonio Maggiorani.

Post and Telegraph: In the Kurhaus.

Noceto.—Italy, Tuscany.

Alkaline-magnesian waters, 65° F.

Special indications: Affections of the intestines, liver and spleen, and of the urinary organs in general.

Primitive arrangements.

Nohanend.—France, Department of Puy de Dôme, near Clermont, Ferrand.

Cold saline waters.

Inadequate establishment.

Nördlingen.—Germany, Bavaria, near Wallenstein.

Effervescent ferruginous waters.

A small bathing establishment.

Norderney.—Germany, Island of, on the coast of Hanover.

Much frequented sea bath, strong surf.

Season: July—September.

The arrangements are very good. There is a curhaus, with large park, and the road to the baths forms a large avenue of shady trees.

Doctors: Drs. Fromm, Kruse and Gazert.

Hotels: Belle rue, Kroll's.

Nook.—Austria, Tyrol, district of Botzen ; 5,000 feet above sea-level.

Inert waters.

The arrangements are imperfect.

Formerly enjoyed a good reputation, but is now almost deserted.

Northeim.—Germany, Hanover, between Göttingen and Hanover.

Cold sulphate of lime waters.

Mud baths ; establishment good.

Special indications : Rheumatism and herpes

Nottingham.—England, near Weymouth.

Slightly sulphurous waters ; little used.

Nouvelle (La).—France, Department of Aude.

Sea baths.

Novelda.—Spain, province of Alicante.

Sulphate of lime waters, 50° F.

Special indications : Herpes.

Nowosselja.—Russia, Government of Twer, on the Volga.

Effervescent ferruginous waters.

Primitive arrangements, and little or no accommodation.

Nuestra Señora de Abellá.—Spain, province of Castellon de la Plana, near San Mateo.

Alkaline waters, 50° F.

Special indications : Affections of the digestive and urinary organs, gravel, calculus, hyperæmia of liver and spleen and nervous complaints.

The waters are excellent, but the establishment is very inadequate, and consequently frequented only by the neighbouring inhabitants.

Doctor : Dr. Castell.

Nuestra Señora de las Mercedes.—Spain, province of Gerona, near Figueras.

Sulphurous and alkaline waters, 70° to 80° F.

Special indications : Stomachic and urinary disorders, uric diathesis, calculus, gravel, hyperæmia of liver, leucorrhœa and amenorrhœa.

The establishment is very efficient, and is situated in a large and well-wooded park. The accommodation is good and moderate in price.

Doctor : Dr. Duran.

Nydelbad.—Switzerland, near Zürich ; 2,000 feet above sea level.

Hydro-sulphuric waters. Only frequented by people from the neighbourhood.

Oban.—Scotland, Argyleshire, 2,500 inhabitants.

Climatic resort in summer. Sea baths, good bathing. The air is mild and bracing.

Season : August—September.

The scenery around is very charming, and an ample field exists for excursions. Good boating and fishing.

Doctor : Dr. MacKellvie.

Hotel : The Great Western.

Ober-Brambach.—Germany, Kingdom of Saxony, near Frauenbad.

Effervescent ferruginous waters.

Special indications : Debility of the digestive organs, affections of the uterus, vesical catarrh, gravel, and nervous disorders.

Very good establishment with satisfactory accommodation. The scenery is very fine.

Oberhergern.—Germany, Hesse-Darmstadt, near Münzenber.

Ferruginous saline waters, effervescent.

Very little used. Poor arrangements.

Oberlahnstein.—Germany, Nassau, near Coblenz, on the mouth of the Lahn.

Cold bicarbonate of sodium waters, 2 grs. of mineralisation.

A very charming position, with fine view of the Rhine and its hills.

Obermais.—Austria, Tyrol, one of the suburbs of Meran.

Climatic station. See "Meran."

Obermendig.—Germany, Rhenish Prussia, a village near Andernach.

Highly effervescent ferruginous waters.

Only used for drinking. There is no establishment. Accommodation good.

Ober-Rauschenbach.—Austria, Hungary, comitat of Zips, near Püdlein.

Alkali-saline slightly ferruginous waters, similar to Karlsbad, 70° F. Climatic summer station.

Special indications : Rheumatic and gonty complaints, chronic skin diseases and sores, lymphatism, scorfula, goitre, neuroses.

The spring is situated behind the Kurhaus and forms a lake. However cold the atmosphere may be, its waters never freeze. Objects immersed in the waters become in a short time incrustated over. The Kurhaus affords abundant accommodation. Moderate rates.

The establishment is built in the style of an old feudal castle. It contains every modern appliance, and from its terrace a superb view is obtained. Concerts are given.

The air is pure and mild. In the vicinity are some grottos, whence certain gases emanate, poisonous both to men and animals.

The place is much frequented both for the beauty of its site and the efficacy of its waters.

Obernhaus.—Austria, Tyrol, district of Meran, in the beautiful valley of the Adige.

Climatic summer station and ferruginous earthy waters.

No establishment and very quiet.

Scenery very picturesque.

Ober-Selters.—Germany, Nassau, on the Ems.

Muriatic alkaline table water.

The production reaches 20,000 quarts daily.

Oberstdorf.—Germany, Upper Bavaria, near Southofeu; 2,500 feet above the sea level.

Climatic air station and whey cure. Centre for excursions.

Doctor: Dr. Reh.

Obertiefenbach.—Germany, Bavaria.

Alkaline-sulphurous waters; climatic station; whey cure.

No establishment.

Oberwinter.—Germany, Rhenish Prussia, near the Seven Mountains, and opposite Bonn.

Climatic station in summer. Very mild air. Comfortable accommodation.

Obladis.—Austria, Tyrol, in the Upper Inn Valley; 3,780 feet above sea level.

Climatic station in summer; also an earthy saline spring; may be taken pure or mixed with whey.

This station is frequented chiefly by persons passing the winter in Meran, and coming here for the summer months. The air is pure and delightfully cool, and the situation charming.

There is no regular establishment, but very comfortable accommodation can be had.

Doctor: Dr. Wurgan.

Ochsenhausen.—Germany, Würtemberg, 1½ hour from Biberach, 1,790 feet above sea level.

Highly effervescent ferruginous waters. No establishments, but good accommodation.

Odessa.—Russia, on the Black Sea.

Sea baths; mud baths.

Doctor: Dr. Prussian.

The establishments are very good.

Oelses.—Austria-Hungary, comitat of Kolos in Transylvania.

Bitter waters, 55° F.

The water is very good, and might easily, with energy command a large sale, but the springs are almost abandoned.

Oesel.—Russia, Livonia, Island in the Baltic Sea.

Sea and mineral mud baths.

Oeynhauscn.—Germany, Westphalia. For routes see table.

Thermal saline springs, 90° F., charged with carbonic acid.

Special indications : Scrofula, hysteria, gout.

Doctors : Drs. Säuerwald, Lehmann, Müller and Rinteln.

Hotels : Parillon, Victoria, Rose.

Ofen or Buda.—Hungary, on the right bank of the Danube. For routes see table.

Ofen possesses numerous thermal bathing establishments : The Kaiserbad, the Lukashad, Königsbad, Raitzenbad, Bruckbad, &c. The water supplying these baths is charged with carbonate of lime, sulphate of soda and magnesia. Its action is diaphoretic, diuretic, and purgative.

Doctors : Dr. von Heinrich, Papai and Verzar.

Offenau.—Germany, Württemberg, 3 hours from Heilbronn

Cold saline and sulphurous waters.

Special indications : Scrofula.

There is a bathing establishment, which affords at the same time comfortable accommodation.

Offenstein.—Germany, Hesse-Darmstadt, district of Pfeddersheim.

Sulphurous waters, 50° F., contains much carbonic acid.

The place is little visited, a fact due, perhaps, to the indolence of the inhabitants.

Ohrdruff.—Germany, Saxe-Coburg ; 1,400 feet above the sea level.

Hydropathic establishment, climatic air station.

Oioun-Sekhakna or Frais Vallon.—Algiers, in the immediate neighbourhood of the capital.

Table water, bicarbonate of soda.

Okarben.—Germany, Hessen, district of Grosskarben, on the Nidda

Muriatic saline waters, little used.

Okmé.—Africa, Nubia.

Thermal sulphur springs.

Olahfalú.—Austria, Hungary, Transylvania.

Evervescent ferruginous waters.

Little used, even by the surrounding peasantry.

Oldesloe.—Germany, Schleswig-Holstein ; one hour from Hamburg ; 5,000 inhabitants.

Saline and sulphurous waters.

The establishments are good, and the accommodation most comfortable.

The royal family of Denmark having ceased to frequent the place, its former popularity has received a severe blow. Of late years visitors are again on the increase. A peculiar feature about Oldesloe is the large swimming baths in a salt lake covering an extent of 1½ acres.

Olah-Szt-György.—Austria-Hungary, Transylvania, comitat of Bistritz-Naszod, 1 hour from Rodna.

Alkali saline waters.

A small drinkhall. The waters are exported.

Olenyova.—Austria-Hungary, comitat of Bereg.

Alkali saline waters, containing iron. Table water.

Olette.—France, Oriental Pyrénées. For routes see table.

Several alkaline sulphurous springs, from 65° to 175° F.; mild climate.

Special indications: Rheumatic neuralgia, and neuropathy in general.

The arrangements are not good, and the number of visitors is limited. The accommodation is comfortable.

Olivera.—Spain, province of Cadiz.

Cold sulphurous waters.

Olliergues.—France, Department of Puy de Dôme, near Ambert on the Dore.

Acidulated ferruginous and gaseous waters.

Ollmütz.—Austria, Moravia.

Cold sulphurous waters.

Ollon.—Switzerland, canton Valais, between Aigle and Bex; 1,900 feet above sea level.

Climatic station.

Very mild air and sheltered position.

A quiet spot, picturesquely situated.

Olmenhausen.—Germany, Baden, between Reutlingen and Tübingen.

Cold sulphurous waters.

No establishment, and little visited.

Oloneschti.—Roumania.

Sulphurous waters.

No establishments, and all the arrangements are primitive.

The place is much frequented; the excellence of the waters would, however, justify a larger concourse of visitors, were it not for the absence of all comfort.

Ondarroa.—Spain, province of Vizcaya, 42 miles from Zumarraga.

Sea baths, small beach.

Mostly resorted to for its extreme cheapness.

Ontaneda y Alceda.—Spain, province of Santander, valley of Toranco.

Thermal sulphate of lime springs, 80° F.; very rich in nitrogen.

A well-appointed establishment, receiving a large number of herpetic patients. The site is picturesque.

The village is small, and contains some 60 houses. The accommodation is good.

Doctor: Dr. Salazar.

- Oni.**—Russia, Caucasus, near Kutais.
Alkaline, slightly saline waters.
Special indications: Liver and splenic disorders, urinary affections.
No establishment; the waters are used for drinking only.
- Oporto.**—Portugal, second town in the kingdom; 90,000 inhabitants.
Sea baths, sandy beach; also a winter station. There are good bathing appliances.
The country around is beautiful.
- Oppenau.**—Germany, Baden, at the foot of the Kniebis.
Ferruginous waters.
- Orb.**—Germany, Bavaria, district of Aschaffenburg; 450 feet above sea level.
Saline waters, 35° F.
Good arrangements, with comfortable accommodation.
Special indications: Scrofula, skin diseases and chronic nervous affections.
Doctor: Dr. Hufnagel.
- Orebro.**—Sweden.
Indifferent waters; mud baths.
The site is charming, and although there is no proper establishment, Orebro is much frequented.
- Orel.**—Russia, Government of Pottawa.
Bitter and alkali-saline waters.
Exported, but not beyond Russia. One of the strongest alkali-saline waters known.
- Orenburg.**—Russia, north of the Caspian and Aral Sea.
Kumis or fermented mare's milk cure.
- Orense.**—Spain, on the left bank of the Miño.
Three bicarbonate of soda springs, 155° to 160° F., but not used.
- Orezza.**—France, in the interior of Corsica, Department of Piedieroce.
Gaseous ferruginous bicarbonate table waters.
Mild climate.
Season: July—August.
Special indications: Anæmia, chlorosis.
Doctor: Dr. Donné.
- Origny.**—France, Department of Loire, near Roanne.
Cold bicarbonate of iron waters.
- Oriol.**—France, Isère, Clelle Station, on the line from Grenoble to Gap.
Highly effervescing ferruginous bicarbonate waters. The high degree of effervescence of these waters explains their being so well tolerated by dyspeptic and anæmic persons. They are likewise efficacious in cases of gravel.
Oriol has no bathing establishment, the waters being used exclusively as table waters, and for exportation.

Ormaiztegui.—Spain, province of Guipúzcoa, near Zumárraga.

Sulphurous alkaline waters, 50° F.

Special indications : Skin diseases, herpes, scrofula, granular affections of pharynx and larynx.

The establishment is good, with moderate accommodation.

Doctor : Dr. Asenjo y Cáceres.

Oroslau.—Austria, Croatia.

Indifferent waters, 130° F.

Special indications : Nervous disorders, hysteria.

The site is charming, but the establishment leaves room for improvement.

Orotava. See article on Teneriffe.

Ostende.—Belgium, West Flanders, on the North Sea.

Sea baths of first importance. Season from 1st June to 1st October. Sandy beach and bracing climate.

The bathing machines are good and the sands excellent.

English church, Rue Longue. Post and telegraph office.

Doctors : Drs. van Oyl, Verseheure, Ch. Gérard, de Hondt, Janssens and Junnè.

Hotels : Hôtel de la Plage.

Osterfingen.—Switzerland ; 1,323 feet above sea level.

Saline ferruginous waters.

The arrangements are of a primitive kind.

Osterspay.—Germany, Nassau.

Chalybeate waters, not used beyond their own immediate neighbourhood.

Osthofen.—Germany, Hesse-Darmstadt, near Worms.

Sulphurous waters, 40° F., not in use.

The surrounding country abounds in sulphurous springs.

Osztrovsk.—Austria-Hungary, near Klopas.

Alkaline earthy waters.

Little used, and no establishment.

Otschin.—Roumania, near Brăsa.

Ferruginous sulphurous waters.

No establishment, and little visited.

Ottenstein.—Germany, Saxony, near Schwarzenberg ; 10 m., carriage to Ottenstein ; 1,550 feet above sea level.

Climatic station in summer ; air very pure and mild. Koumiss cure. Hydropathic establishment. Electric and pine-cone sap baths ; inhalation.

The environs are covered with pine forests. The walks and promenades are beautiful and well kept. A large park surrounds the Kurhaus. The accommodation is abundant and comfortable.

Doctor : Dr. Garnerus.

Outrancourd.—France, Department of Vosges, near Contrexéville.

Cold sulphate of lime and magnesian springs, 2 grammes of mineralisation; slightly purgative.

Oyarzun.—Spain, province of Guipuzcoa, near San Sebastian.

Ferruginous waters.

There is a very small bathing establishment.

Oybin.—Germany, Saxony, near Zittau.

Climatic air station, holiday resort and hydropathic establishment; whey cure.

The bathing establishment is very good and complete in its arrangements. The surrounding country is covered with pine forests, mountainous, and very picturesque.

Doctor : Dr. Moschikaw.

Hotels : *Hôtel Engelmann*.

Paderborn.—See Inselbad.

Paignton.—England, Devonshire, Torbay.

Sea baths; firm sandy beach; bracing climate.

Season : May—October.

A great variety of amusements is offered during the season.

Doctor : Dr. Goodridge.

Hotel : *The Crown*.

Paimpal.—France, Department of Côtes du Nord.

Sea baths.

Paipa.—South America, New Granada, State of Tunja, and near the latter town.

Thermal sulphate of sodium waters, 135° to 180° F.

An exceptionally high mineralisation of 470 grammes, of which 329 are sulphate of sodium.

Palazonia.—Italy, Sicily, Val di Nolo, near Cattagnone.

Highly effervescent ferruginous waters. No establishment, and used only by the inhabitants.

Palazzolo.—Italy, Sicily, 6 miles from Syracuse, Val di Nolo.

Cold saline waters.

The splendid ruins standing close to this spring indicate that it was much in favour in ancient times. To-day it is almost completely abandoned.

Pality.—Austria-Hungary, comitat of Bács, near Szegedin.

Baths in the Lake of Pality, very celebrated for its waters, which are especially efficacious in scrofulous cases.

The establishments are very efficient and the accommodation good, and moderate in price. The scenery is charming, and a great many visitors resort to the place.

Doctor : Dr. Szilasi.

Palermo.—Italy, Sicily, capital of the island.

Winter station, though very damp. Sea baths.

Season : November—April.

Bathing season : May—October.

Mean winter temperature, 55° F. The changes in evening and morning temperature are gradual. Good drinking water. Mean temperature throughout the year, 75° F. ; 75 to 80 rainy days during winter. Atmosphere free from sudden changes.

OBJECTS OF INTEREST.—The Marini, Public Gardens, Botanical Gardens, Cathedral, Churches of St. Guiseppe and Martorana, St. Domenico, the Royal Palae, Capella Palatina, Museum, Collection of Antiquities, Palae of Ziza, Catacombs, Palazzo Vercelle, Circus and Opera-house.

EXCURSIONS : Monreale, La Favorita, Termini, Girge Lercana.

CABS : One horse, 50 c. ; by the hour, 1 fr. 80 cts. Two horses, 80 c. ; one hour, 2 fr. 20 cts.

Chemist : Caputo, Via Vitt. Emanuele, 107.

English church : Via Cavour.

Post office : Piazza Bologni.

Telegraph : Via Maequeda, 226.

Doctor : Dr. Berlin, Via San Sebastiano, 30, and Ohlsen.

House and Estate Agency and Wine Merchant : S. Zingales Zanelli, via Giovani Meli, 27.

Hotels : Hotel Trinacria, de France.

Pallanza.—Italy, Lago Maggiore.

Climatic station.

Season : Spring and autumn.

Special indications : Chest and lung complaints.

Doctor : Dr. Scharrenbroieh.

Pallestrina.—Italy, Romagna, in the Sabine hills.

Climatic station in summer. Very picturesquely situated, and an agreeable place of residence.

Panassau.—France, Department of Dordogne.

A water enjoying great reputation in the surrounding country, but not yet analysed.

Pandraux.—France, Department of Haute Loire, near Puy.

Effervescent ferruginous waters. No establishment, and little used.

Pannanich Wells.—Scotland, Aberdeenshire.

Saline ferruginous waters.

Two very well-appointed bathing establishments.

Special indications : Stone, gravel, dyspepsia, scrofula.

Pantalaria.—Island in the Mediterranean, between Sicily and Tunis.

Sulphurous steam grotto. Very hot natural steam baths.

No establishment, although the baths are frequently used.

Pantano.—Italy, Tuscany, near Cetoma.

Ferruginous waters, 65° F. Highly gaseous. Used only by the surrounding inhabitants.

Panticosa.—Spain, on the French frontier, near Cauterets, in the Pyrénées; 8,500 feet above the sea level.

Four sulphate of soda springs. El Higado, 80° F., el Herpes, 75° F., la Laguna, 73° F., and el Estomago, 88° F. These waters have various actions; el Higado and el Herpes are reputed sedatives to the nervous system; la Laguna is purgative; while the Estomago spring is stimulating to the digestion. Azotic inhalations. The establishment might be improved as regards comfort.

Paracuellos de Gilloca.—Spain, province of Zaragoza, near Calatayud,

Sulphate of lime; cold waters.

Special indications: Chronic skin diseases, scrofula, glandular swellings, ulcers, fistulae and ophthalmia, intestinal obstructions of a chronic character, leucorrhoea, &c.

The situation is charming. The establishment modern, with good accommodation. A residence here is not, however, very agreeable.

Doctor: Dr. Viejo.

Párad.—Hungary, comitat of Heves, near Erlau.

Sulphurous and effervescent ferruginous waters, one of the springs containing 0.76 per cent. of carbonate of iron. No other spring is so rich in iron. These waters are more highly gaseous than those of Spa, in Belgium. There is also a spring containing a large quantity of alum.

Special indications: Anæmia, chlorosis, debility, urinary disorders, liver and splenic plethora, affections of the respiratory organs.

A very well-appointed establishment. Párad is one of the most frequented bathing-places in Hungary.

Doctor: Dr. Losteiuier.

Parada de las Achas.—Spain, province of Pontevedra, near Caniza.

Sulphurous earthy waters, 55° F.

There is no accommodation, and the waters are scarcely used.

Paradies.—Switzerland, Thurgau, between Schaffhausen and Diesenhofen; 1,180 feet above sea level.

Artificial steam and mineral water baths. Chiefly frequented on account of its beautiful situation.

Paramé.—France, Department of Ille and Vilaine, from Paris, *viâ* St. Malo.

Sea baths, sandy beach.

There is a casino.

Páramo de Ruiz.—South America; New Granada, in the central Cordillera; 11,500 feet above sea level. A very cold and elevated mountain plain.

A thermal spring, containing, like the solfatare waters, free sulphurous acid and hydrochloric acid. Only used in a primitive way by the people of the surrounding districts.

Parchim.—German, Mecklenburg Schwerin.

Chalybeate waters.

A very good establishment; the accommodation is comfortable, ample, and moderate in price. Birthplace of General von Moltke.

Paris.—France, Seine. Capital, above 2,000,000 inhabitants; on both banks of the Seine river.

In Batignolles, Belleville, Ternes, and near the Pont d'Austerlitz are cold sulphate of lime springs. They have been incompletely analysed and are not used.

Paris is a strongly fortified town, extending as far as Mont Valerien and St. Denis. It is divided into 20 parishes or arrondissements, each having a church and several chapels. It is a very old town, but owing to the efforts of Napoleon III. its appearance has been greatly improved by the formation of boulevards, squares and wide airy streets. The municipal debt is consequently very heavy. Paris is a resort of all the idlers, pleasure-seekers and travellers of both hemispheres. The English and American colonies in the city are very considerable. In a word, Paris may be described as the "gayest" city of the world.

The chief thoroughfares are the Boulevards des Capucines des Italiens, Poissonnière and Bonne Nouvelle, Rue de Rivoli Ruc de la Paix, Rue Royale and Champs Elysées, which are crowded until two or three o'clock in the morning. In the afternoon all the cafés along the boulevards are filled with idlers, and when the theatres are closed the same scene is renewed.

Theatres: New Opera, Français, Comédie Française, Vaudeville, Palais Royal, Gymnase, Eden, Odéon, Varietés, and several others.

Places of Amusements: Folies Bergères, Ruc Bergère, Skating Rink, Hippodrome, and in summer the Caféschantants in the Champs Elysées.

Churches: Notre Dame, Madeleine, Notre Dame de Lorette, St. Etienne du Mont, St. Germain l'Auxerrois, St. Eustache, St. Germain des Prés, St. Sulpice, Panthéon.

Buildings: The Louvre; the Luxembourg, Palais Royal; Law Courts; Post Office, La Sainte Chapelle; Palais de l'École des Beaux Arts, Hôtel des Invalides, Town Hall, Palais de

l'Elysée, Palais de l'Industrie, du Trocadero (Exhibition, 1878), the Exchange; Grain and Wine Markets; the National Library; Museum of the Jardin des Plantes, Conservatoire des Arts and Métiers.

Parks—Gardens: Bois de Boulogne, Bois de Vincennes, Parc Monceau, Jardins des Tuileries, and Champs Elysées.

Post Office: The most central, Place de la Madeleine.

Telegraph: In most of the large Hôtels.

English Church: Rue d'Aguesseau.

Scotch Church: 4, Rue Bayard.

Wesleyan Chapel: Rue Roquépine, 4.

House and Estate Agents: Sprent, Sprent and Phipps, 252, Rue de Rivoli.

Bankers: Munroe & Co., 7, Rue Scribe.

Dentist: Dr. Rossi Hartwich, 185, Rue St. Honoré.

English Bookseller and Library: Galignani, also Neal's, both in Rue de Rivoli.

Private Masseur: F. Daval, 34, Rue Tilsitt.

Doctors: Dr. J. Chapman, 224, Rue de Rivoli; Dr. J. A. Barnard, 362, Rue St. Honoré; Dr. Warren, 15, Rue Caumartin; Dr. Halsted Boyland, 73, Avenue d'Antin; Dr. Sherwood Dunn, 15, Rue des Pyramides; Dr. E. Dupuy, 53, Avenue Montaigne.

English Chemist: Rogers, 1, Rue de Havre.

Hotels: Grand, Bristol, Continental, Mirabeau, &c.

Páros.—Greece, island in the Archipelago.

Saline spring of the Temple of Anargyron.

Much frequented in antiquity, but now neglected.

Parpan.—Switzerland, Grisons, near Churwalden, 4,650 feet above the sea level,

Climatic air station and good centre for excursions.

Very stimulating air.

Partenkirchen.—Germany, Bavaria, in the Bavarian Alps; 2,500 feet above sea-level.

Climatic station in summer. Goats' whey.

The place is situated in a most charming valley, and has a mild climate. The accommodation is good, and reasonable in price.

Doctors: Drs. Waegener and Michaelis.

Passage.—Ireland, county Cork, on the west side of Cork harbour.

Sea baths; sandy beach; good climate.

Season: June—September.

Doctor: Dr. Stone.

Hotel: The Gerston.

Passugg.—Switzerland, Grisons, near Coire.

Alkali-saline waters; one spring containing iron. All the springs are highly effervescent, and are some of the strongest of their kind.

Special indications: Chronic catarrh of the mucous membrane of the stomach and intestines, habitual constipation, acute ankylosis, gout, affections of the kidneys and urinary organs, morbus Brightii, diabetes, obesity.

The establishment is adequate, and comfortable accommodation can be had in Coire.

Passy.—France, Department of Seine, near Paris.

Sulphate of lime and ferruginous waters, not effervescing, and difficult of digestion.

Paterna de la Rivera.—Spain, province of Cadiz, near Medina Sidonia.

Ferruginous, saline, sulphate, magnesian and silicated waters, 15 grammes of mineralisation, of which five are chloride of sodium and five sulphate of magnesia.

Special indications: Herpes, anemia, chlorosis.

Appliances, very primitive; while scarcely anything has been done for the comfort of visitors.

Paterna y Gigonza.—Spain, province of Cadiz, near Medina-Sidonia.

Saline sulphurous waters, 60° to 70° F.

Special indications: Chronic skin diseases, scrofula, leucorrhœa, inveterate ulcers, caries.

The establishment of Paterna is very small and incomplete. That of Gigonza is larger, but equally imperfect. The situation is attractive enough, but accommodation poor.

Doctor: Dr. Vasquez.

Patmos.—Turkey, island in the Archipelago.

Cold sulphurous waters.

No establishment; the waters are obtained in a primitive way, by digging holes in the ground, in which the baths are then taken.

Pau.—France, Department of Basses Pyrénées; 650 feet above sea level. For routes, see table.

Winter station.

Special indications: Chest complaints, consumption, bronchitis, rheumatism.

English and Scotch churches.

Post-office: Rue de la Nouvelle Halle.

Bookseller: Ariza, 17, Rue de la Prefecture.

English Chemist: Jarvis, 20, Rue Serviez.

Doctors: Drs. J. Bagnell, W. H. Bagnell, Hunt, Clay, Bruce and Oliphant.

Hotels: The Grand Hôtel Gassion, Hôtel de France.

Paterno.—Italy, Sicily, Val di Demona, on the east coast.
 Ferruginous and saline waters.
 No establishment, and used by the natives only.

Peebles.—Scotland, Peeblesshire, near Inverleithen.
 Hydropathic establishment, saline waters.
Doctor : Dr. MacGregor.

Pegli.—Italy, on the Riviera, near Genoa.
 A winter station with mild climate.
Doctors : Drs. Spurway, Frühauf and Zoeslei.
Hotel : The *Grand Hotel*.

Peiden.—Switzerland, canton of the Grisons ; 2,500 feet above sea level.
 Cold alkaline, earthy and saline waters, with 4 grammes of mineralisation.
Special indications : Neurosis, herpes, liver complaints, difficult digestion, chronic vesical catarrh, laryngitis.

Peissenberg.—Germany, Bavaria, district of Weilheim ; 1,800 feet above sea level.
 Sulphurous waters.
 There is an establishment affording fair accommodation.

Pejo.—Italy.
 Very pure ferruginous waters.
 Owing to insufficient means of communication, this water, one of the most easily digested iron waters in Italy, has not received proper attention.

Pelagio.—Italy, Tuscany, near Monte Rotondo.
 Thermal mixed springs, 90° F.
Special indications : Rheumatism, gout.

Pelago.—Italy, near Florence.
 Mixed carbonate waters.
Special indications : Diseases of the bladder, gravel.

Peleikiton.—Greece, Morea, near Gythion.
 Saline waters.
 In use in ancient times, but little visited at present.

Pembrey.—Wales, Carmarthenshire.
 Sea baths, sandy beach ; climate mild.
Season : May—September.
Doctor : Dr. Jones.

Penáguila.—Spain, province of Alieante, near Aleoy.
 Sulphurous waters.
Special indications : Chronic stomacheic and gastro intestinal derangements, liver and spleen derangements, dyspepsia, gastrodinia, etc.
 There is a very primitive establishment.

Penarth.—Wales, Glamorganshire, near Cardiff.
Sea baths, shingly beach; climate mild.
Doctor: Dr. Nell.

Pendine.—Wales, Carmarthenshire, near St. Clear.
Sea baths, sandy beach, very good bathing; climate mild.

Penmaenmawr.—Wales, Carnarvonshire.
Sea baths; sandy beach; climate mild.
Season: July—September.
Doctor: Dr. Hughes.

Penna (La).—Italy, the old Pinna Vestina, on the Adriatic.
Muriatic ferruginous waters, 60° F.
Special indications: Anæmia, chlorosis, debility, neurosis, gravel.

Penna (La).—Italy, near Genoa.
Saline sulphurous waters, forming a small lake, 65° F.
Used in primitive fashion.

Penzance.—England, Cornwall, Land's End.
Climatic air station and sea baths, sandy beach.
Climate mild and invigorating.
Special indications: Chronic affections of the pharynx, larynx, and bronchi.
Very much frequented station.
Doctors: Drs. Couch and Grenfell.
Hotel: *The Queen*.

Pergine.—Italy.
Alkaline ferruginous waters, 60° F.
No establishment, and only used by the surrounding peasantry.

Perpignan.—France, Department of Pyrénées Orientales; 28,000 inhabitants; near the Spanish frontier.

This is the Roman *Flavium Eprusum*. Its quaint and curious Spanish and Moorish looking houses give it an oriental appearance.

OBJECTS OF INTEREST: Cathedral of the 14th century; the Citadel close by, Museum, Theatre, Prefecture, Law Courts; a stopping-place for travellers to Le Boulou, Amélie-les-Bains and other East Pyrenean watering-places.

Hotels: *The Grand Hôtel de Perpignan*. A good, comfortable house, overlooking the river; good cooking and cellar. J. Jonea, proprietor.

Perriere (La).—France, Savoy, near Moutiers; 1,460 feet above sea level.
Saline waters, 100° F.

Perruches.—France, Department of Cantal, near Aurillac.
Carbonate of soda springs, rich in minerals. Have not been accurately analysed.

Pertinò.—Italy, Romagna, near Civitella.
Saline-iodurated waters, 60° F.
No establishment. The accommodation is extremely deficient.

Perugia.—Italy, capital of Umbria, midway between Florence and Rome; 18,000 inhabitants; 1,715 feet above the sea level.

A transitory station of great historical interest.

Perugia is the seat of a prefecture and headquarters of an army division. It is an old Etruscan town, full of interest. There are about 100 churches. Pope Leo XIII. was bishop here for upwards of 20 years.

OBJECTS OF INTEREST.—The episcopal palace, with new façade; the seminary—both enlarged and renovated by Pope Leo XIII., at his own expense; Gothic Cathedral of San Lorenzo; Pinacoteca and University, with very valuable collections; the Arch of Augustus, the Gallenga, Domini, and Conestabile palace.

The view from the gardens, where the palace of the prefecture stands, on the stately remains of the Paolina fortress, is one of the finest in Italy. The climate is beautiful, and attracts numbers of families during the summer months, from Rome and Florence.

Some very interesting excursions to be made in the environs.

Hotel: Grand Hotel.

Pesaro.—Italy, 3½ hours by rail from Bologna.
Sea baths; sandy beach.
No establishments; great freedom prevails.

Pescara.—Italy, 8½ hours rail from Bologna.
Sea baths; fine beach.
No establishment.

Pesolina.—Austria-Hungary, Comitatus of Zemplén, near Szinna.
Ferruginous effervescent waters.
No establishment and no accommodation.

Pesth.—Capital of Hungary.
Several ferruginous bicarbonate springs.

Petersdorf.—Germany, Upper Silesia, near Warmbrunn.

Climatic air station and centre for excursions.

The place is surrounded by mountains covered with forests, and living is cheap. Excursions of great variety and beauty.

Doctor : Dr. Blech.

Petites Dalles (Les).—France, Department of Seine Inférieure, from Paris, *via* Fécamp.

Sea-baths, sandy beach.

Petersthal.—Germany, Baden, in the Black Forest.

Bicarbonate of lime silicated waters (0.08 and 0.09 grammes of silicate). Four cold springs, 5 gr. of mineralisation.

Special indications : Dyspepsia and gastro-intestinal affections.

A very well managed establishment.

Doctor : Dr. Jaegerschmidt.

Petraglià.—Italy, Sicily, Val di Nolo.

A mineral water spring, the surface of which is covered with petroleum. The water is used as a vermifuge by the surrounding peasantry.

Petriolo.—Italy, Tuscany.

Thermal, sulphurous and saline waters, 105° F.

Special indications : Rheumatism and herpes.

Pfäeffers.—Switzerland, canton of St. Gall. From Paris, *via* Basle and Zurich ; 2,200 feet above sea level.

Indifferent waters, 90° F. Three springs.

These waters are reputed to be stimulating to the nervous system, and to exercise a beneficial influence on the digestive organs.

Special indications : Nervous disorders, hysteria, chlorosis.

The establishment is very good and the situation picturesque.

Scenery wild.

Doctor : Dr. Kündig.

Phantasie.—Germany, Bavaria, near Baireuth.

Climatic air station ; whey cure.

Doctor : Dr. Falco.

Piedrabuena.—Spain, province Ciudad-Real, near Albacete.

Ferruginous waters.

Very little used.

Pierrefonds.—France, Department of Oise, near Compiègne.

One cold sulphate of lime spring, analogous to Enghien, and one ferruginous and arsenical.

Special indications : Pulmonary catarrh.

The establishment is thorough, and contains, besides all modern appliances, abundant and excellent accommodation.

Doctor : Dr. Jauvier.

Pietra.—Italy, Tuscany, in the Val de Chiana.

Carbonate of lime waters, 37° F. Two grammes of mineralisation.

Special indications: Dyspepsia and hepatic obstructions.

Pietrapola.—France, Corsica, 30 miles from Corte, 50 miles from Bastia. Sulphate of soda waters, 80° to 135° F.

Establishment has tanks and douches, and is magnificent.

Special indications: Nervous affections and syphilitic lesions. The springs were much used under the Romans.

Pigna (La).—Italy, near Bordighera.

Sulphate of soda waters, 70° F. Not much frequented.

Pignol.—Switzerland, canton of the Grisons, 15 miles from Coire.

Ferruginous magnesian waters.

Piguien.—Switzerland, Grisons; 3,240 feet above sea level.

Earthy, sulphurous, ferruginous waters, 60° F. Milk and whey cure.

The establishment is good and affords comfortable accommodation.

Pillo.—Italy, Tuscany, near Gambasti.

Very effervescent ferruginous saline waters, 35° F., with purgative action.

Special indications: Gravel and vesical calculus, general debility.

Pilsen.—Austria, Bohemia.

Cold sulphate of iron waters.

Pisa.—Italy, Tuscany on the Arno, near Leghorn.

Winter station with a sedative climate. 57 days with a clear sky during winter season; damp and steady air. Generally thought a melancholy station. Other statistics are wanting.

Hotels: The *Grand Hotel*.

Pisciarelli.—Italy, near Naples, at the foot of Monte Secco.

Sulphate of iron waters, 180° F., and natural steam baths.

The establishments are inadequate.

Pistyan or Postyén.—Hungary, on the route from Vienna to Pesth, near Tyrnau.

Earthy, alkaline-ferruginous waters, 135° to 150° F. Mineral muds.

Special indications: Cutaneous and rheumatic affections.

Doctors: Drs. Wagner, Alexander and Fodor.

Pitigliano.—Italy.

Earthy saline waters, 105° F.

There is only a natural basin, without any accommodation.

Pitkeathly.—Scotland, Perthshire; also known under the name of Bridge of Earn. 1½ mile from Perth.

Saline waters.

Situated in a most picturesque country, and reported to be the most frequented Spa of Scotland.

Pixigueiro.—Spain, province of Orense.

Thermal sulphur springs, 80° F.

Pitlachy.—Scotland.

The Athole hydropathic establishment.

Very fine Highland scenery.

Doctor: Dr. McRoy, M.D.

Pizzofalcone.—Italy, on the road to the Castello dell'Ova.

Alkaline-ferruginous waters.

Only used by the surrounding people.

Pizzo (Il).—Italy, Calabria, on the Bay of Euphemia.

Sea baths.

Pjätigorsk.—Russia, Caucasus. *See* Beschtua or Maschuka baths.**Plaine (La).**—France, Department of Loire.

Cold ferruginous waters. Very little used.

Planchamps.—France, Savoy, near Rumilly.

Ferruginous alkaline springs.

Plan de Phazy.—France, Hautes Alpes.

Thermal ferruginous saline waters, 90° F.

The establishment is inadequate.

Plan (Le).—France, Department of Haute Garonne, near Mured.

Cold ferruginous waters.

Platimgan.—Island of Java, East Indies.

Saline waters, 105° F.

Plaue.—Germany, Principality of Schwarzburg-Rudolstadt, Thuringia.

Saline waters, 65° F.

The establishments and arrangements are not of the best.

Plymouth.—England, Devonshire.

Sea baths. The beach is rough. The climate is mild, but damp and relaxing, rain being prevalent.

Doctors: Drs. Harper and Eccles.

Hotel: The Duke of Cornwall.

Po-Csovicze.—Austria-Hungary, comitat of Gömör, near Balogfalva.
Effervescent earthy ferruginous waters.
The establishment is inferior. Little or no accommodation.

Poggoto-Theniers.—France, Department of Alpes Maritimes, near Nice.
Sulphate of iron waters. Owing to the great amount of sulphate of iron which they contain, these waters must be taken with discretion.

Poggetti.—Italy, Tuscany, Val d'Ombone.
Ferruginous earthy saline waters, 85° F.
Very primitive arrangements. Recommended in cases of gravel and vesical calculus.

Plombières.—France, Department of Vosges, near Aillevillers; 1,330 feet above sea level; 2,000 inhabitants. For routes see table.

Season : May 15th—September 30th.

Special indications : General debility and inaction of the skin, rhachitis, anemia, chlorosis, scrofula, chronic rheumatism and gout, chronic nervous diseases, intestinal congestions, hysteria, partial and local paralysis, contractions, ankylosis and articular complaints, hemiplegia and paraplegia, skin diseases, dyspepsia, chronic diarrhœa, intermittent fevers, hepatic colic, uterine catarrh, leucorrhœa, sterility, dismenorrhœa, chorea.

There are seven bathing establishments—all well fitted up, in which are large stoves, hot rooms, hydropathic douches, massage, &c.; and a Casino, where concerts, balls, &c., are held.

Post and Telegraph Office.

Doctors : Drs. Lietard (Inspector) Bottenluit, Malibran, Daviller and Tayseler.

Hotels : *Grand Hôtel*, near the New Baths. First-class house.

Poggibonzi.—Italy, Tuscany; station on the railway from Florence to Siena.

Cold saline waters; purgative action.

Poggio Pinci.—Italy, Tuscany, Val d'Ombone.
Ferruginous waters. Little used.

Poggio Curatale.—Italy, near Fiora.
Effervescent ferruginous waters.
Primitive appliances.

Poggio Rosso.—Italy, near Arezzo.
Saline waters. Not used.

Pojan.—Austria, Transylvania, comitat of Haromszek.
Effervescent ferruginous waters.
The establishment is primitive.

Polena.—Austria, Hungary, comitat Bereg.
Alkali, saline, ferruginous waters.
Largely exported. No arrangements.

Polzin.—Germany, Prussia, circuit of Cöslin on the Wugger.
Effervescent ferruginous waters.
Season : May—September. Much frequented.
The establishments are all very good, and the accommodation comfortable, abundant and moderate in price.
There are electric, pine-cone and mud baths.
Doctors : Drs. Deetz and Lehmann.

Pomaret.—France, Department of Gard.
Sulphurous waters, 65° to 70° F.
Used by the surrounding inhabitants in cases of skin disease, gravel, and constipation.

Pongyelok.—Austria-Hungary, near the Puszta-Mastinecz.
Effervescent earthy waters.
Special indications : Hypertrophy of liver and spleen, hypochondriasis and urinary disorders.

Pontailiac.—France, Department of Charente Inférieure, near Royan.
Sea baths ; sandy beach.

Pontamafrey.—France, Savoy, near St. Jean de Maurienne.
Cold saline waters, containing iodide, iron and arsenic.

Pont à Mousson.—France, Department of Meurthe.
Four ferruginous springs, used only by the peasantry in cases of chlorosis.

Pontano.—Italy, island of Isehia.
Earthy ferruginous waters, 90° F.
No establishment.

Pont de Bared.—France, Department of Drôme, near Dieu-le-Fit.
Bicarbonate of lime and magnesian springs.
Special indications : Dyspepsia and gravel.

Pontrieux.—France, Department of Côtes du Nord, near St. Brienne.
Sea baths ; sandy beach.

Pontresina.—Switzerland, canton of Grisons, Upper Engadine; 5,915 feet above the sea level, one hour's walk from St. Moritz. For routes see table.
Climatic mountain station.

Special indications: Nervous disorders, scrofula, anaemia, chlorosis, asthma, rhachitis and phthisis, in its earliest stages, convalescence.

Pontresina, with 400 inhabitants, is one of the oldest communes of the Upper Engadine Valley. Its situation is beautiful, and the scenery is magnificent.

English Church.

Post and Telegraph Office.

Banker and Exchange Office: C. Gredig-Enderlin.

Doctor: Dr. J. M. Ludwig, who speaks English.

Hotel: The *Hôtel Enderlin*.

Ponts (Les).—Switzerland, canton of Neuchâtel.

Cold sulphate of lime waters.

A fairly frequented station.

Popoli.—Italy, Abruzzi, between Pescara and Aquila.

Sulphurous ferruginous waters, not thoroughly analysed; used in drinking and bathing.

Special indications: Rheumatism, skin diseases, uterine and intestinal affections, chronic vesical catarrhs.

No bathing establishment. The springs being close to the town, visitors reside here and walk or drive to the baths.

Porla.—Sweden, district of Örebro, Westmanland.

Cold ferruginous waters.

These waters are highly yellow; Berzelius, when analysing them, discovered two new acids, viz., cremic and apoeremic.

Special indications: Chlorosis, scrofula.

A well-frequented station, with good establishment.

Pornic.—France, Department of Loire Inférieure, in front of the Island of Noirmontiers.

Sea baths, fine sandy beach; a good establishment, having a casino with concert, reading, and assembly-rooms.

Porretta (La).—Central Italy, between Pistoia and Bologna.

Thermal sulphurous saline waters and mud baths.

A well kept and much frequented establishment.

Port Bail.—France, Department of La Manche, *viâ* Valognes.

Sea baths, sandy beach.

Porte.—France, Corsica.

Ferruginous bicarbonate waters, 35° F.

Port-en-Bessin.—France, Department of Calvados, *viâ* Bayeux.

Sea baths, very fine beach.

Portland.—England, south coast.

Sea baths.

Very salubrious climate.

Portobello.—Scotland, a suburb of Edinburgh.

Sea baths, firm sandy beach; ferruginous waters at Joppa.

Climate bracing.

Doctor: Dr. Balfour.

Portovia.—Spain, province of Galicia.

Sulphurous waters, 100° F.

No establishment, and little used.

Port Rush.—Ireland, County of Antrim.

Sea baths, sandy beach, pure air.

Doctor: Dr. Gibson.

Port Said.—Egypt, on the Mediterranean Sea, at the entrance of the Suez Canal.

Sea baths.

Hotel: *Des Pays bas*.

Pörschach.—Austria, Karinthia; 1,400 feet above the sea level.

Climatic air station and lake baths.

Very mild climate and beautiful scenery.

Doctor: Dr. Leopold.

Port Steward.—Ireland, County of Londonderry.

Sea bathing, sandy beach, air bracing.

Season: June—September.

Doctor: Dr. Campbell.

Port Thareau.—France, Department of Nièvre.

Cold ferruginous bicarbonate waters.

Portugalete.—Spain, province of Vizeaya, 9 miles from Bilbao, and at the mouth of the river Nervion.

Sea baths, sandy beach but dangerous at high water; the bathers mostly cross the river and bathe in Las Arenas.

Frequented by upwards of 1,700 visitors. The society is select and sojourn here very agreeable.

Portugos.—Spain, province of Granada.

Cold ferruginous bicarbonate waters. Much used by the surrounding peasantry.

Poschiavo.—Switzerland, canton of the Grisons; 2,300 feet above sea level.

Cold sulphurous waters.

A well-appointed establishment.

Pötschnig.—Austria-Hungary, one hour from Oedenburg.

Alkali-saline, ferruginous waters, 55° F.

Special indications: Affections of the spinal cord, nervous debility, hysteria, spleen and liver complaints.

The establishment is good, and has comfortable accommodation; moderate prices. The site is charming.

Potsdam.—Germany, Prussia, near Berlin.

Cold ferruginous bicarbonate waters.

Pougues.—France, department of Nièvre, near Nevers; 1,450 inhabitants; 700 feet above the sea level; for routes see table.

Effervescent, slightly alkaline and ferruginous waters, contains some magnesia, 55° F. Hot and cold douches; sitz baths with running water; carbonic acid gas baths. Climate mild and steady.

Season: 15th May to 1st October.

Post and Telegraph Office.

English Church Service.

Doctors: Drs. Bovet (Inspector) and Logérais.

Hotels: Splendid Hôtel.

Pouillon.—France, Department of Landes.

Saline waters, 50° F.

Special indications: Rheumatism, scrofula, ague.

Doctor: Dr. Landry.

Pouliguen.—France, Department of Loire Inférieure, near Savenay.

Sea baths, sandy beach.

Pouroille.—France, Department of Seine Inférieure.

Sea baths.

Pozo-Amargo.—Spain, province of Sevilla, near Moron de la Frontera.

Sulphurous springs, 50° F.

Pozzuoli.—Italy, near Naples, on the road to Bajä.

Sulphurous saline waters, 80° F.

Special indications: Gout, rheumatism, scrofula, skin diseases.

Establishments open all the year; in the vicinity are the "Stufe di Nerone." (See these.)

Prades-Vernet.—France, Department of Ardèche, near Vals.

Bicarbonate of iron water, effervescing.

Preblau.—Austria, Carylthia, near Wolfsberg.

Alkaline waters. The waters are only exported.

Season: May—October.

Special indications: Chronic stomachic catarrhs, pyelitis, gravel, and vesical catarrh.

Doctor: Dr. Bancalari.

Prechac.—France, Department of Landes, near Dax.

Cold saline waters, 130° to 140° F. Mud baths.

Small establishment. The surrounding country being much exposed to inundations, the town is little visited.

Prague, or Prag.—Capital of Bohemia. From Paris, *viâ* Strasburg, Kehl, Wurzburg, 38 hours. 161 fr. 1st class.

Prague stands on both banks of the Moldau, and is the second city in the German provinces of Austria. It is a town of great antiquity and possesses quite an Oriental look.

OBJECTS OF INTEREST.—The Hradschin, or Royal Palace on the hill, Cathedral of St. Vitus, Palace of the Grand Duke of Tuscany, the Carolinum is the oldest university in Germany, Clementinum or university for theology, Tihen Church, Town Hall, Museum, Library, Military Hospital, House of Correction, Lunatic Asylum, Wisserrad, Czernin Palace, Wallenstein Palace.

CABS: Two horses, 1 fr. 25 c.; half a day in the town, 10 fr.

Post-office and Telegraph: At the station.

Hotels: Blue Star, Golden Angel, Stadt Wien, de l'Angleterre, Kaiser von Oesterreich.

Prelo.—Spain, province of Oviedo, near Boal.

Alkaline cold waters.

Special indications: Herpes, serofula, syphilis, intestinal obstructions.

The establishment is not entirely up to the requirements of modern balneology. The accommodation is good and very cheap.

Doctor: Dr. Langurjo.

Prenzlau.—Germany, Prussia, province of Brandenburg, Uckermark.

Effervescent ferruginous waters.

The establishment is good, and much frequented by the people of Berlin.

Pré St. Didier.—Italy, Sardinia, Val d'Entrèves; 3,110 feet above sea level.

Saline earthy waters, 95° F.

A good establishment. The water is used only in baths.

Preste (La).—France, Department of Pyrénées Orientales, on the route from Perpignan to Amelie les Bains.

Inert waters, from 90° to 105° F.

Special indications: Diseases of the urinary organs, gravel and catarrh of the bladder.

Very efficacious, but insufficiently known.

The establishment is good, the site picturesque, and the vegetation luxurious.

Pretiolo.—Italy, Tuscany, Valley of the Cecina.

Sulphurous waters, 110° F.

Formerly in great repute; it is now little visited. The establishment is old.

Prodersdorf.—Hungary, comitat of Oedenburg.

Sulphate of lime waters, 60° F.

Special indications : Rheumatism, herpes.

Prompsad.—France, Department of Puy de Dôme, near Riom.

Lithium and phosphate of iron waters, 50° F.

Propiac.—France, Department of Vaucluse, near Merindol.

Sulphate of lime waters.

Provins.—France, Department of Seine and Marne, 2½ hours from Paris.

Cold ferruginous waters.

There is a good establishment.

Prugues.—France, Department of Aveyron, near Comares.

Cold bicarbonate of iron waters.

Prutzerbad.—Austria, Tyrol, Upper Inn Valley.

Alkali-saline waters. Effervescent.

Long used, but never properly worked.

Psekups-Springs.—Russia, Caucasasia, near Eisk and Jekatherinodar.

Sulphurous waters, 65° to 110° F.

The country is very charming, and the place much frequented. The establishment is good and well-appointed.

Puda (La).—Spain, province of Barcelona.

Sulphate of lime and saline waters, 70° F.

Special indications : Herpes, scrofula, bronchial catarrh.

Very well-appointed establishments, and good accommodation.

Doctor : Dr. Gongona y Joanico.

Puenteansa.—Spain, province of Santander, near Barquera.

Sulphurous waters, 55° F.

Special indications : Inveterate ulcers, skin diseases, scrofula, nervous stomachic pains, chronic rheumatism, gout, chronic hepatitis and paralysis.

There are only very primitive arrangements.

Puente Viesgo.—Spain, province of Santander, near Torrelavega.

Saline waters, 85° F.

Special indications : Rheumatism.

A fine situation, with a well-frequented bathing establishment.

Doctor : Dr. de Rugama.

Puertolano.—Spain, province of Ciudad-Real.

Ferruginous bicarbonate waters, 50° F.

Special indications : Dyspepsia and diseases of the uterus.

Doctors : Dr. Mestre y Marzal.

Putbus.—Germany, Pommerania, island of Rügen.

Sea baths, with a good beach and surf.

Doctors : Drs. Braseh and Bengelsdorf.

Püllna.—Austria, Bohemia, near Brüx.

Bitter waters. For diseases of the digestive organs, constipation, congestions, liver and bladder complaints, nervous disorders, obesity, diseases of the eye, headache, giddiness, dyspnœa, gastritis.

There are no bathing or drinking establishments, and treatment is not carried out at Püllna itself.

Puzzichello.—France, Corsica, Arrondissement of Corte.

Two springs, one sulphurous, and the other ferruginous.

Small establishment, where mud baths are also administered.

Special indications: Skin diseases and hæmorrhoidal affections.

The scenery is charming, and a sojourn agreeable but quiet.

Puzzola di Pienza.—Italy, near Pienza.

Sulphate of iron waters. Effervescent.

No establishment.

Pyrawarth.—Austria, Lower Austria, two hours from Vienna.

Chalybeate waters. Climatic station.

Season: May—October.

The establishment is very elegant, and is situated in a beautiful park. The Kurhaus is close by, and has ball, theatre, concert and reading-rooms.

The scenery is very charming, and the end of a visit is generally looked to with regret.

Doctor: Dr. Brée.

Pyrmont.—Germany, Principality of Waldeck-Pyrmont, on the Emmer, near Hanover, 2,000 inhabitants. For routes see table.

Chalybeate waters of importance and considerable reputation; effervescent saline waters, brine baths, inhalations.

Special indications: Female complaints, especially anæmia, chlorosis, scrofula, stomacic and intestinal catarrhs.

English Church.

Post and Telegraph Office.

Dentist: H. Brandt.

Doctors: Drs. Schüicking, Köhler, Lynker, Lahs and Weitz.

Hotels: The *Grand Hôtel des Bains*.

Pwllheli.—Wales, Carnarvonshire.

Sea baths, fine sandy beach. Climate mild.

Season: June—September.

Doctor: Dr. Hughes.

Queenstown.—Ireland, county Cork.

Sea baths, good sandy beach. Climate mild and equable.

Season : June—September.

Doctor : Dr. Allen.

Querzola.—Italy, Parma, near Reggio, at the foot of the Apennines.

Alkali-saline waters, mud baths.

Primitive arrangements.

Quez.—France, Department of Pyrénées Orientales, near Latour.

Sulphurous waters, 65° F.

No establishment, and little used.

Quinéville.—France, Department of La Manche, *viâ* Valognes.

Sea baths, sandy beach.

Quinto.—Spain province of Saragozza, on the right bank of the Ebro.

Saline earthy bitter waters, 60° F.

Special indications : Affections of the digestive organs, syphilis, rheumatism, skin diseases.

A well-attended station.

The situation is lovely. The establishment modern and elegant. There is ample accommodation for every class of visitor.

Doctor : Dr. Iborra.

Rabbi.—Austria, Tyrol, Valley of Rabbi, near Trient; 2,800 feet above sea level.

Cold ferruginous waters. Whey cure.

The establishments are elegant and comfortable, and the accommodation abundant.

Rabka.—Austria-Hungary, Galicia, near Makow.

Iodo-bromurated saline waters, very effervescent.

The establishments are not entirely in accordance with modern requirements. The place, however, is much frequented.

Doctor : Dr. Kopernieki.

Raddusa.—Italy.

Sulphurous and saline waters.

Little used, and scarcely known beyond the immediate neighbourhood.

Radegund.—Austria, Styria, near Graz, 2,300 feet above sea level.

Hydropathic establishment; whey cure.

Season : March—November.

Doctor : Dr. Novi.

Radeberg.—Germany, Kingdom of Saxony, one hour from Dresden.

Earthy saline ferruginous waters and mud baths.

Season : June—October.

The establishments are fitted with all modern requirements. The accommodation is comfortable and moderate in price. The situation is picturesque, and the walks and drives are numerous and well kept.

Doctor : Dr. Brünig.

Radein.—Austria, Styria, 3 hours from Gleichenberg.

Saline, iodo-bromurated waters, largely exported.

The water-drinking establishments are modern, and the accommodation good.

Doctor : Dr. Klementschietsch.

Ragatz.—Switzerland, adjoining Pfeffers.

Supplied by the indifferent waters of Pfeffers.

More frequented on account of the scenery than for the efficacy of the waters.

Doctors : Drs. Dormann, Jaeger and Kaiser.

Rajecz-Teplitz.—Hungary, comitat of Trentschin, near Sillein, 1,300 feet above sea level.

Mixed waters, 80° to 95° F., containing alum and iron.

A well-frequented station. The site is charming.

Doctor : Dr. Telek.

Rakós.—Austria-Hungary, Transylvania, district of Csik.

Effervescent ferruginous waters, used only by the peasantry.

Ramleh.—Egypt, on the Mediterranean, North-east of Alexandria.

A summer station for patients desirous of remaining in Egypt during the hot season.

Hotel : *Beau Séjour*.

Ramlöza.—Sweden, near Helsingborg, 4 miles from Kopenhagen.

Ferruginous spring and sea baths.

Ramsay.—England, Isle of Man, on the North-east coast.

Sea baths ; sandy level beach.

Climate healthy and bracing.

Season : June—September.

Doctor : Dr. Ashdown.

Hotels : The *Albert*.

Ramsgate.—England, Kent.

Sea baths, sandy beach. Climate warm and bracing.

Season : June—September.

Doctor : Dr. Curling.

Randamel.—Iceland. District of Vestfirðinga-Fiordunger.

Ferruginous waters, 45° to 60° F.

The most frequented of any springs in Iceland.

Ranigsdorf.—Austria, Moravia, district of Olmütz, near Trübau.
Effervescent ferruginous waters.
The establishment is good.

Ransbad.—Switzerland, Canton St. Gall, near Sevelen.
Earthy waters. Little used.

Rapolano.—Italy, Tuscany, on the road to Siena.
Thermal saline sulphurous springs. 95° F.
Season : July—August.
Special indications : Herpes, gravel and vesical calculus.
A well-frequented station.

Rapallo.—Italy, Riviera di Levante, 1½ hours from Genoa; 11,000 inhabitants.
Winter station.

There is as yet little hotel accommodation; owing, however, to its sheltered position and beautiful vegetation, Rapallo has a future.

Rappenau.—Germany, Baden, on the road from Heidelberg to Heilbronn.
Saline waters.

Rastenberg.—Germany, Thuringia.
Chalybeate waters.
Special indications : Scorbutus, dropsy, disorders of the blood, gout, rheumatism, hysteria, hypochondriasis.
Also saline, sulphur, and pine-cone sap baths.
Doctors : Drs. Kiel and Gerstner.
Hotel : Bath, Kurhaus.

Ratzes.—Austria, Tyrol, 5 hours from Botzen.
Ferruginous and sulphurous waters.
The climate being somewhat severe, the place is little frequented.

Ravone-in-Casaglia.—Italy, province of Bologna, near Modena. For routes see table.

Saline strongly iodinated waters; used in bathing and drinking.

Notwithstanding the fact that there is no bathing establishment, the place is much frequented for the beauty of its environs.

The waters are said to be superior to those of Montecatini.

Real Casa de Campo.—Spain, near Madrid.
Chalybeate waters, 45° F.

Special indications : Chronic affections of the abdominal viscera, mucous membrane, lymphatism, serofula.

Recklinghausen.—Germany, Prussian province of Westphalia, district of Münster.
Saline waters.

The establishment is good, and situated in the midst of pine and beech woods. Very quiet.

Recoaro.—Italy, Lombardy, province of Vicenza; 6,000 inhabitants; 1,470 feet above sea level. Railway to Vicenza, thence by steam tramway.

Alkaline, acidulated ferruginous waters, 45° F., and mud baths.

Special indications: Chronic and nervous debility, female diseases, obesity, anemia, chlorosis, gravel and vesical calculus, congestion of the liver, biliary calculus, hemorrhoidal complaints, intestinal and stomacic catarrhs.

Post and Telegraph Office close to the bathing establishment.

Doctors: Drs. Chiminelli and Schivardi.

Hotels: The *Grand Hôtel des Bains A. Visentini*; *Hôtel Giorgetti* and *Hôtel de l'Europe*.

Redcar.—England, Yorkshire, on the North Sea, near Guisborough.

Sea baths; flat sandy beach.

Season: May—September.

Doctor: Dr. Bennett.

Rede de Corvaçeira.—Portugal, province of Traz os Montes.

Sulphurous waters, 105° F.

Primitive establishments.

Redruth.—England, Cornwall.

Saline and sulphate of lime waters; very rich in lithium.

Deserve to be better known.

Regneville.—France, Department of La Manche.

Sea baths; sandy and shingly beach. Oyster beds.

Rehburg.—Germany, Hanover, near Wunsdorf.

Cold carbonic and sulphate of lime waters. Mineral and mud baths.

Doctors: Drs. Michaelis and Henrici.

Hotel: *Kurhaus*.

Rehme.—Germany, Westphalia, on the railway from Cologne to Berlin.

Saline waters, 75° F.

Inhalation hall; very fine *Kurhaus*.

Reiboldsgrün.—Germany, Saxony, near Auerbach; 2,100 feet above sea level.

Climatic mountain station and ferruginous waters.

The establishment and accommodation are good.

Doctor: Dr. Driver.

Reichenau.—Austria, $2\frac{1}{2}$ hours from Vienna by South Austrian Railway.

Climatic station in summer; whey cure; hydropathic establishment.

The establishment is thoroughly well fitted up; situated in a fine park, and contains concert, assembly, and reading-rooms. It likewise affords comfortable accommodation.

Doctor: Dr. Siegl.

Reichenhall.—Germany, Upper Bavaria, near Salzburg; 1,400 feet above sea level. For routes see table.

Saline waters. Very important air cure station.

Special indications: Lymphatic disease, scrofula.

Whey cure and pine-cone baths; inhalations of brine-saturated air. The spring has from 22 to 24 per cent. of saline contents. Beautifully situated near Berchtesgaden and the Königs Sea; most picturesque country. But Reichenhall is chiefly valuable as a transitory station to patients returning from or going to Italy.

Doctors: Drs. Pachmayr, Schneider, Goldschmidt, Rapp, von Liebig (in Munich in winter) and Burdach.

Hotel: Burkert.

Reinbeck.—Germany, Hanover, $\frac{1}{2}$ hour by rail from Hamburg.

Hydropathic establishment.

The "Sophienbad" is well fitted, surrounded by a large garden and park. The environs are very wooded.

Doctor: Dr. Andresen.

Reinerz.—Germany, Silesia; 1,750 feet above sea level; near Nachod.

Alkali-saline ferruginous waters, 20° to 45° F.

The climate materially assists the waters in cases of general debility.

Everything is well-appointed.

Doctors: Drs. Berg, Hilgers, Mahrholz, and Kolbe.

Remollion.—France, Department of Hautes Alpes, near Embrun.

Carbonate of lime and sulphate of magnesia springs; 7 grs. of mineralisation.

Renaissou.—France, Department of Loire, near Roanne, near St. Alban and St. Galmier.

Mixed bicarbonate waters, only for table use.

Renlaigne.—France, Department of Puy de Dôme.

Cold ferruginous waters, more effervescent than the Orezza waters.

Rennes-les-Bains.—France, Department of Aude, near Limoux; 1,000 feet above sea level.

Sulphate of lime and magnesia ferruginous waters. Five springs, from 30° to 130° F.

Special indications: Atony, paralysis, rheumatism, ankylosis scrofula, lymphatic affections.

Well appointed.

Very mild climate. The place is charmingly situated, and is a much frequented station.

Requena.—Spain, province of Cueneá.

Alcaline-saline and slightly ferruginous waters.

There is no establishment, and the waters are used in the most primitive fashion.

Retorbido.—Italy, Piedmont.

Saline sulphurous waters, 50° F.

Special indications: Hypertrophy of liver and spleen
scrofula, lithiasis, skin diseases.

The establishment is inadequate to the requirements of the place.

Reutlingen.—Germany, Württemberg, near Stuttgart; 1,170 feet above sea level.

Cold sulphurous bicarbonate waters; whey cure.

Insufficient arrangements.

Doctors: Drs. Springer and Vöhringen.

Reyrieux.—France, Department of Ain, near Trevaux.

Strong sulphurous and ferruginous waters.

Rheinfelden.—Switzerland, near Basle; 890 feet above sea level.

Saline waters and brine baths.

The establishments are good, and fair accommodation can be had.

Doctors: Drs. Fetzner and Müller.

Rhyl.—Wales, Flintshire, near Chester.

Sea baths; hard sandy beach; climate mild.

Concerts on pier and promenade.

Season: June—September.

Doctors: Drs. Griddlestone and Eytton Lloyd.

Hotel: The Westminster.

Riando.—Italy, Piedmont, on the Volturno.

Saline waters.

The establishment is of the most primitive kind.

Riedbad.—Switzerland, canton of Appenzell; 2,610 feet above sea-level; half-hour from Appenzell.

Alkali-saline sulphurous waters.

Were used so long ago as the 16th century; the establishment is good.

Rietenau.—Germany, Württemberg, near Marbach.

Effervescent saline earthy waters.

The establishment and accommodation are good.

Rieumajou.—France, Department of Hérault, near Salvat.

Several cold bicarbonate of lime springs.

Special indications: Affections of the urinary organs
dyspepsia.

Rigi Scheideck.—Switzerland, on the Lake of Lucerne; 5,073 feet above sea level.

Ferruginous waters.

Alpine air cure; goats' and cows' whey. More frequented for its beautiful scenery.

Riga.—Russia, on the Baltic.

Sulphureous waters, 35° F.

The establishment is fairly good.

Riguardo.—Italy, valley of the Era.

Ferruginous muriatic waters, 55° F.

The establishment is inferior, but the place is well-frequented.

Rima-Brezó.—Austria-Hungary, comitat of Kaschau.

Effervescing ferruginous waters.

Used in primitive fashion.

Rimini.—Italy, on the Adriatic, rail from Bologna to Ancona.

Sea bathing; sandy beach.

Season: June—October.

Splendid and well-appointed bathing establishments. Very healthy climate. It is the sea-side resort of Italian society.

Rio.—Italy, Island of Elba.

Sulphate of iron waters, 65° F.

There is no establishment, and the bathing appliances are very rough.

Riolo.—Italy, province of Ravenna, near Castel Bolognese, $\frac{1}{4}$ -hour from Bologna, $\frac{1}{4}$ -hour carriage from Castel Bolognese; 760 feet above sea level.

Chalybeate, sulphurous and saline waters; several springs; hydropathic establishment; inhalation.

Season: June 15th—September 15th.

Special indications: Chlorosis, leucorrhœa, vesical disorders, when not connected with organic diseases, for the chalybeate springs; affections of larynx and pharynx, chronic affections of the skin, gout, and rheumatism for the sulphurous; stomache, intestinal and female complaints for the saline waters.

The bathing establishment is one of the best in Italy, and is fitted with all modern appliances. It is situated in a large park, surrounded by villas and gardens. The resmous atmosphere of the pine forests on the surrounding hills is very suitable to patients suffering from chest and lung affections, or nervous disorders.

Hotels and villas, as also the establishment, afford abundant and comfortable accommodation at moderate prices. Highest inclusive charge, 12 fes. per day.

The village is *clean*, and picturesque as are all Italian country places. Promenades and excursions are abundant.

Post and Telegraph office.

Yearly number of visitors, 5,000.

Concerts, illuminations, fêtes champêtres, &c., are the chief amusements.

Doctor: Dr. Mezzini.

Rio-Mayor.—Portugal, Estremadura, near Santarem.
Cold saline springs.

Rio-Meo.—Italy, district of Vernio.
Alkaline waters.
Primitive arrangements.

Rio-Real.—Portugal, Estremadura.
Sulphurous waters, 60° F.

Rio-Sordo.—Italy.
Saline waters.
Inadequate arrangements.

Rio-Tinto.—Spain, province of Huelva.
Sulphate of iron waters, 14 grs. of mineralisation.
The proximity of copper and iron mines explains the mineralisation of these waters.

Rio-Vinagre.—South America, New Granada, Boyaca; 9,800 feet above sea level, at the foot of the volcano.
Thermal waters, 175° F., containing sulphuric acid, 1·11 gr., hydrochloric acid, 0·91.
These waters are analogous to those of the Parama de Ruiz.

Rippoldsau.—Germany, Baden, in the Black Forest; about 2,000 feet above the sea level. For routes see table.

Saline chalybeate waters, very effervescent, containing sulphate of magnesia in large quantities; whey cure, milk cure and hydropathy. Climatic station of first importance, owing to the surrounding pine woods. The water is exported.

Season: May 15th—September 30th. Number of visitors annually from 2,000 to 3,000.

Special indications: Indigestion, dyspepsia, disorders of the stomach, plethora abdominalis, hæmorrhoids, constipation, hepatic disorders, nervous complaints, hypochondria, hysteria, asthma, anæmia and chlorosis, general debility, irregular menstruation, glandular swellings, intestinal obstructions, gout and rheumatic affections of the mucous membrane.

The situation of Rippoldsau is very charming, at the foot of the Kniebis, the highest mountain in the Black Forest. The scenery is wild and romantic, precipices, ravines and waterfalls, alternate with meadows and pleasant homesteads, on the borders of an ubiquitous pine forest. Rippoldsau is one of those spots which, though easy enough of access, convey to the visitor the sensation of being at an infinite distance from the turmoil of cities and civilised life. Though nature has so amply provided for this beautiful spot, art has also aided. The gardens, avenues of trees, parks and walks over the hills have been laid out with great care and skill. All things considered, Rippoldsau is the spot in which to pass a few weeks in summer, for rest and retirement, apart from all considerations of health.

Rippoldsau is a small village with 820 inhabitants, who still dress in the picturesque Black Forest costume, and the whole place gives an idea of rural simplicity scarcely to be found, perhaps, elsewhere. The avenue of limes in front of the baths is the rendezvous of visitors.

Some portions of the bathing establishment are modern, while others preserve their original and archaic characters.

The excursions are very varied, and extend through the whole Black Forest. Amusements are likewise provided for; a Bohemian band plays three times daily. The buildings are all connected by covered passages, and communicate by means of electric bells. They contain large dining-rooms, ladies' room, music, coffee, reading, smoking and billiard-rooms and a large lawn tennis ground. The whole is lighted by petroleum gas. Balls and dances are given from time to time.

Post and telegraph office in the hotel.

Doctor : Dr. Feyerlin (Medicinalrath), who speaks English.

Rita.—Italy, island of Ischia.

Ferruginous alkali-saline waters, 155° F.

Excellent water, but nothing has been done to attract visitors. No establishment.

Riva.—Austria, Tyrol, on the Lake of Garda.

Climatic station.

Season : Spring and autumn.

The climate is windy and changeable; the scenery around is picturesque. This station is little frequented.

Riva-los-Baños.—Spain, province of Logroño, near Torrecilla de Cameros.

Saline Alkaline waters, 70° F., contains a little iron.

Special indications : Dyspepsia, gastralgia, liver and spleen affections, chlorosis, anæmia, vesical catarrh, calculus.

The establishment is modern, and situated in a large park. The accommodation is cheap and good.

Doctor : Dr. Menendez Tejo.

Rivera.—Spain, province of Jaen.

Sulphate of lime waters, 45° F.

Special indications : Skin diseases.

Roceabigliera.—France, Department of Sea Alps, near Nice, on the left bank of the Vesubia.

Sulphate of lime waters, 80° F.

The arrangements are very primitive, and little is done to attract visitors.

Rocca San Felice.—Italy.

Alkali-saline waters, 95° F.

The establishment is very inadequate.

The waters are used internally and externally.

Rodenberg.—Germany, Hessen.

Saline waters, brine baths, 60° F.

The establishment is tolerable, and the accommodation moderate.

Rodna.—Austria-Hungary, Transylvania, on the frontier of Moldavia.

Highly effervescing alkaline ferruginous waters, 7 gr. of mineralisation. Exported.

Special indications : Catarrhal affections, anæmia, chlorosis.

Good arrangements, and comfortable accommodation at moderate rates.

Roggendorf.—Austria, Danubian Provinces.

Sulphate of sodium and magnesia waters ; purgative action.

Rohitsh.—Austria, Styria, on the Croatian Frontier in the Noric Alps.

Cold effervescent saline ferruginous waters. Exported.

Special indications : Intestinal atony and mucous catarrhs.

Very good arrangements. The site is picturesque.

Doctors : Drs. Glax and Hoisel.

Hotel : Kurhaus.

Rohnau.—Germany, Silesia, district of Landshut.

Ferruginous sulphurous waters.

The establishment is good, and affords comfortable accommodation.

Roigheim.—Germany, Würtemberg, near Möckmühl.

Cold sulphate of lime waters.

A small establishment ; very quiet.

Roisdorf.—Germany, Rhenish Prussia, near Bonn.

Cold effervescing alkali-saline and chalybeate waters.

Only for table use and exportation.

Rolle.—Switzerland, canton of Vaud, on the borders of the Lake of Geneva ; 1,600 feet above sea level.

Alkali-saline ferruginous waters.

Special indications : Catarrh of the uterus.

Romagna.—Italy, Tuscany.

Thermal mixed carbonic waters, 105° F.

Rombole.—Italy, Tuscany, near Rappolano.

Sulphate of lime waters, 90° F.

Primitive establishment.

Rome.—Italy, capital, 250,000 inhabitants. For routes see table.

Winter station of first importance.

Season : October to May. *Principal months* : March to May.

Special indications : Debility and scrofula in children, bronchial chronic catarrh, emphysema. The climate is sedative to the nerves and respiratory organs.

Mean winter temperature 45° to 50° F., mean barometric pressure 756·8; relative humidity of the air, 74% in winter; in summer, 57%. The climate is therefore damper than that of the Riviera, and dryer than that of Venice and Pisa. High winds are prevalent during the season. Weather statistics : 92 days with cloudless sky, 81 dull, and 72 rainy, out of the 245 days of the season.

Patients arriving in Rome should first consult their doctor before engaging an apartment for the winter; this is essential, on account of the fevers which are endemic in some quarters of the city.

The drinking-water is excellent. The promenades on the Monte-Pincio are well kept, and invaluable to patients requiring out-door exercise.

Rome is the most celebrated of European cities, alike famous in ancient and modern history. Since 1871 it has been the capital of the Italian kingdom. It is situated on seven hills, on both banks of the Tiber, and 16 miles from its mouth.

OBJECTS OF INTEREST.—St. Peter's, Vatican, Lateran, Quirinal, Albani Villa, Borghese Villa and Palace, Barberini Palace, Capitulum Museum, Doria, Orsini and Colonna Palaces, Farnese Villa and Palace, Forum Romanum, Museo Kirchereano, St. Luca, Villas Ludovici and Massimo, Medici Villa, Palatine, Pamfili Doria Villa, Rospigliosi and Spada Palace, Wolkanski Villa, Colosseum, Capitol, various museums, Tarpeian rock, Column of Trajan, Pantheon, Temple of Neptune, of Æsculapius, Theatre of Marcellus, Baths of Diocletian, Tomb of Hadrian, or Castle of St. Angelo; Basilicas St. Paul, St. Lorenzo, St. Agnes, St. Cecilia, St. Clement, Churches of St. Agostino, St. Angelo, St. Maria, Capucini, St. Lorenzo, St. Maria in Loreto, St. Martino, St. Onofrio.

Excursions : The Via Appia, Albano, Frascati, Via Latina, Claudian Aqueducts, Temple and Tomb of Bacchus, Palestrina, Mont Tivoli, Hadrian's Villa, Veii, Ostia, Segni, and many others.

CABS : Per course, 80 cts., one or two persons; two horse carriage, 1 fr. 50 c.

Post and Telegraph office : Piazza St. Silvestro.

Chemists : Sinimberghi, Evans & Co., 64, 65 and 66, Via Condotti.

Booksellers : Piale's, Piazza di Spagna; Herm. Loescher, 307, Via del Corso.

Bankers : Vansittart & Co., Piazza di Spagna.

House and Estate Agents : Contini & Donzelli 6, Via Condotti.

Doctors: Drs. Gason, Charles Edmonston, Baldwin, and Thompson.

Hotels: The *Quirinal Hotel*, extensive first-class house; very popular; lift; post; telegraph; best and healthiest position in Rome. B. Guggenbühl & Marroni, proprietors.

The *Hôtel Bristol*, A. Frontini, proprietor.

Rómerbad.—Austria, Styria, near Cilly; 760 feet above sea-level.

Inert waters, 95° F. Climatic station in summer.

Equable atmosphere. The establishment is very good, and the situation picturesque. The gardens, parks and roads are well kept, and Rómerbad is a favourite resort.

Doctor: Dr Mayrhofer.

Rômerbad.—Switzerland, Aargau, near Zofingen; 1,450 feet above sea level.

Earthy-alkaline waters.

Establishment and accommodation are good.

Romeyer.—France, Department of Drôme, near Die.

Cold sulphurous waters.

Die is more frequented for its resin baths than its spring.

Roncegno.—Italy, Trientino.

Ferruginous, highly arsenical waters.

Special indications: Skin diseases.

Doctor: Dr. Goldwurm.

Roncevaux.—France, Department of Sône and Loire.

Ferruginous waters.

Used only by the surrounding peasants in cases of dyspepsia.

Ronneburg.—Germany, Saxe-Altenburg, near Gera.

Iodurated ferruginous waters; pine-cone sap, lime, sulphurous and steam baths. Whey cure.

The establishment is fitted with all modern improvements, and the scenery is romantic. Accommodation good and reasonable.

Doctor: Dr. Finkeisen.

Bonneby.—Sweden, province of Bleckingen, near Carlskrona.

Sulphurous and sulphate of iron waters.

Special indications: Debility, anæmia, chlorosis.

Ronya.—Austria-Hungary, comitat of Neograd.

Effervescent ferruginous waters.

There is an establishment, but the accommodation is indifferent.

Rorschach.—Switzerland, canton of St. Gall, on the South shore of the Lake of Constance, 4,500 inhabitants; 1,240 feet above sea level.

Climatic station in summer; baths in the lake; Turkish baths.

Very pure and equable atmosphere.

Rorschach is a small old town, the foundation of which dates from the 8th century. It is a very favourite summer station and a centre for excursions. The hills and mountains at its back are clad with pine forests, and handsome villas with their gardens surround it to a large extent. There are many quaint old houses, and a museum with a reading-room. Post and telegraph offices near the port. One of the most favoured excursions is by railway to Heiden.

Other excursions may be made to Annaschloss, Möthelischloss, Stone Table, Weinburg, Romanshorn, and Arbon.

Hotels: The *Hôtel du Cerf*.

Roscoff.—France, Department of Finistère.

Sea baths; sandy beach.

A quiet station.

Roselle.—Italy, Tuscany, on the Ombrone, near Grosseto and Siena.

Saline ferruginous waters, 105° F.

Special indications: Arthritic and rheumatic complaints, neuralgia, muscular contractions, rheumatic paralysis.

The establishment is a new and elegant building. The waters were used by the Romans. Accommodation good.

Rosenheim.—Germany, Bavaria, between Munich and Salzburg; 1,370 feet above sea level.

Effervescent ferruginous waters, and climatic station.

The situation is very romantic. The establishment good, affording comfortable accommodation at moderate rates.

Doctor: Dr. Schillinger.

Rosheim.—Germany, Alsatia, 3 hours from Strasbourg.

Mixed carbonate of lithium waters.

Röslibad.—Switzerland, near Zürich.

Earthy alkaline waters, containing alum.

The establishment is thoroughly good, and supplies all varieties of artificial mineral baths.

Rosnau.—Hungary, comitat of Gomör, on the left bank of the Sago.

Sulphate of iron waters; whey cure.

Rosstrevor.—Ireland, county Down, near Warrenspoint.

Sea baths, sandy beach, mild climate.

Doctor: Dr. Vesey.

Rosswein.—Germany, Saxony.

Earthy saline and ferruginous waters.

Arrangements rough.

Rostona.—Italy, near Chiannui.

Sulphurous waters.

Special indications: Skin diseases, gravel, and vesical calculus.

The establishment is inferior.

Röthelbad.—Germany, Württemberg, near Stuttgart and Ulm.

Inert waters.

The establishment is good.

Röthenbach.—Germany, Württemberg, near Najold; 1,250 feet above sea level.

Earthy waters, 70° F.

The establishment is not of the best.

Rothenburg.—Germany, Bavaria, on the Tauber; 1,050 feet above sea level.

Inert waters.

The establishment is good.

Rothenfelde.—Germany, Westphalia, near Osnaburg.

Saline waters and brine baths, 65° F. Contains a large quantity of iodine and bromine.

The establishment is adequate, but little has been done to attract visitors. The air contains much ozone, due to the surrounding pine forest.

Doctor: Dr. Kanzler.

Rothenfels.—Germany, Baden, close to Baden-Baden.

Saline waters, 50° F.

A very picturesque situation. The establishment is excellent.

Doctors: Drs. Schenk and Weller.

Rotterdam.—Holland, on the Maas. From Paris, *via* Brussels and Antwerp.

The second commercial town in Holland. Formerly the seat of the Dutch East India House. Most of the principal thoroughfares are canals bridged over by draw-bridges.

OBJECTS OF INTEREST.—The Cathedral, Old church, South church, Town Hall, Exchange, Sailors' home, Courts of Justice. Museum of the Botanical Society, Botanical Gardens, Zoological gardens, House of Correction, Boyman's museum, Royal yacht club, Library.

EXCURSIONS: The Hague and Sheveningen Moerdyk, Gouda, Schiedam, the mother city of Schiedam gin.

CABS: One or two persons, 60 c. the drive; 1 fl. 20 c. per hour.

Post and Telegraph office: Wynstraat, corner of Wynehaven.

Doctor: Dr. Maury.

Hotels: *Hotel Victoria.* Conveniently situated near the landing-place of steamers. Very clean and comfortable. J. Tyssen, proprietor.

Rothsay.—Scotland, Island of Bute, Clyde.

Cold saline and sulphurous springs. Mild climate.

The Glenburn hydropathic establishment is a delightful residence, protected from east winds. Turkish, salt, Russian, medicated and swimming baths, not to be surpassed in Brita

Dr. Philp, Resident Physician.

Rottweil.—Germany, Würtemberg, in the Black Forest; 2,160 feet above sea level.

Saline treatment of scrofula; whey cure.

The site is beautiful. Establishment good.

Doctors: Drs. Maier and Rapp.

Roucas Blanc.—France, Hérault.

Saline waters and transitory station.

Rouen.—France, Department of Seine Inférieure, 49 m. from Dieppe, 56 m. from Havre, 82 m. from Paris.

A very ancient commercial town, mostly industrial; manufactories. The town is rich in antiquities.

OBJECTS OF INTEREST.—The Cathedral, Church of St. Ouen, St. Godard, and St. Patrice, St. Maclau and St. Vincent, Courts of Law, Town Hall and Picture Gallery, Museum, Library, Custom-house, Exchange, Market-place, Hospital, Lunatic asylum, Theatres, two old Castles, Botanical Gardens, English church service at All Saints.

Post-office: Rue Jeanne d'Arc.

Telegraph: Exchange.

Hotels: The *Grand Hôtel de Paris*. Celebrated for its food and excellent cooking. Guenard-Bataillard, proprietors.

Rouzat.—France, Department of Puy de Dôme, near Riom.

Ferruginous waters.

Royan.—France, on the Atlantic, Department of Charente Inférieure.

Sea baths.

Doctor: Dr. Allard.

Royat.—France, department of Puy de Dôme, near Clermont-Ferrand, 1,480 feet above the sea level; for routes see table and plan.

Mixed alkaline-ferruginous effervescent waters, containing some arsenic and lithium, 45° to 95° F., four springs, St. Mart, St. Victor, César, Eugénie; grand swimming baths; douche and carbonic acid baths.

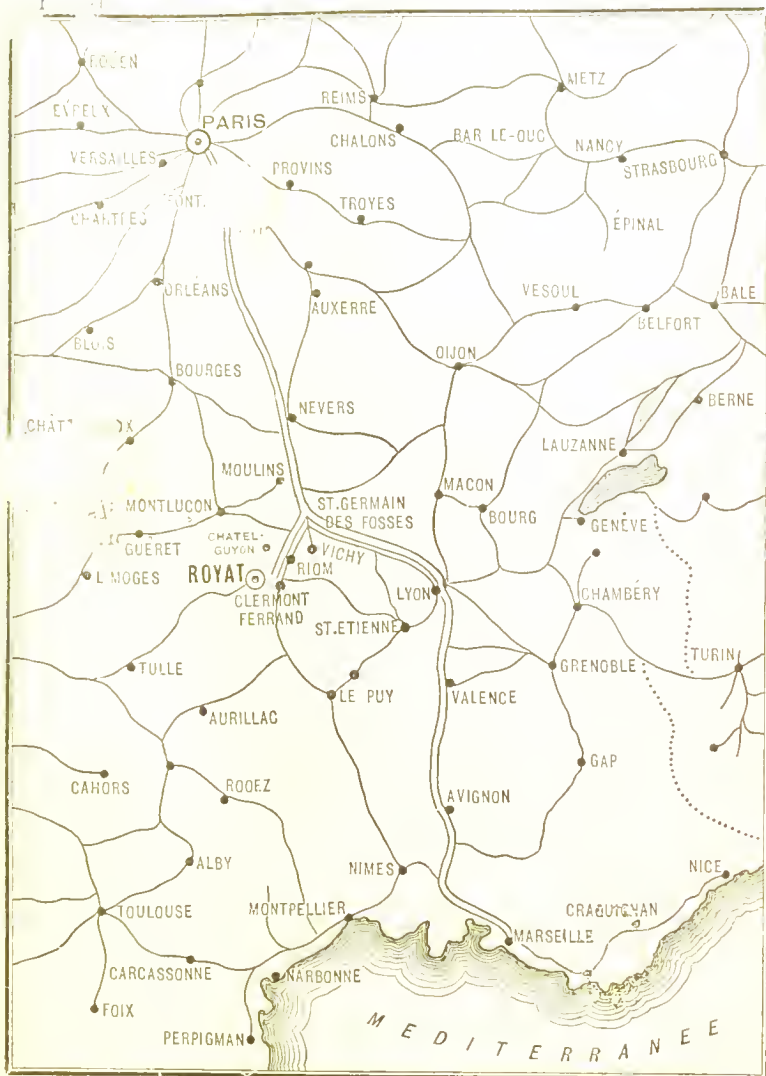
Season: From 15th May till October 15th.

Number of Visitors: About 10,000 per season.

Special indications: Lymphatic affections, anæmia, chlorosis, catarrhal affections, arthritic gout and skin diseases dependent on a gouty diathesis.

Royat is situated in a charming valley leading to the Puy de Dôme, and about two miles distant from Clermont-Ferrand, and about 9 hours' journey from Paris. The country shows craters of extinct volcanoes, surrounded by mineral springs; of all departments of France, this is the richest in volcanic remains. Poulett Scrope, the English Geologist, was the first to write a

SKELETON MAP OF ROUTES TO ROYAT-LES-BAINES.





ESTABLISHMENT ROYAL.

complete description of this region. The province was for many centuries occupied by the Romans living in a high state of civilization, as attested by the marvellous remains of baths, etc., showing to evidence their knowledge and experience of mineral waters.

The climate is agreeable and mild, and the waters are strengthening and invigorating. They are the sole waters containing lithium as a medicinal dose, and what considerably enhances their value is the circumstance that they can be taken at home. The waters of the Caesar spring, when taken in good health, develop the appetite and promote digestion; they are the most delicious and palatable of the Royat waters. The Saint Mart spring, being of a more decided mineral nature, containing 35 milligrams of lithium, should be preferred in gout and rheumatism. It is known in France as "La Fontaine des Goutteux." The Saint Victor are most efficacious in general debility, weakness and convalescence. All have no deleterious effect upon wine, and may be preserved for any length of time. They are sent out in cases of 30 and 50 bottles, and can be obtained either from the Director of the Company at Royat, direct; or from London depositories, Gallais & Co., Piccadilly, Ingram, Royle & Co., Best & Sons, Foster & Co., and the Apollinaris Co.

The arrangements at Royat are excellent. The scenery is mountainous, and offers many objects for excursions. The village offers all the comforts and amusements of an important station. There is a gymnasium, and Casino with concerts and theatrical performances.

English Church Service at Continental Hotel.

Post and Telegraph Office.

Bookseller: Puel Vve., in front of the Establishment.

Doctors: Drs. Petit, Boneomont, Fredet, Puy-le-Blanc, G. H. Brandt, Le Marchant de Trigon Chauvet, Laussedat.

Administration of Establishment: Chief Office: 5, Rue Drouot, Paris. Universal Exposition, Paris, 1889: Hors Concours.

Roye or St. Mars-les-Roies.—France, near Noyon.

Effervescent ferruginous waters.

Very little used.

Roznau.—Austria, Moravia, two hours from Pohl; 1,225 feet above sea level.

Whey cure and climatic station

The establishment is elegant, and thoroughly well fitted-up. Accommodation good and abundant, at moderate rates. Sojourn agreeable.

Doctors: Drs. Modry and Schaar.

Rubinat.—Spain, on the French Frontier.

Sulphate of sodium and magnesia waters.

Strongly purgative action.

Rudolstadt.—Germany, capital of Principality of Schwarzburg.

Indifferent waters. Very picturesque site; pine cone sap and sand baths.

Doctor: Dr. Clemens.

Hotels: Ritter, Lion.

Rudolfszell.—Germany, Baden, near Constance.

Climatic air station; grape cure and baths in the lake.

Doctors : Drs. Mader and Weinzierl.

Rügenwaldermünde.—Germany, Prussia, railway to Carwitz on the Baltic.

Sea baths, sandy beach.

The environs are charming, and the visitors numerous but select.

Doctor : Dr. Haacke.

Ruhla.—Germany, Thuringia, near Eisenach, 1,400 feet above the sea level. Ferruginous waters, and hydropathic establishment.

Doctors : Drs. Seyd and Hesse.

Hotels : *Kurhaus, Bellevue.*

Runcorn.—England, Lancashire.

Sea baths.

Ruszpolyana.—Austria, Hungary, Comitatus of Marmaros, District Vissö. Earthy ferruginous waters.

Russwyl.—Switzerland, 3½ hours from Lucerne; 2,040 feet above sea level.

Saline waters, only used by the surrounding peasantry in cases of skin diseases, difficult digestion, and nervous complaints.

Ryde.—England, Isle of Wight.

Sea baths; firm sandy beach.

Hydropathic establishment. Mild climate.

Doctor : Dr. Davey.

Hotel : *The Crown.*

Ryhope.—England, Durham.

Sea baths; firm sandy beach.

Doctor : Dr. Sage.

Saarguemines.—Germany, Alsatia.

Cold saline waters, little used.

Sables d'Olonne.—France, Vendée.

Sea baths.

Sacedon.—Spain, near Guadalaxara, and Huete.

Sulphate of lime waters, 70° F.; mud baths.

Special indications : Skin diseases, nervous affections, rheumatism, hemicrania, chronic sores, kidney affections.

Very well arranged, elegant and comfortable establishment.

Much frequented station, known and used in the times of the Romans, and subsequently by the Moors.

Doctor : Dr. Gimeno.

Sachsa.—Germany, in the Harz, near Nordhausen.

An air-cure station, owing to the surrounding pine forests.

Doctor : Dr. Schötensack.

Hotel : *Schützenhaus.*

Sack.—Russia, Government of Tauri, district of Keslow.

Brine and mud baths.

This lake is called, owing to the ill-savoured evaporation arising from it, "the putrid lake." In July and August is dried up almost completely. The mud is reported to be efficacious against gout, rheumatism, hæmorrhoids and skin diseases.

Säckingen.—Germany, Baden, 3 hours from Basle.

Inert waters, 70° F.

The establishment is good, but residence is extremely dull.

Sadschütz.—Austria, Bohemia, near Nendorf-Eisendorf.

Earthy saline ferruginous waters.

Imperfect arrangements, and little visited.

Saelices.—Spain, province of Cuenca, near Huete.

Ferruginous earthy waters, 45° F.

Special indications: Sterility, rheumatism, nervousity, gastralgia, dyspepsia, and amenorrhœa.

They are very much frequented by the surrounding inhabitants, and reported very efficacious.

Saidschütz.—Austria, Bohemia, near Teplitz.

Bitter waters, exported in large quantities.

There is an establishment which, however, is little frequented.

Doctor: Dr. Preiss.

Sail-les-Bains.—France, Department of Loire, near Roanne.

Six springs: three bicarbonate, one ferruginous, and two sulphur, 55° to 85° F.

Special indications: Herpes, intestinal atony, affections of the uterus.

A very well appointed establishment.

Sail-sous-Couzan.—France, Department of Loire, near Montbrison.

Cold alkaline ferruginous waters.

Special indications: Dyspepsia; the waters are reputed to have the power of exciting hæmorrhoidal and menstrual discharges.

The establishment is good, and accommodation abundant and comfortable.

Sándorsprings.—Austria-Hungary, comitat of Mármaros, valley of Csizla, near Borsabánya.

Bicarbonate of lime waters.

No establishment and no accommodation.

St. Alban.—France, Department of Loire, near Roanne.

Bicarbonate of soda ferruginous highly effervescent waters, 65° F.

This well-conducted establishment contains a chamber for the carbonic acid gas treatment. The scenery is picturesque.

The water is one of the best table waters known.

Doctor: Dr. Servajan.

- St. Amand.**—France, Department of Nord, near Valenciennes.
Sulphate of lime waters, 50° F.
The sulphurous muds, with a temperature of 60° F., constitute the principal source of treatment.
The establishment and accommodation are luxurious.
Doctor : Dr. Isnard.
- St. André.**—France, Haute Savoie, near Remilly.
Cold hydrosulphuric alkaline waters.
- St. Andrews.**—Scotland, Fifeshire, near Edinburgh.
Sea baths ; the beach is rocky.
Climate cold and damp.
Doctor : Dr. Heddle.
- St. Anne's-on-Sea.**—England, Lancashire, near Blackpool.
Sea baths ; sandy beach.
Climate mild but bracing.
- St. Antoine di Guagno.**—*See* Guagno.
- St. Bee's.**—England, Cumberland.
Sea bath ; firm, clean sandy beach.
Climate mild and bright.
- St. Blasien.**—Germany, Baden, near the Lake of Constance, in the Hell Valley.
Saline waters.
Every variety of baths. The close neighbourhood of some chemical works and other factories impair the value of the air for therapeutical purposes to a great extent.
Special indications : Anæmia, nervousness, affections of the lungs, convalescence after illness.
Doctors : Drs. Morer and Haufe.
Hotels : *St. Blasien, Crown.*
- St. Boes.**—France, Lower Pyrénées.
Sulphate of lime bituminous waters.
- St. Bonnet.**—France, Department of Hautes Alpes, Arrondissement of Gap.
Sulphate of lime waters, 80° F.
Special indication : Skin disease.
- St. Briac.**—France, Department of Ille and Vilaine, *viâ* St. Malo.
Sea baths ; sandy beach.
- St. Cassien.**—Italy.
Thermal sulphurous waters.
Used especially in affections of the eyes.
- St. Cergues.**—Switzerland, canton Soleure, 3,150 feet above sea level ; in a very sheltered position.
Climatic station.
In the neighbourhood are noble pine forests.

- St. Christau.**—France, Department of Lower Pyrenees, South of Oleron.
 Cuprous waters.
Special indications: Affections of the eyes.
Doctors: Drs. Tillot and Vigneau.
- St. David's.**—Wales, Pembrokeshire.
 Sea baths; firm sandy beach.
 Pure and bracing air.
Doctor: Dr. Foley.
- St. Denis-les-Blois.**—France, Department of Loire and Cher, near Blois.
 Cold effervescing ferruginous table waters.
- St. Diery.**—France, Department of Puy de Dôme, near Issoire.
 Ferruginous waters.
- St. Domingo.**—Island of St. Domingo or Haiti, West Indies.
 Several thermal sulphurous springs, 70° to 125° F.
- St. Galmier.**—France, Department of Loire, near Montbrison.
 Alkaline table waters, which have been highly advertised;
 there are, however, many others superior to St. Galmier.
 More used on account of its pleasant agreeable taste than for
 its medical properties.
- St. Genis.**—Italy, Piedmont, near Turin.
 Saline sulphurous iodurated waters.
Special indications: Scrofula, goitre.
- St. Georgen.**—Germany, Bavaria, near Altötting.
 Inert waters; a spring of very small size.
- St. Gervais.**—France, Savoy, at the foot of Mont Blanc, near Sallanches,
 on the road to Chamounix; 1,830 feet above sea level.
 Saline sulphurous waters, 50° to 120° F.
Special indications: Skin diseases, obstructions of the intes-
 tines and tape-worms.
 A much frequented station; it offers to the visitor all modern
 comforts. The scenery is grand.
Doctor: Dr. Bertier.
- St. Gildas.**—France, Morbihan, near Vannes.
 Sea bathing establishment for women kept by nuns. They
 lived formerly at the Abbey of Abeylard.
- St. Honoré.**—France, Nièvre, in the centre of France, 8 hours from Paris
 and from Lyons; 920 feet above sea level. For routes see table.
 Alkaline sulphurous and arsenical waters, 70° to 80° F.
Special indications: Skin diseases, affections of the pulmonary
 mucous membrane, scrofula.
 A very well-organized thermal establishment.
Doctor: Dr. Odin.

St. Icaire.—France, Savoy.

Analogous waters to those of Challes.

St. Jean d'Aulph.—France, Haute Savoy, near Thonon.

Cold hydrosulphurous, alkaline, and iodurated waters ; 11 grammes of sulphurous principle.

St. Jean de Luz.—France, near the Spanish frontier, in the Bay of Biscay.

Winter station and sea baths.

Doctor : Dr. Goyeneche.

St. Laurent les Bains.—France, Department of Ardèche, near Privas ; post from Montélimar.

Saline-alkaline waters, 130° F.

Special indications : Rheumatism, paralysis.

Three establishments, well frequented.

Doctor : Dr. Bignon.

St. Lawrence-on-Sea.—England, Kent, Isle of Thanet.

Sea baths, sandy beach. Climate bracing.

Season : June—November.

There is an hydropathic establishment.

Doctor : Dr. Johnstone.

Hotel : The Granville.

St. Leonards-on-Sea.—England, Sussex, on the Channel coast.

A very fashionable sea-bathing town. Sandy beach.

Season : Summer and Autumn months.

Doctors : Drs. Greenhill and Warwick.

Hotels : The Alexandra, Eversfield.

St. Loubouer.—France, Landes.

Sulphate of lime waters, 45° F.

St. Lunaire.—France, Department of Ile and Vilaine, *viâ* St. Malo.

Sea baths.

St. Malo.—France, Department of Ile and Vilaine.

Sea baths ; soft sandy beach ; bracing climate.

The establishments are very good.

An old seaport with fortifications on a peninsula at the mouth of the Rance. The Ramparts are transformed into walks, and form a very pleasant promenade. It has very quaint streets and picturesque buildings. The Cathedral, Baths, Casino, Hospital, Library, Museum, Gymnasium are worth inspecting. It is the birth place of many celebrated men. It is a good centre for excursions into Brittany, and its harbour a favourite anchorage for yachts.

Dentist : A. Preterre.

English church.

Hotels ; The Grand Hotel Franklin, a very comfortable house for families ; excellent cookery and moderate in prices. Best starting points for excursions. L. Lafèrrière, proprietor.

St. Marie de Mont.—France, Calvados *viâ* Isiguy.
Sea baths.

St. Martin de Fenouilla.—France, Department of PyrénéesOrientales, near Le Boulou.
Highly effervescent ferruginous waters.
Little frequented. Exported.

St. Martin-Lantosque.—France, Department of Sea-Alps, 7 hours by carriage from Nice.
Slightly sulphurous thermal waters.
A favourite resort with the inhabitants of Nice. Not much accommodation.

St. Moritz-Bad.—Switzerland, Engadine; 5,620 feet above the sea level. For routes, see table.

Highly effervescent chalybeate waters, 42° F., but St. Moritz is more frequented as a climatic mountain station; whey and milk cure; complete hydropathy.

Season: 15th June—15th September; some houses keep open, however, all the year round.

Number of Visitors: Annually above 30,000.

Special indications: Anæmia, chlorosis, asthma, uterine and vaginal catarrhs, dysmenorrhœa, amenorrhœa and displacements; serofula rhachitis, and incipient phthisis; all subacute affections.

The ferruginous springs of St. Moritz were known in ancient times. In the 15th and 16th centuries Italian pilgrims used to visit them.

The mean barometric pressure is 609 ^m/_m; mean temperature during the three season months, 51° F.; relative dampness of air, 73·5 %; mean cloudy days, 56 %; days with rain, &c., 98 in the year; and proportion of rain, 898.

The pleasure-grounds in front of the Curhaus afford a fine view over wooded slopes and ice-covered mountain peaks. The panorama is superb, and the field for excursions very extensive. Boating and fishing afford ample amusement. Ball, concerts, illuminations and similar fêtes are given here during the season. The Curhaus contains assembly, ball, concert, reading, smoking, billiard and ladies' rooms.

Post and Telegraph Office: Facing Hotel du Lac.

English Church: Midway between baths and village.

Chemist: Mutschler, facing Hotel du Lac.

Photographer: R. Guler, near the Post.

House and Forwarding Agents: F. & E. Tognoni, Maison Tognoni.

Bankers and Exchange Office: F. & E. Tognoni, and in the Engadiner Kulm Hotel.

American Dentist: Dr. H. L. Schaffner.

Doctors: Drs. Berry, Biermann and F. R. Holland.

Hotels: The Curhaus, first-class house, with 25 saloons and 240 beds. M. Conzoni, director.

The Hotel Victoria.

St. Mary's.—England, Scilly Islands.

Sea baths, fine white sandy beach; mild and invigorating air; rocky scenery.

Doctor : Dr. Moyle.

Hotel : *Hugh House*.

St. Maurice.—France, Department of Puy de Dôme, on the right bank of the Allier.

Bicarbonate of iron waters, 40° to 80° F.; 6 grammes of mineral principles.

Special indications : Scrofula, chlorosis.

An establishment very little visited.

St. Myon.—France, Department of Puy de Dôme, near Acquiperse.

Bicarbonate of iron waters; 5 gr. of mineralisation.

Table water. Exported.

Special indications : Dyspepsia.

St. Nectaire.—France, Department of Puy de Dôme, near Issoire.

Mixed alkaline ferruginous bicarbonate waters, 45° to 100° F.

Supplying three establishments.

Special indications : Gastralgia, liver complaints, rheumatism and leucorrhœa.

St. Ours.—France, Department of Puy de Dôme.

Bicarbonate ferruginous waters.

St. Pair.—France, Department of La Manche, *viâ* Granville.

Sea baths.

St. Pardoux.—France, Department of Allier, near Bourbon l'Archambault.

Bicarbonate ferruginous waters. Exported.

Table waters. There is no establishment, and the arrangements are solely for exportation.

St. Parize.—France, Department of Nièvre, near Nevers.

Sulphate of lime and magnesian waters. Highly gaseous.

Special indication : Ague.

St. Peter.—Austria, Carinthia, district of Klagenfurt.

Ferruginous effervescent waters.

The arrangements are inadequate. The site is picturesque; with capital a great deal could be made of this place.

St. Pierre d'Argenson.—France, Department of Upper Alps.

Cold ferruginous bicarbonate waters.

St. Prieste des Champs.—France, Department of Puy de Dôme.

Ferruginous (very slightly mineralised) waters.

St. Prieste-la-Roche.—France, Department of Loire.

Ferruginous bicarbonate waters.

St. Quentin.—France, Department of Aisne.

Cold ferruginous bicarbonate waters.

St. Radegund.—Austria, Styria, near Graz.

Hydropathic establishment; whey cure.

Doctor: Dr. Macher.

St. Raphael.—France, Department of Var, between Hyères and Cannes, on the sea. Population 3,500. For routes see table.

Winter station.

Special indications: Debility, rhachitis, scrofula, lymphatic affections, emphysema, anæmia, and chlorosis.

There are no statistics as to barometric pressure, rainfall, or humidity of the air. Medical men hesitate to send invalids suffering from chest complaints, as the town is open to the full force of the "mistral" and its injurious influences.

English church: Avenue du Grand Hôtel. A. F. Dyce, Chaplain.

Doctors: Drs. Bontemps and Goyat.

Hotels: The Grand Hôtel des Bains, Hôtel de la Plage.

St. Remy la Varenne.—France, Department of Marne and Loire.

Cold ferruginous bicarbonate waters.

St. Roman le Puy.—France, Department of Loire.

Cold bicarbonate waters.

St. Sautin.—France, Department of Orne.

Ferruginous waters.

St. Sauveur.—France, Department of Hautes Pyrénées, near Argelès 2,400 feet above sea-level. For routes see table.

Sulphurous saline-alkaline waters, 50° to 85° F., containing a little arsenic.

Sedative action; three springs.

Special indications: Nervous and lymphatic affections, and female diseases.

Doctors: Drs. Blondin, Caulet and Lafont.

St. Simon.—France, Savoy, near Aix.

Cold bicarbonate of lime waters.

Special indications: Gravel.

Doctor: Dr. Bonjan.

St. Thomas.—France, Pyrénées Orientales.

Sulphate of soda water, 115° to 140° F.

Special indications: Articular rheumatism, scrofula and skin diseases.

St. Ubrich.—Germany, Alsatia.

Cold ferruginous bicarbonate waters.

St. Vaast-la-Houque.—France, Department of La Manche, *viâ* Valognes.

Sea baths.

- St. Valéry-en-Caux.**—France, Department of Seine Inférieure, near Fécamp.
Sea baths; firm sandy beach.
Season: July—October.
- St. Valéry-sur-Somme.**—France, Department of Somme, near Boulogne.
Sea baths; sandy beach. A good establishment.
Season: May—September.
- St. Vallier.**—France, Vosges.
Same water as Contrexéville.
- St. Vincent.**—Italy, province of Aosta, near Chatillon.
Alkali-saline waters, 30° F.
Special indications: Dyspepsia and gravel.
The establishments are neglected, and little is done to attract visitors.
- St. Yorre.**—France, Department of Allier, near Vichy.
Bicarbonate of soda waters.
- Ste. Adresse.**—France, Department of Seine Inférieure, near Le Havre.
Sea baths.
- Ste. Catherine.**—North America, Canada, near Niagara Falls.
Mineral water establishment.
- Ste. Hélène des Milières.**—France, Savoy.
Ferruginous arsenical waters.
- Ste. Lucia.**—One of the Danish West Indian Islands.
Hyper-thermal springs.
- Ste. Madeleine de Flourens.**—France, Department of Haute Garonne, near Toulouse.
Cold ferruginous waters.
The establishments are good and the scenery charming.
- Ste. Marie.**—France, Department of Hautes Pyrénées, near Luchon.
Four sulphate of lime springs, 40° F.
The new establishment is elegant, and affords comfortable accommodation. The station is rising in favour.
- Ste. Marie.**—France, Department of Cantal, near Chaudesaigues.
Cold ferruginous waters.
- Salah Bey.**—Algiers, near Constantine.
Thermal springs, 65° F.
- Salces.**—France, Department of Pyrénées Orientales, near Perpignan.
Effervescing saline waters, 50° F.
- Salceti.**—Italy, Tuscany, valley of the Arno, District of San Luce.
Alkali-saline waters, 55° F. The supply is very limited.
- Salcoaths.**—Scotland, Firth of Clyde.
Sea baths.
A good bathing establishment.

Salcombe.—England, Devonshire, also called the Montpellier of the North.

Climatic air station and sea baths.

Recommended to persons suffering from affections of the respiratory organs and pulmonary complaints.

Suffering from want of good hotel accommodation, and being somewhat difficult of access, as the railway station is many miles distant, Salcombe is not so well known as a health resort as it deserves. The temperature is very even, as the town is almost surrounded by hills though so near the sea, and oranges, lemons and citrons flourish in the open air, clearly showing the climate to be a very mild one.

Doctor : Dr. Langworthy.

Salerno.—Italy, near Naples.

Winter station; waters effervescing and ferruginous, 60° F.

Mild and moist air, with more sunny days than Naples.

Salice.—Italy, district of Ravanazzo, near Retorbido.

Alkali-saline waters.

The establishment and accommodation are indifferent.

Salies.—France, Department of Haute Garonne, near St. Gaudens.

Sulphate of lime and saline waters. The latter possess 34 gr. of mineral principles, of which 30 gr. are chloride of sodium.

Salies de Béarn.—France, Department of Basses-Pyrénées, near Orthez.

Saline bromo-iodurated waters; 250 gr. mineral principles, of which 225 gr. are chloride of sodium.

Special indications : Serofula and lymphatic affections.

Salinetas de Novelda.—Spain, province of Alicante, near Novelda.

Sulphurous earthy waters, 55° F.

Special indications : Skin diseases, serofula, rheumatism, mureurialism, amenorrhœa.

The establishment is not up to the level of modern requirements : it is situated in a large park. The accommodation is cheap and not of the best.

Doctors : Drs. Lozano y Rubio.

Salinillas.—Spain, province of Aláva, near Miranda.

Sulphurous saline waters.

The establishment is inadequate.

Salins.—France, Department of Jura, near Dôle, 1,200 feet above sea level.

Saline bromine and brine waters, having 320 gr. of mineralisation.

Special indications : Serofula, lymphatic affections and atony.

A much frequented establishment. Very well arranged, affording comfortable and abundant accommodation, at reasonable prices.

Doctor : Dr. Guyenot.

Salles.—France, Department of Haute Garonne, near Luchon.

Ferruginous waters, 35° F., used as an adjuvant to those of Luchon.

Salins-Moutiers.—France, Savoy, 1,500 feet above the sea level; rail to Albertville, thence by carriage in 3 hours to Salins.

Ferruginous saline (brine) effervescing waters, 95° F.; contain much chloride of sodium, and are bromo-iodurated, also some arsenic and lithium.

The thermal establishment, quite new, is accommodated with: 2 very large swimming baths, several other smaller bathing pools, 34 private baths, many rooms for complete hydropathy, general douches, special douches, mineral mud-baths, pulverizations, inhalations, &c., &c.

Season: 15th May to 1st October.

Special indications: Anæmia, debility, lymphatism, scrofula, and affections of the ganglionic system; atonic affections of the nervous and genito-urinary system; locomotor ataxy, and after surgical treatment.

The density of the waters is 2,1. (Baumé), and they contain 16 grammes of mineral principles to the quart. The enormous supply (about 6 million litres per day) permits a constant flow of running water throughout the new establishment. The celebrated Dr. Gubler said of these waters:—"They are the richest in chloride of sodium existing; neither Spain, Italy, nor Germany, though possessing Krenznach, Homburg, Nauheim, and Kissengen can produce equally precious waters and all are inferior to the Salins water. An elevated temperature, concentrated mineralisation, gas in solution, the enormous volume per day, are the superior characteristics which place them easily before all other saline waters, and which will assure Salins a prosperous future."

Post and Telegraph Office.

Doctors: Drs. Delastre, Desprez, Gonthier, Laissus, and Philbert.

Hotels: *Hôtel des Bains.*

Salmas.—Asia, Persia, north of the Lake Ourmiah.

Thermal sulphurous waters.

Saló.—Italy, on the south shore of the Lake of Garda.

Climatic station. Too cold to winter in. The accommodation is inferior.

Salonichi.—Turkey, Macedonia.

Several saline sulphurous thermal springs, close to the town.

Mud baths.

Two establishments, one of which only is in use. Its arrangements are elegant, as in all Turkish baths.

Saltburn-by-the-Sea.—England, Yorkshire.

Sea baths and chalybeate waters; fine firm sandy beach.

Climate mild and bracing. The country is wooded.

Doctor: Dr. Rhodes.

Saltfleet-Haven.—England, Lincolnshire, near Skidbroke.

Sea baths; sandy beach.

Salz.—France, Department of Aude.

A small salt-water brook near the thermal spring of Rennes, in conjunction with which it is sometimes used as an adjuvant.

Salzbrunn.—Germany, Silesia; 1,250 feet above sea level.

Cold alkaline waters. Climatic and whey cure station.

Special indications: Nervous affections and pulmonary catarrh.

The establishments are excellent and the place much frequented.

Doctors: Drs. Strachle, Nitsehe, Pohl and Valentiner.

Hotels: Kursaal, Kurhaus.

Salvadora.—Spain, province of Jaen, near Jumilena.

Sulphurous earthy waters, 50° F.

Special indications: Vesical catarrhs, calculus, gravel, hyperæmia of liver.

The establishment is old and neglected. There is a project to erect a new one with modern improvements.

Doctor: Dr. Morales.

Salzburg.—Austria-Hungary, near Hermannstadt, in Transylvania.

Iodurated brine baths.

Season: July—August.

The establishment is good, and affords comfortable accommodation.

The parks and gardens, owing to the saline nature of the soil, have been artificially made. Vegetation in the vicinity of the town is poor.

Doctor: Dr. Göttersdorfer.

Salzburg.—Austria, Salzkammergut, on the Salzach, 25,000 inhabitants, 1,340 feet above the sea level. For routes see table.

Climatic station in summer.

English church.

Post and Telegraph Office:

Bookseller: Henry Dieter, Markt and Residenz Platz Corner.

Doctor: Dr. Sedlitzki.

Hotels: Europe, Nellböck.

Salzhausen.—Germany, Hessen Darmstadt

Cold saline waters, 11 grammes of mineral principles.

Special indications: Serofula.

Doctor: Dr. Prinz.

Salzschlirf.—Germany, Hessen, near Fulda.

Iodo-bromine saline waters, 15 grammes of mineralisation.

Special indications: Serofula.

Doctor: Dr. Wolffberg.

Salzungen.—Germany, Saxen-Meiningen, near Eisenach.

Cold saline springs, 30 grammes of mineral principles.

Well appointed establishment, with good accommodation.

Special indications: Serofula.

Very picturesque site. Vegetation luxurious. Parks and gardens are well kept.

Doctors: Drs. Ley and Wagner.

Hotels: Kurhaus, Crown, and Starke.

Salzuffeln.—Germany, Lippe-Detmold, near Herford.

Brine baths.

The establishments are not of the best, and the accommodation is only moderate.

Samaden.—Switzerland, Upper Engadine, and the capital of the district; 850 inhabitants; 5,513 feet above the level of the sea. For routes, see table.

Climatic mountain air and winter station.

Special indications: Nervous debility and failing nutrition, anæmia and chlorosis, rhachitis, incipient phthisis, scrofula, and similar affections following on malaria, typhus, &c.

Samaden forms the head of the Upper Engadine, and is situated at the foot of the Piz-Padella at the junction of the St. Moritz and Pontresina Valleys. It is a very lively place during summer. In winter the calmness of the atmosphere is noteworthy.

English Church: Near the Post Square.

Post and Telegraph Office: On the Square.

Chemist: Sal. Bernhard.

Bank and Exchange Office: J. Töndury, in the Hôtel des Alpes.

Bookseller: Ludw. Mayer.

Doctors: Drs. Lendi and Brügger.

Hotels: The *Bernina Hôtel*.

San Adrian y la Losilla.—Spain, province of Léon, near Vecilla.

Bicarbonate of magnesia and iron waters, 90° F.; 4 grammes of mineralisation, of which 2 are carbonate of magnesia.

San Agustin.—Spain, province of Madrid, near Colmenar Viejo.

Hydrosulphuric waters.

Special indications: Skin diseases, spasmodic asthma, liver and splenic disorders, caries and intermittens.

There is an establishment which is tolerably complete in its arrangements.

Special indications: Nervous complaints, disorders of the digestive organs, anæmia and chlorosis.

The establishment offers little attraction.

Doctor: Dr. Rulifanehas.

San Bernardino.—Switzerland, canton of Grisons; 5,200 feet above sea-level.

Ferruginous waters.

Special indications: Dyspepsia, lymphatism and catarrhal affections.

Largely frequented establishment, which is well fitted up.

The situation is one of the most picturesque in Switzerland.

San Bartolomé de la Cuadra.—Spain, province of Barcelona, near San Feliz.

Effervescient ferruginous waters.

The establishment is beneath notice.

Doctor : Dr. Arnesto.

San Casciano.—Italy, province of Siena, valley of the Paglia.

Ferruginous waters, 110° F., and sulphurous waters, 100° to 120° F.

These waters were much used in antiquity, as the ruins in the neighborhood prove. The new establishments are very complete, and afford abundant and comfortable accommodation. Great efforts are being made to resuscitate the place once more. The scenery is picturesque.

San Daniele.—Italy, province of Padova, near Abano.

Cold sulphurous waters.

There is no establishment and the water is only used internally.

Sandefjord.—Norway.

Sea baths and sulphurous waters.

Climate very mild.

Season : June—August.

The best frequented station in Norway. Establishment and accommodation equally good.

Sandgate.—England, Kent, between Folkestone and Hythe.

Sea baths ; shingly beach. Climate mild.

Season : June—September.

Doctor : Dr. Howard.

Sandown.—England, Isle of Wight.

Sea baths fine sandy beach ; climate very mild. Bathing arrangements are very good.

Doctor : Dr. Neal.

Sandrocks.—England, Isle of Wight, near Chale.

Alkali saline waters, 40° F.

Special indications : Intermittent fevers, chronic dysenter rheumatism, intestinal affections.

San Fedele.—Italy, Tuscany, valley of the Cecina, near Volterra.

Saline waters. Exported.

The establishment is good.

San Filippo.—Italy, Tuscany, valley of the Orcia, near Radicofani.

Bicarbonate of iron and sulphate of lime waters ; 5 springs, ranging from 45° to 120° F.

The establishments might be improved.

San Genesio.—Italy, Piedmo on the Po.

Sulphurous iodurated waters.

Used only for drinking. No establishment of any note.

San Georgen.—Austria-Hungary, near Pressburg.

Earthy alkaline sulphurous waters.

Special indications: Disorders of liver and spleen, chronic skin diseases, lymphatism.

The establishment is situated in an extensive garden, and is elegant and comfortable.

Society at San Georgen is very select.

Sangerberg.—Austria, Bohemia, near Marienbad.

Alkali-saline ferruginous waters.

The establishment is excellent; accommodation first-class and moderate in price. Park and gardens are well kept. The surrounding country affords very interesting excursions.

Doctor: Dr. H. Penn.

San Germano.—Italy, province of Naples, near the lake of Agnano.

Steam baths, 90° to 150° F. The waters from which the steam is given off contain sulphides of calcium and iron.

Special indications: Rheumatic pains, joint affections, catarrhs, neuralgias, paralysis.

The baths are not prolonged beyond a quarter of an hour.

San Giuliano.—Italy, Tuscany, near Pisa.

Sulphate of lime waters, 80° F.

Special indications: Nervous affections.

The establishments are good.

San Giuseppe.—Italy, Naples, near Mondragone.

Cold ferruginous waters.

Only used by the surrounding peasantry.

San Gregorio de Brozas.—Spain, province of Cáceres, near Alcántara.

Sulphurous earthy waters, 60° F.

Special indications: Intestinal and digestive disorders, hyperæmia of liver, vesical catarrhs, anæmia and chlorosis.

The situation is picturesque, and the surrounding hills are well wooded and afford long and sheltered walks. The establishment and accommodation are deficient.

Doctor: Dr. Balbas.

San Juan de Azcoitia.—Spain, province of Guipuzcoa, near Tolosa.

Sulphate of lime waters, 40° F.

Special indications: Skin diseases, bronchial catarrhs.

The valley is very beautiful, but the establishment and accommodation are inferior.

Doctor: Dr. Diaz.

San Leopoldo.—Italy, district of Lari, near Val d'Era.

Muriate of iron waters.

Special indications: Vesical catarrh, hysteria, hypochondriasis, liver complaints.

San-Lorenzo.—Austria, Istria, 1½ hour from Trieste, 40 minutes from Pirano.

Sea baths; very fine sandy beach; whey and grape cure; mud baths; a climatic station in summer.

The climate is equable, and the air pure.

San Juan de Campos.—Spain, Balearic Islands, island of Mallorca.
Thermal saline and silicated waters, 115° F. ; 0·78 of silicate.
Winter station.

Special indications : Rheumatism, skin diseases.

The waters are good, and would warrant greater use being made of them ; at present the establishment, as well as the accommodation, is neglected.

Doctor : Dr. Sanchez Jabra.

San Martino.—Italy, Valtelino, near Bormio ; 4,950 feet above sea level.
Mixed sulphurous waters, 100 F.

Season : June—August.

Two well-arranged establishments, and good accommodation.

San-Marziale.—Italy, Tuscany, district of Siena, Val d'Elsa.
Earthy waters, 80° F.

Though well known and much visited in antiquity the baths are now neglected. In spite of considerable efforts to resuscitate them, they are not much frequented.

San-Michele delle Formiche.—Italy, Tuscany, on the Monte Sestolo.
Sulphurous waters, 120° F.

Special indications : Inveterate gout, skin diseases, nervous affections, rheumatism.

The establishment consists of a small building, with two cisterns and several distinct baths.

San Pedro do Sul.—Portugal, province of Beira.
Hyperthermal sulphurous waters.

San Sebastian.—Spain, Santander, in the Bay of Biscay.
Sea baths ; sandy beach. Climate bracing, yet mild.

Season : June—September.

One of the fashionable Spanish seaside resorts. The scenery around is picturesque.

Doctor : Dr. Smith.

Hotel : Hôtel Ingles.

San Vicens.—Spain, province of Lerida, near Seo de Urgel.
Sulphurous alealine waters, 50° F.

Special indications : Skin diseases, bronchial and vesical catarrhs.

The establishment and accommodation are modern, the former not quite complete, and the latter moderate in price. The surroundings are bare.

Doctor : Dr. Laza.

San Remo.—Italy, on the Riviera di Ponente, near the French frontier 18,000 inhabitants. For routes see table.

Winter station of first importance; sea baths.

Season: For winter, November—May. Sea bathing, September—November.

More than 7,000 visitors annually.

Special indications: Latent serofula, chronic bronchial, stomachic and intestinal catarrhs, emphysema, pharyngitis, laryngitis, pleuritic exudations, incipient phthisis, rheumatism, Bright's disease, diabetes and general debility.

The mean winter temperature, according to Dr. Hassall's statistics, is 54° F.; the mean barometric pressure, 761.5 mm.; relative humidity of the air, 66.7 per cent.; death-rate, 24 per 1,000; rainy days during seven season months, 30; sunny and cloudy, 182. Wind and fogs are rare. Snow quite exceptional, in some winters not more than once or twice.

San Remo proper is an old town, with the characteristics and peculiarities of the middle ages more marked than in any other town along the coast. Some of the streets of the old quarter are unoccupied at present, and a traveller with a little ingenuity may easily fancy himself transported to the ruins of Pompeii. San Remo is well sheltered, as the mean temperature shows. Both its older and newer portions are higher than any town on the Riviera. The town itself is built on a hill, with its base resting on the seashore. This hill rises behind it to an altitude of 4,270 feet (Monte Bignone). Three ranges of mountains form a natural shelter for San Remo. The first is formed by seven olive-clad hills, separated from each other by a number of picturesque valleys, in which the lemon tree is successfully cultivated. Next is the Monte Bignone, already referred to, which is pine-clad and forms an unbroken chain. Behind this second range come the Alpes-Maritimes, with an elevation of from 7,000 to 8,000 feet. The latter are invisible from the town, and can only be seen from the summits of the second range. San Remo is thus open only to south-east, south and south-west winds. Splendid bathing establishment just erected, at great cost, containing large ball rooms, &c., &c. Great improvements have recently been made by the construction of new roads, notably one by which visitors can now pass from the east to west quarters of the San Remo without going through the town.

In early spring, the country round the bay resembles a vast garden. As regards vegetation San Remo is perhaps the most favoured of any health resort on the Riviera. As early as the month of February wild flowers come into bloom, a fact which sufficiently attests the mildness of its climate. The air is bracing and healthy to a degree which attracts the attention of visitors staying for any length of time. The climate may be described as moderately warm, dry, very sunny, and in comparison with other towns on the coast, only slightly stimulating.

There is a theatre and a club. Daily concerts are held in the Giardino Publico.

English Church: St. John the Baptist, All Saints and Presbyterian, Via Carli.
Post and Telegraph Office: Via Vittorio Emanuele.

Chemist: Squire, Court Chemist by appointment to His Majesty the late German Emperor, King of Prussia, Via Vittorio Emanuele.

Bankers and Exchange Office: Asquasciati Bros., Via Vittorio Emanuele.

Bookseller and Circulating Library: Gandolfo, Via Vittorio Emanuele.

House and Estate Agency: Congrêve, Via Privata.

Doctors: Drs. Hassall, Freeman, Kay-Shuttleworth, Secchi, Strachler, Tymauski and Beatty.

Hotels: *Hôtel de Londres*, very comfortable First-class Hotel, situated on the West Cliff facing the sea; close to the English church. Free library for English visitors. Bogge Frères, proprietors.

Hôtel Victoria.

Santa Agueda.—Spain, province of Guipuzcoa, near Villareal; 800 feet above sea level.

Cold hydrosulphuric waters, also a ferruginous spring.

Season: June—September.

Special indications: Skin diseases, and especially female complaints.

A clean, well-conducted and well-frequented bathing establishment. The accommodation is very good, and prices are moderate. It is undoubtedly the best in every respect in Spain, and can compete with the most famous spas of Germany or France.

The environs are picturesque, and residence pleasant.

Doctor: Dr. Lucientes y Pueyo.

Santa Ana.—Spain, province of Valencia, near Játiva.

Acid waters, 55° F., containing iron.

Special indications: Skin diseases, catarrhs, anæmia, chlorosis, calculus and scrofula.

The establishment and accommodation are inferior, and consequently Santa Ana is little visited.

Doctor: Dr. Suñer.

Santa-Catalina.—Spain, province of Canary Islands, on the island of Gran Canary.

Saline waters 55° F.

There is no establishment, and they are very little used, though their efficacy should make them much frequented.

Santa Barbara.—North America, California.

Thermal sulphurous waters, 90° F.

Santa Cesarea (Acqua di)—Italy, province of Lecce, district of Galipoli, near Ortelle, on the line from Brindisi to Otranto; stop at Maglie, thence by omnibus (1½ fcs.), or carriage (5 frs. to 10 fcs.).

Earthy ferruginous sulphurous water, 65° F. Healthy and mild climate.

Season : May—October.

Frequented by more than 4,000 patients during the season.

Special indications : Rheumatism, skin diseases, chronic affections of the intestines.

The establishment is good. Close to the spring accommodation can be had at from 4 fcs. to 8 fcs. a day. Post and Telegraph at Poggiardo, 1 hour distant.

Santa Filomena de Gomillaz.—Spain, province of Aláva, near Vitoria.

Sulphurous earthy waters, also a ferruginous spring.

Special indications : Skin diseases, more especially those of syphilitic origin. Affections of the digestive and urinary organs, leucorrhœa, amenorrhœa and dysmenorrhœa.

The site is very picturesque. The establishment is modern and elegant. Large galleries connect it with the hotel. The whole is surrounded by lovely gardens, and a park with extensive and well-sheltered walks. Especially suitable for patients going south for the winter, who may here pass a short time during the early autumn. The accommodation is in keeping with the establishment. Residence is pleasant. Prices are moderate. Much visited.

Doctor : Dr. Lázaro.

Santa Gonda.—Italy, Tuscany, between Pisa and Florence, on the left bank of the Evola.

Earthy saline waters, 55° F. Mud baths.

Special indications : Skin diseases, chronic gout and rheumatism.

Santa Margherita.—Italy, on the Riviera di Levante, 1½ hour from Genoa.

Winter station.

This little town, at the head of the bay of Rapallo, is charmingly situated in a sheltered position. It has a promising future before it.

Santander.—Spain, capital of province of same name. 40,000 inhabitants.

Sea baths, with very fine sandy beaches at *San Martín*, inside the harbour, with gentle surf, and at *Sardinero* and *Magdalena* outside, with strong surf.

Santander offers a great variety of attractions and amusements during the season.

Santa Restituta.—Italy, island of Ischia, near Lacco.
Saline waters, 115° F.; sand baths.
The establishment is good.

Santenay.—France, Department of Côtes d'Or.
Saline waters; laxative action.
The town has a future.

Santorin.—Greece, an island in the Grecian Archipelago.
Chalybeate waters.
The finest island in the Grecian Archipelago, renowned in ancient times for its luxuriant vegetation.
The establishment is small and incomplete. Some accommodation can be obtained.

San Vigone.—Italy, Tuscan, valley of Oreia, on the road from Siena to Rome.
Sulphate and carbonate of lime waters, 105° F.
Special indications: Rheumatism, skin diseases.

Saragoza.—Spain, capital of the province of same name, from Paris, *viâ* Bordeaux and Irun.

Situated on the Ebro. It is one of the most ancient towns of Spain.

The country all around is very productive, and the scenery charming. The town is said to have been founded by one of Noah's nephews; it is certainly one of the ancient "castra" of the Romans. It has become famous on account of its siege by the French in 1808 and 1809.

OBJECTS OF INTEREST.—The Cathedrals of la Seo and of el Pilar, Lonja, Torre Nueva, Aljaferia, Archiepiscopal palace; General Hospital, University, Workhouse. Casa del comercio, Casa del raporto, Casino, Theatre.

Excursions: Paseo de Sta. Eugracia, Torreo, Buena Vista, Monte Oscuro, Casa Blanca, Moncayo.

CABS: No fixed tariff, therefore make an arrangement before engaging.

Post-office: In Calle del Coreo.

Telegraph: At Civil Governor's house.

Doctor: Dr. Daina.

Hotels: *De l'Univers, de l'Europe, Cuatro Naciones, Viscaina.*

Saratoga.—North America, State of New York, near Albany.
Saline waters, 20° to 30° F., and cold bicarbonate of iron waters.
Special indications: Dyspepsia, calculous affections, scrofula.
A very fashionable and much-frequented station. Season, August and September.

Hotels: *Great Union, Washington, pension £1 a day.*

Sarcey.—France, Department of Rhône, near Lyons.
Cold ferruginous bicarbonate waters.

Sardara.—Sardinia.

Sulphurous waters, 145° F.

Only frequented by inhabitants of the island.

Special indications : Rheumatism.

Sardinero (El).—Spain, province of Santander, and 3 miles from the capital.

Sea baths, very fine sandy and extensive beach, good surf. The establishments are first-class.

Sojourn here is very agreeable, there being a Casino. The concours is very large and accommodation abundant ; 8 large hotels exist, each admitting above 100 persons. Prices are rather high for Spain, as it would be difficult to find pension below 10 fcs. per day.

The surroundings are beautiful and offer many excursions. Frequented by more than 5,000 visitors in the season.

Sarepta.—Russia, Government of Saratow, district of Zarizyn.

Saline bitter waters. Exported.

There are some establishments, and the accommodation on the whole is comfortable.

Sark.—England, Channel Islands.

A holiday resort only, as there are no baths, nor is the air particularly healthy. The place is interesting for its scenery.

Sassnitz-Krampas.—Germany, Pommerania, on the island of Rügen.

Sea bathing, sandy beach, with heavy surf.

The situation is fine, and owing to its quiet the place is visited chiefly by real invalids. Accommodation very good.

Doctors : Drs. Oppermann and Fickel.

Sasso di Maremma.—Italy, Tuscany, on the Ombrone, near Grosseto.

Ferruginous bitter waters. Exported.

The establishments are inferior, and accommodation inadequate.

Saturnia.—Italy.

Sulphurous waters, 100° F.

The establishment might be improved.

Accommodation indifferent.

Saturraran.—Spain, province of Guipúzcoa, 32 miles from Zumarraga.

Sea baths, very fine sands, strong surf, almost level beach.

Climate bracing.

Frequented by about 2,000 visitors in the season.

Saubuse.—France, Department of Landes.

Saline waters, 80° F.

Special indications : Rheumatism.

Saucats.—France, Gironde.

Cold ferruginous bicarbonate waters.

Saudon.—Spain, province of Guadalaxara.

Sulphurous waters.

Special indications : Rheumatism and skin diseases.

Saulce (La).—France, Department of Hautes Alpes, near Gap.

Saline waters, 35° to 55° F.

Sault.—France, Department of Vaucluse.

Cold sulphate of lime waters.

Saundersfoot.—Wales, Pembrokeshire, on Carmarthen Bay, near Tenby.

Sea baths and chalybeate waters, sandy beach. Climate fine and bracing.

Season : June—September.

Doctor : Dr. Allen.

Sausillonges.—France, Department of Puy de Dôme.

Cold bicarbonate of soda waters.

Special indications : Liver complaints, anæmia.

Saute-Vaux.—France, Department of Cantal.

Bicarbonate of soda waters.

Special indications : Liver complaints, anæmia, feeble digestion.

Savernolles.—Department of Cantal.

Cold ferruginous bicarbonate waters.

Special indications : Chlorosis.

Saxe (La).—France, near Courmayeur in Savoy ; 3,750 feet above sea level.

Sulphate of lime waters, 70° F.

The establishment is good and affords comfortable accommodation.

Saxon.—Switzerland, canton Valais.

Bromo-iodurated saline waters, 60° F. Climate mild and healthy.

Special indications : Syphilis, scrofula, and gout.

The environs are very picturesque, and numerous excursions may be made.

Doctors : Drs. Reichenbach and Boyer.

Scarborough.—England, Yorkshire, on the coast of the North Sea Great Northern line of rail.

Cold sulphate of magnesia and iron waters.

Very fashionable and much-frequented sea baths.

Doctors : Drs. Cooke and Dale.

Hotels : The Royal.

Scey.—France, Department of Haute Saône, near Vesoul.
Cold mixed bicarbonate waters.

Schandau.—Germany, Saxony, railway from Dresden to Prague.
Cold ferruginous bicarbonate waters.
A climatic station. Tonic action.
The establishment is very good.
Doctors : Drs. Roscher and Benchel.
Hotels : *Bath, Sendig.*

Scheveningen.—Holland, near the Hague, on the North Sea.

A very well frequented (20,000 persons from all parts of Europe) sea bathing station of first importance. Season, from 1st June to 1st October. Very fine sands. The surf is strong. Scheveningen is surrounded by large woods of pine and oak. Temperature of the water, 65° F. Bracing climate.

The bathing arrangements are good, as is the hydropathic establishment, owned by the Kurhaus direction. Scheveningen possesses a splendid Kursaal with terrace facing the sea, where every day concerts by the Philharmonic Orchestron, from Berlin, are held.

The Hôtel Kurhaus and the Hôtel d'Orange are both excellent establishments. Everywhere in Scheveningen scrupulous cleanliness is the rule.

Hotels : Hôtel Kurhaus, Hôtel d'Orange, Hôtel des Galeries, etc., and a large quantity of villas.

On the climate and indications, see :

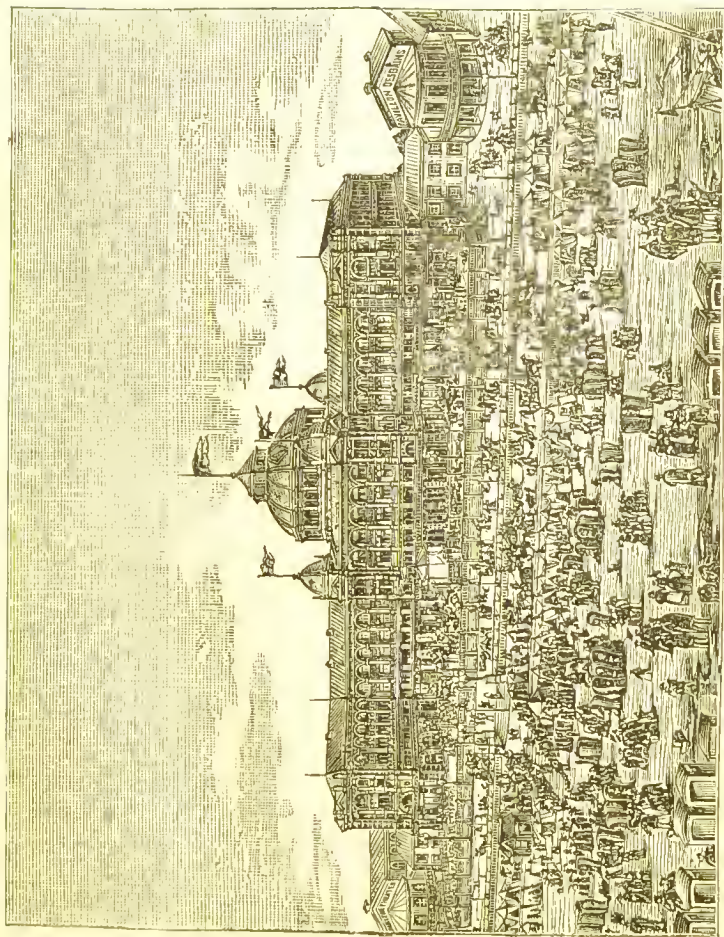
Doctor Francken's "Etude sur les bains de mer du littoral Hollandais," at Paris (Jouve); and his "Guide for Scheveningen" (1891) at the Hague (Belinfante Brothers); and the "Climate and Health Resorts" of Burney Yeo, of King's College (1891).

Doctor : W. Francken, M.D. of the Paris Faculty, Medical Officer of the Sea Bathing establishment at Scheveningen; winter station (Mentone, Garavan), and Monte Carlo; specialist for balneology, climatotherapeutics, and female diseases; speaks English.

Van der Mandele.

Schieder.—Germany, Principality of Waldeck, near Meinberg.
Saline waters and brine baths.
Primitive arrangements.

Schimberg.—Switzerland, canton Lucerne, near Ebenstetten.
Alkaline sulphurous and ferruginous waters. Mountain air cure.
A much frequented establishment. Social distinctions count for little at Schimberg.



KURHAUS OF SCHEVENINGEN.

Schinznach.—Switzerland, canton of Aargau, between Berne, Basle, and Zurich, station on the North East Swiss Railway; 1,100 feet above sea level. For routes see table.

Sulphurous waters of considerable celebrity, very rich in sulphuretted hydrogen and carbonic acid, also in chloride of sodium and salts of lime, 95° F. The springs, recently lined with cement, yield about 220 gallons a minute.

Season : 15th May to 1st October.

Special indications : Chronic skin diseases, eczema, acne, psoriasis, furunculosis, &c., scrofula, chronic nasal, throat, and laryngeal catarrh, bronchitis, emphysema, asthma, rheumatism, gout, syphilis, mercurialism.

The mean temperature in summer is 67° F.; the mean barometric pressure 0.728. Atmospheric disturbances are exceedingly rare, and the changes never very rapid.

Schinznach is most picturesquely situated on the rapid and beautiful stream of Aar, at the foot of the Wülpselsberg. This hill, crowned with the old and far-famed ruins of the castle of the Habsburgs, slopes down into a fertile and well wooded valley with a southern aspect.

The establishment stands in its own grounds, which are of large extent, mostly laid out in park, with numerous shady walks, protected from dust and noise. An excellent farm supplies visitors with its produce. Schinznach appears to have been especially intended as a paradise for children.

In this park are six dwelling-houses or pavilions (capable of admitting 350 persons), communicating with each other and with the bath house by long covered verandahs and galleries. Cleanliness in every detail and a faultless table are the principal features of these houses.

The director of the establishment, Mr. Hans Amsler, who has lived for some years in England, and knows English requirements and habits, is very obliging, and will gladly give further information on application.

Post and telegraph office in the establishment : eight departures and distributions daily.

Protestant church.

No cure tax as in many German watering-places.

Concerts, balls, and all other amusements and distractions; walks and excursions of great variety and beauty.

Cabs and carriages, horses.

Three doctors at the establishment, all of whom speak English.

The internal use of the iodine waters of Wildcgg (3 miles from Schinznach) is very efficacious in connection with the baths of Schinznach.

Patients with skin diseases, especially eczema, are advised to continue the waters and fomentations at home, after having left Schinznach. The water bears travelling well.

Schelesna-Wodsk.—Russia, Caucasus, near Pjätigorsk; 1,800 feet above sea-level.

Alkaline ferruginous waters, 65° to 110° F.

Koumiss cure.

Special indications: Intestinal catarrhs, hypochondriasis, catarrh of the urinary organs, rheumatism.

The climate is very healthy, the place being surrounded by pine and other woods. The establishment is elegant, but the accommodation not quite up to the level of western requirements.

A much-frequented station.

Schlackenbad.—Prussia, Saxony, near Hettstadt.

Artificial inert thermal baths.

The establishment is good, and contains ball, concert, assembly and billiard rooms. The situation is romantic.

Schlangenbad.—Germany, Prussian province of Hesse-Nassau, near Wiesbaden; 950 feet above sea level. For routes, see table.

Indifferent waters, 85° to 92° F. Nine springs.

Season: 1st May to 1st October.

Special indications: Menstrual difficulties, female diseases, chronic inflammation of the pelvic organs, neuralgias, gout, rheumatism, skin diseases, and bad complexions.

The establishment is well arranged, and Schwalbach waters (half hour's distance) are often successfully combined with milk, whey and aromatic herb essences.

The village (60 houses with 500 inhabitants) is situated in a valley of the Taunus, with three entrances towards the south and the Rhine. The valley is surrounded by hills, clothed with forests, and rising to a height of 1,900 feet. The atmosphere is very pure and fresh, and saturated with ozone. The environs are charming and idyllic, with many well-shaded and beautiful promenades and drives.

Concerts, balls, reading-rooms, and various other amusements. Tax for one person 12 marks, other members of a family 9 marks each.

The Kurhaus, Casino, upper, middle, and lower Kurhaus, Hotel de Berlin, and Swiss House are all under the management of the Government. The baths are in three separate establishments.

Post and telegraph in the Kurhaus. In ordering rooms in the Royal or Government Kurhauses, Inspector P. Georgi should be written to. English Divine service.

Doctors: Drs. Baumann and Wolff.

Royal Buildings, Nassauer Hof (with Restaurant), Casino, Upper, Middle and Lower Kurhaus, Hôtel de Berlin and Swiss House.

Schleusingen.—Germany, Thuringia, 1½ hours from Hildburghausen; 1,240 feet above the sea level.

A climatic air station.

The establishment and accommodation are very good.

Doctors: Drs. Lorentzen and Hessburg.

SCHLANCENBAD



1. Upper Kurhaus.
2. "Hôtel de Nassau."
3. "New Hotel."
4. Lower Kurhaus.
5. "Hôtel de Berlin."
6. Swiss Chalet.
7. "Hôtel Victoria."
8. Dr. Baumann's Villa.
9. Chemist.
10. English Church.
11. Post.

Schliersee.—Germany, Bavaria, near Miesbach, 2,400 feet above the sea level.

Climatic air station.

Doctor : Dr. Hummel.

Schmalkalden.—Germany, Hesse-Cassel, on the Werra railway line, 1,000 feet above sea level.

Iodo-brominated saline waters, 45° F. Brine baths.

Special indications : Scrofula.

The establishment is good and the site picturesque.

Doctors : Drs. Tuekel, Lehnebach and Ruhmer.

Hotels : Crown, Eagle.

Schmardau.—Russia, Lithuania, district of Apitsch, near Podaizen.

Sulphurous waters ; not much frequented.

Schmecksz, or Tatra-Füred.—Hungary, comitat Zips, rail to Poprád 3,100 feet above sea level.

Pure alkaline bicarbonate waters. For table use only.

Climatic station.

Special indications : Debility, disorders of the digestive organs, catarrh of the intestines, derangements of liver and spleen, rhaehitis, anæmia and scrofula, phthisis, emphysema, bronchial, laryngeal, and pharyngeal catarrhs.

Bookseller : A. Mayer.

Doctor : Dr. L. Jarmay.

Hotel : The establishment.

Schmeckwitz.—Germany, Saxony, near Dresden.

Earthy saline sulphurous waters, 55° F.

The establishments are good, but the accommodation is not of the best.

Schmerikon.—Switzerland, canton St. Gallen, near Uznach.

Cold ferruginous bicarbonate waters.

Climatic station.

The establishment is well arranged and beautifully situated, with a view over the lake of Zürich.

Schmiedeberg.—Germany, Silesia, near Hirschberg.

Climatic air station.

Doctor : Dr. Kreiss.

Schönauf.—Austria, Bohemia, near Teplitz.—*See* Teplitz-Schönauf.

Thermal indifferent waters.

Special indications : Gout and nervous affections. There are extensive military hospitals here.

Schönbrunn.—Switzerland, near Zug; 2,270 feet above sea-level.

Hydropathic establishments, climatic and whey cure station.
Irish and Turkish baths.

The site is very fine. Climate mild and bracing. The establishment is excellent, and the accommodation equal to that in the best Swiss hotels.

Schönbeck.—Germany, Prussia, province of Saxony.

Saline waters.

Schöneck.—Switzerland, canton Unterwalden, above Beggenried, Lake of Lucerne.

A summer station, with hydropathic establishment, compressed air baths.

Doctor: Dr. Von Corval.

Schöngau.—Switzerland, canton of Lucerne.

Cold bicarbonate of lime waters.

Schooley Mountains.—United States of North America, State of New Jersey.

Ferruginous and magnesian waters.

A much-frequented station.

Schreiberhau.—Germany, Upper Silesia, near Warmbrunn.

Climatic air station, and great centre for excursions.

The surrounding country is very mountainous. The accommodation fair and cheap.

Doctor: Dr. Woreh.

Schüls, also Tarasp-Schüls.—Switzerland, canton of Grisons.

Cold bicarbonate of soda and iron waters.

Schum.—Austria, Tyrol, district of Botzen.

Alkaline, ferruginous and sulphurous waters.

Special indications: Anæmia, rheumatism and general debility, skin diseases and chronic sores.

Schüols.—Switzerland, Engadine, 10 hours from St. Moritz, 3,730 feet above the sea level.

Effervescent ferruginous waters. There are some 30 springs, of which only a few are used.

Schwalheim.—Germany, Hessen, near Frankfort-on-Maine.

Mixed cold bicarbonate waters. For table use only.

Doctor: Dr. Fleury.

Schwallungen.—Germany, Saxe-Meiningen.

Ferruginous waters.

The establishment is indifferent.

Schwarzbach.—Germany, Upper Silesia, near Greiffenberg, 1,600 feet above the sea level.

Climatic air station, and slightly chalybeate waters.

Pure mountain and pine forest air is the characteristic and therapeutical agent of the place.

There are also some very slight chalybeate springs.

Doctor : Dr. Stark.

Schwarzenberg.—Switzerland, near Aarau; 2,180 feet above sea level. Alkali-saline waters.

The establishments are good and the place much frequented.

Schwalbach or Langenschwalbach.—Germany, Hessen-Nassau, between Wiesbaden and Ems; 2,200 inhabitants; 955 feet above sea level. For routes see table.

Chalybeate waters; every description of bath; climatic station; mud baths (peat).

Season : May to October.

Number of visitors, between 5,000 and 6,000, as shown by the visitors' list, the majority being ladies.

Special indications : All female complaints are treated here as a specialty; anæmia, chlorosis, nervous complaints, debility of muscles and mucous membranes, especially catarrhal affections of the genital and urinary organs.

Schwalbach is a neat little town of about 500 houses, tastefully built. Its situation is very romantic, and the surrounding country is picturesque and affords an ample field for excursions. The bathing establishment is an elegant building, with every modern appliance. The Kursaal contains assembly, concert, reading and refreshment rooms. Daily concerts and bi-weekly *soirées dansantes* are given.

A railway from Wiesbaden was opened in November, 1889, which makes access much easier.

English Church.

Post and Telegraph.

Banker and Exchange Office : Ernst Grebert.

Wine Merchants : Ferd. Grebert Söhne.

Doctors : Drs. Frickhöffer, Grebert, Boehm and Genth.

Hotels : *Duc de Nassau*; good, comfortable hotel, recommended to English travellers; kept by Adolf Jahn. *Métropole, &c.*

Schwarzenberg.—Austria-Hungary, comitat Zips, near Igló.

Hydropathic establishment, with all modern requirements.

Schwarzseebad.—Switzerland, six hours from Fribourg; 3,269 feet above the sea level.

Sulphurous waters; climate severe, but healthy.

The establishments are good.

Schwefelbad.—Austria-Hungary, comitat of Zips, near Leibnitz.

Cold sulphurous waters.

Special indications : Rheumatism, gout, chronic skin diseases, and old sores.

The site is beautiful and the establishment good.

Schwefelbergerbad.—Switzerland, canton of Bern; 4,170 feet above the sea level.

Sulphurous waters; little used.

Schweizermühle.—Germany, Saxony, near Königstein; 1,200 feet above sea level.

Hydropathic establishments and climatic station.

Special indications: Affections of the lungs and respiratory organs.

The establishment is elegant and contains comfortable assembly rooms. The accommodation is good and moderate in price.

Doctors: Drs. Roitzsch and Hesse.

Schwelm.—Germany, Westphalia.

Cold ferruginous bicarbonate waters.

Sciaccia.—Italy, Sicily, on the south-west coast.

Three springs, one sulphurous and ferruginous, and one magnesian, the latter slightly purgative; also natural steam baths.

The establishments are good, and the place is much frequented. The accommodation is scarcely in accordance with English requirements.

Sclafani.—Italy, Sicily, province of Palermo.

Sulphate of lime waters, 145° F., containing alum.

Season: May—July.

Bathing establishment is old-fashioned, but the accommodation is fair.

Scsavník.—Austria-Hungary, comitat of Zemplén, near Eperies.

Alkaline ferruginous sulphurous waters.

The establishment is arranged in a primitive manner.

Seaford.—England, Sussex, near Eastbourne.

Sea baths, shingly beach. Climate fine and bracing.

Doctor: Dr. B. Tuck.

Seascale.—England, Cumberland.

Sea baths, sandy flat beach; bracing climate.

Season: June—September.

Seaton.—England, Devonshire, near Sidmouth.

Sea baths, heavy surf; climate mild and bracing.

Doctor: Dr. Pattison.

Hotel: Royal Clarence.

Seaton-Carew.—England, Durham, on Hartlepool Bay.

Sea baths, firm sandy beach; climate bracing.

Doctor: Dr. Norman.

Sea-View.—England, Isle of Wight.

Sea baths, extensive and sandy beach; climate dry and bracing.

Hotel: The Crown.

Sebastianweiler.—Germany, Württemberg, near Tübingen.

Sulphato of sodium waters, 40° F.; laxative and diuretic action.

Well-appointed establishment. The sojourn is quiet, and offers but few amusements.

Sedlitz.—Austria, Bohemia.

Sulphate of sodium and magnesia waters. Purgative action.

Seebruch.—Germany, Westphalia, district of Herford, near Vlotho.

Cold sulphurous waters.

Not much used, and the arrangements are primitive, though the waters are said to be very efficacious.

Seelisberg.—Switzerland, canton of Uri, Lake of Lucerne; 2,210 feet above sea level. For routes see table to Lucerne, thence by rail to Fluelen and boat to Treib, or from Lucerne by boat to Treib; thence by carriage, 30 minutes.

Climatic station in summer, with whey cure and baths in the lake of Seeli. Air very mild and pure; very sheltered. Baths in the hotel.

Season: May 15th to October.

The Canton of Uri is celebrated for the legend of William Tell and the Oaths of Alliance. It is the cradle of the Swiss confederacy. In 1852, the present excellent hotels, three in number, and belonging to the same proprietor, were built. They form the chief attraction of Seelisberg, both as a quiet and comfortable place of call and as a centre for numerous excursions. Owing to its altitude of 2,500 feet, this establishment enjoys the same climatic conditions as the other stations in Switzerland. A moist atmosphere, with an equable and comparatively low temperature, is the characteristic of Seelisberg from a hygienic point of view. Vegetation is luxuriant, and forests, consisting chiefly of pine and fir, begin at the very door of the establishment. The terrace in front of the hotel is 650 feet long, and 1,200 feet above sea level. It is shaded by trees, and is an excellent place to enjoy the beautiful scenery from, or for walking exercise. There is a "Trinkhalle," where most European mineral waters are supplied. Baths of every description; English church in the hotel; Post and Telegraph Office; during the season, concerts, balls, etc.

A resident physician.

The *Hôtel Sonnenberg* contains about 300 bed-room and drawing rooms; it is very well managed, and the prices are moderate. Good kitchen and excellent cellar. The dining-room is cool and well ventilated, 22 feet in height, and capable of holding 500 persons at a time. It is the largest in Switzerland. M. Truttmann, Proprietor.

Seon.—Germany, Upper Bavaria, near Endorf; 1,725 feet above sea level.

Earthy waters; whey cure and brine baths.

The establishment is good and the situation very picturesque.

Seewen.—Switzerland, half-hour from Schwyz ; 1,410 feet above sea level.

Ferruginous waters, highly effervescent.

The establishments are very good and the accommodation comfortable and abundant.

Seewis.—Switzerland, Grisons, near Landquart ; 2,800 feet above sea level.

Climatic air station ; whey and milk cure.

Segesta.—Italy, Sicily, half-hour from the ruins of this old town.

Sulphurous waters, 165° F.

Used in a primitive fashion.

Segray.—France, Department of Loiret, Arrondissement of Pithiviers.

Cold ferruginous waters.

Segre.—France, Department of Maine and Loire.

Cold ferruginous waters.

Segura de Aragon.—Spain, province of Teruel, near Montalvan ; 2,200 feet above sea level.

Alkaline and saline waters, 55° F., also a ferruginous spring.

Special indications : Rheumatism, nervous affections, hysteria, chorea, female complaints, leucorrhoea, eye affections, scrofula.

The establishment is antiquated, but accommodation is good and moderate in price.

Doctor : Dr. Viñolas.

Segura.—Spain, province of Castellon de la Plana.

Saline sulphurous waters, 55° F.

Special indications : Skin diseases and lymphatic affections.

Primitive arrangements.

Seltz or Selters.—Germany, Nassau, Circnit of Wiesbaden on the Ems.

Alkaline highly effervescing waters. Used only for exportation.

Doctor : Dr. Arthen.

Semur.—France, Department of Côte d'Or.

Cold saline waters. Five grains of mineralisation.

Sennfeld.—Germany, Bavaria, near Schweinfurth-on-the-Maine.

Sulphurous waters ; little used.

Sentein.—France, Ariège, near St. Giron.

Cold bicarbonate of iron waters.

Sepey.—Switzerland, canton Vaud, 7½ miles from Aigle by carriage.

A mountain air station.

Excursions in the charming valleys of Ormonts and the Mosses ; place of call for Chateau d'Oex and Diablerets. Very pure air. Post, telegraph, carriage and relays of horses, with guides.

The *Hôtel and Pension des Alpes* is the only hotel which can be recommended. V. Chenaud, proprietor.

Seraglio.—Italy, near Siena.

Indifferent waters, 60° F.

No establishment and little or no accommodation.

Serapis, Temple of.—Italy, near Pozzuoli and Naples.

Alkali-saline waters, 85° F.

A place now scarcely visited, but very celebrated in antiquity, as its ruins shew.

Seravalle.—Italy, Tuscany.

Ferruginous waters, 40° F.

Serboneschte.—Roumania, near Putschos.

Sulphurous waters.

Arrangements primitive.

Serdopol.—Russia, Finland.

Earthy waters.

Only used by the surrounding peasantry.

Sergiewsk.—Russia, Government of Orenburg, near Kasan.

Sulphurous waters.

No accommodation, and visitors have to provide it for themselves as best they can.

Sermaise.—France, Department of Marne, near Vitry le Français.

Mixed sulphate and bicarbonate waters, with a laxative and slightly diuretic action.

Seville.—Spain, capital of the province of same name, from Paris, *viâ* Bordeaux, Irun and Madrid.

As the town is said to have been founded by the Phœnicians, its great antiquity must be admitted. It is one of the most interesting towns in Spain, and is situated in a plain on the right bank of the Guadalquivir.

It was one of the most formidable of Roman strongholds, and became a flourishing city after its siege and capture by Julius Cæsar.

OBJECTS OF INTEREST.—The Cathedral, the Alcazar, the Giralda, the Triana, Museum, Churches of la Caridad, St. Isidro, San Miguel, Sta. Maria la Blanca, Town Hall, Lonja, Fabrica de Tabaco, Picture galleries, Palace of St. Telmo Italica, Baños de Carmona, the walls around the town, Sta. Lorenzo, University, Colombian Library, the Palace of the Archbishop, Hospital, Mint, Casa de Pilatos, Tower of Gold.

EXCURSIONS: Ruins of Italica, Azualfarrache, Triana Cartujà.

CABS: One or two persons, 2 fr.; three or four, 3 fr.; by hour, one or two persons, 4 fr.; three or four, 5 fr.

Post-office: Close to Hotel Madrid and de Paris.

Telegraph-office: Calle de Bailen.

Doctors: Dr. Hanser, de Uriarte.

Hotels: *De las Cuatro Naciones, de Paris, de Madrid, de l'Europe.*

Shanklin.—England, Isle of Wight.

Sea baths, fine sandy flat beach.

Air pure and healthy.

Season : June—October.

Doctors : Drs. Dabbs and Moss.

Hotel : *The Royal*.

Shap.—England, Cumberland.

Alkaline waters.

Sheerness-on-Sea.—England, Kent, on the Medway.

Sea baths, shingly and sandy beach, climate bracing.

Season : June—September.

Doctors : Drs. Arrol and Swales.

Hotel : *The Fountain*.

Shotley.—England, Northumberland.

Chloride of calcium and ferruginous waters.

Sibitschudi-Suz.—Roumania.

Ferruginous and sulphurous waters. Very primitive arrangements, and the place is little visited.

Sibó.—Austria-Hungary, comitat of Zsolnok.

Sulphurous waters, little used.

Sid.—Austria-Hungary, comitat of Gömör, near Vargede.

Alkaline ferruginous waters.

The arrangements are of the most primitive kind, and very little is done for comfort.

Sidmouth.—England, Devonshire, near Exeter.

Sea baths, sandy beach ; climate equable.

Season : June—September.

Doctor : Dr. Hodge.

Hotels : *The Royal York*, *the Knowle*.

Siekeriki.—Russia, Poland, near Varsovia.

Ferruginous waters.

The establishment is incomplete.

Sierk.—Germany, Lorraine, near Thionville.

Cold saline waters, similar to those of Mondorf.

Sierra Alhamilla.—Spain, province of Almeria, near Pechina : 1,800 feet above sea level.

Alkaline effervescent waters, 120° F. ; used in drinking.

Special indications : Rheumatism, gout, uric diathesis, paralysis, white swelling, tendinous contractions, caries and necrosis, chronic ulcers, hyperæmia of liver and intestinal obstructions.

The establishment is thoroughly well fitted up. The accommodation is very inferior, the rooms containing only chairs and tables ; patients are expected to bring their own bedding and linen. The prices are moderate.

Doctor : Dr. Hernandez.

Sierra Elvira.—Spain, province of Granada, near Santa Fé.

Sulphurous earthy waters, 60° to 65° F.

Special indications: Skin diseases, rheumatism, stomachic disorders, vesical and uterine catarrhs, chorea and scrofula.

The establishment is much behindhand, and the accommodation very inadequate.

Doctor: Dr. Saez de Tejada.

Siete-Aguas.—Spain, province of Valencia, near Chiva.

Effervescent alkaline waters, 50° F., containing traces of iron.

Special indications: Nervous complaints, dyspepsia, skin diseases, scrofula.

The establishment and accommodation are fairly good. The situation is fine.

Doctor: Dr. Gil.

Sigliano.—Italy, Romagna, valley of the Teverino.

Alkaline ferruginous waters.

The arrangements are still of a primitive character.

Silloth.—England, Cumberland, near Carlisle.

Sea baths; sandy and gravel beach; climate mild, dry, equable.

Season: June—September.

Doctor: Dr. Leitsch.

Hotel: The Solway.

Silvanès.—France, Department of Aveyron, near St. Affrique.

Ferruginous bicarbonate waters, 90° F.

Sinigaglia.—Italy, province of Ancona, and near that town.

Sea baths and sulphurous spring, 110° to 130° F.

Special indications: Arthritis, rheumatism, gout, skin diseases, affections of the liver and spleen.

Much frequented by wealthy Romans, although there is no bathing establishment. The spring is half-an-hour distant from the town.

Sinzig.—Germany, Rhenish Prussia, near Bonn.

Alkaline muriatic waters; a climatic station in summer, with whey and grape cure.

A very old town, with picturesque surroundings.

Doctor: Dr. Asehnann.

Siradan.—France, Department of Hautes Pyrénées, near Bagnères de Bigorre.

Sulphate of lime and ferruginous waters.

Special indications: Affections of the urinary organs, chlorosis, and anæmia.

Sironabad.—Germany, Hessen, near Nierstein.

Sulphurous waters.

The ruins, said to be those of Roman buildings, serve to shew the long period during which these waters have been used. The place is now little visited.

- Sisso.**—Austria-Hungary, comitat of Neutra, district of Gross-Tapolczá.
Alkaline-saline earthy waters.
Little visited.
- Sitka.**—Russian America.
Hyperthermal sulphurous waters.
- Sixt.**—France, Department of Upper Savoy, near La Croix de Pilly.
Effervescing ferruginous waters.
- Skara-Chori.**—Greece, Morea, Elis, near Katacobi.
A sulphurous warm lake.
There are some ruins of ancient baths with mosaic floors.
They are still used as baths.
- Skegness.**—England, Lincolnshire.
Sea baths, sandy beach; climate bracing.
Season : June—September.
Hotel : The Sea View.
- Skinburness.**—England, Cumberland on the Solway.
Sea baths, fine sandy beach; climate mild and dry.
Season : June—September.
- Slepzoff-Michailloff Springs.**—Russia, Caucasus, near Wladiskawkas.
Sulphurous waters, 70° F.
There is a military hospital, but all other arrangements are as yet in a primitive state. The site is romantic and the scenery wild. Good hunting can be had.
- Smokobe.**—Turkey, on the Greek frontier.
Sulphurous waters.
Very primitive; holes are sunk in the ground.
- Smyrna.**—Asia Minor.
Thermal sulphurous waters.
- Sobron.**—Spain, province of Alava, near Vitoria and Miranda.
Alkali-saline waters, 60° F.
Special indications : Chronic intestinal derangements, hyperæmia of liver and spleen, vesical catarrhs, menstrual difficulties.
The place is situated in a charming valley. The establishment is not quite complete, but affords good accommodation at low prices.
Doctor : Dr. Tejada y España.
- Soest.**—Germany, Westphalia.
Saline waters. Brine baths.
Special indications : Scrofula.
The establishments are good.
Doctors : Drs. Garms and Suhren.

Soden.—Germany, Nassau, at the foot of the Tannus, near Frankfort-on-Maine.

Effervescing and saline ferruginous water, 45° F., with laxative and alterative action.

Special indications: Scrofula, abdominal plethora, pulmonary phthisis.

Fine climate, beautiful situation.

Doctors: Drs. Köhler, Thilcnius and Fresenius.

Hotels: Kurhaus, d'Europe (de Frankfort).

Sohl.—Germany, Saxony, near Elster; 1,418 feet above sea-level.

Ferruginous waters.

The arrangements are primitive.

Solan de Cabras.—Spain, province of Cuenca, near Priego.

Bicarbonate of lime waters, 45° F.

Special indications: Nervous affections, skin diseases, tabes, intermittent fever and marasmus, vesical catarrhs.

The establishment is an indifferent one.

Doctor: Dr. Valdivieso.

Solares.—Spain, province of Santander, near Bóo.

Saline waters, 70° F.

Special indications: Lymphatic affections.

Arrangements primitive; the accommodation is Spanish.

Doctor: Dr. Sarraci.

Sombór.—Austria-Hungary, comitat of Harómszek, near Torja.

Sulphurous waters, 45° F.

Very little used.

Sonneberg.—Germany, Saxe-Coburg; 1,250 feet above the sea level.

Climatic air station; hydropathy.

Doctor: Dr. Richter.

Sonthofen.—Germany, Upper Bavaria, near Immensee, 2,250 feet above sea level.

Climatic air station.

Doctors: Drs. Schmid and Cheverry.

Sostó.—Austria-Hungary, comitat of Szabolcs.

Natronlake.

A thoroughly well arranged establishment.

Sotteville-lez-Rouen.—France, Department of Seine Inférieure, near Rouen.

Thermal saline bromo-iodurated waters, 55° F.

Soulac-les-Bains.—France, Department of Gironde.

Sea baths.

Very fine beach.

Soulieux.—France, Department Isère, near Grenoble.

Sulphate of magnesia and soda waters, 5 grammes of mineralization.

Sorrento.—Italy—Bay of Naples, one hour's drive from Castellammare 7,500 inhabitants.

Climatic air station, with sea bathing.

Season : February till June.

The situation of Sorrento, facing Capri, is one of the most lovely in the world. The country around is in a state of high cultivation. Very good fruits and fish. Tasso was born at Sorrento, 1544. The manufacture of scarves and stockings is the chief industry, together with wood mosaic work. The environs are very beautiful.

English Church Service in the Hotel Tramontana.

Banker and Exchange Office : A. Falangola.

Post and Telegraph Office : Piazza Tasso.

Chemist : Dr. Galano.

Doctors : Drs. Mayo, and Galano.

Hotels : The *Hotels Tramontano, Tasso and de la Sirène* are very comfortable, and afford splendid views over the whole bay. Large garden, with baths in sea. L. Tramontano proprietor.

Sousas and Caldeliñas, or Aguas de Verin.—Spain, province of Orense, on the frontier of the Portuguese province Traz-oz-Montez.

Alkali saline waters, 49° F. ; chemically superior to the waters of Vichy.

Special indications : Calculus, hyperæmia of liver and spleen, gastralgia.

There is a fairly good establishment at Souzas, but at Caldeliñas the most primitive arrangements still prevail. Comfort is conspicuous by its absence, though the efficacy of the waters would amply repay a large outlay. They are unrivalled in the treatment of calculus.

Doctor : Dr. Gavilanes.

Southampton.—England, Hants.

Sea baths, unsatisfactory beach ; climate mild and healthy.

Season : June—September.

Doctors : Drs. Olliver and Ward.

Hotel : The *South Western*.

Southbourne-on-Sea.—England, Hants.

Sea baths, excellent sandy beach ; climate healthy and invigorating.

Season : July—September.

Southend-on-Sea.—England, Essex.

Sea baths, sandy beach ; pure and bracing air.

Season : June—August.

Doctors : Drs. Jones and Phillips.

Hotel : The *Royal*.

Southport.—England, Lancashire.

Much frequented sea bathing-place, with sandy beach, and mild and pure air.

Season : June—July.

Doctor : Dr. Elias.

Southsea and Portsmouth.—England, Hants, opposite Isle of Wight.

Sea baths, sandy beach, with very good bathing; climate mild and steady.

Season : July—October.

Doctors : Drs. Axford and Simpson.

Hotel : The *Queen's*.

South Shields.—England, Durham, on the Tyne.

Sea baths, sandy beach; climate pure and bracing.

Season : June—September.

Doctors : Drs. Dalziel and Spear.

Southwold.—England, Suffolk.

Sea baths, sandy beach; climate very equable and healthy.

Season : June—September.

Doctor : Dr. Vertue.

Hotel : The *Swan*.

Spa.—Belgium, close to the German frontier, 17 miles from Liege and Aix-la-Chapelle, 1,050 feet above the sea level; nearly 7,000 inhabitants. For routes see table.

Highly effervescent ferruginous and acidulous waters. Every description of bath.

Season : May to October. Air healthy and bracing.

Number of Visitors : More than 30,000 annually.

Special indications : Anæmia, chlorosis, female complaints, hysteria, gastralgia, sterility, difficult menstruation, liver complaints, urinary disorders, cachexia, mucous catarrh of the uterus, &c.

English and Scotch churches.

Bookseller : Jos. Engel, opposite the Pouhon

Doctors : Drs. Mackenzie, Lezaack and De Dameseau.

Hotel : The *Hôtel de Flandre*.

Spag.—Russia, Government of Pleskow, on the Dūna.

Sulphurous waters. Primitive arrangements.

Spalato.—Austria, Dalmatia.

Saline and sulphurous waters, 28 grammes of mineralisation of which 19 grammes are chloride of sodium.

Special indication : Scrofula.

Spiekeroog.—Germany, Oldenburg, island in the North Sea, off the coast of Friesland.

Sea baths; sandy beach.

The bathing arrangements are simple, accommodation cheap, and scrupulously clean. Boating and hunting seadogs afford amusement for visitors.

Doctor : Dr. Pfeiffer.

Spezia (La).—Italy, on the Riviera di Levante, an Italian maritime port, between Genoa and Pisa. Fine Bay.

Winter air-cure and summer sea bathing station.

Mean winter temperature, 50° F.; 74 rainy days, 64 cloudy days, and 63 sunny, during the winter season. The atmosphere is more humid than on the Riviera di Ponente. Spezia is especially recommended to people who find a difficulty in sleeping in other seaside places.

The Piazza Vittorio Emmanuele is a very fine square, and the gardens are being extended every year. The walks are admirably clean, and this is a very favourite one.

Very picturesquely situated; air fine and bracing. Many excursions. The new road to the fortifications, commanding a magnificent view over the bay, is open to visitors.

There is a good theatre and a casino.

Vegetation is luxuriant, and composed chiefly of olive and vine trees. The water is good, but should always be mixed with wine at the beginning of residence, to prevent diarrhœa. There is very little dust.

English church in winter.

Post office : Corso Cavour.

Telegraph : Via Facio.

Chemist : Fossati, Farmacia Regia.

Doctors : Drs. Sparks and Goldschmidt.

Hotel : The Grand Hôtel de Spezia.

Spital.—England, Durham, near the mouth of the Tweed.

Cold sulphate of soda waters.

Laxative action.

Sprofonzo.—Italy, Tuscany, near Asciano.

Nine springs. Sulphurous waters, 37° to 75° F., mud baths.

The establishments are good.

Stachelberg.—Switzerland, canton of Glarus; 2,800 feet above sea-level.

Cold sulphur waters.

Special indications : Skin diseases, chronic laryngitis.

A very well-appointed establishment, with comfortable accommodation. The situation is highly picturesque.

Doctor : Dr. König.

Staraja-Rossa.—Russia, district of Nischni-Novgorod.

Cold saline iodo-brominated waters.

The establishments are very good, and the place is one of the most frequented of Russian stations. Its situation is charming.

Doctors : Drs. Bloeh, Pawleff, Roehelt and Weber.

Staden.—Germany, Hessen-Nassau, near Nidda.

Earthy saline waters. Exported.

The establishments are incomplete, though the spring is one of the oldest in Germany.

Starbeek.—England, Yorkshire, near Harrowgate.

One ferruginous and one sulphurous spring, both slightly mineralised.

There is a bathing establishment lately opened, which is beginning to be frequented.

Stavenhagen.—Germany, Mecklenburg.

Earthy alkaline ferruginous waters.

The arrangements leave room for improvement.

Steben.—Germany, Bavaria, district of Upper Franconia, near Hoff; 1,900 feet above sea level.

Five ferruginous effervescing springs, and mud baths.

Mountain air cure.

The situation is most picturesque. The establishments are fitted with all modern improvements. The accommodation is comfortable and moderate in price.

Doctors: Drs. Klinger and Stifler.

Hotels: *Anchor, Bavière.*

Steinabad.—Germany, Baden, in the Black Forest.

A climatic station.

The place is situated in the midst of pine forests. The climate is mild and strengthening. Disorders of the digestive organs are those chiefly benefited by residence.

Doctor: Dr. Wiel.

Steinerhof.—Austria, near Bruck.

Climatic air station with hydropathy.

Doctor: Dr. Mally.

Steinfurt.—Germany, Hessen-Nassau, near Wisselsheim.

Saline waters.

The place deserves to be better known. At present the waters are used only by the surrounding inhabitants.

Steinheyde.—Germany, Saxe-Meiningen.

Saline ferruginous waters.

The site is picturesque, but little has been done towards improving the place.

Sternberg.—Austria, Bohemia, near Prague.

Chalybeate waters. Whey cure station.

The establishment is very efficient. The site is picturesque and much visited.

Doctor: Dr. König.

Steinwater.—Austria, Bohemia.

Sulphate of magnesia waters, 31 grammes of mineralization, of which 28 grammes are sulphate of magnesia.

Purgative, as Püllna and Sedlitz.

Stoika.—Austria-Hungary, comitat of Szolnok.

Alkali-saline waters, 45° F.

No establishment, and the waters are used only in the neighbourhood.

Stolberg.—Germany, Thuringia, in the Hartz; 930 feet above the sea level.

Climatic air station.

Doctors: Drs. Criegée and Foest.

Stolypin.—Russia, on the Knschum, one of the tributaries of the Volga. Saline sulphurous waters.

The establishment is thoroughly well fitted up, is very elegant, and affords comfortable accommodation. Its situation is charming, and the place is rising rapidly in public favour.

Strathpeffer.—Scotland, Rosshire, near Dingwall, in a very picturesque situation.

Strong sulphurous waters.

Hydropathic establishment.

Special indications: Skin diseases, rheumatism.

Doctors: Drs. Manson, Middleton and Fox.

Strasburg.—Germany, capital of Alsace-Lorraine, on the left bank of the Rhine.

One of the strongest fortresses in Europe, captured in 1871 by the Germans, after a long and desperate resistance.

OBJECTS OF INTEREST.—The Cathedral, the University (formerly the Episcopal Palace), Church of St. Thomas, Public library, Town Hall and old Prefecture, Theatre, Academy, Lyceum, Tobacco factory.

EXCURSIONS: Mont St. Odile, Saverne, Greifenstein.

CABS: A drive for one or two persons, 50 pfgs.; one hour 2 marks.

Post and telegraph-office: Schlossplatz.

Bookseller: Derivaux, Rue des Hallebardes.

Dentist: Jacques Wiesner.

Doctors: Drs. De Barry, Kussmaul and Kley.

Hotels: The *Hôtel d'Angleterre*, first-class, nearest to the central station. Telegraph, post-offices and cathedral. Great comfort with moderate charges. Omnibus at the station. C. Mathys, proprietor.

Streatham.—England, near London.

Sulphate of magnesia waters; purgative action.

Stresa.—Italy, Lago Maggiore, in front of the Borromean Islands.

Station of call. Air cure.

Streitberg.—Germany, Bavaria, near Forchheim; 1,800 feet above sea level.

A climatic air station with whey cure.

The surrounding hills are covered with pine forests. The country is picturesque, and abounds in walks and excursions. The establishment is thoroughly fitted up and affords ample accommodation.

Doctor: Dr. Weber.

Stromstad.—Sweden, on the Skagerak, near Gothenburg.

Sea baths; strong surf, stony beach.

The most popular of Swedish sea-bathing places.

Stuben.—Austria-Hungary, comitat of Arva Turóc, on the Stubna.

Earthy saline bitter waters, 110° F.

The establishment and accommodation generally are very satisfactory. The place is romantically situated, and the park and gardens well kept.

Stuer.—Germany, Mecklenburg-Schwerin, on the Plauen See.

Hydropathic Establishment.

The establishment is surrounded by a very well-kept, shady park, and is much frequented.

Doctor: Dr. Bardeys.

Stuttgart.—Germany, capital of Württemberg; from Paris by Strasburg and Kehl, 17¼ hours. 88 fr. 1st class. Cologne, 10 hours.

Stuttgart, most beautifully situated a short distance to the west of the Neckar, surrounded by hills, covered with orchards and vineyards. By the luxuriance of its vegetation its sheltered position is clearly shewn. This makes it particularly suited for a winter health resort, especially for delicate, consumptive, and nervous people. It has one of the lowest death rates of all cities.

OBJECTS OF INTEREST.—Old and new Royal Palace, Rosenstein and Wilhelmina, Public library, Museum of natural history, Commemorative Column, Museum of fine arts, Königsbau, Royal Theatre, English Church, Statues in the Royal Gardens, Post-office, Museum, Liederhalle, and Carlsschule.

EXCURSIONS: Villa Rosenstein, Palace Gardens, Wilhelmina, Cannstadt and Solitude, and Hohenheim, Panorama railway to Hasenberg with Belvedere Tower.

CABS: according to tariff.

Dentist:—Ferd. Klein, Vanderfoord.

Doctors: Drs. Von Koch, Faber (speaks English) and Gärthner.

Hotels: Marquardt, Royal.

Suances.—Spain, province of Santander, 7 miles from Torrelavega.

Seabaths, with extensive beach of the finest sand. Residence here is quiet, but society select.

Suderode.—Germany, near Quedlinburg.

Saline waters.

Special indications: Scrofula, pulmonary affections, anæmia, &c.

Doctor : Dr. Pelizäus.

Hotel : Kurhaus.

Sujo.—Italy, in the valley of Garigliano.

Thermal sulphurous ferruginous and effervescent waters.

Doctor : Dr. Rocco-Tagliata.

Suliguli.—Austria-Hungary, comitat of Mármaros, District of Visso.

Alkali-saline waters.

The establishment is incomplete, and the accommodation not such as to attract visitors.

Sulz.—Hungary, comitat of Eisenburg, near Güssing.

Cold alkaline-earthly waters.

Very celebrated in the district. The establishment is good, and the accommodation satisfactory.

Doctor : Dr. Plohn.

Sulza.—Germany, Saxe-Weimar.

Saline waters; brine baths; grape cure.

Special indications : Scrofula.

The site is charming, and the establishment good.

Doctor : Dr. Säger.

Hotels : Kurhaus and de Saxe.

Sulzbach.—Germany, Alsatia, near Colmar.

Cold bicarbonate ferruginous waters, 4 grammes of mineralisation.

Special indications : Dyspepsia, anæmia.

Doctor : Dr. Schneider.

Sulzbach.—Germany, Baden.

Ferruginous bicarbonate waters, 50° F., 2 grammes of mineralisation.

Special indications : Dysmenorrhœa.

Sulzbad.—Germany, Alsatia, near Weissenburg and Strasburg.

Saline iodo-brominated waters, 4 grammes of mineralisation.

The same therapeutic properties as Wildeg and Kreuznach.

Special indications : Scrofula and lymphatic affections.

The gardens are beautiful, and the establishment well fitted up.

Sulzmatt.—Germany, Alsatia, near Gebweiler and Colmar; 850 feet above sea level.

Effervescing alkaline waters, more gaseous than those of Seltzer.

Special indications : Catarrh of the bladder and lungs.

An excellent table water.

Sumas-Aguas.—Spain, province of Madrid, near Humera.

Ferruginous waters, very effervescent.

Special indications : Obstructions of liver, spleen and kidneys, fever and intermittens, hypochondria and hysterics, atonic diseases, amenorrhœa and urinary disorders.

Suot-Sass.—Switzerland, canton of the Grisons.

Strongly effervescing chalybeate waters.

Sutinsko.—Austria-Hungary, Croatia, near Agram.

Inert waters, 100° F.; climatic station.

This is a very favourite bathing-place. The situation is good, and the air mild and exhilarating.

The establishment is elegant, and thoroughly well fitted up. Comfortable accommodation at reasonable prices.

Sutton.—England, Lincolnshire, near Alford.

Sea baths; sandy beach; climate bracing and healthy.

Season: June—September.

Hotel: *The Jolly Bacchus*.

Swanage.—England, Dorsetshire, Isle of Purbeck.

Sea baths; sandy beach. Climate very healthy. Hydropathic establishment.

Season: July—September.

The surrounding scenery is fine.

Doctors: Drs. Geo. Delamott and Pearse.

Hotel: *The Victoria*.

Swanlibar.—Ireland, near Enniskillen.

Cold hydrosulphuric waters.

Swansea and the Mumbles.—Wales

Sea baths; sandy beach. Climate good.

Rather hot in summer; good establishments.

Doctors: Drs. Bend and Couch.

Swinemünde.—Germany, Pomerania, on the Baltic Coast.

Very well frequented sea baths, near Stettin; very fashionable.

Doctors: Drs. Schulze and Wilhelmi.

Hotels: *Wilhelmsbad* and *Three Crowns*.

Sylt.—Island in the North Sea, on the coast of North Schleswig.

Sea baths; sandy beach, with strong surf.

Doctors: Drs. Ditmann and Marcus.

Hotels: *Royal*, *Strand*, *German Emperor*.

Szalatnya.—Hungary, comitat of Hont, near Schemnitz.

Cold saline earthy waters.

Digestive and diuretic action.

The situation is fine, and the waters are efficacious, but an utter want of energy on the part of the proprietors is gradually destroying the place.

Szaldobos.—Austria-Hungary, Transylvania, District of Udvarhély.

Alkaline ferruginous waters.

The arrangements are very primitive.

Szaploncza.—Austria-Hungary, comitat of Máramaros.

Alkaline effervescent waters; for table use only.

Szator.—Austria-Hungary, near Rimaszecs.

Alkali-saline waters.

Only used by the surrounding inhabitants.

Szczawnicza.—Austria, Galicia, near Neusandek; 1,000 feet above sea level.

Alkali-saline ferruginous waters; whey cure.

Special indications: Chronic metritis, vesical catarrhs, kidney affections, fluor albus, vaginal and uterine catarrhs, goitre, rhachitis.

Owing to its magnificent situation, and the elegance and comfort of its bathing establishments and accommodation, this place is the most important of the Galician bathing stations. Each year the number of its visitors increases. The efficiency of its waters contribute to this result in no small degree. The excursions are very varied and interesting, while the Kursaal supplies all that is required for making the time pass pleasantly.

Doctors: Drs. Kryda and Trembecki.

Szent-Ivan.—Austria-Hungary, near Magyarfalva.

Sulphurous, highly effervescent waters, with gaseous emanations.

Little has been done to attract visitors, and the arrangements are very primitive.

Szinye-Lipoez.—Austria-Hungary, near Eperies.

Alkaline waters, containing iodine and lithium.

Special indications: Kidney and vesical disorders.

Szinyak.—Austria-Hungary, comitat Bereg, near Munkacs.

Sulphurous cold waters, containing alum and sulphuric acid.

Special indications: Gout and rheumatism.

Situation romantic; pure forest air. The establishment is well fitted up.

Szkleno.—Hungary, comitat of Bars, near Schemnitz.

Several thermal sulphate of lime springs, 50° to 135° F.

Special indications: Rheumatism, gout, skin diseases.

The establishments leave much room for improvement.

They are all very elegant, but not well suited to modern requirements. The situation is highly picturesque, and excursions are abundant. The parks and gardens are scrupulously kept, and the surrounding woods are laid out with walks. The sojourn is an agreeable one, and the place is gaining in favour steadily.

Szklo.—Austria, Galicia, 5 hours from Lemberg.

Sulphate of lime water.

Special indications: Skin diseases, rheumatic affections.

The establishments are good.

Szliaez.—Hungary, comitat of Sohl, near Kremnitz; 1,200 feet above sea-level.

Eight ferruginous effervescing springs, 25° to 80° F.

Diuretic, tonic, and fortifying.

Special indications : Anæmia, menstrual disorders, atony.

Well-appointed and well-frequented; beautiful situation.

Doctors : Drs. Hasenfeld, Papp and Neufeld.

Szmrda.—Austria-Hungary, comitat of Oberneutza, near Szenitz.

Sulphurous waters.

Special indications : Chronic skin diseases, paralysis, hæmorrhoids, disorders of liver and spleen, hypochondriasis, hysteria, serofulous and rhachitic affections, dyscrasia, chronic blenorrhœa.

The situation is picturesque, and the concourse of visitors large.

The two bathing establishments are thoroughly well fitted up. The large Kurhaus, built in the style of an old feudal castle, affords very excellent accommodation. The establishments are situated in an extensive English-like park.

Szobrance.—Hungary, near Kasechau.

Saline sulphurous waters, 35° F.

In a very picturesque position, with mild salubrious air and well-appointed arrangements. The list of visitors is composed principally of Russians, Moldavians and Hungarians of the upper classes. The whole place is one large park.

Doctor : Dr. Russay.

Szolyva.—Austria-Hungary, comitat Bereg, near Munkács.

Effervescent alkali-saline waters. The water is largely exported.

Szombat-Falva.—Austria-Hungary, Transylvania, 2 hours from Udvarhely.

Earthy ferruginous and sulphurous waters, the latter of a temperature of 212° F.

The site is picturesque, but little has been done to bring these excellent waters into notice.

Sztubieza.—Austria-Hungary, comitat of Agram.

Inert waters, 140°.

Special indications : Chronic, nervous and skin affections, rheumatism, gout, lymphatic and serofulous disorders.

The establishment is incomplete.

Szulin.—Hungary, comitat of Saros.

Cold ferruginous and effervescing lime waters, 7 grammes of mineralisation, of which 3 grammes are bicarbonate of soda, and 2 grammes chloride of sodium.

Tabbiano.—Italy, near Piacenza, and Parma.

Sulphurous waters, 60° F.

There is a small establishment.

Talamonaecio.—Italy, Tuscany, Valley of Osa.

Saline ferruginous sulphurous springs, 80° F.

Special indications : Lymphatic affections, rheumatism.

There are some ruins of old bathing establishments, but the waters are now used only at the spring.

Talloses.—France, Department of Haute Savoie, on the banks of the lake of Annecy.

Cold sulphurous waters.

Tamames.—Spain, province of Salamanca, near Sequeros.

Sulphurous waters.

Special indications : Gastro-hepatic disorders, tumours and skin diseases.

The establishment is antiquated, but was much frequented in the last century.

Tambach.—Germany, Saxe-Coburg, near Gotha, 1,500 feet above the sea level.

Climatic station in summer.

One of the most picturesque of the valleys of Thuringia.

The surrounding country is covered with pine forests.

Doctor : Dr. Günther.

Tannenbrunnen.—Germany, Bavaria, near Haagard Ampfing.

Indifferent waters.

The establishment is good, and affords comfortable accommodation.

Taormina.—Italy, Sicily, 30 miles from Messina ; 1 mile by carriage, and $\frac{1}{2}$ -mile by footpaths.

Winter station, and one of the most interesting places in Sicily.

The *Hôtel Belle Vue* truly deserves its name, and will be found very clean and comfortable. G. Kellermann, Proprietor.

Tapoleza.—Austria-Hungary, near Miskolcz.

Inert waters, 70° F.

There is a small establishment.

Tapolcz-Bisztra.—Austria-Hungary, comitat of Zemplén.

Effervescent ferruginous waters.

Tarascon.—France, Department of Ariège, near Foix, Ax and Ussat.

Bicarbonate of iron waters.

Tarasp.—Switzerland, Engadine ; 4,500 feet above sea level.

Mild alkaline and ferruginous waters, climatic station.

Special indications : Affections of the bladder.

Doctors : Drs. Killias and Pernish.

Tardon.—Spain, near Sevilla, near Sanlucar la Mayor.

Sulphate of magnesia waters ; mud baths.

El Prudillo de Tardon is a bathing establishment sufficiently well fitted, and the accommodation here, as in the neighbouring monastery, is good and cheap.

Tarna.—Austria-Hungary, comitat of Ugocza, near Kiralyhaza.

Ferruginous waters.

Small bathing establishment.

Tatenhausen.—Germany, Westphalia, near Bielefeld.

Indifferent waters; mud baths.

Special indications: Nervous affections.

The establishment is good and the accommodation comfortable and moderate in price.

Tatzmannsdorf.—Austria-Hungary, near Günz and Stoinamanger.

Bromurated earthy, ferruginous waters; climatic station.

A well-appointed establishment, beautifully situated.

Well-frequented station; mild and equable air.

Doctor: Dr. Thomas.

Tegernsee.—Germany, Bavaria, near Holzkirchen; 2,490 above sea level.

Climatic mountain air station, with whey cure.

The site is charming and the accommodation comfortable.

Doctors: Drs. Rosner and Löwenheim.

Teinach.—Germany, Würtemberg, in the Black Forest, near Wildbad.

Cold earthy alkaline waters.

Special indications: Nervous debility.

The situation is charming and residence agreeable.

Doctor: Dr. Wurm.

Telese.—Italy, province of Benevento, on the line from Naples to Foggia; carriages and omnibus from the station to the establishment; 1,900 feet above sea level.

Sulphurous waters, 68° F., containing much sulphuretted hydrogen gas. Used externally and internally.

Seasons: June--September.

Special indications: Herpes, affections of the glandular system, rheumatism and mercurialism.

This place is much frequented and during the season, a special service of fast trains runs between it and Naples.

The establishment is fitted with all modern requirements. Visitors and patients generally prefer, however, staying at San Salvatore Telesina, a fine village in a very picturesque position, quarter of an hour by carriage from the establishment. There are comfortable hotels with pensions, from 10 fcs. upwards a day. Beautiful walks and excursions.

Post and Telegraph Office.

Doctor: Dr. Abbamondi.

Teignmouth.—England, on the Channel Coast.

Sea baths, smooth sandy beach; climate bracing.

Doctor: Dr. Lake.

Telgart.—Austria-Hungary, comitat of Gran.

Alkaline-ferruginous waters.

Special indications: Constipation, hypochondriasis, hysteria.

Little accommodation, and the establishment is incomplete.

Temburg.—England, Worcestershire.

Cold saline waters.

Special indications : Scrofula.

Tenby.—Wales, near Pembroke.

Chalybeate springs; tonic and fortifying action, sea baths, sandy beach.

Special indications : Anæmia.

Doctors : Drs. Chater and Dyster.

Hotels : The Albion.

Teneriffe.—An Island in the Atlantic, one of the group known as the Canary Islands.

Sea Baths.

Special Indications : All chest complaints.

This island has of late years been greatly frequented as a health resort on account of its equable temperature and dry climate. Good hotel accommodation can now be obtained at Santa Cruz and Orotava, especially at the latter place where first rate hotels have been erected by a company quick to seize upon the natural advantages it possesses. At Orotava the mean annual temperature is 68° F. and though the lowest outdoor temperature taken on a winter's night has not exceeded 50°, in summer the thermometer rarely rises beyond 80°. Bathing can be indulged in all the year round.

Doctors : Dr. E. Paget, Thurston and Geo. V. Perez.

Teneke.—Austria-Hungary, comitat of Südbihar, near Grosswardein.

Effervescent ferruginous waters.

The small establishment is good, and the accommodation it affords satisfactory.

Tennstädt.—Germany, Prussia, province of Saxony, near Langensalza.

Sulphate of lime waters, 30° F.

Special indications : Rheumatism and skin diseases.

The establishment is efficient, but the country is uninteresting.

Tenos.—Greece, island in the Archipelago.

Alkaline waters.

There are no arrangements for visitors.

Teplitz.—Austria, Moravia, ½-hour from Weisskirchen.

Effervescent-ferruginous waters; climatic summer station.

The air in the valley of Teplitz is very mild and steady. The scenery around is picturesque. The establishments are good and the accommodation comfortable and moderate. A quiet place of residence. It is much frequented.

Tercis.—France, Department of Landes.

Saline sulphurous springs, 80° F.

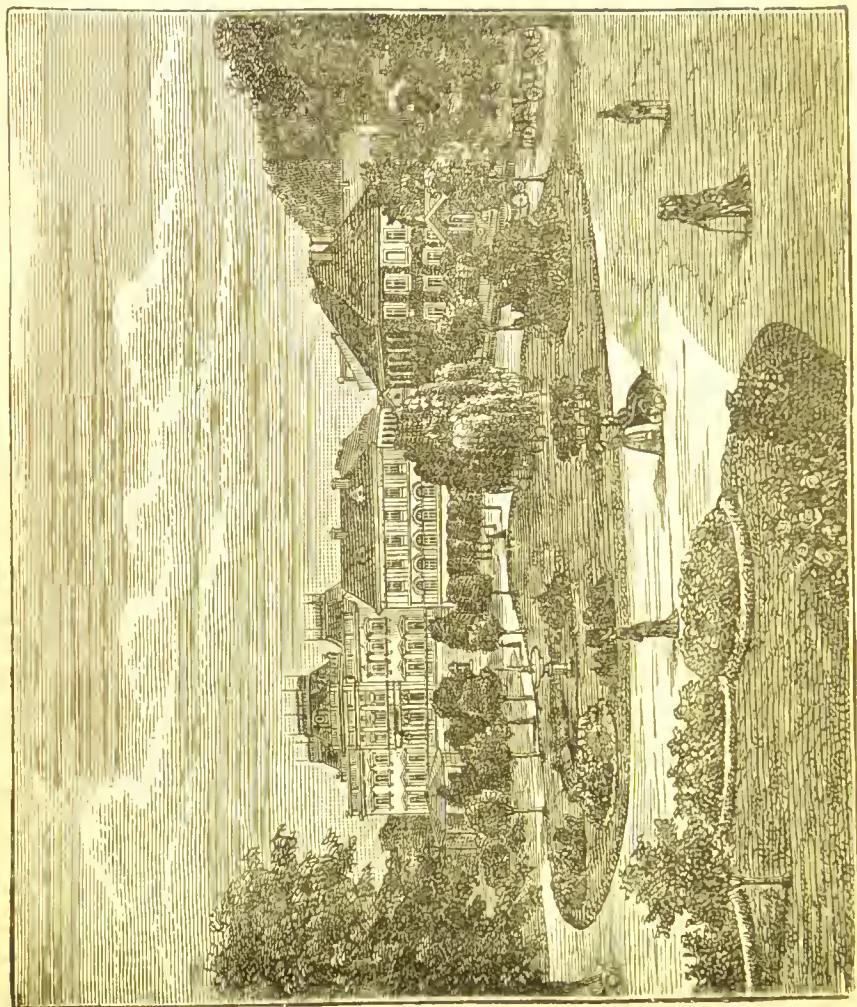
Special indications : Rheumatism, skin diseases, and disorders of the bladder.

Terme Luigiane.—Italy, Calabria, province of Cosenza, on the line from Naples to Cosenza.

Two sulphurous (212° F.) and ferruginous (70° F.) springs.

Special indications : Rheumatism, skin diseases, ankylosis, contractions, anæmia, chlorosis, difficult menstruation.

Establishments not good; the accommodation is of a primitive kind.



TEPLITZ, IN BOHEMIA.

Teplitz-Schönau.—Austria, the oldest watering-place in Bohemia. 700 feet above sea level; 20,000 inhabitants. For routes, see table.

Alkali-saline waters. The temperature of the several springs ranges between 98° and 120° F. The coolest is the Steinbath, and the hottest the Stadtbath Spring. Refrigerating basins enable the application of the waters at any temperature.

Season: 1st May to end of September, but in Teplitz open all the year.

Number of visitors, over 30,000 per year.

Special indications: Rheumatism, gout, neuralgias, paralysis, incipient spinal complaints, scrofulous tumours and sores, sequelæ of severe wounds, fractures, ankylosis, and affections of the tendons.

Teplitz-Schönau is a thermal mineral bathing station of first importance. It lies in a valley of the Erz mountains, by which it is sheltered from north winds. Against the hot south winds, the Mittel mountains provide efficient protection. The parks and gardens are magnificent, while the walks and drives offer every variety of scenery and vegetation. The excursions into the Erz and Mittel mountains are very interesting.

The bathing establishments contain arrangements for mud baths. This mud is applied in most of the above-mentioned complaints in conjunction with thermal water baths. The thermal waters are applied in tub, sitz, percussion baths and all kinds of douches, electric baths, full, half and local mud baths, Massage. For internal application the Stadtbath spring is used; mineral waters of all springs, whey cure, etc., with very satisfactory results.

The bathing establishments: Stadtbath, the Kaiserbad (with very luxurious arrangements), and Steinbad, belong to the municipality of Teplitz. The Schlangenbad is the property of the adjoining Schönau. The cure is taken in summer and winter, the bathing establishments offer very comfortable accommodation.

The prices of the lodgings vary with the season, and are according to accommodation. In municipal bathing establishments of Teplitz prices range as follows: In the Stadtbath, from 8 to 18 florins; in the Kaiserbath, from 15 to 35 florins. Drawing rooms, from 35 to 50 florins; servants' rooms, from 5 florins; in the Cursalon, from 7 to 24 florins; in the Steinbath, from 7 to 15 florins. All the prices are per week. In winter prices range lower.

Teplitz has a very fine **Cursaal**, a magnificent theatre, and a municipal band of musicians; in Teplitz and Schönau a military band gives concerts several times a week. There are elegant reading-rooms in Teplitz, and also in Schönau. Churches of various denominations, and two railway stations.

Post and Telegraph Office: Schlossplatz, No. 2./69.

For detailed information, apply to the Bath Inspector in Teplitz, and to the Mayor in Schönaau.

There are a great many cafés, restaurants, confectioneries and wine-rooms: villas and private apartments.

Doctors: Drs. Weil, Popper, Scheuer, Eckstein, Pusch, Heller, Kraus, Krajewski, I. Hirsch, Eichler, Müller, Löwy, Langstein, Janka, Lieblein, Nusko, Radnik, Beck, Grohman, Gudra, Mauder and Stein.

Hotels: *Grand Hôtel de la Poste, Hôtel Roi de Prusse, de Londres, Altes Rathaus, Kronprinz Rudolph, Schwarzes Ross, Blauer Stern, Riesenburg, Bahnhof*, all 1st class in Teplitz. *Hôtel Habsburg, Hotel Hermannsburg and Hotel Osterreich*, all 1st class in Schönaau.

Termignon.—France, Savoy.

Cold saline waters.

Slightly purgative.

Termini Castoreale.—Italy, Sicily, province of Messina.

Ferruginous sulphurous waters, 90° F., slightly effervescent.

Special indications: Affections of the respiratory organs, uterine diseases, rheumatism, gout, herpes.

There is an establishment, and the town is gaining in popular favour.

Termini Imerese.—Italy, Sicily, province of Palermo, 22,000 inhabitants.

Sulphate of sodium water, 115° F.

Special indications: Skin diseases and rheumatism, liver, kidney, vesical and intestinal disorders.

There is a good establishment.

Ternaut.—France, Puy de Dôme.

Cold ferruginous bicarbonate waters.

Special indications: Feeble digestion.

Terrasse (La).—France, Department of Isère, near Grenoble.

Sulphate of calcium waters.

Terrau.—France, Department of Cantal.

Cold ferruginous bicarbonate waters.

Teruel.—Spain, capital of province of same name on the river Alhambra.

Inert waters, 80° F.

The establishments are quite insufficient, and are almost entirely neglected.

Testa.—Italy, province of Siena, valley of the Paglia.

Ferruginous effervescent waters, 110° F.

Known to the Romans as the "Balnea Clusina," but now almost abandoned. The establishments are not good.

Teste (La).—France, Department of Gironde, near Arcachon.

Sea baths; sandy beach; mild climate, but heavy surf.

Teufen.—Switzerland, canton of St. Gall; 2,640 feet above sea level.

Sulphurous waters.

Climatic station.

There are three bathing establishments, all alike antiquated.

Thale.—Germany, Thuringia, near Quedlinburg, 800 feet above the sea level.

Climatic air station, saline waters and hydropathy.

Doctors: Drs. Preiss and Schrader.

- Thalgut.**—Switzerland, canton of Berne, half-hour from Thun; 1,650 feet above sea-level.
Cold ferruginous sulphurous waters.
Special indications : Rheumatism and nervous affections.
The establishment is fairly good.
- Tharandt.**—Germany, Saxony, on the Weiseritz, near Dresden.
Cold ferruginous waters.
Very good arrangements; the place is much frequented.
Doctor : Dr. Biehayn.
- Theissholz.**—Austria-Hungary.
Earthy waters.
Very primitive arrangements, used only by the surrounding inhabitants.
- Thera.**—Greece, one of the Cyclades.
Chalybeate and sulphurous waters, 75° to 105° F.
Very potent waters, but there are no arrangements whatever for strangers.
- Thermas(Las).**—Spain, near Saragoza, on the frontier between Aragonia and Navarra.
Saline and sulphate of soda waters, 100° F.
Special indications : Rheumatism.
For Spain, very well appointed.
- Thermia.**—Greece, island in the Archipelago, anciently Dryopis.
Saline and saline ferruginous waters, 115° to 145° F.; mud baths.
No establishment, and used in a primitive fashion.
- Thermopylæ.**—Greece, Thessalia, also called Herculesbath.
Saline sulphurous waters, 140° to 145° F.
The arrangements are altogether behindhand.
- Thesbis Spring.**—Greece, Bœotia, on the Helikon.
Ferruginous waters.
Renowned and much used in antiquity in cases of sterility; they are now altogether abandoned.
- Theusserbad.**—Germany, Württemberg, 3 hours from Heilbronn.
Earthy waters.
The situation is romantic, but the arrangements inadequate.
- Thingöe-Syssl.**—Iceland, near Reikiadal.
Alkaline waters, 195° F.
Not used therapeutically.
- Thorp Arch, or Boston.**—England, Yorkshire, West Riding, near Bramham.
Saline waters.
Very picturesque site; air and climate good.
Doctor : Dr. Scatchard.
Hotel : Crown Hôtel.
- Thuez.**—France, Department of Pyrénées Orientales, near Olette.
Sulphurous waters, 110° F.
Arrangements are imperfect.

Thurso Bay.—Scotland, Caithness, near Dunnet.

Sca baths, sandy beach; climate bracing.

Season : June—September.

Doctors : Drs. Craven and Smith.

Thoune or Thun.—Switzerland, canton Berne, on the lake of Thun; 4,600 inhabitants.

Climatic station.

Season : June—September.

Climate bracing and strengthening. Spring being always very beautiful and some weeks in advance here, compared with other Swiss towns, it is therefore especially suited as a spring resort for people returning from the south.

The surrounding country is covered with pine forests, and excursions are numerous. Boating and fishing can be had; the town is old and interesting, with a mediæval castle, and several good public buildings.

English church.

Banker : A. Knechtenhofer.

House and Estate Agent : A. Knechtenhofer.

Hotels : The *Hôtel and Pension Baumgarten* is situated in extensive gardens, and is a very comfortable and homelike place. J. H. Beilick, proprietor.

Thusis.—Switzerland, canton of Grisons, on the Via Mala, near Coire.

Mixed sulphurous waters.

Special indications : Skin diseases.

The establishment is old; accommodation comfortable.

Tiermas.—Spain, province of Zaragoza, near Sos.

Sulphurous saline waters, 80° to 100° F.

Special indications : Anchylosis, consequent upon injury, gravel, gout, rheumatism, paralysis, scrofula, menstrual derangements.

The establishment has been considerably enlarged of late, and is up to all modern requirements. The accommodation is good and cheap. There are large gardens, and the situation is charming.

Doctor : Dr. Pastor.

Tiflis.—Asia, Caucasus, Georgia.

Thermal sulphurous springs.

Tillerborn.—*See* Tönnistein.

Tissières (les Boules).—France, Department of Cantal.

Cold bicarbonate of soda waters.

Table water.

Tissington.—England, Derbyshire*, near Ashbourne.

Climatic and holiday resort.

Titus (Banos de).—Spain, on the road from Barcelona to Gerona.

Thermal saline waters, 105° F.

Good arrangements.

Tivoli.—France, Department of Upper Savoy, near Evian.

Effervescing ferruginous waters.

Tobarra.—Spain, province of Albacete, near Hellin.

Hydrosulphurous cold waters.

Special indications : Skin and kindred diseases.

The bathing establishment and accommodation are tolerable.

Tobelbad.—Austria, Styria; 1,050 feet above the sea level, near Graz.

Inert waters, 80° F. A climatic station in summer.

The establishments are excellent; accommodation abundant and comfortable. The situation is picturesque, and residence very agreeable. There are large well-kept gardens and a park.

Doctors : Drs. von Kottowitz and Blumauer.

Tolpa.—Italy, Romagna, near Campaccio.

Effervescent ferruginous waters.

There are no arrangements whatever for bathers.

Tongeren.—Belgium, Province of Limburg, near Liege.

Cold bicarbonate of iron waters.

Tönnisstein.—Germany, Rhenish Prussia, near Neuwied and Andernach.

Bicarbonate table waters. Only used for exportation.

There is an establishment.

Doctor : Dr. Rittershausen.

Töplika.—Austria, Croatia, near Warasdin and Agram.

Several sulphate of soda and alkaline springs, 145° F.

Special indications : Arthritis and skin diseases.

Several establishments and mud baths.

The Emperor Constantine rebuilt the thermæ after their destruction by fire in the 3rd century.

Doctor : Dr. A. Fodor.

Topolschiz.—Austria, Styria, near Schonstein.

Indifferent waters, 80° F.

The arrangements are somewhat antiquated, but the accommodation is good, and the situation very fine.

Topuczko.—Austria, Croatia, near Sissek.

Several inert springs, 115° to 140° F.

Mud baths; climatic air station.

Special indications : Arthritism, scrofula, menstrual disorders.

Good arrangement; military hospital; large parks.

Doctors : Dr. Hinterberger and Matkovic.

Torda.—Austria, Transylvania.

Bromo-iodurated saline waters.

Special indications : Scrofula.

Arrangements pretty good.

Toropetz.—Russia, Government of Pleskow.

Effervescent ferruginous waters.

There are no proper arrangements.

Torpa.—Sweden, province of Gothenburg.

Bromo-iodurated saline waters. Exported.

A good establishment.

Torquay.—England, Devonshire, Channel Coast.

Sea baths, small beach; cool climate in summer, warm in winter.

Special indications : Consumption and rheumatism.

Very much frequented.

Doctors : Drs. Dally, Huxley, Pollard and Thompson.

Hotel : The *Imperial Hotel*, in a most magnificent position, well appointed, and historically interesting through the sojourns of imperial and royal personages; southern aspect and facing the sea; one of the most popular houses in the West of England; homelike. G. Hussey, manager.

Tortosa.—Spain, province of Taragon.

Ferruginous waters.

Not analysed yet, and there is neither establishment nor accommodation.

Torre-Anunziata.—Italy, Naples, on the rail from Naples to Salerno.

Bicarbonate of soda and effervescent acidulated waters, 85° F. Mild and healthy climate.

Season : All the year round, but principally June—September.

Special indications : Feeble digestion, incipient hepatitis, hypochondriasis, hæmorrhoids, leucorrhœa and skin diseases.

A bathing establishment is in course of construction. Daily concerts in summer on the beach.

Torre del Grecco.—Italy, near Naples.

Natural gaseous baths.

The situation is very lonely, and the baths are consequently little used.

Torre de San Miguel.—Spain, province of Sarragozza.

Cold sulphurous waters.

Special indications : Nervous affections, pulmonary catarrh.

Torres.—Spain, province of Madrid, near Alcalá de Henares.

Sulphurous magnesian waters, 45° F.

The establishment is fairly complete; the visitors lodge in the village; gardens, park and environs are charming.

Doctor : Dr. Jaime.

Torres-Vedras.—Portugal, near Lisbon.

Saline ferruginous waters, 150° F.

The bathing establishment affords only the most modest accommodation.

Torretta (La).—Italy, Tuscany, valley of the Nievole.

Saline waters.

The arrangements are very primitive.

Totland Bay.—England, Isle of Wight, 2 miles from the Needles.

Sea baths; fine sandy beach. Climate bracing and healthy.

Season : June—September.

The place is rapidly coming into fashion and favour.

Toulon.—France, on the Mediterranean.

Sea baths, sandy beach.

Very good arrangements; somewhat neglected latterly.

Toulouse.—France, capital of Department of Haute Garonne,; by O. Railway, 15 hours. 89 fr. 10 c. 1st class.

An old Roman town, taken by the Visigoths and afterwards by the Saracens, full of antiquities and objects of interest. A busy commercial town, also trading more especially in fruit, vegetables, wines, truffles, and *pâte de foie gras*. There are likewise manufactories of cabinet work, hats, and steel goods.

OBJECTS OF INTEREST.—Cathedral and 10 other Churches, the most interesting of which is St. Severin and Jacobins; Town Hall, Lyceum, Library, Law Courts, Hospitals, Botanic Gardens, Artillery schools, Arsenal, Observatory, and Cemetery.

Hotel : The *Hôtel Tivollier*. Celebrated for its cellars of fine wines, and Perigord truffled pies. A very comfortable house. Tivollier, proprietor.

Towyn.—Wales, Merionethshire.

Sea baths; hard sandy beach. Climate mild and bracing.

Doctor : Dr. Jones.

Hotel : The *Cambrian*.

Tramore.—Ireland, Waterford, on the Atlantic coast.

Sea baths.

Trani.—Italy, 15½ hours rail from Bologna, on the Adriatic.

Sea baths; good beach.

The establishments are indifferent.

Traishorloff.—Germany, Hessen-Nassau, near Hungen.

Saline waters.

The establishments are old-fashioned.

The situation is charming.

Travemünde.—Germany, State of Lubeck, on the Baltic.

Sea baths; sandy beach. Hot sand baths.

The establishment and accommodation are good. Very fashionable. A very extensive and beautiful park.

Doctor : Dr. Muller.

Trebas.—France, Department of Tarn, near Alby.

Bicarbonate of iron waters, 45° F.

Special indications : Liver complaints, stomachic disorders, chlorosis.

There is an establishment.

- Tremblade (La).**—France, Department of Charente Inférieure, on the Bay of Biscay.
Sea baths; a very fine sandy beach.
- Tremiseau.**—France, Department of Cantal.
Ferruginous bicarbonate waters.
- Trenezin-Teplitz.**—Hungary, near Schemnitz and Pressburg.
Bicarbonate of lime and sulphurous waters, 90° to 100° F.
Mud baths, climatic station, whey cure.
One of the principal Hungarian establishments.
Special indications: Rheumatism, skin diseases, affections of the respiratory organs.
Doctors: Drs. J. N. von Heinrich, Nagel and Ventura.
Hotels: *Establishments.*
- Treport (Le).**—France, Department of Seine Inférieure, near Dieppe.
Sea baths; sandy and shingly beach.
Very picturesque scenery.
Season: July—September.
Doctors: Drs. Lemarchand and Coutan.
- Tresclaux.**—France, Department of Hautes Alpes, near Gap.
Cold alkaline springs, containing silicate. (Silicate of aluminium, 0.112 gr.).
- Trescore.**—Italy, near Bergamo.
Saline sulphurous waters, 55° F.; mud baths.
The establishments are inferior. The site is pretty.
- Triberg.**—Germany, Baden, in the Black Forest; railway station on the Baden line of the Black Forest; 2,500 inhabitants, and 1,957 feet above the sea level.
Climatic station; whey and milk cure.
Season: May till October.
Triberg is mostly visited on account of its beautiful surroundings and as a centre for excursions. The small town contains many manufactories, and during the season there is a permanent exhibition in the upper town of “articles de souvenir.” The air is particularly mild and bracing, owing to the pine forests on the surrounding hills.
Doctor: Dr. Feedcrle.
Hôtel: The *Black Forest Hotel* is situated on a height overlooking the town and valley, within five minutes’ walk of the waterfall (the Giessbach of the Black Forest). The waterfall is illuminated during the season by electric light and Bengal fires. The hotel is well managed, and exceedingly comfortable for a prolonged stay. Omnibus meets all trains. L. Bieringer, proprietor.
- Tritoli.**—Italy, near the ruins of Cumæ, Bay of Naples.
Saline waters, 140° F.; brine baths.
Used in primitive fashion.

Trieste.—Austria, Istria, on the Adriatic, the most important Austrian seaport.

Sea baths, fine sandy beach. The mean temperature of the sea is 80° F. in June, July, and August.

The arrangements are good. The town contains many buildings and objects of interest. It is the centre of Austrian commerce, and has a naval dockyard. There is a disposition to make a winter station of Trieste, but all attempts to do so have failed so far. The “Bora” is the natural enemy. A splendid view is obtained by ascending the Optschina.

Bookseller : J. H. Schimpff, Piazza della Borsa.

Hotels : The *Hôtel de la Ville* is a first-class house, well situated on the sea. Large bathing establishment, with fresh and salt water baths ; moderate prices. F. Rosslacher, proprietor.

Trillo.—Spain, province of Guadaluza, near Cifuentes.

Ferruginous nitrogen, saline, and sulphurous waters, 55° to 75° F.

Special indications : Arthritis, scrofula and skin diseases.

A very complete balneal establishment. The situation is fine. Good gardens and well kept promenades on the banks of the Tajo.

An hospital for the poor.

A well-frequented station.

Doctor : Dr. Taboada.

Trois-Torrens.—Switzerland, Grisons, near St. Moritz ; 2,570 feet above sea level.

Earthy ferruginous waters, 80° F.

The establishment is inadequate.

Trollière (La).—France, Department of Allier, near St. Pardoux.

Effervescing, ferruginous bicarbonate waters, containing more carbonic acid than the waters of St. Pardoux.

Troutbeck.—England, Yorkshire, Ilkley, near Leeds.

Hydropathic establishment.

Doctor : Dr. Thomas Scott.

Trouville-sur-Mer.—Department of Calvados, near Pont l'Évêque.

Very fashionable and much frequented sea baths ; sandy beach.

There is a Kurhaus. The establishment, and all appertaining to it, is of the best.

Dentist : A. Preterre.

Doctors : Drs. Boulay and Legoupils.

Hotel : The *Hôtel de Paris*, exceedingly well appointed, first-class house, situated on the beach, near the Casino, and has the advantage of a large garden. Vve. Kuntz and Fils, proprietors.

Truskawice.—Austria, Galicia, district of Sambór.

Three cold springs of saline, ferruginous, and sulphate of lime waters; mud baths, whey cure.

Special indications: Arthritis, chlorosis, skin diseases.

Fairly arranged establishments. The accommodation is comfortable and the site picturesque.

Doctor: Dr. Rieger.

Tschawitz.—Austria, Bohemia, near Kaaden.

Earthy alkaline waters.

There is a small establishment, with good accommodation.

Tuebingen.—Germany, Würtemberg.

Earthy alkaline waters.

The establishment is good. There is a university, which is one of the best in South Germany. The situation is very good, and the accommodation ample, comfortable, and moderate in price.

Tüffer.—Austria, Styria, station on the railway line from Vienna to Trieste.

Thermal indifferent springs, 100° F. Drinkhall. Climatic station.

Special indications: Nervous disorders, gout, rheumatism, tendinous retractions, articular pains, and female complaints.

The situation is amongst the finest in Styria.

Season: Open all the year round.

Doctors: Drs. von Schön-Perlshof and Gans.

The Kaiser Franz Josef's baths is one of the best establishments of its kind in Austria. Theod. Gunkel, proprietor.

Tunbridge Wells.—England, Kent.

Cold ferruginous bicarbonate waters, containing 0.32 gr. of protoxide of iron.

Climate bracing and healthy.

Season: June—September.

Special indications: Anæmia, chlorosis.

Excellent arrangements.

Doctors: Drs. Ranking, and Rix.

Hotels: The Calverley, The Castle.

Tunis.—Africa.

The regency of Tunis has several thermal springs, which are in great repute with the natives.

Tür.—Austria-Hungary, Transylvania, near Blasendorf.

Bitter waters. Exported.

A difficult place to reach.

The town is situated in a plain, and owing to flooding of the rivers, is sometimes inaccessible for weeks. Bathing arrangements old-fashioned.

Turin.—Italy, capital of Piedmont.

Turin is situated between the Dora and Po rivers, is very regularly built, and does not contain a single poor-looking house.

The climate is changeable and on the whole unpleasant.

OBJECTS OF INTEREST.—The Duomo or Cathedral, Churches of La Consolata, Corpus Domini, Royal palace, Palazzo Madama, Royal Armoury, Academy of Science, Royal Gallery of Paintings, Museum of Antiquities, Natural History, Royal University, Arsenal, Royal Theatre, Public Garden.

EXCURSIONS: To La Superga, to Nice, *viâ* the Col di Tenda, Stupianigi, Cuneo, and to the Chartreuse de Pesio.

CABS: Course 1 fr.; per hour, 1½ fr.; two horses by hour, 2 fr.

Post-office: Palazzo Carignano.

Telegraph: Piazza Castello.

Bookseller: H. Locsher, 19, Via di Po.

Hotels: The *Hotel d'Europe*. A large, excellent, first-class house, facing the King's palace and in the best situation in the town; railway ticket office in the hôtel. Borgo and Gagliardi, proprietors.

Tusnád.—Austria-Hungary, Transylvania, near Kronstadt.

Saline ferruginous waters; climatic station.

The town is surrounded by very extensive pine forests. The climatic conditions are most favourable, and the establishment good.

Doctors: Drs. Lengyel and Müller.

Tuy.—See Caldas de Tuy.

Twer.—Russia, capital of the Government of the same name on the Tmak.

Ferruginous waters. Exported.

The arrangements are primitive, and the waters used only by the surrounding inhabitants.

Tynemouth.—England, Northumberland, at the mouth of the Tyne, on the North Sea.

Cold ferruginous waters and sea baths; fine sandy beach.

Climate very mild.

Season: June—September.

Doctors: Drs. Bramwell and Gibbson.

Hotel: The Bath.

Ueberkingen.—Germany, Würtemberg, near Ulm.

Cold effervescing alkali-saline and ferruginous waters.

Special indications: Atony, catarrh of the respiratory organs, anæmia, rhachitis.

Pretty good establishment and accommodation. The situation charming and scenery romantic.

Ueberlingen.—Germany, Baden, near Schaffhausen; 1,233 feet above the sea level, on the north-west shore of the Lake of Constance.

Effervescent ferruginous waters, bathing in the lake; mild climate.

Doctors: Drs. Fischer and Lachmann.

Ugod.—Hungary, comitat of Vesprim, near Pápa.

Earthy-saline ferruginous waters.

Special indications: Uterine affections and vesical disorders.

The establishment is antiquated; situation charming; accommodation indifferent.

Uhlmühle.—Germany, Hanover.

Cold ferruginous waters.

Uleaborg.—Russia, Finland.

Sea baths in the Bay of Bothnia.

Ullersdorff.—Austria, Moravia, district of Ollmütz, near Hohenstadt.

Alkaline sulphurous waters, 75° F. Whey cure and climatic station.

The situation is romantic, and the surrounding country very mountainous. The establishments and accommodation are good.

Doctor: Dr. Karger.

Ullswater.—England, Westmorland, in the Lake District.

Hydropathic establishment, and summer holiday resort.

Doctor: Dr. MacNalty.

Undary.—Russia, Government of Simbirsk.

Effervescent ferruginous waters.

The arrangements are most primitive, and the water is used only in the immediate neighborhood.

Unterbad.—Switzerland, canton of Appenzell, on the Sitter; 2,130 feet above sea level.

Earthy alkaline waters; whey cure.

The situation is pretty, but the establishment leaves room for improvement.

Unterhallau.—Switzerland, near Schaffhausen; 1,530 feet above sea level.

Sulphurous waters.

The bathing establishment is old fashioned, and the accommodation not good.

Unter-Miesinje.—Austria-Hungary, near Neusohl.

Earthy ferruginous waters; exported.

The arrangements are intended to facilitate exportation only.

Unterseen.—Switzerland, canton Berne.

Whey cure station.

Upton.—England, on the south coast.

Sea baths, and sandy beach, with very mild climate and sheltered position.

Urbalacone.—France, Corsica, near Ajaccio.

Sulphurous arsenical waters, 90° F.

Special indications: Phthisis of the larynx, skin diseases.

Urach.—Germany, Württemberg, near Metzingen.

Climatic air station; whey cure.

Very much frequented for its charming scenery and fortifying air. The place is surrounded by interminable forests.

Doctors: Drs. Model and Finkh.

Urberoaga de Alzola.—Spain, province of Guipuzcoa, near Plasenzia.

Saline waters, 75° F.; also two ferruginous springs.

Special indications: Affections of the uterus and urinary organs, anæmia, chlorosis, spleen and liver complaints.

The establishment is complete, and contains in its newer portions assembly-rooms, ball, concert and billiard rooms. The accommodation is good and moderate.

Doctor: Dr. de la Pedruesa.

Urberoaga de Ubilla.—Spain, Biscaya, near Villa de Marquina.

Sulphurous alkaline waters, 82° F. Sitz, steam, shower, and spray baths. Inhalations.

Special indications: Catarrh and other affections of the mucous membranes, laryngitis, pharyngitis.

The establishment is elegant and the accommodation comfortable and moderate in price. Scenery picturesque.

Doctor: Dr. Jimenez de Pedro.

Uriage.—France, Department of Isère, near Grenoble; 1,250 feet above sea level. For routes see table.

Saline sulphurous waters, 81° F. There is also a muriatic ferruginous spring.

The former, the important water of the place, contains 7 grammes of chloride of sodium, and 0.0113 grammes hydro-sulphuric acid per litre. The waters likewise contain a considerable quantity of lime, soda and magnesia, with an appreciable percentage of arsenic.

Season: From 15th May till 15th October.

The thermal establishment, situated in one of the most picturesque valleys of the Dauphinese Alps, 400 m. above sea level, is one of the best in Europe, and can accommodate 2,000 bathers at a time; from 60,000 to 70,000 baths or douches are administered here annually. Taken to the amount of from three to six glasses per diem, the water acts as a purgative; in from one to two glasses, it is alterative, and stimulates the digestive functions; used externally in baths, douches, &c., it acts as a tonic and reconstituent; in the form of spray it is frequently used with great success in chronic affections, especially those of the eyelids (blepharitis), of the pharynx (granular pharyngitis), and of the face (eczema, acne, &c.).

The *special indications* for the use of the waters are very numerous. They are employed with great success in scrofula and its various manifestations, especially in children; in chronic affections of the skin, notably eczema, impetigo,

acne, &c. ; in chronic rheumatism, in nervous affections, in convalescence after severe illnesses, long nursing, and in various pathological conditions resulting from anæmia and debility. Their efficacy has also been undeniably established in a certain class of cases which are met with chiefly among young girls. With such it is often necessary to encourage or regulate the menstrual functions. At the period of the menopause in elderly persons they are also highly beneficial, especially in cases where derivative action is desirable in order to prevent cutaneous or other localisations of disease, which either the family history or an acquired taint, render probable. In cases of incipient consumption, they often arrest the progress of the disease, by modifying the whole system ; also in constitutional syphilis, and especially in its tertiary and more inveterate forms they constitute an active auxiliary to mercurial treatment.

The baths are situated in the midst of a large and magnificent park. Ample accommodation may be found in the hotels and furnished villas. Milk and whey cure.

The walks and excursions are numerous, and the scenery most picturesque. Concerts every day ; balls every Thursday and Sunday. Theatre ; Casino.

Post and Telegraph. English Church. Carriages, horses and mules for excursions.

Doctors : Drs. Doyou (medical inspector of the baths) and Tenlon-Valio.

Hotels : Are all under the supervision of the Bath Committee.

Information from the Director of the Establishment free of charge.

Urnäschen.—Switzerland, canton of Appenzell ; 2,514 feet above sea-level.

Alkaline earthy waters ; whey curc.

The site is romantic and the establishment fairly good.

Ussat.—France, Department of Ariège, near Foix ; 1,300 feet above sea-level. For routes see table.

Saline and sulphurous waters, 80° to 100° F.

Special indications : Affections of the uterus, with a neuropathic tendency ; nenroses.

The scenery is mountainous, the establishment very good, and the accommodation abundant and comfortable.

Usson.—France, Department of Ariège.

Sulphate of soda waters, 50° to 75° F.

Ustrom.—Austria, Silesia, near Teschen.

Hydropathic and whey cure station.

The establishment is thorough, and the accommodation comfortable.

Utzera.—Russia, Caucasus, near Kutais.

Effervescent ferruginous waters.

The arrangements are very incomplete.

Uzsok.—Austria-Hungary, comitat of Ung, on the frontier of Ung.

Ferruginous waters.

A small but well-arranged establishment.

Vacia-Madrid.—Spain, near Madrid, on the borders of the Jarama.

Purgative waters.

There are no arrangements for using the waters.

Vaisse.—France, Department of Allier, near the thermal establishment of Vichy.

Composition of the waters similar to that of Vichy; they are more effervescing.

Val-André (Le).—France, Department of Cotes-du-Nord, *viâ* Lamballe.

Sea baths; sandy beach.

Valdeganga.—Spain, province of Cuenca, and near that town.

Effervescent ferruginous waters, 60° F.

Special indications: Anæmia, chlorosis, dyspepsia, intestinal obstructions, hyperæmia of liver.

The establishment is bad, everything being in a backward condition.

Doctor: Dr. Yebenes.

Valdepeñas.—Spain, province of Ciudad-Real, near Toledo.

Acidulous ferruginous waters.

Special indications: Blenorrhagia, amenorrhœa, leucorrhœa, debility of the stomach, gastralgia and dyspepsia.

Valdieri.—Italy, Piedmont, province of Coni; 4,100 feet above sea-level.

Several hyperthermal sulphate of soda springs, 180° F.

Special indications: Skin diseases, rheumatism, old sores, ulcers.

The establishment is incomplete, the site mountainous, but the climate rather humid. The garden and parks are extensive. Accommodation good and moderate in price.

Valdorf.—Germany, Westphalia.

Cold sulphate of lime waters.

Vale-Szkragey.—Austria-Hungary, comitat of Mármaros, near Felső-Vissö.

Sulphurous ferruginous waters; alum waters.

This place would amply repay more attention; at present the water is only used in the immediate neighbourhood.

Valenza.—Italy, Piedmont, province of Alexandria.

Sulphurous iodurated waters.

Valencia.—Spain, capital of province of the same name, on the Guadalaviar, about one mile from the Mediterranean.

Winter station and sea baths. The beach is sandy.

As a sea bathing station Valencia is one of the most important in Spain.

As a winter station, owing to the marshes in the vicinity, it is less frequented than its climate merits. Opinions vary, however, considerably as to this. The sky is almost always clear, the rainy days amounting to only 38 in the year. The mean winter temperature is 57° F., and never falls below freezing point. There is a heavy dewfall in the evening; snow is extremely rare. Relative humidity of the air, 66%. The drinking water contains a good deal of lime, as on the Riviera. The autumn months is the season for sea baths. Drainage comparatively good, being aided by the river.

Doctor: Dr. Serrano.

Hotels: *De la Ciudad de Madrid.*

Vale-Vinului.—Austria-Hungary, Transylvania, comitat Bistritz-Naszod, near Ródna.

Alkali-saline waters.

Very romantically situated.

Valle de la Cueva.—Spain, province of Madrid.

Cold sulphate of soda waters; nine grammes of sulphate of sodium.

Valle de Rivas.—Spain, province of Gerona, near Bruguera.

Bitter and ferruginous effervescent waters, 45° F.

Neither the establishment nor the accommodation encourage visitors to remain.

Doctor: Dr. Mir.

Vals.—France, Ardèche, near Aubenas.

Various cold alkaline springs, which may be classed as weak, medium, and strong, according to the amount of mineralisation.

Principally used as table waters.

The exportation of Vals water reaches several million bottles annually.

Special indications: Gravel, liver complaints, and disorders of the spleen.

Doctor: Dr. Charvet.

Vals.—Switzerland, Grisons, near Peiden; 2,450 feet above sea level.

Ferruginous waters, 70° F.; very little used.

Varennes.—France, Department of Maine and Loire, near Angers.

Ferruginous arsenical waters.

Várgéde.—Austria-Hungary, comitat of Gómör.

Effervescent ferruginous waters, 45° F.

The establishment is an old-fashioned one.

Vaugnières.—France, Department of Drôme, Arrondissement of Die.
Mixed bicarbonate of iron, and iodinated waters.

Vaxholm.—Sweden, near Stockholm.
Sea baths, with sandy beach.
A favourite resort with the inhabitants of Stockholm.

Veierbaeh.—Germany, Baden, near Offenburg.
Cold ferruginous bicarbonate waters.
Establishment very incomplete.

Veldes.—Austria, Carinthia.
Climatic station; hydropathic establishment, with whey cure.

The establishment is new and thoroughly well fitted up.
The cure consists chiefly in the influence of sun and air on the skin, the whole body being uncovered during the time the patient is undergoing treatment; patients walk in the park as lightly clad as in a Turkish bath. The site is charming and quiet; the air pure and healthy. Good fishing and hunting.

Doctors : Drs. Germonik and Rütli.

Hotel : Mallner's.

Velejte.—Austria-Hungary, comitat of Zemplén.
Alkali saline waters.
A bathing establishment with large parks.

Vellebro (Aequa di).—Italy, province of Bari, stop at Fasano, between Foggia and Brindisi.

Earthy alkaline waters.

Special indications : Constipation, hepatic complaints, vesical calculus and gravel.

Primitive establishments, with inadequate accommodation.

Velleminfroy.—France, Department of Haute Saône, near Vesoul, station of Creveney.

Cold sulphate of lime and magnesian waters; two grammes of mineralisation.

Special indications : Affections of the uterus and bladder.

Velleron.—France, Department of Vaucluse, near Carpentras.
Bicarbonate of soda water.

Velmont.—France, Department of Seine Inférieure, near Fécamp.
Cold ferruginous waters.

Ventnor.—England, Isle of Wight.

Sea baths; sandy and pebbly beach; climate mild and steady.

Very fashionable.

Seasons : June—September, and November—February.

Doctor : Dr. Bell.

Hôtel : The Royal.

Venafro.—Italy, province of Naples, near Teano, on the Volturno.

Saline waters. Exported. Used only in the locality as drinking waters. The arrangements are very imperfect.

Venice.—Italy, province of Venetia, a seaport on the Adriatic.

Sea baths and winter station; sedative climate.

The mean winter temperature is 45° F. The climate is somewhat variable, and windy days are frequent. Mean barometrie pressure, 760.07 m/m. , with daily changes ranging from 2.23 m/m. ; mean relative humidity of the air, $75\frac{1}{2} \%$; 50 rainy and snowy (five of latter) days during season are recorded. Fogs are very rare. The climate of Venice may thus be said to assimilate somewhat to that of Pau and Pisa, but chiefly as regards atmospheric moisture. The drinking water is not good.

The most favoured and most sheltered quarters are the Riva and the Zattere. Here patients can enjoy outdoor exercise without being obliged to hire a gondola. The choice of an apartment, &c., should, however, always depend on the advice of a resident medical man.

English Church: Palazzo Contarini San Trovaso.

Optician and Photographs: Carlo Ponti, 52, Place St. Marco.

Chemist: Zampironi, St. Moisé.

Bookseller: Münster, Piazza San Marco.

Bankers: S. & A. Blumenthal & Co., on the Traghetto.

Doctors: Drs. Kurz, Keppler, Lewi and Minieh.

Hotels: Danieli's *Royal Hotel*, first, both by its position and management.

The *Grand Hôtel*, splendidly situated on the Grand Canal; magnificent apartments for families; private gondolas. Wnrms and Melano, managers.

Vernet (Le).—France, Department of Pyrénées Orientales, near Prades; 1,900 feet above sea level.

Mountain air cure, and winter station.

Sulphurous saline waters, 45° to 140° F.

Eleven springs, two establishments.

Special indications: Rheumatism, scrofula, syphilis and pulmonary affections.

The establishments are elegant, and the accommodation comfortable. The situation is charming, and the park and gardens extensive.

Doctors: Drs. Massina and Piglowski.

Verrazano.—Italy, Tuscany, valley of the Teverino.

Effervescent alkaline waters, 50° F. Little used.

Vescovo (Bagno del).—Italy, near Grosseto, Val d'Ombro.

Bitter waters, slightly mineralised, 70° F.

There is a small and incomplete establishment.

Vetan.—Switzerland, Engadine, near Schüls; 5,000 feet above the sea level.

Climatic mountain air station, whey and milk cure.

Doctor: Dr. Killias, from Tarasp.

Vetzel.—Austria-Hungary, Transylvania, Valley of Kalamar.

Alkaline waters, 50° F.

There are no arrangements to accommodate visitors.

Veules.—France, Department of Seine Inférieure, near St. Valéry.

Sea baths; sandy beach.

Veulettes.—France, near Dieppe.

Sea baths; sandy beach. Air bracing.

Season: July—October.

Residence here is quiet.

Vevey.—Switzerland, canton Vaud, on the Lake Lemman.

Air cure station, grape and whey cure.

Bookseller: Benda.

Doctors: Drs. Muret, Guisan, Reymond and Rossier.

Hôtels: *Grand Hôtel de Vevey*. Highly recommended.

E. Michel, proprietor.

Hotel Monnet.

Veytaux.—Switzerland, on the north-east shore of Lake Lemman, near Montreux.

Climatic station; chiefly visited as a station of call.

Season: Spring and Autumn.

Vialla.—Italy, Tuscany, near Firenzuola.

Sulphurous waters, 40° F.

The establishment is incomplete.

Viareggio.—Italy, between Spezia and Leghorn.

Sea baths; sandy beach; climate very mild.

Season: August—October.

Coming into favour as a winter station, though rather foggy.

Doctor: Dr. Hirschl.

Hotel: *De la Grande Bretagne*.

Vicarelo.—Italy, near Rome.

Alkali-saline waters, 112° F.

These waters are supposed to be the Apollinaris waters of the ancient Romans. Arrangements poor, and very much neglected.

Vicarsbridge.—Scotland, near Dollar.

Sulphate of iron waters.

Some of the richest iron waters known.

Vic-le-Comte.—France, Puy du Dôme, near Isoire.

Ferruginous waters.

Used only in the immediate neighbourhood as table waters.

Vichy.—France, Department of Allier. For routes see table.

Several bicarbonate of soda alkaline springs, ranging from 35° to 105° F.

Three of the springs are ferruginous. Vichy may be taken as the type of alkaline waters generally. Any disease due to excess of acidity is benefited by waters such as those of Vichy.

These waters can be obtained from Messrs. Ingram & Royle, 52, Farringdon Street, London, sole agents in England.

Special indications: Dyspepsia, splenic and hepatic disorders, uric acid diathesis, catarrh of the urinary organs, diabetes.

Vichy has been well called "the Queen of thermal watering places;" it is visited by as many as 40,000 persons yearly.

Bookseller: Vve. César, Passage du Casino.

Doctors: Drs. Durand-Fardel, Barudet, Cormack, Villemin, Souligoux and Nicolas (Rue de Nîmes).

Hotel: Tho *Nouvel Hôtel*.

Vicoigne.—France, Department of Nord.

Cold sulphate of sodium waters.

Vie-sur-Cer.—France, Department of Cantal, near Aurill

Bicarbonate of iron waters.

Doctor: Dr. Soubeyran.

Vietoire.—Italy, near Aosta, Val d'Entrèves; 3,800 feet above sea level.

Effervescient ferruginous waters.

Very mild climate.

The arrangements are not satisfactory.

Victoria Spa.—England, Warwickshire.

Sulphate of sodium waters.

Special indications: Rheumatism, dyspepsia, liver complaints.

Vidago.—Portugal, near Oporto.

Alkali-saline and ferruginous waters.

Season: September—November.

The establishments and arrangements generally are modern, and provided with all the latest and most scientific improvements. Trout fishing can be had. The situation is picturesque, and residence pleasant.

Vignale.—Italy, Piedmont.

Cold saline sulphurous waters.

Vignolles.—France, Department of Vienne.

Cold saline waters.

Vignone.—Italy, Tuscany, Siena, near San Quirico.

Ferruginous alkaline waters, 100° F. Natural steam baths.

The establishments are good, as is also the accommodation.

Vegetation luxurious, and situation charming.

Vienna.—Capital of Austria, from Paris, *viâ* Strasburg, Munich, and Passau, 48½ hours. 190 fr. 1st class.

The town is situated near the southeru bank of the Danube, and is of very aucieut origin. It has been the residence of the German Emperors from the 13th to the 19th centuries, and is full of historical interest.

It was unsucessfully besieged by the Turks in 1683.

OBJECTS OF INTEREST.—The Cathedral of St. Stephen, Churches of the Capueines, Latin, Carmelites, St. Michael, St. Charles Borromeo, Imperial Palace or Burg, Imperial Library, Cabinet of antiquities, Cabinet of minerals, Museum, Coach-house and riding school, Imperial Jewel office, People's garden, Picture gallery, the Lower Belvedere with Ambras collection of armour, Esterhazy gallery, Liechtenstein gallery, Imperial arsenal, Town arsenal, University, General and Lying-in Hospitals, Opera-house, and Hofburg Theatre, the Prater, the Ring Strassen, Dreher's and Geyer's beer-houses, Aquarium and Exhibition Palace of 1873, many private gardens.

Amateurs of the bath will be amply repaid for travelling any distance by a visit to the Turkish baths of Dr. Von Heinrich.

EXCURSIONS Schönbrunn, Hütteldorf, Hietzing, Brühl Laxenburg, Mœdling, Baden, warm springs; Leopoldsberg, Kahlenberg, and Klosterneuburg.

CABS: Half-hour or less, 1 fl., and each succeeding ½ hour, 50 kr.; one-horse carriage, ¼ hour, 50 kr., and not exceeding ½ hour, 60 kr.; each succeeding ¼ hour, 20 kr.

Post-office: Alte Postgasse, 10.

Telegraph: I. Börsenplatz 1; Hotel National.

Doctors: Drs. Bamberger, Nothnagel, von Heinrich, Bettelheim and Kaposi.

Hotels: Imperial, Golden Lamb, Grand, Metropole, and National.

Vihnye.—Austria-Hungary, near Schemnitz.

Earthy, ferruginous efferveseent waters, 100° F. Climatic station in summer. Very mild climate.

The establishment might easily be improved. Accommodation indifferent. The situation is fine and well sheltered. Vegetation luxurious. An extensive park has recently been laid out.

Doctor: Dr. Boleman.

Villacarillo.—Spain, province of Jaen.

Sulphurous waters, 30° to 45° F

Villa delle Caselle.—Italy, near Arczzo.

Alkaline waters, 55° F.

There is nothing here except the spring.

Villa d'Este.—Italy, Lake of Como, near Cernobbio.

Hydropathic establishments; arranged to admit a limited number of indoor patients.

Villafafila.—Spain, province of Zamora.

Nitrate of potash to the extent of 1·80 gr. is found in these waters.

Villaharta.—Spain, province of Córdoba, near Alhondiguilla.

Acidulous bitter waters containing iron.

Special indications: Chlorosis, anæmia, menorrhagia, amenorrhœa, dysmenorrhœa, vesical catarrh.

The site is very beautiful. The establishment is situated in the midst of large gardens. Accommodation abundant.

Doctor: Dr. Illescas.

Villanueva de Gallego.—Spain, province of Zaragoza, near Huesca.

Hydro-sulphuric waters.

Though this spring has been discovered only recently, it is already eagerly sought after.

Villar del Pozo.—Spain, province of Ciudad-Real, near that town.

Acidulous ferruginous waters, 70° F.

Neither the establishment nor the accommodation offer any attractions.

Doctor: Dr. Ocaña y Pazos.

Villaro.—Spain, province of Bizcaya, near Bilbao.

Sulphurous earthy waters.

Special indications: Skin diseases, lymphatism, syphilis, pharyngeal and laryngeal disorders, vesical and uterine catarrhs.

The site is very picturesque, and the establishment is surrounded by a large garden and very complete. The accommodation is good and prices low.

Doctor: Dr. Palacios Tomás.

Villaviciosa.—Spain, province of Guadalajara, near Brihuega.

Alkali-saline waters.

Formerly much in vogue, they are now almost entirely abandoned.

Villatoya.—Spain, province of Albacete, and near that town.

Alkaline waters, 70° F.

Special indications: Rheumatism; one spring is used in cases of parasitical affections, diabetes, scrofula.

The establishment is well fitted, and accommodation suitable to all purses.

Doctor: Dr. García Teresa.

Villefranche.—France, Department of Aveyron.

Alkaline waters, 27° F.

Villavieja de Nules.—Spain, province of Castellon de la Plana, six hours from Valencia.

Sulphate of magnesia waters, 75° to 110° F.

Special indications: Rheumatism, neuralgia, paralysis.

A well-frequented and well-appointed bathing establishment.

The hotels are good, and the accommodation within the reach of all. There are assembly, reading, smoking, ball and billiard-rooms.

Doctor: Dr. Barraca.

Villefranche.—France, Department of Alpes Maritimes, near Nice.

Sea baths and winter station; little frequented, but in a very sheltered position.

The temperature is in the mean 5° higher in winter than at Nice and Cannes.

Villeneuve.—Switzerland, canton Vaud, on the Lake of Geneva, seven miles from Vevey.

Climatic station.

The most convenient starting point for excursions to the Valais Zermatt, Chamouix, &c.

Season: All the year round.

English Church: Service at the Hôtel Byron.

Hotel: The Hôtel Byron.

Villers-sur-Mer.—France, near Trouville.

Sea baths; fine sandy beach. Climate bracing.

Season: May—September.

Villerville.—France, near Deauville.

Sea baths; fine sandy beach. Climate bracing.

Season: May—September.

The scenery is picturesque, and Villerville is rising rapidly in public favour.

Vilo or Rosas.—Spain, province of Malaga, near Colmenar.

Bitter and ferruginous effervescent waters, 50° F.

Special indications: Skin diseases, anæmia, chlorosis, glandular swellings, hyperæmia of liver and spleen.

The construction of an establishment with an hotel is in contemplation. Until this is finished, residence is scarcely possible.

Doctor: Dr. Alvarez.

Vilsbiburg.—Germany, Bavaria.

Bicarbonate of lime waters. There is a small bathing establishment with good accommodation.

Vinadio.—Italy, Piedmont, near Coni.

Saline and sulphurous waters, 40° to 150° F. Diuretic and purgative action. In baths they are very invigorating and tonic.

Special indications: Rheumatism, and vesical disorders.

A good establishment. The accommodation is comfortable the society very select.

Vinea.—France, Department of Pyrénées Orientales, on the railway from Perpignan to Prades.

Saline sulphurous waters, 55° F.

Special indications: Rheumatism and skin diseases.

The establishment is good, and the situation picturesque.

Vippach-Edelhausen.—Germany, Saxe-Weimar, near Weimar.

Saline waters.

There is an establishment, but little has been done to develop the resources of the place.

Visibaehbad.—Switzerland, between Schaffhausen and Baden.

Inert waters, 45° F.

The site is fine. There is a small establishment.

Visk.—Hungary, comitat of Marmarós, near Tecse.

Ferruginous bicarbonate of soda waters.

Special indications : Gravel, dyspepsia.

The site is romantic—on the slope of a hill in the Theiss valley—and the establishment excellent. Much frequented.

Visone.—Italy, district of Rivalto d'Aequi.

Sulphurous waters, 60° to 75° F.

The site is unhealthy, and the establishment old-fashioned.

Visos.—France, Department of Hautes Pyrénées.

Sulphate of lime waters.

Special indications : Old sores and wounds.

Viterbo.—Italy, province of Rome.

Sulphurous thermal waters, 145° F., and cold ferruginous waters.

Special indications : Rheumatism, skin diseases, and syphilis.

Vitry-sur-Marne.—France, Department of Marne.

Ferruginous waters.

Vittel, France.—Department of Vosges, reached from Paris in 8 hours, or London in 18 hours. 1,600 inhabitants; 340 metres above sea level.

Two springs.

Grand Spring, for gravel, gout, rheumatic gout, vesical catarrh, diabetes, affections of the uterus, dyspepsia, hemorrhoids, and diseases of the urinary organs.

Salt Spring, for obstinate constipation, diseases of the liver, congestion, hepatic colic, congestion of spleen, kidneys, &c.

This spring, possessing no distinctive flavour, is the only laxative mineral water which, taken together with wine at meal times, cures cases of constipation of the most stubborn kind.

The waters of the two springs are exported in large quantities all over the world.

Season : From 25th May to 25th September

Post and telegraph office in one of the pavilions by the springs, splendid casino, theatre, pigeon shooting, also other sports.

Hydropathic treatment and massage.

The establishment is situated on high ground, overlooking the valley, at some distance from the town, and in the midst of lovely scenery.

Doctors : Patezon; Bouloumié; Paul Rodet, author of the English Guide to Vittel, which is sent by the Société des Eaux de Vittel to all persons on application. Agents: London, Gallais, 90, Piccadilly, and 27, Margaret Street, W., and at Paris, Central office, 16, Rue de Hanovre, Rue du 4 Septembre

Grand Hotel in the park of the establishment, communicating with the casino, and adjoining the springs, owned and managed by the "Société des Eaux." Fine building with every comfort; English spoken.

Vizella.—Portugal province of Minho, five miles from Guimaraes.

Chalybeate and sulphurous waters, 110° F.

Season : June—September.

Special indications : Skin diseases, gout, serofula, rheumatism, old sores.

The establishment is situated in an extensive park, and is well arranged, and the town is held in much favour. The scenery is grand.

Voltaggio.—Italy, province of Nori, on the Morcione.

Sulphurous waters, 70° F.

Formerly very celebrated, and much visited.

Vöslau.—Austria, province of Lower Austria, one hour from Vienna by rail. 700 feet above sea-level. For routes, see table.

Indifferent waters 75° F.; cold and warm baths; whey and grape cure; climatic station; hydropathic establishment.

Season : 15th May—30th September; grape cure, September and October.

Special indications : Female affections; hysteria, nervous complaints, anæmia, disorders of the lower intestines, convalescence after prolonged illness.

The annual list of strangers shews over 4,000 visitors.

Vöslau is a very favourite spot with the Viennese (who are not included in the above number), on account of its remarkably pure and healthy air, and charming situation on the vine-clad slopes of the Vienna forest. The waters of its springs belong to the class of "Acrato Thermae."

The bathing appliances consist of three large swimming baths, with douches and shower baths, open alternately to ladies and gentlemen. Warm and tepid waters are supplied in wooden and deep earthenware baths. Brine, resinous and extract of pine-cone baths are likewise to be had.

The characteristics of Vöslau as a "*climatic station*" are a charming, healthy and picturesque situation on the well drained borders of the "Viennese Forest," extensive pine woods by which the town is surrounded, and last, but not least, vine-clad hills. From these latter comes its celebrated grape cure in autumn.

The **Curhaus** contains large concert rooms, billiard, card and reading rooms; balls and private theatricals are also given. The orchestra plays three times daily—in the morning at the baths, and in the afternoon and evening in front of the Curhaus.

The environs of Vöslau are noted for their attractive walks and drives. The forest begins, so to speak, in the very town, and is intersected by innumerable walks, roads and paths. In fact everything is arranged in such a way as to make a sojourn here as pleasant as possible. The constant return of visitors who have once passed a season here, is the best evidence that the authorities have succeeded in their endeavours to please.

Villas and private apartments to suit all tastes and purses.

Doctors : Drs. Venninger, Krischke.

Hotels : Hôtel Hallmayer, Back, Comunal and Tägerhorn.

Volterra.—Italy, Tuscan, valley of the Cecina.

Saline waters and brine baths.

The establishment is incomplete and the situation barren.

Voltri.—Italy, on the Riviera di Ponente.

Sulphurous waters, 70° F. Little used.

Vonitza.—Greece, Aegina.

Saline waters, 90° F.

There is no accommodation, and the country around being flat and swampy, the place is little visited.

Vrécourt.—France, Department of Vosges.

Sulphate of soda waters.

Wachenheim.—Germany, Palatinate.

Grape cure station.

The accommodation is good and moderate in price.

Wahlberga.—Sweden, Wermland, near the Lake of Wenner.

Mineral mud baths. Good establishment.

Waidhaldenbad.—Switzerland, near Basle and Rheinfelden; 1,340 feet above sea level.

Whey cure station.

The accommodation is good.

Walby-Brunnen.—Sweden, near Upsala.

Effervescent alkaline, sulphurous and ferruginous waters.

The establishments are good, and the place much visited.

Waldbad.—Germany, Würtemberg, near Kloster Weingarten.

Inert waters.

There is a small bathing establishment.

Waldstatt.—Switzerland, near Appenzel; 2,410 feet above sea level.

Earthly ferruginous waters.

The bathing establishment is built of wood, but affords good accommodation.

Walton-on-the-Naze.—England, Essex, near Harwich.

Sea-baths, good beach; climate bracing and healthy.

Doctor : Dr. Hayman.

Hotel : The Albion.

Wangeroog.—Germany, Oldenburg, an island in the North Sea.

Sea-baths, sandy beach; climate bracing and healthy.

Doctor : Dr. Winner.

Warasdin-Töplitz (Kroatic-Toplitz).—*See* Töplika.

Warmbad.—Germany, Saxony, near Wolkenstein; 1,500 feet above the sea level.

Indifferent waters, 85° F. and climatic air station; whey cure.

The place is surrounded by pine and fir forests.

Doctor : Dr. Kay.

Warmbrunn.—Germany, Silesia, near Hirschberg ; 1,034 feet above sea level.

Indifferent, slightly sulphurous waters, 90° to 100° F.

Special indications: Rheumatism, paralysis, and affections of the respiratory organs.

One of the oldest of Silesian bathing places. The scenery is very picturesque, and the gardens, parks, &c., are scrupulously kept.

Establishments efficient and accommodation comfortable.

Doctors: Drs. Franz, Herzog and Höhn.

Hotels: *De Prusse, Thomas, Victoria.*

Warm Springs.—United States of America, Arkansas.

Thermal springs, used against rheumatism by the Indians.

Warm Springs.—United States of America, Georgia.

Thermal waters, 80° F.

A well frequented station.

Warm Springs.—United States of America, Virginia.

Thermal effervescent alkaline waters, containing magnesia and chloride of lime.

A very well-appointed establishment, and much frequented.

Warnemünde.—Germany, Mecklenberg-Schwerin, near Dobberan, on the Baltic sea coast.

Sea baths. Very much frequented ; a first-class station.

The establishments and accommodation are excellent and very comfortable.

Doctors: Drs. Uterhard and Mahn.

Hôtel: *Kurhaus.*

Warnicken.—Germany, Prussia, on the Baltic.

Sea baths, fine sandy beach.

The situation is very fine and the country around picturesque and romantic, with luxuriant vegetation.

Warrenspoint.—Ireland, county Down, near Newry.

Sea baths, pebbly beach ; pure and healthy air.

Season: June—September.

Doctor: Dr. Douglas.

Hotel: *The Crown.*

Wartenberg.—Austria, Bohemia, near Königsgrätz.

Hydropathic establishments, climatic station in summer.

The country around is very charming.

The establishments, walks, gardens and parks, are well kept, and residence is very pleasant.

Doctor: Dr. von Schlechta.

Wassacherberg.—Germany, Württemberg ; 1,700 feet above sea level.

Effervescent ferruginous waters.

The establishment is thoroughly well fitted up.

Watchet.—England, Somersetshire.

Sea baths; bad beach; climate pure and bracing.

Season: June—September.

Wattenweiller.—Germany, Alsatia, near Belfort.

Biearbonate of iron waters. Mud baths.

Special indications: Chlorosis and anæmia.

Wattwyl.—Switzerland, canton of St. Gall.

A whey cure station.

There is a drink-hall, with a variety of natural mineral waters, which can be mixed with the milk.

Weggis.—Switzerland, Lake of Lucerne; 1,350 feet above sea level; 1,500 inhabitants.

Climatic station; whey cure.

The situation is picturesque and sheltered, on the south bank of Lake of IV. Cantons between Lucern and Vitznau, it is a good point of departure for excursions. Exceedingly quiet.

There is a Doctor in attendance.

Hotel: The *Hôtel and Pension du Lac*, centrally situated for excursions to Righi and other places; good table; pension from 5 to 8 francs. F. Faulstich, proprietor.

Weilbach.—Germany, Nassau. For routes see table.

Sulphurous alkaline iodurated waters.

Special indications: Catarrh of the respiratory organs.

A well-appointed bathing establishment.

Doctor: Dr. Stift.

Hotel: *Kurhaus* and Dependencies.

Weinheim.—Germany, Baden, near Heidelberg.

Climatic air station, hydropathy and grape cure.

Doctors: Drs. Klein, Roder and Bender.

Weissbad.—Switzerland, canton of Appenzell; 2,524 feet above sea-level.

Cold biearbonate of lime waters.

Whey cure; good arrangements; fine situation.

Doctor: Dr. Zellweger.

Weissenburg.—Switzerland, canton of Berne, near Thune.

Alkali-saline waters, 50° F. Sedative action.

Special indications; Pulmonary catarrh, chronic bronchitis.

The bathing establishment and the accommodation are good.

Doctors: Drs. Schnyder and Müller.

Weisser-Hirsh.—Germany, Saxony, near Dresden and above Loschwitz

Climatic air station and hydropathic establishment.

Turkish and Russian baths; whey and milk cure.

Very fine walks and drives in the environs.

Doctor: Dr. Wächter.

Weissenstein.—Switzerland, near Solothurn; 3,950 feet above sea-level

Whey cure, fine situation, in a picturesque country.

Good accommodation.

Wells-next-the-Sea.—England, Norfolk.

Sea baths, good sandy beach.

Season : June—September.*Doctor* : Dr. Fort.*Hotel* : *The Crown*.**Wemyss-Bay, and Skelmorlie.**—Scotland, Renfrewshire.

Hydropathic establishment. Sea baths, good beach.

Climate healthy and air pure.

Season : July—September.*Doctor* : Dr. Wyllie.**Wenzelsbad.**—Austria, Bohemia, near Tschawitz and Komotau.

Alkali-saline waters, 65° F.

The bathing establishment is good, though small.

Wernigerode.—Germany, Prussia, in the Harz mountains; 7,500 inhabitants, and 800 feet above sea level.

Climatic air station.

Doctors : Drs. Bennighaus and Varges.**Westerland-Sylt.**—Germany, on the west coast of Schleswig.

Sea baths; sandy beach with heavy surf.

The establishments are good, accommodation is comfortable and moderate in price.

Westgate-on-Sea.—England, Kent.

Sea baths; firm sandy beach; bracing air.

Season : June—September.*Doctor* : Dr. Flint.*Hotel* : *Royal*.**Weston-super-Mare.**—England, Somersetshire, near Bristol.

Sea baths; bad beach; pure and bracing air.

Season : May—October; but principally July—September.*Doctors* : Drs. Martin and Wallis.*Hotel* : *Bath Hotel*.**Westward Ho.**—England, Devonshire, near Northam Burrows.

Sea baths; sandy beach. Climate bracing, and air pure.

Season : June—September.*Hotel* : *The Westward Ho*!**Weymouth.**—England, on the Channel coast, near Portland.

Sea baths, firm sandy beach, with mineral water springs in the neighbourhood.

Doctors : Drs. Moorhead and Simpson.*Hotel* : *Bourdon*.**Whitburn.**—England, Durham, near Sunderland.

Sea-baths; in the environs are several mineral springs sandy beach; bracing climate.

Whitby.—England, Yorkshire.

Sea-baths; level sandy beach; climate bracing.

Season: June—September.

White Sulphur Springs.—United States, Delaware.

Sulphurous and ferruginous waters.

White Sulphur Springs.—United States, Virginia.

Sulphurous waters.

A much frequented station.

Resorted to by invalids, but not to the same extent as by pleasure-seekers.

Wieliczka.—Austria, Galicia.

Saline waters, 139 grammes of mineralisation, of which 137 grammes are chloride of sodium; brine baths.

Special indications: Serofula.

The establishment is thoroughly well fitted up.

Wiesau.—Germany, Bavaria.

Two effervescing ferruginous springs, analogous to the Pyrmont waters.

Wiesbaden.—Germany, Hessen-Nassau, capital of district of same name. 53,500 inhabitants; 371 feet above sea level. For routes, see table.

Alkaline-Saline waters, 155° to 160° F.

Special indications: Gout, catarrh of the stomach and intestines, rheumatism, arthritis.

English Church: Frankfurterstrasse.

Post Office: Rheinstrasse No. 9.

Telegraph Office: Rheinstrasse No. 9.

Dentist: Dr. Hofmann, Taunusstrasse 18.

Doctors: Drs. Walther, Seitz, Cohn, Rieker, Heymann, E. Pfeiffer, Ziemsson, Pagenstecher, Mordhous, Maerklin, Clouth.

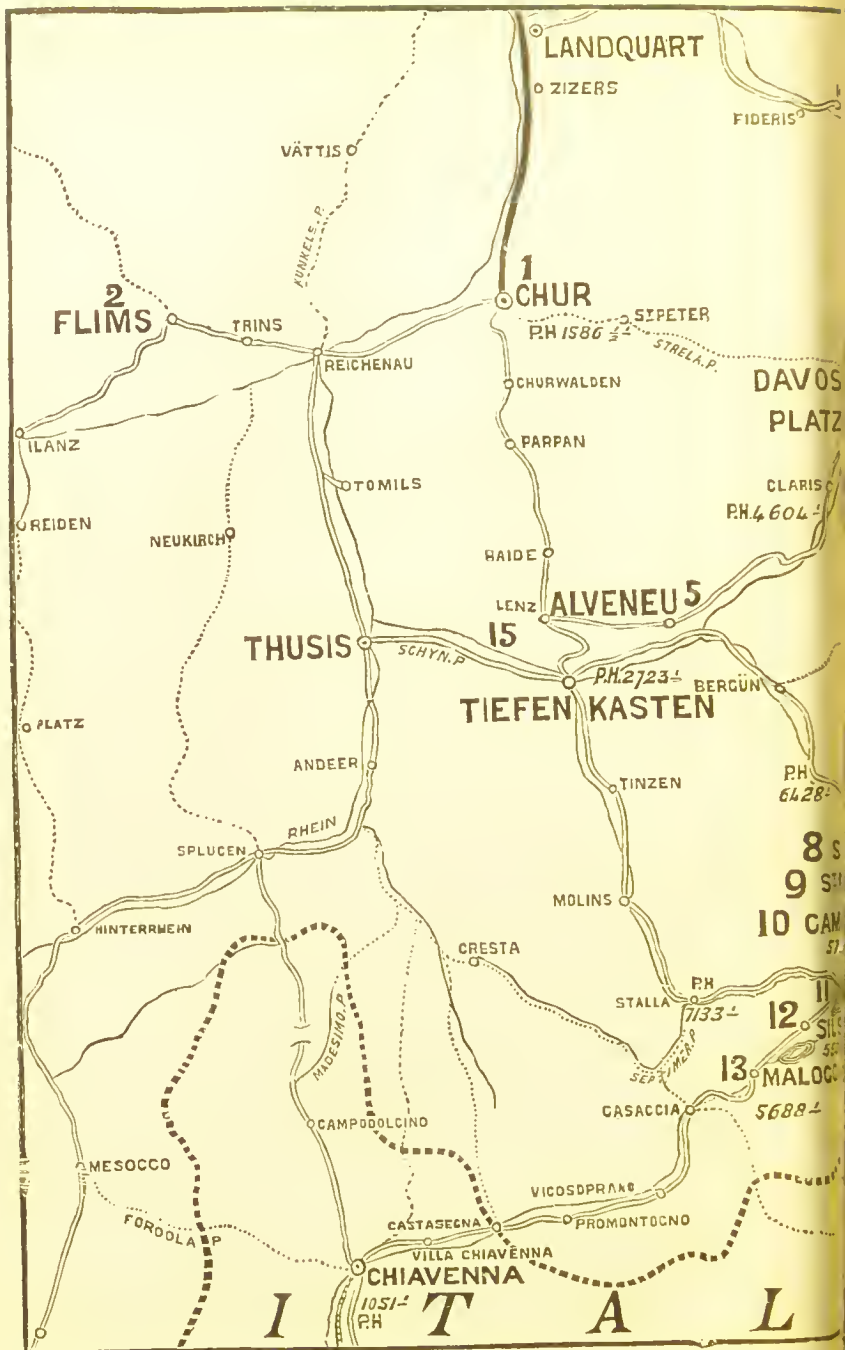
Hotels: The *Four Seasons Hotel* and Baths (*Vier Jahreszeiten Hotel*) is a first-class establishment, situated in a fine open position facing the Kursaal, Theatre Square, and the Park Promenades; 120 front rooms, 20 airy and comfortable bathing cabins, supplied from own hot mineral spring (like the Kochbrunnen). Reasonable terms. Good stabling. W. Zais, proprietor.

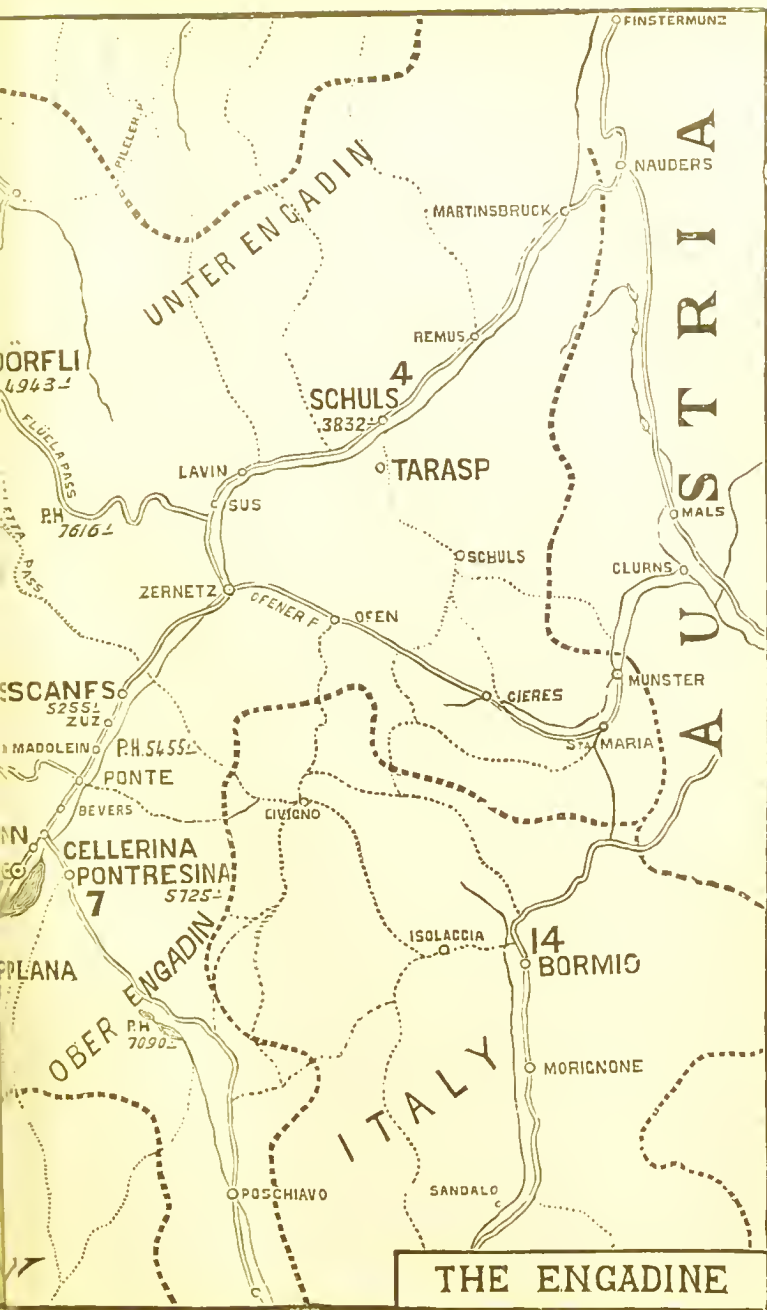
The *Hôtel and Bains de Nassau*.

Wiesen.—Switzerland, Girsens, near Davos, 4,300 feet above the sea level. Climatic air station; whey cure.

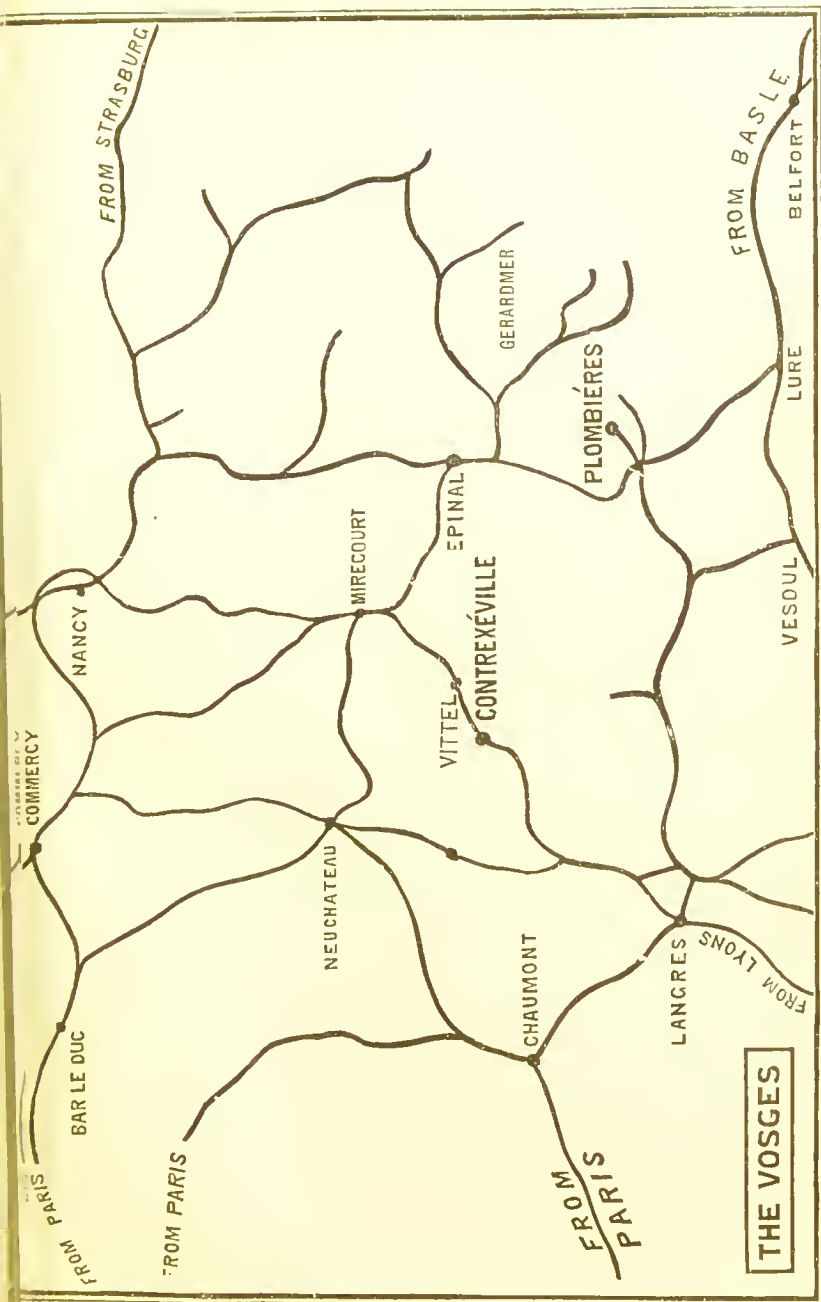
Doctor: Dr. Weber, from Alvenen.

1. COIRE- -“ Hôtel Steinbock,” *see* page 91.
2. FLIMS—The Kurhaus
3. DAVOS—
4. TARASP—
5. ALVANEU—The Kurhaus, *see* page 18.
6. SCANFS—
7. PONTRESINA—“ Hôtel Enderlin,” *see* page 257.
8. SAMADEN—“ Hôtel Bernina,” *see* page 291.

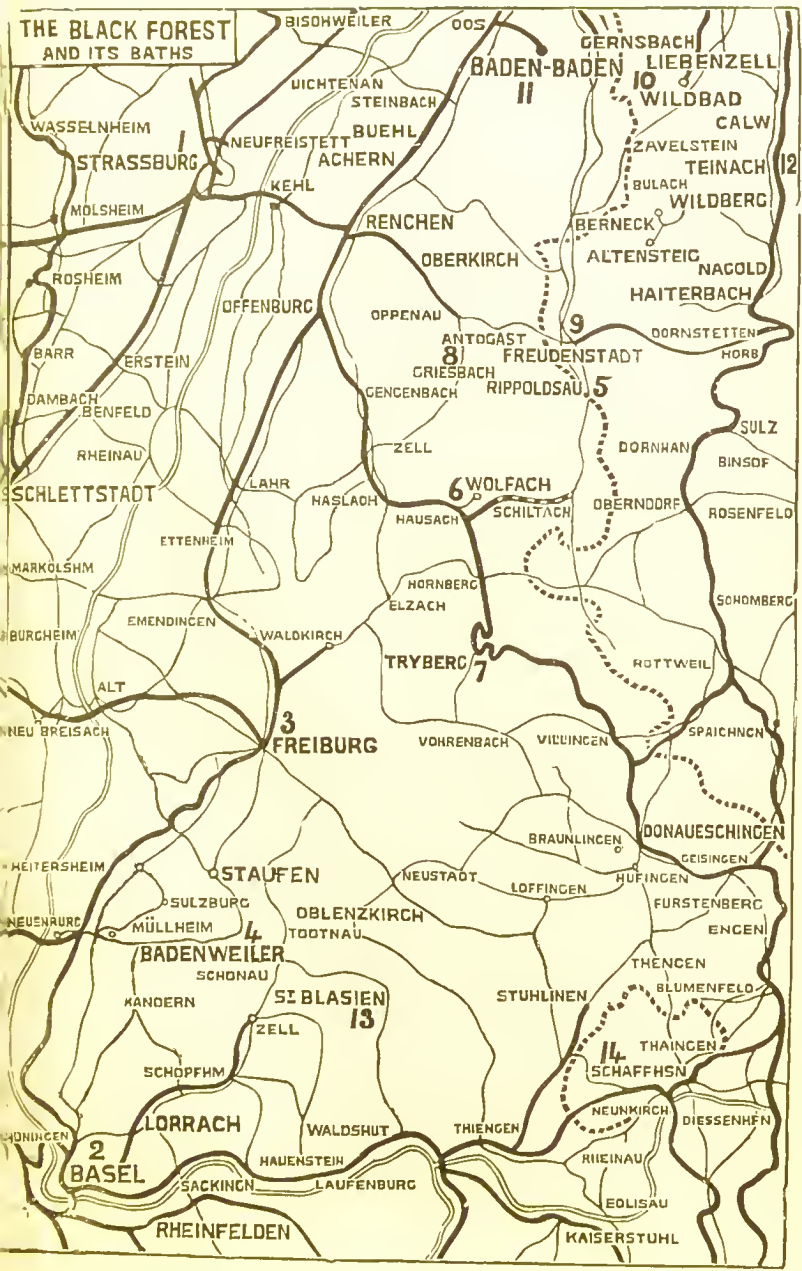




9. ST. MORITZ-BAD—Kurhaus, “Hôtel du Lac,” “Hôtel Engadiner Kulm,” “Hôtel Victoria,” *see* page 284.
10. CAMPFER—“Hôtel d’Angleterre,” *see* page 69.
11. SILVAPLANA—
12. SILS—
13. MALOJA—The Kurhaus, *see* page 200.
14. BORMIO—
15. TIEFENKASTEN—



THE BLACK FOREST AND ITS BATHS



1. STRASBURG—"Hôtel d'Angleterre," *see* page 318.
2. BASEL—"Hôtel National," *see* page 38.
3. FREIBURG—"Hôtel Sommer, Zühingerhof," *see* page 125.
4. BADENWEILER—"Hôtel Sommer," *see* page 31.
5. RIPPOLDSAU—
6. WOLFACH—
7. TRIBERG—"Hôtel Black Forest," *see* page 334.
8. GRIESBACH—
9. FREUDENSTADT—
10. WILDBAD—"Hôtel Belle Vue," *see* page 357.
11. BADEN-BADEN—"Hôtel de Russie," "Hôtel de France,"
see page 29.
12. TEINACH—
13. ST. BLASIEN—
14. SCHAFFHAUSEN—

Wiesbaden.—Germany, Saxony, near Annaberg.

Bicarbonate of soda waters, 50° F. Climatic air station.

Special indications: Neuropathic conditions, female diseases, and calculus.

Doctors: Drs. Hildebrandt and Süsskind.

Hotel: Kurhaus.

Wildbad.—Germany, Württemberg, Black Forest, in the Enz Valley; 3,600 inhabitants; 1,320 feet above sea level. For routes, see table.

Indifferent waters from 80° to 95° F.; whey and milk cure; climatic air station.

Season: 1st May to 1st October, but open all the year round.

Number of Visitors: At any given time about 1,200, but more than 8,000 during the season.

Special indications: Uric acid diathesis, gout, rheumatism, neuroses, all affections of the spinal chord, neuralgia, hyperaesthesia, anaesthesia, cramps, partial and general paralysis, ankylosis, debility from overwork (mental or bodily), convalescence, scrofula, rachitis, chronic derangements of the digestive organs, catarrh of the respiratory and urinary organs; female complaints, fractures and laxations.

The town is situated in a very picturesque valley of the Black Forest, through which passes the Enz, a clear mountain stream. Wildbad is surrounded by mountains, clad with pine forests, which protect it from high winds, and at the same time renders the air buoyant and bracing in ozone, a very fortifying quality.

The environs and the scrupulously well kept garden and parks offer great variety of promenades and excursions.

The climate is very strengthening and stimulating. The atmospheric changes are never rapid. The mean temperature in summer is 65° F. The nights are rather cool, which is considered an advantage.

The bathing establishments are replete with every modern appliance, and afford every comfort.

The amusements are well provided for, and an orchestra plays three times a day. There is also a good theatre. Our tax for each person for the season, 10 shillings. Good fishing and hunting.

English Church: Rev. W. Ludlow, M.A.

Post Office: In the *Hotel Frey*.

Telegraphic Office: In the railway station.

Bank and Exchange: Klumpp and Gewerbebank.

Dentist: Partik.

Chemist: Ungelter.

Doctors: Drs. Von Renz, Inspector of the Baths, Von Burkhardt, Haussman sen., and Haussman jun., De Ponte, and S. Wagner.

Hotels: *Royal Baths Hotel*, Klumpp.

The Belle Vue Hôtel.

Wildegge.—Switzerland, canton of Argau. For routes see table.
 Saline iodo-bromurated waters used at Schinznach.
Special indications: Lymphatic affections and scrofula.

Wildhausbad.—Switzerland, canton St. Gall; 3,430 feet above sea level.
 A whey cure station; sulphurous spring, not used.
 The establishment is good.

Wiesloch.—Germany, Baden, near Langenbrücken.
 Sulphurous waters, not used.

Wildungen.—Germany, Waldeck, near Waldeck and Cassel. For routes see table.

Cold alkaline ferruginous waters.

Special indications: Diseases of the genito-urinary organs, and dyspepsia.

Nature and art have made of Wildungen a very charming place, and residence there is very pleasant.

Doctors: Drs. Muller, Kruger, Röhrig and Von Lingelsheim.
Hotels: Post, Waldeck.

Wilhelmsbad.—Germany, Hessen, near Hanau.
 Cold chalybeate waters.

Special indications: Scrofula, anæmia, female complaints.

Wilhelmsbad.—Germany, Saxony, near Asechersleben.
 Brine baths.
 The establishment is incomplete.

Wilhelmsbad.—Germany, Silesia, near Ratibor.
 Cold sulphurous waters.
 The establishments are good, the accommodation comfortable and moderate in price, and the scenery very picturesque.

Willoughby.—England, Warwickshire, near Rugby.
 Sulphurous and saline waters.
 Climate healthy.
Season: June—September.

Wimpfen.—Germany, Hessen-Darmstadt, on the road from Heidelberg to Heilbrunn.
 Saline water, brine baths.
 The establishment is good, and the scenery picturesque.
Doctors: Drs. Eisenmenger and Weigand.

Windermere.—England, Westmorland, Lake District.
 Summer air cure station, and holiday resort.
Doctor: Dr. Hamilton.

Windsor Forest.—England, Berkshire.
 Sulphate of magnesia and soda effervescing waters; 8 grammes of mineralisation. Laxative action.

Winterbach.—Germany, Württemberg, near Stuttgart; 766 feet above sea level.

Sulphurous waters.

The establishment is good, the accommodation abundant and comfortable, and the scenery charming.

Wipfeld.—Germany, Bavaria, near Kissingen.

Cold sulphate of lime waters; mud baths.

The establishment is sufficiently good.

Withernsea.—England, Yorkshire, near Seathorne.

Sea baths; shingly beach; climate bracing.

Season: July—September.

Hotel: The *Queen's*.

Wittekind.—Germany, Prussian province of Saxony, near Halle.

Brine baths, Russian and sulphurous baths.

The establishment is thoroughly well fitted up, and is very comfortable and elegant. The gardens are very beautiful and admirably laid out. The situation is charming.

There is a Casino, with assembly, concert, ball, and reading rooms.

Doctor: Dr. Græfe.

Wolfach.—Germany, Baden, in the valley of the Kinzig; 875 feet above sea level.

Cold ferruginous waters.

Wolfach is better known for its pine-cone sap baths and resinous inhalations, than for its ferruginous spring.

Wolfs.—Austria-Hungary, near Oedenburg, on the Lake of Neusiedel.

Earthy alkaline sulphurous waters.

The establishment might be improved.

Wolfsanger.—Germany, Hessen-Nassau, near Cassel.

Climatic air station and hydropathy; whey cure, resinous baths.

Doctor: Dr. Wiederhold.

Wolfsegg.—Austria, near Linz.

Alkaline waters.

The establishment is old fashioned.

Woodhall Spa.—England; 3 hours from London and 1 hour from Lincoln.

Saline bromo-iodine waters; very rich in iodine. Douches, sitz, steam, needle, and shower baths, and inhalations. Open all the year round.

Special indications: Rheumatism in all its forms, gout, sciatica, and neuralgia, scrofula, rickets and glandular affections, tumours and diseases peculiar to women, chronic skin diseases, goitre and congestions of the liver and spleen.

A large new bath-house and pump-room have been erected, with every convenience for shower, lave and douches, as found in the largest and most fashionable Continental spas. Rooms are also provided for inhalation and respiration, and the natural vapour from the mineral water can be applied either wholly or locally.

Medical Superintendent : Dr. C. J. Williams.

AMUSEMENTS.—Besides the numerous walks and drives in the beautiful park and adjoining woods, and the very interesting old ruins existing in the neighbourhood, tennis courts, an archery ground and bowling greens afford amusements for visitors, whilst a first-class band will play three times daily during the summer months. A golf club has recently been formed.

The *Alexandra Hospital* is now open to all comers, on presentation of subscriber's order.

The *Victoria Hotel*.—Adjoining the Baths, heated throughout and replete with every comfort. Under entirely new management; for terms apply to the Manager. Baths of the Mineral Water can now be obtained in this Hotel.

Wörth.—Germany, Bavaria, near Regensburg.

Effervescent ferruginous waters.

No establishment and very imperfect appliances.

Worthing.—England, Sussex, near Brighton.

Sea baths; hard sandy beach. Climate mild.

Season : July—October.

Doctors : Drs. Collet and Smith.

Hotel : Egremont Hotel.

Wyk.—On the Island of Föhr, in the Baltic, steamboat from Husum.

Sea baths, much frequented, sandy beach; climate mild.

The bathing arrangements are very good.

Doctors : Drs. Gerber and Hitscher.

Hotels : Kurhaus, Redlefsen.

Wyk aan Zee.—Holland, 1½ hours from Amsterdam, on the North Sea.

Sea baths. Sandy beach. The surf is strong.

Season : 15th June—1st October.

Hôtel : The *Hôtels Reunis*.

Yarmouth.—England, Norfolk.

Sea baths.

Ydes.—France. Auvergne Department of Cantal.

Cold mineral waters. Strong saline, sulphurous arsenical, effervescing.

Source : *Saint Martin*.

The only existing mineral water naturally effervescing with purgative effect.

Special indications : Gastric complaints, constipation, congestion, &c., especially suitable for people of sedentary disposition.

Source : Saint Georges.

Special indications : Strongly aperient and digestive. For diseases of the stomach and digestive organs, circulation of the blood, lymphatism, sceofula and obesity.

The water can be sent to the patients residence if necessary for treatment. All information will be given on receipt of stamped application, by Mr. A. Chassan, Director and Proprietor, at Saignes, Ydes (Cantal).

Yeste.—Spain, province of Albacete.

Sulphurous cold waters.

Special indications : Skin diseases, hysterics, rheumatism, ophthalmia, leucorrhœa.

Yeuzet.—France, Department of Gard.

Sulphurous waters.

The establishment is good.

Yverdon.—Switzerland, canton of Vaud.

Mixed bicarbonate waters, 55° F.

Special indications : Affections of the pulmonary and vesical mucous membranes.

Very agreeably situated, salubrious climate and well organised bathing establishment.

Yport.—France, Department of Seine Inférieure, *viâ* Fécamp.

Sea baths, sandy beach.

Zafarana.—Italy, Sicily, at the foot of Ætna.

Effervescent ferruginous waters.

No arrangements.

Zagwera.—Russia, Caucasus, near Borschom.

Alkaline ferruginous waters. Exported.

No establishment ; owing to insufficient communication the place is not visited.

Zaisenhausen.—Germany, Baden, near Carlsruhe.

Cold sulphate of lime waters, with slightly laxative action.

Establishment incomplete.

Zajzon.—Austria, Hungary, Transylvania, near Kronstadt ; 1,790 feet above sea level.

Ferruginous iodurated waters. Good accommodation. Very changeable climate.

The establishments are ample and much frequented.

Zakopane.—Austria, Galicia, in the Tatra.

Climatic air station, hydropathic and whey cure.

Doctor : Dr. Ganczawski.

Zandvoort.—Holland, near Haarlem.

Sea baths, sandy beach, climate bracing.

The arrangements are good. Accommodation abundant and comfortable, but rather dear.

Zaldivar.—Spain, province of Biscaya, near Durango.

Sulphate of lime waters, 50° F.

Special indications: Skin diseases, scrofula, leucorrhœa, chronic ulcers, caries necroses, white swelling.

The site is very picturesque and well sheltered. The establishment and hotel form different buildings. Both are surrounded by large parks with extensive woods. The establishment is fitted with all modern appliances and the hotel is comfortable.

Doctor: Dr. Castañon.

Zanyka.—Austria, Hungary, comitat of Bereg.

Ferruginous waters.

No establishment.

Zante.—Greece, Ionian Islands, near Chicri.

Possesses a sulphurous and saline spring, which contains petroleum and bitumen.

Zaraus.—Spain, province of Guipuzcoa, near San Sebastian.

Sea baths, strong surf, and very fine sandy beach.

The place is very fashionable and society very select.

Zavelstein.—Germany, Baden, near Teinach; 1,800 feet above sea level.

A whey cure station; well appointed.

Zea.—Greece, island in the Archipelago.

Alkaline waters; used in primitive fashion.

Zegiestow.—Austria, Galicia, district of Landec.

Ferruginous waters.

Doctor: Dr. Szczepkanski.

Zerbst.—Germany, Saxe-Anhalt.

Effervescent ferruginous waters.

The establishments are good.

Zermatt.—Switzerland, canton Valais; 5,315 feet above sea level. Visp railway station 3 miles from Brigue, 9 miles from St. Maurice.

Climatic station; with bracing climate.

The scenery is very grand. The place is secluded, but is a good centre for excursions. The situation is one of the best wooded and most picturesque in the Swiss Alps. Zermatt is reached in 7 hours from Visp, mule path and carriage included, the first 3½ hours are by mule to St. Nicolas.

Mr. Sciler, proprietor of the following hotels, is unceasing in his endeavours to render every assistance to all who visit the locality.

Hotel Cervin, 180 rooms, first hotel on entering Zermatt.

Hotel Monte Rosa, 70 rooms.

Hotel Zermatt, 130 rooms.

The *Hotel Seiler*, at Riffel Alp, 2½ hours distant, 150 rooms.

For all information, address Mr. A. Seiler.

Zinnowitz.—Germany, on the island of Usedom in the Baltic.

Very fashionable and much-frequented sea bathing station.

Doctor : Dr. Sachse.

Hotel : *Belvedere*.

Zittau.—Germany, Saxony, Oberlausitz.

Pine-cone sap and resinous vapour baths.

The establishment is thorough and the situation romantic.

Doctor : Dr. Steinert.

Zögg.—Austria, Tyrol, valley of Passeyer.

Effervescent ferruginous waters.

Special indications : Gout, chronic nervous disorders, chronic skin diseases.

Zoppot.—Germany, near Danzig, on the Baltic.

Sea baths, much frequented by Germans and Poles.

There is a thoroughly well-appointed establishment.

Doctor : Dr. Benzler and Zaczek.

Hotels : *Kurhaus*, *Schulz*.

Zovány.—Austria-Hungary, Transylvania, near Szilagy-Sombyo.

Ferruginous waters.

Special indications : Chronic catarrh, leucorrhœa, disorders of the uterus, and chronic sores.

The establishment is antiquated.

Zuckmantel.—Germany, Upper Silesia, near Ziegenhals.

Hydropathic establishment.

Doctor : Dr. Aujel.

Zug.—Switzerland, canton Zug, near Zurich ; 2,967 feet above sea level.

Climatic mountain air station ; whey, milk and grape cure.

Special indications : Exhaustion from mental overwork, anæmia, chlorosis, failing nutrition and asthma.

The situation is well sheltered, and the hills covered with pine-woods. The views are very fine, embracing the Lake of Lucerne and the Bernese Oberland. The air is particularly bracing, and the sojourn, though quiet, is pleasant.

Doctors : Drs. Keiser and Steiger.

Hotels : *Hotel and Pension Schönfels*.

Zujar.—Spain, province of Granada, near Baza.

Thermal sulphate of lime springs, 100° F.

Special indications : Rheumatism, paralysis, gout, articular swellings, tendinous contractions, skin diseases, old wounds and bronchial catarrhs.

The establishment contains tanks and sweating rooms, but is much neglected.

Doctor : Dr. Qucsada.

Zumaya.—Spain, province of Guipuzcoa, near Zumárraga.

Sea baths with sandy beach.

Quiet and retired. Daily expense *en pension* 5 fcs.

Zürich.—Switzerland; 1,280 feet above sea level.

Earthly alkaline waters.

There are three establishments, all equally good—the Rösli baths, the Drahtschmidli baths, and the sulphur baths.

Capital of the Canton of the same name, is a very thriving commercial town of much interest, situated at the foot of the Alps. The town and its suburbs extend from the heights of the Zürichberg to the base of the Uto. The number of inhabitants is upwards of 90,000.

OBJECTS OF INTEREST.—Gross Münster, or the Cathedral; Churches of St. Peter, St. Augustine, and Frauen Münster, Arseual and Armoury, Cantonal buildings, Polytechnic school, University, Great Hospital and Observatory, Hall of Art and Paintings, Asylums, Library.

EXCURSIONS: Uetliberg, Kappel, Albisbrunn, Zürichberg, Rapperschwyl, Horden, Wadensweil, and up the lake. There are also good promenades in the town, such as Platz Promenade, Botanical gardens on the Katz Hill, Hohe Promenade, and various others.

CABS: One horse, two persons, 80 cts.; two horses, four persons, 1 fr. 20 cts. Post and Telegraph office: Bahnhofsstrasse.

Bookseller: Cesar Schmidt, Munsterberg.

Doctors: Drs. Rahn-Escher and Peters.

Hotel: *Grand Hotel National.* A well-known first-class family hotel, can be highly recommended to English and Americans. Very conveniently situated opposite the Central Railway Station; 120 rooms and saloons, with every modern comfort. Ladies' drawing-room, baths, lift to all floors, splendid café restaurant, with billiard saloon, all newspapers. Moderate charges. Arrangements can be made for a prolonged stay. Lift.

FERD. MICHEL, *Proprietor.*

Zwieselsalpe.—Austria, near Abtenau, on the Lammer.

Bitter waters. Exported.

The situation is charming. The establishments are very good, and the accommodation comfortable and abundant.

LIST OF DOCTORS

NAMED IN THE TEXT, AND THEIR SUMMER AND
WINTER RESIDENCES.

*Doctors practising in Great Britain and Ireland, and mentioned
in text, are not included in this list.*

Name.	Winter Station.	Summer Station.
Abbamondi ...	Teleze ...	Teleze.
Abée	Nauheim.
Adam ...	Flinsberg ...	Flinsberg.
Adhéma ...	Biarritz.	
Aguglia ...	Chiatamone... ..	Chiatamone.
Aguilera	Gravalos.
Aitken ...	Rome ...	Rome.
Albrecht...	Miesbach.
Alexander	Pistyan.
Allard	Royan.
Almendariz	Nanclares de Oca.
Alrig ...	Aulus... ..	Aulus.
Alsina	Bañolas.
Althammer	Arco.
Alvarez	Vilo ó Rosas.
Andres	La Hermida.
Andresen	Reinbeck.
Anglade	Eaux-Chaudes.
Anjel ...	Gräfenberg... ..	Gräfenberg.
Anjel	Zuckmantel.
Antonini...	Nervi.
Arenini	Levico.
Armieux...	Bareges.
Arnal ...	Amélie-les-Bains ...	Amélie-les-Bains.
Arnesto	St. Bartolomé de Cuadra.
Arnold ...	Heidelberg ...	Heidelberg.
Arntz ...	Cleves ...	Cleves.
Arone ...	Görz ...	Görz.
Arthen	Seltz.
Aschenbach	Lobenstein.
Aschmann	Sinzig.
Asenjo y Cáceres	Ormaiztegui.
Audual	La Garde do B
Augcy ...	Barritz.	
Averbeck ...	Laubbach ...	Laubbach.
Avila	Loujo.
Ayegui	Borines.
Aymé	Contrexéville.

Name.	Winter Station.	Summer Station.
Babel	Goczalkowitz.
Baer	Berlin	Berlin.
Bagliello... ..	Aequa-santa	
Bagnell	Pau	Bagns. de Bigorre.
Bailly	Bains-les-Bains	Bains-les-Bains.
Balbas	{ San Gregorio de
		{ Brozas.
Baldwin	Florence	Florence.
Baldwin C.	Rome... ..	
Ballet	Bourbonne-les-Bains
Balzer	Alveneu	Alveneu.
Balzer	Gössweinstein.
Bamberger	Vienna	Vienna.
Bancalari	Preblau
Banning... ..	Bushey	Bushey.
Baradue	Chatel-Guyon.
Bardenheuer	Cologne	Cologne.
Bordeys	Stuer.
Barnard	Paris	Paris
Barraca	Villavicja de Nules.
Barráca	Frailes y la Rivera.
Barringer	Naples	
Barrio	Carballino.
Barrols	Argentona.
Barth	Baden (Austr.)	Baden (Austr.)
Bartók	Dombhát.
Barwinsky	Elgersburg.
Bary, De	Strasburg	Strasburg.
Bätge	Lauchstädt.
Battersby	Cannes	Bormio.
Battlehner	Carlsruhe	Carlsruhe.
Bauer	Niedernau.
Baumann	Schlangenbad	Schlangenbad.
Baumbaeh	Ilmenau.
Beatty	San Remo	
Beck	Immenstadt.
Beck	Teplitz-Schönan
Becker	Hanover	Hanover.
Beissel	Aix-la-Chapelle	Aix-la-Chapelle.
Bellini	Aequa Santa.
Belmondi	Nervi.
Bender	Weinheim.
Bengelsdorf	Putbus.
Bennet	Mentone	London.
Benzler	Zoppot.
Benzler	Idenburg.
Berg	Reinerz.
Beringhaus	Wernigerode.
Bernabéu	Fuente Sta. de Lorca
Berry	St. Moritz-Bad.
Bertholet	Montreux.
Bertier	St. Gervais.
Berton	Baden-Baden	Baden-Baden.
Bertrand...	Schlangenbad.
Betons	Barèges-Barsun.
Bettelheim	Vienna.	
Benchel	Schandau.
Biermann	St. Moritz-Bad.
Bilfinger... ..	Hall (Würt.)	Hall (Würt.).
Billmann	Neuhaus.

Name.	Winter Station.	Summer Station.
Binder	Dorna-Kandréný.
Birnbaum	Colognc.	Tharandt.
Bishayn	Niedernau.
Bisinger	Hyères.
Bliden	Aix-les-Bains.
Blanc	Freiburg	Freiburg.
Bloch	Petersdorf.
Bloch	Staraja-Rossa.
Block	Cannstadt.
Blezinger	Cannstadt	Hague.
Blom-Coster	Hague	St. Sauveur.
Blondin	Tobelbad.
Blumauer	Schwalbach.
Bochin	Nauheim.
Bode	Hubertusbrunnen.
Bode	Eilsen.
Bodemeyer	Colberg.
Bodenstein	Niederbronn.
Boell	Vihnye.
Boleman	Davos-Platz.
Boner	Caldas de Oviedo.
Bonilla	St. Simon.
Bonjau	Hechingen.
Bosch	Blankenberghe.
Bosyn	Blankenberghe	Plombières.
Bottentuit	Royat.
Boucomont	Bourbonne.
Bougard	Trouville-sur-Mer.
Boulay	Vittel.
Bouloumié	Berne.
Bourgeois	Berne	St. Simon.
Boutemps	Herne Bay.
Bowes	Herne Bay	Saxon.
Boyer	Paris.
Boyland	Paris	Dinan.
Brabant	Dinan	Aix-les-Bains.
Bracht	Füssen.
Brand	Aix-la-Chapelle.
Brandes	Aix-la-Chapelle	Royat.
Brandt	Cannes	Putbus.
Brasch	Guillon.
Branley	Richwald.
Brecher	Pyrawarth.
Brée	Bordeaux.
Breen	Bordeaux	Görbersdorf.
Brchmer	Görbersdorf	Genoa.
Breiting	Genoa	Archevaleta.
Breñosa	
Bright	Cannes	
Brink	Daruvar.
Brockmann	Clausthal.
Broichox	Contrexéville.
Bruce	Pau	
Brück	Driburg	Driburg.
Bruckner	Basel	Basel.
Brüggelmann	Inselbad	Inselbad.
Brügger	Samaden.
Brühl	Gleichenberg.
Brunig	Augustusbad	Radberg.
Brug	Immenstadt.

Nome.	Winter Station.	Summer Station.
Brunn	Mehadia.
Brunner	Joèche les Bains.
Brunner	Engelberg.
Bujakowsky	Charlottenbrun ...	Charlottenbrun.
Bundsen	Malaga.	
Bunzel	Gastein.
Burdaeh	Reichenhall.
Burkart	Boppard.
Bütonan	Colberg.
Cabasse	Bourbonne les Bains.
Calderon	Cestona Guezalaya.
Calvo	Caldas de Estrac.
Camaran	Forges-les-Eaux ...	Forges-les-Eaux.
Cantani	Naples	
Carrard	Montreux.
Carretero	Madrid	Lugo.
Carrio y Grifol...	{ Fuente Sta de
Caspari	{ Gayanga.
Castañon	Meinberg.
Castell	Zaldivar.
Castells	Ntra. Sa de Abellá.
Caulet	Carballo.
Cazalis	Cannes	St. Sauveur.
Cazaux	Mont-Dore.
Cazenave de la	Eaux-Bonnes.
Roche	Eaux-Bonnes.
Cerdo y Oliver...	Martos.
Cérenville de	Lausanne	Lausanne.
Cerezo	Bellus.
Cerio	Capri	Capri.
Cervera	Ibero.
Cessens	Hyères	Aix-les-Bains.
Chacel	Fortuna.
Challand... ..	Lausanne	Lausanue.
Champtier	Cauvalat.
Chapman	Paris	Paris.
Charles	Rome... ..	
Charvet	Vals.
Chauvet	Royat.
Cheverry	Sonthofen.
Chiais	Menton	
Clarke	Paris	Paris.
Claussen...	Gravenstein.
Clay	Pau.	
Clemens	Rudolstadt.
Clouth	Wiesbaden	Wiesbaden.
Coche	Condillac.
Coff	Bistritz.
Cohn	Wiesbaden.
Cohn	Appenzell.
Coldstream	Florence	Florence.
Colonna	Ajaccio.	
Collignon	Brussols	Brussels.
Coll y Amo	Fitero.
Comanos...	Cairo.
Commandré	Bagnole.
Companyo	Estramer	Las Escaldas.
Cordes	Alexandersbad.
Cordo	Travemund.

Name.	Winter Station.	Summer Station.
Cormack... ..	Hyères	Vichy.
Cornilo	Lugano	Lugano.
Costina	Chiclana.
Coutau	Treport.
Cramer	Elster	Elster.
Crespoy Escoriaza	Fuencalieute.
Criegée	Stolberg.
Cros	La Malou.
Crucero	Mondariz.
Cumme	Hanover	Hanover.
Cüppers	Trèves	Bertrich.
Cutter	Spa.
Czeh	Borszek.
Czerny	Heidelberg	Heidelberg.
Daina	Saragoza	Saragoza.
Daremberg	Mentone	Meutone.
Davat	Aix-les-Bains.
Dauids	Amsterdam	Amsterdam.
Daviller	Plombières.
Debout d'Estrée	Coutrexéville.
De Alessandri	Aequi.
De Barry	Frankfurt	Frankfurt.
De Gregorio	Jaraba.
De Hondt	Ostende.
De Dameseau	Spa.
De Lagarde	Bagnères de Bigorre.
Deetz	Homburg	Homburg.
Deetz	Luisenbad.
Deetz	Polzin.
De Rugama	Puente Viesgo.
De la Harpe	Lausanne	Lausanne.
De la Pedruesa	Urberoaga de Alzola.
Del Rio	Montanejos.
Delfau	Capvern	Capveru.
Demeaux	Aix-les-Bains.
Denmann	Ragatz.
Denz	Coire	Churwalden.
Deputowsky	Neyrac.
Desehamps	Chatel Guyon.
Desprez	Salins (Savoy).
Dessauer	Kochel.
Dettweiler	Falkenstein... ..	Falkenstein.
De Uriarte	Seville	Seville.
De Wette	Basel	Basel.
Diaz	San Juan de Azcoitia.
Dickinson	Alasio
Diedrichs	Königsborn.
Diez	Escoriaza.
Diruf	Kissingen.
Ditmann	Sylt.
Dlanhy	Neudorf.
Döbner	Liebenstein.
Doiz	Malahá.
Dörner	Augustusbad	Augustusbad.
Donné	Orezza	Orezza.
Dörr	Mayence	Mayence.
Doyon	Nice	Uriage.
Driver	Reiboldsgrün.
Drummond	St. Moritz-Bad.

Name.	Winter Station.	Summer Station.
Dubouloz	Coise.
Duehosal	Chamounix.
Dueoux	Balaruc-les-Bains.
Duke ...	Caunes ...	
Duffy ...	Florencee ...	Florencee.
Duhourcau ...	Cauterets ...	Cauterets.
Dunu ...	Paris ...	Paris.
Dupeyron ...	Castrera Verduzan	Barbotan.
Dupuy ...	Paris ...	Paris.
Dura	Krzesaw.
Duran	{ Ntra. Sa. de las Mercedes.
Dupont ...	Lausanne ...	Lausanne.
Dürr ...	Hall (Würt.) ...	Hall (Wurt).
Durrau-Fardel	Viehy.
Dyes ...	Hanover ...	Hanover.
Dymnicki	Busk.
Ebert ...	Berka... ...	Berka.
Eeke	Frankenhausen.
Eekstein	Teplitz-Schönau.
Eiebler	Teplitz.
Eisenmenger	Wimpfen.
Eisele	Bonnndorf.
Elb ...	Dresden ...	Dresden.
Elten	Freienwalde.
Emoud	Mont-Dore.
Engelmann ...	Kreuznaeh ...	Kreuznach.
Erb ...	Heidelberg ...	Heidelberg
Erfurth ...	Feldberg ...	Feldberg.
Eselby	Ajaecio
Esendero	Cervera.
Estrada	Graena.
Estradère	Luehou.
Eskert	Altenau.
Enriquez	Elorrio.
Ewe	Nenndorf.
Exsell ...	Hanover ...	Hanover.
Eyselein	Blankenburg.
Faleo	Phantasie.
Faber	Friedrichshafen.
Farnia ...	Mentoue.	
Fontan	Luehou.
Fanti	Bagno-in-Romagna.
Faulhaber	Neuhaus.
Faas	Gernsbaeh.
Fedeli	Monte Catini.
Feederle...	Triberg.
Fernandez	Hervideros de Fuen Santa.
Ferrer	Alienm.
Ferretti ...	Bologna ...	Imola.
Fiekel	Sassnitz.
Finkelnburg ...	Godesberg ...	Godesberg.
Fisch	Heinrichsbad.
Fisher	Clausthal.
Fitz-Henry ...	Mentone ...	London.
Fleehsig ...	Elster... ..	Elster.
Fleischanderl	Kreuzen.
Flemming	Blasewitz.

Name.	Winter Station.	Summer Station.
Flcury	Schwalheim.
Florschütz	Coburg.
Fodar	Pistyan.
Fodor	Töplika.
Fontan	Cadéac.
Fontini	Alhama de Murcia.
Förster	Artern.
Fox (Long)	Clifton	Clifton.
Fox	Strathpeffer	Strathpeffer.
Fraisse	Miers.
Fraucken	Mentoue (Garavan) and Monte Carlo.	Scheveningen.
Frank	Cannes	London.
Franke	Harzburg	Harzburg.
Franz	Warmbrunn.
Frédet	Royat.
Freeman	San Remo.	
Fresenius	Soden.
Freuler	Gersau.
Frey	Lippspringe.
Freygang	Berka.
Frickhöffer	Berka... ..	Schwalbach.
Friedmann	Nervi.
Fromm	Norderney.
Frühauf	Pegli.
Fürstenberg	Ischl	Ischl.
Gaetschenberger	Kissingen.
Gager	Gastein.
Galano	Sorrento.
Gallarde	Gmunden.
Gallus	Luhatschowitz	Luhatschowitz.
Ganczawski	Lakopane.
Garcia Lopez	Ledesma.
Garcia Teresa	Villatoya.
Garms	Socst.
Garnerus	Ottensteiu.
Garrigon	Ax	
Gason	Romo... ..	Lucca.
Gastl	Giesshöbl	Giesshöbl.
Gatti	Bologna	Castel St. Pietro.
Gauch	Arnzweiler.
Gaulejac, de	Fonfrede	Fonfrede.
Gavilanes	Buyères de Nava.
Gavilanes	Souzas y Caldelinas.
Gazert	Norderney.
Genieys	Amélie-les-Bains	Amélie-les-Bains.
Genoves y Tio	Benimarfull.
Genth	Schwalbach.
Gerber	Wyk.
Gerber	Godesberg	Godesberg.
Gerber	Föhr.
Germonik	Veldes
Gerstrier	Rastenber.
Gérard, Ch.	Ostende.
Gil	Sicte-Aguas.
Gimenez de Pedro	Fitero.
Giere	Cranz.
Gilchrist	La Bourbole.
Gimeno	Sacedon.

Name.	Winter Station.	Summer Station.
Gindra	Jugenheim
Gisevius	Freienwalde	Freienwalde.
Glaesgen	Münster am Stein...	Münster am Stein.
Glasser	Brannenburg.
Glax	Rohitsch.
Goldschmidt	Madeira	Reichenhall.
Goldschmidt	Spezia	
Goldwurm	Roncegno.
Goltz	San Remo	Ems.
Gongona y Joanic	La Puda.
Gonthier...	Brides.
Goodchild	Bordighera.	
Goring	Kreuzburg.
Göttersdorfer	Salzburg.
Gourdon... ..	Aled	Aled.
Goyeneche	St. Jean de Luz ...	St. Jean de Luz.
Grabham	Madeira	London
Graef	Frankenhausen ...	Frankenhausen.
Graefe	Wittekind.
Granner	Hall.
Grant-Bey	Cairo	
Graux	Contrexéville.
Grebert	Schwalbach.
Gregoric...	Lipik.
Grenier	Anacapri.	Baguères de Bigorre
Green	
Greull	Hyères.	Gerardmer.
Griffiths	Rome	
Grigor	Rome.
Grimmaud	Barèges.
Grimmaud	La Bauche.
Grohmann	Teplitz-Schönau
Groslier	Royat.
Gubian	Lamotte.
Gudra	Teplitz-Schönau
Guedea	Aramayona.
Guilland	Aix-les-Bains,
Guimbert	Cannes.	
Guisan	Vevey.
Gurrucherri	Betelú.
Gustorf	Berlin	Berlin.
Gutschke	Carlsruhe	Carlsruhe.
Guyeot	Salins (Jura).
Günther	Tambach.
Günther	Rheinfelden.
Haase	Homburg.
Haacke	Griesbach	Griesbach.
Haberer	Rügenwaldermünde.
Hacker	Berchtesgaden.
Hahn	Berlin	Elster.
Hall	Cologne	Cologne.
Hallbaur	Kreischa.
Hälssen	Cuxhaven.
Hameau	Arcachon	Arcachon.
Hammel	Schliersee.
Hans	Tüffer.
Härbin	Berg.
Hartland	Blasewitz.
Harvey	Boulogne-sur-Mer.

Name.	Winter Station.	Summer Station.
Hasenfeld	Szliác.
Hassall ...	San Remo ...	
Hasel	Kreuznach.
Hauck	Neustadt-on-the-H.
Haueisen ..	Hall (Wurt.) ...	Hall (Würt.).
Haufe ..	Strasburg ...	St. Blasien.
Hauser ...	Seville ...	Seville.
Hausmann	Meran.
Heer ...	Lausanne ...	Lausaune.
Heiligenthal	Baden-Baden.
Heinemann ...	Ischl ...	Ischl.
Heinemann	Durrheim.
Heller	Teplitz.
Heller	Harkanyi.
Hellwig ...	Mayence ...	Mayence.
Henni	Churwalden.
Henrici	Rehburg.
Hernandez	Alange.
Hernandez	Sierra Alhamilla.
Herzog	Warmbrunn.
Hesse	Liebenstein.
Hesse	Ruhla.
Hesse	Schweizermühle.
Hess ...	Cairo ...	Alexandersbad.
Hessburg	Schleusingen.
Heusinger ...	Harzgerode ...	Alexisbad.
Heussner	Boppard.
Heymann ...	Wiesbaden ...	Wiesbaden.
Hildebrandt	Wiesbaden.
Hilgers	Reinerz.
Hill ...	Milan ...	
Hinterberger	Topusko.
Hirsch	Teplitz.
Hirschenstein	Daruvár.
Hirschl ...	Pisa ...	Viareggio.
Hirschfeld ...	Colberg ...	Colberg.
Hitscher	Wyk.
Höber ...	Homburg ...	Homburg.
Höffer	Krankenheil.
Hoffinger	Gries.
Hoggan, F. E. ...	Beaulieu ...	
Hoggan, G. ...	Beaulieu ...	
Höhne	Warmbrunn.
Hoidt	Buzias.
Hoisel	Robitsch.
Holland, F. J.	S. Moritz.
Holz	Meinberg.
Honemann	Busum.
Hopfc	Blasewitz.
Höring	Mergentheim.
Hosaeus	Helmstädt.
Huber ...	Meran ...	Neustadt-on-the-H.
Hufnagel	Arb.
Hugemann ...	Ajaccio ...	
Huggard	Davos Platz
Huller ...	Driburg ...	Driburg.
Hummel ...	Pau. ...	Schliersee.
Hunt	
Hurei	Füred.
Hysem ...	Madrid ...	Madrid.

Name.	Winter Station.	Summer Station.
Iborra	Quinto.
Illescas	Villaharta.
Ingrish	Marienbad.
Ionard	St. Amand.
Jacob	Cudowa.
Jacobi	Klostermühle.
Jaegerschmid ...	Griesbach	Griesbach.
Jaeger	Ragatz.
Jaime	Torres.
Janka	Teplitz.
Janssens...	Ostende.
Janvier	Pierrefonds... ..	Pierrefonds.
Japhet	Enghien	Enghien.
Jarmay	Schmécksz	Schmécksz.
Jelly	Madrid	Madrid.
Jimenez de Pedro	Madrid	Urberoaga de Ubilla.
Joël	Lausanne	Lausanne.
Joseph	Landeck.
Joubert	Gréoulx	Bagnolles.
Jumné	Ostende.
Jungmayer	Krankenheil.
Jung	Kreuznach.
Kafka	Karlsbad.
Kaiser	Ragatz.
Kantenur	Baltzatesti.
Kanzler	Rothenfelde.
Kaposi	Vienna	
Karfunkel	{ Königsdorf - Jastrz-
Karger	embs.
Kastan	Ems	Ullersdorff.
Kaufmann	Dürkheim	Ems.
Kaufer	Dürkheim.
Kay	Gleichenberg.
Kell	Friedrichroda ...	Warmbad.
Keiser	Friedrichroda.
Keller	Zug.
Kelling	Edenkoben.
Kellner	Boltenhagen.
Kelly	Brussels	Honnet.
Keppler	Venice	Brussels.
Kern	Venice.
Kerr	Lipik.
Kessler	Eaux Chaudes.
Kettmann	Blankenhain.
Kiel	Arnsdorf.
Killias	Rastenber.
Killias	Tarasp.
Kirchheim	Elmen	Vetau.
Kirsch	Elmen.
Kirschke	Flinsberg.
Kisch	Mürzzuschlag.
Kispert	Madrid	Marienbad.
Klein	Franzensbad	Madrid.
Klein	Franzensbad.
Klein	Niederbronn.
Kleinertz	Weinheim.
Klementschtsch	Herrenalb.
Kley	Strasburg	Radein.
		Strasburg.

Name.	Winter Station.	Summer Station.
Klinger	Steben.
Knanthe	Meran.
Knorr	Koseu.
Köhler	Pyrmont.
Köhler	Sodeu.
Kohn	Königswart.
Kolbe	Reinerz.
Kölle
Koller	Heehingen.
Kölseh	Neustadt-on-the-II.
König	Stachelberg.
König	Sternberg.
Kopf ...	Johannisbad	Johaunisbad.
Kopf	Füssen.
Kopernicky	Rabka.
Körbl ...	Hall (Austr.)	Hall (Austr.).
Kortüm ...	Dobberan	Heringsdorf.
Kostens	Allevard-les-Bains.
Koster ...	Madeira.	...
Krajewski	Teplitz.
Kratzert	Goezalkewitz.
Kraus	Teplitz.
Krauss	Mergentheim.
Krauss ...	Karlsbad	Karlsbad.
Kreiss	Schmiedeberg.
Krisehke ...	Kreuzen	Vöslau.
Krompecher	Bartfeld.
Kruger ...	Wildungen	Wildungen.
Kruse	Norderney.
Kryda	Szezawnieza.
Kubin	Carlsbrunn.
Kühler	Luhatschowitz.
Kuezkowsky	Kreisha.
Kuhn	Meran.
Kuhnemann ...	Monaeo	...
Kündig	Pfaeffers.
Küng	Gais.
Kursteiner	Gais.
Kurz ...	Venice	...
Kussmaul ...	Strasburg	Strasburg.
Kyll
Lachmann	Ueberlingen.
Lacort	Jabaleúz.
Lacoste ...	Labassère	Bagnères de Bigorre
Lafont	St. Sauveur.
Lagrand	Aix-les-Bains.
Lahs	Pyrmont.
Landry	Pouillon.
Langaudin ...	Paris	Royat.
Lange ...	Doberan	Doberan.
Lange ...	Cassel	Cassel.
Lange	Blankenhain.
Langner	Landeek.
Langstein	Teplitz.
Lanjurjo...	Prelo.
Larguier ...	Lausanne	Lausanne.
Larisa ...	Madeira	Madeira.
Lauffs ...	Aix-la-Chapelle	Aix-la-Chapelle.
Launay	Havre.
Laussedat	Royat.

Name.	Winter Station.	Summer Station.
Laza	San Vicens.
Lazaro	{ St. Filomena de { Gomillaz.
Lecadre	Havre.
Leclerc	Plombieres.
Legoupils	Trouville-sur-Mer.
Lehmann	Luisenbad.
Lehmann	Oeynhausens.
Lehmann	Polzin.
Lehnebach	Schmalkalden.
Lemarchand	Preport.
Le Marchant de Trigon	Royat.
Lenzyel	Tusnád.
Lenz	Hofgeismar.
Leo	Hermisdorf.
Leopold	Portschach.
Lersch	Aix-la-Chapelle	Aix-la-Chapelle.
Lescamel	Cambo	Cambo.
Lesi	Bologna	Imola.
Leuch	Heiden.
Leudet	Eaux Bonucs.
Lcudi	Samaden.
Leukardt	Leipzig	Leipzig.
Leupolt	Berneck.
Lewi	Venice	Chatenois.
Lewis	Homburg	Homburg.
Ley	Salzungen.
Lezaack	Spa	Spa.
Lieblein	Teplitz.
Lieboldt	Travemünde.
Liegl	Adelholzen.
Liétard	Plombières.
Lindemann	Mergentheim.
Linn	Nice	...
Lleget y Cailla	Caldas de Mombny
Lloyd Eytou	Dürkheim	Rhyl.
Löchner	Dürkheim.
Logerais	Pougues.
Lohmann	Hofgeismar.
London	Karlsbad.
Lopez	Estadilla.
Lopez	Buzot.
Lopez	Falkenstein...	El Molar.
Lorent	Falkenstein.
Lorentzen	Schleusingen
Lostenier	Párad.
Löwenheim	Tegernsee.
Lowy	Aix (Provence)	Teplitz.
Louzet	Aix (Provence).
Lozano y Rubio	Salineta de Novelda
Lucientes y Pueyo	Loëches.
Ludwig	Pontresina.
Lynker	Pyrmon
Macario	Croisic.
Macé	Aix-les-Bains.
Macher	St. Radegund	St. Radegund.
Macken	Biarritz	...
Mackenzie	Spa
Maclean	Luxo	London.

Name.	Winter Station.	Summer Station.
Maclure	Cromer	Cromer.
Maerklin	Wiesbaden	Wiesbaden.
Magriui	Bourbonne les Bains.
Mahu	Warnemünde.
Mahr	Assmannshausen	Assmannshausen.
Mahrholz	Reinerz.
Maier	Carlsruhe	Carlsruhe.
Maier	Rottweil.
Mally	Steinerhof.
Malpas	Biarritz	Biarritz.
Mandrin	Aigle.
Mangold	Balaton Füred	Balaton Füred.
Mannheim	Inowrazlaw	Inowrazlaw.
Mantz	Freiburg	Freiburg.
Manzi	Ischia.
Macr	Johannisberg.
Marchal	Mondorf.
Marchesani	Gries.
Marcus	Sylt.
Markwald	Kreuznach.
Marqucz	Hyères.	
Marré	Blankenburg.
Marriott	Mentone.	
Marsen	Heiligekreuzbad.
Martinez	Arnedillo.
Martinez	Barambio.
Martinez	Fonté.
Martin	Cayla	Audabre.
Mascarel	Mont-Dore.
Massano	Nervi.
Massina	Vernet.
Massot	Le Boulon.
Mast	Strasburg	Antogast.
Matkovic	Topuczko.
Mauder	Teplitz-Schönaa.
Maurv	Rotterdam	Rotterdam.
May	Kreuth	Kreuth.
Mayer	Aix-la-Chapelle	Aix-la-Chapelle.
Mayo	Sorrento.
Mayoral	Artejo.
Mayrhofer	Gries	Römerbad (Austr).
Meissen	Falkenstein	Falkenstein.
Melgrani	Ajaccio.	
Mendez Tejo	Riva los Baños.
Mengis	Loèche-les-Bains.
Menzies	Hyères	Aix-les-Bains.
Mermagen	Mannheim	Mannheim.
Merreguer	Chuhilla.
Mestre y Marzal	Puertolano.
Mess	Scheveningen.
Metzger	Amsterdam	Amsterdam.
Meyer	Harzburg.
Mezzini	Bologna	Riolo.
Michaelis	Kainzenbad.
Michaelis	Rehburg.
Michaelis	Garmisch.
Michaelis	Parteukirchen.
Millet	Montmirail.
Million	Evian-les-Bains	Evian-les-Bains.
Mir	Valle de Rivas.
Mock	Innau. ...

Name.	Winter Station.	Summer Station.
Model	Urach.
Moder	Rudolfszell.
Modry	Roznau.
Monnier	Montrenx.
Monroe	Aberbrothwick.
Morales	Salvadora.
Morgan	Aberystwith.
Morin	Montone	La Bourboule.
Moschkau	Oybin.
Moser	St. Blasien.
Mowbray	Freiburg.	
Muller	Teplitz.
Müller	Vischbach.
Müller	Wildungen.
Müller	Oeynhausien.
Müller	Schinznach.
Müller	Lindau.
Müller	Tusnád.
Müller	Weissenburg.
Münch	Brestenberg.
Müntzel	Neuenahr.
Murison	Cairo	
Murret	Vevey	Vevey.
Nagel	Trenczin-Teplitz.
Nager	Lucerne	Lucerne.
Nath	Freienwalde	Freienwalde.
Neisser	Charlottenbrunn ...	Charlottenbrunn.
Nella	Bologna	Castel San Pietro.
Nemethy	Mehadia.
Neubauer	Karlsbad.
Neufeld	Szliacz.
Neumann	Gernsbach.
Neukomm	Heustrichbad.
Neus	Nenndorf.
Niebergall	Arnstadt.
Nieto	Navalpino.
Niehaus	Berne... ..	Berne.
Niépce, fils	Allevard-les-Bains.
Nitsche	Salzbrunn.
Niven	Lausanne.
Noakes	Nice	
Nori	Radegund.
Notchaert	Blankenberghe ...	Blankenberghe.
Nothnagel	Vienna	Vienna.
Núñez	Madrid	Madrid.
Nusko	Teplitz.
Ocaña y Pazos...	Villar del Pozo.
Odin	St. Honoré.
Ohlsen	Palermo.
Oliphant	Pau.	
Onetti	San Remo.	
Onimus	Bussaug.
Opitz	Marienbad.
Opperman	Sassnitz.
Ormay	Korytnica.
Ortega	Ems	Bclascain.
Orth	Ems.
Ortiz	Fuente Amargosa.
Osuna	Concepcion de Peralta

Name.	Winter Station.	Summer Station.
Ostrowitz	Landeck.
Oswald	Misdroy.
Oswald	Arnstadt.
Oton	Marmolejo.
Ott	Miesbach.
Ott	Marienbad.
Otte ...	Alt Haide ...	Alt Haide.
Pacher	Levico.
Pachmayr	Reichenhall.
Padrals	La Garriga.
Pagé	Friedrich Wilhelmsbad.
Pagenstecher ...	Wiesbaden ...	Wiesbaden.
Palacios Tomás	Villaro.
Paltauf	Nenhaus.
Pantlen	Cannstadt.
Papai	Ofen.
Papp	Szliacz.
Pardo	Gaviria.
Parraverde	Alhama de Aragon.
Passavant ...	Frankfurt ...	Frankfurt.
Pastor	Tiermas.
Pataky	Buzias.
Pauer ...	Johannisbad ...	Johannisbad.
Pawloff	Staraja-Rossa.
Pelizäus	Ilmenau.
Pelizäus	Snderode.
Penkert	Artern.
Penn	Saugerberg.
Pepere ...	Bagnoli ...	Bagnoli.
Perales Churt	Alhama de Granada.
Perez ...	Teneriffe.	
Petit	Aix-les-Bains.
Petit ...	Clermont Ferrand...	Royat.
Petrequin	Heilbrunn.
Pfeilstricker	Jaxtfeld
Pfeuffer	Birmansdorff.
Pflug ...	Frankenhausen ...	Frankenhausen.
Philbert	Brides.
Pickering ...	Monte Carlo ...	
Pierre	Contrexéville.
Pierson ...	Dresden ...	Dresden.
Piglawski	Vernet.
Pingler	Königstein.
Pink	Urach.
Pinkeisen	Ronneburg.
Pistor	Brotterode.
Planat	Néris.
Pleschner	Karlsbad.
Plohn	Sulz.
Plumert	Liebwerda.
Poest	Stolberg.
Pohl	Salzbrunn.
Polak	Mödling.
Popovic	Mehadia.
Popper	Teplitz-Schönau.
Pozzioli ...	Enghien ...	Enghien.
Pfeiffer	Spiekerroog.
Pfeilstricker	Jagstfeld.
Preiss	Hubertusbrunnen.

Name.	Winter Station.	Summer Station.
Prciss	Saidschutz	Karlsbad.
Preiss	Thale.
Preller	Ilmenau.
Prinz	Salzhausen.
Prochnow	Muskau.
Prussian	Odessa.	
Pusch	Teplitz-Schönau.
Putzar	Königsbrunn.
Puy-le-Blanc	Royat.
Quesada	Zujar.
Rabel	Caldas de Malavella.
Rabl	Hall (Austr.)	Hall (Austr.).
Radnik	Teplitz
Rahn-Escher	Zürich.
Raillard	Dax.	
Raitzsch	Schweizermühle.
Rak	Krapina-Toplitz	Krapina-Tepitz.
Rakowski	Inowrazlaw	Inowrazlaw.
Rapin	Lausanne	Lausanne.
Rapp	Rottweil.
Rapp	Reichenhall.
Rath	Grund.
Rauch	Gleichenberg.
Recordon	Lausanne	Lausanne.
Redmayne	Ambleside.
Regnault	{ Bourbon l'Archem- bault.
Reguera	Arcnosillo.
Reichel	Loschwitz.
Reichenbach	Saxon.
Reinvillier	Chateauf. .
Reip	Arendsee.
Reitemeyer	Casamicciola	Casamicciola.
Rendal	Mentone	Aix les-Bains.
Reumont	Aix-la-Chapelle	Aix-la-Chapelle
Reuss	Bilin	Bilin.
Reymond	Vevey.
Richter	Sonneberg.
Riefenstahl	Driburg	Driburg.
Rieger	Truskawice.
Rieken	Birkenfeld.
Rievener	Gmuuden.
Rink-Freuler	Mammeru.
Rinteln	Oeynhaus.
Ritscher	Lauterberg.
Rittershausen	Tönnisstein.
Roberts	Barceloua	Barcelona
Rocca-Tagliata	Sujo.
Rocca-Tartarini	Caldaniceia	Caldaniceia.
Rochelt	Staraja-Rossa.
Roden	Lippspringe.
Rodet	Vittel.
Röber	Frauenstein.
Roder	Weinheim.
Röhrig	Wildungen.
Romerdt	Liebenzell.
Rompler	Goerbersdorf	Goerbersdorf.
Roscher	Schandau.
Rosenberger	Kösen.
Rosner	Tegernsee.

Name.	Winter Station.	Summer Station.
Rossier	Vevey.
Roth	Wiesbaden	Wiesbaden.
Rouge	Lausanne	Lausanne.
Ronx	Hyères.	
Royer	Challes.
Rudifanchas	San Adrian y La Losilla.
Rühle	Cannstadt.
Ruhmer	Schmalkalden.
Ruprich	Heligoland.
Russay	Szobrancz.
Rüttl	Veldes.
Sachse	Zinnowitz.
Saez de Tejada...	Sierra Elvira.
Salafranca	Fuen-Alamo.
Salazar	Lierganes.
Salazar	Ontaneda y Alceda.
Salzado y Guil- lermo	
Sammet, J.	Carratraca.
Sanchez y Jabra	Malta.
Sandwith	Cairo	San Juan de Campos.
Sänger	Malta... ..	
Sarge	Sulza.
Sarraci	Katzlütte.
Sartorius	Solares.
Sastre y Domin- guez	Berchtesgaden.
Sauer	Montemayor y Bejar.
Säuerwald	Kainzenbad.
Savill	Oeynhansen.
Sawtell	Hyères.	Londou.
Schaar	Hammam R'Irha	
Scharfenberg	Roznau.
Scharrenbroich	Michelstadt.
Schembri	Pallanza.	
Schenk	Malta... ..	Malta.
Scherk	Rothenfels.
Scherpfert	{ Königsdorff-Jastr-
Schetelig	{ zembs.
Scheuer	Kissingen.
Schider	Homburg.
Schiel	Teplitz-Schnau .
Schilder	Gastein	Gastein.
Schillinger	Lichtenthal.
Schielp	Arco.
Schildbach	Rosenheim.
Schindler	Baden-Baden	Baden-Baden.
Schirm	Leipzig	Leipzig.
Schläger	Gräfenberg	Gräfenberg.
Schlechta	Wiesbaden	Wiesbaden.
Schleiffer	Hubertusbrunnen... ..	Hubertusbrunnen
Schliep	Wartenberg.
Schmelz	Greifenberg.
Schmid	Baden-Baden	Baden-Baden.
Schmid	Nice.
Schmidt	Southofen
Schmidt	Glücksburg.
Schmidt	Borkum	Borkum.
Schmitz	Cassel	Cassel.
		Cologne.

Name.	Winter Station.	Summer Station.
Schmitz	Cologne	Neuenahr.
Schncer	San Remo. " ...	
Schneider	Naples	Gleisweiler.
Schneider	Gleisweiler	Freyersbach.
Schneider	"	Sulzbach.
Schneider	"	Reichenhall.
Schneyder	"	Antogast.
Schnyder	"	Weissenburg.
Schoenbaechler ...	"	Axenstein.
Scholz	"	Cudowa.
Schötensack	"	Sachsa.
Schott	"	Nauheim.
Schotten... ..	Cassel	Cassel.
Schrader	"	Beringerbad.
Schrader	"	Thal.
Schreiber	Arco	Aussee.
Schrieder	"	Arco.
Schroeder	Berne	Berne.
Schrön	"	Naples.
Schücking	Pymont	Pymont
Schulze	"	Swinemünde.
Schumacher	Aix-la-Chapelle ...	Aix-la-Chapelle.
Schussler	"	Dangast.
Schnster... ..	Aix-la-Chapelle ...	Aix-la-Chapelle.
Schwabe... ..	"	Blasewitz.
Schwann	Godesberg	Godesberg.
Schwarz... ..	"	Baden (Austr.).
Schwarz	"	Baassen.
Schwarz	"	Elöpatak.
Schwarz	"	Heligoland.
Schwarzmaier	"	Garmisch.
Sécrétan	Lausanne	Lausanne.
Scegen	Karlsbad	Karlsbad.
Seeliger	"	Frohnleiten.
Seidelmann	"	Langenau.
Seitz	Wiesbaden	Wiesbaden.
Selos	"	Lichtenthal.
Seltzner	Dresden	Dresden.
Serrano	"	Guarda-Vieja.
Serrano y Sanche ...	"	Alfaro.
Serraud	"	Luchon.
Servajan	"	St. Alban.
Sevillana	"	Alcantuz.
Seyd	"	Ruhla.
Shiel	Baden-Baden	Baden-Baden.
Shuttleworth	San Remo.	
Siegel	"	Badenweiler.
Siegl	"	Reichenau.
Simrock	Frankfurt-on-Main ...	Frankfurt-on-Main.
Singer	"	Hevitz.
Siordet	Mentone.	
Skinner	Clevedon.	
Smith	San Sebastian	San Sebastian.
Sommer	Franzensbad	Franzensbad.
Sotier	"	Kissingen.
Soubeyran	"	Vic-sur-Cère.
Sonligoux	"	Vichy.
Sparks	La Spezia	
Spengler... ..	"	Davos-Platz.
Spies	"	Michelstadt.
Springer... ..	"	Reutlingen.

Name.	Winter Station.	Summer Station.
Spurway ...	Pegli.	
Stabel ...	Kreuznach ...	Kreuznach.
Stark	Schwarzbach.
Steger	Adelheidsquelle.
Steiger ...	Montreux ...	Lucerne.
Stein ...	Frankfurt-on-Main	Frankfort-on-Maine.
Stein	Teplitz-Schönau
Steinbrück	Neu Ragoczi.
Steinert	Zittan.
Steininger	Mattigbad.
Steinmetz	Hermisdorf.
Steiuschneider...	Franzensbad.
Stephani...	Mannheim	Mannheim.
Stephens ...	Cannes.	
Stephen	Kreuth.
Stifler	Steben.
Stift	Weilbach.
Stilon ...	Malta...	Malta.
Stöcker ...	Lucerne	Lucerne.
Stöhr	Kissingen.
Stöhr	Berneck.
Stollenkamp ...	Bentheim	Bentheim.
Storer ...	Ischia.	
Straehle	Salzbrunn.
Strahl ...	Kreuznach ...	Kreuznach.
Strasser	Interlaken.
Strauss	Beringerbad.
Strehalano	Lacanne.
Stroth ...	Bentheim	Bentheim.
Strunz	Carlsbad.
Sturge ...	Nice ...	
Sturm	Köstritz.
Suhren	Soest.
Suñer	Santa Ana.
Susskind	Wiesbaden.
Szczepkowski	Zegiestow.
Szemere ...	Abbazia.	
Szilasi	Palaty.
Taberlet	Evian-les-Bains.
Taboada	Trillo.
Tajer	Borszek.
Taub ...	Vienna	Baden (Aust.).
Taverney	St. Moritz.
Tayseler	Plombières.
Tejada y España	Sobron.
Tenis	Brides.
Tenner ...	Carlsruhe	Carlsruhe.
Tenlon-Valio	Uriage.
Teschmacher	Neuenahr.
Thewalt	Königstein.
Thewalt	Kronthal.
Thiersch... ..	Leipzig	Leipzig.
Thiery	Contrexéville.
Thilguins	Soden.
Thom ...	Cricff ...	Cricff.
Thomas ...	San Remo	Badenweiler.
Thomas	Herlein.
Thomas	Tatzmannsdorf.
Thompson ...	Mustapha-Supr.	
Thompson, J. H.	Rome	

Name.	Winter Station.	Summer Station.
Thomson	Brussels
Thurston ...	Teneriffe.	
Tillot	St. Christau.
Tischer	Ueberlingen.
Tobler	Heinrichsbad.
Toca ...	Madrid ...	Madrid.
Tomasi ...	Naples ...	Naples.
Torstenson	Goteborg.
Trembecki	Szczawnicza.
Trentler	Blasewitz.
Trion	Liechenzell.
Trost ...	Aix-la-Chapelle ...	Aix-la-Chapelle.
Tucci	Acqua-Santa.
Tuckel	Schmalkalden.
Tweedie-Stodart	Naples.	
Unschuld	Neuenahr.
Urbaschik ...	Kreuzen ...	Kreuzen.
Urdapilleta	Horcajo.
Urech	Klosters.
Uterhard	Warnemünde.
Valcourt, de ...	Cannes.	
Valdes	Luchon.
Valdivieso	Solan de Cabras.
Valentiner ...	Ajaccio ...	Salzbrunn.
Valentini	Bourbon-Lancy.
Valenzuela	Lanjarron.
Valleano	{ Balta Alba & Balta
		{ Sarata.
Van der Mandele	Scheveningen.
Van Multern ...	Blankenberghe ...	Blankenberghe.
Varenhorst	Neundorf.
Varges	Wernigerode.
Vasquez	Paterna y Gigonza.
Vaust ...	Dresden ...	Dresden.
Vecino Villar	Lucainena.
Veiel	Cannstadt.
Velten ...	Wiesbaden ...	Wiesbaden.
Venninger	Vöslau.
Ventura	Trenczin Töplitz.
Verdalle	Luchon.
Verdat	Gurnigel.
Verey ...	Aigle ...	Aigle.
Verhaeghe	Brughéas
Verscheure	Ostende.
Verzar	Ofen.
Veth	Aussee.
Vidal ...	Paris ...	Aix-les-Bains.
Vieira ...	Madeira ...	Madeira.
Viejo	{ Paracuellos de
		{ Gilloca.
Vigneau	St. Christau.
Villafranca	Caldas de Besaya.
Vina	Mehadia.
Viñolas	Segura de Aragon
Vittorelli	Naples.
Vogel	Korytnica.
Vöhringen	Reutlingen.
Voigt	Heringsdorf.
Volger ...	Ems ...	Ems.

Name.	Winter Station.	Summer Station.
Von Aigner	Krapina Töplitz.
Von Althammer	Arco.
Von Brunn	Lippspringe.
Von Bühnau	Colberg
Von Burkhardt	Wildbad
Von Corval	Schöneck.
Von Feder ...	Munich	Munich.
Von Gärtner ...	Stuttgart	Stuttgart.
Von Gietl ...	Munich	Munich.
Von Hausen ...	Abbazia.	
Von Haussmann, sen. ...	Stuttgart	Wildbad.
Von Haussmann, jun. ...	Stuttgart	Wildbad.
Von Heilbrunn	Marienbad.
Von Heinrich	Ofen.
Von Heinrich ...	Vienna	Trenczin.
Von Hochberger	Karlsbad.
Von Kaan	Meran.
Von Koch ...	Stuttgart	Stuttgart.
Von Kottowitz	Tobelbad.
Von Langenbeck ...	Wiesbaden	Wiesbaden.
Von Liebig, F. ...	Munich	Reichenhall.
Von Liebig, J.	Friedrichshall.
Von Lingelshcim ...	Wildungen	Wildungen.
Von Messing	Meran.
Von Mühlleitner ...	Baden (Aust.)	Baden (Aust.)
Von Oyl	Ostende.
Von Renz	Wildbad.
Von Salis ...	Locarno	
Von Schlechter	Mühlau.
Von Schön-Per- lashof	Täffer.
Von Smolenski	Ernsdorf.
Von Szontagh ...	Neuschmécks	Neuschmécks.
Von Waldhäusl	Tobelbad.
Von Wallenstedt	Heringsdorf
Wächter	Weisser-Hirsch.
Waegener	Partenkirchen.
Wagner	Baden.
Wagner	Gmunden.
Wagner	Muggendorf.
Wagner ...	Ajaccio.	
Wagner	Salzungen.
Wahn	Kösen.
Wakefield ...	Nice	Aix-les-Bains.
Walker	Boulogne-sur-Mer.
Warren ...	Paris.	
Watson, A. T ...	Dresden	
Watzka	Geltschberg.
Weber ...	Chur	Alvencu.
Weber	Düsternbrook.
Weber ...	Homburg	Homburg.
Weber	Kreuznach.
Weber	Staraja-Rossa.
Weber	Strcitberg.
Weber	Wiesen.
Wegner	Dievenow.
Wehner ...	Brückenau	Brückenau.
Wehner	Erdmannsdorf.

Name.	Winter Station.	Summer Station.
Wehse	Landeck.
Weidner	Friedrichsroda ...	Friedrichsroda.
Weigand	Wimpfen.
Weil	Teplitz Schönan.
Weinzierl	Rudolfszell.
Weiser	Eggenberg.
Weiss	Eilsen.
Weitz	Pyrmont.
Weller	Rothenfels.
Welsh	Kissingen.
Welsch	Münster am Stein...	Münster am Stein.
Wendel	Berlin	Berlin.
Wern	Imnau.
Werner	Bocklet.
Werr	Burgbergheim.
Whitby	Matlock	Matlock.
Whiteley... ..	Cannes	
Wiederhold	Wolfsanger.
Wicland	Rheinfelden.
Wilhelmi	Swinmünde.
Wilkinson	Geneva	Geneva.
Williams... ..	Cairo	Dieppe.
Williams... ..	Cannes	
Williams	Aberayron.
Willibald	Bonndorf.
Winkler	Inowrazlaw... ..	Inowrazlaw.
Winner	Wangeroog.
Winternitz	Kaltenleutgeben.
Wise, Tucker	London	Maloja.
Wittmann	Mayence	Mayence.
Wittner	Buzias.
Wohl	Dorna-Kandrény.
Wolf	Schlangenbad.
Wolffberg	Salzschlirf.
Wolff	Borbye.
Wolzendorff	Nassau.
Worch	Schreiberhan.
Wottrich...	Cranz.
Wurgau	Obladis.
Wurm	Teinach.
Wyatt	Naples	
Yebeues	Valdeganga.
Zabala	Archena.
Zaczek	Zoppot.
Zahn	Edenkoben.
Zallwager	Weissbad.
Zapater	Moluar de Carranza.
Zbinden	Lugano.
Zdun	Krynica.
Zeller	Bussaug.
Zeroni	Mannheim	Mannheim.
Zieglmeyer	Langenbrücken.
Zieleniewsky	Krynica.
Ziemssen	Wicsbaden	Wiesbaden.
Zimmermann	Heligoland	Heligoland.
Zimmermann	Brauufels.
Zoeslein	Pegli.
Zurbach	Homburg	Homburg.
Zürcher	Interlaken.

EXPLANATIONS AND TRANSLATIONS OF TECHNICAL TERMS, AND PHRASES.

Amenorrhœa.—Suppression of the menses.

Anæmia.—Poverty of the blood.

Anchylosis.—Stiffening of the joints.

Antispasmodic.—Against spasms.

Aphonia.—Loss of voice.

Apnœa.—Difficulty of breathing.

Articulation.—A joint.

Articular.—Concerning the joints.

Atonic.—Want of tone, debility.

Atrophy.—Lack of nourishment, emaciation.

Bronchi.—Small air passages in lungs.

Bronchial-catarrh.—Catarrh of the air-passages.

Bronchitis.—Inflammation of the bronchi.

Bronchus.—Windpipe.

Cachexia.—An unhealthy habit of body.

Calcium.—Lime.

Calciferous.—Lime-bearing.

Carbonate.—Containing carbonic acid.

Cervical.—Belonging to the neck.

Chalybeate.—Iron.

Chlorosis.—Green sickness.

Cholagogues.—Medicines promoting a flow of bile.

Climacteric.—Critical period of life.

Congestion.—Undue fulness of blood vessels, lungs &c.

Coryza.—Inflammation of the lining membrane of the nostrils.

Cutis.—Skin.

Cutaneous.—Concerning the skin.

Diabetes.—Inordinate flow of urine containing sugar.

Diagnosis.—Recognition of a disease.

Diathesis.—Pæculiar constitutional state.

Diphtheria.—A disease of throat.

Dislocation.—Out of joint.

Diuresis.—Flow of urine.

Diuretic.—Causing a flow of urine.

Douche.—A form of bath in which the water comes from above or the sides by meehanical power.

Dysmenorrhœa.—Painful menstruation.

Dyspepsia.—Difficult digestion.

Eczema.—A skin disease.

Effusion.—Escape of a fluid from vessels within the body into other parts.

Empyema.—Internal collections of pus.

Endemic.—Diseases of particular countries or localities.

Expectorants.—A class of medicines which aid in clearing the throat and chest.

Febrifuges.—Medicines which dispel feverish eonditions.

Granulations.—A stage in the proecess of healing.

Gravel.—A disease of the bladder or kidneys.

Hæmorrhage.—Bleeding.

Hæmorrhoids.—Piles.

Hepatic.—Belonging to the liver.

Hernia.—Rupture.

Herpes.—A skin disease.

Homœopathy.—A school of medicine.

Hydatids.—Minute parasites which form collections within the human body.

Hydropathy.—Water cure.

Hypertrophy.—Over-growth.

Hypochondriasis.—A form of melaneholy.

Idiopathic.—Ooeurring without apparent cause.

Idiosyncrasy.—Individual peculiarity.

Influenza.—A severe form of feverish eold.

Intermittent.—Recurring at intervals.

Iritis.—A disease of the eye.

Laryngitis.—Inflammation of the larynx.

Larynx.—Portion of the throat in which the voice is formed.

Leucorrhœa.—A white discharge in females.

Leprosy.—A skin disease.

Lithontriptics.—Medicine supposed to dissolve stone in the bladder.

Lumbago.—A rheumatic pain in the loins.

Menorrhagia.—Excessive menstruation.

Miasma.—An infectious element in the air.

Neuralgia.—A nervous pain.

Neurosis.—Nervous affection.

Nephritis.—Inflammation of the kidney.

Obesity.—Fatness.

Ophthalmia.—An eye affection.

Panacea.—A universal remedy.

Paralysis.—Palsy, loss of power.

Percussion.—A shaking.

Pharynx.—The back part of the mouth.

Phlebitis.—Inflammation of the veins.

Phrenitis.—Frenzy.

Phthisis.—Consumption.

Plethora.—Full habit of body.

Pleurisy.—Inflammations of lining membrane of lungs.

Pneumonia.—Inflammation of the lung.

Pruritus.—Itching.

Pulmonary.—Concerning the lungs.

Rachitis.—Rickets.

Remittent.—Which diminishes and increases febrile action periodically.

Saccharine.—Sugary.

Sciatica.—Pain in sciatic nerve (back of hip).

Scrofula.—A certain unhealthy condition of body.

Styptics.—Arresting flow of blood.

Suppuration.—Discharge of matter (pus).

Synocha.—Continuous fever.

Tendinous.—Belonging to the tendons.

Tuberculous or Tubercles.—A diseased condition of the lungs or other organs.

Uterus.—Womb.

Uterine.—Concerning the womb.

Varicose.—Enlarged and tortuous veins.

Viscera.—Bowels and internal organs.

CLASSIFICATION

ACCORDING TO THE DIFFERENT COUNTRIES OF THE
STATIONS NAMED IN TEXT.

AFRICA.

Aboukir	Hamman Berda	Madeira
Ain-Noniey	Hamman de Gabes	Mara
Algiers	Hamman el Enf	Mogador
Bains de la Reine	Hamman Melouane	Mouzaio-les-Mines
Ben Haroun	Hamman Meskutin	Mustapha Supérieur
Cairo	Hamman R'irha	Okme
Cèdres (Source des)	Helwan-les-Bains	Ramleh
Chazani	Luksor	Salah Bey
Hamma	Madagascar	

AUSTRIA AND HUNGARY.

Abbazia	Borsa	Einöd
Adelsberg	Borsaros	Eisenbach
Ajnacskö	Borszek	Elisabeth Salz-
Aláp	Botzen	baths
Al-Gyógy	Bréb	Erdöbenye
Alkna Szlatina	Brixen	Erlachbad
Almamezö	Brusno	Erlau
Almás	Budimir	Ernsdorf
Alsó-Sebes	Budis	Falú-Szlatina
Altsohl	Budos	Farkas-Mcsö
Alt-Tura	Budosko	Feletekut
Arapataka	Bujak	Fellathal
Arco	Buzias	Felső-Alap
Arpad	Carlsbad	Felső-Apsá
Atya	Carlsbrunn	Felső Bajom
Aussee	Cormus	Felső Nercsznice
Baassen	Czaoko	Felső Rusbach
Baden	Czigelka	Felső Visso
Bacskó-Rahó	Daruvar	Fladnitz.
Baczuch	Deutsch-Kreutz	Fortyógo
Bajfalú	Dios-Györ	Franzensbad
Baldóc	Dios-Jenő	Frohnleiten
Banjaluka	Disznopatak	Füred
Baraeza	Doktorka	Gaberneg
Bari	Dolka	Gainfahrn
Bartfeld	Dombhát	Galthof
Bekees	Dorna	Gastein
Bela	Dotit	Gath
Bellus	Dragomerfalva	Geltschberg
Benedekfalva	Drahowa	Giesshübl-Puchstein
Benyus	Dreykirchen	Gleichenberg
Berencze	Drohobycz	Gleisslibergerbad
Bernstein	Dubowa	Gmünd
Besenyőfalva	Dubrawa	Gmunden
Bikszád	Ebed	Gräfenberg
Bilén	Ebriach	Gran
Bilin	Egartbad	Grasnawawoda
Bistritz	Egbell	Gries
Bisztrá	Eghegh	Grodeck
Bodajk	Egerlach	Gross-Schlagendor
Bóesing	Egelhof	Grosswardcin
Borkút	Richwald	Gross-Wunitz

AUSTRIA AND HUNGARY—*continued.*

Gyüzy	Korytnica	Pilsen
Haj-Stubna	Kostreinitz	Pistyan
Hall, ur. Linz	Köstritz	Po-Csevicze
Hall, nr. Innsbruck	Kovaszva	Pojan
Hallein	Krapina-Töplitz	Polena
Harkányi	Kreuzen	Pougyclok
Harsfalva	Krynica	Pörschach
Heilige Kreuzbath	Krzeszow	Pötschnig
Heiligenstadt	Kugelbad	Preblau
Herculesbaths	La Caldara	Prodersdorf
Herlein	Lesina	Prutzcrbad
Hevitz	Leszina	Püllna
Hildegarde-Brunnen	Levico	Pyrawarth
Homok	Liebwerda	Rabbi
Homorod	Lienzmühl	Rabka
Hozamező	Lipik	Radegund
Hradiszko	Lubien	Radein
Huniady-Yáuos	Luosky	Rajecz
Iunichen	Luhatschowitz	Rakós
Ischl	Luh	Ranigsdor
Ivanda	Magyar-Szent-Lazlo	Ratzes
Ivanyi	Malnas	Reichenau
Ivonicz	Marienbad	Rima-Brezó
Jacobfalva	Mastinecz	Riva
Jahodnika	Mattigbad	Rodna
Jamnicza	Maner	Roggeudorf
Jaróslaw	Meidling	Rohitsch
Jehu	Meran	Römerbad
Johannisbad, nr. Par-	Mitterbad	Ronya
dubitz	Mödling	Rosenau
Johannisbad, nr. Melnik	Moha	Roznau
Jood	Monfalcoue	Rützspolyana
Josephsbad	Mscheuo	Sadschntz
Joszo	Mühlau	Saidschutz
Jurowla	Murzzuschlag	St. Peter
Kabolapolyána	Nelefin	St. Radegund
Kács	Neudorf	Salzburg (Salzkam-
Kaltenleutgeben	Neuhaus	mergut
Kammer	Neu-Lublau	Salzburg (ur. Her-
Karpfen	Neuschmécks	manustadt
Keked	Neusiedel	Sangerberg
Kemend	Neusohl	Sau Georgen
Kerö	Niederndorf	San Lorenzo
Keruly	Nook	Schmecks
Kierling	Oberladis	Schönau
Kiralyi	Oberuhans	Schums
Kiraly-mező	Obernau	Schwarzeuberg
Kis-Czeg	Ober-Rauschenbach	Schwefelbad
Kis-Kalan	Oclves	Sesavnik
Kis-Saros	Ofen	Sedlitz
Klaussen	Olafahlú	Sibó
Klein-Chocholna	Olaf St. Györzgy	Sid
Klieningen	Olenyova	Sisso
Klokocs	Ollmütz	Sombór
Kobersdorf	Oroslau	Sostó
Königswarth	Osztrovsk	Spalato
Konopkowka	Palitz	Steinerhof
Koroud	Parád	Steinwasser
Koroud	Pesolina	Sternberg
Korsow	Pesth	Stoika

AUSTRIA AND HUNGARY—*continued.*

Stuben'	Tarna	Ustrom
Suliguli	Tatzmannsdorf	Uszók
Sulz	Telgart	Vale Szkrage
Sutinsko	Teneke	Várgéde
Szalatnya	Teplitz	Veldes
Szaldobos	Teplitz-Schönau	Velejte
Szaploncza	Theissholz	Vetzel
Szator	Tobelbad	Vihnye
Szczawnicza	Töplika	Visk
Szent-Ivan	Topolschitz	Vöslau
Szinyak	Topuczko	Wartenberg
Szinye-Lipocz	Torda	Wenzelsbath
Szkleno	Trenczin-Teplitz	Wieliczka
Szkló	Trieste	Wolfs
Szliác	Truskowicze	Wolfsegg
Szmrák	Tschawitz	Zajzon
Szobrancz	Tüffer	Zakopane
Szombhát-Falva	Tür	Zanyka
Sztubicza	Tusnád	Zegiestow
Szulin	Ugód	Zögg
Tapoleza	Ullersdorf	Zovány
Tapolz Bisztrá	Unter-Micsnye	Zwieselsalpe

BELGIUM.

Blanchemont	Heyst	Spa
Blankenberghe	Middlekerke	Tongeren
Chaufontaine	Ostende	

DENMARK.

Barestrand-Syssel	Kopenhagen	Randamel
Iceland	Marienlust	Thingøe-Syssel
Kirstenpils		

FRANCE.

Abbecourt	Audinac	Beaucens
Absac	Anagnat	Beaulieu, nr. Isoire
Agon	Aulus	Beaulieu, nr. Nice
Aincelle	Auteuil	Beanprean
Aix (Provence)	Availles	Bellesme
AIX-LES-BAINS	Avesne	Belleville
Ajaccio	Ax	Belloc
Albens	Bagnères de Bigorre	Bernières
Alais	Bagnet, Le	Bernos
Aled	Bagnolés	Berthemont
Allevard-les-Bains	Bagnols	Besse
Allezani	Bains	Bétaille
Ambleteuse	Bains, near Arles	Beuzeval
Amélie-les-Bains	Balaruc	Biarritz
Amphion	Banyuls	Bilazai
Andabre	Baraci	Bleville
Annecy	Baran	Boisse, La
Antibes	Barbazan	Bondonneau
Arborme	Barberie	Bonnefontaine, La
Arachon	Barbotan	Bonneval
Arcs, Les	Barèges	Bondes
Argeles-Gazost	Barzun	Boulogne-sur-Mer
Argentieres	Bastennes	Boulou, Le
Arlanc	Batignolles	Bourasol
Arromanches	Bauche La	Bouquéron
Asrelles		

FRANCE—*continued.*

Bourbon l'Arham-
bault
Bourbon Laney
Bourbonne
Bourboule, La
Bourg d'Ault
Bourg d'Oisais
Erides
Brugheas
Bruneval
Bulgneville
Bullyeome, Le
Busignargues
Bussang
Cabourg
Cadéac
Caille, La
Calais
Caldaniecia
Camarès
Cambo
Camoins
Campagne
Candé
Cannes
Cap d'Antibes
Capveru
Carconières
Carteret
Casnefouls
Castel-Jaloux
Castera-Verduzau
Cauterets
Cauvalat-le-Vigau
Cayeux
Cayla, La
Celles
Chabetout
Chaldette, La
Challes
Chambon
Chamounix
Champoleon
Chapelle-Godefroy, La
Charbonnières
Chateau Gontier
Chateaufneuf
Chateldon
Chatel Guyon
Chaudes-Aigues
Chaumont
Chemille
Cherbourg
Choranche
Clermont
Coise
Collioure
Contrexéville
Cordéac
Corene

Corneille
Couchon
Coudes
Coudillae
Courpière
Cours
Courtomer
Courseuilles
Containville
Cransac
Crêche
Criel
Croisie, Le
Crol, Le
Crotoy, Le
Dax
Deauville
Désaigues
Desvres
Deux Lots
Dieppe
Dieu-le-fit
Digne
Dinan
Dives
Divonne-les-Bains
Dinard
Domène
Domeray
Domèvre
Dorres
Douarucenez
Douville
Douai
Duivon
Dunkerque
Durtal
Eaux-Bonnes
Eaux-Chaudes
Ebeaupin
Eehaillon
Eequevilly
Eeuillé
Eueausse
Eughien
Enn
Erquy
Escaldas, Las
Escouloubre
Etretat
Euzet
Evaux
Evian-les-Bains
Farette
Fécamp
Felines
Ferranche
Ferrière, La
Féron
Fiumorbo

Fonciergue
Fonfrede
Fonsainte
Fonsulada
Fonsanches
Fonsrouilleuse
Fontagne or Sorède
Fontenelle
Foradade
Forcerai
Forges-les-Bains
Forges-les-Eaux
Foueaude
Fourchambault
Fumades
Gabian
Gamarde
Garde de Bio, La
Gardinière
Garris
Gazost
Genestelle
Gerardmer
Gigondas
Gioules
Glaine-Montaignu
Gouruay
Gramat
Grandcamp
Grandeyrol
Grandril
Grauville
Grasville-l'heure
Gréoulx
Grinneaux
Guagno
Guillon
Guitera
Havre, Le
Hennebon
Hermonville
Herse, La
Heucheloup
Home-Varaville, Le
Honfleur
Houches, Les
Houlgate
Hourdel
Hyères
Jalleyrac
Joanette
Job
Jose
Jouche
Labassère
Labestz-Biscaya
Lacauue
Laifour
La Malou
Lamotte

FRANCE—continued.

Langrune
 Larivière
 Laroche
 Lassère
 Lavardens
 Legué St. Breuil
 Leponlignen
 Les Salins
 Lion-sur-Mer
 Llo
 Lous-le-Saulnier
 Luc-sur-Mer
 Luchon
 Luxeuil
 Maeon
 Magnac
 Marat
 Mareols
 Marlioz
 Marseilles
 Martigné-Briant
 Martigny
 Martres
 Mayres
 Mazel, Le
 Medagues
Mentone
 Merens
 Mers
 Mezières
 Miers
 Moingt
 Molitg
 Monestier de Briauçon
 Monestier de Clermont
 Montbrison
 Montbrun
 Montchauson
 Mont-Dore
 Montégut-Ségla
 Montlignon
 Mont Louis
 Montmirail
 Montner
 Montol
 Montpellier
 Montpensier
 Mortefontaine
 Nebouzat
 Neflach
 Neris
 Neuville
 Neyrac
Nice
 Nohaneud
 Nouvelle, La
 Olette
 Olliergues
 Orezza
 Origny

Oriol
 Outraucourt
 Paimpal
 Panassan
 Paramé
 Paris
 Passy
Pau
 Paudranx
 Perrière, La
 Perruches
 Petites Dalles, Les
 Pierrefonds
 Pietrapola
 Plaine, La
 Plau, Le
 Planchamps
 Plan de Phazy
Plombières
 Poggeto Theniers
 Pontaillac
 Pontamafrey
 Pont à Mousson
 Pont de Bared
 Poutrieux
 Pornie
 Port-Bail
 Porte
 Port-en-Bessin
 Port Thareau
Pougues
 Pouillon
 Pouroille
 Prades Vernet
 Preehac
 Preste, La
 Prompsad
 Propiae
 Provins
 Prngues
 Puzziehello
 Quez
 Quinéville
 Regneville
 Remollion
 Renaissance
 Renlaiguo
 Rennes
 Reyrieux
 Riennajou
 Rocabigliera
 Romeyer
 Roueevaux
 Roseoff
 Roucas Blanc
 Rouzat
 Royan
Royat
 Roye
 Sables d'Olonne

Sail-les-Bains
 Sail-sous-Couzan
 St. Alban
 St. Amand
 St. André
 St. Boes
 St. Bonuet
 St. Briac
 St. Christau
 St. Denis
 St. Diery
 St. Galinier
 St. Gervais
 St. Gildas
 St. Honoré
 St. Isaire
 St. Jean d'Aulph
 St. Jean de Luz
 St. Laurent
 St. Loubouer
 St. Luuairé
St. Malo
 St. Marie de Mont
 St. Martin de Fenouille
 St. Martin Lantosque
 St. Maurice
 St. Myon
 St. Neetaire
 St. Ours
 St. Pair
 St. Pardoux
 St. Parize
 St. Pierre d'Argenson
 St. Prieste des Champs
 St. Prieste-la-Roche
 St. Quentin
 St. Raphael
 St. Remy
 St. Roman
 St. Santin
 St. Sauveur
 St. Simon
 St. Thomas
 St. Vaast
 St. Valery-en-Caux
 St. Valery-sur-Somme
 St. Vallier
 St. Yorre
 Ste. Adresse
 Ste. Helene
 Ste. Madeleine
 Ste. Marie (Cantal)
 Ste. Marie (Hautes Pyrenées)
 Salces
 Salies
 Salies de Béarn
 Salins
Salins Moutiers

FRANCE—*continued.*

Saïles	Taraseon	Varennes
Salz	Tereis	Vaunnières
Santenay	Termignon	Velleminfroy
Sarcey	Ternaut	Vellerou
Saubuse	Terrau	Velmont
Sancats	Terrasse, La	Vernet, Le
Saulce	Teste, La	Veules
Sault	Thuez	Veulettes
Sansillonges	Tissières	Vichy
Sante-Vaux	Tivoli	Vic-sur-Cer
Savergnolles	Toulon	Vicoigne
Saxe, La	Trebas	Vic-le-Comte
Scy	Tremblade, La	Vignolles
Segray	Tremiseau	Villefranche(Aveyron)
Segre	Treport, Le	Villefranche (Alpes
Semur	Tresclaux	Maritimes)
Sentein	Trolière, La	Villers-sur-Mer
Sermaise	Trouville	Villerville
Silvanès	Urbalacone	Vinça
Siradan	Uriage	Visos
Sixt	Ussat	Vitry
Sotheville	Usson	Vittel
Soulac	Vaisse	Vrécourt
Soulieux	Val André, Le	Yeuze
Talloires	Vals	Yport

GERMANY.

Abach	Bertrieh	Chatenois
Abensberg	Beuren	Clausthal
Adelheidsquelle	Birkenfeld	Christenhofsbad
Adelholzen	Birlenbach	Cleve
Adorf	Birresborn	Coburg
Aix-la-Chapelle	Blankenburg	Colberg
Alexanderbath	Blankenheim	Crailsheim
Alexisbath	Blasewitz	Cranz
Altenau	Bocklet	Cudowa
Alt-Haide	Bodendorf	Cuxhaven
Altwasser	Bodenfelde	Czarskow
Antogast	Böll	Dangast
Apollinaris	Boltenhagen	Diedenow
Apponrade	Boppard	Diemeringen
Arendsee	Borbyc	Dievenow
Annweiler	Borkum	Dingolfing
Arnsdorf	Bonnorf	Dinkhold
Arnstadt	Bourtscheidt	Dirsdorf
Artern	Brannenbourg	Dizenbach
Assmannshausen	Bramstadt	Dobberan
Auerbach	Braunfels	Dorfgeismar
Augustusbath	Brotterode	Draitschbrunnen
Baden-Baden	Brückenau	Driburg
Badenweiler	Buckwald	Dürkheim
Bebra	Buschbath	Dürrheim
Bentheim	Büsum	Durrwangen
Berchtesgaden	Burghergheim	Düsternbrook
Berg	Calw	Eberbach
Beringerbath	Cannstadt	Ebningen
Berka	Charlottenbrunn	Echzell
Berneck	Charlottenburg	Eekartsbru

GERMANY—continued.

Eckerberg
 Eckernförde
 Edenkoben
 Ehrenbreitstein
 Eilsen
 Elmbeek
 Elizabethbath
 Elmen
 Elster
 Empfang
 Ems
 Eppenhauseu
 Erdmannsdorf
 Ernabrunnen
 Eschelloh
 Fachingen
 Falkenberg
 Falkenstein
 Feldafing
 Feldberg
 Fiestel
 Fischbach
 Flinsberg
 Föhr
 Forbach
 Frauenstein
 Frankfurt-on-Maine
Freienwalde
 Freyersbach
 Friedrichshafen
 Friedrichshall
 Friedrichsroda
Friedrichs Wil-
helmsbath
 Füssen
 Garmisch
 Gehringswalde
 Geilnau
 Geisslingen
 Georgenbath
 Gernsbach.
 Geroldgrün
 Geroldstein
 Giengen
 Gleisweiler
 Gleissen
 Glücksburg
 Goczalkowitz
 Godelheim
 Godesberg
 Goldbach
 Goldberg
 Göppingen
 Görbersdorf
 Gössswinstein
 Goschwitz
 Gravenstein
 Greifenberg
 Greifswalde
 Griesbach

Griesbath
 Gross-Albertshofen
 Grosskarben
 Gruben
 Grull
 Grund
 Grundhofen
 Günthersbath
 Hackelthal
 Hafkreuz
 Hall
 Halle
 Halsbrücke
 Hambach
 Hanau
 Hardeck
 Harzburg
 Hechingen
 Heckinghausen
 Heidelberg
 Heilbrunn
 Heiligenhafen
 Heilstein
 Heinrichbrunnen
 Helmstädt
 Heppingen
 Heringsdorf
 Hermannsbath
 Hermsdorf
 Herrenalb
 Heselwangen
 Hinnewieder
 Hofgeismar
 Hohenberg
 Höhenstadt
 Hohenstein
 Holzhausen
 Homburg
 Honnef
 Hubertusbrunnen
 Hüttersbach
Ilmenau
 Ilsenburg
 Imnau
 Immenstadt
 Inselbad
 Jaxtfeld
 Jobsbath
Johannisberg
 Jordansbath
 Jugenheim
 Jungbrunn
 Kainzenbad
 Kanitz
 Karlshafen
 Karlsruhe
 Katzhütte
 Kaudenbach
 Kellberg
Kiel

Kirchberg
 Kirchbrunnen
 Kirchheim
Kissingen
 Kleinengstingen
 Kleinern
 Klein-Schirma
 Klütz
 Kochel
 Kondrau
 Königsborn
 Königsbrunn
 Königsdorf-Jastr-
 zems
 Königstein
 Kornwestheim
 Kösen
 Köstritz
 Krähenbath
 Krankenheil
 Kreische
 Kreuth
 Kreuznach
 Krenzburg
 Kronberg
 Kronthal
 Krumbach
 Kunzendorf
 Laer
 Lamscheidt
 Langenau
Landeck
 Landskron
 Langenberg
 Langenbrücken
 Langensalza
Laubbach
 Lauchstadt
 Lausigk
 Lauterberg
 Lendershausen
 Leutstetten
 Luisenthal
 Lichtenthal
 Liebenstein
 Liebenzell
 Limmer
 Lindenhofhausen
 Lippspringe
 Löbenstein
 Lochwitz
 Ludwigsbrunnen
 Luisenbath
 Lüneburg
 Malmédy
 Mariabrunnenbath
 Marienfels
 Markammer
 Meinberg
 Mergentheim

GERMANY—*continued.*

Michelstadt	Petersthal	Schreiberhan
Miesbach	Phantasie	Schwalbach
Misdroy	Plaue	Schwalheim
Moching	Polzin	Schwallungen
Mondorf	Potsdam	Schwarzbach
Mnggendorf	Prenzlau	Schweizermühle
Münchshofen	Pymont	Schwelm
Münster	Radeberg	Sebastiansweiler
Mnnsterberg	Rappenau	Scebrnch
Muritz	Rastenberg	Secon
Mnskau	Recklinghausen	Selters
Nammen	Rehburg	Sennfeld
Nassau	Rehme	Sierk
Nanheim	Reiboldsgrün	Sinzig
Naumburg	Reichenhall	Sironabath
Nennndorf	Reinerz	Soden
Neuenheim	Reinbeck	Soest
Neuhaus	Reutlingen	Sohl
Nenenahr	Rietenau	Sonneberg
Neumarkt	Rippoldsau	Sonthofen
Neu Ragóczy	Rodenberg	Staden
Neuschwalheim	Rohnau	Stavenhagen
Nenstadt (Haart)	Roigheim	Steben
Neustadt (Saale)	Roisdorf	Steinabad
Neustadt-Eberswalde	Ronneburg	Steinfurt
Niederbronn	Rosenheim	Steinheyde
Niederhall	Rosheim	Stolberg
Nieder-Langenu	Rosswein	Streitberg
Niedernau	Röthelbad	Stuer
Niederselters	Rothenbach	Suderode
Nieratz	Rothenburg	Sulza
Nierstein	Rothenfelde	Sulzbach
Nördlingen	Rothenfels	Sulzbach (Alsatia)
Norderney	Rothwell	Sulzbach (Baden)
Northeim	Rudolfszell	Sulzmatt
Ober-Brambach	Rudolstadt	Swinemünde
Ober-Hergern	Rugenwaldermünde	Sylt
Oberlahnstein	Ruhla	Tambach
Obermendig	Saargemünd	Tannenbrunnen
Oberselters	Sachsa	Tatenhausen
Oberstdorf	Säckingen	Tegernsee
Obertiefenbach	St. Blasien	Teinach
Oberwinter	St. Georgen	Tennstädt
Ochsenhausen	St. Ubrich	Thale
Oeynhauscn	Salzbrunn	Tharandt
Offenau	Salzhausen	Theusserbad
Offenstein	Salzschlirf	Tönnisstein
Ohrdruff	Salzuffeln	Traishorloff
Okarben	Salzungen	Travemünde
Oldesloe	Sassnitz	Tuchingen
Olmenhausen	Schandau	Ueberkingen
Oppenau	Schieder	Ueberlingen
Osterspay	Schlackenbath	Uhlmühle
Osthofen	Schlangenbad	Urach
Ottenstein	Schleusingen	Valdorf
Oybin	Schliersee	Veierbach
Parchim	Schmalkalden	Vippach-Edelhausen
Partenkirchen	Schmeckwitz	Wachenheim
Peissenberg	Schmiedeberg	Waldbad
Petersdorf	Schönbeck	Wangeroog

GERMANY—*continued*.

Warmbad
 Warmbrunn
 Warnemünde
 Warnicken
 Wassacherberg
 Wattenweiler
 Weilbach
 Weinheim
 Weisser Hirsch
 Wernigerode
 Westerland-Sylt
 Wiesau

Wiesbaden
 Wiesenbad
 Wiesloch
Wildbad
 Wildungen
 Wilhelmsbad (Silesia)
 Wilhelmsbad (Saxony)
 Wilhelmsbad (Hessen)
 Wimpfen
 Winterbach
 Wipfeld
 Wittekind

Wolfach
 Wolfsanger
 Wörth
 Zaisenhausen
 Zavelstein
 Zerbst
 Zinnowitz
 Zittau
 Zoppot
 Zuckmantel

GREAT BRITAIN.

Aberayron
 Aberbrothwick
 Aberystwith
 Aberdaron
 Aghalco
 Airthrey
 Aldborough
 Alderney
 Allonby
 Alnmouth
 Alton Towers
 Almwich
 Ambleside
 Amroth
 Antrim Spa
 Appledore
 Ardrossan
 Ashby-de-la-Zouche
 Arnside
 Athimonus
 Athlone
 Ballater
 Ballycotton
 Ballyspellan Spa
 Bangor
 Bantry
 Barmouth
 Bath
 Beaumaris
 Ben Rhydding
 Berwick
 Bexhill
 Birchington
 Bishops-Down Grove
 Blackpool
 Bognor
 Bonnington
 Bournemouth
 Bray
 Bridge of Allan
 Bridge of Earn
 Bridlington Quay
 Bridport
 Brighton

Brixham
 Broadstairs
 Broughty Ferry
 Brownstown Spa
 Bude
 Budleigh-Salterton
 Builth
 Bundorran
 Buruham
Bushey, the Hall
 Butterby
 Buxton
 Campbelltown
 Carnarvon
 Castel Connell
 Cheltenham
 Clacton-on-Sea
 Claremont
 Cleethorpes
 Clevedon
Clifton
 Clynnog-Vawr
 Colwyn Bay
 Courtmacsherry
Cowes
 Criccieth
 Crieff
 Cromer
 Crosshaven
 Cullercoats
 Dale
 Dalkey
 Dartmouth
 Dawlish
 Deal
 Derrindaff
 Devonport
 Dinsdale
 Douglas
 Dovedale
 Dover
 Dreunan Springs
 Drogheda
Droitwich

Drumsna
 Drumgoon
 Drumrastel
 Dumlane
 Dunbar
 Dundrum
 Dunmore
 Dunoon
 Durness
 Eastbourne
 Epsom
 Exmouth
 Falmouth
 Felixstowe
 Filey
 Fleetwood
 Flint
 Folkestone
 Fordel
 Fowey
 Frasersburgh
 Freshwater
 Galway Spa
 Garryhill Spa
 Gisland
 Glanagarin
 Glengariff
 Gloucester
 Golden Bridge
 Grange-over-Sands
 Gravesend
 Great Yarmouth
 Guernsey
 Hampstead
 Harrowgate
 Hartlepool
 Harwich
Hastings
 Hayling Island
 Helensburgh
 Heligoland
 Herne Bay
 Holbeck
 Holkham

GREAT BRITAIN—*continued.*

Holyhead	Mumby-cum-Chapel	Shap
Holywell	Nairn	Sheerness-on-Sea
Hollywood	New Brighton	Shotley
Horley Green	Newcastle	Sidmouth
Hornsea	New Quay (Engl.)	Silloth
Hovehampton	New Quay (Wales)	Skegness
Hovingham	Newtoudale	Skinburness
Howth	Nottingham	Southampton
Hunstanton	Oban	Southbourne
Hythe	Paignton	Southend
Ilfracombe	Pannanich	Sonthport
Ilkley	Passage	Southsea
Instow	Peebles	South Shields
Islington	Pembrey	Southwold
Johnstown	Penarth	Spital
Keswick	Pendine	Starbeck
Kilburn	Pennacmawr	Streatham
Kilkee	Penzance	Strathpeffer
Kilkenny	Pitcaithly	Sutton
Killymard	Pitlachy	Swanage
Kilrush	Plymouth	Swanlibar
Kinsale	Portland	Swansea
Knaresborough	Portobello	Temburg
Krevenish	Port Rush	Tenby
Lake District	Port Steward	Thorpe Arch
Largs	Pwllheli	Thurso Bay
Leamington	Queenstown	Tissington
Lee	Ramsgate	Torquay
Lisdoonvarna	Ramsay	Totland Bay
Littlehampton	Redcar	
Littlehaven	Redruth	
Llandrindod	Rhyl	Towyn
Llandudno	Rosstrevor	Tramore
Llandwrtyd	Ryde	Troutbeck
Llanfairfechan	Ryhope	Tunbridge Wells
Llangrannog	St. Andrews	Tynemouth
Llanstephen	St. Anne's-on-Sea	Ullswater
Looe	St. Bee's	Upton
Lowestoft	St. David's	Ventnor
Lucan	St. Lawrence-on-Sea	Vicarsbridge
Lulworth West	St. Leonard's	Victoria Spa
Lymington	St. Mary's	Walton-on-the-Naze
Lynmouth	Salcoaths	Warrenspoint
Lytham	Salcombe	Watchet
Mablethorpe	Saltburn	Wells-next-the-Sea
Malahide	Saltfleet-Haven	Wemyss Bay
Mallow	Sandgate	Westgate-on-Sea
Malta	Sandown	Weston-super-Mare
Malvern	Sandricks	Westward Ho
Margate	Sark	Weymouth
Matlock	Saundersfoot	Whitburn
Melcombe Regis	Scarborough	Whitby
Melksham	Seaford	Willoughby
Millport	Seascales	Windermere
Minehead	Seaton	Windsor Forest
Moffat	Seaton Carew	Withernsea
Morecambe	Sea-View	Woodhall Spa.
Mumbles	Shanklin	Worthing
		Yarmouth

GREECE.

Adepsos
Aegina
Chios
Corfu
Cos
Dirce
Epidauros
Gythium
Hellopia
Hermione
Hypate
Ikaria
Kaifa
Kaissariani
Kalauria
Karithena
Katharsion

Keuchreae
Klemutzion
Kythmos
Langassa
Laurion
Lebetzoba
Lemnos
Lepanto
Lesbos
Letantus
Ligurio
Lintzi
Lucas
Lutraki
Melos
Milo

Methana
Moselli
Naxos
Nissyros
Páros
Peleikiton
Santorin
Skara-Chor
Tenos
Thera
Thermia
Thermopylae
Thesbis Spring
Vonitza
Zante
Zea

HOLLAND.

Hilversum
Katwyk

Scheveningen
Wyk aan Zee

Zandvoort

ITALY.

Abano
Acireale
Acquaacetosa
Acqua-Acidola
Acquae-Albulae
Acqua-Bolle
Acqua Puzzolente
Acqua Raineriana
Acqua Santa
(Termi)
Acqua Santa di Buy-
huto
Acqua-Santa (Genoa)
Acquae-Subreni-Ho-
mini
Acqui
Agnano
Aitora
Allassio
Albano
Alcama
Ali
Alicia
Allegrezza
Allume
Amalfi
Ammoniac Gas Spring
Anacapri
Anagni
Ancona
Anguillara
Arcidosso
Arenzano
Armajolo
Asciano

Ascoli
Asinalunga
Aspio
Astroni
Baccanella
Bagnaccio
Bagn-a-Baccanella
Bagnoli
Bagni-à-Acqua
Bagni-à-Morba
Bagni, Acqua dei
Bagno Rosselle
Bagno d'Apollo
Bagno-Fresco
Bagno dei Rhachitici
Bagno-in-Romagna
Baldini, Acqua dei
Balnea d'Avignone
Bari, Acqua dei
Battaglia, La
Bellaggio
Benetutti
Bergallo
Bivuto di Termini
Bobbio
Boheggiano
Bordighera
Borgo-Marò
Borla
Bormio
Borra
Borrone
Bottaccio
Bresigala
Brindisi

Bronia
Bruca
Buca dei Fori
Burrone
Caccio-Cotto
Cadenabbia
Caldanella
Caldieri
Caldini
Calliano
Calvello
Canal-grosso
Caprenne
Capri
Caprifico
Casale
Casamicciola
Casa Nuova
Casa Stronchino
Casciani
Casino
Casiola
Castel-Doria
Castellamare
Castelletto Mascagni
Castelletto d'Orba
Castel San Pietro
Castelnuovo
Castiglione
Castro-Caro
Catania
Catena
Cattenaja
Cave
Caz-di-Bagno

ITALY—continued.

Cecinella
 Cefalu
 Cerresoles
 Cesalpino
 Cetona
Chianciano
 Chiatanone
 Chiavari
 Chitignano
 Chiusa dei Monaci
 Cineiano
 Cipollo
 Citara
 Civilliano
 Civita Vecchia
 Colico
 Como
 Cornigliano-Ligure
 Corticella
 Cotone
 Cotto
 Courmayeur
 Craveggia
 Doecio
 Dofana
 Dovadola
 Elba
 Eufemia
 Faenza
 Falciano
 Fano
 Fieoneella
 Filetta
 Florence
 Fonga
 Fontacea
 Fordignano
 Fossino
 Fosso degli Ontani
 Gagliana
 Galleraje
 Gavorano
 Genoa
Gerace
 Giglio
 Giunco-Marino
 Grotto del Cane
 Imola
Irno (Val d')
 Ischia
 Isola Bona
 Lama
 La Salute
 Leceia
 Levana
 Lipara
Livorno
 Loreta
 Lu
 Lucca

Macerrato
 Madonna à Papiano
 Madonna di tre Fiume
 Maria dell'Aquila
 Maria in Baguosi
 Marsala
 Masino
 Massa
 Mercantale
 Messina
 Meta
 Miemo
 Milan
 Moggiona
 Molla, Il
 Monsummano
 Montafia
 Montagnone
 Montalceto
 Mont'Amiata
 Monte-Catini
 Montegrotto
 Montefiascone
 Monte-Ortone
 Monte-Rotondo
 Montione
 Morba
 Mortagone
Naples
 Nave dell'Inferno
 Nerone (Stufa di)
 Nervi
 Nitrolis
 Nocera
 Noceto
 Palazonia
 Palazzolo
Palermo
 Palestrina
 Pallanza
 Pantano
 Paterno
 Pegli
 Pejo
 Pelagio
 Pelago
 Penna, La
 Pergine
 Pertino
 Pesaro
 Pescara
 Petraglia
 Petriolo
 Pietra
 Pigna, La
 Pillo
 Pisa
 Pisciarelli
 Pitigliano
 Pizzo I

Pizzofalcone
 Poggetti
 Poggibonzi
 Poggio Curatale
 Poggio Pinei
 Poggio Rosso
 Pontano
 Popoli
 Porretta, La
 Pozzuoli
 Pré St. Didier
 Pretiolo
 Puzzola di Pienza
 Querzola
 Raddusa
 Rapallano
 Rapallo
Ravone-in-Casaglia
 Recoara
 Retorbido
 Riando
 Riguardo
 Rimini
 Rio
Riolo
 Rio Meo
 Rio Sordo
 Rita
 Roeca San Felice
 Rocegno
 Romagua
 Rombole
Rome
 Roselle
 Rostona
 Poggetti
 Poggibonzi
 St. Cassien
 St. Genis
 St. Vincent
 Saleeti
 Salerno
 Salice
 Salò
 San Casciano
 San Daniele
 San Fedele
 San Filippo
 San Genesio
 San Germano
 San Giuliano
 San Giuseppe
 San Leopoldo
 San Martino
 San Marziale
 San Michele
 San Remo
Santa Cesarea
 Santa Gonda

ITALY—continued.

Santa Margherita
 Santa Restituta
 Santa Vigoue
 Sasso di Maremma
 Saturnia
 Seiacca
 Sciafani
 Segesta
 Seraglio
 Serapis Temple)
 Seravalle
 Sestri-Ponente
 Sigliano
Sinigallia
 Sorrento
Spezia, La
 Sprofondo
 Stresa
 Sujo

Tabbiano
 Talamanaccio
 Taormina
Telese
 Terme Luigiaue
 Termini
 Termini Castoreale
 Testa
 Tolpa
Torre Anunziata
 Torre del Grecco
 Torretta, La
 Traui
 Trescore
 Tritoli
 Turin
 Valdieri
 Valenza
 Vellebro

Venafro
 Venice
 Verrazano
 Vescovo
 Vialla
Viareggio
 Viareello
 Vietorie
 Vignale
 Vignone
 Villa delle Caselle
 Villa d'Este
 Vinadio
 Visone
 Viterbo
 Voltaggio
 Volterra
 Voltri
 Zafaran

PORTUGAL.

Alefaehe
 Aregos
 Bellas Agoas
 Cabeça-da-Vida
 Caldas de Geres
 Caldas da Nossa
 Senhora
Caldas da Rainha

Chaves
 Gafete
 Gaieiras
 Junqueiro
Lisbon
Madeira
 Mirandella
 Monsão

Oporto
 Rede de Corvaçeira
 Rio-Mayor
 Rio-Real
 San Pedro do Sul
 Torres-Vedras
Vidago
 Vizella

PRINCIPALITY OF MONACO.

Condamine

| Monaco

| Monte Carlo

RUSSIA.

Abas-Tuman
 Alexandersquelle
 Astrakhan
 Barbern
Beschtan Bath
Borschom
 Busk
 Bykowiez
 Cicchocinek
 Dubograedsk
 Eisenberg
Essentuk
 Gori
 Helsingfors
 Janischek
 Kamnietz-Podolsk
 Kaschin
 Kastanowka
 Katharinbath

Kemmern
Kislawodsk
 Klutschewsk
 Kötsehenowa
 Kunda
 Kungara
 Kuppis
 Langenberg
 Lipezk
 Neskutschnoie
 Nowosselja
 Odessa
 Oesel
 Orel
Orenburg
Oni
 Pjätigorsk
 Psekups Springs

Riga
 Sarepta
 Sehelesna-Wodsa
 Schmardau
 Serdopol
 Sergiewsk
 Siekeriki
 Sitka
Slepzoff-Michael-
off Springs
 Spag
 Stolypin
 Tropetz
 Twer
 Uleaborg
 Undary
 Utzera
 Zagwera

SPAIN.

Abdalagis	Bonar	Escoriaza
Abraabreses	Borines	Esparaguera
Aguilar del Rio Alhama	Braque	Espinoso del Rey
Aizecorri	Buenafuente	Estadilla
Alahurin	Bugarin	Esteras
Alameda de Cervera	Burgas	Ferreira
Alange	Buyeres de Nava	Pitero
Alaráz	Buzost	Fontarabbia
Albaladejo	Cabeza del Bucy	Fonté
Alcala	Cadiz	Fortuna
Alcantanz	Calabor	Frailes y la Rivera
Alceda	Calanas	Fuen-Alámo
Alfaro	Caldas	Fuen Caliente
Algoarta	Caldas de Besaya	Fuente Amargosa
Alhama de Aragon	Caldas de Bohi	Fuente del Fresno
Alhama de	Caldas de Cuntis	Fuente de Piedra
Granada	Caldas de Estrac	Fuente del Rosal
Alhama de Murcia	Caldas de Malavella	Fuente del Toro
Alhama la Seca	Caldas de Mombny	Fuente Santá de
Alicante	Caldas de Oviedo	Torrello
Alicum	Caldas de Reyes	Fuente Sta. de Lorea
Aliseda	Caldas de Tuy	Fuente Sta. de
Almagro	Caldillas de San Miguel	Gayangos
Almeida	Calzada de Calatrava	Fuente Sublantina
Almeria	Calzadilla	Galera
Alora	Canary Islands	Gandesa
Alsasua	Candas	Garriga, La
Andujar	Candio	Gava
Antegüera	Canena	Gaviria
Aramayona	Canillejas	Gergal
Aranjuez	Capuchina (La)	Gerona
Aranzarre	Carabanchel	Gigonza
Archena	Carbagnal	Gijón
Archevaleta	Carballo	Grabálos
Arenas (Las)	Carballino	Gracna
Arenosillo	Carratraca	Grao
Argentona	Casares	Gravalos
Aribe	Castellnevo	Guarda-Vieja
Ariño	Castenar dei Bor	Gnesalivar
Arnedillo	Castro Urdiales	Guctaria
Arterjo	Cati	Guitiriz
Astillero (El)	Cervera	Hellin
Avilés	Cestona-gnezalaya	Hermida, La
Azaraque	Chiclana	Hervideros de Carrion
Babilafuente	Chmchilla	Hervideros del
Bande	Chinchon	Emperador
Banolas	Chulilla	Hervideros de
Baños del rio Pisuerga	Coma de Navines	Fontillesca
Barambio	Comillas	Hervideros de
Barquera (La)	Concepcion de Peralta	Fuen Santa
Baza	Corcoles	Hervideros de Villar
Bejar	Coronada	del Pozo
Belascain	Cortejada	Horcajo de Lucena
Belinchon	Cucho	Hoznaye
Bellns	Cuervo	Huelva
Benasque	Deva	Humera
Benavente	Diezgo	Ibero
Benimarfull	Elejabetia	Inchaurte
Beteli	Elche	Isla de Losio
Bilbao	Elorrio	Jabalcaz

SPAIN—*continued*

Jacintos
Jaen
Jaraba
La Garriga
La Salvadora
Laguna de la Higuera
Landetta
Lanjarron
Laredo
Ledesma
Lequeitio
Lés
Lierganes
Linares
Llanes
Lodova
Lôches
Losa
Luanco
Lucarnena
Lujo
Madrid
Mala
Malaga
Manilva
Marbella
Marchena
Marmolejo
Martos
Mecina-Burbaron
Mendaro
Mende
Montanejos
Molar, El
Molgas
Molina de Aragon
Molinar de Caranza
Monda
Mondariz
Mondon
Monegrillo
Montemayor
Mula
Murcia
Nanclares
Navajas
Navalpino
Novelda

Nuestra Señora de
Abellá
Nuestra Señora de las
Marcedes
Olivera
Ondarroa
Ontaneda
Orense
Ormaiztegui
Oyarzun
Panticosa
Paracuellos
Parada de las Achas
Paterna
Penáguila
Piedrabuena
Pixigueiro
Portovia
Portugalete
Portugos
Pozo-Amargo
Prelo
Puda, La
Puentanansa
Puente Viesgo
Puertolano
Quinto
Real Casa de Campo
Requena
Rio-Tinto
Riva-Los-Baños
Rivera
Rubinat
Saelices
Salinillas
Sacedon
Salinetas de Noveldá
San Adrian
San Agustin
San Bartolomé de la
Quadra
San Gregorio de Brozas
San Juan
San Juan de Campos
San Sebastian
San Vicens
Santa Agueda
Santa Ana
Santa Catalina

Santa Filomena de
Gomillaz
Santander
Sardincro (El)
Saturrarau
Saudon
Seguara de Aragon
Segura
Sierra Alhamilla
Sierra Elvira
Siete Aguas
Sobron
Solar de Cabras
Solares
Sousas y Caldellinas
Suances
Tamames
Tardon
Teneriffe
Teruel
Thermas, Las
Tiermas
Titus, Baños de
Tobarra
Torre de San Miguel
Trillo
Urberoaga de Alzola
Urberoaga de Ubilla
Vacia-Madriü
Valdepenas
Valle de la Cueva
Valle de Rivas
Valdeganga
Valencia
Villacarillo
Villafafia
Villaharta
Villanueva de Gallego
Villar del Pozo
Villaviciosa
Villaro
Villatoya
Villaviejâ de Nules
Vilo or Rosas
Yeste
Yebenes
Zaldivar
Zarans
Zujar

SWEDEN AND NORWAY.

Adolfsberg
Badstofuhver
Borås
Daneverd
Fällorne
Goteborg
Gustafsberg
Helenskilde

Hernösand
Lanaskede
Loka
Lund
Maestraud
Medewi
Modum
Porla

Ramlöza
Ronneby
Sandefjord
Stromstad
Torpa
Vaxholm
Wahlberga
Wallby Baths

SWITZERLAND.

Aigle	Gränichenbad	Righi
Albisbrunn	Grindelwald	Riedbad
Allerheiligen	Gurnigel	Rolle
Aipnacht	Gyrenbath	Römerbath
Alveneu	Häbernbad	Röslibath
Andeer	Haldenstein	Russwyl
Appenzell	Heiden	St. Cergues
Arp	Heinrichsbath	St. Moritz
Arzilhe	Heustrichsbath	Samaden
Attisholz	Horn	San Bernhardino
Axenfels	Ibenmoos	Saxon
Axenstein	Iberg	Schinznach
Baden	Interlaken	Schimberg
Bagni di Craua	Jenatz	Schmerikon
Bagno	Kirchleerau	Schönenbrunn
Balzach	Knutwyl	Schöneck
Beggenried	Laemnoli	Schöngau
Belalp	Lalliaz	Schüls
Bellerive	Lausanne	Schüols
Bex	Lavey	Schwarzenberg
Birmansdorf	Leissigen	Schwarzseebath
Bleichbad	Leprese	Schwefelbergerbath
Blumenstein	Limpach	Seewen
Blumenthal	Locarno	Seewis
Bonn	Lochbachbad	Stachelberg
Brestenberg	Loèche-les-Bains	Suot-Sass
Brigg	Losdorf	Tarasp
Brüttalen	Lugano	Teufen
Bubendorf	Luxburg	Thalgut
Bürgenstock	Malahá	Thoune
Campfer	Maloja	Thusis
Churwalden	Mammern	Trois-Torrens
Coire	Martigny	Unterbach
Combe-Girard	Meltingen	Unterhallau
Daetlingen	Merligen	Unterseen
Davos	Montbarri	Urnäsch
Dardagni	Montreux	Vals
Dorfbad	Morgins	Vetau
Drise	Mürren	Vevey
Enatbühl	Niederweil	Veytaux
Engistein	Nydelbad	Villeneuve
Eppingen	Ollon	Visibachbath
Ermetsehwyll	Osterfingen	Waidhaldenbath
Evolena	Paradies	Waldstatt
Farnbühl	Parpan	Wattwyl
Fideris	Passugg	Weggis
Fläsch	Peiden	Weissbad
Flims	Pfaeffers	Weissenburg
Forstegg	Piguien	Weissenstein
Gals	Pignol	Wiesen
Garmyswyl	Pontresina	Wildeggen
Gempelenbath	Ponts, Les	Wildhausbath
Geneva	Poschiamo	Yverdon
Gisi	Ragatz	Zermatt
Golaise	Ransbath	Zürich
Gonten	Rheinfelden	Zug

TURKEY (European and Asiatic).

Servia, Roumania, Bulgaria

Ahiolo	Gadara	Lidja
Aias	Hassan-Pacha-	Metelin
Aidos	Pallenka	Oloneschti
Bobotsch	Ildjak	Otschin
Brussa	Jalova	Patmos
Calliarhöe	Kalimaneste	Salonichi
Chios	Kimpalungi	Serboneschte
Eeski-cherrer	Kirkilissa	Sibitschudi-Suz
Feredschik	Kosia	Smokobo
Finceshti	Kostendil	Smyrna

SPECIALISTS.

Dr. Albert	Surgeon	Vienna.
Dr. Allingham	Fistula and Diseases of the Rectum	London.
Dr. Averbek	Morbus Brightii	Laubbach
Dr. d'Antona	Female Diseases	Naples.
Dr. Baccelli	Internal Diseases	Rome.
Dr. Baginsky	Children's Diseases	Berlin.
Dr. Bande	Female Diseases	Vienna.
Dr. Benediet	Nervous Complaints	Vienna.
Dr. Bezold	Ears	Munich.
Dr. Blane	Rheumaties	Aix-les-Bains.
Dr. Budin	Female Complaints	Paris.
Dr. Cazaux	Throat	Eaux Bonnes.
Dr. Chareot	Nervous Diseases	Paris.
Dr. Charteris	Internal Diseases	Glasgow.
Dr. Critchett	Eye	London.
Dr. Debont d'Estrée	Gravel	Contrexéville.
Dr. Esmarch	Surgery	Kiel.
Dr. Ferrier	Brain	London.
Dr. Fischer	Nervous Complaints	Cannstadt.
Dr. Fournier	Skin Diseases	Paris.
Dr. Francken	Balneology, Female Diseases, Lungs and Throat	Seheveningen, Mentone and Monte Carlo.
Dr. Graefe	Eyes	Halle.
Dr. Gull, Sir Wm.	Internal Complaints	London.
Dr. Haase...	Eyes and Ears	Homburg.
Dr. Hardy	Internal Complaints	Paris.
Dr. Hennig	Female Diseases	Leipzig.
Dr. Henoch	Children's Diseases	Berlin.
Dr. Hewitt Grail	Female Diseases	London.
Dr. Jurasz	Throat	Heidelberg
Dr. Kaposi	Skin Diseases	Vienna.
Dr. Klein	Female Diseases	Franzensbad
Dr. Kristeller	Female Diseases	Berlin

Dr. Kuhn	Female Diseases	...	Salzburg.
Dr. Kussmaul	Internal Diseases	...	Strassburg.
Dr. Leech	Internal Diseases	...	Manchester.
Dr. London	Urinary and Stomachic Disorders	...	Karlsbad
Dr. Lucae	Ears	...	Berlin.
Dr. Mackenzie, Sir M.	Throat	...	London.
Dr. Massei	Throat	...	Naples
Dr. Metzger	Contortions, Varicose Veins and Articular Pains	...	Amsterdam.
Dr. Meynert	Nervous Disorders	...	Vienna.
Dr. Mooren	Eyes	...	Düsseldorf.
Dr. Nothnagel	Balneology	...	Vienna.
Dr. Oertel	Throat	...	Munich.
Dr. Pellizari	Skin Diseases	...	Florence.
Dr. Pollitzer, A....	Ears	...	Vienna.
Dr. Pollitzer, L....	Children's Complaints	...	Vienna.
Dr. Pritchard	Ears	...	London.
Dr. Reverdin	Surgery	...	Geneva.
Dr. Rodet	Gout	...	Vittel.
„	Gravel	...	Vittel.
Dr. Salzer	Surgery	...	Vienna.
Dr. Schnitzler	Throat	...	Vienna.
Dr. Schmitz	Diabetes	...	Neuenahr.
Dr. Seegen	Diabetes	...	Karlsbad.
Dr. Spencer-Wells	Female Complaints	...	London.
Dr. Termateu	Throat	...	Amsterdam.
Dr. Trendelenburg	Surgery	...	Bonn.
Dr. Unna	Skin Diseases	...	Hamburg.
Dr. Veiel	Skin Diseases	...	Cannstadt.
Dr. Veit	Female Complaints	...	Bonn.
Dr. von Arlt	Eyes	...	Vienna.
Dr. von Langenbeck	Surgeon	...	Wiesbaden.
Dr. von Messing	Pulmonary Complaints	...	Meran.
Dr. von Reuss	Eyes	...	Vienna.
Dr. von Ridei	Internal and Female Diseases	...	Madrid.
Dr. Whipple	Throat	...	London.
Dr. Zülzer	Skin Diseases	...	Berlin.

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Paris	arr. 6.50 p.m.	Victoria	„ 7.0 p.m.
Express Night Service, Weekdays and Sundays.—Run all the Year round.			
London to Paris (1, 2, 3 Class).		Paris to London (1, 2, 3 Class).	
Victoria (West End)	dep. 8.50 p.m.	Paris (St. Lazare)	dep. 8.50 p.m.
London Bridge (City)	„ 9.0 p.m.	London Bridge (City)	arr. 7.10 a.m.
Paris (St. Lazare)	arr. 8.0 a.m.	Victoria (West End)	„ 7.50 a.m.

FARES: Single 34s. 7d., 25s. 7d., 18s. 7d.;
Return, 58s. 3d., 42s. 3d., 33s. 3d.

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Tickets and every Information at the Principal Offices:—

LONDON: West-End General Enquiry Office, 28, Regent's Circus, Piccadilly; No. 8, Grand Hotel Buildings, Trafalgar Square; City Office, 18, Fish Street Hill; Hays', 4, Royal Exchange Buildings, Cornhill; and at London Bridge and Victoria Stations; Cook & Sons, Ludgate Circus; Gaze & Sons, 142, Strand; P. & O. Company's Offices, Cockspur Street and Leadenhall Street; Messrs. Opperman & Co., 172, Euston Road; Messageries Maritimes de France; 97, Cannon Street; Jakins, 6, Camden Road, and 96, Leadenhall Street; Empire Office, Notting Hill Gate; and Myers, 343, Gray's Inn Road, and 1A, Pentonville Road. BRIGHTON: 17, Old Steyne, and 73, Western Road. PARIS: 10, Rue du 4 Septembre, near the Bourse; and at the St. Lazare Station. TURIN, MUNICH, AND ALA: Girard Frères. MILAN, GENOA and MOSCOW: Goudrand Frères.

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Secretary and General Manager.

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London Bridge (City)	arr. 7.40 a.m.
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1st Class.	2nd Class.	3rd Class.
Fes. 42'50	Fes. 31'25	Fes. 22'50

RETURN.

1st Class.	2nd Class.	3rd Class.
Fes. 71'25	Fes. 51'25	Fes. 40

Reduced Prices of RETURN TICKETS (from Paris), available from
FRIDAY till MONDAY (May till October), to the following

SEA BATHING PLACES.

	1st Cl. Fes.	2nd Cl. Fes.
Dieppe - - - - -	30	22
Le Treport via Serguex and Abancourt (July-Sept.) - - -	33'20	—
Cany (Veuillettes and Petites Dalles), Saint Valéry (Veuilles), Le Havre (St. Adresse, Bru- neval), Fécamp, Les Ifs (Yport, Etretat), Trouville, Deauville, Villers-sur-mer, Honfleur, Caen - - - - -	33	24
Cabourg (Le Home-Varaville), Dives, Beuzeval (Houlgate), Luc, Lion-sur-Mer, Langrune St. Aubin, Bernières, Cour- seuilles, Ver sur Mer, total price Bayeux (Arromanches, Asu- elles), &c. - - - - -	38	28
Coutances (Containville), Régneville - - - - -	40	30
	57	44

	1st Cl. Fes.	2nd Cl. Fes.
Isigny (Grandeamp, St. Marie du Mont) - - - - -	44	33
Valognes (Port-Bail, Carteret, St. Vaast la Hougue, Quiné- ville) - - - - -	50	38
Cherbourg - - - - -	55	42
Granville (St. Pair, Douville) -	50	38
St. Malo, St. Servan (Dinard St. Enogat, St. Lunaire, St. Briac, Paramé), Lamballe (Erqui-Val-André, La Garde de St. Cast) - - - - -	66	50
St. Brieuc (Portrieux, St. Quay) Lannion (Perros, Guirec) - -	68	51
Merlaix (St. Jean du Doigt) -	79	59
Roscoff (Ile de Batz) - - - -	81	61
	85	64

MINERAL BATHS.

Bagnoules de l'Orne - - - -	45	34
Forges-les-Eaux - - - - -	21'45	16'05

Trains leave Friday—till Saturday. They are also available for the Thursday train leaving
6.30 p.m., St. Lazare Station.

The Tickets for St. Malo, Lamballe, St. Brieuc, Lannion, Morlaix and Roscoff are available for
Return until Tuesday inclusive. The Tickets are personal, and cannot be sold.

CIRCULAR TICKETS.—Coasts of Normandy and Brittany.

Available for One Month (May till October).

1st Itinerary. 1st Cl. 60 Fs., 2nd Cl. 45 Fs.
Paris, Rouen, Le Havre, Fécamp, St. Valéry,
Dieppe, Arques, Le Treport, Eu, Forges-les-
Eaux, Gisors, Paris.

2nd Itinerary. 1st Cl. 60 Fs., 2nd Cl. 45 Fs.
Paris, Rouen, Dieppe, St. Valéry, Fécamp,
Le Havre, Honfleur or Trouville, Caen, Paris.

3rd Itinerary. 1st Cl. 80 Fs., 2nd Cl. 65 Fs.
Paris, Rouen, Dieppe, St. Valéry, Fécamp,
Havre, Honfleur or Trouville, Cherbourg,
Caen, Paris.

4th Itinerary. 1st Cl. 90 Fs., 2nd Cl. 70 Fs.
Paris, Granville, Avranches, Mont St. Michel
Dol, Saint-Malo-Saint-Servan, Paramé, Dinan,
Rennes, Le Mans, Paris.

5th Itinerary. 1st Cl. 100 Fs., 2nd Cl. 80 Fs.
Paris, Cherbourg, Coutances, Granville,
Avranches, Mont-St. Michel, Dol, St.-Malo-St.
Servan, Paramé, Dinan, Rennes, Le Mans, Paris.

6th Itinerary. 1st Cl. 100 Fs., 2nd Cl. 80 Fs.
Paris, Rouen, Dieppe, St. Valéry, Fécamp, Le
Havre, Honfleur or Trouville, Caen, Cherbourg,
Coutances, Granville, Paris.

7th Itinerary. 1st Cl. 120 Fs., 2nd Cl. 100 Fs.
Paris, Rouen, Dieppe, St. Valéry, Fécamp, Le
Havre, Honfleur or Trouville, Caen, Cherbourg,

Coutances, Granville, Avranches, Mont-St.
Michel, Dol, St.-Malo-St.-Servan, Paramé,
Dinan, Rennes, Laval, Le Mans, Chartres, Paris

8th Itinerary. 1st Cl. 120 Fs., 2nd Cl. 100 Fs.
Paris, Granville, Avranches, Mont-St.-Michel,
Dol, St.-Malo-St.-Servan, Paramé, Dinan, St.-
Brieuc, Lannion, Morlaix, Roscoff, Brest,
Rennes, Le Mans, Paris.

9th Itinerary. 1st Cl. 130 Fs., 2nd Cl. 110 Fs.
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Avranches, Mont-St.-Michel, Dol, St.-Malo-
St.-Servan, Paramé, Dinan, St.-Brieuc, Lannion,
Morlaix, Roscoff, Brest, Rennes, Vitré, Laval,
Le Mans, Chartres, Paris.

10th Itinerary. 1st Cl. 110 Fs., 2nd Cl. 90 Fs.
Le Mans, Alençon, Argentan, Caen, Cher-
bourg, Granville, Avranches, Mont-St.-Michel,
Dol, St.-Malo-St.-Servan, Paramé, Dinan,
St.-Brieuc, Lannion, Morlaix, Roscoff, Brest,
Rennes, Vitré, Laval, Le Mans.

11th Itinerary. 1st Cl. 110 Fs., 2nd Cl. 90 Fs.
Rouen, Dieppe, St.-Valéry-en-Caux, Cany
Fécamp, Le Havre, Honfleur or Trouville
Caen, Cherbourg, Coutances, Granville, Avran-
ches, Mont-St.-Michel, Dol, St.-Malo-St.
Servan, Paramé, Dinan, Rennes, Vitré, Laval
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*A feature in Modern engineering, and the impression
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The Scenery is of the grandest and wildest yet most lovely description, embracing the Lake of Four Cantons or Lucerne, the Mount St. Gotthard and the Upper Italian Lakes.

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CAPITAL:—Lire 100,000,000 Italian.

EMITTED 50,000,000 Lire; PAID UP, 35,000,000 Lire.

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BRANCH OFFICES:

NAPLES, Via Piliero, Nos. 28, 29, 30. | Strade 22 Marzo, Nos. 24, 13, VENICE

MANAGER, Cav. Giuseppe Orlando. | CHIEF INSPECTOR, Cav. A. F. Rocchi, Assistant Manager.

PRINCIPAL DEPARTURES.

FROM MARSEILLES FOR	{ Genoa, every Wednesday, Saturday, and Sunday, at midday.	FROM NAPLES FOR	{ Palermo, daily at 5 p.m.; on Mondays for Tunis, and Wednesdays by the Coast of Sicily.
	{ Palermo and Trieste, every Wednesday, at midday, calling at Genoa, Leghorn, Naples, Palermo, Messina, Catania, Taranto, Gallipoli and Brindisi.		{ Messina and Reggio, daily at 5 p.m., except Sundays, Tuesdays, Wednesdays and Saturdays for Calabria.
FROM GENOA FOR	{ Alexandria, every Friday, at midday,	FROM NAPLES FOR	{ Malta, <i>via</i> Calabria, Wednesday 5 p.m., with direct passage from Messina to Malta.
	{ Leghorn, Naples, Messina, Palermo and the Levantine Coast, every Wednesday at 10 p.m., corresponding for Malta.		{ Malta, calling at Messina, Catania and Syracuse, Monday and Friday at 5 p.m.
	{ Alexandria and Egypt, calling at Leghorn and Naples, every Monday at 9 p.m.		{ Levantine Coast, every Friday, <i>via</i> Palermo, at 5 p.m., and every Monday, <i>via</i> Messina at 5 p.m., corresponding every alternate week for Salonica and Smyrna.
	{ Bombay, on the 24th of every month, calling at Leghorn, Naples, Messina, Catania, Port Said, Suez and Aden.	FROM BRINDISI FOR	{ Piræus, Constantinople & Odessa, every Wednesday at midnight, corresponding fortnightly at Piræus, for Smyrna and Salonica.
	{ Singapore, for Aden, Ceylon and Penang. 1st January, April, July, and October.		

TRANS-OCEANIC LINE.

(The arrivals and departures of the Steamers will be published at the Stefani Agency.)

Genoa to Bombay, the 24th of every month.

Genoa to Calcutta, to follow.

Genoa to Singapore, 1st April, July and October.

Palermo to New York, to follow.

N.B.—For further particulars apply in ROME to the General Direction, 11, Via Condotti; in GENOA and PALERMO to the principal Offices; in NAPLES and VENICE to the Branch Offices.

MARSEILLES, Roussig and Piraino.

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1840.

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and every Wednesday for Boston.

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RATES OF CABIN PASSAGE MONEY.—Single Tickets, 12, 15, 18, and 21 Guineas, and £26, according to accommodation. Return Tickets, 25, 30, and 35 Guineas, and £45, according to accommodation. Children between two and twelve years, half-fares. These rates include Steward's Fee and Provisions, but not Wines or Liquors, which can be obtained on board. Intermediate Passage, £8 8s.

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Through Rates to Black Sea Ports.

For Genoa, Leghorn, Naples, Trieste, Venice, and
Fiume (calling at Gibraltar).

For Bari and Ancona (*viâ* Genoa, Leghorn, and Naples).

For Palermo, Messina, and Catania (*viâ* Genoa, Leghorn
and Naples).

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LONDON AND PARIS,

viâ SOUTHAMPTON, HAVRE AND ROUEN.

LONDON AND PARIS.

The latest Train (1st and 2nd Class) for the Steamers runs as follows:—

	Mon., Wed., and Fri.
Waterloo Station... dep....	9.45 p.m.
Southampton Docks ..	12.0 midnight.
Havre A	12.23 midday.
Havre B	9.28 a.m. & 12.53 midday.
Rouen arr. A	2.3 p.m.
Rouen B	12.1 & 3.21 p.m.
Paris A	4.35 p.m.
Paris B	3.55 & 7.35 p.m.

PARIS TO LONDON.

The latest Trains for the Steamers leave Paris as follows:—

	Mon., Wed., and Fri.
St. Lazare Station, { dep. A	1.0 p.m.
Paris {	
St. Lazare Station, { dep. B	12.30 midday.
Paris {	
Rouen (last Train) dep. A & B	5. 0 p.m.
Havre dep.	9. 0 p.m.
Southampton Docks.....	6.50 a.m.
Waterloo Station..... arr.	9.45 a.m.

A First Class.

B Second Class.

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Southampton to St. Malo.—Every Monday, Wednesday, and Friday afternoon or evening.

St. Malo to Southampton.—Every Monday, Wednesday, and Friday afternoon or evening.

Southampton to Cherbourg.—Every Tuesday, Thursday, and Saturday at 10.30 p.m. Last Train leaves Waterloo Station at 7.25 p.m.

Cherbourg to Southampton.—Every Monday, Wednesday, and Friday night at 11.30 p.m.

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For further particulars apply to Mr. E. W. VERRINDER, Waterloo Bridge Station; Mr. THOMAS MCGARRY, City Superintendent, Arthur Street West, London Bridge, E.C.; Mr. HARKER, 39, Regent Street, Piccadilly Circus, W.; Mr. HEINIG, 9, Grand Hotel Buildings, Charing Cross, W.C.; or Mr. E. K. COCKE, Steam Packet Superintendent, Canute Road, Southampton.

CHARLES SCOTTER, General Manager.

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Destination.	Route.	Prices.		Duration.	Extension Prices.	
		1st Cl.	2nd Cl.		1st Cl.	2nd Cl.
Lyons or (vice versa) ...	Dijon ...	Fcs. C. 214.35	Fcs. C. 164.70	30	21.45	16.50
Marseille (this price from London only)	Lyons, Avignon ...	270.30	213.40	45	84.50	58.50
Lyons ditto	Lyons, Marseille	295.30	225.40	do.	80.00	62.50
Cannes ditto	Ditto	315.	240.10	do.	90.30	67.40
Grasse ditto	Ditto	318.40	242.70	do.	97.60	68.30
Nice ditto	Ditto	320.70	244.35	do.	98.30	68.85
Monte Carlo ditto	Ditto	323.80	246.75	do.	99.40	69.65
Antone ditto	Ditto	325.10	247.05	do.	99.80	69.95
Vichy ditto	Nevers ...	187.25	144.30	do.	53.85	35.50
Clermond Ferrand ditto	Ditto ...	197.40	151.95	do.	57.30	38.05
Aix-les-Bains ditto	Culoz ...	227.15	174.25	do.	67.15	45.45
Geneva (or vice versa) ...	Ditto ...	235.	180.10	do.	69.80	47.40
Neuchâtel ditto ...	Pontarlier ...	213.15	163.05	do.	61.05	41.55
Lausanne ditto ...	Ditto ...	216.35	165.80	do.	62.05	42.20
Vevey ditto ...	Ditto ...	216.35	167.00	do.	63.65	42.70
Clarens ditto ...	Ditto ...	220.20	168.50	do.	63.80	42.90
Vernex-Montreux (or vice versa) ...	Ditto ...	220.35	168.00	do.	63.85	42.00
Turin ditto	Dijon, Modane ...	283.50	210.	do.	—	—
Milan ditto	Ditto ...	283.50	210.	do.	—	—

. These prices, except in case of 2nd class tickets for France and Switzerland include the journey across Paris by Ceinture Railway. At any time, however, travellers with 2nd class tickets going to Geneva, Neuchâtel, Lausanne, Vevey, Clarens, and Vernex-Montreux, who wish to cross Paris by Ceinture Railway should obtain Ceinture coupons (50 centimes each) at station of departure. Port duties are charged for tickets to or from England, at Calais or Boulogne, which amount to Fcs. 3.50 on return tickets.

. The time allowed for return tickets as above can be prolonged for a period equal to that allowed by the ticket, on payment of prices contained in the column above, "extension prices."

. Period of extension, 15 days only.

. Stoppages—1. Tickets from London to France. Passengers can stop at any P. L. M. station "en route."

. Tickets from London to Switzerland. Passengers can stop at any P. L. M. or Swiss station "en route."

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Departures from London at 8.20 a.m., at 11 a.m. (1st and 2nd Class), at 3.0 p.m. (Club Train, 1st Class only), and at 8.15 p.m. (1st, 2nd, and 3rd Class), arriving at Paris at 5.35 p.m. and 7.15 p.m., 10.45 p.m. and at 5.50 a.m.

Viâ FOLKESTONE and BOULOGNE.

Leaves Paris at 10.10 a.m. (1st and 2nd Class), arriving in London 5.40 p.m.
Leaves London at 10 a.m. (1st and 2nd Class), arriving at Paris 5.57 p.m.

LONDON to PARIS and the SOUTH, *viâ* Dover and Calais. WINTER SERVICE.

	A.*	B.*	C.*	D.	E.	F.
Charing Cross, Cannon St., or Victoria...dep.	8 20 a	11 0 a	11 0 a	3 0 p	7 0 p	8 15 p
Holborn Viaduct " "ar.	8 25 "	11 0 "	11 0 "	2 55 "	6 55 a	8 10 "
Paris (Nord) " "dp.	5 35 p	7 0 p	7 0 p	10 47 "	7 30 "	5 50 a
Marseilles " "arr.	...	7 40 "	7 25 "	11 53 "	...	6 20 "
Cannes " " "	...	9 47 a	10 52 a	2 30 "	5 45 "	11 31 p
Nice " " "	...	1 41 p	3 40 p	6 23 "	2 16 p	5 16 a
Monte Carlo " " "	...	2 28 "	4 33 "	7 10 "	3 20 "	6 13 "
Mentone " " "	...	3 20 "	5 44 "	8 14 "	4 24 "	7 20 "
	...	3 38 "	6 0 "	9 33 "	4 42 "	7 37 "

* Same Services by the 10.0 a.m. from Charing Cross or Cannon Street, *viâ* Folkestone and Boulogne, arriving in Paris 5.57 p.m.

A. 1st and Second Class. The SS. "Invieta" runs in this Service, except Sundays and Mondays.

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E. 2nd and 3rd Class Cheap Service to Paris.

F. 1st, 2nd and 3rd Class to Paris. Through 1st Class Carriage with Pautenil-lits compartment from Calais to the Riviera; Dining Car from Paris.

Sud Express.—This TRAIN DE LUXE leaves Paris (Nord) on Mondays, Wednesdays and Saturdays, for Bordeaux, Madrid, and Lisbon, in direct communication with the 8.20 a.m. and the 10 a.m. from London. A through Sleeping and Restaurant Car from Paris to Bordeaux, Biarritz, Pau, and Spanish frontier, is attached to this Train.

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8.20 a.m. | 11.0 a.m. | 3 p.m. | 8.15 p.m. | 1 & 2 Cl.

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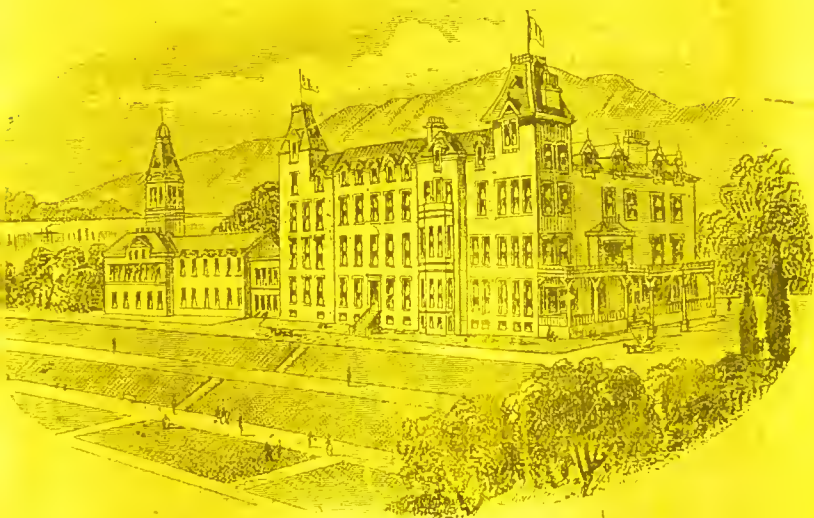
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